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This handbook offers tips, questions and advice on consumers' rights, along with contacts for help with common problems.

Welcome to the Canadian Consumer Handbook

Ministers responsible for consumer affairs at the federal, provincial and territorial levels continue to be committed to producing this reference book for you. They recognize the importance of consumers having access to reliable information when making difficult decisions in the marketplace.

Officials from all federal, provincial and territorial governments have pooled their knowledge of consumer problems and helpful consumer contacts into one volume. It is our hope that this cooperative effort will benefit consumers all across the country.

Today's marketplace offers consumers a broad array of products and services. To select among them wisely, consumers must understand their rights as consumers and the standards of quality they should expect.

This handbook, having found much success since its first publication in 1999, offers information and advice to help you gain knowledge about consumer rights, make informed decisions and protect against unscrupulous merchants. You will find points to consider, questions to ask and steps to take as you make purchases and sign contracts, or, if you are a consumer affairs professional, as you help consumers do these things. Finally, for the most common type of consumer problems, the handbook includes corporate, consumer, and government and non-government contacts. These organizations are all part of the consumer affairs network.

We believe that this handbook will serve as a convenient reference as we strive to help consumers in the marketplace.

Michael Jenkin Judy Budovitch

Consumer Measures Committee Co-Chairs



Preface

Consumer protection is an important goal for federal, provincial and territorial governments in Canada. The Consumer Measures Commitee (CMC) has created the *Canadian Consumer Handbook*. In a spirit of cooperation, and to improve efficiency on the consumer front, the CMC was created under Chapter 8 of the *Agreement on Internal Trade*. The CMC, which has a representative from the federal government and every province and territory, provides a forum for national cooperation to improve the marketplace for Canadian consumers by harmonizing laws and providing information.

Governments involved in this project were those of Canada, Ontario, Quebec, Nova Scotia, New Brunswick, Manitoba, British Columbia, Prince Edward Island, Saskatchewan, Alberta, Newfoundland and Labrador, Yukon, the Northwest Territories and Nunavut. This handbook will be updated periodically in electronic format (www.consumer.ic.gc.ca).

Notice to Readers

This handbook is intended to serve as a guide and cannot replace first-hand information. A listing in this handbook does not mean that the authors necessarily endorse or recommend the products and services of the agencies and organizations that are named.

The authors have made every effort to ensure that the information in this handbook is accurate at the time of publication. Send corrections, comments and suggestions to the following address:

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Contents

General Information 6
Canadian Consumer Information Gateway6
Complaining Effectively
What Now? You've Talked and Written, But Still No Result? 9
Consumer Tips
Advance Fee Scams
Alternative Credit
Buying
Collection Agencies
Consumer Privacy
Contracts
Credit Repair
Debit Card Fraud
Door-to-door Sales
Electronic Commerce
Fraud
Funerals
Home Renovations
Identity Theft
Landlord and Tenant Problems
Mail Order
Major Purchases
Misleading Advertising
Moving
Multilevel Marketing and Pyramid-selling Schemes
Online Fraud
Product Safety
Refund and Exchange
Rent-to-own
Telemarketing
Travel
Unfair or Deceptive Business Practices
Warranties

Directory of Organizations	
Consumer Affairs Offices	
Other Government Contacts	
Consumer Groups	
Better Business Bureaus	
Automobiles	45
Financial Services	49
Energy and Utilities	55
Credit	57
The Home	60
Health and Food	64

General Information

Canadian Consumer Information Gateway



The Canadian Consumer Information Gateway (**www.ConsumerInformation.ca**) is an online portal that gives fast and easy access to reliable information developed in the public interest. Information is gathered from partners, departments and agencies of federal, provincial and territorial governments, and selected non-governmental organizations, ensuring consumers are accessing information that is both accurate and relevant. The Gateway is designed for easy navigation, with a powerful search engine capable of quickly finding consumer information. The Gateway also provides e-mail addresses and phone numbers to instantly connect the consumer with the right representative from the right organization for further information. It is fast becoming the first place consumers look to find trusted, reliable information. Canadians can access the Gateway on the Internet from home, public libraries, community access points, or federal, provincial or territorial service outlets.

Complaining Effectively

Consumers are often faced with several challenges when issuing a complaint. A first point of contact now offered via the Canadian Consumer Information Gateway (**www.ConsumerInformation.ca**) is called the *Complaint Courier*. This powerful online tool will give you instant access to the resources and expert advice you will need to navigate the complaint process from start to finish. The Complaint Courier also provides you with expert advice on how to make any type of complaint in a clear, organized and effective way. The following guidelines can also help you to complain more effectively.

First Things First

- Contact the salesperson, retailer or business when you have a complaint about the goods or services that you bought.
- ➤ If you still have a problem, ask for the address and telephone number of the company headquarters and contact the customer service department.
- If that doesn't work to your satisfaction, look through the sections of this handbook that list the government offices and consumer organizations that apply to your situation. If you don't know where to start, call the government office of consumer affairs where you live (see the directory of this handbook). Someone there will direct you to the right group.
- Taking legal action should be your last choice. If you decide to sue, remember that there are often time restrictions on filing lawsuits. You may wish to check with a lawyer about any statutes that may apply to your case.



Strategies for Success

- ➤ Do not be afraid to complain. Good businesses will be pleased to correct any mistake on their part. They know that customer goodwill is still the best form of advertising.
- Always keep a file of important information. Include the sales receipts, repair orders, warranties, cancelled cheques, contracts and any letters you have written to or received from the company concerned.
- Do not procrastinate. When a product is defective or unsatisfactory, it is important that you return it quickly so that you do not lose the right to get your money back, as well as damages in some cases. Always check the return policy before you buy.

When You Have A Problem

- ➤ Give the merchant the first chance to solve the problem.
- When there is a complaints department in the store where you made the purchase, use it. When there isn't, talk to someone in authority, such as a manager. A face-to-face discussion is best. Be firm and businesslike, but polite. Calmly and accurately describe the problem and what you want the company to do to solve it.
- Request specifics about how and when something will be done, and get the other person's name in case you have to refer to this conversation later. Write down any details of your complaint and keep it in your file. Make sure to date your notes.
- If a personal visit doesn't produce satisfactory results, write a letter to someone higher up, such as the general manager or owner. Provide all the details of the problem and your efforts to resolve it. Ask for action. Send a copy of your letter to the manufacturer, and be sure to keep a copy of it yourself.





Sample Complaint Letter

(Your Address) (Your City, Province, Postal Code)

(Date)

(Name of Contact Person, if available)
(Title, if available)
(Company Name)
(Consumer Complaint Division, if you have no contact person)
(Street Address)
(City, Province)
(Postal Code)

Dear (Contact Person):

Re: (account number, if applicable)

On (date), I (bought, leased, rented, or had repaired) a (name of the product with serial or model number or service performed) at (location).

Unfortunately, your product (or service) has not performed well (or the service was inadequate). I am disappointed because (explain the problem: for example, the product does not work properly, the service was not performed correctly, I was billed the wrong amount, something was not disclosed clearly or was misrepresented at the time of sale).

To resolve the problem, I would appreciate (state the specific action you would like — money back, charge card credit, repair or exchange, for example). Enclosed are copies (do not send originals) of my records (include receipts, guarantees, warranties, cancelled cheques, contracts, model and serial numbers, and any other documents).

I look forward to your reply and resolution to my problem, and will wait until (set a time limit: usually 10 working days is sufficient) before seeking help from a consumer protection agency or the Better Business Bureau. Please contact me at the above address or by telephone at (home and/or office number with area codes).

Sincerely,

(Your name)

Enclosure(s)

cc: (Indicate to whom you are sending a copy of this letter, e.g., product manufacturer)



What Now? You've Talked and Written, But Still No Result?

If you feel you have given the company enough time to resolve the problem and nothing has happened, send a copy of your letter and copies of supporting documents (not originals) to, or file a consumer complaint with, your provincial or territorial consumer protection agency (see a complete listing here) or Better Business Bureau (see a complete listing here).

