

Community Recreation Support Program



2006-2007

Community Recreation Support Program



The Department of Community and Cultural Affairs is committed to working with Island communities to enhance our health and well-being through recreation and active living opportunities.

The Community Recreation Support Program aims to assist communities in meeting the recreational needs of citizens by providing funding and professional assistance.

By working together, I believe that we can provide opportunities for citizens to become more physically active.

Elmer E. MacFadyen, Minister Community and Cultural Affairs

The Community Recreation Support Program is designed to encourage communities to develop and provide opportunities for citizens to become physically active. Never has the importance of physical activity been more prevalent on PEI than since the release of the *Second Report on the Health of Canadians* (September 1999) which indicates that PEI has among the lowest percentage of physically active citizens in Canada.

The Sport and Recreation Division is committed to reversing this trend of inactivity and, with your support, hopes to have Islanders become the most physically active citizens in Canada. Through focusing on the many benefits of recreation, collectively we can promote a lifestyle that will enhance the quality of life of Islanders. The following marketing messages support this initiative:

- Recreation and active living are essential to personal health – a key determinant of health status.
- Recreation is key to balanced human development – helping Canadians reach their potential.
- Recreation and parks are essential to quality of life.
- Recreation reduces self-destructive and antisocial behaviour.
- Recreation and parks build strong families and healthy communities.
- Pay now or pay more later! Recreation reduces health care, social service and police/justice costs.

- Recreation and parks are significant economic generators in your community.
- Parks, open spaces and natural areas are essential to ecological survival.

The Sport and Recreation Division is interested in working with communities by providing both funding and professional assistance in an attempt to help Islanders understand the importance of including physical activity in their daily routines. To encourage Islanders to become more physically active, this division provides grants in the following areas: Arena Support, Leadership, Physical Activity and Projects.

The objectives of all four grants are as follows:

- to enable Islanders to become more aware of the importance and benefits of physical activity in their lifestyles;
- to support facilities which are a major provider of active living opportunities for Islanders;
- 3. to encourage and support leadership development (volunteer, staff and organizations); and
- 4. to support initiatives or projects that promote the active living concept.

Section 1 – Arena Support

Purpose

To support the operations of existing community arenas that provide programs and services that will increase the physical activity levels within communities.

Eligibility Requirements

To be eligible for the Arena Support Grant:

- communities must be a good standing member with the Prince Edward Island Recreation and Facilities Association (PEIRFA). Membership information is available by calling (902) 892-6445 or 368-4789; and
- at least one member must attend a conference sponsored by the PEIRFA, during the current fiscal year.
- Arenas shall be required to have a minimum of one staff certified as a Level One Operator through the Maritime Arena Institute Program (or equivalent). Please contact your regional field officer for course details.

Support Opportunities

- 1. Communities with a population of less than 5,000 and having an artificial ice arena are eligible for an annual operations grant of \$10,000.
- 2. Communities with a population of less than 5,000 and having an indoor natural ice arena are eligible for an annual operations grant on a 50/50 cost-sharing basis to a maximum of **\$6,000**.

Application Process

To apply for any of the above grants, please complete the application form at the back of this booklet (Section 1 – Arena Support) or complete online at www.gov.pe.ca/go/crsp. The Requirements section requests the following information: a copy of the most recent financial statement for your arena operation, a listing of all current programs being offered and any new initiatives to get more people active.

"The best news of all is that physical activity doesn't have to be very hard to improve your health."

The Handbook for Canada's Physical Activity Guide to Healthy Living (Health Canada)

"Did you know that 63 per cent of Canadians are not active enough to achieve the health benefits they need from physical activity?"

The Handbook for Canada's Physical Activity
Guide to Healthy Living (Health Canada)

Section 2 – Leadership

Purpose

To provide recreational leadership in communities and/or geographic regions to:

- educate the citizens in the area of the benefits of recreation and active living;
- become a champion in providing or enabling active living initiatives in the area;
- advise elected officials, staff, volunteers and organizations of new recreational reports and findings; and
- promote the value and importance of being physically active.

