

### Weekly cost of the Northern Food Basket for a family of four, 1990-2003

Updated  
2003-10-7

	1990	1991	1992	1993	1995	1998	2000	2001	2002	2003
<b>Newfoundland and Labrador</b>										
St. John's	\$120	\$115	\$119	\$121		\$121	\$131			\$144
St. Anthony						\$127				
West St. Modeste	\$136					\$154				
Happy Valley/Goose Bay	\$140	\$141	\$131	\$133	\$136	\$136	\$134	\$150	\$146	\$145
North West River						\$181				
Black Tickle						\$191	\$180			\$195
Cartwright						\$160	\$157			
Rigolet	\$150	\$148	\$183	\$176		\$186	\$184			\$216
Makkovik						\$166				\$178
Postville										\$175
Hopedale							\$168		\$206	
Davis Inlet			\$149	\$164		\$161				
Nain	\$139	\$139	\$140	\$173	\$156	\$159	\$168		\$196	
Labrador City						\$132				

### Weekly cost of perishables in the Northern Food Basket for a family of four, 1990-2003

Updated  
2003-10-7

	1990	1991	1992	1993	1995	1998	2000	2001	2002	2003
<b>Newfoundland and Labrador</b>										
St. John's	\$55	\$51	\$54	\$54		\$52	\$59			\$66
St. Anthony						\$55				
West St. Modeste	\$61					\$70				
Happy Valley/Goose Bay	\$65	\$58	\$55	\$57	\$56	\$58	\$56	\$64	\$64	\$62
North West River						\$79				
Black Tickle						\$84	\$70			\$86
Cartwright						\$64	\$65			
Rigolet	\$65	\$61	\$86	\$79		\$93	\$86			\$104
Makkovik						\$80				\$84
Postville										\$81
Hopedale							\$75		\$103	
Davis Inlet			\$68	\$77		\$71				
Nain	\$66	\$60	\$60	\$88	\$68	\$68	\$74		\$90	
Labrador City						\$56				

### Weekly cost of non-perishables in the Northern Food Basket for a family of four, 1990-2003

Updated  
2003-10-7

	1990	1991	1992	1993	1995	1998	2000	2001	2002	2003
<b>Newfoundland and Labrador</b>										
St. John's	\$65	\$64	\$65	\$67		\$69	\$72			\$78
St. Anthony						\$72				
West St. Modeste	\$75					\$84				
Happy Valley/Goose Bay	\$75	\$83	\$76	\$76	\$79	\$78	\$78	\$86	\$82	\$83
North West River						\$103				
Black Tickle						\$106	\$109			\$108
Cartwright						\$95	\$92			
Rigolet	\$84	\$87	\$97	\$97		\$93	\$97			\$112
Makkovik						\$86				\$94
Postville										\$94
Hopedale							\$93		\$103	
Davis Inlet			\$81	\$87		\$90				
Nain	\$73	\$80	\$80	\$85	\$88	\$91	\$93		\$106	
Labrador City						\$77				