Small Claims Court

Small claims court can be an informal and relatively inexpensive method of resolving disputes when the amount claimed is less than \$3000, or up to \$25 000, depending on the province. However, you will have to pay a fee to file a claim, and later you may have costs for such things as serving orders, payments to witnesses and travel expenses.

Legal problems can be presented in this court without a lawyer, although in most provinces the help of a lawyer is allowed. The court staff is experienced in helping consumers prepare the necessary forms, and the judges are capable of settling disputes. This court allows each side to explain its story, and does not expect consumers to know legal technicalities.

For information on how to proceed, contact the small claims or provincial court nearest you (look in the government listings in your phone book).

Class Action Suits

The purpose of a class action suit is to permit a large number of individuals who have suffered similar losses or injuries to band together in one efficient lawsuit. This means that individuals who may not be able to afford to sue on their own can act with others in the same situation against the same defendant. All the participants in the class action suit share both the costs and the outcome. With a class action suit, consumers with legitimate cases can afford what could have been an expensive legal procedure. Availability of class actions varies among Canadian jurisdictions.

Consumer Tips



Being a wise consumer is your best protection in today's marketplace. That means becoming informed about purchases, understanding your rights as a consumer, and practising responsible management of your private financial and personal information.

This section on consumer tips covers a wide range of topics. While no book can address every issue, there is enough information here for you to educate yourself on the differences between proper and improper business procedures. "Buyer beware" is still the best advice to any consumer considering any purchase of goods or services.

Review these tips and remember that, while situations vary, the basic advice remains the same: be informed, ask questions, and proceed only when you are completely comfortable with your purchase.



Advance Fee Scams

Be cautious about ads promising guaranteed jobs, guaranteed loans, credit repair, debt consolidation or similar claims. Many of these offers are only a way to get you to send money in advance in exchange for little or no service. (Please also see the sections of this handbook on contracts, electronic commerce, mail order, misleading advertising, and multilevel marketing and pyramid-selling schemes for information about other possible frauds.)

- Be cautious when responding to advertisements, particularly those that use 1-900 telephone numbers. You can be charged substantial and differing amounts for calls to 1-900 numbers.
- Be careful about giving out any of your personal information, including your social insurance number, credit card numbers and bank account numbers. Fraudulent businesses could use this information to make unauthorized charges to your credit card or to withdraw money from your bank account.
- Alternative Credit

- Before you make any payment, ask the business to send you a contract and other information stating the terms of the service and whether you can cancel the service and get a refund.
- Ask how long the firm has been in business and whether it is licensed. Review all contracts carefully. When you are unsure about a contract, take it to a lawyer or trusted advisor for his or her opinion before you sign.
- Contact your provincial or territorial consumer affairs office and/or the Better Business Bureau to find out about a company's complaint record or whether any legislation applies to that type of business.
- When you suspect that advertising is fraudulent, contact the local police and consumer protection agency.

The alternative credit market is a growing group of financial services that include such businesses as payday loan companies, cheque cashing services and pawn brokers. These businesses may give you quick cash, but many have a high cost of borrowing.

Buying

Before You Buy

- Take advantage of sales, but always compare prices. Do not assume an item is a bargain just because it is advertised as one.
- Don't rush into an expensive purchase because the "price is only good today."
- Check whether the company is licensed or registered at the local or provincial level.
- Contact the Better Business Bureau for complaints recorded against the company.
- You can also contact your provincial or territorial consumer protection agency for any consumer information it might have on this type of purchase.
- Be aware of extra charges such as delivery fees, installation charges, service costs, and postage and handling fees. Add them into the total cost of your purchase.

After You Buy

- Read and follow product and service instructions.
- Read the warranty so that you understand what is covered and for how long.
- Be aware that how you use and take care of a product might affect your warranty rights.
- > Keep all sales receipts, warranties, service contracts and instructions.
- When you have a problem, contact the company as soon as possible. Trying to fix the product yourself might cancel your right to service under the warranty.
- > Keep a written record of any contact with the company.
- When you have a problem, check with your consumer protection office to find out about the warranty rights in your province or territory.
- Check your contract for any statement about your cancellation rights.
 Contact your consumer protection office to see whether a cancellation period applies.
- When you take a product in for repair, be sure the technician or person taking it in understands and writes down the problem you have described. Ask for and keep a copy of the repair order. Get an estimate on the cost of repairs before allowing the work to go ahead.

- Ask about the company's refund or exchange policy.
- Read the warranty. Note what is covered and what is not. Find out what you must do and what the manufacturer or seller must do when there is a problem.
- Never sign a contract without reading it. Don't sign a contract when there are any blank spaces in it or when you don't understand it. In fact, do not sign any document that you do not understand.
- Before buying a product or service, contact your consumer protection office to see whether there are automatic cancellation periods for the purchase you are making. In some provinces and territories, there is a cancellation period for contracts for credit, dating clubs, health clubs, pre-need funeral and cemetery services, time shares, natural gas, electricity, and door-to-door sales. (Please also see the section of this handbook on special contracts.)
- Walk out or hang up on high-pressure sales tactics.
 Don't be forced or pressured into buying anything.
- Only do business over the telephone with companies you know.
- Be suspicious of post office box addresses. These might indicate that a business does not want to be found. If you have a complaint later on, you might have trouble locating the company.
- Do not respond to any prize or gift offer that requires you to pay even a small amount of money up front.
- Use unit pricing in supermarkets to compare what items really cost. Unit pricing allows you to compare the price gram-for-gram, kilogram-for-kilogram. As an example, bigger packages are not always cheaper than smaller ones.
- Use coupons carefully. Do not assume they are the best deal until you've compared the price you would pay with a coupon to the prices of competitive products.
- Do not rely on a salesperson's promises. Get everything in writing.

Collection Agencies

What is a collection agency?

When you owe money to a business and have not made payments recently, the business may turn your account over to a collection agency. A collection agency is a business that obtains or arranges for payment of money owed to either a person or a company.

How do I deal with collection agencies?

- When you are notified in writing that an account has been turned over to a collection agency, don't panic. The agency isn't in business to make life unbearable for you – it just wants to collect the money you owe to its client.
- When possible, pay the money you owe. You won't have to deal with the agency once the account has been cleared.
- When it's impossible for you to pay the full amount at once, contact the agency to explain why.
- Offer some alternative method of repayment, either in a lump sum or a series of monthly payments. Follow up in writing and, when possible, enclose an immediate good-faith payment.
- Never send cash. Always make payments in such a way that you have a receipt — either a cancelled cheque from your own bank or a receipt from the agency.
- Once the account has been officially turned over to a collection agency, you'll be dealing only with that agency when making arrangements for payment. Don't contact the original business this just creates confusion unless there's an error in the account. When this is the case, advise both the business and the collection agency.

Remember, your attitude towards paying your debt has a lot to do with how cooperative the agency will be. For example, when making payments to a collection agency, be sure not to bounce cheques and miss payments. When your financial circumstances change, contact the collection agency immediately and explain your current status. Follow up in writing.

Debts should not be treated lightly. They can result in court action, which could lead to money being taken from your pay cheque or seizure of your assets.

I feel I'm being treated unfairly by a collection agency

While rules vary across Canada, generally collection agencies are forbidden from doing the following:

➤ trying to collect a debt without first notifying you in writing, at your last known address, that a collection agency has been

assigned to the account;

- recommending or starting legal or court action to collect a debt without first notifying you and obtaining the creditor's (the company to whom you owe money) written permission;
- making telephone or personal calls of such a nature or frequency as to constitute harassment of you or your family, or calling to collect a debt at certain prohibited times (which vary from one province or territory to another);
- implying or giving false or misleading information to any person that could damage you or your family;
- demanding payment of a debt without identifying themselves, saying who is owed the money, and stating the amount owed;
- continuing to demand payment from a person who claims not to owe the money, unless the collector has tried every way to ensure the person owes the money;
- taking over the debt from a creditor without first advising you; and
- contacting your friends, employer, relatives or neighbours for information, other than to get your telephone number or address.

