

**Tobacco Control Programme, Health Canada
Supplementary Tables, CTUMS Annual 2004
(February - December 2004)**

Table 1. Smoking status and average number of cigarettes smoked per day, by age group and sex, age 15+ years, Canada 2004

Table 2. Smoking status and average number of cigarettes smoked per day, by province, age group and sex, age 15+ years, Canada 2004

Table 3. Nicotine dependence by age group and sex, daily smokers, age 15+ years, Canada 2004

Table 4. Number of quit attempts in the past 12 months by age group and sex, daily smokers, age 15+ years, Canada 2004

Table 5. Quit rates by age group and sex, age 15+ years, Canada 2004

Table 6. Stages of change categories by age group and sex, by ever smokers (current and former smokers combined), age 15+ years, Canada 2004

Table 7. Smoking and pregnancy, women age 20-44 years, Canada 2004

Table 8. Smoking and education, age 15+ years, Canada 2004

Table 9. Exposure of children at home to Environmental Tobacco Smoke (ETS), by province and age group, Canada 2004

Table 10. Ever used/tried marijuana, cannabis or hashish, by province, Canada 2004

Table 11. Ever used/tried marijuana, cannabis or hashish, by smoking status, Canada 2004

Table 12. Description of the sample size represented, age 15+ years, Canada 2004

Table 1. Smoking status and average number of cigarettes smoked per day, by age group and sex, age 15+ years, Canada 2004

Sex	Age group (years)	Population estimate ('000)	Current smokers (%)	Daily smokers (%)	Nondaily smokers (%)	Former smokers (%)	Never smoked (%)	Average cigarettes smoked per day ¹
Total	All age groups	25,925	20	15	5	26	55	15.2
Male		12,765	22	17	6	30	48	16.4
Female		13,160	17	13	4	22	61	13.8
Both sexes								
Both sexes	15-17	1,304	14	7	7	3*	83	10.2
	18-19	797	26	17	9	6*	68	12.7
	15-19	2,101	18	11	7	4	78	11.6
	20-22	1,320	27	19	9	9	63	13.1
	23-24	862	29	21	7	13	58	12.4
	20-24	2,182	28	20	8	11	61	12.8
	25-34	4,415	28	21	7	16	56	13.6
	35-44	5,164	22	18	4*	25	53	16.0
	45-54	4,803	19	16	3*	33	47	17.8
	55+	7,259	11	9	2*	37	52	15.9
	25+	21,642	19	15	4	29	52	15.7
Male								
Male	15-17	692	13	7*	6*	3*	85	11.8
	18-19	385	29	18	11*	5*	65	11.6
	15-19	1,078	19	11	8	4*	78	11.7
	20-22	683	30	20	10	9	62	14.3
	23-24	428	32	24	8*	13	56	13.1
	20-24	1,111	30	21	9	10	59	13.8
	25-34	2,225	34	25	9*	14	52	15.0
	35-44	2,593	23	18	5*	29	48	16.5
	45-54	2,392	22	18	4*	39	39	19.0
	55+	3,366	11	9	3*	49	40	18.5
	25+	10,576	21	17	5	34	44	17.0

Sex	Age group (years)	Population estimate ('000)	Current smokers (%)	Daily smokers (%)	Nondaily smokers (%)	Former smokers (%)	Never smoked (%)	Average cigarettes smoked per day ¹
Female	15-17	612	15	8*	7*	3*	82	8.6
	18-19	411	22	15	7*	7*	71	13.8
	15-19	1,023	18	11	7	4*	78	11.6
	20-22	637	25	17	8*	10	65	11.6
	23-24	434	26	19	6*	14	61	11.6
	20-24	1,071	25	18	7	12	63	11.6
	25-34	2,191	22	17	5*	18	60	11.6
	35-44	2,571	21	17	4*	22	57	15.5
	45-54	2,411	17	14	3*	28	56	16.1
	55+	3,893	10	9	1*	26	63	13.6
	25+	11,066	16	13	3	24	59	14.2

¹ Daily smokers only.

* Moderate sampling variability, interpret with caution.

High sampling variability - although an estimate may be determined from the table, data should be suppressed.

Estimates may not sum to 100 percent due to rounding.