Eligibility Requirements

To be eligible for the Leadership Grant, communities must:

- be a good-standing member with the Prince Edward Island Recreation and Facilities Association (PEIRFA). Membership information is available by calling (902) 892-6445 and 368-4789;
- employ a recreation director who has a degree or diploma in recreation, a diploma or degree in a related field with sufficient course work in recreation, or a commitment to complete the required course work to obtain a degree;
- agree to continue the work on developing a Recreation Plan for their community; and
- agree to link their plan with the Provincial Sport Strategy, the Provincial Physical Activity Strategy and the Provincial Healthy Living Strategy.

Support Opportunities

A. Professional Leadership

1. Communities who employ a full-time recreation director whose focus is to provide active living opportunities for the citizens are eligible to receive an annual grant.

New applicants: eligible to receive a maximum of **\$6,000**

Current Recipients: an amount equal to the current level you received in 2004-2005.

B. Training and Development

- Communities will be eligible to apply for financial assistance to attend workshops and to increase the general recreational knowledge and skill of elected officials, staff and volunteers.
- 2. Support for organizational leadership is available by accessing professional assistance from the Sport and Recreation Division.

"Recreation and active living helps people live longer – adding up to two years to life expectancy."

The Benefits Catalogue (Canadian Parks and Recreation Association)

Application Process

To apply for any of the above mentioned grants, communities must complete the application form at the back of this booklet entitled **Section 2** – **Leadership** or complete online at www.gov.ne.ca/go.crsn. In order for your application

www.gov.pe.ca/go.crsp. In order for your application to be processed it must contain the following:

- the job description for the recreation director position,
- a copy of the agreement to service the surrounding communities and
- a strategy to increase activity levels of the citizens within your region (which will be monitored by the regional staff in your area).

Applications will be processed on a first-come, first-served basis. Funding is limited to budget allocation.

"Recreation provides the opportunity for adults to develop their full and holistic potential (physical, social, creative, intellectual and spiritual) – work only does so much."

The Benefits Catalogue (Canadian Parks and Recreation Association)

Section 3 – Physical Activity Projects

Purpose

This program is designed to support communities that:

- encourage active living and develop initiatives that will increase the physical activity of their citizens;
- develop projects that will increase the awareness and provide education on the importance of active living for their citizens;
- are developing new or expanding previous projects with the intent of raising physical activity levels; and
- have a population of less than 5,000 and are looking to upgrade existing facilities that will foster more physical activity within their region.

Eligibility Requirements

To be eligible for a Physical Activity Project Grant, communities must not have received a project grant for a similar type project in the past as these grants are offered on a one-time basis only (not including upgrades or additions).

Support Opportunities

Financial contribution will be allocated based on the impact, range, duration and benefits derived from such a project. Preference will be given to those projects that demonstrate increased opportunities for citizens to become more physically active. A contribution of up to \$500 will be provided for approved projects, however, facility projects can be eligible for assistance up to a maximum of \$1,000 based on a 50/50 cost-share.

Application Process

To apply for a project grant, communities must fill in the application form located at the back of this booklet titled **Section 3 – Projects** or complete online at *www.gov.pe.ca/go.crsp*. In order for the application to be reviewed, communities must provide the following:

- a completed copy of the application form,
- a description of the project and
- an indication of how this project will increase activity levels in your region.

Sport and recreation build social skills and stimulate participation in community life.