When you believe a collection agency has breached any of the above regulations, contact the head of the agency. If you're still not satisfied, contact your provincial or territorial office of consumer affairs.





Consumer Privacy

With all the advancements in electronic business over the past 20 years, consumer privacy has become a very important issue. You must take steps to protect your personal information at all times. People who obtain very basic personal information about you can drain your bank accounts, or charge things to your credit cards or telephone, costing you a great deal of time and money. They can also bombard you with unwanted solicitations and marketing.

By taking some simple precautions, you can go a long way towards protecting your privacy, finances and peace of mind. (Please also see the sections of this handbook on contracts, electronic commerce, fraud and advance fee scams.)

- Pay for local purchases with cash, rather than by cheque or credit card.
- Ask manufacturers, catalogue or magazine subscription companies, charities and others with whom you do business not to sell your name to others for marketing purposes.
- When companies ask for your social insurance number or for personal information that is not essential for the transaction, ask them why they need to know.

- Don't give anyone your credit card or bank account numbers unless you're making purchases with them, and don't put credit card numbers on your cheques.
- When filling out warranty or other information cards, don't include optional or unnecessary personal information.
- Companies promoting sweepstakes, contests and prize offers can easily obtain personal information. Be careful to check out the companies before deciding to do business with them or releasing personal or financial information. Contact your provincial or territorial consumer affairs office or Better Business Bureau to find out companies' complaint records.
- Always check your credit card, cellular phone, telephone or other bills to make certain that all the charges are for things that you have authorized.

For an online map to the privacy challenges and pitfalls of today's information age, visit **www.consumer.ic.gc.ca**.

Contracts

Contract law is a very complex topic and can be confusing to consumers and merchants alike. A contract is a written or spoken agreement between two or more parties, intended to be enforceable by law. Always read over a contract carefully and do not agree to it unless you are confident that you understand it completely. When possible, have your lawyer or another trusted person review anything that you intend to sign. Generally, a contract is binding when the following is true:

- the parties intend to make a contract;
- there is an offer and an acceptance; and
- the parties receive something (e.g. the company receives money and you receive a service) in return for their promises.

A contract may take many forms, such as an oral, written or standard form agreement. All are equally valid. Getting out of a contract is not an easy thing, but it can be done. For example, both parties could agree to end the contract. In some provinces and territories, there is an automatic cancellation period for contracts for credit, dating clubs, health clubs, pre-need funeral and cemetery services, time shares, natural gas, electricity and door-to-door sales.

Unless the other party agrees, consumers should not attempt to get out of a contract without seeking legal advice. An attempted cancellation may backfire and end up being more expensive than fulfilling the original contract would have been.

Please also see the section of this handbook on fraud.

Special Contracts

Dating Services

When you choose to deal with a dating service, be sure to check the following:

- from how far away the referrals might come;
- that dates are club members;
- the opportunity you will have to review the video, profile or picture of a proposed date before your phone number is given or a meeting is arranged;
- that the information in your file is clear (e.g. your wishes, interests, requirements and "won't accepts");
- the length of the contract and the number of dates and introductions promised;
- the cost of any additional fee to extend, renew or continue the membership;
- whether there are any extra costs associated with club functions (for parties, picnics or trips, for example);
- what the club promises to do for the basic fee (there might be little relationship between the cost and performance of the club, so beware of very high-priced companies);
- that all guarantees are in writing;
- for figures on its success rate and the average length of time needed to locate an acceptable spouse when the club promises to find you a spouse; and
- the cancellation policy; contact your provincial or territorial consumer agency to find about your legal rights, and with your local consumer affairs agency or the Better Business Bureau to file a complaint.

Health Clubs

When you are considering whether to join a health club, be cautious of the following:

- joining clubs that have not opened: they might never open;
 - low-cost "bait" ads: many "switch" you to expensive long-term contracts;
- promises that you can cancel any time and stop paying: check the written contract for the terms of membership and any other promises;
- the fine print: many low-cost ads and contracts severely restrict hours of use and services;
- signing long-term contracts: consumer protection agencies report that many consumers quit using the club within a few months; and
- unbelievably low one-time fees with no monthly dues.

Before you sign, be sure to do the following:

- check with your doctor (you should do this before you begin any exercise program);
- visit the club at the hours you will be using it;
- check that promised equipment and services are actually available;
- talk to current members about their satisfaction with the club;
- check out several clubs;
- consider your commitment to a long-term program: good intentions seem to fade as the reality of the hard work sets in;
- read the contract carefully to find out whether interest is charged for a payment plan and that all promises are in writing; and
- check with your provincial or territorial consumer affairs office for any laws that apply where you live, cancellation rights or complaints against the company.

Timeshares/Campgrounds

- Overvalued or misrepresented prizes and awards are sometimes used to promote timeshares and campgrounds. Free awards might "bait" you into driving a long distance to the property, only to attend a long, high-pressure sales pitch to obtain your prize.
- Be realistic. Make your decision based on how much you will use the property and whether it provides the recreational and vacation opportunities you want. Don't decide to purchase based on an investment possibility. The property might be difficult or almost impossible to resell.
- Ask about additional costs, such as finance charges, annual fees and maintenance fees. Maintenance fees can go up yearly.
- Compare your total annual cost with that of hotels or your normal vacation expenses.
- Ask about availability during your vacation periods. Ask what other timeshares or campgrounds you may use with your membership.
- Talk to individuals who have already purchased from the company about the services, availability, upkeep and reciprocal rights to use other facilities.
- Get everything in writing, and make sure verbal promises are in the written contract. Have an independent attorney review any contracts and documents, and make sure there are no blanks on papers you sign.
- Ensure that cancellation rights are spelled out in the contract before you sign.
- Check for any complaints against the company, seller, developer or management company with the local consumer affairs office or the Better Business Bureau.
- Check that the property complies with local laws.



Credit Repair

You might see or hear ads from companies that promise to "clean up" or "erase" your bad credit and give you a fresh start. They charge high fees, usually hundreds of dollars, but do not deliver on their promises.

If you are thinking of hiring someone to repair your credit, remember the following.

- No one can require a credit bureau to remove accurate negative information before the legal time is up.
- There are no "loopholes" or laws that credit repair companies can use to remove correct information from your credit report.
- No credit repair company can do anything you can't do for yourself.
- The only way to "repair" bad credit is with good credit practices over a period of time.



Debit Card Fraud

To ensure that you are not a victim of debit card fraud follow these steps:

- Never disclose your Personal Identification Number (PIN) to anyone – including friends, family, financial institution employees or law enforcement agencies.
- Keep your debit card in a safe place and never lend it to anyone. If you suspect that someone knows your PIN, change it immediately or contact your financial institution to cancel the card.
- ➤ Hide the keypad with your hand when you enter your PIN.
- Memorize your PIN. Avoid writing down your PIN. If you must do so, make sure that it is well disguised, for example, by re-arranging the numerals or substituting other numerals or symbols and by keeping it within a record of other information.
- When selecting a PIN do not use obvious information. You could be liable if you use your name, address, telephone number, date of birth or social insurance number.
- If your card is lost, stolen, or retained by the ATM, or you find out that there has been an unauthorized transaction, notify your financial institution immediately.
- If you have made a purchase that does not appear on your monthly statement, change your PIN immediately and notify your financial institution as the information on your card may have been stolen at a bogus machine.

Door-to-door Sales

Although this method of selling is not as popular now as it was in the past, it can still both provide a service and be an annoyance. If you do receive a door-to-door salesperson at your home, remember the following tips.

