

# Swiss Health Care System and Sickness Insurance

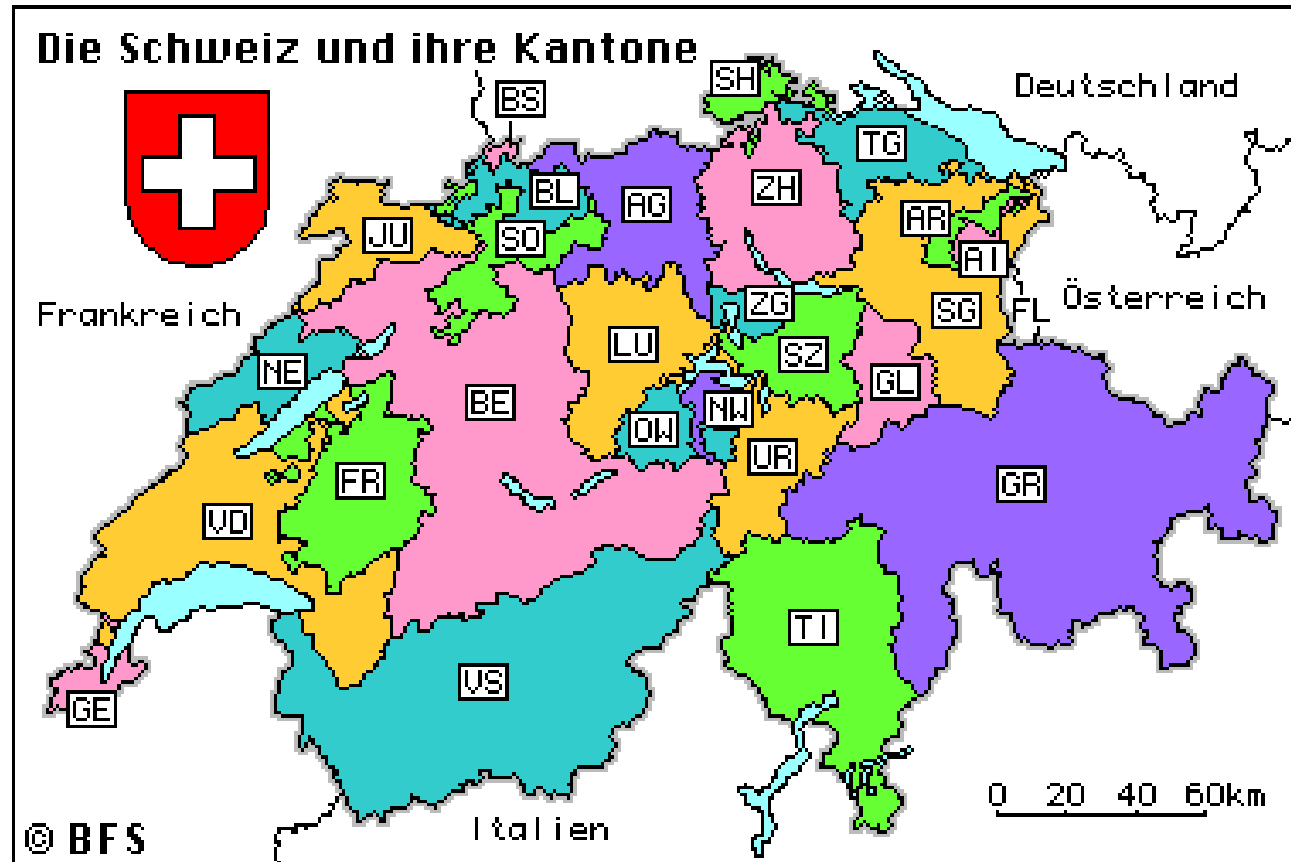


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## 1. Parties involved

- Insured persons
- Insurers
- Providers
- State

# The 26 Cantons of Switzerland



# Confederation

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## **Sickness and Accident Insurance (Art. 117 Federal Constitution)**

Confederations decrees regulations about sickness and accident insurance.

Sickness and accident insurance can be declared compulsory for the population or for parts of it.

# Cantons

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In the absence of federal legislation, the cantons are responsible for health provision.

# Providers

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## Ambulatory sector:

- admission of health professionals by **cantons**
- definition, under which conditions which kind of admitted professionals can provide for compulsory sickness insurance by **sickness** insurance law

## Hospital and nursing home sector:

- admission of providers, hospital/nursing home planning by **cantons**
- definition, under which conditions admitted institutions (planned capacities) can provide for compulsory sickness insurance by **sickness insurance law**

# Insurers

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- Company incorporated according to the civil law (Association, trust, limited Co.)
- Company incorporated according to public law
- Private insurances that are surveilled by the Private insurance Authority
- 92 health insurers (87 Compulsory Sickness Insurance)
- 80 % of the insured persons covered by the 10 biggest insurers

# Rules applying to all sickness insurers

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- Obligation to insure everybody in compulsory insurance
- No risk selection
- No profit
- Possibility of offering supplementary insurance services
- Institutional and technical control by FOPH



# Insurers and providers

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- Tariff negotiations between (groups of) providers and insurers, generally on cantonal level
- If there is no agreement: Tariff is fixed by cantonal government
- Possibility of appeal to Federal Council

# Insured persons

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- Every person living in Switzerland has to be insured
- Same premiums for women and men independently of age in the same region (exceptions are children and young adults (less than 25 years))
- Possibility of choosing particular insurance types (restricted choice of providers, bonus insurance)
- Accident risk must be insured apart for those not working

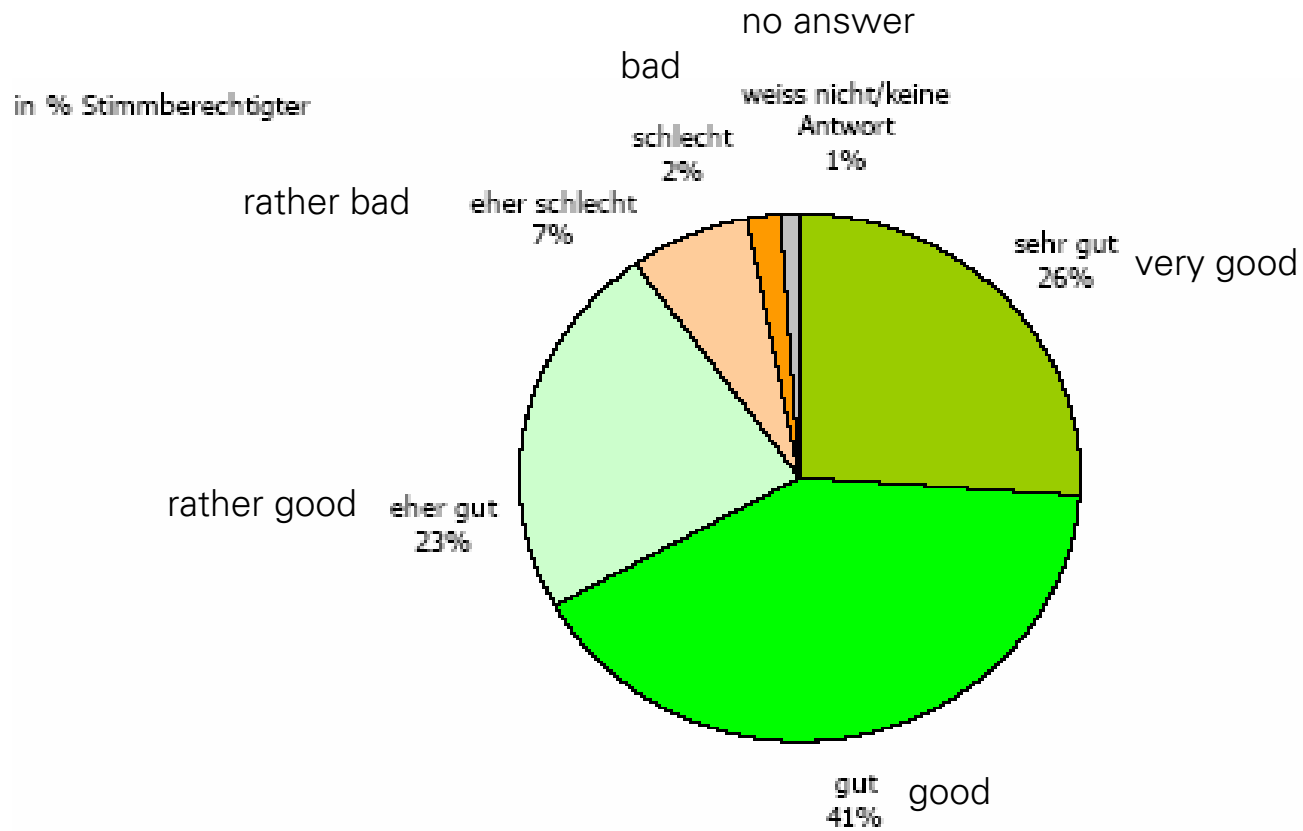
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## 2. Health Care System and Sickness Insurance

