

SOME PROGRAMS AND SERVICES

This section is taken from the **Apitendemowin- Ressources document. Please note that the following information has been reorganized for the purposes of this page.*



We see emerging over the past few years, different methods, techniques, programs and services aimed at dealing with the uneasiness related to sexual abuse or again to bring a moral support to people affected by the problem. Some programs proceed by adapting existing programs to the Aboriginal cultural reality and others are the result of initiatives coming from the communities. We are presenting a few for you.

INSTITUTIONAL TREATMENT PROGRAMS INTENDED FOR ABORIGINAL SEXUAL OFFENDERS

❖ **Correctional Services Canada**

Correctional Services Canada has invested over several years in establishing several programs for Aboriginal sex offenders. You can obtain further information by going to the website at the following address: www.csc-scc.qc.ca, or by telephoning the Aboriginal Community Relations Department at 613-995-5465 or the Aboriginal Questions Department at 613-992-8345.

❖ **The Forensic Behavioural Management Clinic**

The Forensic Behavioural Management Clinic of the Native Clans Organization is an innovative evaluation and treatment program for Aboriginal and non-Aboriginal sex offenders. This treatment program integrates traditional practices such as healing rituals in view of permitting offenders to rediscover their culture, their spirituality, their identity and their pride, which consequently requires a will to participate and an openness to integrate new practices on the part of the therapists. One of the essential stages consists of approaching the Elders and their integration into the working group as counsellors and as providers of services such as healing rituals, and counselling. Among the rituals, we find the pipe ceremony, the sweat lodge ceremony and purification ceremony that then lead to counselling sessions (individual or group). The healing rituals are integrated into the cognitive behavioural therapy and do not constitute the only method applied. The central objective of this treatment program is to encourage Aboriginal offenders to undertake, to pursue and to complete their treatment. One of the most important aspects of the program is that it is applied in such a way so as to respect the particular journey of each individual. The evaluation methods must ensure a certain flexibility. The participation rate of Aboriginal offenders

appears to indicate that they respond well to the treatment program. For more information, you can visit the Native Clans Organization's website, at www.nativeclan.mb.ca. Please note that the website is in English only.

❖ **Stony Mountain Institution, Manitoba**

The Forensic Management Clinic offers, as part of the Stony Mountain institution, two principal treatments intended for sex offenders. One program is intended for the general incarcerated population and they can benefit from individual counselling. This group also participates in the production of a manual to prevent relapses for sex offenders and this, with the support of a therapist. The other program is aimed at the inmates at risk and because of the needs raised and multiple problems are placed in preventive isolation. These inmates can benefit from group counselling for sex offenders. They can also receive individual counselling. Work is done on the capacity of the offenders to become aware of the consequences of their acts, notably on the victims, to assume their responsibilities for their acts and to develop their capacity to manage their deviant behaviour and develop new behaviours. The treatment is conceived in a way so that the offender understands the criminal cycle, so that he can compose himself through personal victimization. The family, the social surroundings, sexuality and healthy sexual practices are discussed, attitudes towards women are analyzed and the programs are essentially conceived in order to prevent relapses. The essence of the treatment is based on a cognitive approach and includes a cultural dimension adapted to the incarcerated Aboriginal population, notably the healing rituals offered by the elders.

❖ **Intensive Sex Offender Program For Aboriginal Men, Mountain Institution, B.-C.**

This program is based on a holistic approach aimed at developing among the participants, skills and healthy sexual attitudes with the help and support of the practitioners in the correctional system and the Aboriginal spiritual counsellor. In this program, the spiritual and cultural facets form the basis of the treatment.

❖ **The Stony Mountain and Rockwood Institutions program developed by the Native Clans Organization**

It consists of a program developed for Aboriginal sex offenders, which integrates cultural aspects, such as healing rituals and access to Elders, in the intervention of cognitive behaviour. This program was conceived with a view of supporting sex offenders in their treatment and with a view of improving the management of the risk in the community. In order to do so, parole officers are deliberately informed of the risk factors and the criminal cycle of the offender in order to optimize their surveillance and control, in addition to determining the nature of the support needed. This program therefore aims principally to establish an optimum cooperation between the parole officer and the community correctional centre and thus better manage the reintegration of the offender into the community and better manage the risk to the community. In view of serving new participants and to reduce the waiting lists, the program is offered continuously.