- Ask to see the salesperson's personal identification and licence or registration. Make note of his or her name, and the name and address of the company, and whether the salesperson carries proper identification.
- Ask for sales literature and then call local stores that sell the same merchandise to compare prices. Some door-to-door products may be overpriced.
- Don't be pressured into buying anything. Watch for the warning signs: an offer of a "free gift" if you buy a product, an offer that is only good for that day, or a claim that a neighbour just made a purchase.
- ➤ If you feel threatened or intimidated, ask the person to leave. Don't leave the person unattended in any room of your home. When you are suspicious, immediately report the incident to the police.

Every province and territory gives you a specified number of days (a cooling-off period) during which you can cancel a contract you make with a door-to-door salesperson for any reason. To find out the length of the cooling-off period where you live, contact your consumer protection office.

Electronic Commerce

The basic rules for smart shopping at the mall or on Main Street will serve you well when shopping over the Internet. The extra challenge the Internet provides is that some of the clues you use, perhaps even unconsciously, when shopping in person are missing when you shop online. The electronic merchant you deal with may be in another town or province, or even on a different continent. You cannot walk around the premises and get a feel for the place, its products or personnel.

The Internet is ideally suited for sharing information, and you can use the Net to obtain extra details that will help you make better buying decisions. If you make sure to learn about the following key issues, you will be well prepared to protect yourself when shopping online.

Know Who You Are Dealing With

Reputable online merchants will post plenty of information about themselves, where they are located, their phone and fax numbers and details such as the following:

- links to objective evaluations of their products and services, such as product reviews in magazines;
- membership in organizations designed to guarantee standards, such as industry associations or the Better Business Bureau;
- ➤ certificates or seals of quality; and
- other options for purchasing the products or services listed on the Web site (by phone, at store locations or through a catalogue, for example).

When you deal with international vendors the risk is higher. Different laws and standards apply. In addition, it may be difficult to get local authorities to act on your complaint if you feel you have been dealt with unfairly by a vendor.

You may want to start shopping by buying something inexpensive. If you are unhappy with the product or the service, shop elsewhere.

Know Exactly What You Are Buying

You can't handle the product or see the person who will be providing a service when shopping online. The vendor should provide enough information for you to properly evaluate what you are buying, including details such as the size, colour, weight and texture of the product.



Know What You Are Agreeing To

Every time you choose to buy something online you are entering into a contract with the vendor. Any reputable vendor will provide the terms of this contract on its Web site. Read them and keep a copy for your reference. Insist on the following:

- information detailed and complete enough for you to understand the terms of sale;
- a description of the efforts the company is making to provide a secure connection to protect your credit card number and other financial information (by using a secure server, for example, indicated by https:// in the address) and to protect your privacy; and
- an explanation of how the company handles complaints and returns.

Be concerned in these cases:

- when the company does not provide the terms and conditions on its site; and
- when the terms and conditions they do provide are so complex and detailed that they discourage you from reading them or are difficult to understand.

Know What You Are Paying

The final price for online items is often considerably different from the listed price. Any reputable vendor's Web site will calculate the shipping and handling costs for you before you make a final decision to purchase an item.

Foreign currency: Do the math and figure out what the price will be in Canadian dollars. Most people's sense of the relative value of currencies tends to be optimistic and they end up paying more than they hoped as a result.

GST and customs: Canada Border Services Agency (CBSA) will calculate and add GST or HST to the cost of most purchases made outside Canada. The agency will also charge you an inspection fee for doing so that may be more than the actual GST or HST on small purchases, such as books and compact discs.

Know What Information You Are Giving to the Vendor and Why

Never deal with vendors who do not post a privacy policy committing them to protect your personal information.

For many Internet vendors, your personal information is as important as the money you pay for a product or service. Make sure you know why vendors are asking for information and what they intend to use it for.

Online Shopping for Children and Teens

All the same considerations apply when children are shopping online, only more so. Children and teens are easily fooled by items that turn out to be not as big or as much fun as they looked online, or of acceptable quality. Children and teens often do not understand the real cost of some purchases. They may also give out personal information without realizing the consequences. Teach them to be aware of the risks and show them how to protect themselves when buying online.

Here are links to some Web sites that can help you and your family become Internet savvy:

- Media Awareness Network: www.media-awareness.ca;
- Canadian Marketing Association:
 www.the-cma.org/consumer/kidtips.cfm; and
- Advertising Standards Canada:
 www.adstandards.com/en/standards/adstandards.asp.



Payment System Security

Before providing your credit card number or other financial information, make sure the merchant has a secure transaction system. Most Internet browsers indicate when you are using a secure Internet link. Look for one or both of these clues:

- an icon, often a lock at the bottom of the screen, which should be in the locked position; and
- whether the Web site address begins with https:// the s indicates that the site is secure.

Be Careful About

Online Auctions

- Online auctions can be risky. Verify who is selling the item. Know what you're buying, and get a description of the item in writing in case the product does not meet your expectations.
- When you are buying from a private individual, consumer protection laws do not protect you. Read the rules of the auction site: better sites will keep records of customer satisfaction and should also have dispute resolution mechanisms.

Buying Internationally

Remember, buying internationally involves more risk. When calculating the price, factor in shipping and handling costs, taxes, duty and currency conversion. Ask about warranties. Check that products meet Canadian safety standards.

Warning Signs

There are a number of practices that no reputable vendor would use, including these.

- Asking for credit card information before a sale is made.
 Be especially wary of anyone who asks for your credit card number as a condition of entry to a site.
- Any attempt to rush you into a decision. Warnings that an item is in limited supply or that prices will go up if you don't act immediately are good examples of these tactics. Mass-produced items, in particular, should be available in whatever quantity is required.
- Unsolicited offers that arrive by e-mail. There may be a few honest people doing this, but the vast majority of

unsolicited offers are of little value, and many are outright fraudulent. In addition, unsolicited e-mail can contain computer viruses. The best approach is to delete all unsolicited e-mail offers unread. Do not reply to these messages, even to remove yourself from a mailing list.

- Things that sound too good to be true. They usually are. Watch out for get-rich-quick schemes, free vacations and fabulous job opportunities.
- Vendors who try to make you earn your way into doing business with them. Nobody should ask for a commitment from you to purchase before you make a decision or just to get into a site.

Fraud

Be aware of some of the common signs of fraud. Walk away from offers that sound too good to be true. They usually are. Toss out the mail or hang up the phone when you see or hear the following.

- Sign now or the price will increase.
- > You have been specially selected . . .
- ➤ You have won . . .
- All we need is your credit card (or bank account) number; it's for identification only.
- ➤ All you pay for is postage, handling, taxes . . .
- ➤ Make money in your spare time, guaranteed income . . .
- We really need you to buy magazines (a water purifier, a vacation package, office products) from us because you can earn 15 extra credits . . .
- I just happen to have some leftover paving material from a job down the street . . .
- Be your own boss! Never work for anyone else again. Just send in \$50 for your supplies and ...
- A new car! A trip to Hawaii! \$2500 in cash! Yours, absolutely free! Take a look at our . . .
- Your special claim number entitles you to join our sweepstakes.

Sites that seem to take over your computer. Be especially wary of vendors who use "browser traps," which are designed to make it hard for you to get out of a site. A browser trap might, for example, disable the "back" button on your browser or eliminate all your recently visited site options. Other traps will open new windows every time you try to close one. Do not do business with anyone who uses these techniques, and never make a purchase to get out of the trap.

If you do get caught in one of these traps, stop for a moment and relax, and then figure out how to get out. Usually, typing the address of a site you know well into your browser's "go to" window and pressing the Return key will do it.

We just happen to be in your area and have toner for your copy machine at a reduced price.

Remember, the smart consumer always looks at the total price and checks out the company and product before buying.

Stay away from telemarketers who want to do the following:

- send a courier for your money;
- have you send money by wire;
- automatically withdraw money from your chequing account;
- offer you a free prize, but charge you handling and shipping fees;
- ask for your credit card number, chequing or savings account number, social insurance number or other personal information;
- get payment in advance, especially for employment referrals, credit repair or providing a loan or credit card (Alberta and Ontario laws prohibit a loan broker from asking for money before the consumer gets the loan); or
- → have you join a pyramid or multilevel sales scheme.

