

### **HISTORY & ATTRACTIONS**

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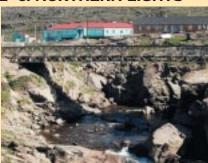
**VISITORS GUIDE 2005** 

news/north

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**CLIMATE & NORTHERN LIGHTS** 



FLORA & FAUNA



**EVENTS & CITY MAP** 





**DINING & SHOPPING** 

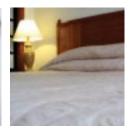


### 1scover THE CAPITAL ADVANTAGE.

UCLPG DOLVALL POLL DOLVE













Travelling in the Eastern Arctic can bring many surprises, from sudden wind storms to summer blizzards. Make sure you get a quality rest when in Iqaluit, so that you're at your best to make the most of your reason for visiting. Located right downtown and close to all major landmarks, this Capital Suites property gives you the advantage of knowing you'll sleep well and be ready for whatever the Arctic has in store for you.



### Highlights of this property include:

- over 40 studio, one or two bedroom suites;
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Peterhead Inlet, Frobisher Bay

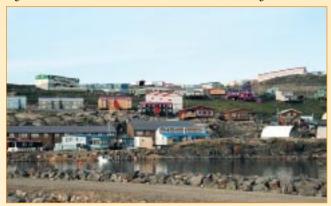


INSIDE

Apex, Iqaluitl Island (Tiikuut)



Sybil Island (Tiikuut), Frobisher Bay



Iqaluit

<b>History:</b> Inuit have enjoyed the riches of Baffin Island for millennia
Attractions: Friendly people are happy to welcome you to Iqaluit
Baffin Region: Iqaluit is the place to start your Nunavut adventure
MAP: Getting around the city
Climate: Canada's newest capital city is its most temperamental - weatherwise
Our home: Modern city surrounded by wide open spaces
Northern Lights: Night sky shines

with magical light

Events: Cross-cultural environment makes for lively entertainment
Dining: From pizza to country foods25
Shopping: A variety of shopping experiences
Arts and crafts: Part of the economy and a link to the past
Flowers: Tundra breaks out in bloom28
Hunting and fishing: World-class29
Wildlife: Big bears and little birds call Nunavut home30



Koojjessee Inlet, Iqaluit



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Volume 4, 2005

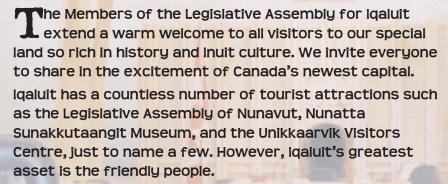
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Iqaluit Bureau: Box 28 Iqaluit, Nunavut X0A 0H0

Phone: 867-979-5990 Fax: 867-979-6110 Email: editor@nunavutnews.com

Above and cover photos by John Thomas

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We want you to enjoy your stay while in Iqaluit and to take advantage of the scenery that will leave you breathless. Whatever adventure you choose, the memories you gather in this special land will remain with you forever.

Sincerely Hunter, Ed and Paul

L'Assemblée Législative d'Iqaluit
voudraient souhaiter une chaleureuse bienvenue à tous
les visiteurs sur notre terre si particulière et si riche en
histoires et cultures Inuits. Nous vous invitons tous à
partager l'excitation de la plus jeune Capitale au Canada.
Iqaluit a de nombreuses attractions touristiques comme
L'Assemblée Législative du Nunavut, le musée Nunatta
sunakkutaangh, et le centre touristique, juste pour en
nommer que quelques uns, cependant l'atout le plus
important d'Iqaluit reste surtout son peuple amicle.

Nous voudrions que vous profitiez de votre séjour à lqaluit pour apprécier le paysage à vous couper le souffie.

Peu importe L'aventures que vous choisirez, vous emporterez avec vous le souvenirs d'une terre particulière qui restera en vous pour toujours.

Sincèrement Hunter, Ed et Paul.



Paul Okalik
MLA, Iqaluit West
くりって りもった
してしてりゃり、 からっかし



Hunter Tootoo MLA, Iqaluit Centre Hd°ン つつ Lcしcトがり、 ムかっなっ かりくす



Edward Picco MLA, Iqaluit East Δ<sup>c</sup>> Åd Lclc><sup>56</sup>Λ, Δ<sup>56</sup>Δ<sup>6</sup> ba<sup>2</sup>a<sup>9</sup>lσ

# Unique culture and stark beauty

Clothed in caribou and seal skin for protection from the harsh Arctic climate, nomadic Inuit have enjoyed the riches and stark beauty of Iqaluit and Baffin Island for millennia.

A slow migration east through the North helped the unique culture develop the tools and know how required to exist on the unforgiving land now known as Nunavut.

Moving with the animals and seasons, they lived on

inland fish and game during the long summer days. Winter was toiled away on the coast hunting seal.

Contact invariably occurred with early Norse seafarers and Europeans. However, the traditional Inuit way of life remained virtually unchanged until relatively recently.

Sixteenth century English explorer Martin Frobisher landed on the rocky shores in search of gold and within a hundred years, Dutch whalers were a common sight. But it was not until 1850 that the North Atlantic whaling industry had begun large-scale operations in the area they called Iqaluit, meaning "the place of many fish."

Non-Inuit adopted the name Frobisher Bay.

At this time, Inuit began to spend the summers as hunters and



John Thomas photos

Peterhead Inlet, overlooking Frobisher Bay to the South/Southwest. Below: Main breakwater anchorage at Iqaluit

seamstresses for their new-found visitors. Modern goods and technologies, such as rifles and flour, were their reward.

Dysentery and disease accompanied, however, and some villages vanished entirely.

Anglican and Catholic missionary activity flourished. Much of the Inuit's traditional shamanistic beliefs and culture would be lost by the early 20th century.

By 1905 Arctic whale stocks had collapsed. But the luxurious fur trade boomed.

continued page 7





The Navigator Inn takes pride in offering you, our guest, the very best of Northern Hospitality, as well as the finest accommodations in Iqaluit.

We are located downtown, just minutes from the airport and less than two blocks from the new legislative assembly.



The Chart Room Lounge opens at 4:00 pm so you can relax or unwind after a full day of meetings or exploring our exciting capital city. Reserved seating available for guests of the hotel.



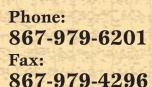
The Navigator Dining Room features Traditional Northern/Western and Chinese fare. Our Coffee Shop serves a complete menu for your breakfast, lunch and quick dinner needs.



The Navigator Inn features four new, luxuriously appointed Admiral Suites, as well as, fifteen Captain and Business Class Suites for your long or short term comfort.



Iqaluit's Largest Conference
Facilities Large conference facilities
(up to 200 people), first class audio/visual
equipment, business centres, full internet
and e-mail access is available for our guests.







Fitness Room featuring a treadmill, stairclimber, stationary bicycle, free weights and more.

### **▲**history

A m of



John Thomas photo

Anchorage in Lewis Bay (Pitsi), Frobishr Bay. Below: An inuksuk guards Lewis Bay.