❖ **The Macaza Clinic, Quebec**

The Macaza clinic offers, since 1995, programs aimed at Aboriginal sex offenders. The first objective of this program is to encourage the sex offender to undertake therapy. Several components are deemed essential to facilitate therapy such as: awareness training about Aboriginal cultures for the therapists, access to an Elder and access to family members for the sex offenders. A second objective consists of encouraging cultural and spiritual development, notably through the means of the services of an Elder, called upon to do ceremonies and counselling. This program was conceived principally in view of encouraging the participation of inmates by integrating traditional dimensions of Aboriginal culture with conventional treatment.

❖ **Clearwater Aboriginal Sex Offender Program, Saskatchewan**

This program is offered from a global perspective by a multidisciplinary treatment team that includes an Elder. The Elder participates in all the steps of the treatment program and follows the progress accomplished by the offender enrolled in the treatment. Among the cultural and traditional rituals we find the sweat lodge, individual counselling support for grief, cultural and social activities aimed at acquiring psychosocial capacities but also in view of renewing contact with the Aboriginal culture, the traditions and spirituality. The Elder is called upon, in some cases, to facilitate the social reintegration of the offender into his community. It seems that the experience of collaboration with the healer is encouraging and that this kind of initiative should be maintained.

❖ **Aboriginal Sex Offender Healing Program, Bowden Institution, Alberta**

It consists of a program for Aboriginal sex offenders based on a holistic approach that considers the physical, mental, emotional and spiritual dimensions of the individual. Among the services offered, we find group therapy, and sometimes individual therapy, and services of a spiritual and cultural nature are also provided by an Elder. The objective of the program aims essentially to make the individual responsible for his acts and to recognize the risk factors for recidivism. The program lasts 12 weeks. In order to have access to the program, the sex offenders are first evaluated according to their desire and will to change their behaviour and attitudes. This program ensures a 6-month follow-up after the program.

❖ **Tsow Tun Le Lum Substance Abuse Treatment Centre, B.C.**

It consists of a program of 18 weeks for Aboriginal sex offenders, initiated in 1992. This program includes educational courses, group or individual therapy and meetings with Elders, during which the issues of denial, empathy for victims, the cycle of crime, human sexual values and myths on relationships, as well as the planning and prevention of relapses are dealt with. The participants are invited to share their behaviour, their sexual history and the ill treatment that they themselves have had. The participants develop themselves their own plan to prevent a relapse. Everything is accompanied by courses in stress management, spiritual and traditional teachings offered by the Elders. This program integrates traditional healing rituals with a cognitive behavioural approach.

SOME ABORIGINAL INITIATIVES CONCERNING SEXUAL ABUSE

❖ **Projet Minuinniu Innu: Centre de guérison traditionnelle pour Autochtones, Québec [Traditional healing centre for Aboriginal Peoples]**

This program is an initiative of Ms. Marie-Jeanne André, member of the community of Mani-Uténam. The program is intended for people affected by problems of sexual abuse, substance abuse or violent behaviour, be they victims or offenders. This program offers a treatment, lasting 17 days, founded on an ancestral and holistic healing approach. This program aims principally, through various means of teaching, to give the participants the tools and means to allow them to undertake a healthy personal journey and rediscover their pride and dignity while liberating them from their suffering through reconciling them with the traditional values, spirituality and lifestyles. This program is specifically founded on the cedar baths techniques all the while offering an initiation to Aboriginal spirituality, herbal medicine, the sweat lodge, healing circles and talking circles and other means to offer a post-therapeutic follow-up. This program is offered to all the members of the Aboriginal communities in Quebec. For more information on this program you can telephone 418-927-3151.

