

**Weekly cost of the Northern Food Basket for a family of four, 1990-2006**

Updated  
06/13/2006

	1990	1991	1992	1993	1994	1995	1996	1997	2000	2001	2002	2003	2004	2005	2006
<b>Ontario</b>															
Ottawa	\$103	\$109	\$110	\$115	\$114	\$124	\$120	\$127	\$131	\$142	\$151	\$145	\$140	\$143	\$166
Timmins		\$109	\$117	\$111		\$128	\$124			\$137				\$151	
Kapuskasing		\$132	\$132	\$128											
Moosonee														\$194	
Fort Albany							\$238							\$292	
Kashechewan										\$270					
Attawapiskat		\$219	\$217			\$249	\$228			\$271				\$301	
Peawanuck		\$197		\$185		\$225	\$234			\$272				\$329	
Thunder Bay	\$122	\$119	\$130	\$118		\$138	\$138			\$127			\$125		\$154
Pickle Lake				\$144			\$161			\$176				\$194	
Wunnummin Lake										\$256					
Big Trout Lake	\$190					\$214				\$283					
Sachigo Lake	\$198		\$201	\$211						\$280					
Fort Severn	\$221	\$235	\$228	\$235	\$237	\$249	\$256			\$270	\$275	\$281	\$291	\$298	\$289

**Weekly cost of perishables in the Northern Food Basket for a family of four, 1990-2006**

Updated  
06/13/2006

	1990	1991	1992	1993	1994	1995	1996	1997	2000	2001	2002	2003	2004	2005	2006
<b>Ontario</b>															
Ottawa	\$46	\$49	\$52	\$52	\$50	\$54	\$51	\$57	\$58	\$61	\$72	\$64	\$59	\$62	\$72
Timmins		\$46	\$55	\$46		\$55	\$53			\$60				\$70	
Kapuskasing		\$48	\$55	\$47											
Moosonee														\$81	
Fort Albany							\$100							\$130	
Kashechewan										\$118					
Attawapiskat		\$101	\$97			\$113	\$98			\$115				\$135	
Peawanuck		\$83		\$83		\$101	\$106			\$115				\$135	
Thunder Bay	\$55	\$52	\$55	\$50		\$61	\$58			\$57			\$58		\$66
Pickle Lake				\$54			\$63			\$73				\$81	
Wunnummin Lake										\$119					
Big Trout Lake	\$82					\$94				\$131					
Sachigo Lake	\$90		\$88	\$90						\$129					
Fort Severn	\$101	\$106	\$106	\$110	\$110	\$113	\$119			\$117	\$139	\$127	\$127	\$137	\$132

**Weekly cost of non-perishables in the Northern Food Basket for a family of four, 1990-2006**

Updated  
06/13/2006

	1990	1991	1992	1993	1994	1995	1996	1997	2000	2001	2002	2003	2004	2005	2006
<b>Ontario</b>															
Ottawa	\$57	\$59	\$59	\$63	\$64	\$70	\$70	\$70	\$73	\$81	\$79	\$80	\$81	\$81	\$93
Timmins		\$62	\$63	\$65		\$73	\$71			\$78				\$81	
Kapuskasing		\$84	\$77	\$81											
Moosonee														\$113	
Fort Albany							\$138							\$162	
Kashechewan										\$153					
Attawapiskat		\$118	\$120			\$135	\$131			\$156				\$166	
Peawanuck		\$115		\$102		\$124	\$128			\$157				\$194	
Thunder Bay	\$67	\$67	\$76	\$68		\$77	\$80			\$70			\$68		\$87
Pickle Lake				\$90			\$98			\$103				\$113	
Wunnummin Lake										\$138					
Big Trout Lake	\$109					\$120				\$152					
Sachigo Lake	\$107		\$113	\$121						\$151					
Fort Severn	\$119	\$129	\$122	\$125	\$127	\$136	\$136			\$152	\$137	\$154	\$165	\$161	\$157