

**Selective COX-2 inhibitor Non Steroidal  
Anti-Inflammatory Drugs  
Expert Advisory Panel and Public Forum**

**Gastrointestinal and Cardiovascular Safety of  
Lumiracoxib, Ibuprofen, and Naproxen**

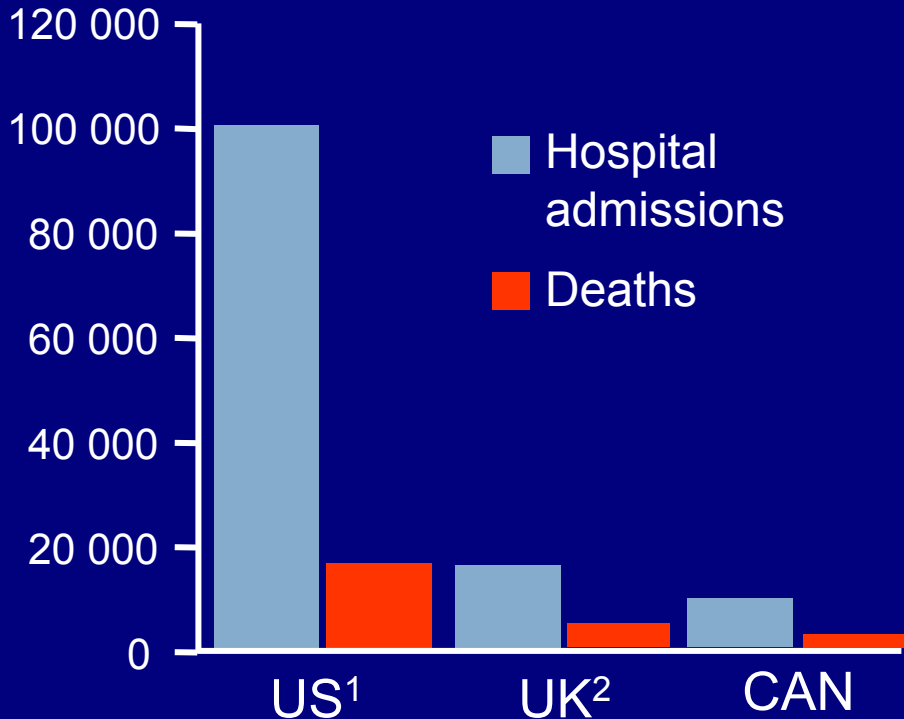
**Ottawa, June 9, 2005**

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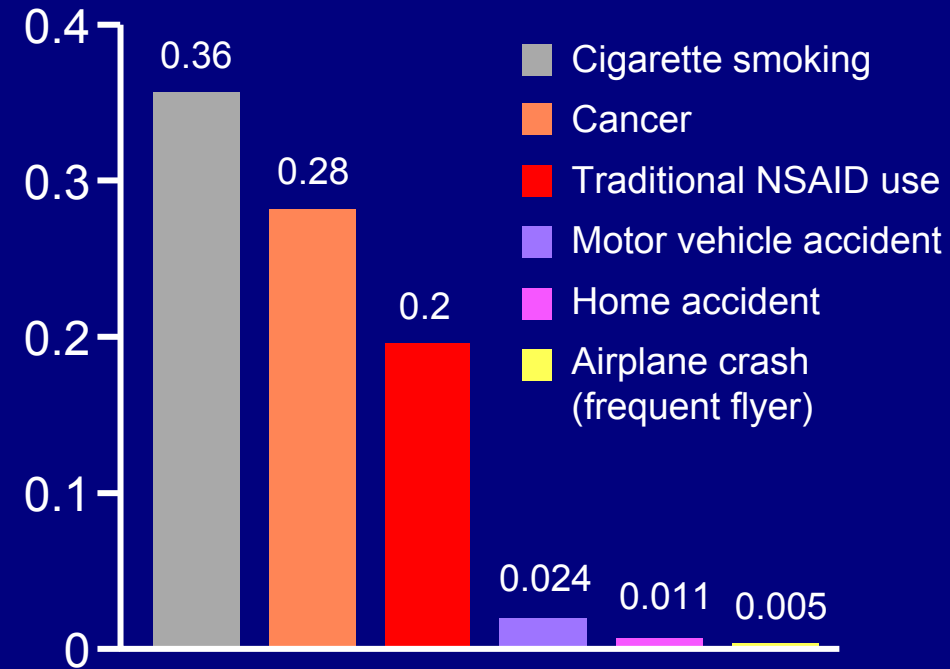
**Pier-Giorgio Fontana, PhD  
Vice President Drug Regulatory Affairs  
Novartis Pharmaceuticals Canada Inc.**

## Traditional NSAIDs used for OA are associated with serious GI ulcer complications, including death

Number of GI complications per year



Annual risk of death (%)

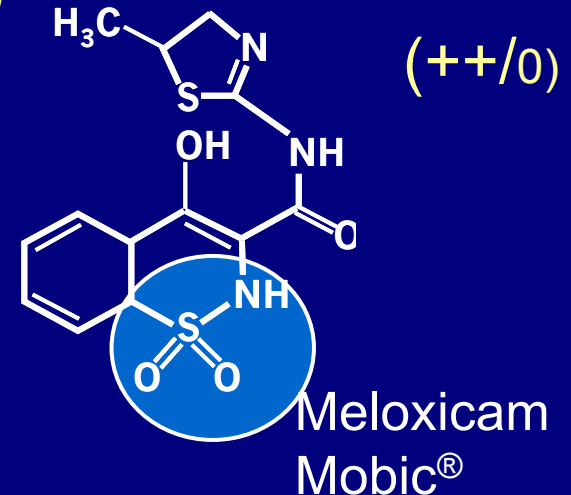
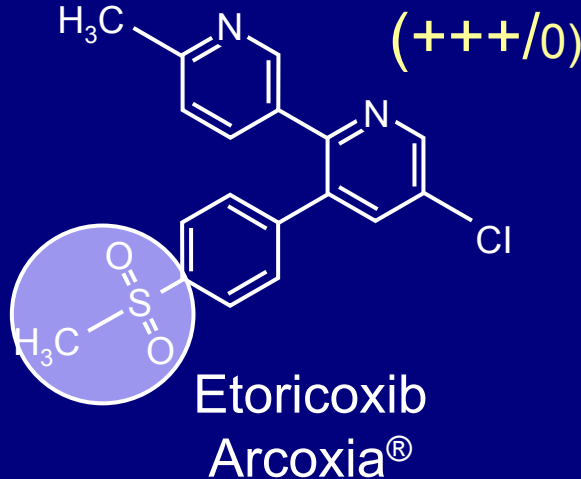
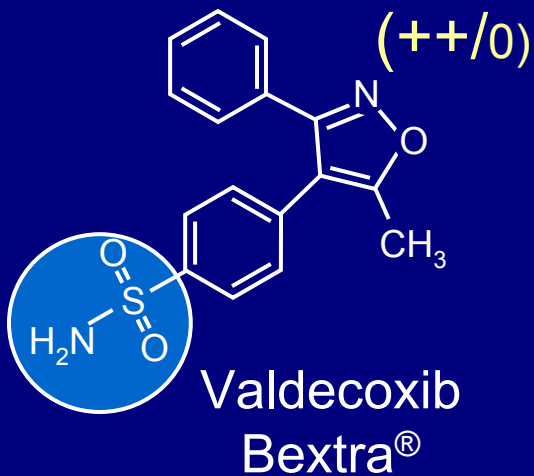
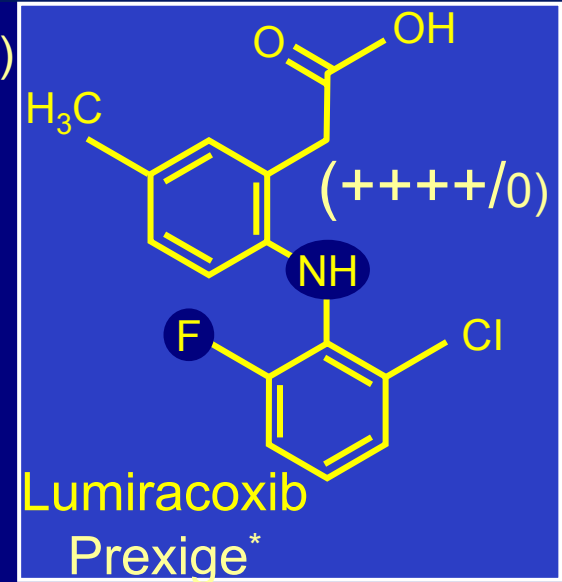
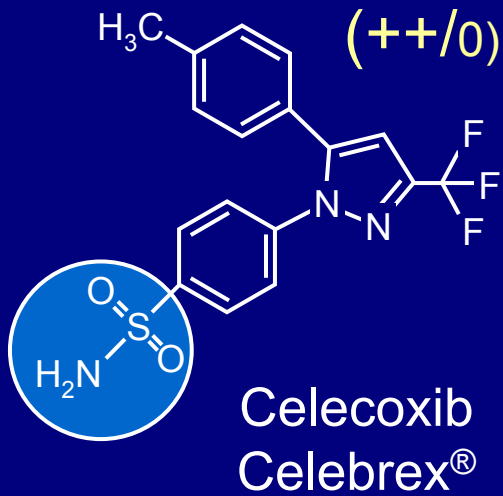


1. Singh G, *et al.* J Rheumatol 1999;26 (Suppl.56):18-24.

2. Blower AL, *et al.* Aliment Pharmacol Ther 1997;11:283-291.

Fries J, *et al.* 1991; Wilson R, Crouch E. 1987.

# Chemical structures of COX-2 selective inhibitors (COX-2/COX-1 selectivity)



## Prexige and its Distinct Characteristics

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- **highly selective COX-2 inhibitor with a structure very different from the other COX-2 selective inhibitors available (contains no sulfur)**
- **persists within the inflamed tissue compartment, an effect not observed with the other COX-2 selective inhibitors.**
- **rapidly absorbed in healthy subjects, reaching peak plasma concentrations 1–4 hours after dosing and a mean half-life ( $T_{1/2}$ ) of 3-6 hours.**
- **associated with significantly fewer symptomatic ulcers and prespecified GI AEs than traditional NSAIDs.**
- **favorable blood pressure profile, measured by significantly smaller changes from baseline in systolic and diastolic blood pressure compared with NSAIDs.**

## Key points

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- Each NSAID/COX-2 selective inhibitor has a benefit-risk profile that must be considered individually
- Novartis development program provides clinically informative safety data for lumiracoxib, ibuprofen and naproxen
- Safety profile of lumiracoxib differs from non-selective NSAIDs and other COX-2 selective inhibitors

## Presentation overview

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- Presentation of the Therapeutic Arthritis Research and Gastrointestinal Event Trial (TARGET)
  - Largest (18,325 patients) GI outcomes study conducted in OA patients
  - Compared lumiracoxib to naproxen and ibuprofen
  - Lumiracoxib dose is 4x the recommended chronic OA dose
- Presentation of comprehensive meta-analysis of CV safety
  - Includes all completed randomized controlled clinical trials of lumiracoxib with durations  $\geq 1$  week (22 trials; 33,933 patients)
- Definitive GI benefit in non-aspirin population
- No significant CV risk in meta-analysis of all lumiracoxib studies  $>1$  week

# Participants

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- Presentation:
  - Patrice Matchaba, MD  
Global Medical Director, lumiracoxib program,  
Novartis Pharmaceuticals

# TARGET

## Unique design principles

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- TARGET was powered to investigate upper GI ulcer complications – ‘COX-2 promise’
- Increase in study size (>18 000) to include patients on low-dose aspirin
  - CLASS and VIGOR each had 8000 patients
  - Stratification of patients by low-dose aspirin use (24%)
  - CLASS (no aspirin stratification) and VIGOR (no aspirin)
- Fixed-term design (12 months) in order to increase power
  - CLASS (minimum 6 months) and VIGOR (median 9 months)
- Inclusion of two NSAIDs: naproxen and ibuprofen: not all NSAIDs have the same GI and CV profile
- Prospective expert adjudication committees



# TARGET Study

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## Objective:

- Compare lumiracoxib 400 mg od (4 times OA dose) to NSAIDs (naproxen and ibuprofen at maximum label doses)
  - GI ulcer complications
  - CV events
  - renal, hepatic, and overall safety

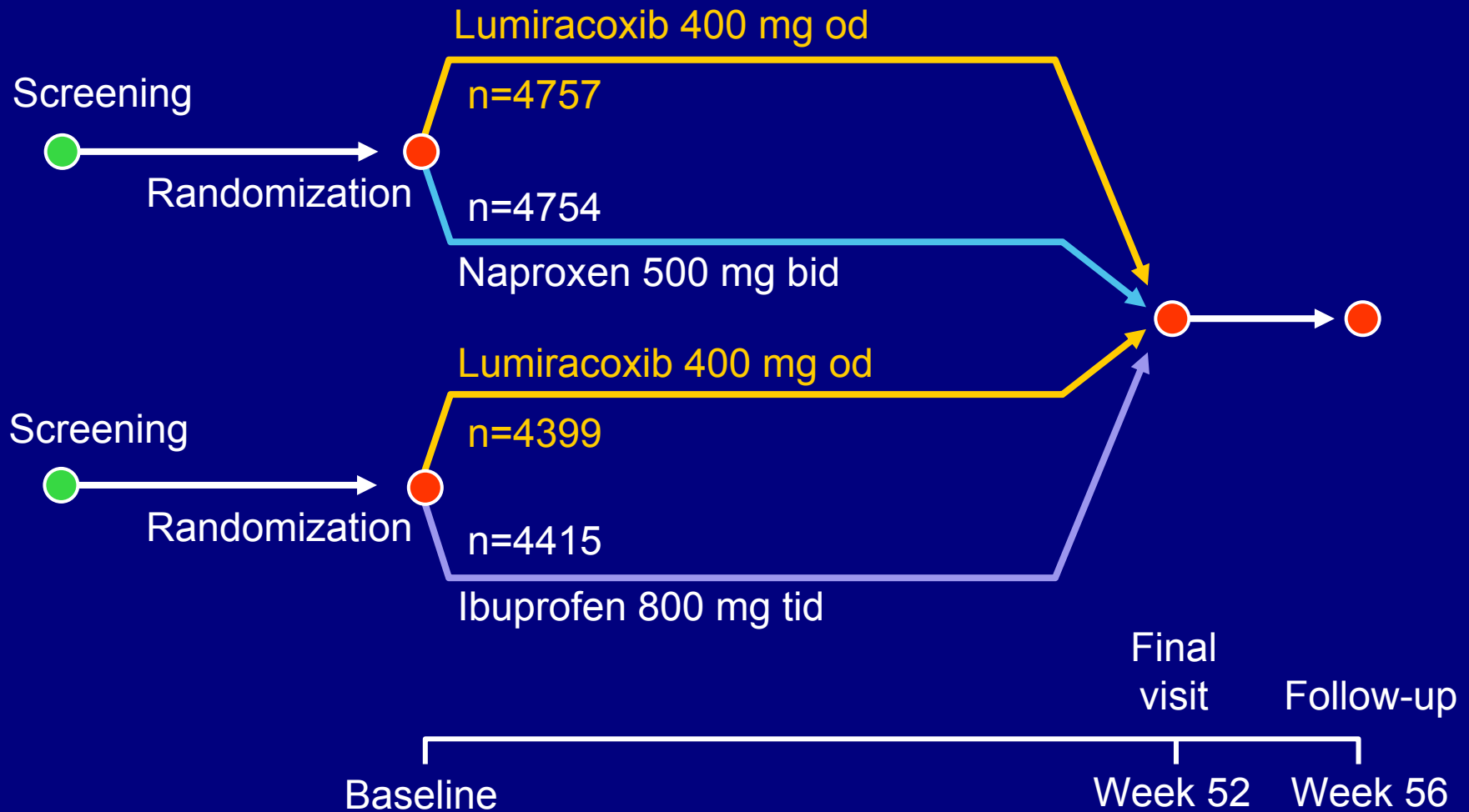
## Key inclusion criteria

- Patients  $\geq 50$  years with primary OA
- Patients at high risk for CHD requiring aspirin (75–100 mg)