❖ **Le Cercle Mikisiw pour l'espoir : Guérison et reconstruction sociale, Manawan [The Mikisiw Circle for Hope: Healing and Social Reconstruction, Manawan]**

Established in 1992, the Mikisiw Circle for Hope constitutes a concerted response to sexual violence and sexual abuse, which recommends a holistic and community approach to healing and reconciliation. To treat issues of sexual abuse, the Mikisiw Circle has developed an action plan consisting of 5 aspects: awareness, information, training, support and intervention. One of the ways developed by the Mikisiw Circle to sensitize and make the population aware of violence in all its forms is the establishment of a healing theatre. The issues among others, are addressed through cultural aspects unique to the Atikamekw nation and aims essentially to encourage exchanges and sharing, but also aims to encourage the offenders, through reflection induced by means of the theatre play, to undertake a healing journey. The theatre piece also aims to encourage the community to break the silence surrounding the problem of sexual abuse. In order to encourage the development of concerted action and the support of the community, many community workers have benefitted from training on the problem of sexual abuse that has allowed them to discern the importance and the urgency to intervene but also to have the adequate means to offer support to abusers, to victims and to families.

❖ **The Waseya Program, Waseskun House, Quebec**

This program, whose approach is based on the principles of restorative justice, is offered to Aboriginal offenders and aims essentially to break the cycle of violence. They treat the deep causes of the offence in view of re-establishing the balance between the various human components, while aiming for wellness and attaining forgiveness. This program deals with the effects on the victims and offenders. The

family and the community are considered to be essential components in the process. For more information contact Waseskun House at 450-632-4580, or visit their website at www.waseskun.net.

❖ **Holistic Healing Circle, Hollow Water First Nation, Manitoba**

Inspired by the Alkali Lake program, the holistic community healing circle of Hollow Water was conceived in order to fight against sexual assault. The establishment of this program was gradual and dates back to 1985. A resource group was first trained, the community was sensitized and instructed, and a training program was organized. Hollow Water members were sent to Alkali Lake to be healed and trained. From this experience was born a unique holistic step in 13 stages founded on traditional values. The community holistic healing circle aims to re-establish balance by rehabilitating people, families and the community to adequately intervene and to heal the problems of sexual assault. The Hollow Water initiative is applied in four communities in Manitoba. An evaluation team associated to the Penal code system guides the activities.

❖ **Anishnabe R.E.S.P.E.C.T. , Manitoba**

The principal mandate of the organization, founded in 1981, is the employment and training of the Aboriginal who are destitute by integrating a support services for participants who are victims of sexual abuse and people with family problems to ensure that they all benefit from the training. The services are offered from a holistic perspective in the presence of Elders. For more information, call (204) 589-5327 / Fax: (204) 586-7745.

❖ **The Ma Mawi Wi Chi Itata Centre, inc. , Manitoba**

Since its founding in 1984, this centre offers a panoply of support services and programs for Aboriginal families in the Winnipeg region, aimed at encouraging and promoting the wellness of families, particularly for children. Among the programs offered, one deals with family violence, another on family support all of which integrate the talking circle. All the programs and services integrate cultural and traditional dimensions. The centre also offers emergency services (shelter). For more information, contact the centre at (204) 925-0300.

❖ **The Yellowhead Family Sexual Assault Treatment Program, Alberta**

This program, initiated in 1983, by therapists, is based on a humanist approach. It is a treatment program intended for sex offenders, their immediate or extended families. The therapeutic process is offered to victims, the offenders, and family members affected by the problem. The undertaking of individual or group therapies is also presented as well as therapies for offending and non-offending members. Also offered is a family rebuilding process. This process takes place over a long period of time, 16 to 24 months, with a post-treatment follow-up of 5 years.

❖ **Canim Lake Family Violence Program, B.-C.**

This innovative program for sex offenders developed by the Canim Lake band consists of seven intervention steps: community orientation, report on relationships, evaluation of the risk and trauma, primary intervention,

reunification, follow-up programs and empirical research and growth. This program also has a facet of aid and intervention with the victims and the communities. Apart from the treatment, which rests essentially on the cognitive behavioural method, this program also uses polygraph tests. As part of the program's logic, the polygraph test constitutes an initial phase of the reconciliation process between the offenders and the community, in the event that the offender does admit having perpetuated sexual assaults in the community and thus begins to open up to discussing, sharing and purification. The polygraph tests are also administered in view of optimizing the follow-up of sexual offenders. Nonetheless, the recourse to polygraph tests, administered by the policing services, remains controversial. This program was conceived and developed from a perspective of dejudicialization, as a alternative solution to imprisonment. In order to benefit from this program, the offenders are obligated to undertake a treatment and assume responsibility for their actions. Also, for this solution to be applied and applicable, the victim, the offender, and the Crown must give their approval. To obtain more information, you can contact the Canim Lake Band at 604-397-2227.