Source: Canadian Tobacco Use Monitoring Survey, February - December 2004

Table 2. Smoking status and average number of cigarettes smoked per day, by province, age group and sex, age 15+ years, Canada 2004

Province	Sex or age group (years)	Population estimate ('000)	Current smokers (%)	Former smokers (%)	Never smoked (%)	Average cigarettes smoked per day ¹
Canada	Total	25,925	20	26	55	15.2
	15-19	2,101	18	4	78	11.6
	20-24	2,182	28	11	61	12.8
	25+	21,642	19	29	52	15.7
	25-44	9,580	25	21	54	14.8
	45+	12,062	14	35	50	16.9
	Male (15+)	12,765	22	30	48	16.4
	15-24	2,188	25	7	68	13.1
	25+	10,576	21	34	44	17.0
	Female (15+)	13,160	17	22	61	13.8
	15-24	2,095	22	8	70	11.6
	25+	11,066	16	24	59	14.2
	Newfoundland and Labrador	Total	441	22	36	42
15-19		36	21	#	76	14.1
20-24		36	34	12	54	12.0
25+		369	21	41	38	15.0
25-44		156	29	31	40	13.7
45+		213	15	49	36	16.9
Male (15+)		217	23	42	35	16.3
15-24		36	27	#	67	14.1
25+		180	23	49	28	16.7
Female (15+)		224	20	30	50	12.7
15-24		35	28	9*	63	11.4
25+		189	19	34	47	12.9
Prince Edward Island		Total	115	21	33	46
	15-19	10	17	#	81	11.8
	20-24	10	31	10*	59	14.1
	25+	95	21	38	41	16.7
	25-44	40	27	28	44	15.3

Province	Sex or age group (years)	Population estimate ('000)	Current smokers (%)	Former smokers (%)	Never smoked (%)	Average cigarettes smoked per day ¹
	45+	55	16	46	39	18.6
	Male (15+)	56	25	36	39	18.2
	15-24	10	26	#	67	16.0
	25+	46	24	43	33	18.6
	Female (15+)	59	18	29	53	13.4
	15-24	10	21	#	74	10.0
	25+	49	18	34	48	14.2
Nova Scotia	Total	778	20	32	48	14.9
	15-19	64	20	#	76	13.6
	20-24	63	33	10	57	14.4
	25+	652	19	36	45	15.1
	25-44	273	25	23	52	15.2
	45+	379	14	46	39	14.9
	Male (15+)	379	22	36	42	16.5
	15-24	65	27	#	67	15.6
	25+	314	21	43	37	16.7
	Female (15+)	400	19	27	54	13.4
	15-24	62	26	8*	66	12.6
	25+	337	17	31	52	13.6
	New Brunswick	Total	622	24	28	47
15-19		49	18	#	78	11.3
20-24		50	32	11	57	13.9
25+		523	24	32	44	17.2
25-44		222	32	24	45	17.4
45+		301	18	39	43	17.0
Male (15+)		305	26	31	43	18.5
15-24		51	25	#	68	13.9
25+		254	27	35	38	19.1
Female (15+)		317	22	26	52	14.5
15-24		48	25	8*	67	12.3
25+		269	21	29	49	14.9
Quebec		Total	6,193	22	31	47

Province	Sex or age group (years)	Population estimate ('000)	Current smokers (%)	Former smokers (%)	Never smoked (%)	Average cigarettes smoked per day ¹
	15-19	454	24	#	73	11.1
	20-24	505	34	12	55	12.3
	25+	5,234	21	36	43	16.3
	25-44	2,216	28	23	49	15.4
	45+	3,018	16	45	40	17.4
	Male (15+)	3,047	22	37	41	17.5
	15-24	490	30	6*	64	13.1
	25+	2,557	21	43	37	18.6
	Female (15+)	3,146	22	26	52	13.7
	15-24	469	28	9	62	10.6
	25+	2,677	21	29	50	14.3
Ontario	Total	10,023	19	23	59	15.4
	15-19	820	17	#	78	11.8
	20-24	825	24	10*	66	14.1
	25+	8,378	18	26	56	15.8
	25-44	3,824	26	21	54	14.6
	45+	4,554	12	30	58	18.0
	Male (15+)	4,917	23	27	50	16.1
	15-24	841	23	8*	70	13.3
	25+	4,076	23	31	45	16.6
	Female (15+)	5,106	14	19	67	14.4
	15-24	804	18	7*	75	13.2
25+	4,302	14	21	66	14.6	
Manitoba	Total	919	21	23	56	14.9
	15-19	84	21	#	76	11.1
	20-24	80	26	10*	65	10.2
	25+	755	20	27	53	15.7
	25-44	329	23	17	60	14.3
	45+	426	18	34	49	17.2
	Male (15+)	454	22	26	52	15.6
	15-24	84	23	#	71	11.5
	25+	370	22	31	47	16.4