## Key GI exclusion criterion

- Active GI ulceration within the previous 30 days, bleeding of the upper GI tract in the previous year, or history of gastroduodenal perforations or obstructions

# TARGET Study design



# Major endpoints were prospectively defined and adjudicated by independent external committees

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3 independent safety committees (GI, CV and hepatic)

Cardiovascular endpoints adjudicated:

- Coronary events: MI (silent and clinical), unstable angina, cardiac arrest, cardiovascular death
- Cerebrovascular events: stroke (ischemic and hemorrhagic), TIA
- Deep vein thrombosis
- Pulmonary embolism

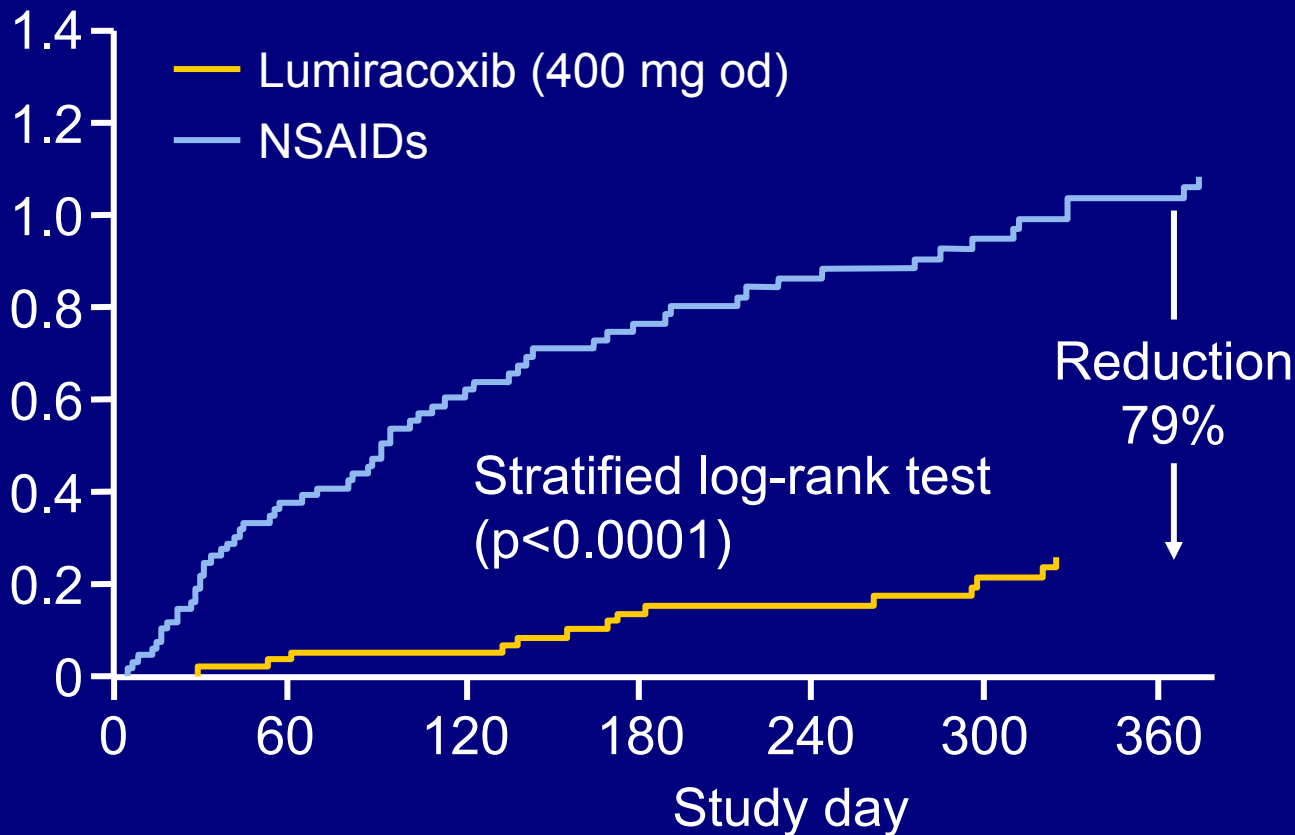
## Patient demographics

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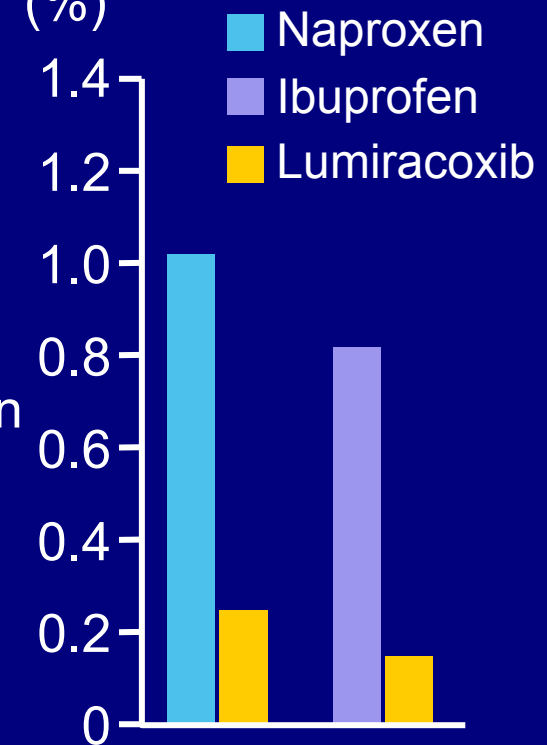
- Mean age 63 years; 76% female
- 24% aspirin use (per stratification)
- 12% at high CV risk  
(CV history or as defined by Framingham criteria)
- Many patients had comorbidities
  - 45% had hypertension
  - 20% had dyslipidemia
  - 8% had diabetes
- More than 60% completed 12 months of treatment

# Fewer ulcer complications with lumiracoxib compared to NSAIDs (non-ASA population)

Cumulative incidence (%)



Crude incidence (%)



# Consistent trend towards benefit in ASA population

Favors lumiracoxib

Favors NSAIDs

Upper GI ulcer  
complications in ASA population

0.79 (0.40–1.55)  
p=0.4876

21% reduction

Symptomatic ulcers and upper GI ulcer  
complications in ASA population

0.73 (0.47–1.14)  
p=0.1706

27% reduction



HR and 95% CI

## Relative risk of upper GI ulcer complications in patients with at least one GI risk factor\*

	Number of subjects at risk	Number (%) of subjects with events	RR	95% CI	p value
<b>Overall population</b>					
Lumiracoxib	6629	23 (0.35)			
NSAIDs	6687	75 (1.12)			
Lumiracoxib vs NSAIDs			0.31	0.19–0.49	<0.0001
<b>Study 0117</b>					
Lumiracoxib	3582	16 (0.45)			
Naproxen	3549	45 (1.27)			
Lumiracoxib vs naproxen			0.35	0.20–0.62	0.0002
<b>Study 2332</b>					
Lumiracoxib	3047	7 (0.23)			
Ibuprofen	3138	30 (0.96)			
Lumiracoxib vs ibuprofen			0.24	0.11–0.55	0.0002

\*Age >65 years or use of low-dose aspirin or history of GI ulcer or bleed, or *h. pylori* positive

## Summary of GI data

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- Definitive GI benefit for patients taking lumiracoxib compared with naproxen and ibuprofen
  - in the population not taking low-dose aspirin
  - in the high GI risk population
  - in the overall population
- Consistent trend towards benefit in the population taking low-dose aspirin



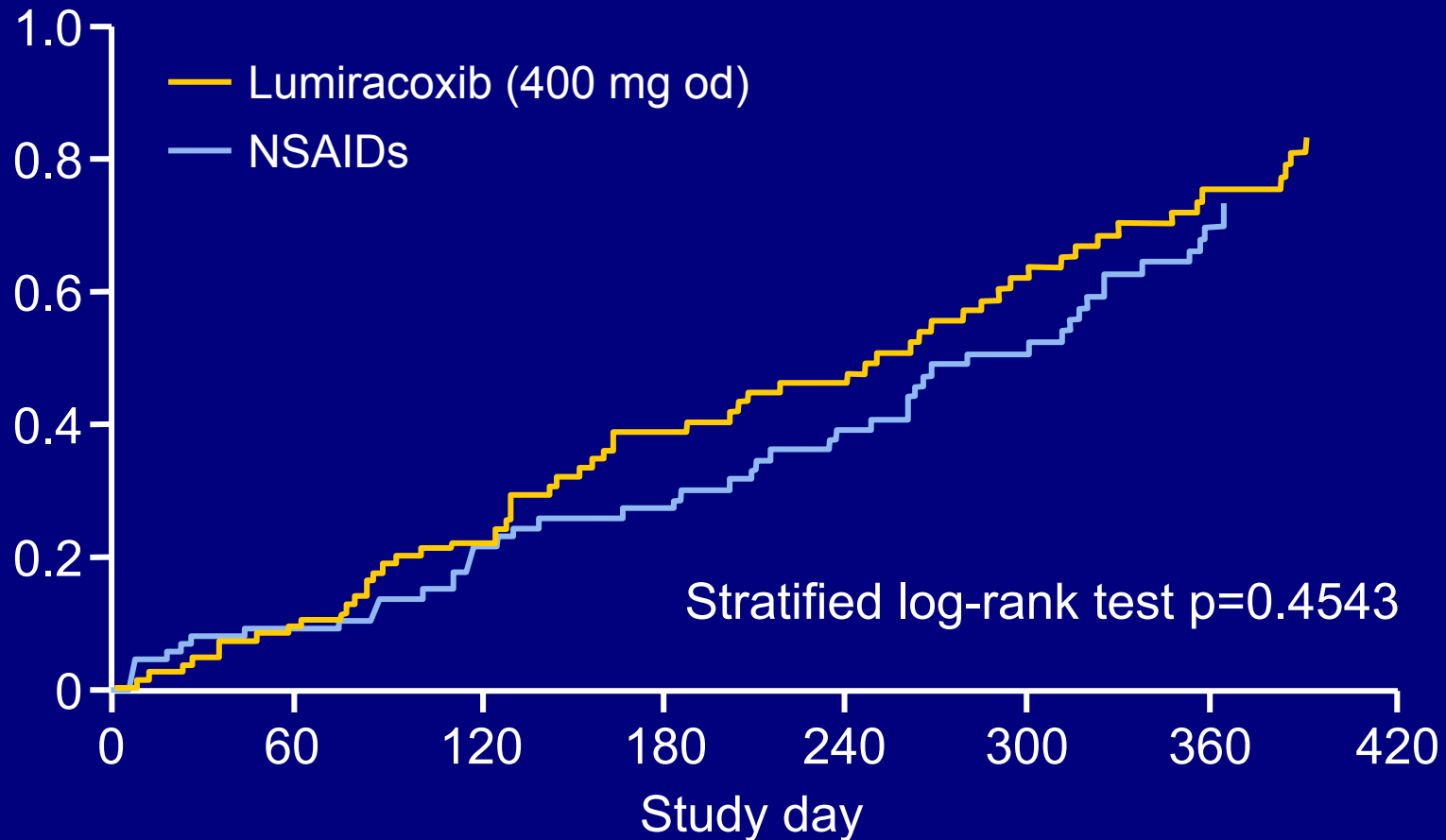
## APTC endpoint components

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- Anti-Platelet Trialist Collaboration endpoint:  
Suspected cases blindly adjudicated by CV Safety Committee as confirmed or probable
  - non-fatal MI, including silent MI (ECG-detected)
  - non-fatal stroke (ischemic or hemorrhagic)
  - CV death

# No difference in cumulative rate of APTC endpoint between lumiracoxib and NSAIDs in overall population

Cumulative incidence rate (%)



## Patient demographics

### Differences in CV baseline risk between substudies

	Study 0117		Study 2332	
	Lumiracoxib n=4741	Naproxen n=4730	Lumiracoxib n=4376	Ibuprofen n=4397
	n (%)	n (%)	n (%)	n (%)
Low-dose aspirin	1198 (25)	1199 (25)	978 (22)	970 (22)
High CV risk or CV history	657 (14)	643 (14)	484 (11)	423 (10)
Systolic/diastolic BP: SBP >140 mmHg or DBP >90 mmHg	2088 (44)	2100 (44)	1642 (38)	1592 (36)

High CV risk or CV history is defined as patients at high cardiovascular risk defined by the Framingham risk-assessment equations, or patients with a history of CV events.

