## **List of Tables**

- Table 1. Description of the population used for the Fact Sheets on the Canadian Tobacco Use Monitoring Survey (February-December), age 15 and over, Canada 1999
- Table 2. Smoking status and average number of cigarettes smoked per day by age group and sex for Canadians age 15 and over, Canadian Tobacco Use Monitoring Survey (February-December), Canada 1999
- Table 3. Smoking status and average number of cigarettes smoked per day, by province, sex and age group for Canadians age 15 and over, Canadian Tobacco Use Monitoring Survey (February-December), Canada 1999
- Table 4. Nicotine dependence among daily smokers by age group and sex for Canadians age 15 and over, Canadian Tobacco Use Monitoring Survey (July-December), Canada 1999
- Table 5. Number of quit attempts in the past 12 months among daily smokers by age group and sex for Canadians age 15 and over, Canadian Tobacco Use Monitoring Survey (July-December), Canada 1999
- Table 6. Stages of change categories among ever smokers (current and former smokers combined) by age group and sex for Canadians age 15 and over, Canadian Tobacco Use Monitoring Survey (July-December), Canada 1999

Table 1. Description of the population used for the Fact Sheet on the Canadian Tobacco Use Monitoring Survey (February-December), age 15 and over, Canada 1999

	Newfoundland ('000)	Prince Edward Island ('000)	Nova Scotia ('000)	New Brunswick ('000)	Quebec ('000)	Ontario ('000)	Manitoba ('000)	Saskatchewan ('000)	Alberta ('000)	British Columbia ('000)	Canada ('000)
Male	217	53	368	299	2,914	4,493	438	390	1,163	1,606	11,940
Female	223	56	388	309	3,019	4,683	451	399	1,147	1,647	12,320
15-19	42	10	64	52	485	755	80	79	218	268	2,053
20-24	40	10	63	52	498	753	78	74	219	265	2,051
25-34	79	18	133	109	1,022	1,731	159	132	457	591	4,430
35-44	91	22	159	126	1,292	1,993	182	159	531	698	5,254
45-54	82	19	133	109	1,070	1,556	148	123	383	576	4,199
55+	107	29	205	160	1,566	2,388	242	222	501	856	6,275
Total	440	108	756	608	5,934	9,176	888	789	2,310	3,253	24,260

Estimates may not sum to total due to rounding

Table 2. Smoking status and average number of cigarettes smoked per day by age group and sex for Canadians age 15 and over, Canadian Tobacco Use Monitoring Survey (February-December), Canada 1999

Sex	Age group (years)	Population estimate ('000)	Current smokers (%)	Former smokers (%)	Never smoked (%)	Average cigarettes smoked per day <sup>1</sup>
Total	All age	24,260	25	25	49	17
Male	groups	11,940	27	29	44	19
Fem ale		12,320	23	22	55	16
Both sexes	15-17	1,234	23	4*	73	12
	18-19	819	34	7	59	14
	20-22	1,226	38	9	53	15
	23-24	825	31	12	57	15
	25-34	4,430	30	17	53	16
	35-44	5,254	30	24	46	19
	45-54	4,199	24	33	43	20
	55+	6,275	15	38	47	18
Male	15-17	630	20	4*	75	13
	18-19	422	36	9*	55	15
	15-19	1,052	27	6	67	14
	20-22	641	42	8*	50	16
	23-24	404	36	11*	53	16
	20-24	1,045	40	9	51	16
	25-34	2,232	31	19	50	17
	35-44	2,632	33	23	44	21
	45-54	2,090	26	39	35	20
	55+	2,888	16	50	35	19
	25+	9,843	26	33	41	19

Sex	Age group (years)	Population estimate ('000)	Current smokers (%)	Former smokers (%)	Never smoked (%)	Average cigarettes smoked per day <sup>1</sup>
Fem ale	15-17	604	26	4*	70	12
	18-19	397	32	5*	63	13
	15-19	1,001	29	4*	67	12
	20-22	585	34	10*	56	14
	23-24	421	27	12*	61	13
	20-24	1,005	31	11	58	13
	25-34	2,197	29	15	56	14
	35-44	2,622	26	26	48	17
	45-54	2,109	22	27	50	19
	55+	3,387	14	29	57	17
	25+	10,314	22	25	53	17

Estimates may not sum to 100 percent due to rounding.