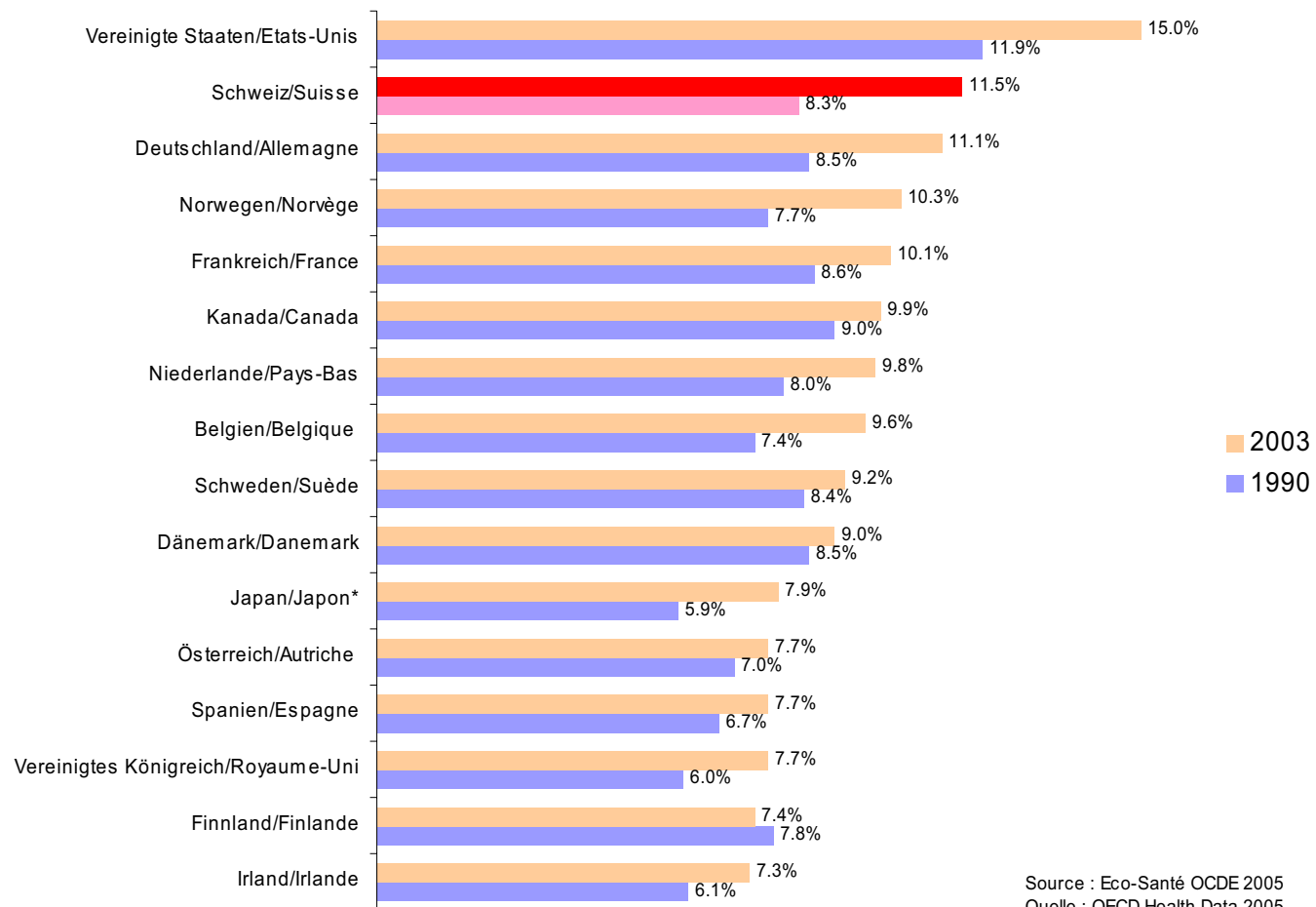
- **Costs**
- **Financing**

# Poll about Quality of Health Care System 2005

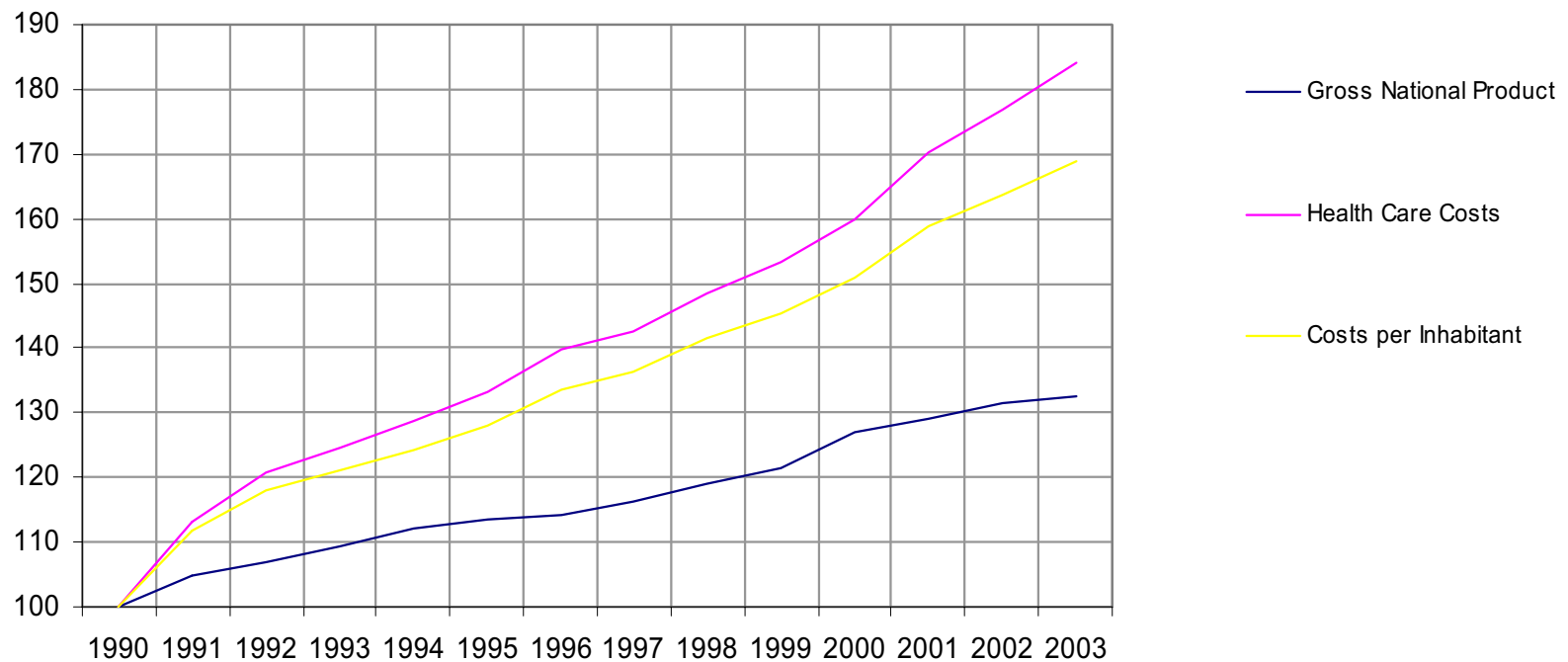
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# Health care: Percentage of Gross Domestic Product

