

## **Tobacco Control Programme, Health Canada Supplementary Tables, CTUMS 2000**

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Table 1. Smoking status and average number of cigarettes smoked per day, by age group and sex, age 15+, Canada 2000

Sex	Age group (years)	Population estimate ('000)	Current smokers (%)	Daily smokers (%)	Nondaily smokers (%)	Former smokers (%)	Never smoked (%)	Average cigarettes smoked per day <sup>1</sup>
Total	All age groups	24,580	24	20	5	26	50	16.8
Male		12,093	26	21	5	29	45	19.0
Female		12,486	23	18	5	23	54	14.4
Both sexes	15-17	1,240	21	15	7	5*	74	11.5
	18-19	823	31	22	9	6*	63	13.9
	15-19	2,063	25	18	8	5	70	12.7
	20-22	1,300	33	25	8	8	59	13.9
	23-24	771	31	25	6*	13	56	14.0
	20-24	2,071	32	25	8	10	58	13.9
	25-34	4,376	28	23	5*	17	55	16.2
	35-44	5,292	31	25	5*	25	45	17.6
	45-54	4,348	23	19	3*	37	40	18.5
	55+	6,429	15	12	3*	38	47	18.4
	25+	20,446	24	20	4	30	47	17.6
Male	15-17	645	19	13	6*	4*	77	12.8
	18-19	412	31	23	9*	4*	65	14.4
	15-19	1,057	23	17	7	4*	72	13.6
	20-22	680	34	26	8*	8*	59	15.1
	23-24	376	32	25	7*	10*	58	16.1
	20-24	1,055	33	26	7	8	59	15.5
	25-34	2,206	30	27	4*	16	54	18.3
	35-44	2,654	32	27	5*	25	43	19.1
	45-54	2,164	23	20	4*	43	34	21.0
	55+	2,956	18	14	4*	48	34	22.1
	25+	9,980	25	21	4	34	41	19.8

Sex	Age group (years)	Population estimate ('000)	Current smokers (%)	Daily smokers (%)	Nondaily smokers (%)	Former smokers (%)	Never smoked (%)	Average cigarettes smoked per day <sup>1</sup>
Female	15-17	594	25	17	8*	5*	71	10.5
	18-19	411	31	22	10*	7*	62	13.3
	15-19	1,006	27	19	9	6	67	11.9
	20-22	620	32	24	9*	9*	59	12.4
	23-24	395	31	25	6*	16	54	12.0
	20-24	1,015	32	24	8	11	57	12.3
	25-34	2,171	27	20	7*	17	56	13.2
	35-44	2,638	30	24	6*	24	46	15.8
	45-54	2,184	22	19	#	31	47	16.1
	55+	3,473	13	11	#	29	58	14.5
25+	10,465	22	18	4	26	52	15.0	

<sup>1</sup> Daily smokers only.

\* Moderate sampling variability, interpret with caution.

# High sampling variability - although an estimate may be determined from the table, data should be suppressed.

Estimates may not sum to 100 percent due to rounding.

Source: Canadian Tobacco Use Monitoring Survey, February - December 2000

Table 2. Smoking status and average number of cigarettes smoked per day, by province, age group and sex, age 15+, Canada 2000

Province	Sex or age group	Population estimate ('000)	Current smokers (%)	Former smokers (%)	Never smoked (%)	Average cigarettes smoked per day <sup>1</sup>
Newfoundland	Total	441	28	28	44	15.5
	15-19	41	28	5*	67	12.0
	20-24	39	40	9*	51	15.5
	25-44	167	38	23	39	15.8
	45+	194	16	42	42	15.8
	Male (15+)	217	29	33	38	17.4
	15-24	41	36	7*	57	16.6
	25+	176	27	39	34	17.6
	Female (15+)	224	26	24	49	13.5
	15-24	39	32	7*	61	11.1
	25+	184	25	28	47	14.1
Prince Edward Island	Total	110	26	28	46	17.7
	15-19	10	21	#	74	13.6
	20-24	10	36	10*	54	14.8
	25-44	40	33	25	43	18.4
	45+	50	19	39	42	18.3
	Male (15+)	53	30	28	42	19.6
	15-24	10	33	6*	61	15.5
	25+	43	29	34	37	20.5
	Female (15+)	56	22	28	50	15.1
	15-24	10	24	9*	67	12.6
	25+	47	21	32	47	15.6
Nova Scotia	Total	762	30	28	43	17.7
	15-19	64	25	#	70	12.9
	20-24	63	37	8*	55	14.3
	25-44	290	38	19	43	17.1
	45+	346	22	43	35	20.4