Province	Sex or age group (years)	Population estimate ('000)	Current smokers (%)	Former smokers (%)	Never smoked (%)	Average cigarettes smoked per day ¹
	Female (15+)	465	19	20	61	13.9
	15-24	80	23	#	71	9.6
	25+	384	18	23	59	14.9
Saskatchewan	Total	788	22	26	53	13.9
	15-19	76	25	#	72	10.5
	20-24	71	29	14	57	13.2
	25+	641	21	30	50	14.3
	25-44	269	28	19	53	13.8
	45+	372	15	37	48	15.0
	Male (15+)	389	24	26	50	15.3
	15-24	76	29	8*	63	12.5
	25+	313	23	31	47	16.1
	Female (15+)	399	20	25	56	12.2
	15-24	72	24	8*	68	11.6
	25+	328	19	28	53	12.3
Alberta	Total	2,562	20	23	57	14.4
	15-19	231	16	#	80	12.4
	20-24	250	28	13	58	11.4
	25+	2,081	20	27	54	15.1
	25-44	1,003	22	20	59	14.2
	45+	1,077	18	33	49	16.0
	Male (15+)	1,290	23	25	52	15.4
	15-24	246	24	7*	69	12.6
	25+	1,043	22	30	48	16.0
	Female (15+)	1,272	18	21	61	13.1
	15-24	235	21	11	68	10.6
	25+	1,037	17	24	59	13.7
British Columbia	Total	3,485	15	22	63	14.5
	15-19	276	13	#	85	11.6
	20-24	293	26	11*	63	12.0
	25+	2,916	14	25	61	15.0
	25-44	1,248	16	19	65	14.8

Province	Sex or age group (years)	Population estimate ('000)	Current smokers (%)	Former smokers (%)	Never smoked (%)	Average cigarettes smoked per day ¹
	45+	1,668	13	30	57	15.1
	Male (15+)	1,712	17	25	59	15.5
	15-24	289	21	#	72	12.9
	25+	1,423	16	28	56	16.0
	Female (15+)	1,772	14	19	67	13.3
	15-24	280	19	#	75	10.9
	25+	1,493	13	22	65	13.8

¹ Daily smokers only.

* Moderate sampling variability, interpret with caution.

High sampling variability - although an estimate may be determined from the table, data should be suppressed.

Estimates may not sum to 100 percent due to rounding.

Source: Canadian Tobacco Use Monitoring Survey, February - December 2004

Table 3. Nicotine dependence by age group and sex, daily smokers, age 15+ years, Canada 2004

			How soon after waking do you have your first cigarette?			
Sex	Age group (years)	Population estimate ('000)	Within 5 minutes (%)	6-30 minutes (%)	31-60 minutes (%)	>60 minutes (%)
Total	All age groups	3,850	23	34	20	23
Male		2,080	21	37	22	20
Female		1,770	25	30	18	27
Both sexes						
Both sexes	15-19	229	19*	32	18*	31
	20-24	425	18	30	18	35
	25+	3,196	24	35	21	21
	25-44	1,826	24	33	20	23
	45+	1,370	24	37	21	19
Male						
Male	15-19	117	17*	35	22*	26*
	20-24	235	17*	36	16*	31
	25+	1,728	22	37	23	18
	25-44	1,024	22	36	22	20
	45+	705	21*	40	24*	15*
Female						
Female	15-19	112	21*	29*	14*	36
	20-24	190	18*	22*	19*	40
	25+	1468	26	31	18	25
	25-44	802	25	30	19*	26
	45+	665	27*	33	18*	22*

* Moderate sampling variability, interpret with caution.

High sampling variability - although an estimate may be determined from the table, data should be suppressed.

Estimates may not sum to 100 percent due to rounding.

Source: Canadian Tobacco Use Monitoring Survey, February - December 2004

Table 4. Number of quit attempts in the past 12 months by age group and sex, daily smokers, age 15+ years, Canada 2004

Sex	Age group (years)	Population estimate ('000)	No attempts (%)	1 attempt (%)	2-3 attempts (%)	4 or more attempts (%)
Total	All age groups	3,835	54	14	20	13
Male		2,071	53	11	22	14
Female		1,765	54	17	17	12
Both sexes						
Both sexes	15-17	95	32*	14*	22*	31*
	18-19	133	34	18*	28*	20*
	20-22	242	37	17*	27	19*
	23-24	183	50	13*	21*	16*
	25+	3,182	57	13	18	12
	25-34	918	50	15*	21*	14*
	35-44	896	56	11*	21*	12*
	25-44	1,814	53	13*	21	13*
	45+	1,368	61	13*	15	10*
Male						
Male	15-19	116	35	17*	21*	27*
	20-24	235	40	14*	24	22
	25+	1,720	56	10*	22	13*
	25-44	1,015	51	10*	26	13*
	45+	705	62	10*	16*	12*
Female						
Female	15-19	112	31	16*	30*	22*
	20-24	190	45	17*	24	13*
	25+	1,463	57	17	15*	11*
	25-44	799	55	17*	15*	13*
	45+	664	60	17*	15*	#

* Moderate sampling variability, interpret with caution.