These are all ways to separate you from your money. To report telemarketing fraud, get in touch with PhoneBusters at 1-888-495-8501 or visit **www.phonebusters.com**. PhoneBusters is the national anti-fraud telemarketing call centre operated by

the Ontario Provincial Police in partnership with the Royal Canadian Mounted Police and supported by industry and government partners. You can also learn about consumer scams and find advice on how to deal with them at www.rcmp.ca/scams/scams_e.htm.

Funerals

Most people avoid thinking about funerals until faced with the death of a loved one. When you wait until this time of stress and grief, it can be hard to make the necessary decisions. In Saskatchewan, Alberta and British Columbia, funeral services are regulated by the provincial consumer affairs office.

For more information, please contact your provincial or territorial consumer affairs office.

What Kind of Casket?

The price of a casket can easily account for half the total cost of an average funeral service. Prices range from about \$135 for a plywood casket to several thousand dollars for clothcovered, metal or hardwood caskets. Discount casket stores have opened in some cities in Canada. Check with a funeral director to determine the advantages and disadvantages of using them.

You may have to ask to see less expensive caskets – often they are not on display. Plywood caskets can usually be purchased on request. In some areas, you can save money by renting a decorative casket shell for use during the funeral and graveside service. The shell is then lifted off the plain casket and returned to the funeral home for reuse. A homemade casket can also be used.

Sometimes, people go deeply into debt when they choose a casket because they want to do their best for the deceased. Think carefully about spending more than you can afford or have budgeted for in advance. Consider asking a trusted friend or relative to accompany you when you decide which casket to buy. Consider too that a casket is not required when the body is to be cremated (although a container must be supplied).

Are you at risk of being a victim of fraud?

Visit the *Fraud Files* at **www.consumer.ic.gc.ca** and take the *Fraud Quiz*.

Embalming: Extra or Essential?

Embalming involves substituting a chemical fluid for blood to temporarily preserve the body. This is usually done for cosmetic and sanitation purposes when the body is to be viewed in an open casket. In most cases, embalming is not legally required.

Consider the benefits of embalming and the wishes of the deceased and next-of-kin. If you decide against embalming, inform the funeral home immediately. Unless you give instructions to the contrary, funeral homes will usually go ahead with this procedure and charge you for it.

Burial or Cremation?

Burial is the traditional way to deal with remains. Cremation, however, is gradually becoming more accepted. This method offers practical advantages in a time of urban sprawl. Cremation usually costs less than burial, and you won't have to spend money on a cemetery plot.

Burial

Bodies must be buried in approved cemeteries. There are two methods of burial. The first is the traditional earth burial, in which the body is placed in a casket and lowered into the ground. The second type of burial is relatively uncommon. It involves permanently placing the body and the casket in a mausoleum, or tomb, above or just below the ground.

Cemetery costs vary widely. Before you make an agreement to purchase a plot, ask for a written statement listing all costs.

Cremation

Before you receive permission to have a body cremated, the body must be examined by a medical examiner and a Medical Certificate of Death signed by the attending physician.

Funeral chapels and crematoriums most often request that the body be enclosed in a container that is combustible, of rigid construction and equipped with handles. You may supply your own homemade container.

After a cremation, all that usually remains of the body is two to three kilograms of pulverized bone and ash. These materials are pure and represent no health risk. You're free to take care of the ashes as you see fit. Most crematoriums and funeral homes will provide temporary storage until you decide what is to be done with them. The ashes may be disposed of by the crematorium, or returned to the next-ofkin in a container.

Cemetery facilities for receiving ashes vary. Some have an urn garden. Others have a columbarium, an above-ground structure where urns are held. Another option is to scatter or bury the ashes at a family plot.

Conventional Funeral Service

A conventional funeral involves a service in a church or funeral chapel, with the body present, followed by burial. The following is usually included:

- removing the body to the funeral home;
- using funeral home facilities;
- embalming and cosmetic application;
- \rightarrow the price of the casket;
- using a hearse for transportation to the cemetery or crematorium;
- arranging religious services;
- registering the death and obtaining the burial permit; and
- > preparing newspaper death notices.

Memorial Service

A memorial service is usually held when the body is not present. For example, the body may have been directly buried, cremated or donated for medical research.

A memorial service is most often held within a few days or weeks of the death. Memorial services, as with funeral services, can be large or small, and held in a church, funeral home chapel, hotel, private club or family home. Arrangements are usually simple. Embalming, viewing and other services associated with a conventional funeral are eliminated, reducing the cost.

Prearranging a Funeral Service

When looking for a prearranged plan, ask yourself the following questions.

- Does the funeral establishment have a good reputation? Ask friends for recommendations. Check with the Better Business Bureau. Ask yourself whether the funeral home is likely to be in business for many more years.
- Will interest be paid on the money in your prearranged plan? If so, compare rates at various funeral homes. Will you or your estate receive the interest, or will the funeral home?
- If installment payments are to be made, will there be an extra charge for late payment?
- Are all goods and services to be provided described specifically in the contract?
- Does the plan meet your religious needs? Does it allow for a service in your own church, or must you use the funeral chapel?
- Is there any plan to cover the increased cost of the prearranged service due to inflation?

Buying a Cemetery Plot

You can also buy a cemetery plot and a grave marker in advance. Before signing a contract, get answers to the following questions.

- What happens if you move or change your mind for whatever reason? Would you be able to sell the plot or transfer ownership?
- How will payment be made?
- What penalty would be applied if you failed to make the payments?

Donating a Human Body or Organs

Medical science makes valuable use of donated tissues and organs for research, teaching and transplants. The entire body, or just certain parts, may be donated. It is quite easy to make such a donation. Just write out your instructions on a piece of paper and sign it.

Be sure to tell your next-of-kin about your wishes. It's also a good idea to carry a donor card in your wallet. Drivers' licences may have an attached universal donor card, which you must fill out and sign for your wishes to be followed.

Getting Help from Memorial Societies

Memorial societies are voluntary, non-profit organizations dedicated to helping people arrange simple, dignified and inexpensive funerals in advance. They encourage the donation of bodies or body parts for medical science.

Most memorial societies have either a legal contract or an agreement with one or more local funeral homes to provide services for members.

These services may not otherwise be offered to the public, although consumers can ask for them. Memorial societies that are unable to get such an agreement from local funeral homes will give advice to people who want to prearrange their funeral. Members are given a form on which they indicate their desired arrangements. A copy of this form is then kept by the society and/or the cooperating funeral home. If you should move, your membership file could be transferred to the local memorial society.



Home Renovations

Before you start, you should keep in mind that there is no such thing as a small, simple renovation

project. The process takes time and effort. It's also messy. However, the more planning and care that goes into the renovation in advance, the better your chances of having things turn out to your satisfaction.

- Understand your own abilities and the amount of time that you can spend on the project. This will help you decide what kind of professional help you should look for, ranging from an architect or general contractor, who will take charge of the project from beginning to end, to a local, one-person construction company.
- Write a full, detailed list of the things that you want to achieve. If you change your mind part way through the project, the costs will change too.
- Check with your local building inspection department to find out which permits you'll need (this is not your contractor's responsibility unless that is spelled out in your contract) and with your insurance company to discuss any extra insurance requirements that will add to your final cost.
- Make a list of potential suppliers to interview. After you've followed the first two steps, talk to relatives, friends and neighbours to get recommendations, as well as local business associations. Some professional

organizations such as architects' and builders' associations keep a list of suppliers who specialize in renovation work. Check with your local Better Business Bureau, business association or provincial or territorial consumer affairs office to see whether any complaints have been filed against any firm that you are thinking of hiring.

 Contact at least six professionals by telephone to find a minimum of three to interview.