Province	Sex or age group	Population estimate ('000)	Current smokers (%)	Former smokers (%)	Never smoked (%)	Average cigarettes smoked per day <sup>1</sup>
	Male (15+)	370	31	34	35	20.2
	15-24	64	31	7*	62	15.1
	25+	306	31	40	29	21.2
	Female (15+)	392	29	21	50	15.2
	15-24	62	31	6*	63	12.4
	25+	329	28	24	48	15.7
New Brunswick	Total	612	27	29	45	19.0
	15-19	51	30	#	64	16.6
	20-24	51	36	9*	55	15.6
	25-44	234	31	25	44	18.2
	45+	275	20	40	40	21.5
	Male (15+)	301	27	32	41	21.0
	15-24	52	30	9*	61	16.5
	25+	248	26	37	36	21.9
	Female (15+)	311	26	25	49	16.9
	15-24	50	36	#	58	15.6
	25+	261	24	29	47	17.2
Quebec	Total	5,977	28	28	43	17.6
	15-19	476	30	7*	63	12.1
	20-24	504	38	10*	52	14.4
	25-44	2,291	34	23	43	18.4
	45+	2,707	21	40	39	18.8
	Male (15+)	2,935	28	33	39	20.1
	15-24	501	29	#	65	14.3
	25+	2,434	28	39	33	21.2
	Female (15+)	3,041	28	24	48	15.1
	15-24	478	40	10*	50	12.9
	25+	2,564	26	26	48	15.6
Ontario	Total	9,340	23	27	50	16.9
	15-19	769	25	#	70	13.1

Province	Sex or age group	Population estimate ('000)	Current smokers (%)	Former smokers (%)	Never smoked (%)	Average cigarettes smoked per day <sup>1</sup>
	20-24	760	28	10*	61	13.3
	25-44	3,750	28	22	51	16.5
	45+	4,061	17	39	44	19.1
	Male (15+)	4,573	25	29	46	19.1
	15-24	780	27	#	66	14.5
	25+	3,792	25	33	42	20.0
	Female (15+)	4,767	21	25	54	14.0
	15-24	749	26	8*	65	11.7
	25+	4,018	20	28	52	14.5
Manitoba	Total	896	26	22	52	16.7
	15-19	81	25	#	71	11.5
	20-24	78	37	9*	54	13.2
	25-44	339	31	19	50	17.3
	45+	398	19	32	49	18.4
	Male (15+)	441	29	28	44	18.2
	15-24	81	31	#	62	14.2
	25+	360	28	32	39	19.1
	Female (15+)	454	23	17	60	14.9
	15-24	78	30	7*	63	10.6
	25+	376	21	19	60	16.1
Saskatchewan	Total	790	28	22	50	15.3
	15-19	79	24	#	72	11.6
	20-24	74	36	11*	52	12.6
	25-44	288	37	17	46	14.9
	45+	350	20	33	47	17.6
	Male (15+)	391	29	25	46	16.6
	15-24	78	31	7*	62	12.8
	25+	312	29	29	42	17.5
	Female (15+)	400	27	20	53	14.0
	15-24	74	29	8*	63	11.4

Province	Sex or age group	Population estimate ('000)	Current smokers (%)	Former smokers (%)	Never smoked (%)	Average cigarettes smoked per day <sup>1</sup>
	25+	326	27	22	51	14.5
Alberta	Total	2,354	23	23	54	16.6
	15-19	223	24	#	73	13.9
	20-24	223	29	11*	59	15.3
	25-44	989	26	22	52	16.0
	45+	919	16	33	51	18.9
	Male (15+)	1,185	24	26	50	18.4
	15-24	230	27	#	67	16.4
	25+	956	23	31	45	18.9
	Female (15+)	1,169	21	20	58	14.7
	15-24	216	27	9*	65	12.9
	25+	953	20	23	57	15.2
	British Columbia	Total	3,298	20	22	58
15-19		271	18	#	78	11.2
20-24		268	28	9*	62	13.3
25-44		1,281	24	16	60	15.9
45+		1,478	15	34	52	14.6
Male (15+)		1,626	22	23	55	16.6
15-24		274	25	#	69	15.0
25+		1,352	21	26	53	16.9
Female (15+)		1,672	18	22	61	12.9
15-24		264	21	7*	72	9.5
25+		1,408	17	24	59	13.5

<sup>1</sup> Daily smokers only.

\* Moderate sampling variability, interpret with caution.

# High sampling variability - although an estimate may be determined from the table, data should be suppressed.

Estimates may not sum to 100 percent due to rounding.