The Hudson's Bay Co. opened its first trading post in 1914, spreading around Baffin Island withn a few years.

The new-found economy however, did not protect the Inuit from impending hardship. Fur prices crashed in the 1930s, game was over-hunted and southern traders left.

Fortunately, a major U.S. Air Force base was built at Koojesse Inlet in 1942. The local economy revived and some of the first permanent Inuit settlements were erected.

A year later the airstrip was complete. Hangars and other buildings followed and the Hudson's Bay Co. built it's first white and red buildings near Apex Hill.

A U.S. radar site, added in 1951, further fuelled the economic boom.

Doctors, teachers and other professionals arrived in 1955 along with the first Department of Indian and Northern Affairs office.

Înuit continued to settle permanently in the area, which at the time close to 1,200 souls called home.

By 1958 two banks, a nursing station, hotel and RCMP detachment popped up in town. "Eskimo Co-ops" became popular and allowed Inuit to carve out control of their art sales.

Frobisher Bay community council formed in 1964 and the Inuit Brotherhood, now the Inuit Tapiristat of Canada (ITC), was created in 1971.

By 1974 Frobisher Bay was officially a village and within two years, the idea of Nunavut was born. The city reclaimed its rightful name, Iqaluit, in 1987.

continued page 9

fact file:

Nunavut's flag - The colours of the territorial flag symbolize the abundant land, sea and sky. Red refers to Canada and the inuksuk symbolizes stone monuments which guide people on the land. The star is Niqirtsuituq, the North Star, the traditional guide for navigators.





Kathleen Lippa/NNSL photo

The Architecture of Apex, a community just outside of Iqaluit, can be quite unique. This house is an example of what you can achieve on Baffin Island using recycled materials.



### NOMINATE SOMEONE FOR A Nunavut/News North Outstanding Customer Service Award!

The Outstanding Customer Service Award recognizes people who have provided exemplary customer service in Iqaluit.

Share your experience and you could win your choice of merchandise that proudly promotes Northern traditions! If your nomination is chosen, both you and the nominee will receive a prize valued at \$250.00!

An award of merit will also be presented to the local business recognizing their contribution to outstanding customer service.

### Honouring the Best!

Please return this entry form to: Nunavut/News North Outstanding Service Award c/o Petra Ehrke

Box 2820, Yellowknife, NT X1A 2R1 Fax: 867-873-8507 Email: advertising@nnsl.com

or drop off in person at the Nunavut/News North Office 102 Tumiit Plaza Igaluit, NU



NOMINATION DEAD	LINE: December	30, 2005
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Your Name:	
Your Address:	
	Prov./Territory:
Phone:	Email:
I wish to nominate the following 2005 Outstanding Service Award	
Nominee Name:	
	Phone:
Business Address:	
Company:	
Comments: (Please describe how this person has demo	onstrated outstanding customer service.)

# History in the making

The Inuit then proceeded to make history. In May 1993 the Nunavut Land Claims Agreement, the most comprehensive settlement ever reached between a state and aboriginal group, was signed.

Nunavut was now a reality, and Iqaluit was named capital 1995.

Now the territory's administrative centre, an unprecedented period of growth followed as federal and private buildings began to mark the landscape.

Premier Paul Okalik formed the first government Feb. 15, 1999.

The process extended more than 20 years, but in 1999 the people of Nunavut had reason to celebrate.

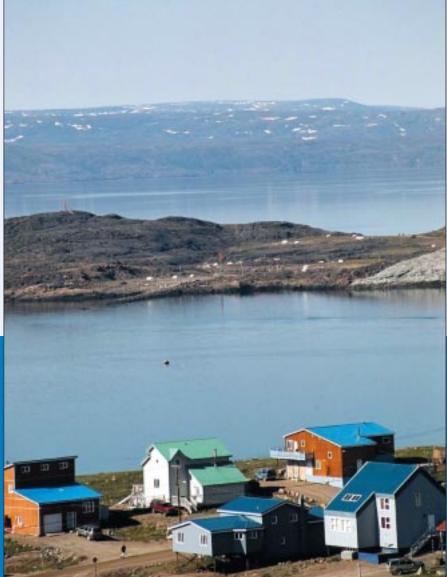
Media and tourists packed Iqaluit April 1 to take part in ceremonies marking the division from the western Arctic. A worldwide audience watched the historic event on television.

In 2001, Iqaluit's journey reached its most recent milestone when it officially became a city.



John Thomas photos

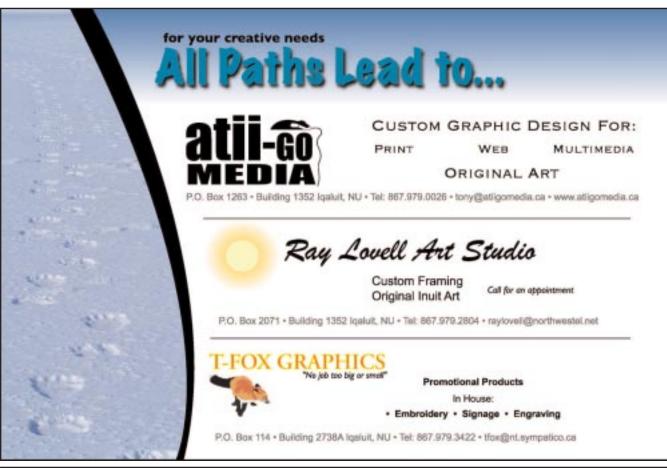
Aseena Allurut at camp in Lewis Bay (Pitsi), Frobisher Bay 2004. Below: Iqaluit overlooking Koojeesee Inlet and Frobisher Bay.

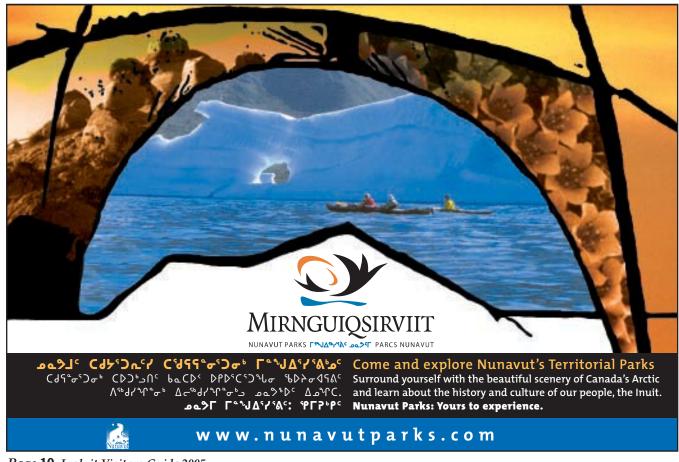


### factfile:

### **WORDS TO KNOW**

- •In Inuktitut, a boot is called a 'kamik.'
- •The half-moon shaped knife used by
- •Say thank you with "qujannamiik."
- •Do you take cream and sugar in your 'kaapi?' (Inuktitut word for coffee)





### Past & present come to life

Canada's newest capital city is certainly one of its most unique.