High sampling variability - although an estimate may be determined from the table, data should be suppressed.

Estimates may not sum to 100 percent due to rounding.

Source: Canadian Tobacco Use Monitoring Survey, February - December 2004

Table 5. Quit rates by age group and sex, age 15+ years, Canada 2004

Sex	Age group (years)	Population estimate ('000)	Total quitters (%)	Short term quitters (%)	Long term quitters (%)
Both sexes	Total	11,694	57	4	52
	15-24	1,313	24	8	16
	15-19	468	18	8*	9*
	20-24	845	28	8	20
	25+	10,381	61	3	57
	25-44	4,395	46	5*	41
	45+	5,986	71	2*	69
Male	Total	6,579	57	3	53
	15-24	690	22	7*	15
	15-19	239	16*	7*	9*
	20-24	451	25	7*	18
	25+	5,889	61	3*	58
	25-44	2,399	43	4*	39
	45+	3,490	74	2*	71
Female	Total	5,115	56	4	51
	15-24	623	27	9	18
	15-19	230	19*	9*	10*
	20-24	393	32	9*	23
	25+	4,492	60	4*	56
	25-44	1,996	49	5*	44
	45+	2,496	68	2*	65

* Moderate sampling variability, interpret with caution.

High sampling variability - although an estimate may be determined from the table, data should be suppressed.

Estimates may not sum to 100 percent due to rounding.

Source: Canadian Tobacco Use Monitoring Survey, February - December 2004

Table 6. Stages of change categories** by ever smokers (current and former smokers combined) by age group and sex, age 15+ years, Canada 2004

Sex	Age group (years)	Population estimate ('000)	Precontemplation (%)	Contemplation (%)	Preparation (%)	Action (%)	Maintenance (%)
Total	All age groups	11,694	19	16	8	2	55
Male		6,579	19	16	8	2*	56
Female		5,115	20	17	7	2*	54
Both sexes							
Both sexes	15-19	468	32	35	15	#	14
	20-24	845	34	25	13	4*	24
	25+	10,381	18	15	7	1*	59
	25-44	4,395	21	23	10	2*	44
	45+	5,986	15	9	5*	1*	70
Male							
Male	15-24	690	33	30	15	4*	18
	25+	5,889	17	15	7	2*	60
Female							
Female	15-24	623	33	27	12	5*	23
	25+	4,492	18	15	7	#	58

* Moderate sampling variability, interpret with caution.

High sampling variability - although an estimate may be determined from the table, data should be suppressed.

Estimates may not sum to 100 percent due to rounding.

The first 3 categories are current smokers, last 2 categories are former smokers.

** **Stages of Change** - a measure that divides ever smokers (i.e., current and former smokers combined) into 5 different categories, depending on their quit status or readiness to quit. The five stages are defined as follows:

Precontemplation - current smokers who answer "no" to the question, "Are you seriously considering quitting within the next 6 months?".

Contemplation - current smokers who are *either* seriously considering quitting within the next 6 months, but answer "no" to the question, "Are you seriously considering quitting within the next 30 days?" OR are seriously considering quitting within the next 30 days, but did not try to quit for at least 24 hours during the past year (i.e., answered "none" to the question, "In the last year, how many times have you quit for at least 24 hours?").

Preparation - current smokers who are seriously considering quitting within the next 30 days and have quit smoking at least once, for at least 24 hours, during the past year.

Action - former smokers (i.e., do not currently smoke) who have quit smoking within the past 5 months (inclusive).

Maintenance - former smokers who, at the time of the interview, had quit smoking at least 6 months ago.

Source: Canadian Tobacco Use Monitoring Survey, February - December 2004

Table 7. Smoking and pregnancy, women age 20-44 years**, Canada 2004

Age group (years)	Population estimate ('000)	Smoked regularly during most recent pregnancy (%)	Spouse smoked regularly at home during most recent pregnancy (%)
20-44	1,549	8*	7*
15-24	171	21*	20*
25+	1,378	7*	6*

* Moderate sampling variability, interpret with caution.