Source: Canadian Tobacco Use Monitoring Survey, February - December 2000

Table 3. Nicotine dependence by age group and sex, daily smokers, age 15+, Canada 2000

			How soon after waking do you have your first cigarette?			
Sex	Age group (years)	Population estimate ('000)	Within 5 minutes (%)	6-30 minutes (%)	31-60 minutes (%)	>60 minutes (%)
Total	All age groups	4,741	24	31	17	28
Male		2,506	25	32	19	24
Female		2,234	23	30	16	32
<b>Both sexes</b>						
Both sexes	15-19	359	20	24	21	35
	20-24	513	22	24	24	31
	25-44	2,310	24	29	18	29
	45+	1,559	25	40	13*	23
<b>Male</b>						
Male	15-19	170	20*	25*	21*	34
	20-24	268	24	25	25	27
	25-44	1,268	26	29	21	25
	45+	801	26*	42	12*	20*
<b>Female</b>						
Female	15-19	189	20*	23*	20*	37
	20-24	245	20*	23	23	34
	25-44	1,042	23*	28	15*	34
	45+	758	24*	37	13*	26*

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Source: Canadian Tobacco Use Monitoring Survey, February - December 2000

Table 4. Nicotine dependence by province, age group and sex, daily smokers, age 15+, Canada 2000

			How soon after waking do you have your first cigarette?	
Province	Sex or age group	Population estimate ('000)	Within 30 minutes (%)	31+ minutes (%)
Newfoundland	Total	105	57	43
	15-19	8	35*	65
	20-24	13	48	52
	25-44	55	60	40
	45+	29	63	37*
	Male (15+)	55	61	39
	15-24	12	45	55
	25+	43	65	35
	Female (15+)	50	54	46
	15-24	9	40	60
	25+	41	57	43
Prince Edward Island	Total	24	61	39
	15-19	2	48*	52*
	20-24	3	43	57
	25-44	11	62	38
	45+	8	69	31*
	Male (15+)	14	63	37
	15-24	2	45	55
	25+	11	67	33
	Female (15+)	10	58	42
	15-24	2	45*	55*
	25+	8	61	39
Nova Scotia	Total	188	62	38
	15-19	11	46	54
	20-24	19	50	50
	25-44	92	59	41
	45+	65	74	#
	Male (15+)	94	65	35

			How soon after waking do you have your first cigarette?	
Province	Sex or age group	Population estimate ('000)	Within 30 minutes (%)	31+ minutes (%)
	15-24	15	57	43
	25+	79	67	33
	Female (15+)	94	59	41
	15-24	15	39	61
	25+	79	63	37
New Brunswick	Total	137	64	36
	15-19	11	51	49
	20-24	15	54	46
	25-44	63	66	34
	45+	47	66	34*
	Male (15+)	70	67	33
	15-24	12	56	44
	25+	58	70	#
	Female (15+)	66	60	40
	15-24	14	49	51
	25+	52	62	38
Quebec	Total	1,353	55	45
	15-19	95	40	60
	20-24	154	45	55
	25-44	649	58	42
	45+	455	56	44
	Male (15+)	680	59	41
	15-24	109	45	55
	25+	571	62	38
	Female (15+)	672	50	50
	15-24	140	41	59
	25+	533	53	47
Ontario	Total	1,620	50	50
	15-19	123	42*	58
	20-24	157	41	59

			How soon after waking do you have your first cigarette?	
Province	Sex or age group	Population estimate ('000)	Within 30 minutes (%)	31+ minutes (%)
	25-44	809	43	57
	45+	532	65	#
	Male (15+)	897	51	49
	15-24	151	42	58
	25+	745	52	48
	Female (15+)	724	49	51
	15-24	129	40*	60
	25+	595	51	49*
Manitoba	Total	184	56	44
	15-19	15	46	54
	20-24	24	46	54
	25-44	89	55	45
	45+	56	66	34*
	Male (15+)	102	59	41
	15-24	21	52	48
	25+	82	60	40
	Female (15+)	82	53	47
	15-24	19	39*	61
	25+	64	58	42
Saskatchewan	Total	191	55	45
	15-19	15	44	56
	20-24	22	40	60
	25-44	91	51	49
	45+	63	69	31*
	Male (15+)	95	60	40
	15-24	20	36	64
	25+	75	66	34
	Female (15+)	96	51	49
	15-24	18	47	53
	25+	78	52	48

			How soon after waking do you have your first cigarette?	
Province	Sex or age group	Population estimate ('000)	Within 30 minutes (%)	31+ minutes (%)
Alberta	Total	450	60	40
	15-19	45	48	52
	20-24	51	58	42*
	25-44	220	57	43
	45+	133	68	#
	Male (15+)	238	62	38
	15-24	48	52	48
	25+	190	65	35
	Female (15+)	212	57	43
	15-24	49	55	45
	25+	163	57	43
British Columbia	Total	490	64	36
	15-19	33	55	#
	20-24	55	49	51
	25-44	230	58	42
	45+	172	78	#
	Male (15+)	262	65	35
	15-24	47	60	40*
	25+	214	66	34*
	Female (15+)	228	62	38
	15-24	40	41*	59
	25+	188	67	33*

\* Moderate sampling variability, interpret with caution.