Iqaluit's rich history dates back thousands of years to when the nomadic Inuit first graced the land. Visitors can glimpse the stunning Arctic vistas and experience the region's rich history.

Outfitters, trip planners and even taxi drivers are happy to act as tour guides around the city's landmarks.

Nunavut's Legislative Assembly — an architectural masterpiece — is located in the heart of downtown Iqaluit.

Minutes from local restaurants, the threestorey building incorporates traditional Inuit motifs, such as the shapes of kayaks and qamutiit (sleds). Tours are available year-round. Another must-see for visitors is the historic Anglican cathedral. Iglu shaped, the architecture and interior are certain to impress. Regular services are held in both Inuktitut and English and welcome people from all religious faiths.

While you're there, be sure to cross the street to share a cup of tea and swap a few iglu tales at the Elders' Facility. Hear first hand how life has changed for the Inuit over the past five decades.

A visit to the Nunatta Sunakkutaangit Museum is always an insightful experience into the history of the Iqaluit and Baffin region. The permanent collection of Inuit artifacts and historical pictures will both inform and enthral. Be sure to call in advance to learn more about the Northernthemed travelling exhibits which change throughout the year.

For those interested in local arts and crafts, the Nunavut Arctic College houses both a sculpture garden and an impressive



Kathleen Lippa/NNSL photo

Marilyn Scott runs the Unikkaavik Visitors Centre in Iqaluit.

display of jewelry, metalwork and prints.

Student artisans can also be observed hard at work throughout the school year.

One of the easiest ways to pass your time in Iqaluit is a walk along the beach. The summer tide provides a constantly changing environment. During the winter visitors can watch the sea ice get crushed and crumbled by the rise and fall of the water.

Take a walk along the breakwater for a glimpse of Nunavut's marine activity. Located just past the museum, the view is

John Thomas photo

Dog teams tied along river running into Koojjessee Inlet at Coast Guard Beach, Iqaluit.

breathtaking. If you're lucky, you might even be offered a boat ride.

Just five kilometres from Iqaluit is Niaqunngut — or Apex. Home to the historic St. Simon's Church and original Hudson's Bay Co. buildings, this is the spot where Inuit first settled. With stunning views of the ocean and surrounding hills there's no doubt why.

Bring along a packed lunch and take time to enjoy the Arctic scenery. The Iqaluit Rotary Club established a park nearby or make the short trip to Tarr Inlet for an invigorating hike.

Most importantly, visitors should not forget the friendliness of the Iqalungmiut — the Inuktitut name for people from Iqaluit. Helpful and always ready to lend a hand or provide directions, residents could be the best resource for visitors.

### ★Wild Martini Wednesdays★ Roadhouse Fridays with live music

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\* International Saturdays





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### factfile:

- \* Iqaluit's population is 6,200 and growing
- \*The city is located at about 63 degrees north latitude and sits 34 metres above sea level
- \* It gets 21 hours of sun during the summer.



Brent Reaney/NNSL photo

The harbour in the town of Kimmirut. Those markings on the side of the rock are how high the tide gets.

### A land of majesty

Iqaluit and the nearby Baffin region provide all the adventure travellers could want. Exciting, beautiful and friendly communities just wait to be explored. Most importantly, you'll experience what it's really like in Canada's rugged North.

Check with local charter companies for flight schedules and fares. (population counts based on 2001 Census)

### *Ikpiarjuk/Arctic Bay* 'The pocket' Population 646

Surrounded on three sides by hills, Arctic Bay is located on the Borden Peninsula on North Baffin Island. In the spring and summer, marine mammals feed in the area, including narwhals, seals and walrus.

Mittimatalik/Pond Inlet 'Where there is Mittima' (burial place) Population 1,220

This attractive place is blessed with beautiful mountains and icebergs. Wildlife, abundant in the mountains and in nearby waters, provide great opportunities for photographers and hunters. Outfitters offer snowmobile and dogteam tours as well as boat trips. It's also home to the headquarters for Sirmilik National Park.

### *Kangiqtugaapik/Clyde River* 'Nice little inlet' Population 785

Local carvers work with stone, antler, whalebone and ivory. This is also a good place to see polar bears, narwhal and



Page 12 Iqaluit Visitors Guide 2005

### **▲**baffin region

bowhead whales. Hunting and camping are an integral part of residents' lives.

### Panniqtuuq

'The place of the bull caribou' Population 1,276

Panniqtuuq is situated near Cumberland Sound at the foot of the mountains. Residents are known for creating beautiful tapestries, prints as well as Pangnirtung hats. Kekerten Territorial Historic Park and Auyuittuq National Park are major attractions. Many marine mammals inhabit the sound.

### Kimmirut/Lake Harbour 'Heel named after a rocky outcrop' Population 433

Located close to Katannilik Territorial Park Reserve on South Baffin Island. A large number of carvers reside here and most residents hunt and fish as a way of life. Jewelry making has also become quite popular. For those travellers interested in a day trip, Kimmirut is a good example of a traditional Inuit community.

### Kinngait/Cape Dorset

'Mountains' Population 1,148

Located on the mountainous Foxe Peninsula on West Baffin Island. This community is considered the Inuit art capital of the world. Many tours and activities are available for visitors.

### Sanikiluaa

Named after an Inuk man who lived on the Belcher Islands Population 684

This is Nunavut's most southern community, located in Hudson Bay. Inuit of Sanikiluaq support themselves by trapping, hunting and carving. Great hiking trails abound.

### Iglulik

Place with houses' Population 1,286 Located on a small island in Foxe Basin, this is considered the cultural centre of Nunavut. Archaeological sites are up to



4,000 years old. The area is rich in wildlife, including whales, seals, polar bears, caribou, fish and waterfowl. International award-winning filmmaker Zach Kunuk, director of Atanarjuat (Fast Runner), calls Iglulik home.

Sanirajak/Hall Beach
'One that is along the coast'
Population 609

This community was founded when the Distant Early Warning (DEW) line was built to help monitor North American air space. Hunters still use the DEW-line site as a landmark. For wildlife, and birding enthusiasts, this is a fantastic stop.

Qikiqtarjuaq/Broughton Island 'Big island' Population 519

Visitors come from all over to check out impressive scenery and wildlife, including whales and icebergs. Local seamstresses make beautiful sealskin parkas and kamiit (boots). Outfitters offer great hiking tours, boat, dogteam and snowmobile rides.

Qausuittuq/Resolute

'Place with no dawn' Population 215 Canada's second-most Northern settlement. It serves as a launch pad for trips to the North Pole. Scientists frequently spend time here doing research. Resolute Bay stays frozen almost year-round, giving tourists a chance to walk on the Northwest Passage.

Ausuittuq/Grise Fiord
'The place that never runs out'
Population 163

You're at the very top of Canada in Grise Fiord. Located on the southern coast of Ellesmere Island, this is Canada's most northerly community. Although summer is short, many birds return to breed in the area. Walrus, beluga whales, guillemots, murres, seals and polar bears are common sights on the floe edge about 50 kilometres away.







