

Table 27: Food Consumed by Commodity Per Person in Canada (1),  
1991-2005

		1991r	1996r	2001r	2002r	2003r	2004r	2005p
<b>Total Fruit</b> .....	<b>(2)</b>	<b>77.29</b>	<b>88.43</b>	<b>87.94</b>	<b>91.61</b>	<b>92.56</b>	<b>93.09</b>	-
Fresh Fruit.....	kg	33.12	35.01	35.11	35.76	37.08	37.34	-
Canned Fruit.....	kg	4.25	3.97	4.47	4.58	4.58	4.71	-
Frozen Fruit.....	kg	1.32	1.54	1.72	1.75	1.96	1.96	-
Dried Fruit.....	kg	1.44	1.25	1.31	1.33	1.41	1.37	-
Fruit Juice.....	litres	17.90	24.08	22.77	24.55	23.86	23.88	-
<b>Total Vegetables</b> .....	<b>(2)</b>	<b>101.29</b>	<b>113.55</b>	<b>117.79</b>	<b>113.61</b>	<b>111.06</b>	<b>108.23</b>	-
Fresh Vegetables.....	kg	68.87	77.12	80.29	77.39	75.74	74.78	-
Canned Vegetables.....	kg	10.66	11.49	12.09	11.76	11.09	10.66	-
Frozen Vegetables.....	kg	4.09	4.47	4.87	4.69	4.69	4.44	-
Vegetable Juice.....	litres	1.82	1.37	1.31	1.28	1.30	1.20	-
<b>Beverages</b>								
Alcoholic, Total Pop.....	litres	83.35	77.94	83.18	83.61	84.74	82.49	83.74
Alcoholic, Pop. 15 Yrs.+.....	litres	105.04	97.68	102.53	102.68	103.68	100.55	101.65
Soft Drinks.....	litres	89.87	98.50	100.88	99.81	98.06	96.56	95.24
Coffee.....	litres	86.42	86.54	90.32	92.35	93.42	93.88	92.38
Tea.....	litres	37.42	43.44	64.83	63.37	65.21	66.29	62.17
Bottled Water.....	litres	-	17.46	26.34	-	-	-	-
<b>Animal Products</b>								
Total Dairy Products.....	kg (milk solid)	17.16	17.12	17.38	17.09	16.77	17.11	17.26
Fluid Milk.....	litres	69.88	66.57	64.33	63.23	62.98	63.16	61.97
Cheese.....	kg	8.27	8.36	8.78	8.72	8.69	8.97	8.90
Yogurt.....	litres	2.21	2.34	3.61	3.98	4.33	4.66	5.00
Red Meat.....	kg	27.88	26.93	27.70	27.20	26.82	27.05	25.47
Beef.....	kg	14.65	13.97	13.66	13.53	14.11	13.63	14.17
Veal.....	kg	0.64	0.57	0.54	0.54	0.53	0.50	0.47
Pork.....	kg	11.23	11.29	12.57	12.08	10.91	11.57	9.96
Mutton and Lamb.....	kg	0.36	0.31	0.43	0.42	0.44	0.46	0.46
Offal (3).....	kg	1.00	0.79	0.51	0.62	0.82	0.89	0.41
Poultry (4).....	kg	10.77	11.61	13.58	13.68	13.33	13.54	13.68
Fish.....	kg	6.27	5.97	6.93	6.94	7.05	-	-
Eggs.....	dozens	12.49	12.43	13.17	12.81	12.98	12.72	12.91
<b>Other</b>								
Oils and Fats.....	kg	17.22	20.48	22.18	22.44	22.96	23.51	-
Butter.....	kg	2.26	2.16	2.13	2.11	2.22	2.27	2.10
Margarine.....	kg	4.19	4.03	3.70	3.74	3.82	3.92	-
Cereal Products.....	kg	52.63	60.54	66.36	65.77	64.62	66.58	65.99
Pulses and Nuts.....	kg	6.67	7.46	8.24	8.47	8.17	8.48	8.32
Sugars and Syrups.....	kg	26.71	27.96	26.53	26.43	26.40	26.31	25.27

Note: Pop. 15 Yrs.+ refers to population 15 years of age and over.

(1) Statistics Canada produces data on the amount of food that is available for consumption (per person) which does not account for losses in stores, households, private institutions or restaurants. However, in May, 2004, Statistics Canada released new experimental data on food consumed (per person) which has been adjusted for retail, household, cooking and plate loss. The above table presents these new data.

(2) In fresh equivalent weight.

(3) Offal includes variety meats such as liver, kidney, heart, tongue, sweetbreads, oxtail and edible tripe.

(4) Includes chickens, stewing hens and turkeys.

Source: Statistics Canada Cat. No. 21-020-XIE, "Food Statistics, 2005 Vol. 5, No. 1".