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Estimates may not sum to 100 percent due to rounding.

Source: Canadian Tobacco Use Monitoring Survey, February - December 2000

Table 5. Number of quit attempts in the past 12 months by age group and sex, daily smokers, age 15+, Canada 2000

Sex	Age group (years)	Population estimate ('000)	No attempts (%)	1-3 attempts (%)	4 or more attempts (%)
Total	All age groups	4,651	52	36	11
Male		2,452	51	36	13
Female		2,199	54	37	9*
<b>Both sexes</b>					
Both sexes	15-17	175	23*	53	23*
	18-19	172	39	42	19*
	20-22	311	36	46	18
	23-24	186	42	49	8*
	25-34	981	52	37	11*
	35-44	1,289	56	32	12*
	45+	1,537	58	34	9*
<b>Male</b>					
Male	15-19	162	33	47	20*
	20-24	259	38	45	18*
	25-44	1,245	52	34	14*
	45+	786	58	34	#
<b>Female</b>					
Female	15-19	184	30	48	22*
	20-24	238	39	50	11*
	25-44	1,025	58	35	7*
	45+	752	58	34	#

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Estimates may not sum to 100 percent due to rounding.

Source: Canadian Tobacco Use Monitoring Survey, February - December 2000

Table 6. Number of quit attempts in the past 12 months by province, age group and sex, daily smokers, age 15+, Canada 2000

Province	Sex or age group	Population estimate ('000)	No attempts (%)	1-3 attempts (%)	4 or more attempts (%)
Newfoundland	Total	104	50	39	11*
	15-19	8	29*	51	#
	20-24	13	39	53	#
	25-44	54	47	40	#
	45+	29	66	#	#
	Male (15+)	53	50	38	12*
	15-24	11	38	50	#
	25+	42	53	#	#
	Female (15+)	51	51	39	10*
	15-24	9	32	54	#
	25+	42	55	36	#
Prince Edward Island	Total	24	51	41	8*
	15-19	2	#	55*	#
	20-24	3	41	46	#
	25-44	12	44	51	#
	45+	8	71	#	#
	Male (15+)	13	55	37	8*
	15-24	2	30*	51	#
	25+	11	61	34	#
	Female (15+)	10	45	46	#
	15-24	2	36*	47*	#
	25+	9	47	46	#
Nova Scotia	Total	190	56	36	8*
	15-19	11	#	48	28*
	20-24	19	38	48	#
	25-44	93	58	36	#
	45+	67	64	31	#
	Male (15+)	96	64	27	8*
	15-24	15	32*	47	#

Province	Sex or age group	Population estimate ('000)	No attempts (%)	1-3 attempts (%)	4 or more attempts (%)
	25+	81	71	24*	#
	Female (15+)	94	47	45	8*
	15-24	15	33*	49	#
	25+	79	50	45	#
New Brunswick	Total	135	51	39	10*
	15-19	11	30*	48	#
	20-24	14	38	48	#
	25-44	62	53	40	#
	45+	47	58	33*	#
	Male (15+)	68	52	37	#
	15-24	12	36	47	#
	25+	57	56	36	#
	Female (15+)	66	50	41	9*
	15-24	14	34*	49	#
	25+	53	54	39	#
Quebec	Total	1,350	50	38	12*
	15-19	95	35*	42	23*
	20-24	150	40	44	#
	25-44	646	56	34	#
	45+	458	48	40*	#
	Male (15+)	690	48	38	14*
	15-24	107	37	43	#
	25+	583	50	37	#
	Female (15+)	660	52	38	10*
	15-24	139	39	44	17*
	25+	521	56	37*	#
Ontario	Total	1,578	55	33	12*
	15-19	119	#	52	#
	20-24	152	44	43	#
	25-44	805	56	#	#
	45+	502	62	#	#

Province	Sex or age group	Population estimate ('000)	No attempts (%)	1-3 attempts (%)	4 or more attempts (%)
	Male (15+)	857	52	33*	#
	15-24	145	39*	45	#
	25+	712	55	#	#
	Female (15+)	721	58	33*	#
	15-24	126	#	50	#
	25+	595	62	#	#
Manitoba	Total	179	59	35	6*
	15-19	13	#	53	#
	20-24	22	41	43	#
	25-44	85	64	32*	#
	45+	59	66	31*	#
	Male (15+)	102	63	31	#
	15-24	19	33*	49	#
	25+	83	70	#	#
	Female (15+)	77	54	40	#
	15-24	16	41*	44*	#
	25+	61	58	39*	#
Saskatchewan	Total	183	54	36	10*
	15-19	13	33*	44	#
	20-24	20	42	45	#
	25-44	87	53	36	#
	45+	63	65	30*	#
	Male (15+)	92	52	38	#
	15-24	17	36*	45	#
	25+	75	56	36	#
	Female (15+)	91	57	33	#
	15-24	16	42	44	#
	25+	75	60	31	#
Alberta	Total	432	53	38	9*
	15-19	42	33*	49	#
	20-24	51	27*	57	#