Interviews are a two-way conversation. The supplier should ask you a lot of questions about what you want. You should be prepared to ask the supplier about similar projects he or she has handled, the time required for the job, whether there will be subcontractors involved, what the stages of progress will be, and the requirements of permits. You should never be given a quote at the interview. Ask the supplier to send you a written estimate of all costs, including labour and any extra charges.

Review all the quotations carefully. They should outline your project and provide at least a partial cost breakdown.

Once you've decided on a supplier and you're satisfied with the details in the contract, sign it. Never allow work to proceed until you have fully reviewed, understood, agreed to and signed the contract.

The contract should include the following information:

- the type and amount of work to be done;
- ➤ any extras;

- who is to complete the work (including a list of any subcontractors and who is responsible for their payment and when);
- the total cost;
- the start date and date of completion;
- who is responsible for clean-up afterwards; and
- the name and address of the supplier and your name and address.

On major projects, attach a list of the sections of work to be done and their completion dates to the contract. A payment schedule should also be part of the contract.

Keep payments down to a minimum and check on construction liens legislation in your area. The law may require you to hold back a percentage of the payment until the date when the major work is finished (what's known as the substantial completion date). You'll be asked to sign a completion certificate. Don't sign it until the work is finished and you're satisfied with it. If a contractor asks for a deposit he or she may require a provincial or territorial licence. Check with your consumer protection office.

Door-to-door Home Repairs

Sometimes salespeople come to your door offering a deal on roofing, driveway resurfacing, or furnace inspection or repair, because "we just happen to be in your neighbourhood." Usually they insist that the contract must be signed immediately to get the "special" price.

This is a high-pressure sales tactic. Don't fall for it. If you were thinking of having the work done anyway, you should ask the salesperson for local references. Obtain quotes from other suppliers as well.

Although the majority of sellers are honest, some are not. The seller may ask for a deposit, then never return to do the work. Or the work he or she provides is substandard. Unless you have personal references, you won't know what you're really buying until your money is gone. (Please also see the section of this handbook on door-to-door sales.) When you sign a contract in your home, the contractor may be required to be licensed and bonded, and there may be a cooling off period, during which you may cancel the contract for any reason. For more information, contact your provincial or territorial consumer protection agency.

Identity Theft

Over the past 25 years, identity theft has grown substantially and today tops the list of consumer complaints. Here are some precautionary measures that can keep you from becoming a victim.

- Guard your social insurance number (SIN) and other personal information.
- Monitor your credit report to make sure it is accurate and make sure any copies are shredded.
- Do not carry extra credit cards or other important identity documents, such as your birth certificate or SIN card, except when needed.
- Make a copy of the contents of your wallet and keep it in a secure place. This will ensure you have account numbers, expiration dates and phone numbers should your wallet be stolen.

- Examine your credit card statements before paying and report any extra charges.
- Never give your credit card number or personal information over the phone unless you initiated the call and trust the business.
- Never leave receipts at bank machines, bank wickets, trash cans or gasoline pumps; destroy receipts you don't need anymore.
- Avoid keeping written records of codes and passwords and choose passwords no one can guess.

For more tips on identity theft, visit the Consumer Measures Committee (CMC) Web site: http://cmcweb.ca/ epic/internet/incmc-cmc.nsf/en/fe00040e.html.



Landlord and Tenant Problems

Landlord and tenant regulations vary considerably across Canada. Different departments in each province and territory administer the legislation. Check the government listings in your telephone book. If there is no specific reference to landlord and tenant services, call the general government number for a referral.

Mail Order

Many consumers are taking advantage of the growing catalogue market in Canada. Catalogue shopping can be a time-saving and satisfactory way to buy goods. However, as with any type of transaction, there are still things that a wise consumer should keep in mind.

Ordering

- Keep a record of the name, address and phone number of the company, the goods you ordered, the date of your order, the amount you paid, and the method of payment.
- > Keep a record of any delivery period that was promised.
- If you are told that the shipment will be delayed, write the date of that notice in your records and the new shipping date, if you've agreed to wait longer.
- To limit unwanted mail, sign up with the free Do Not Contact Service operated by the Canadian Marketing Association, a private trade group. The Association will instruct its mail-marketing members to take you off their lists.

Unsolicited Goods

You are under no obligation to accept or pay for any merchandise you receive in the mail that you did not order. In most provinces and territories, when the sender asks for the merchandise back you must return it at the sender's expense; however, in some provinces and territories you cannot be required to pay for the goods or services unless you agreed to do so in writing. To complain about unsolicited goods, contact your provincial or territorial consumer protection agency.

Mail Fraud

- Read the offer carefully. Get the advice of another person whose opinion you trust.
- Deal only with companies or charities whose reputation and integrity are known.
- Never give out your credit card number or personal, financial or employment information unless you know with whom you are dealing.
- Never send money for any "free" merchandise or services.
- Be suspicious of "free gifts" that require a "tax payment" or "registration fee," sweepstakes requiring an entry fee or purchase, employment or work-at-home opportunities requiring a fee, offers requiring your credit card number or bank account number, loans that require you to pay a fee in advance, mailings that look like they are from official government agencies when they are not, and prize notices requiring you to call a 1-900 number.
- ➢ Be careful about making impulse purchases.
- Keep a record of the order, notes of the conversation and copies of the advertisement, cancelled cheque, receipt, letters and envelopes.
- Take the time to compare the products, services and prices to those of similar products in local stores.
- Check out the company with your provincial or territorial consumer protection agency or the Better Business Bureau. Mail fraud is a crime.

Major Purchases

Many consumers may be smart day-to-day shoppers but are less confident when it comes to a major purchase such as a home or car. Please read this section carefully, as the

suggestions below can help you make a wise decision.

Houses

Experts say that most consumers spend more time on a visit to the grocery store than they do inspecting the biggest purchase of their lives – their home.

The best way to shop for a new home is to prepare a "must have" list. Find an agent you trust and spend a lot of time inspecting all the aspects of any home that you're serious about buying. When you have complaints about real estate agents, contact your provincial or territorial consumer affairs office or real estate association or commission.

Figure out what you can afford, based on a mortgage payment of up to 30 percent of your income. Talk to your regular bank, then compare mortgage rates, terms and conditions at a number of financial institutions. They vary widely. You can get a good idea of current prices in the newspaper. Decide which residential areas you want to consider and check the local prices.

Unless you're in a building trade, you won't necessarily see the faults in a home you're considering. Find a competent home inspector. Ask friends and neighbours for references. Be prepared to follow the advice the home inspector offers. He or she should always provide a written report. Keep in mind that home inspectors are not regulated and they are not liable for giving you incorrect information.

For more information on home buying, please see the "Buying a Home" section of the Canadian Mortgage and Housing Corporation (CMHC) Web site: www.cmhc-schl.gc.ca/en/bureho/buho/index.cfm.

New Homes

Talk to the local home builders' association for general information. Many home builders' associations provide brochures and sample contracts to help consumers understand the market. Provincial consumer and housing ministries and their Web sites are also helpful.

Condominiums

You may be considering a condo, but if you've never lived in one, you should check into all the restrictions and rules before you buy. Ask to see a copy of the corporation by-laws; they may include very specific conditions, such as whether you may put in a garden or hang seasonal lights outside. Talk to people in the community. Find out about maintenance fees and how often they have increased. Check whether there is a reserve fund in place for repairs and maintenance of major items, such as roofs, driveways and parking lots.

See also the Canadian Mortgage and Housing Corporation's (CMHC) *Condominium Buyers' Guide*. This document is available only in PDF format.

Motor Vehicles

Buying a new car can be a big thrill, but that thrill can quickly wear off when the car is not as it was represented. Before you start looking for a car, van or personal-use truck, think about what you require. Keep in mind the distances that you typically travel, the road conditions (highways versus unpaved roads) and the types of loads you carry. No matter how appealing the sports car is, you'll end up unhappy if it doesn't do the job.

Choosing the right dealer can make a big difference in avoiding problems both during and after the purchase. Take the time to check potential dealers and always comparison shop. Each dealer may offer you a different "deal" on the same make and model.