High sampling variability - although an estimate may be determined from the table, data should be suppressed.

** Among women aged 20-44 that had been pregnant in the previous 5 years.

Source: Canadian Tobacco Use Monitoring Survey, February - December 2004

Table 8. Smoking and education, age 15+ years, Canada 2004

Education level	Population estimate ('000)	Current smokers (%)	Former smokers (%)	Never smokers (%)
< Secondary	5,083	21	24	55
Completed secondary	10,035	22	26	52
Completed college	4,100	21	28	52
Completed university	6,029	14	26	61

* Moderate sampling variability, interpret with caution.

High sampling variability - although an estimate may be determined from the table, data should be suppressed.

Source: Canadian Tobacco Use Monitoring Survey, February - December 2004

Table 9. Exposure of children at home to Environmental Tobacco Smoke (ETS), by province and age group, Canada 2004

Province	% Children Age 0-11 regularly exposed	% Children Age 12-17 regularly exposed	% Children Age 0-17 regularly exposed
Canada	12	19	15
Newfoundland and Labrador	12	18	14
Prince Edward Island	13	18	15
Nova Scotia	13	22	16
New Brunswick	15	21	17
Quebec	23	32	26
Ontario	7	16	10
Manitoba	13	17	15
Saskatchewan	16	25	19
Alberta	9	17	12
British Columbia	4	11	7

* Moderate sampling variability, interpret with caution.

High sampling variability - although an estimate may be determined from the table, data should be suppressed.

Estimates may not sum to 100 percent due to rounding.

Source: Canadian Tobacco Use Monitoring Survey, Household component, February - December 2004

Table 10. Ever used/tried marijuana, cannabis or hashish, by province, Canada 2004

	Population estimate ('000)	% Tried marijuana once	% Tried marijuana greater than once	% Never tried marijuana
Canada	25,251	6	29	65
Males	12,413	6	35	59
Females	12,838	7	24	70
Newfoundland and Labrador	423	7	25	68
Prince Edward Island	112	7	27	66
Nova Scotia	753	7	32	61
New Brunswick	603	7	29	64
Quebec	6,079	6	34	60
Ontario	9,744	6	26	68
Manitoba	897	6	26	69
Saskatchewan	775	9	25	66
Alberta	2,498	7	31	62
British Columbia	3,368	7	31	62

* Moderate sampling variability, interpret with caution.

High sampling variability - although an estimate may be determined from the table, data should be suppressed.

Estimates may not sum to 100 percent due to rounding.

Source: Canadian Tobacco Use Monitoring Survey, February - December 2004

Table 11. Ever used/tried marijuana, cannabis or hashish by smoking status, Canada 2004

Smoking status	Population estimate ('000)	% Tried marijuana once	% Tried marijuana greater than once	% Never tried marijuana
Current smoker	4,911	7	56	37
Former smoker	6,446	8	37	55
Never smoker	13,894	5	16	79

* Moderate sampling variability, interpret with caution.

High sampling variability - although an estimate may be determined from the table, data should be suppressed.

Estimates may not sum to 100 percent due to rounding.

Source: Canadian Tobacco Use Monitoring Survey, February - December 2004

Table 12. Description of the sample size represented, age 15+ years, Canada 2004

	Newfoundland and Labrador	Prince Edward Island	Nova Scotia	New Brunswick	Quebec	Ontario	Manitoba	Saskatchewan	Alberta	British Columbia	Canada
Male	888	954	963	865	1,003	879	903	1,035	1,018	859	9,367
Female	1,036	1,131	1,203	1,076	1,158	1,033	1,016	1,126	1,148	981	10,908
15-19	509	584	564	479	546	470	483	545	525	450	5,155
20-24	381	384	503	451	535	428	402	488	466	363	4,401
25+	1,034	1,117	1,099	1,011	1,080	1,014	1,034	1,128	1,175	1,027	10,719
25-34	174	196	173	188	197	171	197	221	257	162	1,936
35-44	239	246	248	214	263	280	242	225	277	245	2,479
45-54	253	222	232	240	245	229	209	245	300	230	2,405
55+	368	453	446	369	375	334	386	437	341	390	3,899
Total	1,924	2,085	2,166	1,941	2,161	1,912	1,919	2,161	2,166	1,840	20,275

Source: Canadian Tobacco Use Monitoring Survey, February - December 2004