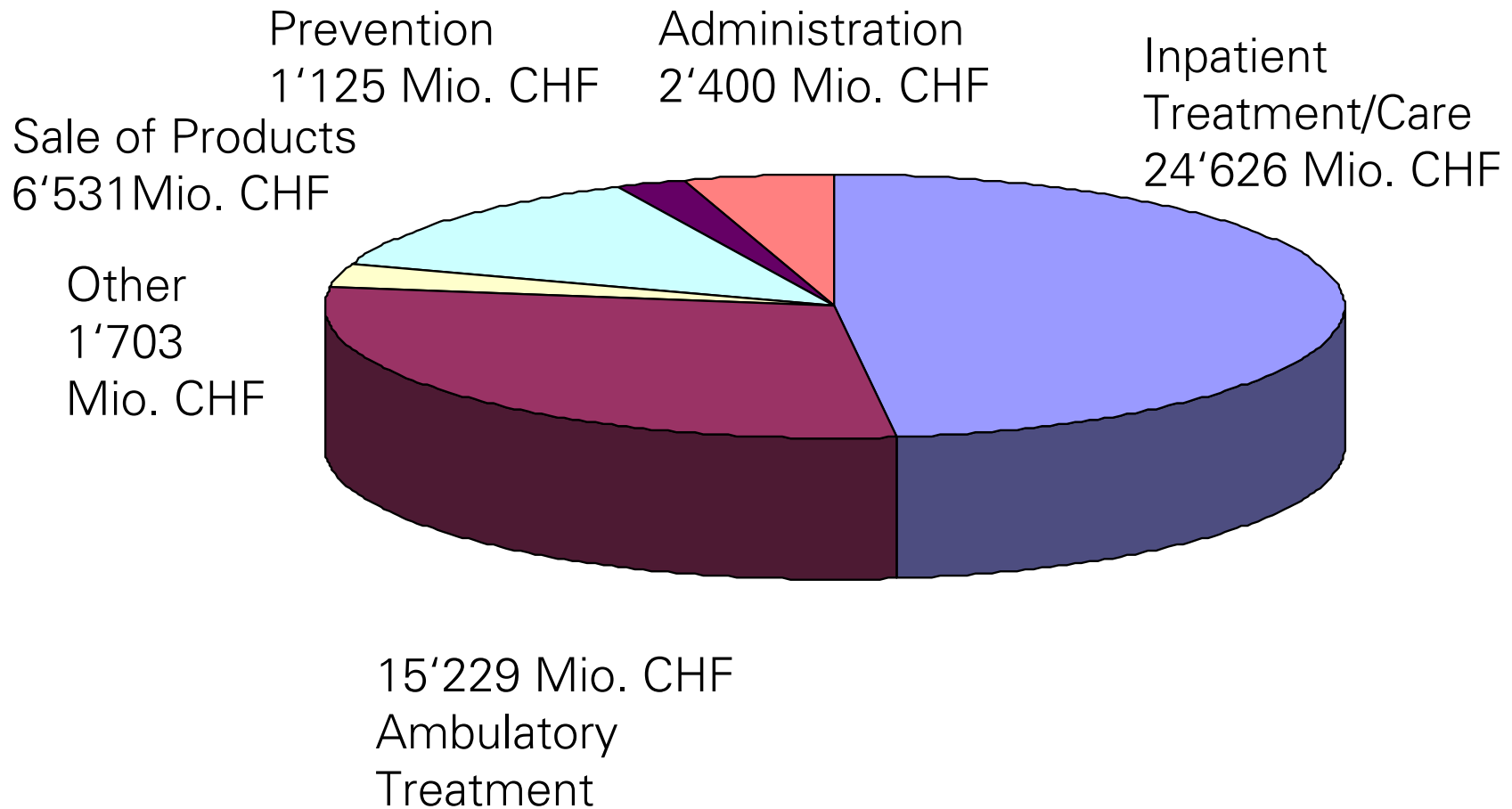


# Development of Cost Indices



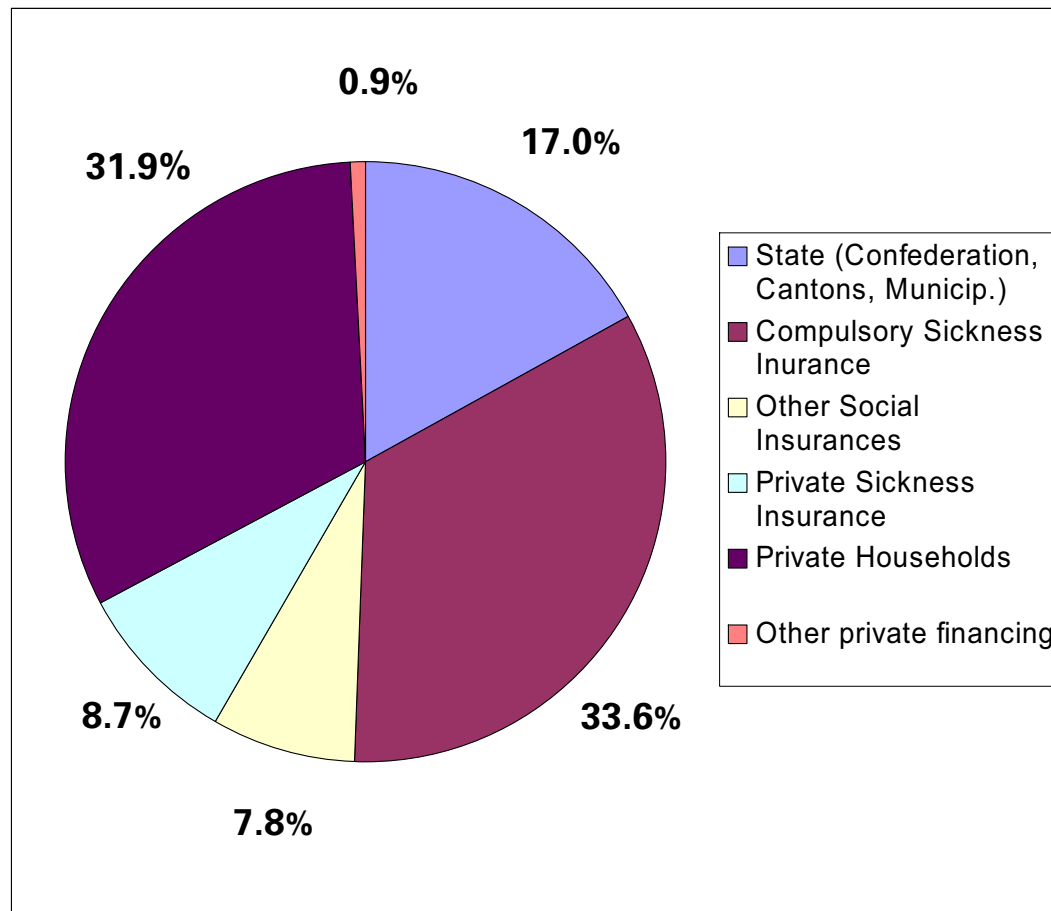
# Expenses of Swiss Health Care System (2004: 51.7 Bil.)

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## ... and Financing (Direct Payers)