❖ **The Mooka'am Sexual Abuse Treatment Program, Ontario**

The Native Child and Family Services of Toronto offers a treatment program for Aboriginal children who are victims of sexual abuse and Aboriginal adults who were victims during their childhood. The program combines traditional methods with conventional social work practices. One of the objectives is to improve the self-esteem of the people who come to this treatment program, self-esteem as an individual as well as an Aboriginal person, while aiming for healing and devictimization. For more information on this program, contact the Native Child and Family Services of Toronto at 416-969-8510.

❖ **The BIIDAABAN Community Healing Program**

This is an Aboriginal program that was developed in order to deal with the problems of sexual abuse. This program adheres to the principles and procedures elaborated in the Hollow Water Healing Circle. This program aims at healing the family, the person who was abused, the person who has abused, the spouse of the abuser and the community. For more information, you can consult the manual which describes the process : Williams-Louttit, P., Biidaaban : The Mnjikaning Community Healing Model, Second Edition, Mnjikaning, Ontario, 1996. This document is in English only.

❖ **Gwa'sala-'Nakwaxda'xw Family Intervention Program**

It consists of a program set up following pressure from mothers of families concerned about the number of cases of sexual abuse. Nevertheless, this program was only in operation for one year. Yet it remains interesting to examine it so that the elements that led to its failure can benefit program planners. For more information on the subject of this program you can consult the documents: Aboriginal Sex Offenders: Melding Spiritual Healing with Cognitive-Behavioural Treatment, Ottawa, 1997 ; and B.C. Institute on Family Violence, Evaluation of the Gwa'sala-'Nakwaxda'xw Family Intervention Program, B.C. Institute on Family Violence, Vancouver, 1995.

❖ **Martens and Associates**

The Martens and Associates group has developed more than twenty programs on a multitude of topics, particularly in relation to the problem of family violence. The training programs are aimed at police services, social workers, teaching staff, therapists, mental health services providers, counsellors, etc. It also offers support for communities wishing to undertake treatment and holistic programs. They can also provide advice on setting up an alternative justice system. Their different services and fields of expertise are described on their website. They also present a list of their publications, including certain protocols. For more information, you can call 604-583-6612 or consult their website at: www.visions.ab.ca/Hot_Links/NewHotLinksM.htm.

TREATMENT PROGRAMS OFFERED IN INSTITUTIONS- NON ABORIGINAL SPECIFIC

❖ **Philippe Pinel Institute, Montreal**

The Philippe Pinel Institute offers a variety of services, on a in-patient and out-patient basis, among others intended for adult or adolescent sex offenders. On an out-patient basis, the institute has a program for adult sex offenders, generally to male offenders. The institute also has a program for adolescent sex offenders aged 18 and under coming from the institute or referred by youth protection, youth centres, or youth court. The two programs welcome cases that present mixed problems and they accept only those cases where the legal matter is settled. Clients coming from Federal penitentiaries who have a problem of sexual delinquency may have access to evaluation services and specialized treatment through the program intended for clients coming from federal penitentiaries. Their average stay at the institute is about six months. For more information please telephone at (514) 648-8461 or visit the website at www.pinel.qc.ca.

TREATMENT PROGRAMS FOR CHILD SEXUAL ABUSE OFFENDERS – PROVINCE OF QUEBEC – NON ABORIGINAL SPECIFIC

Nota Bene : The following information is taken from the National inventory of treatment programs for child sexual abuse offenders, of Health Canada. The information is in french only.

**Unité d'évaluation et de traitement des troubles du comportement sexuel
Centre hospitalier Robert Giffard (Beauport)**

Tel : (418) 663- 5011 / Fax : (418) 663- 0561

C.P.E.J Saguenay- Lac St-Jean

Tel : (418) 549- 4853 / Fax : (418) 693- 0765

Protection- prise en charge - Hull

Tel : (819) 771- 6631 / Fax : (819) 771- 8221

Intervention éducative de groupe pour jeunes agresseurs sexuels

Tel : (819) 771- 6631 / Fax : (819) 776- 3487

Centre d'intervention en abus sexuels pour la famille

Tel : (819) 595- 1905 ou/or 1-888-368-7243

Fax : (819) 595- 3487

Cyril Ryan- Programme d'encadrement thérapeutique pour les délinquants sexuels ayant abusés d'un enfant