## North IQALUIT







### **Northmart**











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General Inquiries: 867-975-3500 Pharmacy: 867-975-3535

Skidoo Shop: 867-975-3519

### Welcome to Iqaluit

The City of Iqaluit extends a warm welcome to all visitors to our special land, so rich in history and Inuit culture.

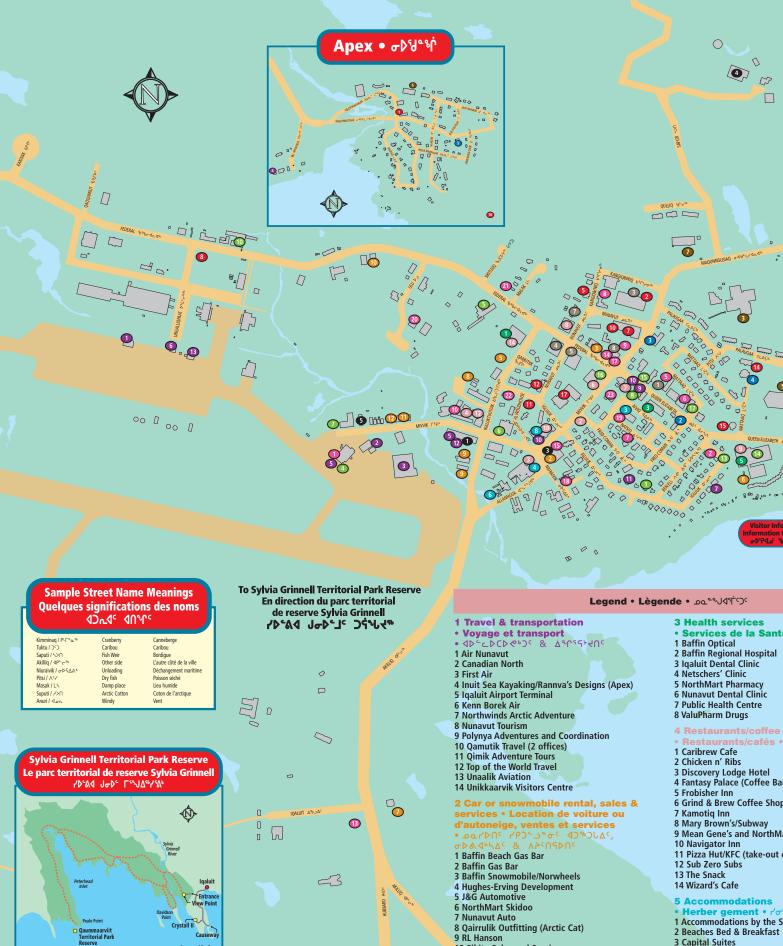
I invite everyone to share in the excitement of Canada's newest capital.

I'm sure you will enjoy your stay in Iqaluit regardless of the reason for your visit. There are a variety of special places that you must be sure to see while you are here - Unikkaarvik Regional Visitors' Centre, Nunatta Unakkutaangit Museum, Nunavut's Legislative Assembly Building, and Nunavut Arctic College's Arts and Crafts Centre. If you are interested in taking something back with you from Iqaluit or Nunavut, there are a wide range of retail outlets with books, arts and crafts, and souvenirs where you are sure to find the perfect item. Make sure to order caribou or arctic char at one of our local restaurants, and why not take a trip with one of our local tour guides or outfitters; the best memories come from experiencing the adventure.

We want you to enjoy your stay while in Iqaluit and to take advantage of the scenery that will leave you breathless.







10 Sikitu Sales and Service

11 Toonoonik Gas Bar 12 Toonoonik Rentals 4 Discovery Lodge Hotel 5 Frobisher Inn

6 Mariner Lodge



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r & Tanning Salon)

(2 locations)

art Deli

only)

7 The Crazy Caribou Bed & Breakfast 8 The Navigator Inn

9 Pearson's Arctic Home Stay

### 6 Recreation, entertainment and meeting facilities • Équipements de récreation, d'amusement et de rèunion •

ΔናΡվ<sup>α</sup> JΔ5ρης, ρ<β5 ርናልና ላጊ bηLልς 1 Abe Okpik Community Centre (Apex)

2 Arnaitok Arena 3 Astro Hill Theatre & Conference Centre

4 AWG Complex Arena and Youth Centre 5 B.P.O. Elks Club

6 Elders' Qammak 7 Frobisher Bay Racquet Club

8 Iqaluit Ball Park 9 Iqaluit Centennial Library

10 Iqalut Curling Rink

11 Iqalut Electronic Amusements

12 L'Association des francophone d'Iqaluit

13 Mary's Movie Club (Astro Hill Mall)

14 Parish Hall

15 QIA Youth Centre

16 Rotary Club Day Park (Apex)

17 Royal Canadian Legion and Cadet Hall

18 Swimming Pool

19 Video Shack/Arctic Ventures

### Retailers • Détaillant(e)s • ত⊳ልণ৾৻৾

1 Arctic Creations

2 Arctic Survival Store

3 Arctic Ventures

4 Arctic Ventures Airport Store

5 Baffin Building Systems 6 Baffin Flower Studio

**Coman Arctic Galleries** 

8 DJ Sensations 9 DJ Specialties

10 Frobuild Construction

11 Igaluit Enterprises

12 Igaluit Fine Arts Gallery/Arts Induvik

13 Northern Country Arts

14 NorthMart

15 Nunavut Arctic College Arts & Crafts Centre

16 Sports Gear North 17 Tittag

### 8 Schools •Écoles • దాంఠీం

1 Agsarniit Ilinniarvik Middle School

2 École des Trois Soleils

3 Inuksuk High School 4 Joamie School

5 Nakasuk School 6 Nanook School (Apex)

7 Nunavut Arctic College

### 9 Places of worship

Lieux consacrés au culte • フ৬ァィơ་ぁ்་

1 Bahai Centre

2 Pentecostal Mission 3 Roman Catholic Church

4 St. Jude's Anglican Cathedral 5 St. Simon's Church (Apex)

### 10 Services • Services • ∧≻º∩¬▷∩°

1 Airport ATM

2 Arctic Express

3 Arctic Ventures ATM

4 Ayaya Communications and Marketing/Nortext

5 Bank of Montreal & ATM

6 Canadian Imperial Bank of Commerce & ATM

7 Innirvik Support Services

8 Mackay Landau

9 News North

10 Northern Futures Limited

11 Nunastar Properties

12 Nunatsiaq News 13 Nunavut Services

14 Qikiqtalluk Corporation

15 Qikiqtani Dry Cleaning 16 Royal Bank ATM (Astro Hill) 17 Royal Bank Branch & ATM

18 Thomas Associates 19 Northern Property

20 Webster-Belleau

21 Nunavut Hair Studio

22 Baffin Hair & Tanning Studio

23 Debbie's Haircuts

### 11 Government

Gouvernement • しぐ೭೬ರ

1 Canada Post

2 CBC

3 City Hall

4 Government of Canada

5 Legislative Assembly Building

6 Nunatta Sunakkutaangit Museum

7 Nunavut Research Institute

8 Nunavut Tunngavik Inc.

9 RCMP (Iqaluit Detachment)

### 12 Utilities

Service public • DLL56d00

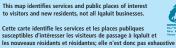
1 Eastern Arctic TV/Arctic Cooperatives Ltd.