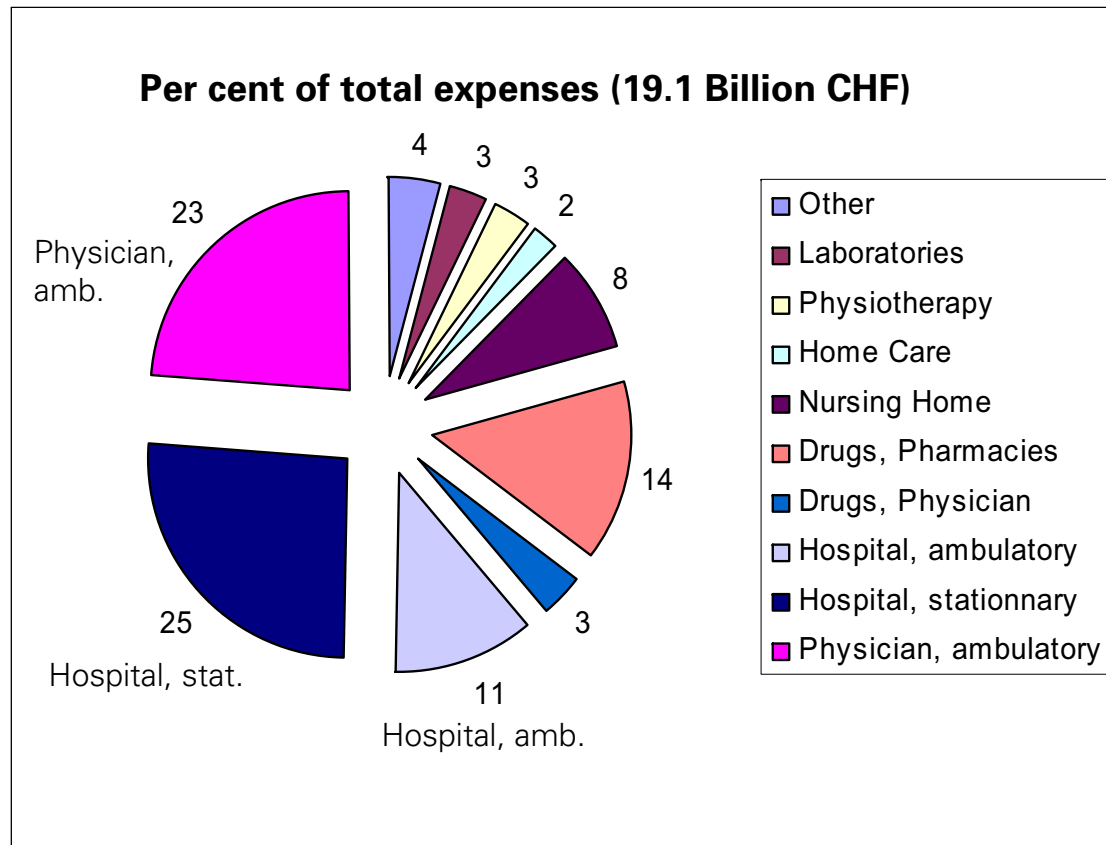
Expenses 2004: 51.7 Billion CHF



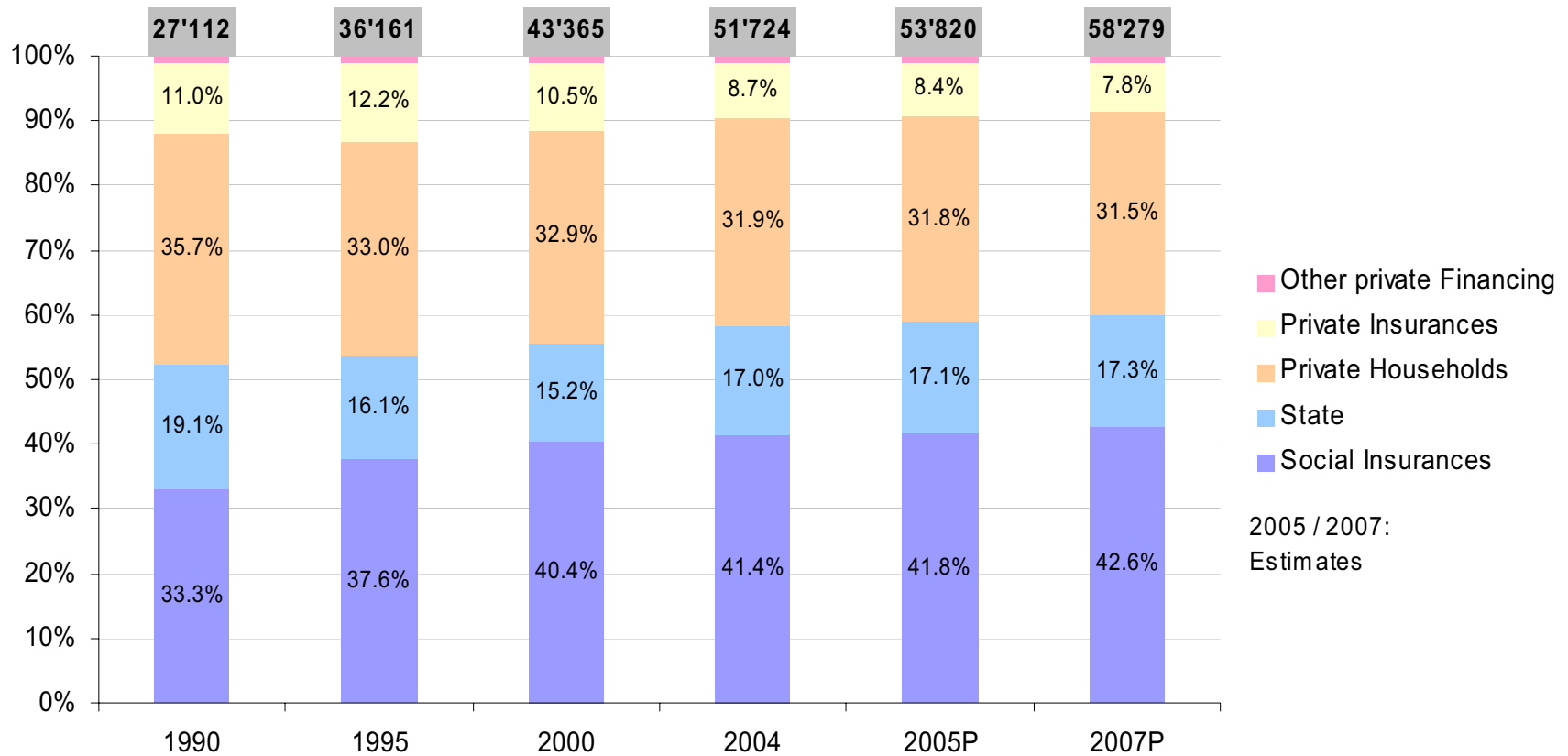
BFS 2006



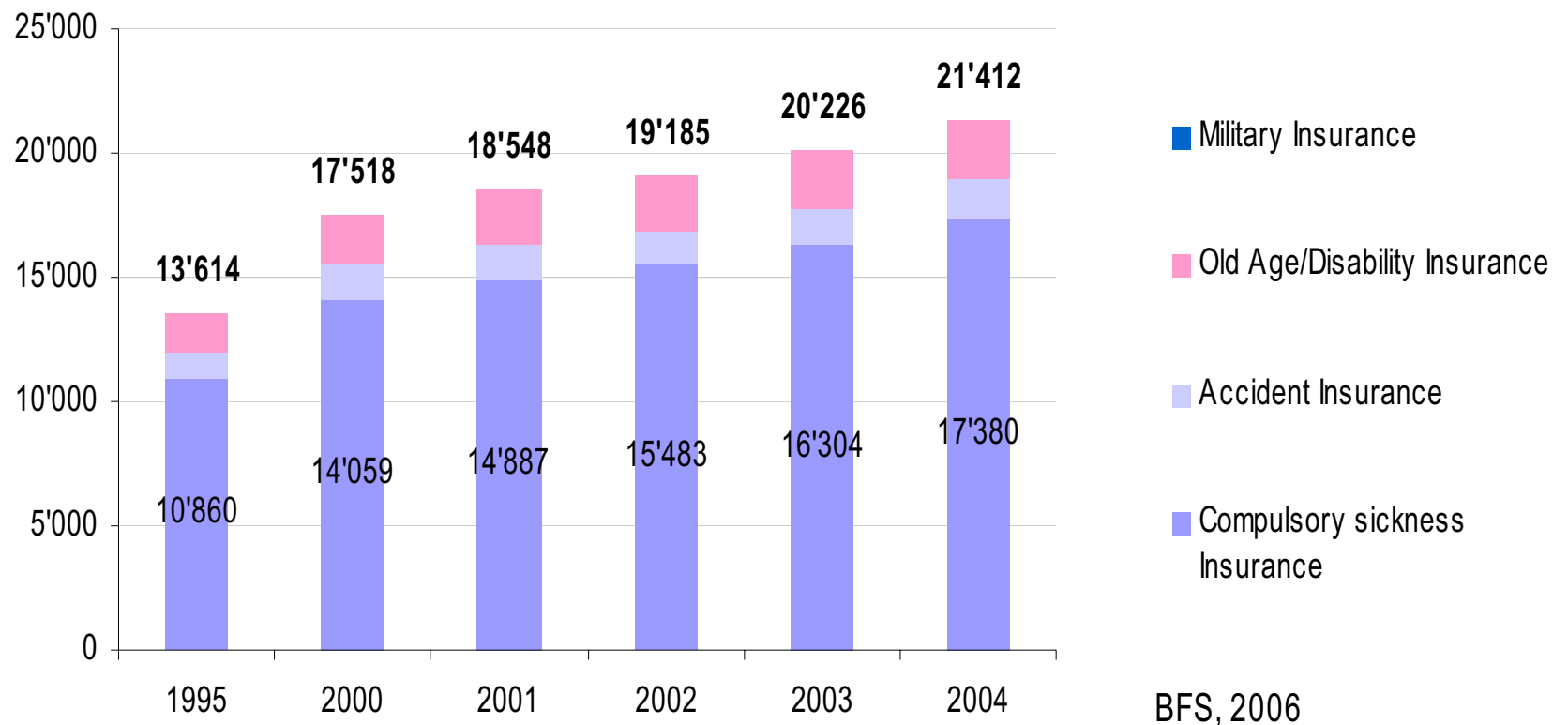
# Expenses of Compulsory Sickness Insurance 2004



