

# Activity 5



## STOCKING THE CUPBOARD - AND THE FRIDGE



**STUDY QUESTION:**

How many garden products can you find at home?

**THE ACTIVITY:**

In this activity children identify common garden products used in their homes.

**SUBJECT AREA:**

Science

**CURRICULUM CONCEPTS:**

### MATH

Sort objects to one attribute chosen by themselves or the teacher.

**AGRICULTURE CONCEPTS:**

Vegetables as food: food processing.

**PURPOSE**

To introduce children to the process of classification (noticing differences and similarities of vegetables).

To give children the opportunity to further develop language skills as they learn about vegetables.

**MATERIALS REQUIRED:**

Small cards, approximately 3 X 5 inches.

Garden products, fresh and processed.

**TIME REQUIRED:**

2 to 3 class periods.



## **PROCEDURE**

### **Part One**

#### **Introduction**

Ask children to name their favorite vegetable and draw a picture. Have children guess Slide's favorite vegetable. Identify the turnip as his favorite. Then have children identify the vegetables that have not been mentioned already.

### **Part Two**

#### **Preparation**

Identify categories of garden products such as vegetables growing above the ground, vegetables or fruits cooked into a sauce and canned. Assign groups of children to bring samples of each type of product for showing in class.

### **Part Three**

#### **Describing Classifying**

As each child shows his or her product, write its name on a card or have the child label the card. Put the products on the table and the labels into a hat or a box. Then let each child retrieve one label, read it and find the item that goes with it. Have child rate the product (Good — Excellent) according to nutritional value.

#### **Reading Game**

### **Part Four**

#### **Conclusion**

Sort the products or labels in various ways - e.g. fresh-processed; big-small, fruits, vegetables; uses. Return briefly to the study question to note the many garden products in our homes.

### **FOR DISCUSSION**

What kinds of things do vegetables give us when we eat them?

What can be made out of vegetables?

Do you think canned vegetables are as good as fresh ones?

### **EVALUATION STRATEGIES**

Have children write up the uses of their favorite vegetable and note the ideas and draw picture to go along with the information.

Have children write up a short ad that promotes their favorite vegetable.

**RELATED ACTIVITIES**

1. Make a supermarket display or create a farmer's market.
2. Prepare an experience chart about the uses of garden products, as illustrated below:

Apples are used for pie filling.

Apples are used for \_\_\_\_\_.

Apples are used for \_\_\_\_\_.

3. Make salads during one class.