2 NorthwesTel

3 Nunanet Communications

4 Nunavut Power Corporation

5 Uqsuq Corporation



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### Iqaluit Δ<sup>1</sup>b Δ<sup>c</sup>

### City of Iqaluit Capital of Nunavut

### **Population**

- · 5,236 (2001 census City estimate is 6,200 for 2002)
- . 3,552 (1991)

### Inuit

· 61% of residents (1991)

### Location

- · 63°45'N 68°31'W
- · 2,060 air km north of Montreal
- · 1,504 air km south-south-east of Grise Fiord
- · 1,699 air km east-south-east of Cambridge Bay
- · 1,175 air km east of Rankin Inlet

### Average annual precipitation

- · 19.2 cm rain
- · 43.3 cm snow

### Official name

· Iqaluit (INUKTITUT for "place of many fish") before 1987 Frobisher Bay for explorer Martin Frobisher

### **Businesses and services**

- · transportation hub for Nunavut
- · capital of Nunavut
- wide range of head offices for northern businesses and organizations; 400 registered service and retail businesses including numerous arts and crafts outlets

### Radio

- · CBC 1230 AM (English and Inuktitut)
- · Radio Iqaluit, CFRT 107.3 FM (French and Inuktitut)
- · CIAQ FM 93.3 (weather forecast)
- · CKIQ 99.9 FM (English, French and Inuktitut)

### HISTORY OF IQALUIT

- 1576 Englishman Martin Frobisher sails into Frobisher Bay believing he has found the route to China
- 1861 Charles Francis Hall, an American, camps at the Sylvia Grinnel River and explores the waters of Kojeese Inlet, which he names after his Inuit guide
- 1942 U.S. Air Force selects Iqaluit's current location as the site of a major air base
- 1943 The HBC moves its trading post from Ward Inlet to Apex
- 1955 Frobisher Bay becomes the center for U.S. Canada Dew Line construction operations
- 1963 US military move out of Iqaluit
- 1964 First community council formed; population of Frobisher Bay is 900

- 1970 Frobisher Bay officially recognized as a Settlement
- 1974 Settlement of Frobisher Bay gains Village status
- 1976 Inuit present the Nunavut proposal to the Federal government
- 1979 First mayor elected
- 1980 Frobisher Bay designated as a Town
- 1982 Government of Canada agrees in principle to the creation of Nunavut
- 1987 Frobisher Bay officially becomes Iqaluit, reverting to its original Inuktitut name meaning "place of many fish"
- 1993 The Nunavut Land Claims Agreement is signed in Iqaluit
- 1995 Nunavut residents select Iqaluit as capital of the new territory
- April 1, 1999 The Territory of Nunavut officially comes into being
- April 19, 2001 Igaluit receives its Order of Official status as a City

### NUNAVUT

### Area

· 1.994 million square kilometres (20% of Canada's area)

### **Population**

· 26,745 approximately 85% Inuit (2001 census)

### IQALUIT AIRPORT - (YFB)

### **Terminal**

- · Completed 1986
- Brilliant yellow chosen over blue, red and orange for its visibility and durability

### Runway

- · Begun in 1942 by U.S. Air Force
- · 8,600 feet long, 200 feet wide
- · 20,000 flights/80,000 passengers annually

### **ANNUAL EVENTS**

Some dates change year-to-year

- · Toonik Tyme spring festival April
- · Nunavut Trade Show Spring
- · Arctic Food Celebration June
- · Canada Day July 1st
- · Nunavut Day July 9th

### AVERAGE MONTHLY TEMPERATURE Igaluit

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### Phone Numbers • Les Numéros de téléphone • Þ్రంగా ఉన్నాయి. City of Igaluit La ville d'igaluit

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Weather forecast Prévisions météorologiques ¿ c o ⊲P∩ Environment Canada (automated) Environnement Canada (automatisé)

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### Wilderness adventures start at the edge of town. Iqaluit—a modern capital with stunning land and seascapes

Iqaluit — a modern capital with stunning land and seascapes knocking on the City's door. First Air offers daily jet service from Ottawa, and three weekly flights from Edmonton and Montreal. Come, enjoy our modern amenities, our awe-inspiring scenery, and our traditional hospitality. First Air brings you here.

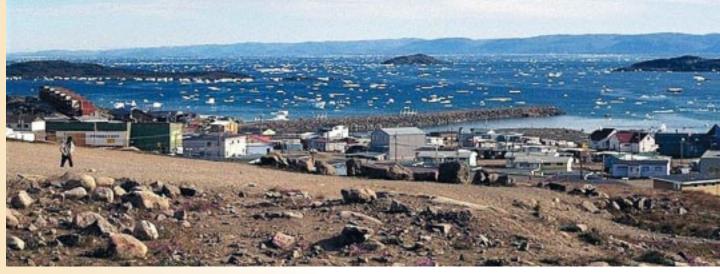




Betty-Ann Eaton Sales Manager, Eastern Arctic

Aēroplan

### Where Mother Nature rules



Welcome to Iqaluit! This seaside wonderland dazzles visitors be it winter or summer.

Blue-tinged ice turns to red rocky terrain come summer as visitors are treated to up to 21 hours of sunshine a day.

Located at 63 degrees North latitude,

Canada's newest capital city is surely its most temperamental — weatherwise.

Whether it's July or December, the weather can change in a heartbeat.

January, February and March are particularly cold months with average temperature around -25C. Biting winds create

severe windchill conditions that can cause frostbite in minutes. Parkas, winter boots, mittens, hats and scarves are all mandatory if you're planning to visit Iqaluit during late fall, winter or early spring.

And remember blizzards and high winds regularly stall travel in the Arctic so don't be surprised if you have to spend an extra night or two in the North, a phenomenon folks refer to as being "weathered-in."

With the cold temperatures comes a shortage of daylight. During December, the sun rises and sets within a four-hour time period.

Night owls will find themselves in for a new experience under the midnight sun.





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Up-to-date temperature and tidal information is available from: Environment Canada's Web site www.weatheroffice.ec.gc.ca or call the weather hotline at (867) 979-6448. Marine forecasts a must when heading out on the ocean - are also available.

During the summer, the sun shines up to 21 hours a day.

Nasty burns can occur if you forget to apply sunscreen. A severe burn is not the memento to bring home from your Northern adventure.

Visitors should note that the further north you travel towards the Arctic Circle, the more or less sunlight — depending on the season — you'll find.

Because Nunavut is a polar desert, rain is minimal. But it's important to be prepared for whatever Mother Nature throws your way.

Whether on the land or water, dress appropriately and take precautions.