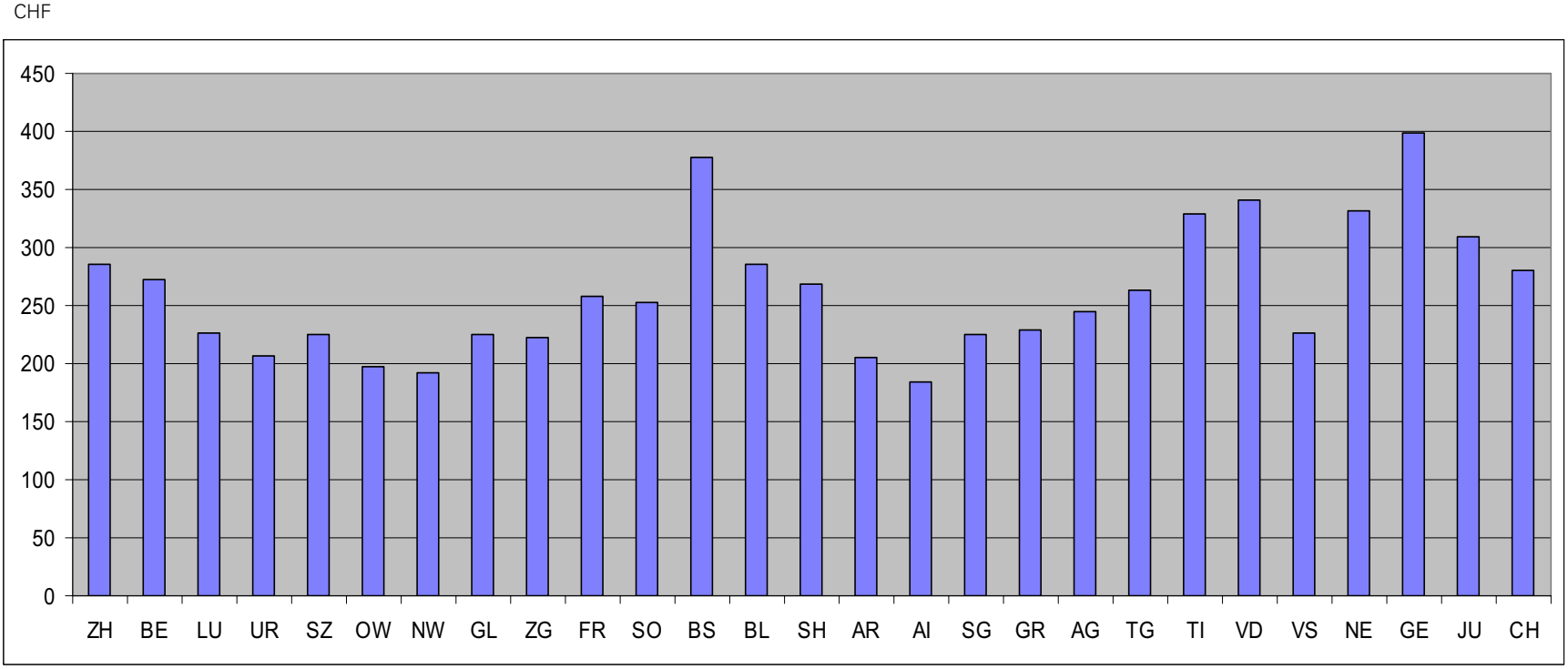
# Increasing Share of Social Insurances



# Health Care Expenses (net) of the Social Insurances

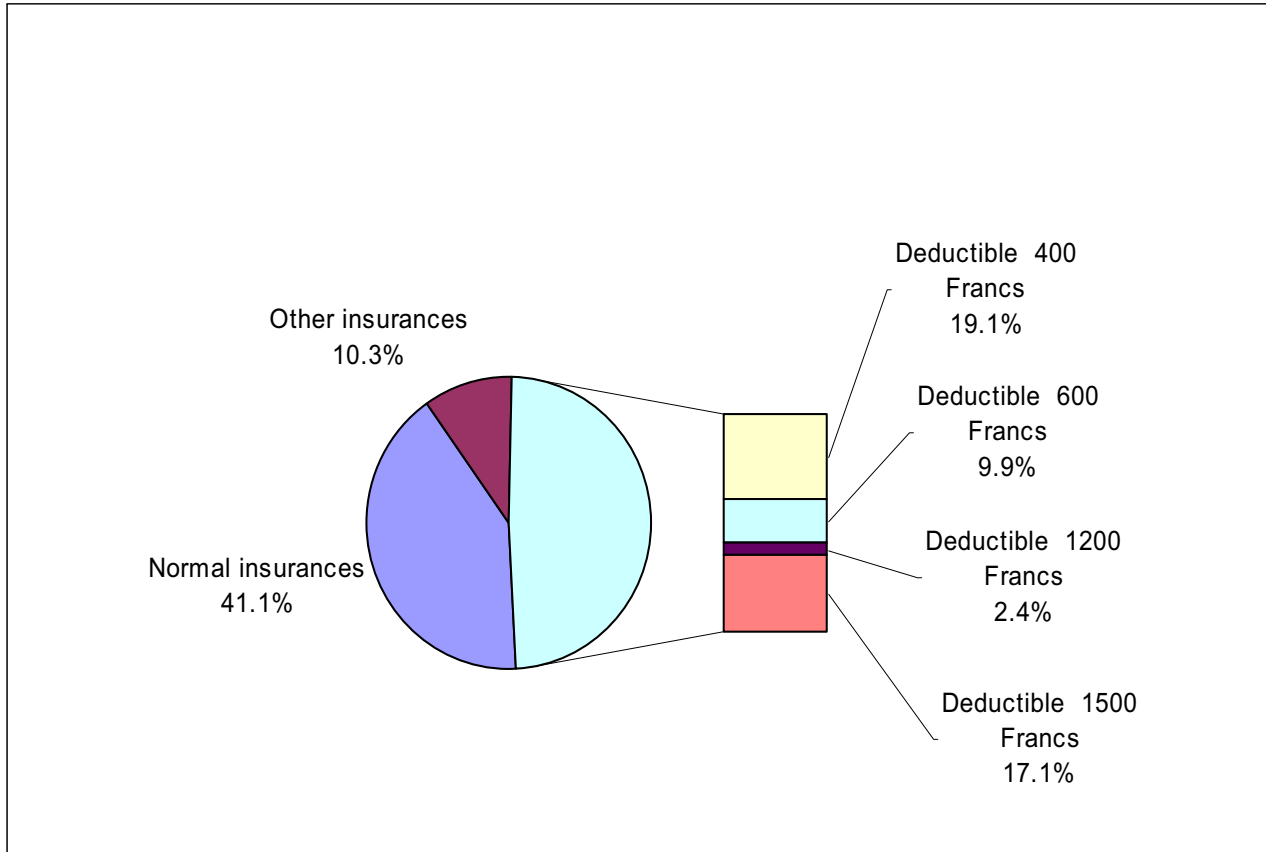


# Sickness Insurance: Average Premium by Canton



Average premium for an adult person per month 2004

# Insurance types (2004), adults



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### 3. Revision of the Sickness Insurance Law

#### **Cost containment by economical incentives**

- Promoting competition between providers and between insurers
- Increasing responsibility

# Regulations with a time limit

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## Extension of regulations which were limited in time

- law about cantonal contributions to the treatment of insured persons with a supplementary insurance in public and subsidized hospitals: 31.12.2006
- article about restricting admission of providers: 3.7.2008
- article about risk adjustment: 31.12.2010

## State of the discussion

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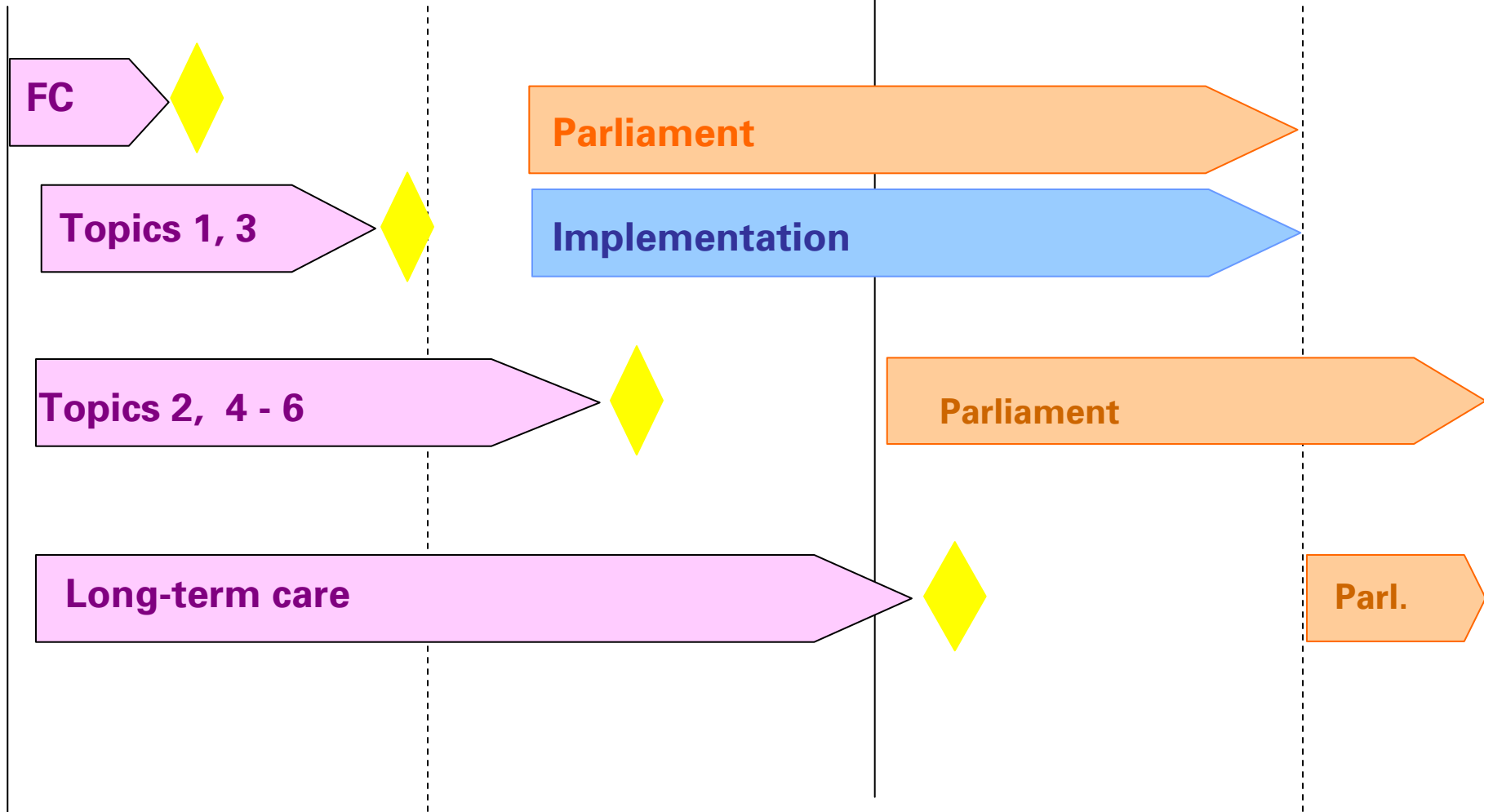
<b>December 2003</b>	<b>Failiure of the 2nd revision of the sickness insurance law in parliament</b>
<b>February 2004</b>	<b>Federal Council decided reform plans</b>
<b>May 2004 and September 2004</b>	<b>Adoption of the messages of the Federal Council in 2 packages (4 + 2 messages)</b>
<b>June 2004</b>	<b>Start of parliamentary discussion of package 1</b>
<b>October 2004</b>	<b>Adoption of a part of package 1 by both chambers of parliament; beginning of discussion about the remaining proposals</b>
<b>February 2005</b>	<b>Adoption of the message of the Federal Council about financing long-term care</b>



# Schedule

03/04

04/05



# Topics of the revision

1

## Strategy ✓

- ✓ Risk equalisation, Care
- ✓ Hospital financing, urgent
- ✓ Elements of supervision
- ✓ Limits to Admission
- ✓ „Black sheep“

2

## Freedom to contract ?

3

## Premium reductions ✓

- (✓) Discharging families
- (✓) Non-payment of premiums

4

## Co-payment ?

- Deductibles
- Co-insurance

5

## Hospital financing

- Financing of services
- Dual, with fixed ratio
- Hospital planning

6

## Managed Care ?

- Integration in nets
- Incentives
- Duration of contracts

7

## Financing of long-term care

- Partition of financing between Cantons and Sickness Insurance

# Part 1

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## Strategy and urgent topics

## **Insurance card (Introduction planned in 2008)**

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### **Basis for a later health card**

Properties:

- New social insurance number
- Contains administrative data in order to simplify billing process
- Emergency data with consent of insured person

Purpose:

- Simplifying administrative process
- Improvement of information and comfort of the insured person

# Risk equalisation – Solution until 31.12.2010

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## Continuation of the present formula for 5 more years

### Features

- Condition of competition between insurers
- Retrospective and based on the features age and sex
- Net redistribution between Insurers 2004: 1'003 Million CHF
- While actual risk equalisation formula is extended until 2010: Criteria to complete formula have to be examined.

1) Sickness Insurance statistics 2004

## **Financing of care : solution until 31.12.2006**

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### **Tariff freeze until the new regulation comes into force**

- Tariff limits to reimburse care services (basic care as well as nursing care) provided by nursing care institutions and home care organizations shall be frozen.
- In 2004, sickness insurance came up for 1.573 Billion CHF to cover care services provided in nursing institutions and 0.365 Billion CHF to cover care services provided by home care organizations

# Hospital financing: solution until 31.12.2006

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## **Prolongation of the urgent law about cantonal contributions to the treatment of insured persons with a supplementary insurance in public and subsidized hospitals**

Contents:

- Application: hospitalizations in a private or semi-private department of a public or subsidized hospital of the canton of residence
- Contribution of the canton corresponding to the tariff sickness insurance pays for the treatment in the general department

# Additional decisions of the federal parliament

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- Continuing restricted admission of providers (admission only in case of necessity)
- More severe sanctions against providers working uneconomically or providing services of poor quality



## Part 2

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# Contractual freedom - proposal

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**Admission contract as condition to provide in the ambulatory sector at the expense of mandatory sickness insurance**

