



## NATUROPATHIC MEDICINE

Naturopathic medicine is a health care profession that focuses on prevention and uses natural methods and substances to enhance healing. Naturopathic doctors examine, diagnose and treat patients. Their approach emphasizes support and stimulation of the body's own healing mechanisms. Their goal is to empower Manitobans to attain optimal health of body, mind, and spirit by providing safe, drugless naturopathic medical care.

Naturopathic Doctors work in private clinics and integrative medical clinics. They sometimes work in hospitals.

### EDUCATIONAL REQUIREMENTS

Successful completion of a program in naturopathic medicine from an accredited naturopathic college and a score of 75% or better on each NPLEX examination are required.

There are five accredited colleges, one in Canada and four in the United States. Ask the Manitoba Naturopathic Association for a list of accredited colleges and for more information on the NPLEX examinations.

### ASSESSMENT PROCESS

To be licensed as a Naturopathic Doctor in Manitoba candidates must first apply to **The Manitoba Naturopathic Association (MNA)** and submit:

- a completed application form;
- application fee (\$85.00).

The applicant must ensure that:

- an official transcript is mailed directly from their college of study to MNA;
- an official copy of her or his NPLEX examination scores are mailed directly from North American Board of Naturopathic Examiners to MNA; and
- a criminal record check is mailed directly from a Canadian police office to MNA.

When the above documents are submitted to MNA and all requirements have been met the applicant is required to complete a *Manitoba Jurisprudence Examination*. An examination date will be scheduled through MNA.

- The written part of this examination is based on the Manitoba Naturopathic Act. Copies of the Act are provided by MNA. Passing grade is 75% or better. Candidates who are unsuccessful must wait 6 months before they are eligible to re-take this examination.
- The oral or practical part of this examination requires candidates to be prepared to answer questions regarding differential diagnosis, to know how to conduct appropriate physical examinations on a patient and to formulate an appropriate treatment plan.

When all requirements have been met and fees have been paid (licensing fee is \$100.00) candidates are licensed in Manitoba as Naturopathic Doctors (N.D.).

The fees, documentation requirements, and assessment process detailed above are subject to change without notice.

For more detailed information contact:

**Manitoba Naturopathic Association**

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