Province	Sex or age group	Population estimate ('000)	No attempts (%)	1-3 attempts (%)	4 or more attempts (%)
	25-44	207	57	34	#
	45+	132	61	#	#
	Male (15+)	228	51	38	11*
	15-24	46	33*	48	#
	25+	182	55	36	#
	Female (15+)	204	54	38	#
	15-24	46	27*	60	#
	25+	157	63	31*	#
British Columbia	Total	476	46	41	12*
	15-19	33	#	#	#
	20-24	52	#	60	#
	25-44	220	44	44	#
	45+	171	59	#	#
	Male (15+)	251	45	41	#
	15-24	46	#	49*	#
	25+	206	49	39*	#
	Female (15+)	225	47	42	#
	15-24	40	#	55	#
	25+	185	52	39*	#

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Estimates may not sum to 100 percent due to rounding.

Source: Canadian Tobacco Use Monitoring Survey, February - December 2000

Table 7. Stages of change categories\*\* by ever smokers (current and former smokers combined) by age group and sex, age 15+, Canada 2000

Sex	Age group (years)	Population estimate ('000)	Precontemplation (%)	Contemplation (%)	Preparation (%)	Action (%)	Maintenance (%)
Total	All age groups	12,396	23	18	8	4	48
Male		6,630	23	16	8	4*	49
Female		5,766	23	19	7	3*	47
Both sexes	15-19	624	32	31	20	7*	9
	20-24	873	31	31	14	6	17
	25-44	4,892	27	22	9	5*	37
	45+	6,007	17	11	4*	2*	65
Male	15-24	729	29	33	19	6*	13
	25+	5,901	22	14	7	4*	53
Female	15-24	769	33	29	15	8	15
	25+	4,998	22	18	6	3*	52

\* Moderate sampling variability, interpret with caution.

# High sampling variability - although an estimate may be determined from the table, data should be suppressed.

Estimates may not sum to 100 percent due to rounding.

The first 3 categories are current smokers, last 2 categories are former smokers.

\*\* **Stages of Change** - a measure that divides ever smokers (i.e., current and former smokers combined) into 5 different categories, depending on their quit status or readiness to quit. The five stages are defined as follows:

**Precontemplation** - current smokers who answer "no" to the question, "Are you seriously considering quitting within the next 6 months?".

**Contemplation** - current smokers who are *either* seriously considering quitting within the next 6 months, but answer "no" to the question, "Are you seriously considering quitting within the next 30 days?" OR are seriously considering quitting within the next 30 days, but did not try to quit for at least 24 hours during the past year (i.e., answered "none" to the question, "In the last year, how many times have you quit for at least 24 hours?").

**Preparation** - current smokers who are seriously considering quitting within the next 30 days and have quit smoking at least once, for at least 24 hours, during the past year.

**Action** - former smokers (i.e., do not currently smoke) who have quit smoking within the past 5 months (inclusive).

**Maintenance** - former smokers who, at the time of the interview, had quit smoking at least 6 months ago.

Source: Canadian Tobacco Use Monitoring Survey, February - December 2000

Table 8. Stages of change categories\*\* by ever smokers (current and former smokers combined) by province, age group and sex, age 15+, Canada 2000

Province	Sex or age group	Population estimate ('000)	Precontemplation (%)	Contemplation (%)	Preparation (%)	Action (%)	Maintenance (%)
Newfoundland	Total	247	24	17	9	2*	49
	15-19	14	31	34	21*	#	#
	20-24	19	33	30	18*	#	15*
	25-44	102	31	19	12*	#	36
	45+	113	15	10*	#	#	70
	Male (15+)	134	21	15	11	#	50
	15-24	17	35	28	22*	#	#
	25+	117	19	13*	#	#	56
	Female (15+)	113	27	19	6*	#	46
	15-24	15	29	36	17*	#	13*
	25+	98	27	16*	#	#	51
Prince Edward Island	Total	59	22	19	6*	4*	48
	15-19	3	33*	31*	19*	#	#
	20-24	4	32	31	14*	#	15*
	25-44	23	25	24	#	#	38
	45+	29	17	12*	#	#	66
	Male (15+)	31	23	22	6*	#	45
	15-24	4	32	33	19*	#	#
	25+	27	21	21	#	#	50
	Female (15+)	28	22	16	7*	#	52
	15-24	3	32	29*	#	#	19*
	25+	25	20	14*	#	#	57
Nova Scotia	Total	437	25	19	7	#	46
	15-19	19	29	33	22*	#	#
	20-24	28	42	27	13*	#	13*
	25-44	166	32	26	#	#	31
	45+	224	18	12*	#	#	65
	Male (15+)	242	24	18	6*	#	50
	15-24	24	38	28	17*	#	#
	25+	218	23	17	#	#	54