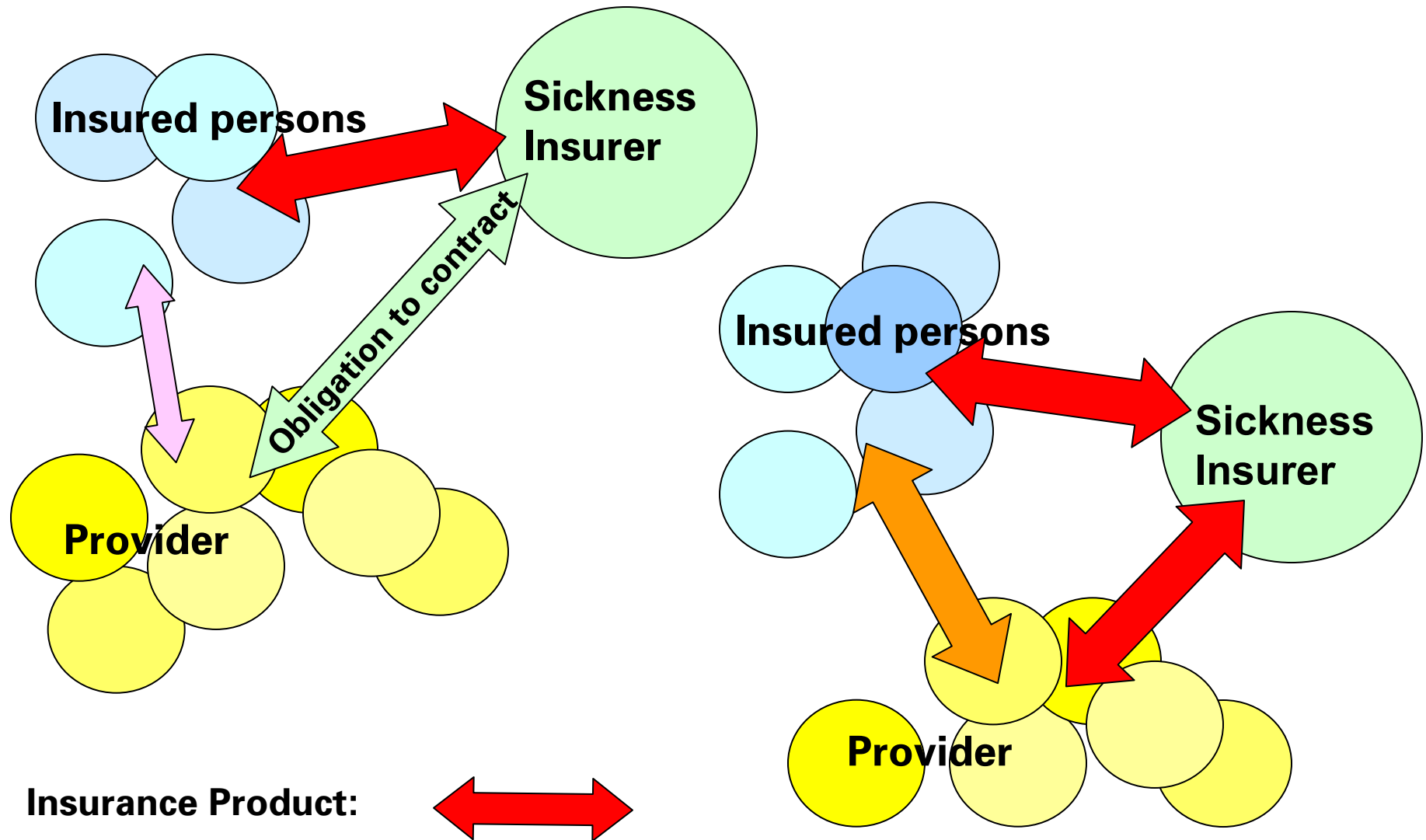
**Freedom to contract between insurers and providers**

Limits: health care delivery, cartel legislation

**Guarantee of health care delivery by cantons**

Confederation defines the number of providers needed to secure health care services (upper and lower limit). Within these limits, canton decides about minimal number of providers. Insurers have to contract with at least this minimal number of providers fixed by the canton.

# Contractual freedom - Proposal



# Application of contractual freedom: proposal

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- For all providers of the ambulatory sector
- Also for the ambulatory sector of hospitals
- **Not applicable** for the stationary sector of hospitals and for nursing homes

## Advantages contractual freedom

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- Means **mutual freedom** to choose the partner to contract (no right to have a contract of admission)
- A **condition** for being allowed to provide on the expense of mandatory sickness insurance would be introduced
- Promotes **competition** and therefore cost containment
- Improves **quality** (efficiency)
- Lets expect a **better distribution** in covering medical services
- Avoids **scarcity** of providers in certain medical areas
- Makes a **differentiated tariff and price policy** possible
- Reduces **overcapacities**
- Eliminates «black sheep»
- Promotes **networks**

# Disadvantages of contractual freedom

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- Causes, as any change, insecurity
- Does not promise a contract of admission to the providers
- Asks more commitment of each involved partner
- Removes «guarantee of income» of the providers
- Reduces transparency for the insured persons
- Restricts free choice of the provider as far as re-imbursment is concerned

# Limits to contractual freedom

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## **Pre-conditions**

- Guarantee of health care delivery
- Guarantee of access of the whole population

## **Duties of the cantons**

- Watch about equal distribution
- Consider services offered in neighboring cantons
- Consider interaction of different ambulatory services

## **Duties of insurers**

- Contracting with the minimal number of providers fixed by the canton

# Alternatives

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- The only alternative to the freedom to contract is the limitation of providers by planning.
- Free access of Swiss and foreign providers in combination with fee-for-service re-imburement and free access of insured persons to each provider results inevitably in cost increase.

-> **Therefore:** freedom to contract



## Part 3

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## Premium subsidies today

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- Subsidies to persons in an economically modest condition – social corrective of the per capita premium
- Financing (2004: 3.169 billion)\* paid by confederation and cantons
- Cantons decide about system
- Support of 31.7%\* of the insured persons, 40% of households
- Sickness Insurance Statistics 2004

### Adjustment decided in 2004:

#### Privilege to children and young adults in education

- Cantons reduce premium of children (0-18) and young adults (19-25) in education at least by 50 percent, for lower and medium incomes.

## Part 4

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# Co-insurance – proposal of the federal Council

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## Raising co-insurance from 10 to 20 percent

- Only for adult persons, children stay at 10%
- Upper limit per calendar year stays at 700 Franks
- Extended competence to lower co-insurance for certain services (as an incentive)

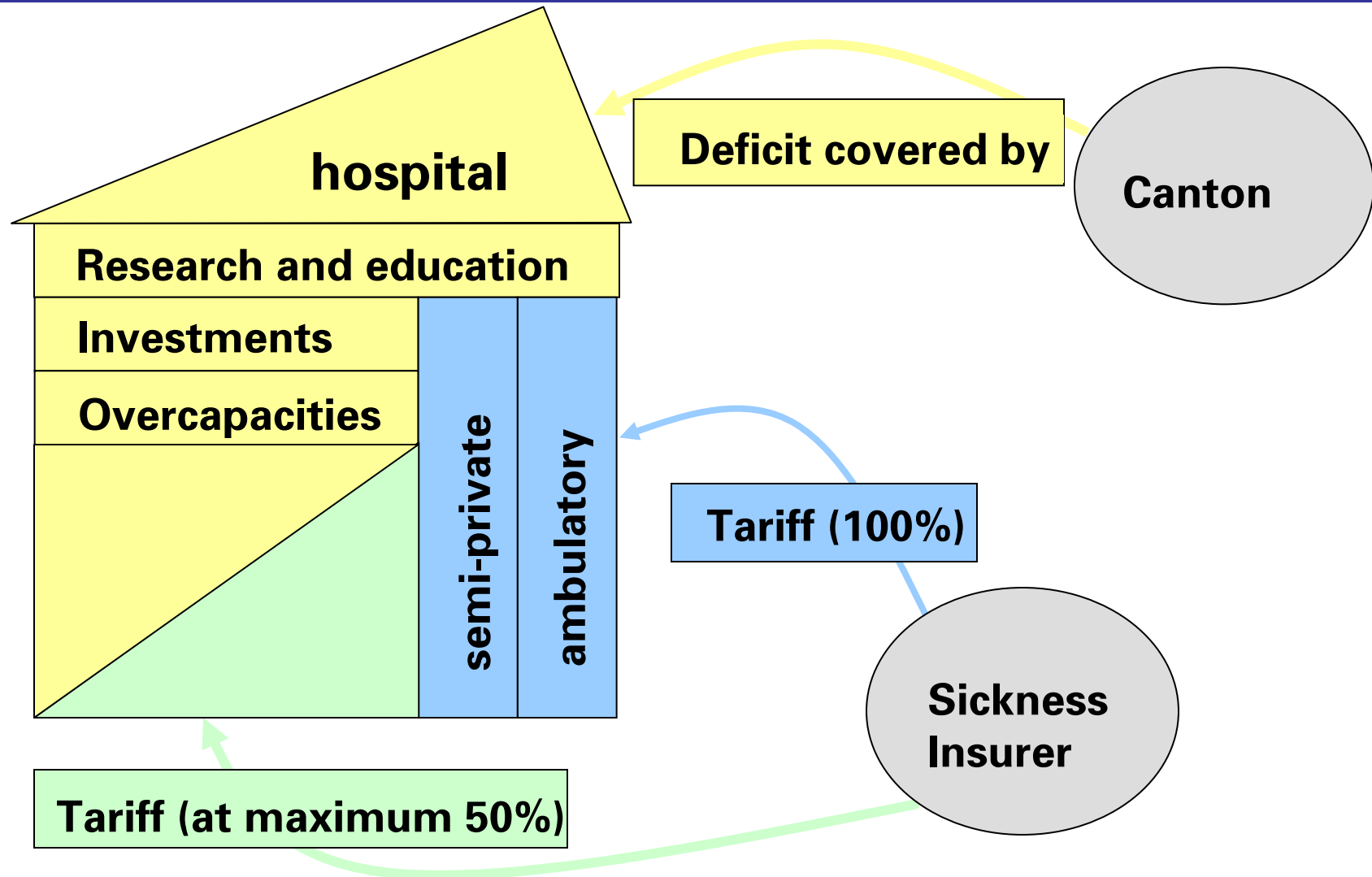
## Part 5

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A map of Germany is shown in a solid blue color. The map is divided into numerous smaller regions by white outlines, representing administrative boundaries. Overlaid on the center of the map is the text "Hospital financing" in a large, bold, red font with a white outline.

