

## *Alberta Adult Health Benefit*

In certain circumstances, people who leave Income Support are eligible for the Alberta Adult Health Benefit.

The Alberta Adult Health Benefit (AAHB) provides the same coverage to individuals and their dependants as provided through Income Support, including:

### **Premium-free Alberta Health Care Insurance**

- Access to medically necessary hospital and medical services.

### **Dental Services**

- Exams, x-rays, fillings, extractions, root canals (front teeth), excluding orthodontics.

### **Optical Services**

- One new pair of eyeglasses every year for children and every two years for adults, or one repair to existing eyeglasses per year
- A one-year warranty against accidental breakage
- Exam every two years for adults

### **Prescription Drugs**

- All products listed in the Alberta Health and Wellness Drug Benefit List and the AHRE Drug Benefit Supplement

### **Ambulance Services**

- Emergency ambulance trips to the nearest hospital, excluding motor vehicle accidents

### **Essential Diabetic Supplies**

- Lancing and lancet devices, testing strips, syringes, and pen needles

The following people are eligible to receive health benefits through the Alberta Adult Health Benefit if they are currently living in Alberta and not entitled to health coverage through the federal government:

- Income Support Not Expected-to-Work recipients who leave Income Support for work
- Income Support Expected-to-Work recipients who have dependent children and leave Income Support for work
- Income Support Not Expected-to-Work households with a severely handicapped adult who leave Income Support due to employment or CPP-D
- People who leave Assured Income for the Severely Handicapped (AISH) are eligible to receive AAHB health benefits if they live in Alberta and leave AISH for work or there's an increase in their federal CPP-D benefits.
- Income Support recipients who leave Income Support due to an increase in National Child Benefit Supplement (NCBS)

Other low-income families may be eligible to receive free health benefits for their children through the Alberta Child Health Benefit. Financial eligibility, based on net income plus non-taxable child support income, is reviewed annually.

For more information about the Adult Health Benefit and to confirm eligibility, Income Support recipients should contact their Alberta Human Resources and Employment worker.

**Click:** [www.gov.ab.ca/hre/ahb](http://www.gov.ab.ca/hre/ahb)

**Call:** Alberta Works Income Support Contact Centre 1-866-644-5135 toll-free  
In Edmonton, call (780) 644-5135.

**Fax:** (780) 415-1647