Tel : (819) 997- 2662 / Fax : (819) 953- 9490

Après-coup

Tel : (514) 672- 6461 / Fax : (514) 672- 6742

Groupe de croissance de jeunes agresseurs sexuels

Tel : (450) 928-4747 / Fax : (450) 651- 4908

Traitement des adolescents abuseurs sexuels

Tel : (418) 775- 7241 / Fax : (418) 775- 2618

Centre d'étude et de recherche de l'Université de Montréal (CERUM)

Tel : (514) 283- 8960 / Fax ; (514) 496- 1752

Clinique de psychiatrie légale de l'Hôpital Royal Victoria

Tel : (514) 398- 4554

Centre de sexologie Rockland

Tel : (514) 279- 3789 / Fax ; (514) 341- 3247

Programme d'évaluation et de traitement pour agresseurs sexuels adultes en externe

Centre de psychiatrie légale de Montréal (CPLM)

Tel : (514) 328- 7800/ Fax : (514) 328- 9108

Groupe de support et de réhabilitation Amorce

Tel : (514) 355- 8064 / Fax : (514) 355- 8204

Psychologie et sexologie clinique

Tel : (514) 844- 3363 / Fax : (514) 844- 2397

Programme post-traitement pour délinquants sexuels

Tel : (514) 283- 1776 / Fax : (514) 283- 1783

Clinique Rouleau – Service correctionnel du Canada

Tel : (514) 283- 8960 / Fax : (514) 496- 1752

Centre de psychologie Gouin inc.

Tel : (514) 331- 5530 / Fax ; (514) 336- 9166

Institut Philippe Pinel de Montréal

Tel : (514) 648- 8461 / Fax ; (514) 494- 4402

www.pinel.qc.ca

Intervention de groupe auprès des abuseurs mineurs

Tel : (418) 529- 7351 / Fax ; (514) 525- 5716

La maison Painchaud Inc.

Tel : (418) 661- 0203 / Fax : (418) 661- 4847

Parents Unis Repentigny- Lanaudière

Tel : (450) 755- 6755 ou/or 1-800-229-1152, poste 2923

Fax : (450) 755- 1773

Traitement des abus sexuels

Tel : (418) 723- 1255 / Fax : (418) 722- 0620

suzpro@ssss.gouv.qc.ca

Centre d'aide de traitement des troubles de comportements sociaux (CATTCS)

Tel : (418) 275- 5025 / Fax : (418) 275- 6174

Traitement des familles touchées par l'abus sexuel

Tel : (450) 432- 9753 / Fax : (450) 432- 9869

DPJ – Centre Jeunesse Côte-Nord

(418) 962- 2578 / Fax : (418) 968- 2538

Centre hospitalier régional Mauricie

Tel : (819) 537- 7555 / Fax : (819) 537- 7805

Évaluation et intervention dans les situations d'abus sexuels d'enfants signalées à la Protection de la Jeunesse

Tel : (819) 822- 2727 ou urgence sociale (819) 566- 4121

Fax : (819) 564- 7149

Centre d'intégration en violence et abus sexuels de l'Estrie

Tel : (819) 564- 5127 / Fax : (819) 564- 6531

Service correctionnel du Canada – Centre régional de réception

Tel : (514) 478- 5977 / Fax : (514) 478- 5899

C.P.E.J. Mauricie Bois-Francs

Tel : (819) 372- 3131 / Fax : (819) 372- 9277

Maison Radisson inc.

Tel : (819) 379- 3637 / Fax : (819)379- 3464

Gestion et traitement des délinquants sexuels- Service correctionnel du Canada

Tel : (819) 432- 3737 / Fax : (819) 379- 3464

C.P.E.J. Abitibi-Témiscamingue

Tel : (819) 629- 2676 / Fax : (819) 629- 2689

Service correctionnel du Canada - Établissement de Cowansville

Tel : (450) 263- 3073 / Fax : (450) 263- 1866

Service correctionnel du Canada - Établissement La Macaza

Tel : (819) 275- 2315 / Fax : (819) 275- 2535