

Careers in Motion

Careers in Motion is a 25-foot motor home converted into a mobile Labour Market Information Centre (LMIC). The extensive renovation work transforming the 1975 motor home into a state-of-the-art mobile LMIC was completed by individuals receiving Income Support benefits and working as trainees at Northwest Alberta Job Corps.

Although **Careers in Motion** is based in Slave Lake, the motor home travels to communities across the province each year from early spring until late fall. Since it can be powered by electricity or gas generator, **Careers in Motion** can be used in any community with road access.

Careers in Motion is for individuals of all ages:

- youth who want to explore their future learning and employment options
- employed adults wanting to research labour market trends and ways they can make a career transition
- unemployed or underemployed people wanting to search for work or look into programs and services offered by AHRE

Careers in Motion offers most of the career, workplace, and labour market information available at LMICs.

Written materials

- publications on resumé and cover letter writing
- creating a reference list
- self-marketing to employers and preparing for interviews
- brochures on a variety of programs and services offered by AHRE

Careers in Motion also has a printer for resumé and Internet information, and a fax machine and cellular phone for users to contact potential employers.

Career Planning

Careers in Motion is staffed by career counsellors able to provide advice on topics such as:

- learning about interests and aptitudes
- what occupational areas are/will be in high demand
- the duties, working conditions, skill levels, education and training requirements, and salaries of occupations
- how to make and follow a career plan
- student funding options.

Computer and Electronic Resources

Careers in Motion is equipped with four laptop computers, all with Internet access through use of wireless data linking cellular phone technology.

Those visiting **Careers in Motion** can visit internet sites to assist them in:

- exploring their career choices
- researching information on occupations
- finding information on education and training programs, and links to learning institutions
- searching for work.

For more information and to check the **Careers in Motion** calendar:

Click: www.gov.ab.ca/hre/careersinmotion

Call: (780) 849-7290, toll free by first dialing 310-0000 (AHRE Slave Lake Office)

From **November 1st to March 31st**

E-mail: slavelake.do@gov.ab.ca

From **April 1st to November 1st**

E-mail: careers.motion@gov.ab.ca