# Hospital financing

# Hospital financing today (public hospitals)



# Hospital financing: proposal of the Federal Council

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## **Flat rate payments related to services**

Not objects (hospitals) but subjects/services) shall be financed

## **Fixed ratio of financing by cantons and insurers**

related to services, no discussion about covering costs

## **Equal treatment of public and private hospitals**

Financing not dependent of hospital ownership

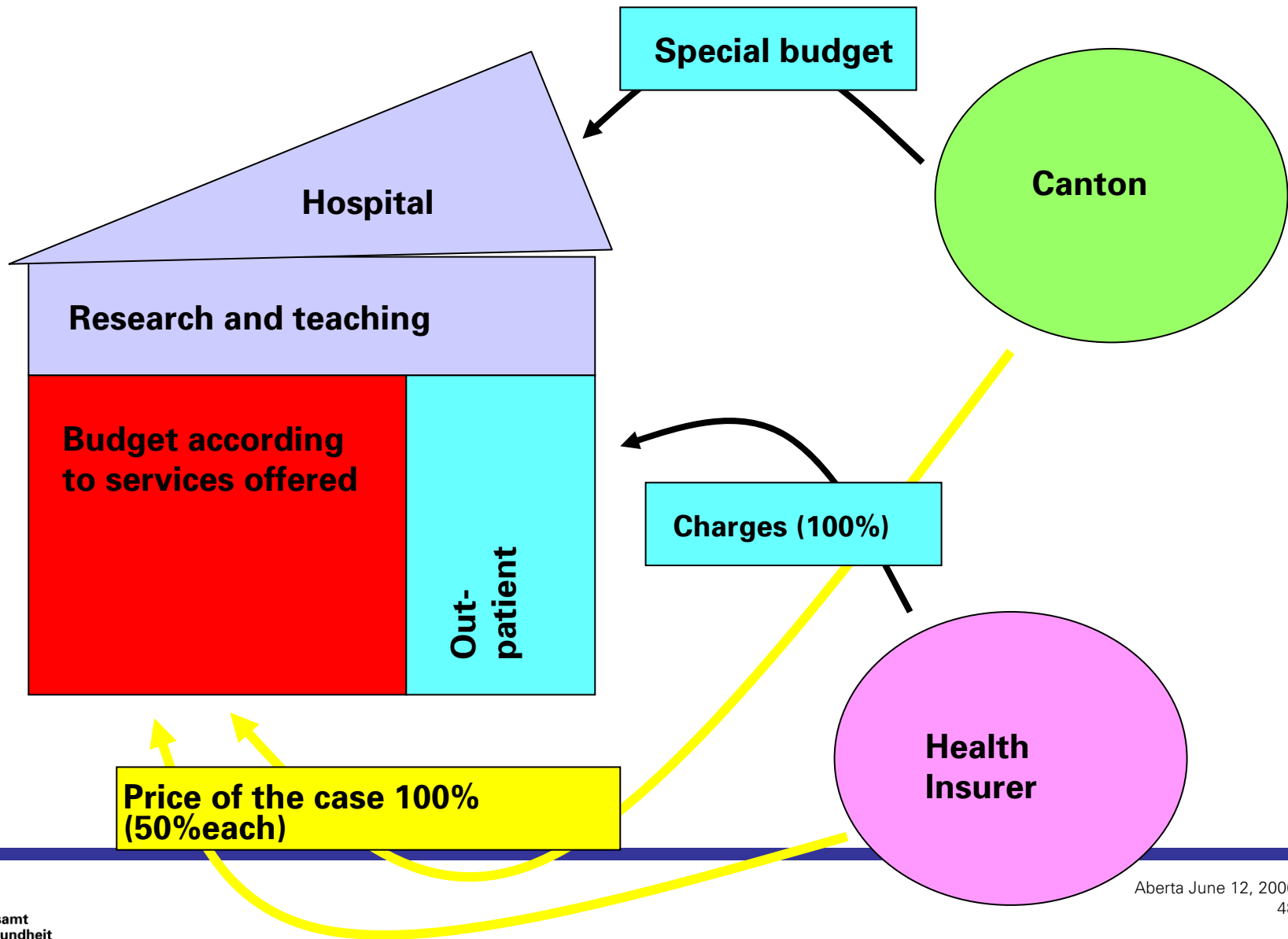
## **Equal rule of financing of treatments inside and outside the canton**

## **Strengthening of hospital planning**

## **Planning of highly specialized treatments by cantons in common**



# Federal Council proposal 2004 „dual fix“





# Number of Hospitals

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	Public	Private subsi- dized	Private Not subs.	Private Total	N.N.	Total
1998	154	105	118	223	22	399
1999	152	92	129	221	19	392
2000	137	97	137	234	5	376
2001	135	95	133	228	3	366
2002	125	100	137	237	3	365
2003	117	99	135	234	3	354

# Consequences

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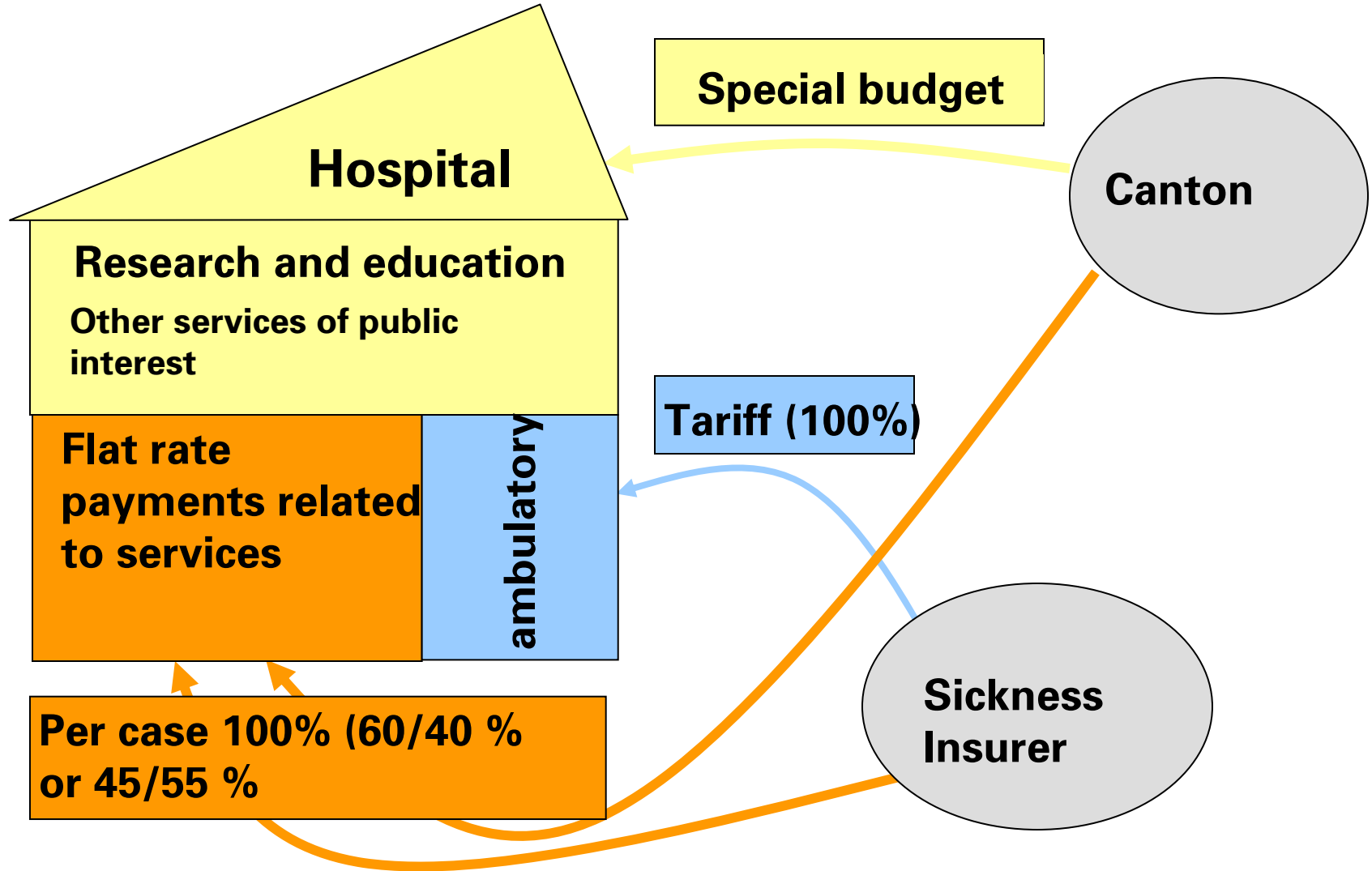
## **Financing of services with a fixed ratio canton/insurer means:**

- Financial control on level „product“, definition of the products;
- Financing by the canton is directly dependent of the development of tariffs and quantities.

## **Financing of services with a fixed ratio canton/insurer and renunciation of covering deficits means:**

- Hospitals are independent of public means (decisions about investment, financial and personnel management);
- Planning based primarily on services;
- Coordination of planning with neighbouring cantons, and
- More consideration about „Make-or-buy“-decisions.