## No significant difference between lumiracoxib and ibuprofen in APTC endpoint

	Number of subjects at risk	Number (%) of subjects with events	Cox proportional hazards model		
			Hazard ratio	95% CI for hazard ratio	p value
<b>Overall population</b>					
Lumiracoxib	4376	19 (0.43)			
Ibuprofen	4397	23 (0.52)			
Lumiracoxib vs ibuprofen			0.76	0.41–1.40	0.3775
<b>Non-aspirin population</b>					
Lumiracoxib	3401	13 (0.38)			
Ibuprofen	3431	13 (0.38)			
Lumiracoxib vs ibuprofen			0.94	0.44–2.04	0.8842
<b>Aspirin population</b>					
Lumiracoxib	975	6 (0.62)			
Ibuprofen	966	10 (1.04)			
Lumiracoxib vs ibuprofen			0.56	0.20–1.54	0.2603

## No significant difference between lumiracoxib and ibuprofen in confirmed or probable MIs (clinical and silent)

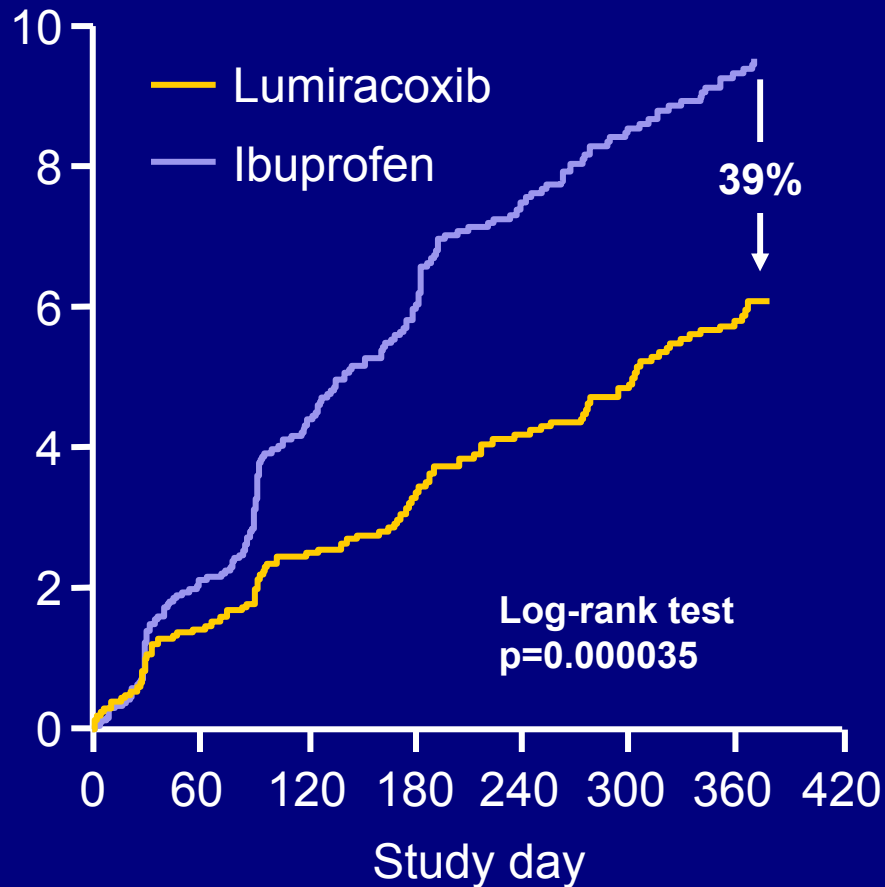
	Number of subjects at risk	Number (%) of subjects with event	Cox proportional hazards model		
			Hazard ratio	95% CI for hazard ratio	p value
<b>Overall population</b>					
Lumiracoxib	4376	5 (0.11)			
Ibuprofen	4397	7 (0.16)			
Lumiracoxib vs ibuprofen			0.66	0.21–2.09	0.4833
<b>Non-aspirin population</b>					
Lumiracoxib	3401	4 (0.12)			
Ibuprofen	3431	5 (0.15)			
Lumiracoxib vs ibuprofen			0.75	0.20–2.79	0.6669
<b>Aspirin population</b>					
Lumiracoxib	975	1 (0.10)			
Ibuprofen	966	2 (0.21)			
Lumiracoxib vs ibuprofen			0.47	0.04–3.93	0.5328

## No significant difference in confirmed or probable ischemic or hemorrhagic stroke between lumiracoxib and ibuprofen

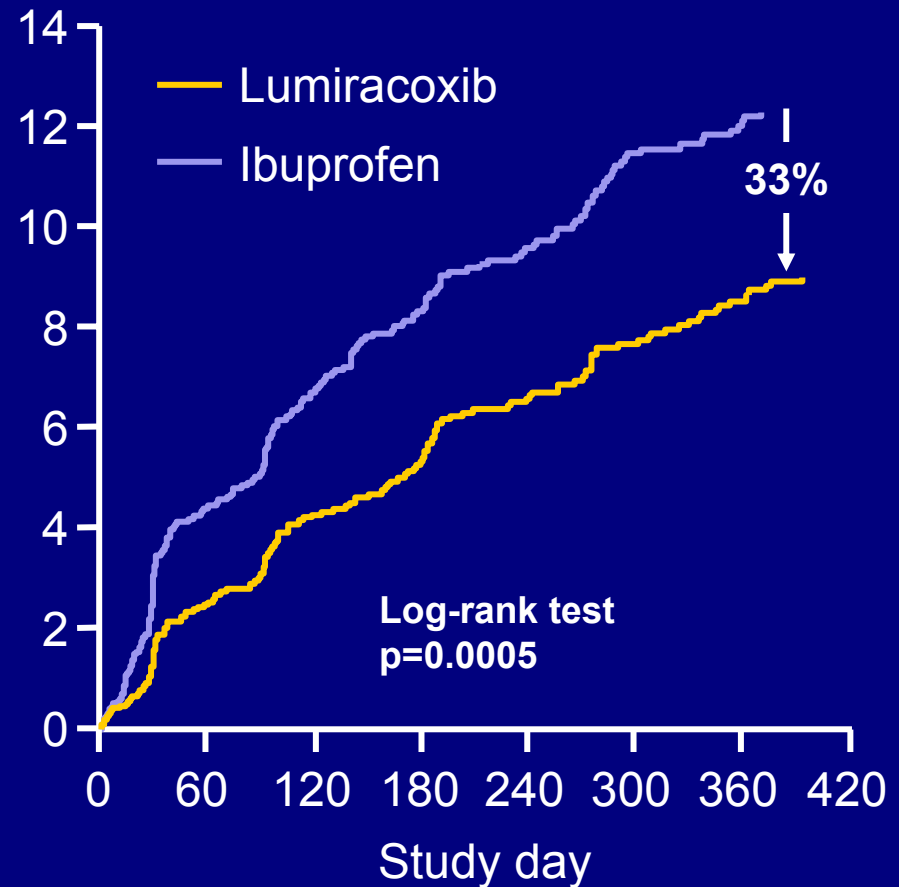
	Number of subjects at risk	Number (%) of subjects with event	Cox proportional hazards model		
			Hazard ratio	95% CI for hazard ratio	p value
<b>Overall population</b>					
Lumiracoxib	4376	8 (0.18)			
Ibuprofen	4397	9 (0.20)			
Lumiracoxib vs ibuprofen			0.82	0.32–2.13	0.6844
<b>Non-aspirin population</b>					
Lumiracoxib	3401	6 (0.18)			
Ibuprofen	3431	5 (0.15)			
Lumiracoxib vs ibuprofen			1.16	0.35–3.79	0.8109
<b>Aspirin population</b>					
Lumiracoxib	975	2 (0.21)			
Ibuprofen	966	4 (0.41)			
Lumiracoxib vs ibuprofen			0.47	0.09–2.56	0.3812

# Lower incidence of hypertension with lumiracoxib vs ibuprofen

Cumulative incidence of *de novo* hypertension\* (%)



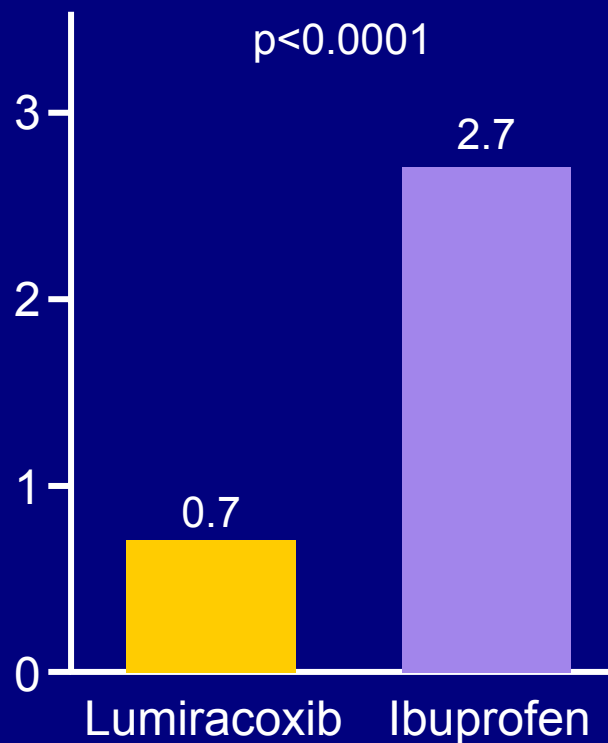
Cumulative incidence of aggravated hypertension\* (%)



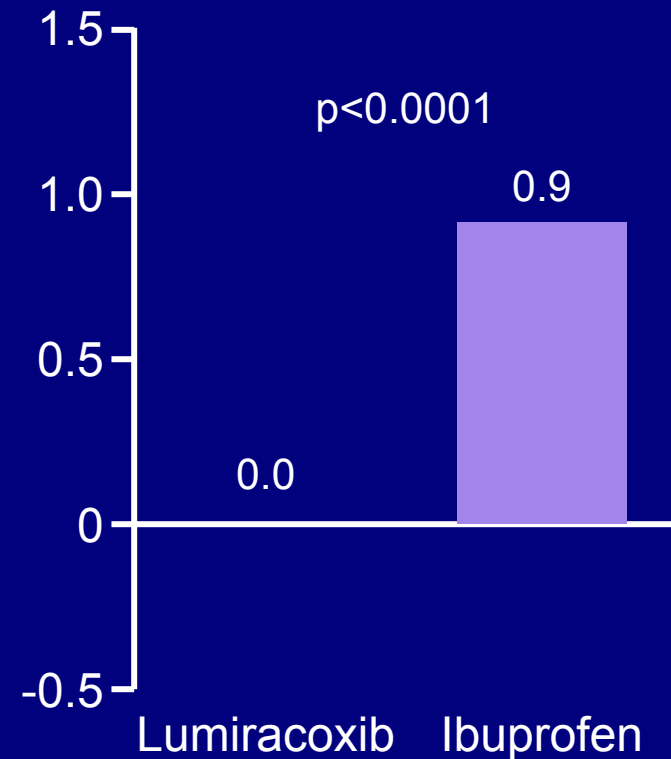
\*based on the AE preferred terms

# Significantly larger increases in blood pressure with ibuprofen

Change in systolic blood pressure  
(least-square means, mmHg)



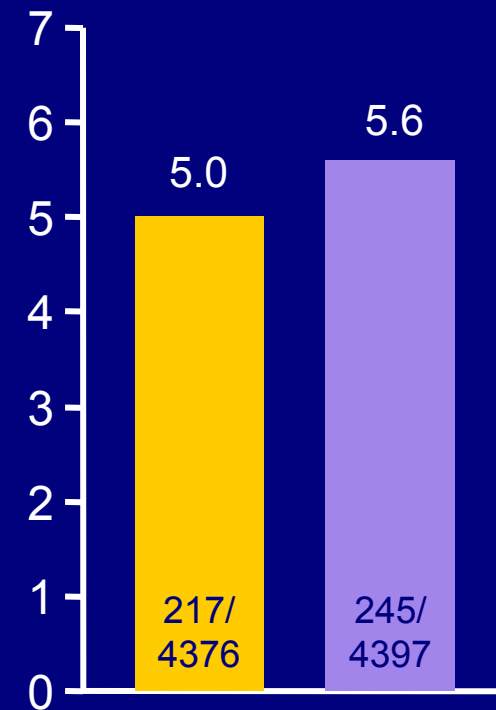
Change in diastolic blood pressure  
(least-square means, mmHg)