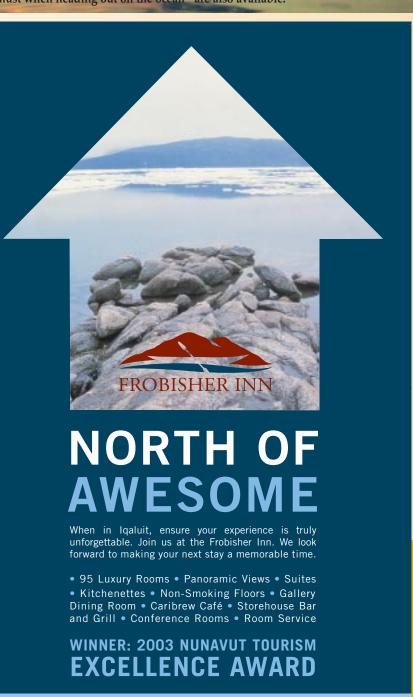
John Thomas photos

Left: Frobisher Bay during breakup in July, Iqaluit 1998. Above: Midnight boating on Frobisher Bay. Below: Floe edge (boating) hunting trip with Andrew Cox in May.





Polar Desert...
Average annual precipitation in Iqaluit is 19.8 cm of rain and 235.8 cm of snow.



Toll Free 1.877.422.9422 Fax 1.867.979.0427 E-mail info@frobisherinn.com www.frobisherinn.com

### The Baffin beckons

Kathleen Lippa/NNSL photo

Baffin Island has stunning scenery. Here is Frobisher Bay during the ice break up.

Rich with adventure and activity, Nunavut's capital, Iqaluit, is known as the gateway to the Baffin region.

Overlooking spectacular Frobisher Bay, the city's history unfolds before your eyes. New commercial, residential and government construction continues to pop up alongside historical settlement buildings.

Life in the city of 6,200 Inuit and Qallunaat (non-Inuit) is a mix of tradition and modern conveniences.

Feasts and caribou hunting are common. Thule ruins are nearby at the ancient hunt camp now known as Qaummaarviit Historic Park. The largest territorial park is also close by. A hike through Katannilik Park makes for some great photo opportunities.

### Out on the land

Spend the day on the land, camp on the tundra under the stars, spend the day sea-kayaking

or hire and outfitter for a wildlife-viewing excursion, the comforts of home will await you upon your return to the city.

Take in some of the culture while enjoying a cappuccino at one of several local cafes, grab a fine hamburger, or try some country food, relax and enjoy Iqaluit's way of life.

Rest your head at one of the city's elegant hotels or curl up and enjoy the hospitality of bed and breakfast. Another day's adventures await.

Several taxi companies operate in Iqaluit. It's a flat rate per person, per ride, but don't be surprised when others decide to join you — it's a common practice to share the same cab.

For some nightlife, trot down to one of the nearby lounges and enjoy a cocktail with new and old friends. A movie theatre and public pool are also within easy walking distance. Don't forget to look up either, the Northern Lights may be dancing just above your head.

Evening walks in the summertime are great under the midnight sun, while spring and fall are the best times to view the Aurora.

Stroll through the streets for a first-hand look day-to-day life in Iqaluit. Sealskins and canvas tents rest next to sport utility vehicles and it's not unusual to see carvers hard at work in their yards.

The city's one-of-a-kind culture and friendly residents are certainly worth the trip.

John Thomas photo

Inuksuk marker at Lewis Bay (Pitsi)

### PHOTOGRAPHY SERVICES AT HOME IN NUNAVUT While you're visiting Iqaluit take advantage of everything

it has to offer including photo services from Stephen Lowe Photography.

- Passport, Visa, FAC and other official photos
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- Event Photography

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### **▲northern lights**

### Night magic

### new pic to come we hope! will redo page at

that time

Merle Robillard/NNSL photo Iqaluit is a great place to experience the magic and majesty of the Aurora Borealis.



John Thomas photo Sunset on Frobisher Bay during boating/hunting trip.

Inuit mythology gives many different roles to the swirls of green and red that commonly arc across the Arctic sky. The Northern Lights, or arsaniit in Inuktitut, are thought to be the souls of those who die of blood loss, together playing a gruesome game of soccer with a walrus head or human skull.

Others say the display is a sign of good weather to come and whistling may cause them to dance furiously or draw closer. Inuit healers would even conduct "spirit journeys" to seek advice in the lights or save departed souls from death.

### Science not as colourful

Modern day explanations are less imaginative but equally interesting. Scientists say the lights are caused by glowing molecular gasses set off by charged particles from the sun.

The opportunity to view this natural phenomenon is certainly worth planning your trip around. Excursions outside the city are easily arranged or simply walk out into the backyard. The best time to view the Aurora Borealis is midnight during spring and early fall.

If you can brave the cold, the light show continues through the winter months. Watchers should be well prepared for the elements though.

The Aurora isn't visible due to extended daylight during the long summer days.

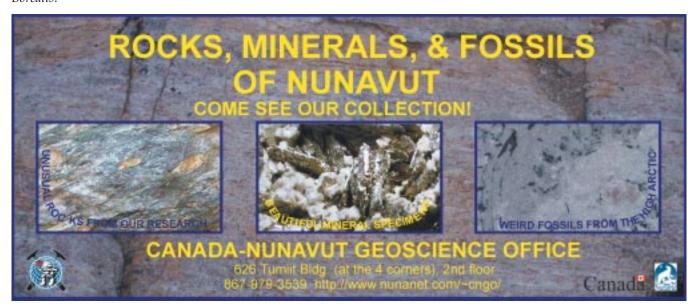


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Inuit Economie, Social & Cultural Well-being through the implementation of the Nunavut Land Claims Agreement



### events

### Toonik Tyme • April 18-23

One of Iqaluit's most popular events, Toonik Tyme is your full Northern experience all in one fun-filled, city-wide event.

Dancing, games, iglu building, dogteam and snowmobile racing, a hockey tournament, Fear Factor and a giant bingo combine to make Toonik Tyme an unforgettable event. Don't miss the sea-ice golf tournament played with fluorescent golf balls, it keeps you positively glowing.

### Rick Hanson Wheels in Motion • June 12

Get active, have fun and help out! Bike, walk, jog, or get moving any way you can for the Rick Hanson Wheels in Motion event. Help beat last year's total of \$1,500. All proceeds benefit spinal cord research.

### *Iqaluit Summer camps* • *June 9*

Treasured and favourite activities of Nunavut youth, day camps take advantage of the long summer days. From July 4 to Aug. 19 residents and visitors can take part in various activities. Whether it's sports or art, there's sure to be something for you.

Registration is held at the curling rink. To receive more information about summer camps in Iqaluit, contact the city's recreation co-ordinator at 979-5617.

### Canada Day • July 1

Rest up, because Canada Day in Iqaluit is a festivity like no other.

The country's newest capital city hosts a Family Carnival, parade, flea market, com-



munity barbecue and other events throughout the city to celebrate the nation's birthday. Wave a flag, celebrate and meet some new friends.

### Nunavut Day • July 9

For many Nunavummiut, this is just as big a day as Canada Day, and certainly an event no visitor wants to miss.

Come and hear some breathtaking throat singing, watch some skilful drum dancing or try some bannock and other traditional foods.