Province	Sex or age group	Population estimate ('000)	Precontemplation (%)	Contemplation (%)	Preparation (%)	Action (%)	Maintenance (%)
	Female (15+)	195	27	22	9*	#	42
	15-24	23	36	31	17*	#	13*
	25+	172	26	20	#	#	45
New Brunswick	Total	338	25	16	8	2*	49
	15-19	18	33	28	22*	#	#
	20-24	23	38	30	#	#	14*
	25-44	130	27	21	#	#	41
	45+	166	20	8*	#	#	65
	Male (15+)	179	24	14	7*	#	53
	15-24	20	32	29	15*	#	#
	25+	158	24	12*	#	#	58
	Female (15+)	159	25	18	9*	#	45
	15-24	21	40	29	18*	#	#
	25+	138	22	16*	#	#	51
Quebec	Total	3,380	23	20	8	3*	47
	15-19	174	32	33	15*	#	#
	20-24	242	35	32	13*	#	13*
	25-44	1,315	28	24	#	#	38
	45+	1,649	16	13*	#	#	63
	Male (15+)	1,805	21	17	8*	#	51
	15-24	177	27	36	19*	#	#
	25+	1,628	20	15	#	#	55
	Female (15+)	1,575	25	22	7*	#	43
	15-24	239	39	30	10*	#	13*
	25+	1,336	23	21	#	#	48
Ontario	Total	4,647	22	18	7*	4*	49
	15-19	231	29*	29*	25*	#	#
	20-24	293	26*	33	#	#	22*
	25-44	1,850	25	24*	#	#	37
	45+	2,272	18*	#	#	#	68
	Male (15+)	2,460	22	17	8*	#	48
	15-24	265	25*	33	22*	#	#
	25+	2,195	22	15*	#	#	52

Province	Sex or age group	Population estimate ('000)	Precontemplation (%)	Contemplation (%)	Preparation (%)	Action (%)	Maintenance (%)
	Female (15+)	2,187	21	19	6*	#	51
	15-24	259	29	29	18*	#	#
	25+	1,927	20*	17*	#	#	56
Manitoba	Total	430	30	18	5*	#	44
	15-19	24	39	34	#	#	#
	20-24	36	41	30*	#	#	15*
	25-44	168	38	19*	#	#	33
	45+	203	21	14*	#	#	61
	Male (15+)	249	30	16	5*	#	46
	15-24	30	42	32	#	#	#
	25+	218	28	14*	#	#	51
	Female (15+)	181	31	21	5*	#	40
	15-24	29	37	31	#	#	#
	25+	152	29	19*	#	#	45
Saskatchewan	Total	398	29	19	8	#	42
	15-19	22	33	35	#	#	#
	20-24	35	35	30	#	#	20*
	25-44	156	32	25	#	#	30
	45+	185	24	#	#	#	60
	Male (15+)	210	27	19	8*	#	44
	15-24	30	37	31	#	#	#
	25+	180	25	17	#	#	48
	Female (15+)	188	31	20	7*	#	40
	15-24	27	32	33	#	#	17*
	25+	160	30	18*	#	#	44
Alberta	Total	1,081	24	17	8	4*	47
	15-19	60	37	38	#	#	#
	20-24	91	29*	32	11*	#	15*
	25-44	476	27	19	#	#	42
	45+	454	19	#	#	#	65
	Male (15+)	596	25	14	9*	#	50
	15-24	75	33	36	#	#	#
	25+	521	24	#	#	#	55

Province	Sex or age group	Population estimate ('000)	Precontemplation (%)	Contemplation (%)	Preparation (%)	Action (%)	Maintenance (%)
	Female (15+)	485	24	21	7*	#	45
	15-24	77	32	33	#	#	#
	25+	409	22	19*	#	#	51
British Columbia	Total	1,379	22	13	11	4*	49
	15-19	59	34*	25*	#	#	#
	20-24	101	33	24*	19*	#	16*
	25-44	507	28	13*	19*	#	35
	45+	713	15*	11*	#	#	67
	Male (15+)	724	23	14*	11*	#	49
	15-24	85	34*	29*	#	#	#
	25+	639	22	12*	#	#	54
	Female (15+)	655	21	13*	11*	#	49
	15-24	75	31*	#	#	#	#
	25+	581	19*	#	#	#	53

\* Moderate sampling variability, interpret with caution.