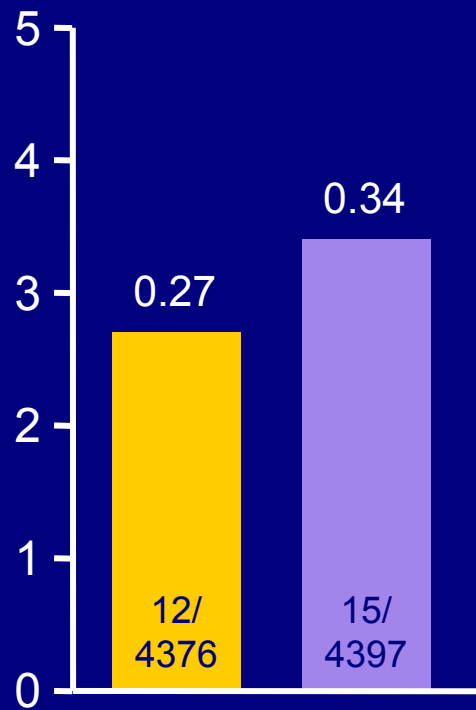


# Incidence of edema, congestive heart failure and weight gain of lumiracoxib vs ibuprofen

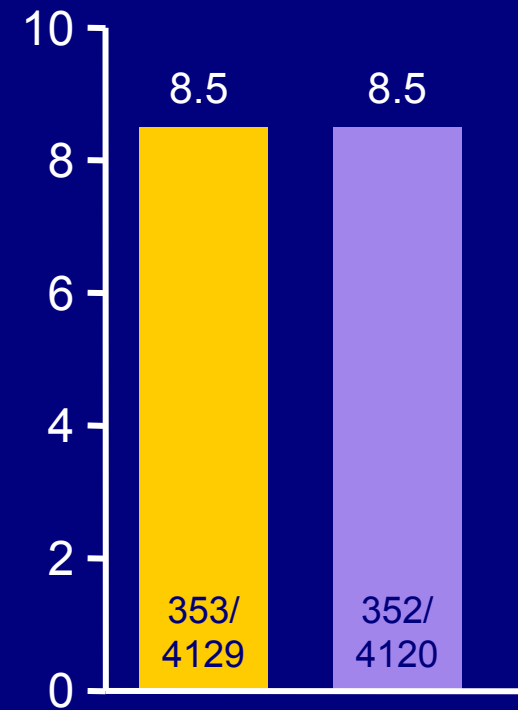
Edema AEs (%)  
prespecified terms



CHF (%)  
*post-hoc* analysis



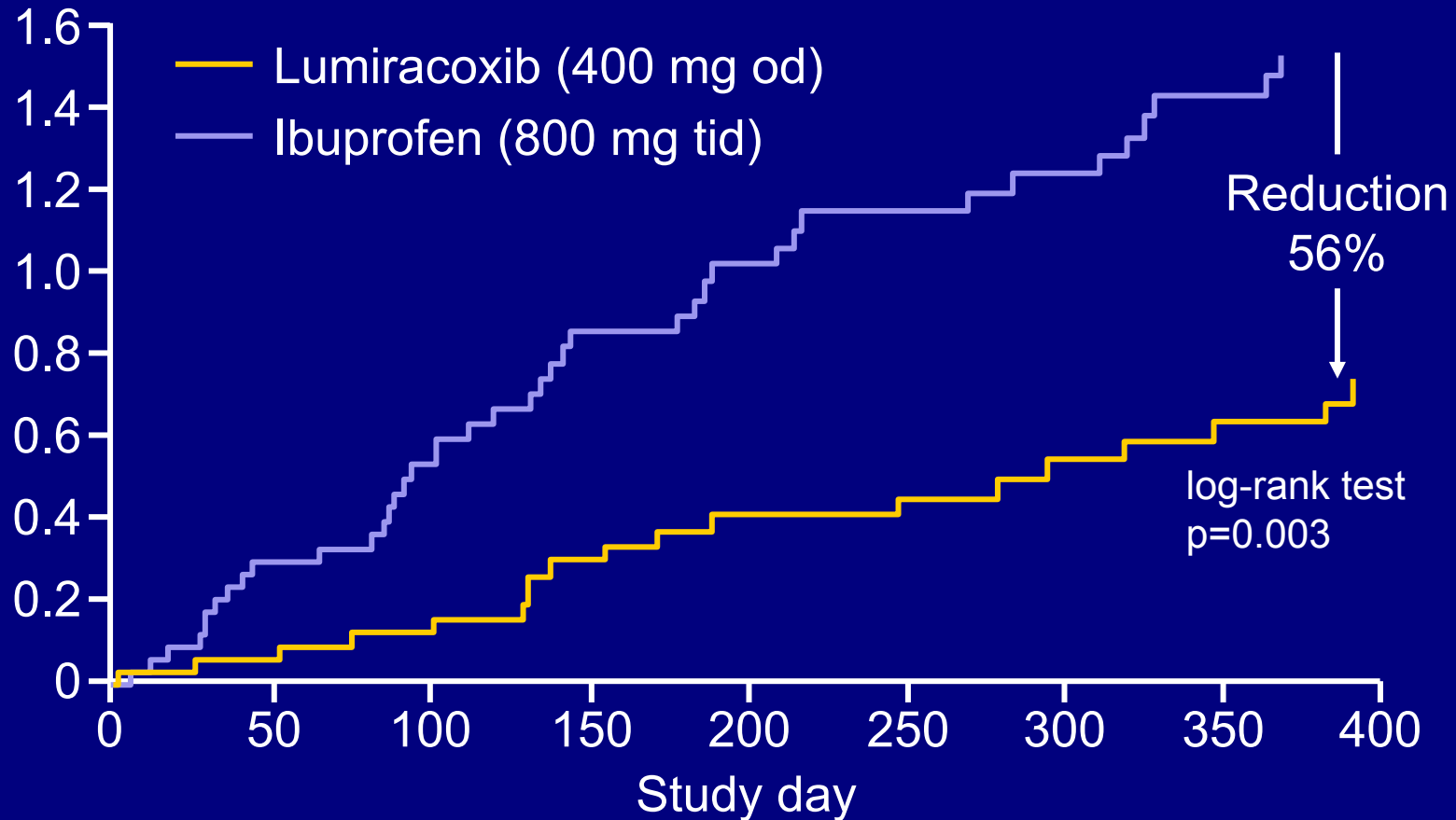
Increase in weight from  
baseline >5% (%)



 Lumiracoxib  Ibuprofen

# Combined GI and CV endpoint significantly favors lumiracoxib vs ibuprofen (non-aspirin population)

Cumulative incidence rate (%)



## Summary of lumiracoxib vs ibuprofen CV data

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- Lumiracoxib not different from ibuprofen for APTC, MI, and stroke in the non-aspirin population
- Non-significant increase in APTC events with ibuprofen in the low-dose aspirin population
- Lumiracoxib has significantly smaller BP increases compared with ibuprofen
- No increase in edema, CHF, weight gain with lumiracoxib
- Combined GI and APTC safety endpoint significantly favors lumiracoxib

## No statistically significant difference between lumiracoxib and naproxen in APTC endpoint

Contrast	Number of subjects at risk	Number (%) of subjects with events	Cox proportional hazards model		
			Hazard ratio	95% CI for hazard ratio	p value
<b>Overall population</b>					
Lumiracoxib	4741	40 (0.84)			
Naproxen	4730	27 (0.57)			
Lumiracoxib vs naproxen			1.46	0.89–2.37	0.1313
<b>Non-aspirin population</b>					
Lumiracoxib	3549	22 (0.62)			
Naproxen	3537	14 (0.40)			
Lumiracoxib vs naproxen			1.49	0.76–2.92	0.2417
<b>Aspirin population</b>					
Lumiracoxib	1192	18 (1.51)			
Naproxen	1193	13 (1.09)			
Lumiracoxib vs naproxen			1.42	0.70–2.90	0.3368

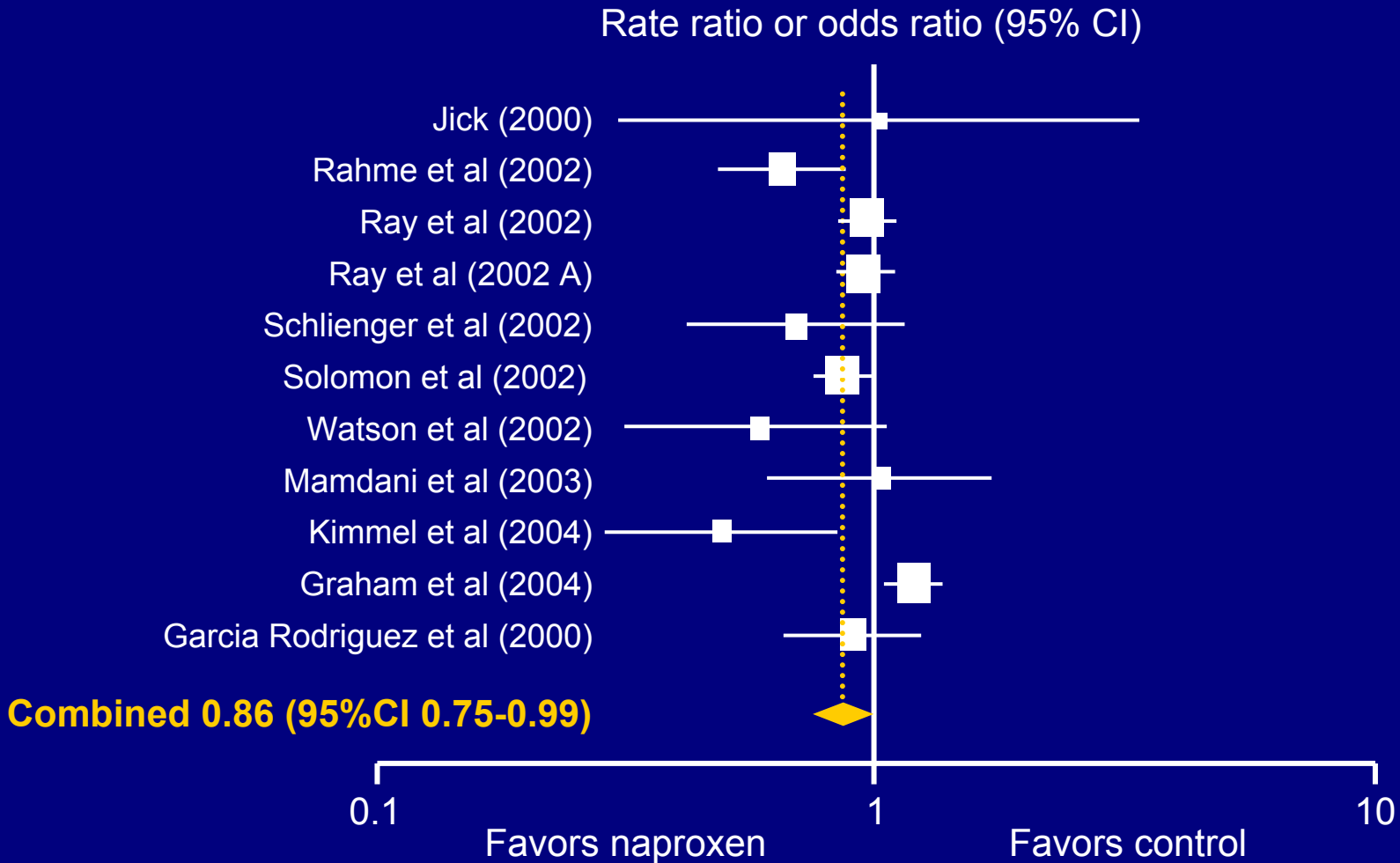
## No statistically significant difference between lumiracoxib and naproxen in confirmed or probable MIs (clinical and silent)

Contrast	Number of subjects at risk	Number (%) of subjects with event	Cox proportional hazards model		
			Hazard ratio	95% CI for hazard ratio	p-value
<b>Overall population</b>					
Lumiracoxib	4741	18 (0.38)			
Naproxen	4730	10 (0.21)			
Lumiracoxib vs naproxen			1.77	0.82–3.84	0.1471
<b>Non-aspirin population</b>					
Lumiracoxib	3549	10 (0.28)			
Naproxen	3537	4 (0.11)			
Lumiracoxib vs naproxen			2.37	0.74–7.55	0.1454
<b>Aspirin population</b>					
Lumiracoxib	1192	8 (0.67)			
Naproxen	1193	6 (0.50)			
Lumiracoxib vs naproxen			1.36	0.47–3.93	0.5658

# Naproxen has an effect on MI risk

## Meta-analysis of observational studies

(Jüni et al. *Lancet* 2004)

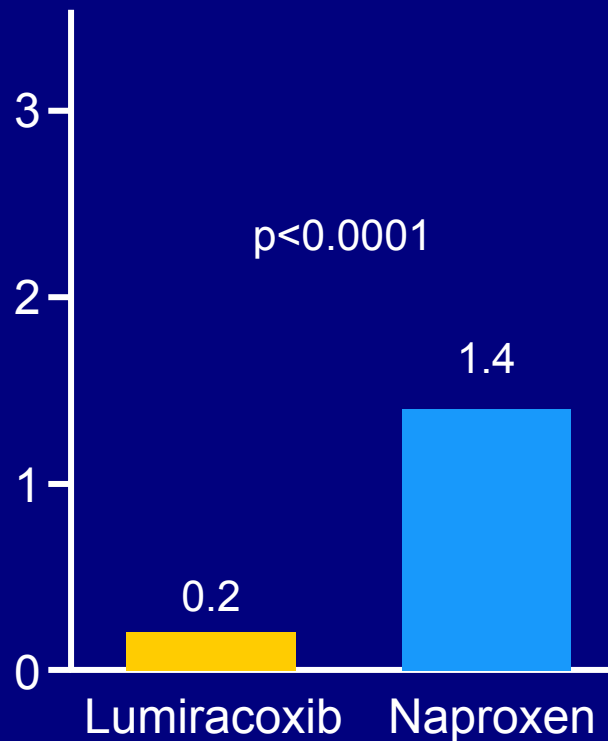


## No significant difference between lumiracoxib and naproxen in confirmed or probable ischemic or hemorrhagic stroke

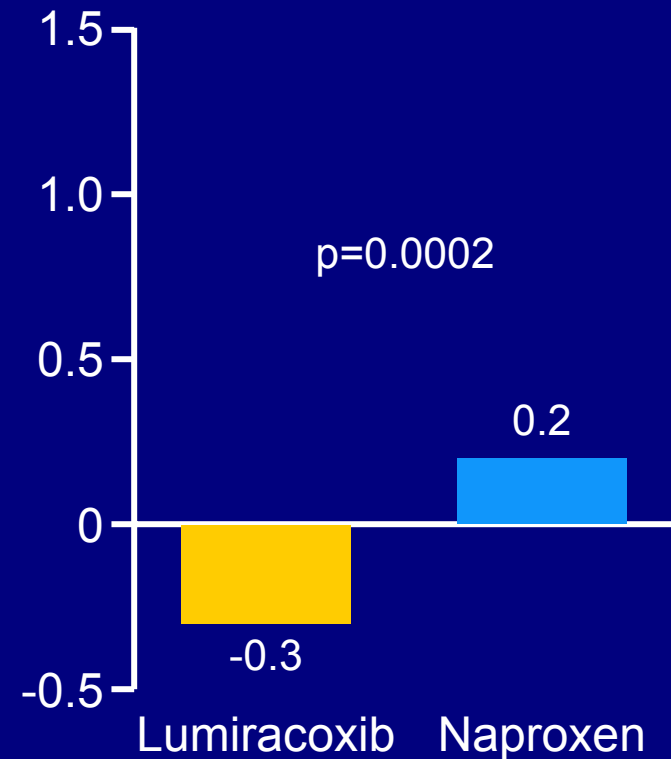
	Number of subjects at risk	Number (%) of subjects with event	Cox proportional hazards model		
			Hazard ratio	95% CI for hazard ratio	p value
<b>Overall population</b>					
Lumiracoxib	4741	16 (0.49)			
Naproxen	4730	12 (0.28)			
Lumiracoxib vs naproxen			1.11	0.62–2.79	0.4669
<b>Non-aspirin population</b>					
Lumiracoxib	3549	7 (0.20)			
Naproxen	3537	6 (0.17)			
Lumiracoxib vs naproxen			1.12	0.38–3.33	0.8421
<b>Aspirin population</b>					
Lumiracoxib	1192	9 (0.76)			
Naproxen	1193	6 (0.50)			
Lumiracoxib vs naproxen			1.53	0.55–4.31	0.4172

# Significantly larger increases in blood pressure with naproxen

Change in systolic blood pressure  
(least-square means, mmHg)



