

# PROGRAMS & SERVICES FOR ABORIGINAL YOUTH



## **YMAP**

YMCA  
Achievement  
Program -  
Aboriginal

## **YACAP**

YMCA Aboriginal  
Cultural  
Awareness  
Program

## **YARI**

YMCA Aboriginal  
Recreational  
Initiatives



YMCA

We build strong kids,  
strong families, strong communities.



## **YMAP: YMCA Achievement Program - Aboriginal**

YMAP provides youth with valuable job and life skills through workshops, career planning, summer employment and leadership development. One-on-one mentorship opportunities provide youth with positive role models, guidance and support to achieve academic, social and employment goals. Successful completion of the program can earn YMAP participants high school credits. Drop in services are available by appointment.

YMAP is for Aboriginal youth:

- 16 to 20 years old
- attending high school

Call the YMCA Achievement Program Aboriginal Youth director at 531-1652 for more information.

## **YACAP: YMCA Aboriginal Cultural Awareness Programs**

YACAP provides Aboriginal peoples from a variety of age ranges with opportunities to participate in programs oriented to promoting and maintaining Aboriginal culture, heritage and tradition. Programs, classes and activities vary in location, times and age groups.

Call the YMCA Aboriginal Cultural Awareness coordinator at 531-1650 for more information.

## **YARI: YMCA Aboriginal Recreational Initiatives**

YARI programs enable Aboriginal youth to take part in a variety of recreational activities at a number of YMCA Calgary sites. This program promotes a healthy, active lifestyle while maintaining a firm sense of Aboriginal identity and awareness. YARI programs also work at building Aboriginal identity, community and awareness, with a positive focus on health, well-being, sportsmanship and an active community-oriented lifestyle.

Call the YMCA Aboriginal Recreational coordinator at 531-1650 for more information.