

# *Labour Market Information Centres* (LMICs)

**Labour Market Information Centres (LMICs)** are multi-media resource centres with an extensive range of career-related information to help Albertans make career, learning and work decisions.

LMICs are equipped with computers for Internet use and word processing, phones, fax machines, and photocopiers for career and work-search purposes.

## **The clients**

All Albertans looking for information to make career, learning and work decisions, and help to find work.

## **The services**

LMICs have collections of free career-related publications, as well as books, magazines, newspapers, software and video materials.

- career planning
- occupations
- labour market trends and forecasts
- education planning
- education programs (post-secondary, vocational schools, apprenticeship)
- work-search techniques
- industry specifics
- entrepreneurship
- job maintenance and enrichment
- Employment Standards and Occupational Health and Safety
- life planning (e.g. personal management, financial planning)

## **Staff at LMICs also provide:**

- guided assistance to find, use and understand self-directed materials
- information and referral to department programs, including career and employment workshops and counseling
- information on training programs and access to student funding
- advice in drafting and word processing resumés and cover letters
- access to equipment for career, training and employment purposes: computers, Internet, fax, photocopier and phone.

## **To access this service:**

**Click:** [www.gov.ab.ca/hre/lmic](http://www.gov.ab.ca/hre/lmic)

**Call:** Career Information Hotline

1-800-661-3753. In Edmonton, (780) 422-4266

**Come in:** Canada-Alberta Service Centres and Alberta Service Centres are located throughout the province. Visit [www.alis.gov.ab.ca/career/cs/abcareer.asp](http://www.alis.gov.ab.ca/career/cs/abcareer.asp) or call 310-0000 toll-free to reach the nearest centre.

## **For more information:**

Click: [www.alis.gov.ab.ca](http://www.alis.gov.ab.ca)