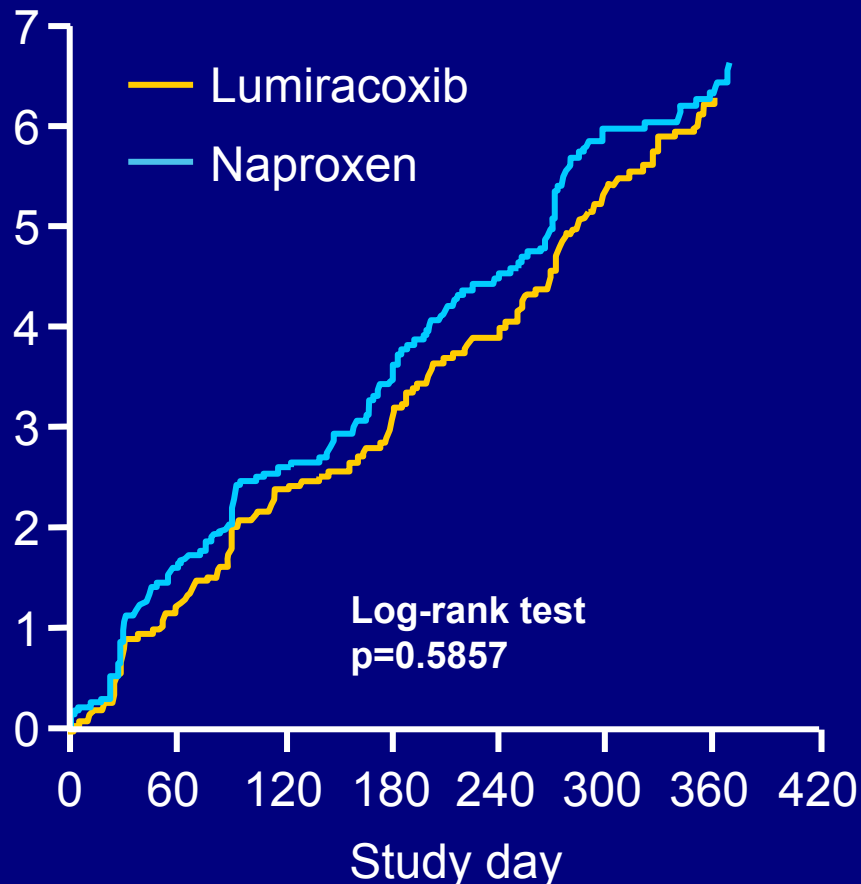
Change in diastolic blood pressure  
(least-square means, mmHg)



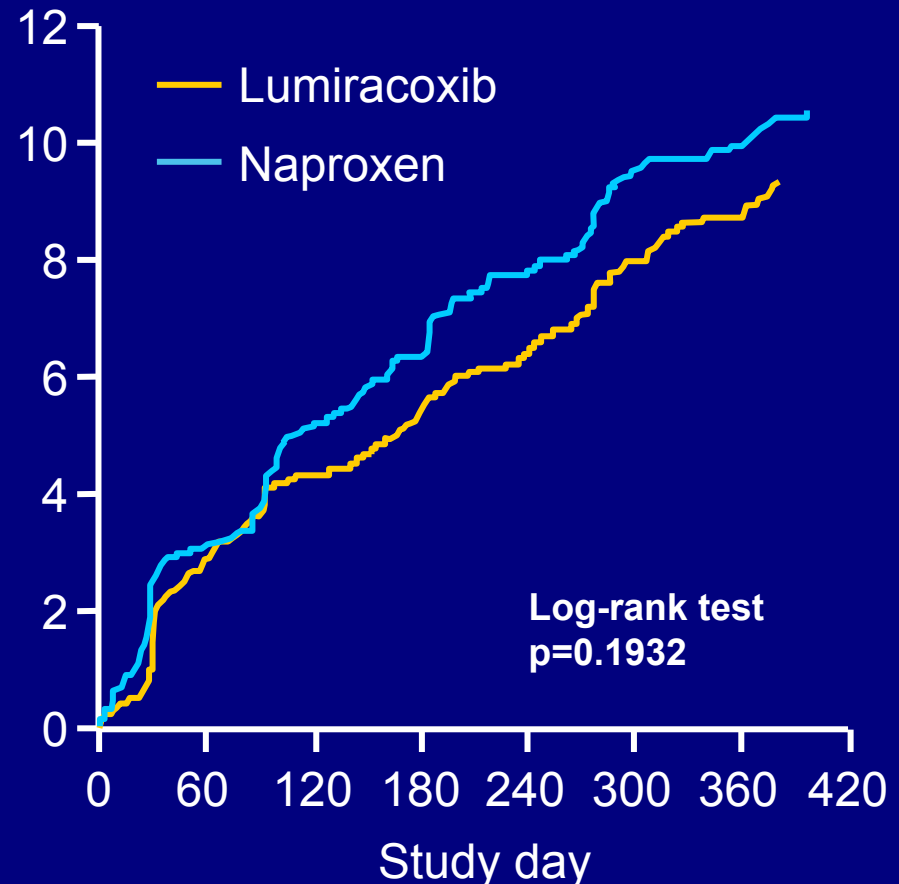


# Incidence of hypertension with lumiracoxib vs naproxen

Cumulative incidence of  
*de novo* hypertension\* (%)



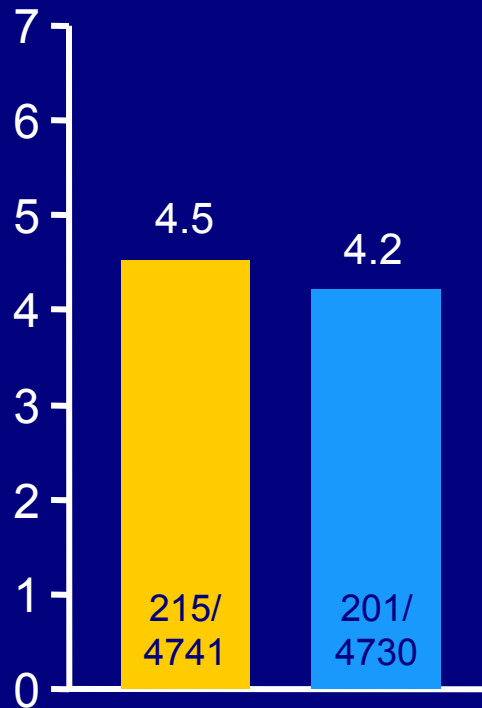
Cumulative incidence of  
aggravated hypertension\* (%)



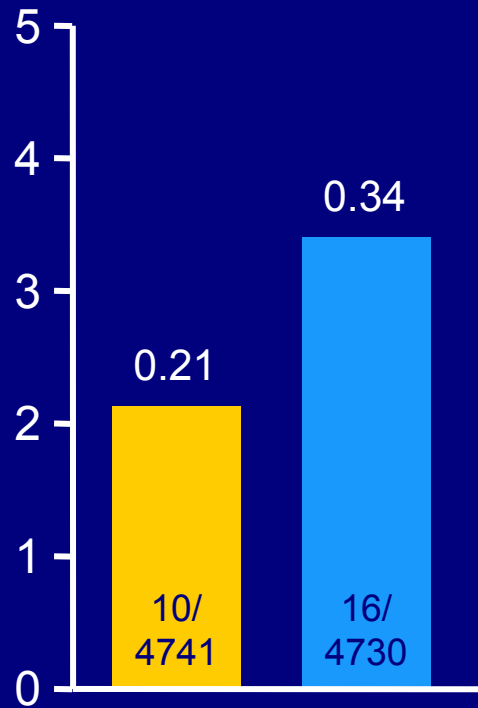
\*based on the AE preferred terms

# Incidence of edema, congestive heart failure, and weight gain of lumiracoxib vs naproxen

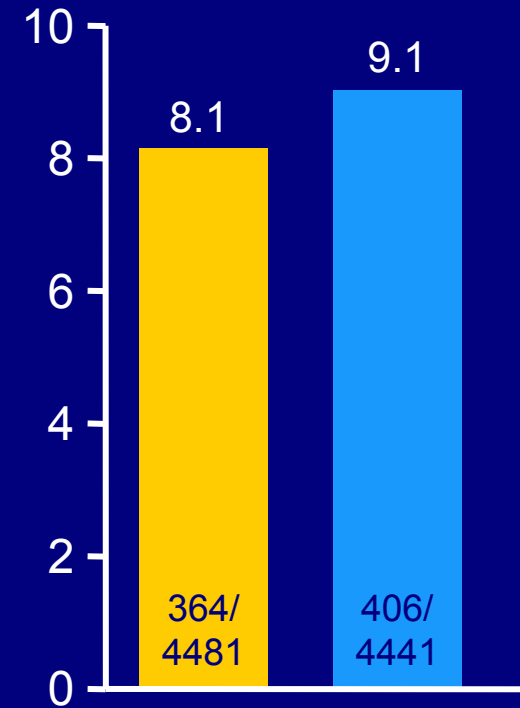
Edema AEs (%)  
prespecified terms



CHF (%)  
*post-hoc* analysis



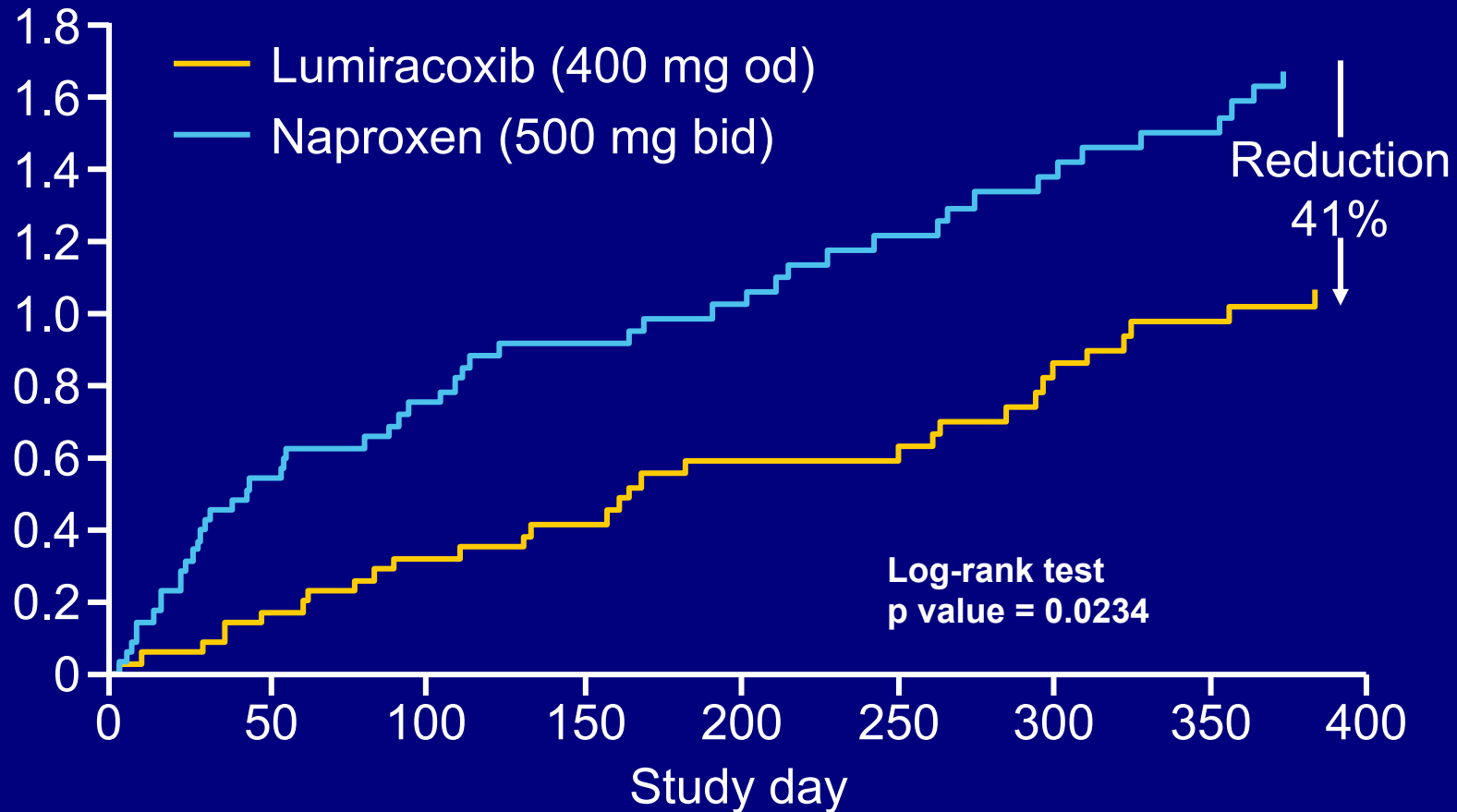
Increase in weight from  
baseline >5% (%)



■ Lumiracoxib ■ Naproxen

# Combined GI and CV endpoint favors lumiracoxib vs naproxen (non-aspirin population)

Cumulative incidence rate (%)