Unfortunately, high-pressure sales tactics are still a problem in many areas. Don't let yourself be talked into something that you don't want or can't afford. If you're not satisfied, walk out.

Please remember that once you have signed a contract with a dealership or used vehicle seller, the contract is binding. As soon as both sides have signed, the seller is not obliged to let you out of the contract if you change your mind. There is no cooling-off period.

Make sure that you discuss all the options that you want and be careful of dealers who want to sell you a vehicle that's "loaded." Although options are generally sold in packages, there are some options you probably won't require and shouldn't pay for. When you buy near the end of the season, you may not be able to get all of your choices. Carefully consider the question of whether to buy or lease. You can't beat an outright purchase paid in full, but few people can afford that option in today's marketplace. Whatever you decide, read the contract carefully. Compare possible financing arrangements available from a number of lenders. The difference in interest rates and prices may surprise you.

Don't forget that the cost of driving includes service, parking, insurance and fuel, and these should figure into your plans

when buying. In urban areas, many Canadians find the option of renting a car only when they need it to be more costeffective than buying.

Every so often, someone buys a car that is a "lemon." Check with your provincial or territorial consumer and auto protection agencies to see whether they can help. Also, the Canadian Motor Vehicle Arbitration Plan, listed in the directory of this book, provides binding arbitration that may be an alternative to court.



Misleading Advertising

As part of its goal to provide consumers with competitive prices and product choices, the *Competition Act* prohibits a number of marketing practices. Consumers may complain to the federal government about any of these practices even when they have no intention of buying the product.

- Misleading advertising occurs when a representation related to a product or service is deliberately false or misleading in order to persuade the consumer to buy it.
- Double ticketing (charging the higher of two prices) occurs when a seller represents two or more prices on a product or service and the consumer is not charged the lowest price.
- Pyramid selling is a multilevel marketing plan that uses certain specific deceptions to obtain money.
- Bait and switch occurs when a seller attracts customers by advertising a certain product or service at a bargain price, but does not supply the advertised product or service in reasonable quantities with the purpose of persuading the customer to purchase a more expensive item.

Consumers may contact the Competition Bureau to file a complaint or obtain additional information at 1-800-348-5358 or **compbureau@ic.gc.ca**, or visit the Bureau's Web site at **www.competition.ic.gc.ca**. You may also contact your provincial or territorial office of consumer affairs or consumer protection office. When the matter relates to the labelling of food, contact the Canadian Food Inspection Agency.

Consumers who make a purchase are also protected by laws that prohibit unfair or deceptive trade practices. (Please also see the sections of this handbook on advance fee scams, consumer privacy, contracts, fraud and multilevel marketing.)

Finally, you have the option of complaining to a nongovernmental body, Advertising Standards Canada. It is made up of advertisers, representatives from advertising agencies and the media, and consumers. It discourages false or misleading advertising by its members through codes of behaviour.

Advertising Standards Canada 175 Bloor Street East, South Tower, Suite 1801 Toronto, ON M4W 3R8 Tel.: (416) 961-6311 Fax: (416) 961-7904 E-mail: **info@adstandards.com** Web site: **www.adstandards.com**

Moving

Moving can

sometimes be a stressful

proposition and often times professional help will ensure the job gets done quickly and correctly. Here are some recommendations to help your move go smoothly.

- Seek advice from family, friends or the Better Business Bureau. This will help you ensure that your mover has experience and a proven track record.
- Have all essential information before signing any contract. This includes checking that the company is bonded, has proper equipment, will provide unpacking, storage or claims settlement, and will store your valuables in a safe and appropriate place. Know exactly what you are paying for.
- Give the mover as much information as possible and get an estimate in writing. By doing this you ensure that the mover knows about any special items or obstacles that may affect the estimate. If the quoted price seems very low, be suspicious

Purchase moving insurance. Your home insurance may cover all or part of the move; if not, replacement value coverage is your best bet. It may be more expensive, but it will ensure you get adequate coverage. If the mover provides insurance, find out the limitations.

On moving day, remember to do the following.

- Have everything ready to go. Don't get caught running around doing last-minute packing.
- Make sure the destination is ready. This may include reserving the elevator or a parking space.
- Make an inventory and supervise the loading and unloading. If something goes wrong, file a claim quickly or you may not be able to.
- Take valuables with you. It's best not to chance them with the mover.

It is often best to consult with a variety of movers. Many differ on price and services offered, so consulting with different companies will ensure you get the service that suits you.



Multilevel Marketing and Pyramid-selling Schemes

Multilevel marketing (MLM) is a system for selling products whereby participants in a plan are paid for selling products to other participants who, in turn, are paid for selling the same products to yet more participants. This type of marketing is legal in Canada when the plan does not contravene any requirements of the *Competition Act*.

Referral selling, matrix marketing and binary systems are all similar types of marketing plans, though some may be illegal under the *Criminal Code*, the *Competition Act* and some provincial and territorial laws.

Under the *Competition Act*, MLM plans that make representations relating to potential compensation must also disclose the amount of compensation earned by typical participants in the plan.

Pyramid selling is an MLM plan that incorporates the following deceptive practices, which make it a criminal offence under the *Competition Act*:

- paying money for the right to recruit new members (who also pay money for the same right);
- requiring new recruits to buy products as a condition of participation;
- selling unreasonable amounts of inventory to participants; and
- ➤ having an unreasonable product return policy.

Anyone who wishes to set up an MLM plan may approach the Competition Bureau to obtain additional details.

Pyramid selling is also a criminal offence under the *Criminal Code*.

When considering getting involved in a MLM system, ask yourself the following questions:

 Is this type of MLM illegal? You may want to seek independent legal advice before signing any documents or committing funds.

- → How much of a financial and time commitment will this system require? Some programs require you to commit substantial sums of money up front; others will ask that you purchase a large inventory of their product.
- Are you aware of the legal and fiscal considerations of becoming a seller? You must observe consumer protection laws and, in some provinces and territories, obtain a seller's permit. Both federal and provincial revenue departments will also probably require you to collect GST or HST and provincial or territorial sales taxes.

Online Fraud

With the growing popularity of online business, it is becoming easier for fraud artists to take your money. Auction ripoffs, investment scams, SPAM (unsolicited e-mails) and shady business deals are all popular methods used by scam artists. Here are some tips that can help you avoid being a victim.

- \rightarrow Don't buy anything you hear about through SPAM.
- > Only buy from reputable auction sites and sellers with good references.
- \rightarrow Don't do business with anonymous users. There is likely a reason they don't want you to know who they are.

Are the profit levels claimed by the representatives of the MLM system realistic? In some cases, when the amount of time spent selling the products, following-up with customers and recruiting new members is considered, the resulting "hourly wage" can be quite low. Some participants in an MLM never make a profit and even lose money.

For more information, contact the Competition Bureau.

- Save copies of all documents involved in the deal.
- Know the site's privacy policy and security features. ≻
- Know the delivery date of the product or service.

To report online fraud, get in touch with PhoneBusters at 1-888-495-8501 or visit www.phonebusters.com. PhoneBusters is the anti-fraud call centre operated by the Ontario Provincial Police in partnership with the Royal Canadian Mounted Police and supported by industry and government partners. You can also learn about consumer scams and find advice on how to deal with them at www.rcmp.ca/scams/scams_e.htm.

Product Safety

Knowing how to use products correctly, reading instructions and being alert to hazards will help to ensure a safe environment around you. You also should pay attention to product recalls in the news and consumer magazines.

- ➢ Read about major appliances, tools and other items before you buy them. There are several consumer magazines at the library, which give detailed information on the prices, features and safety of various products.
- ➤ Learn to use power tools and electrical appliances safely. For example, if you don't know what a ground fault circuit interrupter (GFCI) is, find out. Read the instructions carefully before using the equipment.
- Don't use things for purposes the manufacturer never ≻ intended.

