

## Health and Safety

### Important information related to Summer Work Experience

#### Are you in danger?

This summer, thousands of students across Canada will become employed in small and medium-sized businesses and in institutions such as hospitals and schools. Some will be ambassadors at community festivals, while others will create Web pages for local businesses. Entrepreneurial youth will create their own jobs or volunteer to help on hundreds of community projects.

It is important for young Canadians to be aware of health and safety in the workplace, especially as they begin their summer jobs. Both employers and employees have responsibilities when it comes to health and safety in the workplace.

#### Why is health and safety awareness important?

- It could save your life!
- It could prevent you from getting injured.
- Something tragic could happen to you, even on your first day of work.
- You need to be aware of the potential hazards in the workplace.
- You need to help others become aware.
- You need to know what protection and compensation is available to you.
- Proper training is vital for your safety.

#### Myths & Realities

Myths	Realities
1. I can take risks. I won't die.	1. In 2004, 107 workers between 15 and 29 died in the workplace in Canada.
2. I can handle anything. I'm young and fit.	2. Close to one third of all occupational injuries happen to workers between the ages of 15 and 29.
3. Nothing will happen to me. I'm safe at work.	3. More people are injured on the job than in traffic accidents.
4. I must do any job my employer tells me to do.	4. You have the right to refuse unsafe work.
5. I am not responsible for workplace safety. This is my employer's responsibility.	5. You are responsible for knowing and complying with all workplace regulations.

## **You have three fundamental rights**

- The right to know
- The right to participate
- The right to refuse unsafe work

## **Employer and employee responsibilities**

*Source:* Canadian Centre for Occupational Health and Safety (CCOHS) at [www.ccohs.ca](http://www.ccohs.ca)

### **Employer's responsibilities**

- Provide a safe and healthy workplace.
- Train employees on potential hazards and ensure employees have required certification.
- Correct unsafe acts and unsafe conditions.
- Ensure personal protective equipment is available and is being used.
- Report and investigate all accidents and incidents.

### **Employee's responsibilities**

- Know and comply with all regulations.
- Protect yourself, your co-workers and members of the public who may be affected by your actions.
- Report unsafe acts and unsafe conditions to your employer.
- Use personal protective equipment as required by the employer.
- Report any accident, incident or illness immediately to your employer.

Observation, learning and experience are key to recognizing potential safety hazards in the workplace!

## **Health and safety national and regional information**

For additional information, call **1 800 O-CANADA**, or browse through our collection of national and regional health and safety information.

We would like to thank the CCOHS for its assistance in gathering this information.

For information concerning Health and Safety Week, which will take place from May 6 to May 12, 2007, visit [www.naosh.org/english](http://www.naosh.org/english).

## **Links to health and safety national and regional resources**

The links below provide access to national and regional health and safety resources. These resources offer information about occupational health and safety, labour programs, related provincial and territorial agencies, legal concerns, legislation and regulations, employer services, health and safety training and courses, work practices and standards, and claims and appeal procedures, as well as additional relevant publications. Please note that some sites are in English or in French only.

## **National links**

**Canadian Centre for Occupational Health and Safety ([www.ccohs.ca](http://www.ccohs.ca))** provides information on all aspects of occupational health and safety, including questions and answers.

**The Government of Canada Labour Program** (go to [www.hrsdc.gc.ca](http://www.hrsdc.gc.ca) and click on *Labour and Workplace*) offers information on the Canada Labour program, information on occupational health and safety and links to provincial and territorial sites.

**Canada's National Occupational Health and Safety ([www.canoshweb.org/en](http://www.canoshweb.org/en))** provides information on Canadian occupational health and safety, specifically concerned with legal compliance and improving workplace safety. It also links to provincial and territorial government agencies.

## **Regional links**

### **Alberta**

**Alberta Workplace Health and Safety ([www3.gov.ab.ca/hre/whs](http://www3.gov.ab.ca/hre/whs))** provides information and links to all areas of occupational health and safety. It has a link to the New and Young Workers site providing an overview of health and safety information relevant to new workers.

**Workers' Compensation Board – Alberta ([www.wcb.ab.ca](http://www.wcb.ab.ca))** provides an overview of the WCB in Alberta.