## Summary of lumiracoxib vs naproxen CV data

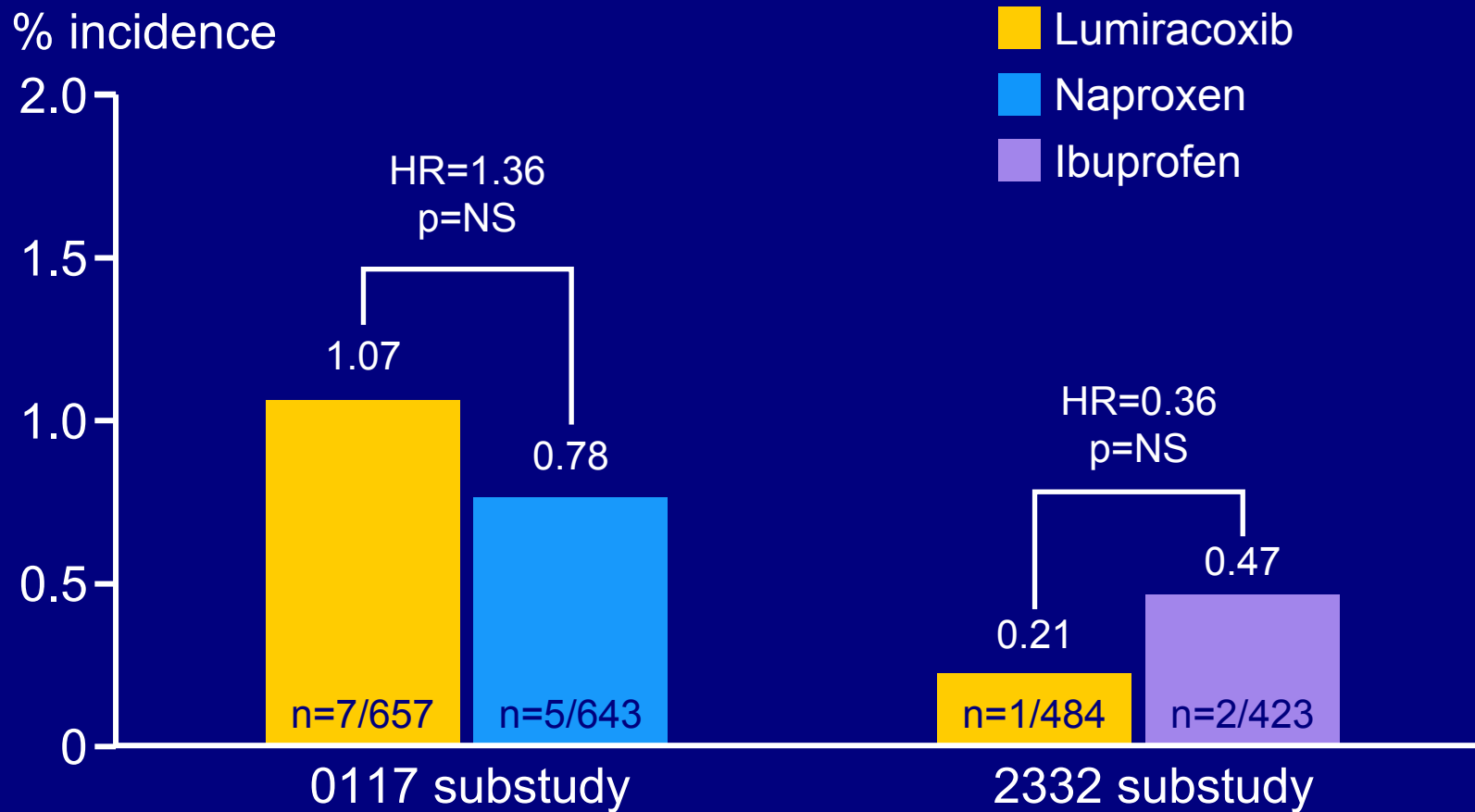
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- No significant difference in APTC endpoint between lumiracoxib and naproxen
- Numerically more MIs in the lumiracoxib group compared to naproxen in the non-aspirin population
- MIs similar in aspirin population
- Significantly lower mean BP increase with lumiracoxib compared to naproxen
- No increase in edema, CHF, weight gain with lumiracoxib
- Combined GI and APTC safety endpoint in the non-aspirin population significantly favors lumiracoxib

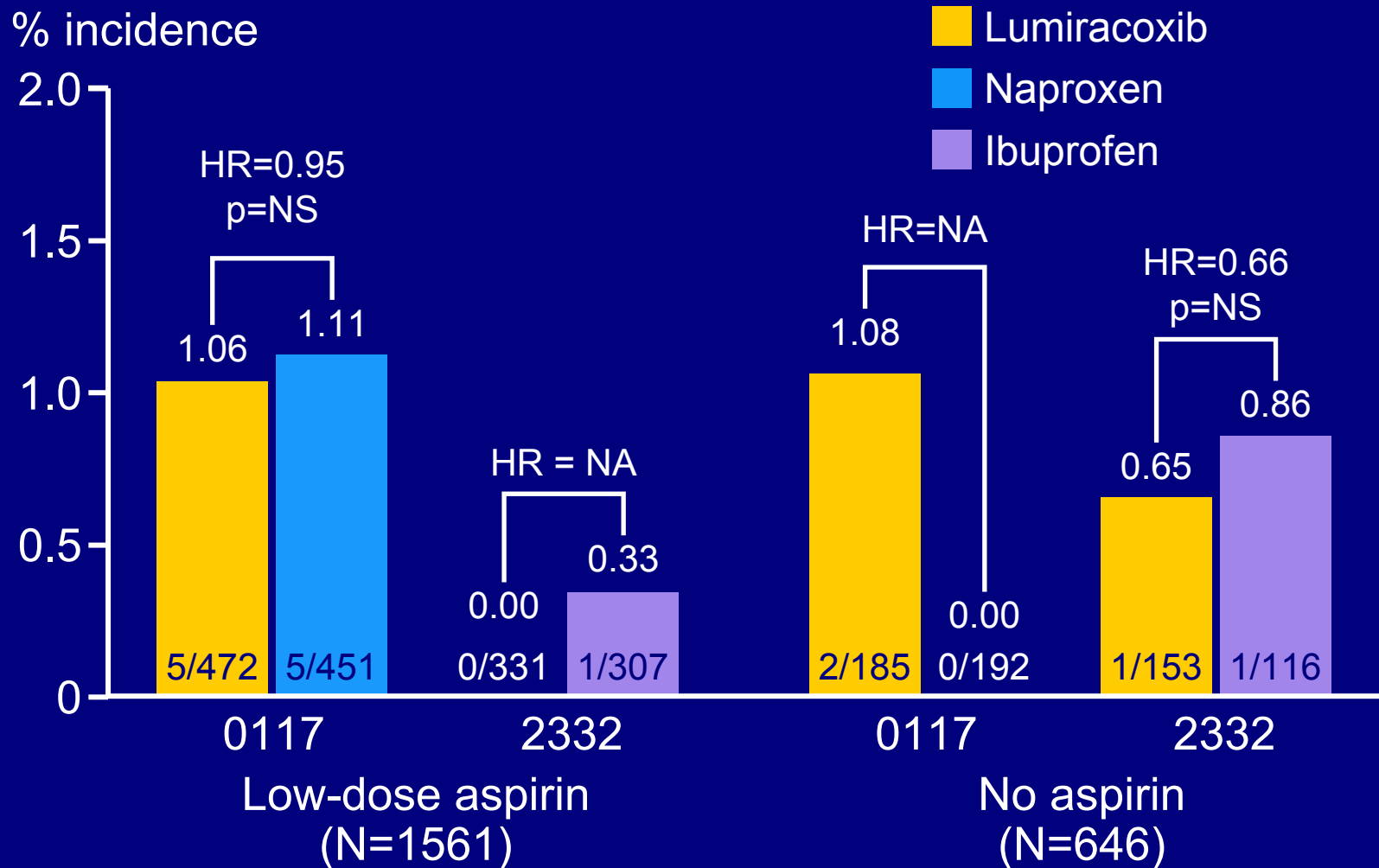
## TARGET included patients with high CV risk

	Lumiracoxib (n=9117) n (%)	NSAIDs (n=9127) n (%)
History of CV disease	981 (10.8)	899 (9.8)
Coronary artery disease	683 (7.5)	624 (6.8)
MI	150 (1.6)	138 (1.5)
Cerebrovascular disease	177 (1.9)	172 (1.9)
Peripheral artery disease	151 (1.7)	145 (1.5)
High-risk Framingham score	160 (1.8)	167 (1.8)
<b>Total high CV risk</b>	<b>1141 (12.5)</b>	<b>1066 (11.7)</b>

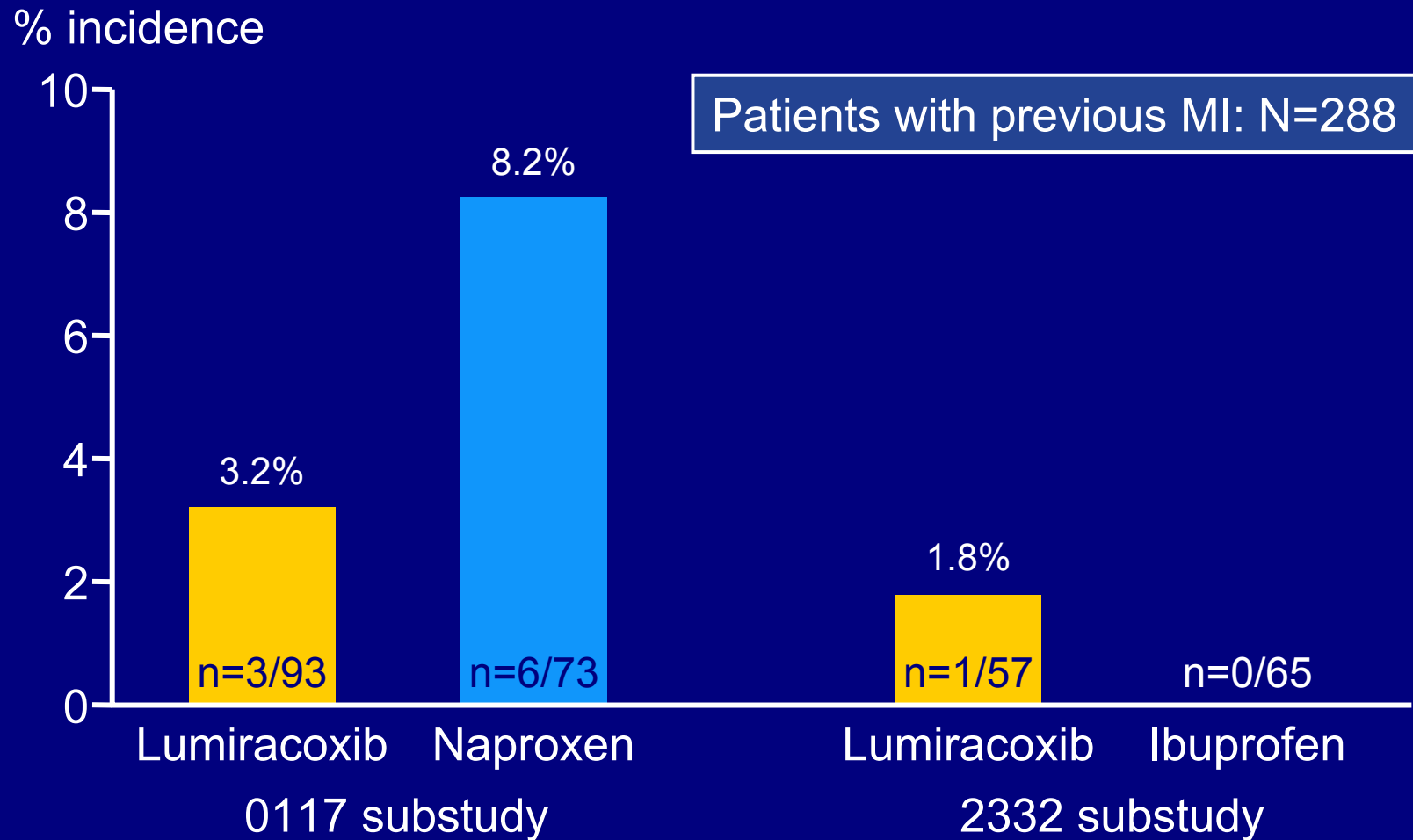
# No significant difference in MIs in 2207 patients with high CV risk or CCV history (overall population)



# No significant difference in MIs in patients with high CV risk or CCV history (aspirin and non-aspirin populations)



# Patients on lumiracoxib with previous MI do not have a higher risk of APTC events





# Cardiovascular safety

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Meta-analysis data

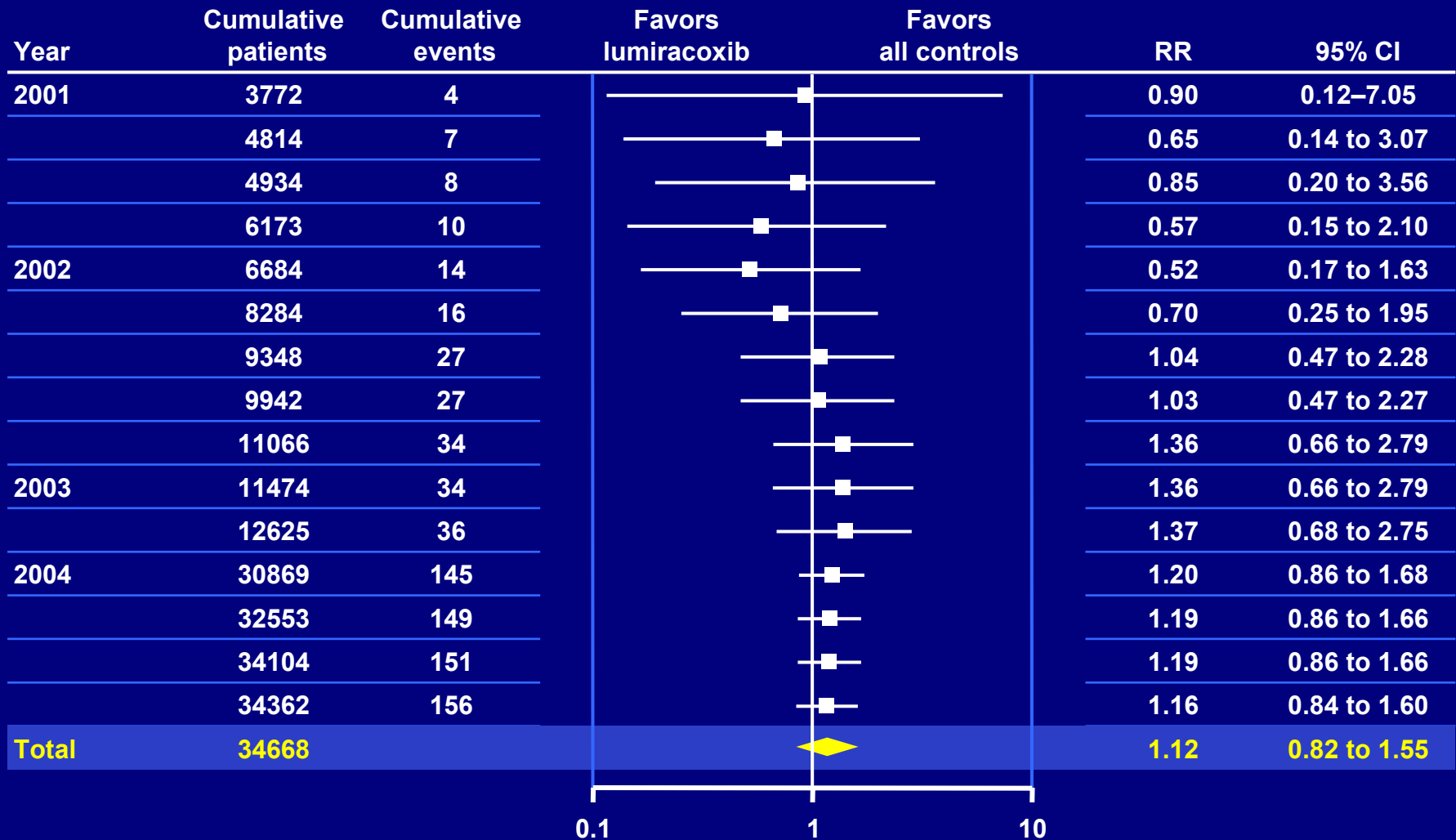
## CV meta-analysis population reflects high level of long-term exposure