Daily smokers only
 Moderate sampling variability, interpret with caution

<sup>#</sup> High sampling variability - although an estimate may be determined from the table, data should be suppressed

Table 3. Smoking status and average number of cigarettes smoked per day, by province, sex and age group for Canadians age 15 and over, Canadian Tobacco Use Monitoring Survey (February-December), Canada 1999

Province	Sex or age group	Population estimate ('000)	Current smok ers (%)	Former smokers (%)	Never smoked (%)	Average cigarettes smoked per day <sup>1</sup>
Newfoundland	Total	440	28	28	43	17
	15-19	42	30	7*	63	13
	20-24	40	37	8*	55	15
	25-44	169	35	25	41	17
	45+	189	21	40	39	19
	Male (15+)	217	32	31	37	19
	15-24	42	38	9*	53	16
	25+	175	31	36	34	20
	Female (15+)	223	25	26	49	15
	15-24	40	28	6*	66	12
	25+	183	24	30	46	16
Prince Edward	Total	108	26	29	46	17
Island	15-19	10	28	#	67	15
	20-24	10	37	#	54	18
	25-44	40	30	22	48	18
	45+	48	19	43	38	17
	Male (15+)	53	28	31	41	19
	15-24	10	38	#	58	19
	25+	43	26	37	37	18
	Female (15+)	56	23	27	50	16
	15-24	10	27	#	63	13
	25+	46	22	31	47	16
Nova Scotia	Total	756	29	26	45	18
	15-19	64	30	#	66	13

Province	Sex or age group	Population estimate ('000)	Current smokers (%)	Former smokers (%)	Never smoked (%)	Average cigarettes smoked per day <sup>1</sup>
	20-24	63	37	11*	52	17
	25-44	292	36	21	43	17
	45+	338	21	37	42	20
	Male (15+)	368	31	30	38	19
	15-24	64	34	8*	58	17
	25+	304	31	35	34	20
	Female (15+)	388	27	22	52	17
	15-24	62	32	7*	61	14
	25+	326	25	24	50	17
New Brunswick	Total	608	26	27	46	18
	15-19	52	27	#	69	15
	20-24	52	36	10*	54	16
	25-44	235	30	24	46	18
	45+	269	21	38	41	20
	Male (15+)	299	31	31	39	19
	15-24	53	33	6*	61	16
	25+	246	30	36	34	20
	Female (15+)	309	23	24	54	17
	15-24	51	30	8*	62	14
	25+	258	21	27	52	17
Quebec	Total	5,934	30	26	44	19
	15-19	485	36	5*	59	13
	20-24	498	39	10*	51	15
	25-44	2,314	33	25	41	19
	45+	2,636	25	33	42	21
	Male (15+)	2,914	32	28	40	20
	15-24	504	37	6*	57	15
	25+	2,411	31	33	37	21

Province	Sex or age group	Population estimate ('000)	Current smokers (%)	Former smokers (%)	Never smoked (%)	Average cigarettes smoked per day <sup>1</sup>
	Female (15+)	3,019	29	24	48	18
	15-24	480	38	9*	53	13
	25+	2,539	27	26	47	19
Ontario	Total	9,176	23	25	52	17
	15-19	755	25	#	70	14
	20-24	753	34	10*	56	15
	25-44	3,724	29	19	52	17
	45+	3,943	16	37	47	17
	Male (15+)	4,493	26	28	46	18
	15-24	769	32	9*	59	16
	25+	3,724	24	33	43	19
	Female (15+)	4,683	21	21	58	15
	15-24	739	27	6*	67	14
	25+	3,944	20	24	56	15
Manitoba	Total	888	23	25	52	16
	15-19	80	29	#	67	12
	20-24	78	32	13*	54	13
	25-44	341	30	20	50	16
	45+	390	14	35	50	18
	Male (15+)	438	27	29	44	17
	15-24	80	31	9*	60	13
	25+	357	27	34	40	18
	Female (15+)	451	19	20	60	14
	15-24	77	31	8*	61	13
	25+	373	17	23	60	15

Province	Sex or age group	Population estimate ('000)	Current smokers (%)	Former smokers (%)	Never smoked (%)	Average cigarettes smoked per day <sup>1</sup>
Saskatchewan	Total	789	26	23	51	16
	15-19	79	31	#	66	12
	20-24	74	32	11*	57	14
	25-44	292	31	17	51	16
	45+	345	19	35	47	18
	Male (15+)	390	27	27	46	17
	15-24	78	34	#	61	15
	25+	311	26	32	42	18
	Female (15+)	399	24	19	56	15
	15-24	74	30	9*	62	11
	25+	325	23	22	55	16
Alberta	Total	2,310	26	24	50	16
	15-19	218	26	7*	66	12
	20-24	219	40	9*	51	15
	25-44	988	28	19	53	17
	45+	884	20	37	43	16
	Male (15+)	1,163	27	27	46	18
	15-24	225	37	7*	56	16
	25+	937	25	31	44	19
	Female (15+)	1,147	25	21	55	14
	15-24	213	30	9*	61	12
	25+	934	24	23	53	15
British Columbia	Total	3,253	20	27	53	16
	15-19	268	20	#	75	12
	20-24	265	29	11*	60	13
	25-44	1,288	26	21	53	16
	45+	1,432	13	39	48	17
	Male (15+)	1,606	21	32	48	17
	15-24	271	25	8*	67	14

Province	Sex or age group	Population estimate ('000)	Current smokers (%)	Former smokers (%)	Never smoked (%)	Average cigarettes smoked per day <sup>1</sup>
	25+	1,335	20	36	44	18
	Female (15+)	1,647	19	22	59	15
	15-24	261	24	8*	69	10
	25+	1,386	18	25	57	15

<sup>&</sup>lt;sup>1</sup> Daily smokers only

Estimates may not sum to 100 percent due to rounding.