### Join the club • Sept. 10

Every organization and club in Iqaluit has a table at a mass registration day. Fall and winter programs begin in September and this is where to find out about all the great ways that you can spend your spare time.

Various sports, recreation, and volunteer groups are just waiting to sign up new members. Try your hand at minor hockey, soccer, Ti Bo or join one Iqaluit's service clubs and get involved.

### Terry Fox Run • Sept. 18

Last year the whole community came

### Kathleen Lippa/NNSL photo Muqtuq is cut up as part of Iqaluit's Nunavut Day festivities.

together to raise more than \$4,000 during the annual Terry Fox Run. If you're in Iqaluit this September, help do your part. Lace up those running shoes, slip on those rollerblades or get on that bike, because young and old alike get active and help support cancer research.

### Spook-a-rama • Oct. 31

Quite mysterious, a little creepy and some might even say downright terrifying, this drug-and-alcohol-free dance for teens is one of the year's most anticipated events in Iqaluit. Held in a secret location each year, local youth scramble to figure out the top-secret details. Not only is it a ghastly blast, but teens receive a positive message about how to have fun on Halloween night.

Pick up a costume, it's time to stay out late and howl at the moon.

### November

The Nunavut Trade show is held in Iqaluit every year. Organized by the Baffin Regional Chamber of Commerce, business owners from across Canada flock to the city to set up booths and show off their newest products and gadgets.

### December

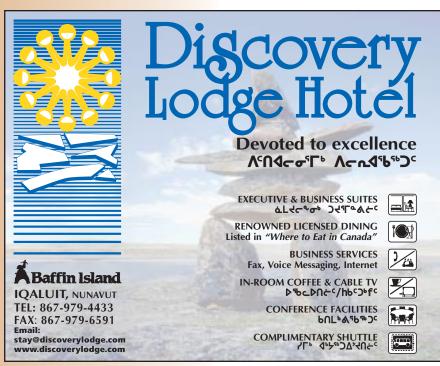
There's no place quite like the Arctic during the holiday season.

Make sure to arrive early to get an up close view of the Big Man himself, remember you're in his neck of the woods now. Residents and visitors line the streets for this holiday favourite: the Santa Claus Parade

For a holiday treat with an Arctic twist, make plenty of time for Christmas Games. Christmas Eve through Jan. 2, traditional Inuit dancing and games take place across the city.

The Qaumakuluit Christmas decorating contest is a particular favourite guaranteed to keep you coming back each year.

If there is any place on earth that understands the winter season, it is the city of Iqaluit. Bundle up, keep warm and be ready for some all out fun.



### **△**dining/country foods

Robert Barrette is the executive **Traditional** modern delights

Iqaluit's menu of eateries is as varied as the foods they serve. Whether you crave fine dining or Northern delicacies, a burger or pizza, temptation is only a short walk away.

Open mainly at meal time, many restaurants are housed in hotels. Visitors are advised to call ahead for reservations.

Mexican, Asian and country foods can be also enjoyed around town in more casual environments.

Those in need of a quick bite or in search of familiar tastes won't be disappointed either. More and more fastfood establishments are opening all time.

Celebratory meals are common and a great way to sample local specialties. If one of the many feasts is not in your schedule, the restaurants are second-to-none

when it comes to sampling "country foods." Most serve several dishes of caribou, char, muktaaq or other native fish and game.

chef at the Frobisher Inn,

Igaluit.

Eateries do serve alcohol. but in accordance with the Nunavut Liquor Act, those who wish to drink must also have a meal.

If a nightcap is all you desire, head over to the Storehouse or Royal Canadian Legion.

Kathleen Lippa/NNSL photos

avour of the land

After thousands of years, Inuit remain intricately connected to the animals and sea life that surround them.

For generations hides and fur provided warmth, marine mammal fat rendered to oil produced heat and light, and fresh meat and fish still make for a nutritious and tasty

A visit to Iqaluit would not be complete without a healthy helping of the wilds' bounty.

Dinner-table regulars, caribou, muskox, fowl, walrus, whales, seal, char, turbot, clams and shrimp are all referred to as country food.

Most restaurants serve their own versions of the mouth-watering treats, often changing to reflect the season. Try something new and order a plateful of deepfried muskox or a caribou steak topped blueberry sauce.

Local businesses also stock a variety of fish and meat for sale. Smoked, dried or frozen Arctic char, clams, shrimp, turbot, seal meat, muskox or muktaaq are all available at reasonable prices. If you have access to kitchen facilities, don't miss out on this chance to try your hand at "country" cook-

Make sure to ask a resident for their favourite recipe or cooking tip, most will only be too happy to share.

Keep and eye out for festivals or community feasts. There is no better way to sample Arctic cuisine, unless you find yourself invited to a local home for dinner. The food will be fresh and traditionally eaten raw or frozen.

David Iqaqrialu carves a seal at Sylvia Grinnell Territorial Park for a feast.



### **▲**shopping

# Loads of Cot Loot

Kathleen Lippa/NNSL photo Claire Kennedy is the owner of DJ Sensations Gift Shop in Iqaluit.

Shopping in Iqaluit is an experience unto itself. Local stores stock a wide variety of gifts and souvenirs, but don't be surprised if artisans approach you with their own handcrafted treasures.

A seamstress with a pair of sealskin kamiks (boots) or a carver handling a dancing walrus could walk up to you in any restaurants or even on the street.

This is a common practice. If you see something you like, pick it up for yourself or a gift, it was meant to be yours.

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Printmakers and jewellers are also known to sell their work in this manner. It is appropriate to haggle a little over the price, but take into account the great time and talent that goes in to each creation and the retail prices down south.

The city is also home to several galleries, specialty art and jewelry stores. If that perfect gift eluded you at the restaurants, these businesses are sure to stock what you desire. The selection and quality will be second to none.

Colourful custom-made parkas and hand-sewn items are also available at a reasonable cost. Traditional garments and a choice of different pelts should be available

A variety of stores in the city will accommodate any day-to-day clothing needs as well. Be it a suit jacket or running shoes, you're likely to find what you need.

For a taste of the Inuit diet, at least one local store specializes in country foods. Enjoy it while you are here or bring some home to share with family and friends. Where else will you get the opportunity to try walrus?

### Small-town charm

It may be a city stocked with small-town charm, but don't fret if you have forgotten a necessity during the day. More and more convenience stores are opening in Iqaluit, many of which are open late.

Two gas stations make for worry-free driving around the city and the area is also equipped with two pharmacies for any cosmetic or medication needs.

If your wallet seems to be having as much of an adventure as you are, never fear. There are two banks in Iqaluit, each with a 24-hour Interac automated teller machine. Major credit cards are accepted nearly everywhere as well.

### Arts & Crafts in Iqaluit

Memories,

reputation

Sought after and appreciated by collectors around the world, Inuit art has long been a central aspect of the local culture.

With more than 4,000 Inuit artists in the territory, it remains a integral part of

the economy and link to tradition.

Mythical figurines have been carved out of the resources available for thousands of years. Used for worship, spirituality or displayed and

appreciated for their beauty, Inuit sculptures have long been prized for their quality.