	Number of patients in meta-analysis	Patient-year exposure	% of patient-years exposure
*Total in 22 RCTs >1 week	34 668	18 621	100
Patients in 1 year RCTs	22 781	16 527	89
Patients externally adjudicated	23 194	15 679	84
Patients contributed by TARGET†	18 244	13 506	74

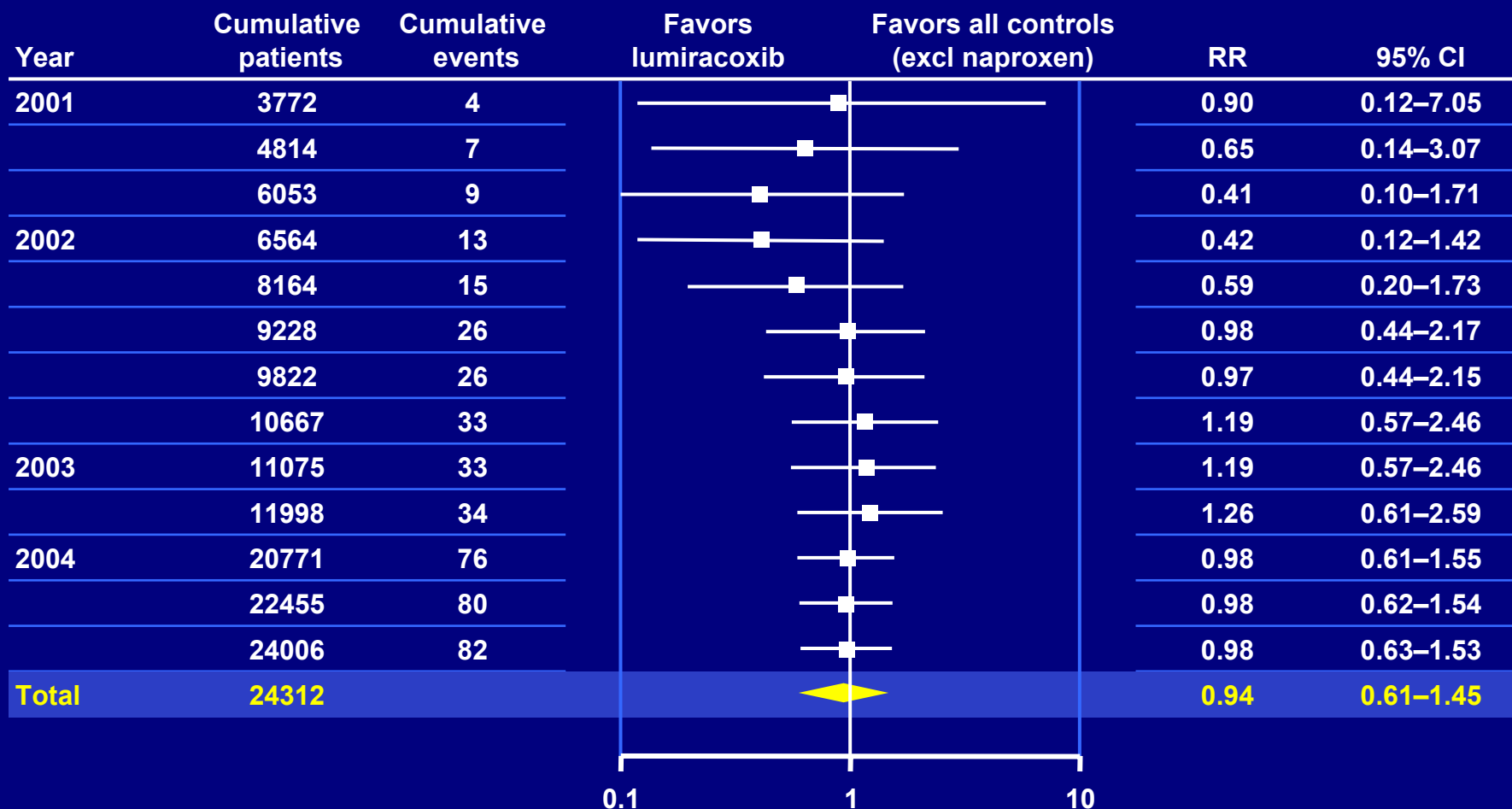
\* Lumiracoxib doses 100–1200 mg.

† Lumiracoxib dose in TARGET 400 mg od.

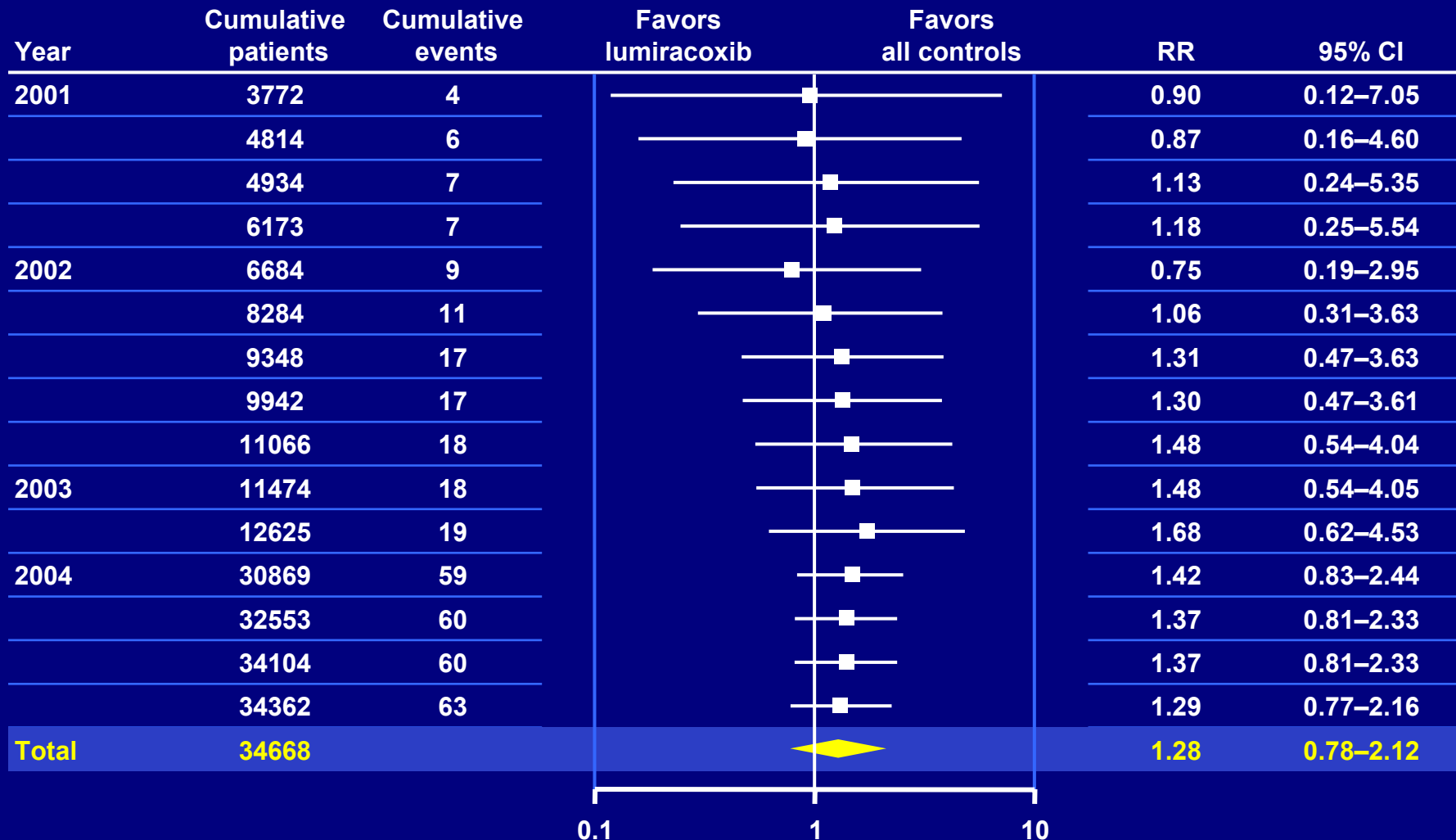
# Cumulative meta-analysis of APTC in randomized trials comparing lumiracoxib with all controls



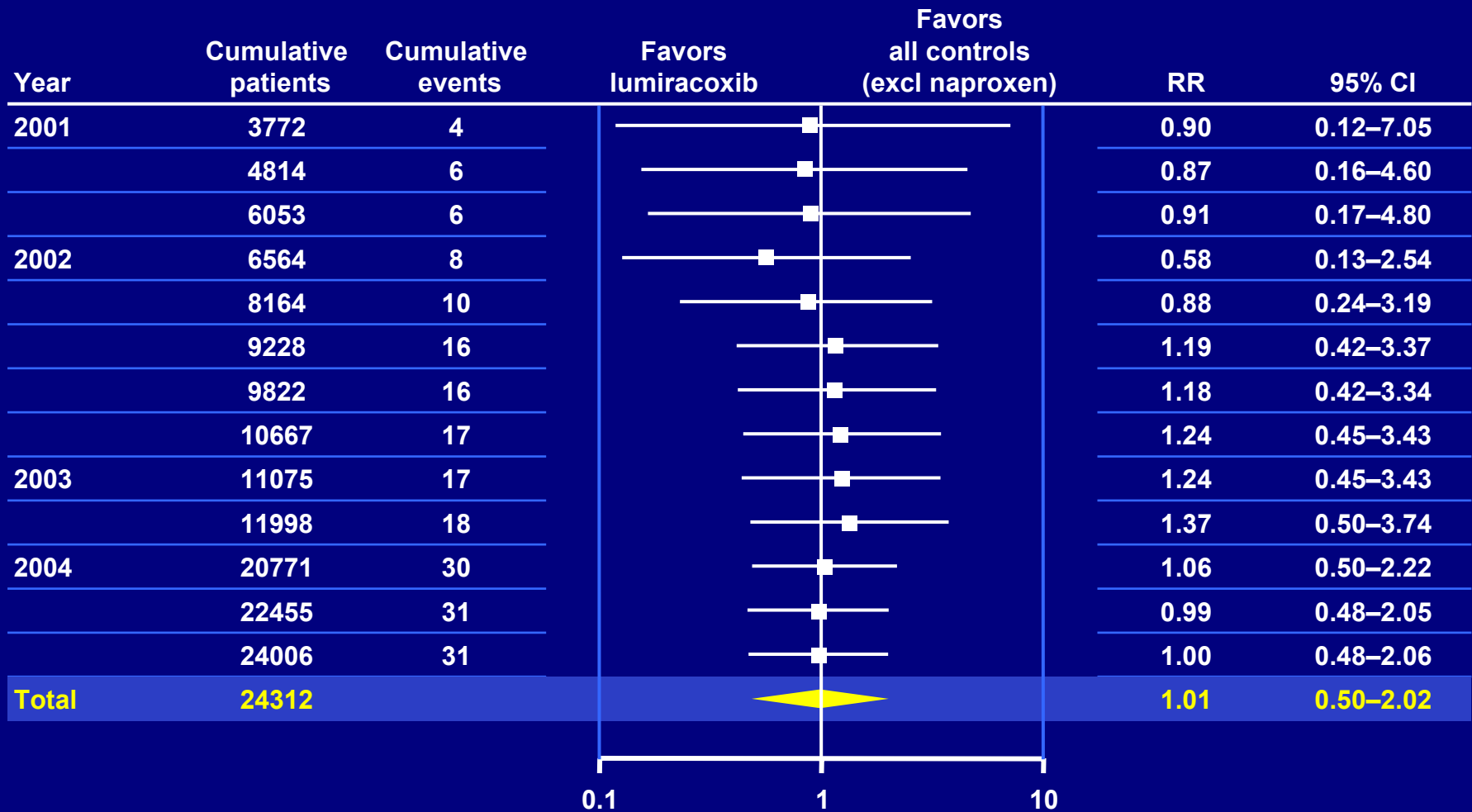
## Cumulative meta-analysis of APTC in randomized trials comparing lumiracoxib with all controls excluding naproxen



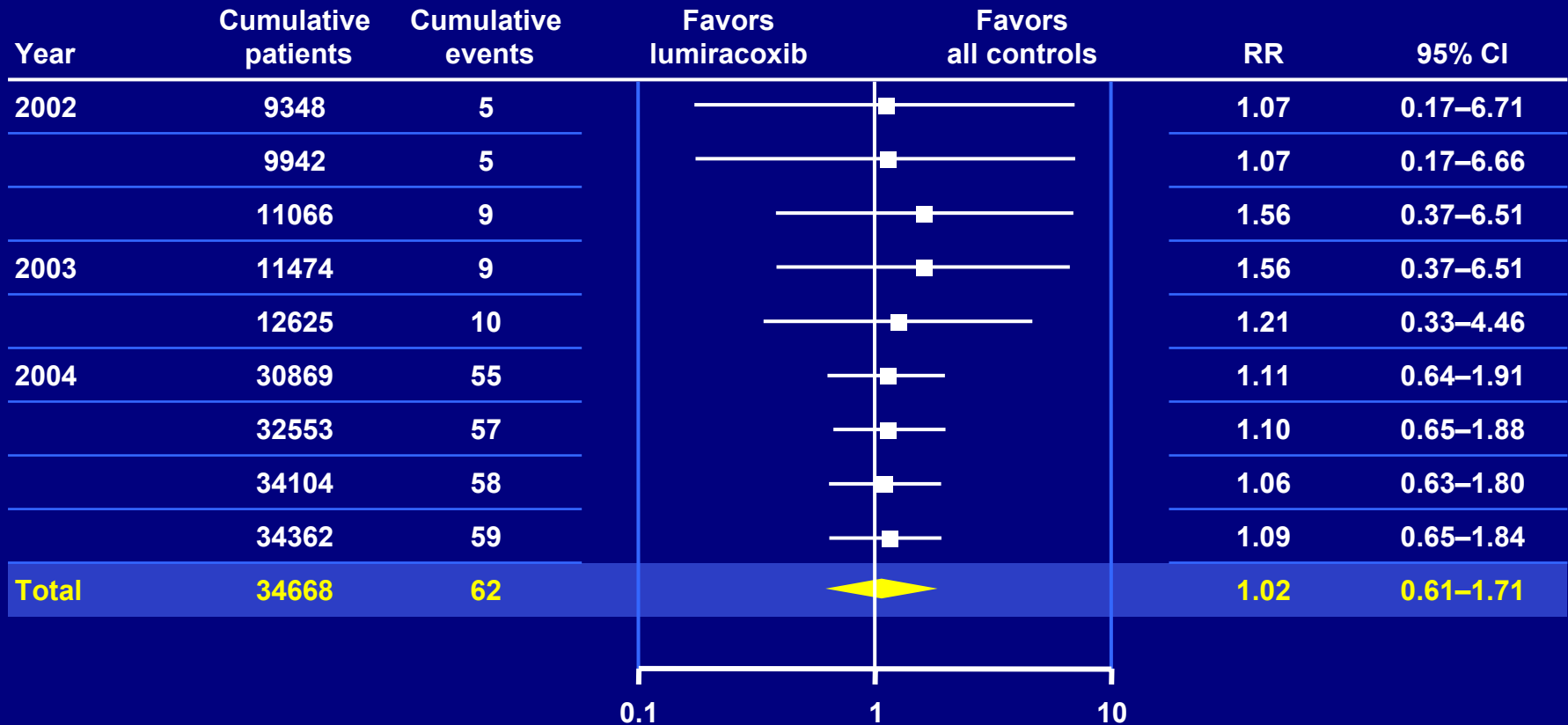
# Cumulative meta-analysis of MI in randomized trials comparing lumiracoxib with all controls