<sup>\*</sup> Moderate sampling variability, interpret with caution
# High sampling variability - although an estimate may be determined from the table, data should be suppressed

Table 4. Nicotine dependence among daily smokers by age group and sex for Canadians age 15 and over, Canadian Tobacco Use Monitoring Survey (July-December), Canada 1999

			How soon after waking do you have first cigarette?						
Sex	Age group (years)	Population estimate ('000)	Within 5 minutes (%)	6-30 minutes (%)	31-60 minutes (%)	>60 minutes (%)			
Total	All age	5,067	25	32	18	26			
Male	groups	2,715	27	31	19	23			
Fem ale		2,352	22	32	17	29			
Both sexes	15-19	403	26	24	20	30			
	20-24	551	20	27	20	33			
	25-44	2,391	25	31	17	26			
	45+	1,721	25	36	18*	21*			
Male	15-19	196	27*	21*	24*	27*			
	20-24	329	24*	29	20*	27			
	25-44	1,304	29	29	17*	26*			
	45+	887	25*	38	21*	16*			
Fem ale	15-19	207	26*	26*	15*	34			
	20-24	223	13*	24*	21*	42			
	25-44	1,088	21*	34	18*	27*			
	45+	834	25*	33*	16*	26*			

<sup>\*</sup> Moderate sampling variability, interpret with caution

<sup>#</sup> High sampling variability - although an estimate may be determined from the table, data should be suppressed Estimates may not sum to 100 percent due to rounding.

Table 5. Number of quit attempts in the past 12 months among daily smokers by age group and sex for Canadians age 15 and over, Canadian Tobacco Use Monitoring Survey (July-December), Canada 1999

Sex	Age group (years)	Population estimate ('000)	No attempts (%)	1-3 attem pts (%)	4 or more attempts (%)
Total	All age	5,046	51	36	13
Male	groups	2,714	53	33	14
Fem ale		2,333	48	40	12
Both sexes	15-17	183	21*	52	28*
	18-19	216	27*	53	20*
	20-22	338	36	39	25*
	23-24	209	34*	37	29*
	25-34	1,091	54	36	#
	35-44	1,309	52	35	13*
	45+	1,700	59	32	8*
Male	15-19	194	25*	47	28*
	20-24	327	33	35	32
	25-44	1,308	57	31	12*
	45+	885	61	32*	#
Fem ale	15-19	205	23*	58	19*
	20-24	221	38	44	18*
	25-44	1,092	47	41	#
	45+	815	58	32*	#

<sup>\*</sup> Moderate sampling variability, interpret with caution

<sup>#</sup> High sampling variability - although an estimate may be determined from the table, data should be suppressed Estimates may not sum to 100 percent due to rounding.

Table 6. Stages of change\*\* categories among ever smokers (current and former smokers combined) by age group and sex for Canadians age 15 and over, Canadian Tobacco Use Monitoring Survey (July-December), Canada 1999

Sex	Age group (years)	Population estimate ('000)	Precontemplation (%)	Contemplation (%)	Preparation (%)	Action (%)	Maintenance (%)
Total	All age	12,112	25	19	8	3*	45
Male	groups	6,509	26	18	8	3*	46
Fem ale		5,603	23	20	9	3*	45
Both	15-19	661	34	33	19	5*	10*
sexes	20-24	944	37	27	16	5*	16
	25-44	4,845	29	24	8*	4*	36
	45+	5,661	18	11	6*	#	63
Male	15-24	856	35	30	17	4*	14
	25+	5,653	25	16	6*	3*	51
Fem ale	15-24	750	36	29	17	5*	12*
	25+	4,853	21	19	7*	3*	50

<sup>\*</sup> Moderate sampling variability, interpret with caution

Estimates may not sum to 100 percent due to rounding.

**Precontemplation** - current smokers who answer "no" to the question, "Are you seriously considering quitting within the next 6 months?"

**Contemplation** - current smokers who are <u>either</u> seriously considering quitting within the next 6 months, but answer "no" to the question, "Are you seriously considering quitting within the next 30 days?" OR are seriously considering quitting within the next 30 days, but did not try to quit for at least 24 hours during the past year (i.e, answered "none" to the question, "In the last year, how many times have you quit for at least 24 hours?".

**Preparation** - current smokers who are seriously considering quitting within the next 30 days and have quit smoking at least once, for at least 24 hours, during the past year.

Action - former smokers (i.e., do not currently smoke) who have guit smoking within the past 5 months (inclusive).

Maintenance - former smokers who, at the time of the interview, had quit smoking at least 6 months ago.

<sup>#</sup> High sampling variability - although an estimate may be determined from the table, data should be suppressed

<sup>\*\*</sup>Stages of Change - a measure that divides ever smokers (i.e, current and former smokers combined) into 5 different categories, depending on their quit status or readiness to quit. The five stages are defined as follows: