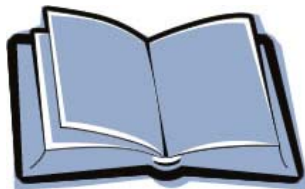


BCHealthGuide

BC NurseLine CDM Initiative

National Health Line Symposium

April 27 & 28, 2006



Self-Management Support

The systematic provision of education and supportive interventions by health care staff to increase patients' skills and confidence in managing their health conditions.

Telehealth Practitioners - Coaches

- ❖ teach self-management skills
- ❖ collaborate with patient on self-management goals and action plans
- ❖ assist patient in achieving their goals
- ❖ report to PHC team
- ❖ pharmacists provide drug therapy decision support to PHC team

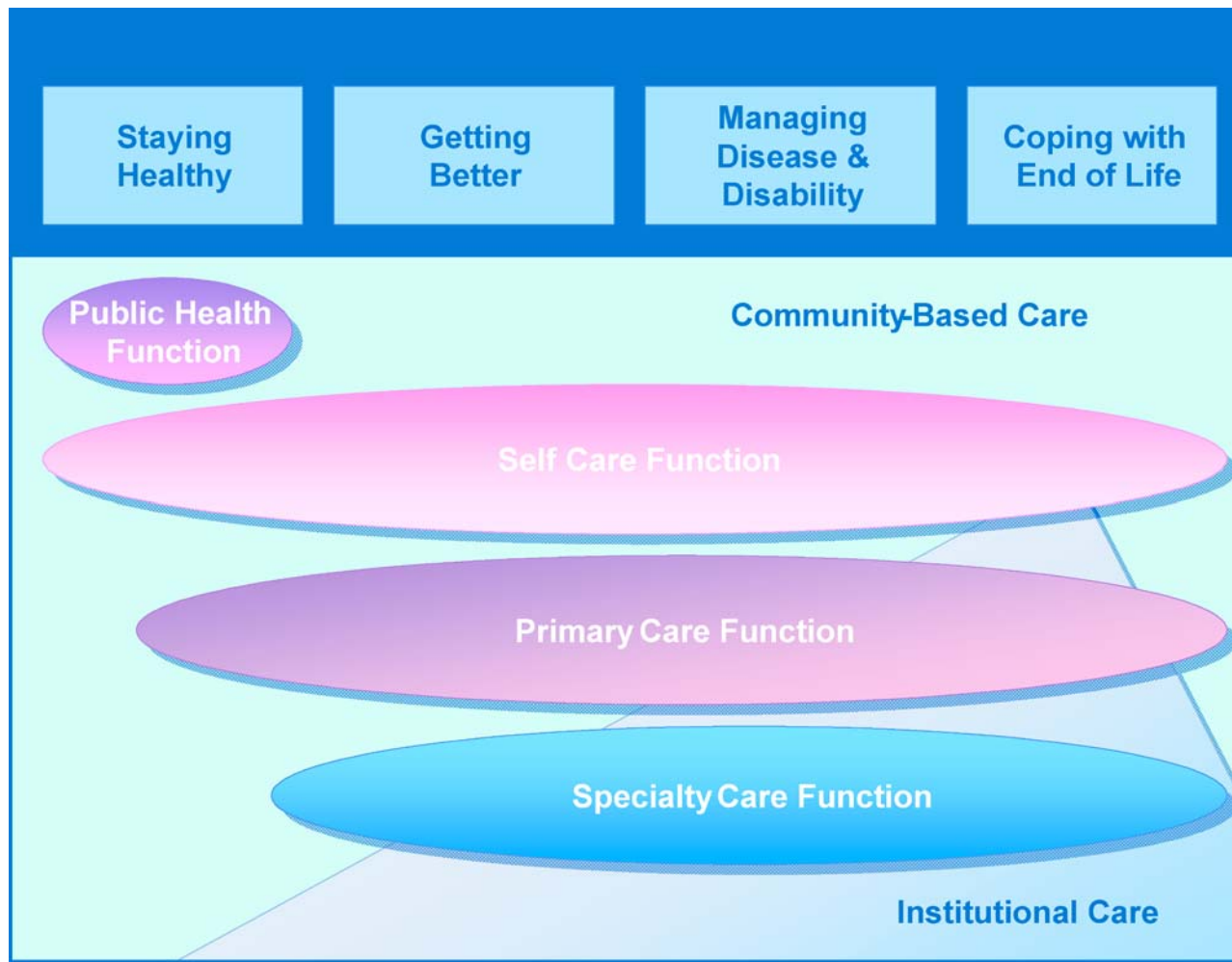
PHC Engagement

- ❖ 154 patients
- ❖ 83 physicians / 65 practices
- ❖ 16 communities
- ❖ Diabetes Education Centres
- ❖ Health authority programs and services

Integration - Some Lessons Learned

- ❖ Regional coordination is essential
- ❖ Resource and plan PHC engagement
- ❖ Time and energy are needed to build trust
- ❖ Consider the impact of multiple projects
- ❖ Support shift in professional practice

Looking Forward Self-Care and the Health System



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