# High sampling variability - although an estimate may be determined from the table, data should be suppressed.

Estimates may not sum to 100 percent due to rounding.

The first 3 categories are current smokers, last 2 categories are former smokers.

**\*\* Stages of Change** - a measure that divides ever smokers (i.e., current and former smokers combined) into 5 different categories, depending on their quit status or readiness to quit. The five stages are defined as follows:

**Precontemplation** - current smokers who answer "no" to the question, "Are you seriously considering quitting within the next 6 months?".

**Contemplation** - current smokers who are *either* seriously considering quitting within the next 6 months, but answer "no" to the question, "Are you seriously considering quitting within the next 30 days?" OR are seriously considering quitting within the next 30 days, but did not try to quit for at least 24 hours during the past year (i.e., answered "none" to the question, "In the last year, how many times have you quit for at least 24 hours?").

**Preparation** - current smokers who are seriously considering quitting within the next 30 days and have quit smoking at least once, for at least 24 hours, during the past year.

**Action** - former smokers (i.e., do not currently smoke) who have quit smoking within the past 5 months (inclusive).

**Maintenance** - former smokers who, at the time of the interview, had quit smoking at least 6 months ago.

Source: Canadian Tobacco Use Monitoring Survey, February - December 2000

Table 9. Use of roll-your-own cigarettes versus manufactured cigarettes by province, age 15+, Canada 2000

Province	Population estimate ('000)	Smokes roll-your-own cigarettes <sup>1</sup> (%)	Smokes manufactured cigarettes exclusively (%)
Canada <sup>2</sup>	6,250	16	84
Newfoundland	124	53	47
Prince Edward Island	29	26	74
Nova Scotia	228	25	75
New Brunswick	164	27	73
Quebec	1,770	20	80
Ontario	2,292	7*	93
Manitoba	233	25	75
Saskatchewan	224	27	73
Alberta	550	20	80
British Columbia	635	16*	84

\* Moderate sampling variability, interpret with caution.

# High sampling variability - although an estimate may be determined from the table, data should be suppressed.

Estimates may not sum to 100 percent due to rounding.

<sup>1</sup> Smokes roll-your-own cigarettes includes 3 categories combined: all of the time, most of the time and sometimes.

<sup>2</sup> Nationally, smokes roll-your-own cigarettes 3 categories separately represents: all of the time 7%, most of the time 3%\*, sometimes 6%.

Source: Canadian Tobacco Use Monitoring Survey, February - December 2000

Table 10. Average cigarettes smoked per day among those that roll-your-own cigarettes by province, daily smokers, age 15+, Canada 2000

Province	Average cigarettes smoked per day		
	Smokes roll-your-own cigarettes exclusively	Smokes roll-your-own cigarettes most of the time or sometimes	Smokes manufactured cigarettes exclusively
Canada	18.4	17.8	16.6
Newfoundland	17.9	16.8	12.9
Prince Edward Island	20.3	18.8	16.8
Nova Scotia	19.3	16.1	17.6
New Brunswick	24.8	19.8	17.6
Quebec	19.2	17.2	17.4
Ontario	#	#	16.7
Manitoba	19.5	17.7	16.0
Saskatchewan	15.7	17.3	14.8
Alberta	#	18.3	16.4
British Columbia	#	14.3	14.4

\* Moderate sampling variability, interpret with caution.

# High sampling variability - although an estimate may be determined from the table, data should be suppressed.

Estimates may not sum to 100 percent due to rounding.

Source: Canadian Tobacco Use Monitoring Survey, February - December 2000

Table 11. Strength of cigarettes smoked by age group and sex, current smokers, age 15+, Canada 2000

Sex	Age group (years)	Population estimate ('000)	Ultra/Extra light or extra mild (%)	Light or mild (%)	Regular (%)
Total	All age groups	5,802	24	42	34
Male		2,996	20	42	38
Female		2,806	28	42	30
Both sexes	15-17	260	12*	49	39
	18-19	246	18*	51	31
	20-22	423	25	39	36
	23-24	239	27	40	34
	25-34	1,208	31	43	25
	35-44	1,564	23	39	37
	45+	1,863	21	43	37
Male	15-19	237	14*	45	40
	20-24	342	23	37	39
	25-44	1,436	23	41	36
	45+	981	15*	45	41
Female	15-19	269	15*	54	30
	20-24	319	27	41	31
	25-44	1,336	31	41	27
	45+	882	28*	40	32

\* Moderate sampling variability, interpret with caution.