Ancient carvings as well as traditional clothing and tools can be seen at the Nunatta Sunakkutaangit Museum in Iqaluit. These are most likely, the origins and first examples of Inuit art.

Sculptures, prints, jewelry and handicrafts now receive international acclaim and recognition. And it hasn't been long since art mogul James Houston first made the works famous in Cape Dorset during the 1940s and '50s.

In such a short period of time, Inuit artists have been catapulted onto the world's stage. The success of award-winning filmmaker Zach Kunuk or musi-



photo courtesy of DJ Sensations Carving of a walrus by Juta Ipeelie.

cian/actress Lucie Idlout attest to that fact.

Visitors in search of their own treasured pieces, need only visit one of the many gift shops or galleries in Iqaluit. Carvings depicting

animals, drumdancers, hunters and mothers are all honoured themes.

tradition, global A recent addition to the Inuit arts, jew-A recent addition elry also features expressions of traditional culture. Quality-crafted from

local materials, gold, silver and semi-precious stones; these pieces are certain to become heirlooms.

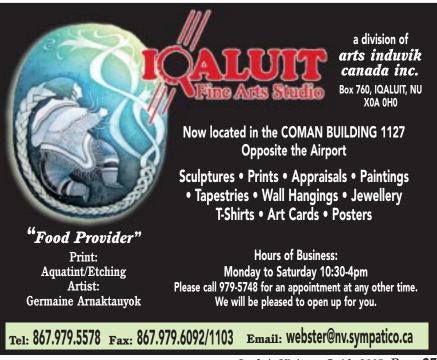
Brooches, pendants, rings, bracelets and more are just part of the loot to be found in Iqaluit.

Handmade and screened prints are



Kathleen Lippa/NNSL photo William Alainga, a Grade 12 student, is already a skilled craftsman. Here he holds an ulu he made.

also available for sale. Oil, acrylic and water-colour painters also sell original works. Traditional hand-crafted clothing and outerwear is easy to find. If you don't find what you want in the stores, some vendors sell their wares in the restaurants and lounges.









Kathleen Lippa/NNSL photos

John Thomas photo

Richarson's Willow sways in the breeze outside of Apex. Dainty Mountain Avens appear on Baffin Island in June. Delightful, purple Fireweed are found at Lewis Bay (Pitsi).





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### **▲**flowers

# Tundra's bold beauty

Brilliantly coloured and hugging the tundra, Nunavut's well-adapted summer blossoms attest to the sweetness of the season.

As the snow melts and releases muchneeded moisture into the ground, Purple Saxifrage — the territory's official flower — is first in bloom. The violet hue is unmistakable.

Broadleaved Willow Herb, also known as Dwarf Fireweed, pops its head up in July, growing in generous swaths along the roadside. It's so impressive the Nunatta Arctic College campus building was designed to resemble the pervasive pink petals.

Soft and simple Arctic Cotton Grass is common throughout the city. Atop the wild grass, white tufts appear.

When it grows in great numbers the effect is simple grace and beauty. The Inuit once used the plant along with dried moss to make wicks for qulliit, or traditional seal-oil lamps.

Arctic Poppies, Mountain Avens, Buttercups, Cinquefoil, Moss Campion, Thrit, Yellow and Purple Vetches and Chickweed also colour Iqaluit's rocky landscape.

To experience the full beauty of Nunavut's flora or the delicious taste of wild berries, take a walk through Sylvia Grinnell Park or hike the "Road to Nowhere."

### Bountiful rewards

Some edible plants or those with medicinal properties also grow in the region.

The tasty Mountain Sorel has leaves rich in vitamin C. Low broadleaved Labrador Tea has long been used as a relaxant.

Visitors are encouraged to sample the berries and edible delights.

Residents warn against picking flowers though. Sturdy Northern plants hug the ground and may look young. But in the words of one outfitter: A young looking

willow could actually be 100 years old.

### Fins & furs

For many, a visit to Nunavut's capital, means world-class hunting and fishing.

The chance to bag polar bears, caribou, muskox, walrus, wolves and wolverines await sport hunters, however, certain regulations must be followed by visitors.

Outfitters are required when hunting some big game species. A complete list of outfitters and the services they provide is available from Nunavut Tourism.

A complete list of all hunting regulations is available from Sustainable Development offices and from most hunters and trappers associations.



Brent Reaney/NNSL photo
Drying seal skins in the community
of Kimmirut.

### Fishing fun

Nunavut's lake trout, Arctic char, Arctic grayling and other species are spirited and robust trophies for anglers.

Regulations for sport fishing also apply. A sport fishing licence is required by anyone who intends to sport fish in Nunavut and is not a beneficiary of the Nunavut Land Claims Agreement.

Licences are available from the Department of Sustainable Development and from many local businesses. As with hunting, fishing licences must be carried at all times and are invalid in parks and protected areas.

Fishermen would also do well to consult local outfitters for help planning trips.



Brent Reaney/NNSL photo Fishing off the rocks at Sylvia Grinnell Park in Iqaluit is a very popular pastime.





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""Ovanga, inuit kaiyut polaktot koyagivatka Iqaluknot, ovagut Kavamakakvikput. Takoyaktoivaklohi Nunavutmik ovalo alliagilogit nunakativut hamaniitot."

Welcome to Iqaluit, Canada's newest capital.

Take the time to explore Nunavut and experience our hospitality."

فـ°۲/Nancy

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### Creatures of the land

John Thomas photos





Impressive in size and grace, polar bears seem to have a particular fondness for Nunavut. More than half the world's population of the majestic white giants call the territory home.

The world's largest land predator, these bears top the Arctic food chain. But with a diet rich in seal meat, it's unlikely you'll encounter one in Iqaluit.

Foxes, lemmings and Arctic hares are commonplace in the city however, and caribou are known to wander onto city streets.

For a closer look, it's best to hire an outfitter. Safety considerations are important and these folks can take you to where the animals live.

A short winter expedition can easily pay off with a bird's eye view of large groups of wildlife — caribou included.

Watch for tracks or ask the guides to point some out. If there are caribou, wolves are usually not far behind.

Several varieties of seal can also be observed around the shores of Koojesse Inlet when the ice melts.

Along the Baffin coast and in Frobisher Bay, beluga, narwhal and walrus are common along with an abundance of Arctic char.

Travel to the Kivilliq or Kitikmeot region if muskox fit your fancy. Well worth the trip, these beasts are a sight to behold.

Few species of birds can endure the harsh Arctic winter. It takes a hardy and resourceful creature to survive. Food becomes scarce and temperatures plummet

The rock ptarmigan, hoary redpoll, snowy owl and ever-present raven do however, call Igaluit home year-round.

Come summer, flocks of migratory birds return to the North in full splendour. Several breeds of gulls, Arctic terns and gyrfalcons among them. Large numbers of black and white snowbunting get an early start, returning in early April.

Various types of fulmars and murres live on the east coast of Baffin Island. Eider ducks and great quantities of geese also summer in the area.

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