# Hospital financing: proposal of the Council of States



# Proposal of the commission of the Council of States

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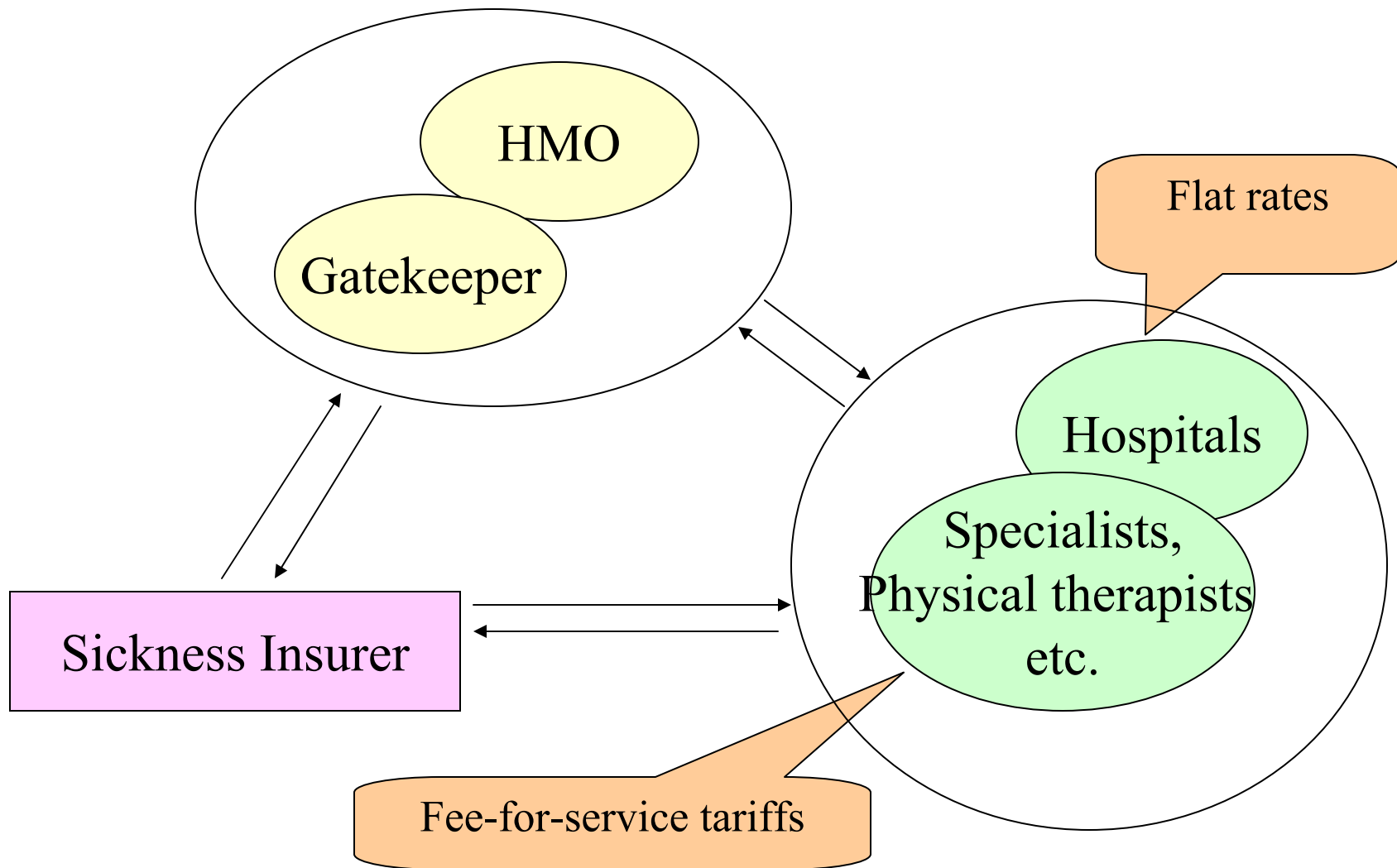
- Planning, obligation to contract with the hospitals according to cantonal planning, continuation of responsibilities regarding tariffs
- Insurers can, for their insured, contract with other hospitals; no obligation to contract
- Financing of services of common interest by cantons
- Financing of services according to sickness insurance by insurers
- Tariffs based in services (Hospital: flat rates; ambulatory: fee-for-service or flat rates)

## Part 6

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# Managed Care today



# Managed Care – Proposal of the Federal Council

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## Integrated networks als special insurance plan

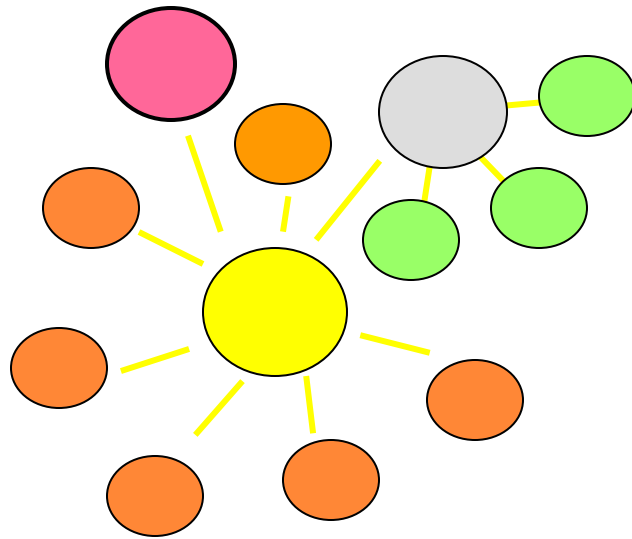
Properties:

- Voluntary for all implied persons
- Whole chain of treatment
- Financing by capitation
- Budget responsibility

Incentives to join:

- Lower co-payments (insured persons)
- Lower premiums
- Quality of health care (insured person and providers)

# Managed Care – Proposal of the Federal Council



Minimal regulation

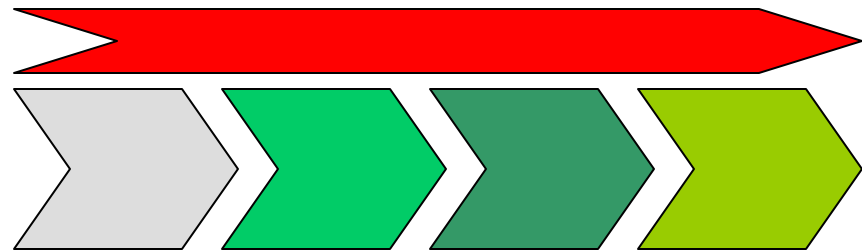
More market

Data / Transparency

Networks

Care Management

Communication





## Part 7

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# Financing of care today

## Costs

### Costs 2002<sup>1)</sup>

- Nursing homes: ca. 6 Bil.
- Home care org.: ca. 1 Bil.

### Average increase p.a. 1995-2002<sup>2)</sup>

- Nursing homes: 5.1%
- Home care org.: 4.8%

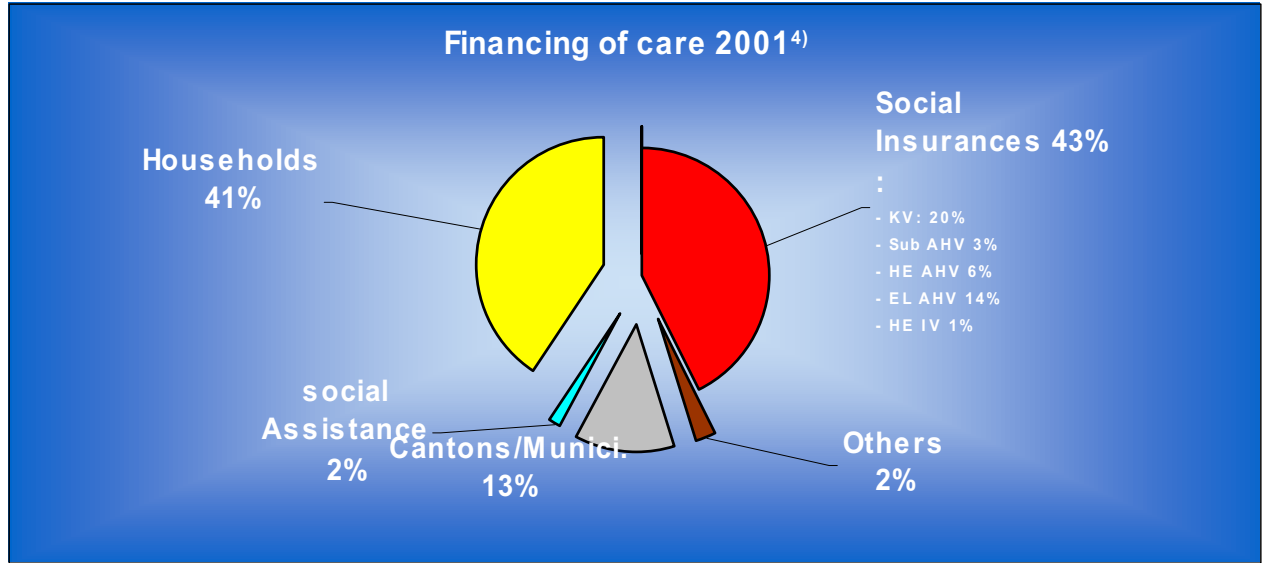
### Increase 1995-2002<sup>2)</sup>

- Nursing homes: 42%
- Home care org.: 39.1%

## Expenses sickness

### insurance 2002 (gross)<sup>3)</sup>

- Nursing homes: ca. 1.4 Bil.
- Home care org.: ca. 0.3 Bil.



### Year 2002:

- Nursing homes: 78'838 inhabitants and 1'103 extern<sup>5)</sup>
- approx. 140'000 persons receiving home care<sup>6)</sup>

1) BFS: Kosten des Gesundheitswesens, Pressemitteilung vom 27. Februar 2004, Tabelle 3.

2) Eigene Berechnung aufgrund BFS: Kosten des Gesundheitswesens.

3) BAG: Statistik der obligatorischen Krankenversicherung 2002, Tabelle 1.16.

4) Teilrevision KVG, Erläuternder Bericht zur Neuordnung der Pflegefinanzierung, Tabelle 3.

5) BFS: Statistik der sozialmedizinischen Institutionen 2002, Tabelle F.3

6) BSV: Spitex-Statistik 2002, Tabelle 6.4.

# Financing of care – Proposal of the Federal Council

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## Features of the message:

- Care services with a therapeutical or palliative purpose or in connection with treatment of a sickness (**nursing care**): **full re-imburement** by sickness insurance.
- **Services of basic care** (ADL): **contribution** of sickness insurance
- For people over 65 needing home care : extending the right to claim a helplessness allowance of old age insurance.
- Extension of the **supplementary allowances of old age insurance** for people needing care in a nursing institution.