# High sampling variability - although an estimate may be determined from the table, data should be suppressed.

Estimates may not sum to 100 percent due to rounding.

Source: Canadian Tobacco Use Monitoring Survey, February - December 2000

Table 12. Strength of cigarettes smoked by province, by age group and sex, current smokers, age 15+, Canada 2000

Province	Sex or age group	Population estimate ('000)	Ultra/Extra light or extra mild (%)	Light or mild (%)	Regular (%)
Newfoundland	Total	119	18	43	39
	15-24	27	9*	54	37
	25+	92	21	40	39
	Male (15+)	61	#	49	36
	Female (15+)	58	22	37	41
Prince Edward Island	Total	27	24	49	27
	15-24	6	13*	57	29
	25+	21	27	47	26
	Male (15+)	15	19*	50	31
	Female (15+)	12	30	48	22*
Nova Scotia	Total	218	25	45	30
	15-24	38	15*	52	32
	25+	180	27	43	30
	Male (15+)	109	19*	48	34
	Female (15+)	109	31	41	27
New Brunswick	Total	153	22	39	39
	15-24	33	23	38	39
	25+	121	22	39	39
	Male (15+)	75	20*	35	45
	Female (15+)	79	24*	43	33
Quebec	Total	1,627	12*	39	49
	15-24	325	10*	38	52
	25+	1,301	13*	39	48
	Male (15+)	804	#	37	52
	Female (15+)	823	13*	41	46
Ontario	Total	2,099	33	41	26
	15-24	406	34	43	23
	25+	1,694	33	41	27
	Male (15+)	1,111	28*	40	33
	Female (15+)	988	38	44	18*

Province	Sex or age group	Population estimate ('000)	Ultra/Extra light or extra mild (%)	Light or mild (%)	Regular (%)
Manitoba	Total	225	17	50	33
	15-24	49	10*	56	34
	25+	177	19*	48	33
	Male (15+)	123	14*	50	37
	Female (15+)	102	20	50	29
Saskatchewan	Total	217	21	49	30
	15-24	46	#	59	30
	25+	172	23	46	30
	Male (15+)	111	17*	51	33
	Female (15+)	106	25	47	28
Alberta	Total	525	26	48	26
	15-24	119	18*	52	30
	25+	405	29	47	24
	Male (15+)	278	18*	49	33
	Female (15+)	247	36	47	17*
British Columbia	Total	590	25	43	32
	15-24	120	21*	39	41
	25+	471	26*	44	30
	Male (15+)	308	18*	50	32
	Female (15+)	282	33	35	31

\* Moderate sampling variability, interpret with caution.

# High sampling variability - although an estimate may be determined from the table, data should be suppressed.

Estimates may not sum to 100 percent due to rounding.

Source: Canadian Tobacco Use Monitoring Survey, February - December 2000

Table 13. Exposure of children at home to Environmental Tobacco Smoke (ETS), by province and age group, Canada 2000

Province	% Children Age 0-11 regularly exposed	% Children Age 12-17 regularly exposed	% Children Age 0-17 regularly exposed
Canada	24	31	27
Newfoundland	29	37	32
Prince Edward Island	25	30	27
Nova Scotia	28	34	30
New Brunswick	26	34	29
Quebec	36	42	38
Ontario	19	28	23
Manitoba	29	30	29
Saskatchewan	32	30	31
Alberta	21	29	24
British Columbia	15	18	16

\* Moderate sampling variability, interpret with caution.

# High sampling variability - although an estimate may be determined from the table, data should be suppressed.

Estimates may not sum to 100 percent due to rounding.

Source: Canadian Tobacco Use Monitoring Survey, Household component, February - December 2000

Table 14. Description of the sample size represented in the Fact Sheet, age 15+, Canada 2000

	Newfoundland	Prince Edward Island	Nova Scotia	New Brunswick	Quebec	Ontario	Manitoba	Saskatchewan	Alberta	British Columbia	Canada
Male	919	1,026	967	874	1,000	872	928	891	1,010	934	9,421
Female	1,218	1,274	1,227	981	1,111	955	1,067	995	1,128	1,038	10,994
15-19	667	634	603	493	546	513	506	513	540	521	5,536
20-24	425	503	476	415	531	461	457	382	478	397	4,525
25-34	196	244	189	195	213	179	188	182	248	209	2,043
35-44	254	294	319	243	261	237	262	250	284	269	2,673
45-54	240	234	232	186	232	174	199	171	234	217	2,119
55+	355	391	375	323	328	263	383	388	354	359	3,519
Total	2,137	2,300	2,194	1,855	2,111	1,827	1,995	1,886	2,138	1,972	20,415

Source: Canadian Tobacco Use Monitoring Survey, February - December 2000