Community Recreation Support Program

Application Forms 2006-2007



Community Recreation Support Program *Section 1 – Arena Support 2006-2007*

| Div Mii | partment: vision: nister: ector: | Community and Cultural Affa Sport and Recreation Honourable Elmer MacFadyer John Morrison | Charlottetown, PE C1A 7N8 | | | | |
|------------|------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------|--|--|--|--|
| 1. | Municip | ality | | | | | |
| | Chairper | son/mayor | | | | | |
| | Address | | | | | | |
| | Postal co | ode | Tel (W) (H) | | | | |
| 2. | Councill | or for recreation | Administrator | | | | |
| | Name _ | | Name | | | | |
| | Address | | Address | | | | |
| | Tel | | Tel | | | | |
| 3. | Name of | arena | Manager's name | | | | |
| | | | Email: | | | | |
| 4. | * Artifici * Indoor Require a. A cop b. A list | * Artificial ice in a community with a population less than 5,000 * Indoor natural ice in a community with a population less than 5,000 * Requirements (all applications must include): a. A copy of the most recent financial statement b. A listing of all current programs and any new initiatives to increase physical activity | | | | | |
| | | e of staff with Level 1 Operator | certification | | | | |
| Sig | nature of | municipal officials | | | | | |
| | Name _ | | Position | | | | |
| | Name _ | | Position | | | | |
| | Date _ | | _ | | | | |

Please submit form to the Director of Sport and Recreation at the address listed above or complete online at www.gov.pe.ca/go/crsp.



Community Recreation Support Program *Section 2 – Leadership 2006-2007*

| Departmo Division: Minister: Director: | | Community and Cultural Affairs Sport and Recreation Honourable Elmer MacFadyen John Morrison | | PO Box 2000 Charlottetown, PE C1A 7N8 Phone: (902) 368-4789 Fax: (902) 368-4663 <i>E-mail: jwmorris@gov.pe.ca</i> | | |
|-------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|--------------------|-------------------------------------------------------------------------------------------------------------------------------|--|--|
| . Mur | nicip | ality | | | | |
| Chai Add | | son/mayor | | | | |
| Post | al co | | | | | |
| | | or for recreation | Administrator Name | | | |
| Add | ress | | | | | |
| Tel | | | Tel | | | |
| | | | Email | | | |
| . Reci | Recreation Director's name | | | | | |
| Qual | lifica | ations | Institution obtain | ned from | | |
| Degr | ree _ | | Diploma | | | |
| * Fu | ll-tin | opportunities (please check which ones apply) ne recreation director ng or development opportunities | | | | |
| | Note: For training and development opportunities, please submit a letter of request along with a detailed description and costs of the training and development opportunity to your regional coordinator. | | | | | |
| a. Re | Requirements (all applications must include): a. Recreation director's job description b. A copy of the Community Recreation Plan | | | | | |
| ignatur | e of | municipal officials | | | | |
| Nam | ne | | Position | | | |
| | ne | | Position | | | |
| Nam | | | | | | |



Community Recreation Support Program *Section 3 – Projects 2006-2007*

| Department Division: Minister: Director: | : Community and Composition Sport and Recreation Honourable Elmer John Morrison | on | Charlo Phone: Fax: | x 2000 httetown, PE C1A 7N8 (902) 368-4789 (902) 368-4663 htte://www.jwmorris@gov.pe.ca | | | | | |
|---------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|--|--|--|--|--|
| 1. Munici | pality/Organization | | | | | | | | |
| Chairpe (<i>Please</i> | erson/mayor/president circle one) | i | | | | | | | |
| Addres | s | | | | | | | | |
| Postal o | code | Tel (W) | | (H) | | | | | |
| 2. Project | title | | | | | | | | |
| Locatio | n | | | | | | | | |
| Contact | t person | Email: | | | | | | | |
| Postal o | code | Tel (W) | | (H) | | | | | |
| | f Project Education and aware Facility project Recreation event New or expanded act | | | | | | | | |
| 4. Amour | nt of total project: | | Amount of request: | | | | | | |
| a. Inclu b. Ident c. Inclu | Requirements (please include the following): a. Include a detailed description of the project (no more than two pages) b. Identify the target group and the estimated number of benefactors c. Include a breakdown of costs, including any other funding partners d. An indication on how this project will impact on activity levels in your region | | | | | | | | |
| Signature o | of municipal officials | and/or organization offici | ial: | | | | | | |
| Name | | | Position | | | | | | |
| Name | | | Position | | | | | | |
| Date | | | | | | | | | |
| in your are | mit form to the region a or complete online a.ca/go/crsp. | | Jo-anne Wallace – Western – (902) 859-8861 François Caron – Central – (902) 432-2706 Vacant – Eastern – (902) 368-5509 | | | | | | |