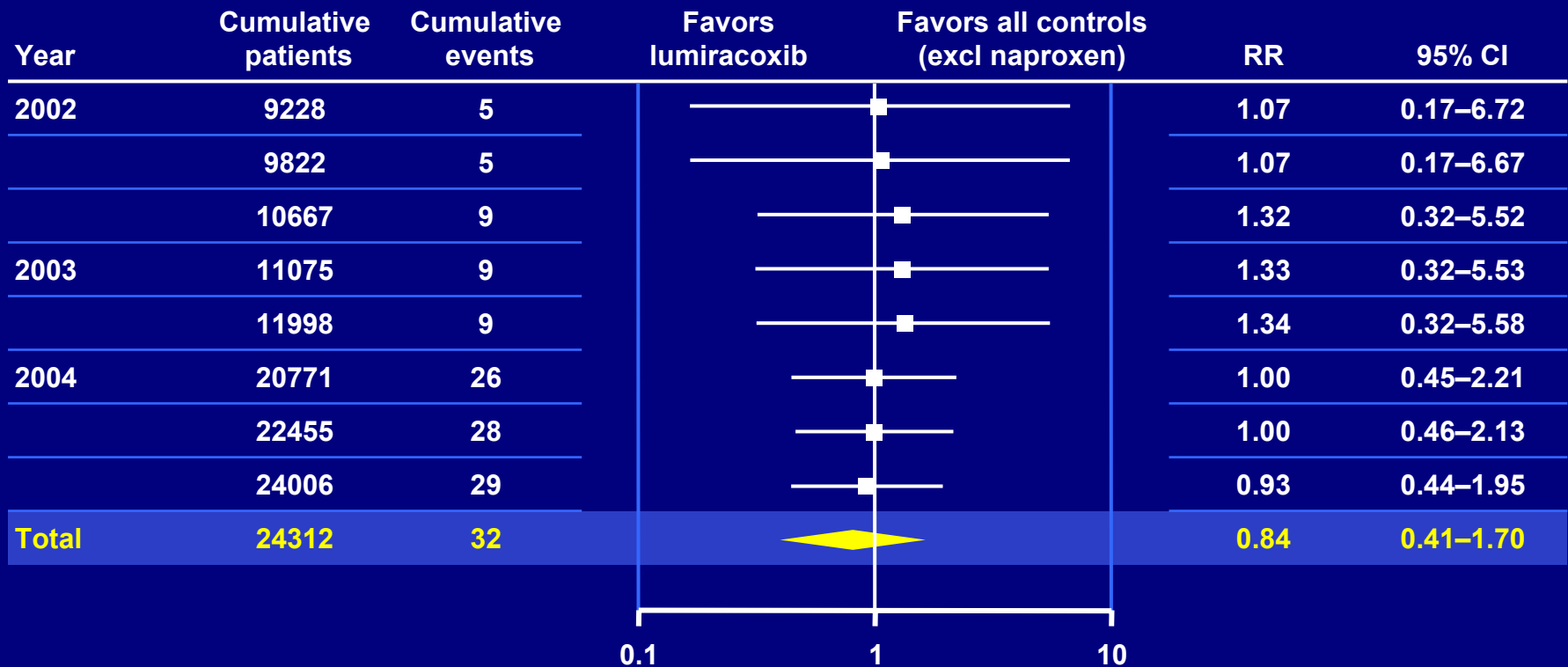
# Cumulative meta-analysis of MI in randomized trials comparing lumiracoxib with all controls excluding naproxen



# Cumulative meta-analysis of stroke in randomized trials comparing lumiracoxib with all controls



# Cumulative meta-analysis of stroke in randomized trials comparing lumiracoxib with all controls excluding naproxen





# Rofecoxib and lumiracoxib have different profiles\*

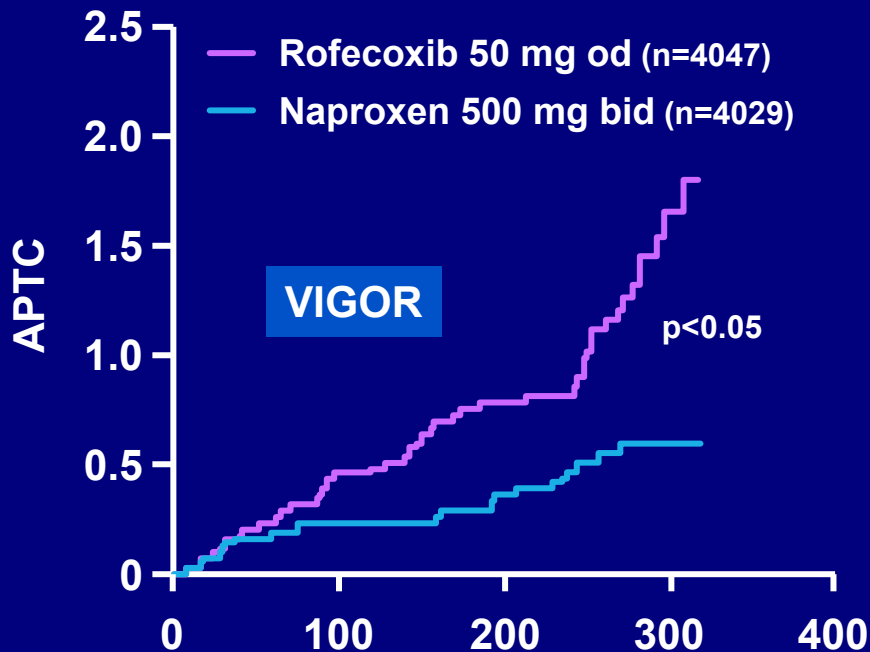
## Rofecoxib

Half life	17 hours
Structure	sulphone

## Lumiracoxib

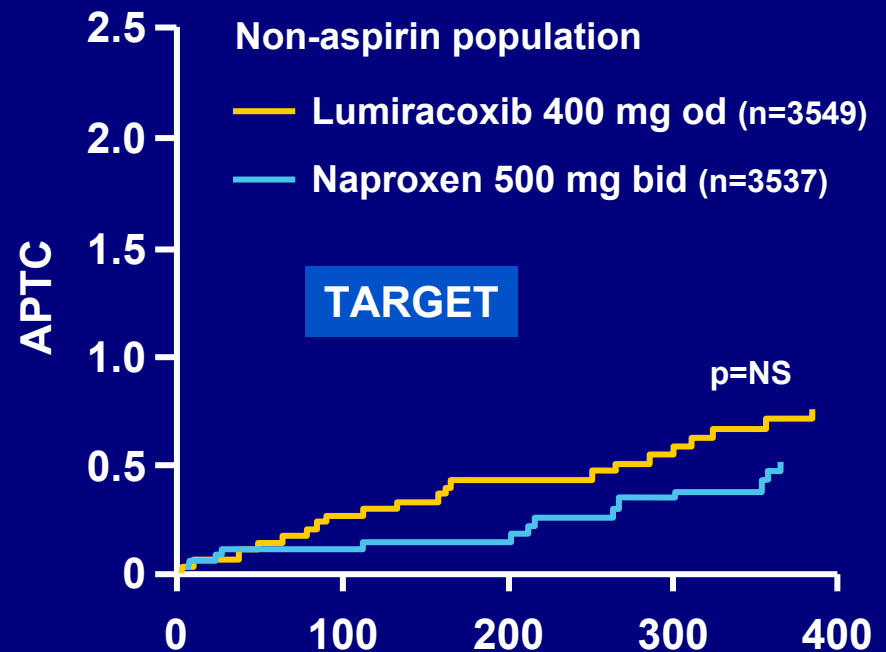
Half life	4 hours
Structure	carboxylic acid, no sulphur

### Cumulative incidence (%)



Rofecoxib Significant increase in BP  
vs naproxen: Increase in edema and CHF

### Cumulative incidence (%)

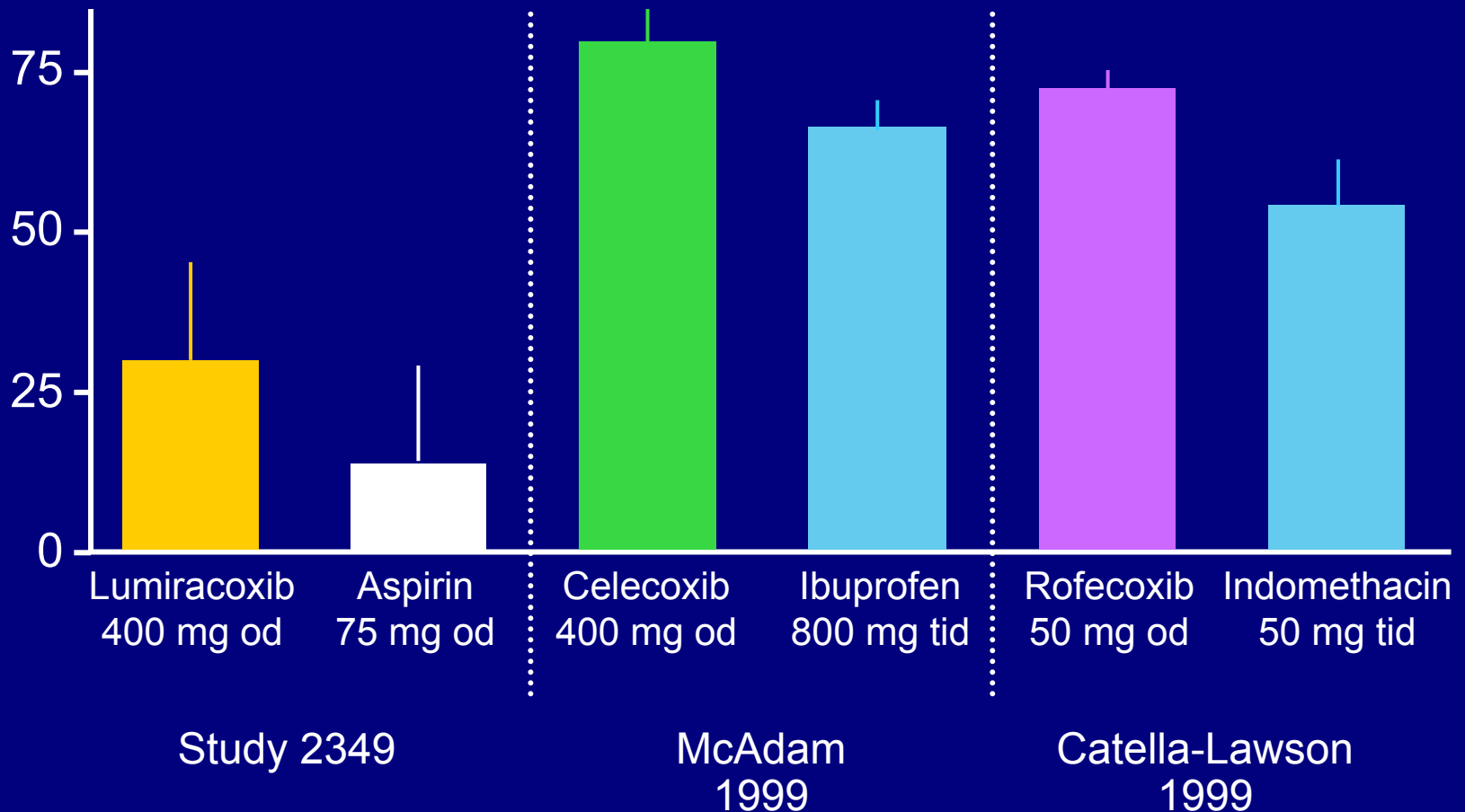


Lumiracoxib Significantly lower BP change  
vs naproxen: No difference in edema or CHF

\*Not head-to-head comparison.

# Lumiracoxib differs from NSAIDs and other coxibs\*

Urinary prostacyclin metabolites (% inhibition)



\*Not head-to-head comparison.

## Lumiracoxib conclusions

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- At 400 mg qd (4x chronic dose), definitive GI benefit in non-ASA population; consistent positive trend in ASA population
- No significant increase in CV events vs NSAIDs
- Superior blood pressure profile compared with both ibuprofen and naproxen
- No increase in edema, CHF, weight gain with lumiracoxib
- Combined GI and CV endpoint in non-aspirin population significantly favors lumiracoxib
- No significant CV risk in meta-analysis of all lumiracoxib studies >1 week

## Overall Conclusions

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- The presented data addresses all Health Canada's questions and in particular, Question 4 as well as Questions 5 and 6.
- Lumiracoxib with its distinct molecular structure and distinct pharmacologic properties need to be considered in a population suffering of arthritis,
  - inadequately treated with the current NSAIDs,
  - suffering of GI complications related to NSAIDs use
  - or allergic to sulphur containing COX-2 inhibitors.