### **British Columbia**

**Workers' Compensation Board of British Columbia ([www.worksafebc.com](http://www.worksafebc.com))** provides information on the role and responsibilities of the WCB in BC legislation, programs and issues.

**The Guide to Occupational Health and Safety Information in British Columbia** ([www.worksafebc.com/about\\_us/library\\_services/assets/pdf/ohsguide\\_2003\\_acro5.pdf](http://www.worksafebc.com/about_us/library_services/assets/pdf/ohsguide_2003_acro5.pdf)) offers educational information for the BC work force and identifies agencies working on the issue of awareness.

### **Manitoba**

**Manitoba Labour, Workplace Safety and Health Division** ([www.gov.mb.ca/labour/safety](http://www.gov.mb.ca/labour/safety)) provides information on legislation, frequently asked questions and links to related sites.

**Workers' Compensation Board of Manitoba ([www.wcb.mb.ca](http://www.wcb.mb.ca))** provides information on the Manitoba WCB, benefits and services, employer services, filing a claim, publications and the WCB Act, as well as related links.

## **New Brunswick**

**Workplace Health, Safety and Compensation Commission ([www.whscc.nb.ca](http://www.whscc.nb.ca))** provides a description of the WHSCC mandate and mission, legislation and employer assessment information.

## **Newfoundland and Labrador**

**Department of Government Services ([www.gov.nl.ca/gs/ohs](http://www.gov.nl.ca/gs/ohs))** provides information on occupational health and safety, legislation and regulations, and a hazard alert.

**Workplace Health, Safety and Compensation Commission of Newfoundland and Labrador ([www.whscc.nf.ca](http://www.whscc.nf.ca))** offers information for workers and employers concerning legislation, prevention, and news and events.

## **Northwest Territories and Nunavut**

**Workers' Compensation Board – Northwest Territories and Nunavut ([www.wcb.nt.ca](http://www.wcb.nt.ca))** provides information on legislation pertaining to occupational health and safety, information for workers and employers, publications, forms, and information on health and safety training courses.

## **Nova Scotia**

**Department of Environment and Labour - Occupational Health and Safety Division ([www.gov.ns.ca/enla/ohs](http://www.gov.ns.ca/enla/ohs))** provides information on safe and healthy workplaces, work practices, and safety standards.

**Workers' Compensation Board of Nova Scotia ([www.wcb.ns.ca](http://www.wcb.ns.ca))** provides information on the WCB, legislation, training, and publications.

## **Ontario**

**Ontario Ministry of Labour ([www.labour.gov.on.ca](http://www.labour.gov.on.ca))** offers links to student worker sites that provide health and safety information for student workers, fact sheets for employers, legislation and regulations, and health and safety guidelines.

**Workplace Safety and Insurance Board of Ontario ([www.wsib.on.ca/wsib/wsibsite.nsf/public/Home\\_e](http://www.wsib.on.ca/wsib/wsibsite.nsf/public/Home_e))** provides up-to-date policy reports, research and premium rates for employers.

## **Prince Edward Island**

**Workers' Compensation Board – Prince Edward Island** ([www.wcb.pe.ca](http://www.wcb.pe.ca)) offers information on topics such as health and safety, policies, the *Workers' Compensation Act* and the *Occupational Health and Safety Act*, claims and appeal procedures, and publications.

## **Quebec**

**Commission de la santé et de la sécurité au travail** ([www.csst.qc.ca](http://www.csst.qc.ca))  
The Commission de la santé et de la sécurité au travail acts as the administrator of the Quebec regime of health and safety at work.

## **Saskatchewan**

**Saskatchewan Labour, Occupational Health and Safety Division**  
([www.labour.gov.sk.ca/safety](http://www.labour.gov.sk.ca/safety)) provides an overview of health and safety, roles and responsibilities, legislation, training, publications and forms.

**Saskatchewan's Workers' Compensation Board** ([www.wcbsask.com](http://www.wcbsask.com)) provides an overview of the roles and responsibilities of the WCB, and of the services and information that it provides.

## **Yukon**

**Yukon Workers' Compensation Health and Safety Board** ([www.wcb.yk.ca](http://www.wcb.yk.ca)) offers information for workers and employers concerning acts, regulations, policies and relevant publications.