- ➤ Make sure toys are age-appropriate. Your 10-year-old's baseball bat can be a lethal weapon in the hands of your 3-year-old slugger.
- ➤ It is recommended that children always wear bicycle helmets. Some provinces now require it. When shopping for helmets, look for the stickers from organizations such as CSA, ANSI and/or Snell to ensure that you are buying a safe helmet.
- Small parts can present choking hazards to young children who put things in their mouths. Beware of balloons, balls, marbles and older children's toys.
- ➤ Baby items demand special attention. Cribs, baby walkers and baby gates have changed dramatically because of new safety requirements. Don't buy used baby items that don't comply with current standards.

- Garage and tag sales are places where small appliances, power tools, baby furniture and toys with safety defects, lead paints or other hazards get passed along to new owners. Make sure these types of items meet current safety requirements.
- Read product labels. Some products can turn into deadly poisons when mixed with other products, stored improperly or used in poorly ventilated areas.
- Keep all medicines, cleaning products, wood finishes, toxic art supplies and paint out of the sight and reach of young children. Keep leftover products in their original containers. Post the poison control emergency number near your phone. Get rid of old and outdated products.
 - Look for tamper-resistant packaging on foods and medicine.
 - Watch out for lead crystal decanters and dinnerware decorated with lead paint or glaze. When there's no way to ensure the items are lead-free, don't buy them.

Refund and Exchange

While no legal obligation exists for businesses to accept returned items unless they are defective, it is generally accepted that offering refunds or exchanges is a critical part of developing and maintaining good customer relations. Ask about the seller's refund or exchange policy before you buy.

Rent-to-own

Although turning to rent-to-own sounds like a simple solution for when you're short of cash, it can be expensive. The rental charge can be three or four times what it would cost to pay cash or finance the purchase at the highest interest rate typically charged in installment sales.

Before signing a rent-to-own contract, ask yourself the following questions.

- Is the item something I absolutely have to have right now?
- Can I delay the purchase until I have saved enough money to pay cash or at least make a down payment on an installment plan?
- Have I considered all my credit options, including applying for retail credit from the merchant or borrowing money from a credit union or bank?
- Would a used item purchased from a garage sale, classified ad or second-hand store serve the purpose?

If you decide that rent-to-own is the best choice for you, here are some questions you should ask before you sign on the dotted line.

What is the total cost of the item? The total cost can be determined by multiplying the amount of each payment by the number of payments required to purchase the item. Make sure to add in any additional charges, for example, finance, handling or balloon payments at the end of the contract.

- Am I getting a new or a used item?
- Can I purchase the item before the end of the rental term? If so, how is the price calculated?
- Will I get credit for all of my payments if I decide to purchase the item?
- Is there a charge for repairs during the rental period?
 Will I get a replacement while the rented item is not in my possession?
- ➤ What happens if I am late on a payment? Will the item be repossessed? Will I pay a penalty if I return the item before the end of the contract period?

Comparison shop among various rent-to-own merchants. Contact your provincial or territorial consumer protection agency to find out whether there are any complaints on record against the business. Check for any specific provincial or territorial laws. Read the contract carefully and make sure you understand all the terms and get all promises in writing.

Remember, know what you are paying. Compare the cash price plus finance charges in an installment plan with the total cost of a rent-to-own transaction.

Telemarketing



While many legitimate businesses use the telephone to make their

sales, so do an increasing number of fraudulent companies. To report deceptive telemarketing practices, contact the Competition Bureau by telephone at 1-800-348-5358 or by e-mail at **compbureau@ic.gc.ca**, or visit the Bureau's Web site at **www.competition.ic.gc.ca**. You may also call PhoneBusters at 1-888-495-8501 or visit **www.phonebusters.com**. PhoneBusters is the national antifraud call centre operated by the Ontario Provincial Police in partnership with the Royal Canadian Mounted Police and supported by industry and government partners. You can also learn about consumer scams and find advice on how to deal with them at **www.rcmp.ca/scams/scams_e.htm**.

Tips for Smart Telephone Shopping

- When you are told that you have won a prize, do not commit to purchase any other product or pay any additional fee in order to collect your prize.
- Always keep a record of the name, address and phone number of the person and the company, the goods you ordered, the date of your purchase, the amount you paid (including shipping and handling) and the method of payment.

Travel

An enjoyable holiday begins with careful preparation long before you pack your bags.

Know your destination

If you plan to travel outside of Canada, check the Department of Foreign Affairs's Consular Affairs Web site to find more about your destination: **www.voyage.gc.ca**.



- > Keep a record of any delivery period that was promised.
- When you are told that the shipment will be delayed, write the date of that notice in your records and the new shipping date, if you've agreed to wait longer.
- Don't give your credit card number, bank account number or other personal information to a telemarketer unless you are familiar with the company or organization, and the information is necessary in order to make your purchase.

Use Caution and Common Sense

- Don't be pressured into acting immediately or without the full information you need.
- When an offer sounds too good to be true, think twice before making your final decision.
- > Shop around and compare costs and services.
- Report all fraudulent activity or check the company out with your consumer affairs office, PhoneBusters or the Better Business Bureau.
- To reduce telephone calls you do not want, sign up with the free Do Not Contact Service operated by the Canadian Marketing Association.

Choosing a Travel Agent

- Travel professionals are licensed or registered in some jurisdictions. Check with your provincial or territorial consumer affairs office.
- Has the agent completed a training program?
- ➤ Has he or she travelled widely?
- How many years has the agency or operator been in business?
- Does the agency or consultant belong to a travel agents' association or related organization (see below)?

While many legitimate bu

Ask About Agency Affiliates

Many agencies belong to professional travel or trade associations. Members must usually meet certain requirements for training, staffing and financing. Here are some common examples:

- Canadian Institute of Travel Counsellors (CITC): This is Canada's national association for travel agents. It monitors professional standards and training, and offers approved courses for travel agents. Certified Travel Counsellors are members who have passed CITC-administered exams and worked three years as full-time agents.
- International Air Transport Association (IATA): Travel agencies displaying IATA designation are authorized to sell tickets for IATA-member airlines.
- Air Transport Association of Canada: Affiliated agencies are authorized to sell domestic airline tickets.
- Alliance of Canadian Travel Associations (ACTA): Members must follow a code of standards and ethics. When a member agency has a business failure, ACTA will try to assist customers who might otherwise suffer a financial loss.

Affiliation with these groups does not guarantee that you won't have problems if the tour operator that your agent booked goes bankrupt. But it does give some measure of security.

Check Your Insurance Needs

While most holidays go smoothly, it makes sense to protect yourself should problems occur. Think about what would happen if you lost your luggage, became ill in another country, or your tour operator or airline went bankrupt. Smart travellers protect themselves from financial loss by being insurance-wise.

Review Your Coverage

Before you buy travel insurance, check what coverage you already have.

- Your personal property insurance may cover lost or stolen luggage.
- Your car insurance may provide collision and liability coverage for rented automobiles.
- Your credit card may offer baggage, medical and other types of insurance.



- Your provincial or territorial health care plan gives some medical coverage while you are out of the province or territory. Once you travel outside Canada, you are responsible for any medical and hospital costs that exceed rates set by your province or territory. Be warned that in some countries, health services cost much more than they do here. You would be wise to buy additional medical coverage to pay for the difference. Also, you should contact your provincial or territorial health care plan when you plan to be away for three months or longer.
- Find out what various insurance companies offer. Many health and accident insurance policies do not cover medical problems you already have, such as a heart condition. Read the policies carefully.

Ask About Default Insurance

Ask your agent for default insurance. It protects your money when a tour operator or other service supplier goes out of business.

ACTA now requires its member travel agents to offer default insurance to their customers. People who don't want travel insurance have to sign a waiver saying it was offered to them and they turned it down.

Default insurance is not only offered through ACTA agents; many other agents offer it as well. Ask for it specifically.

Default protection is usually sold as part of a trip cancellation policy, but not always. Make sure you specify that you want it. Read the policy before you buy to be sure you're getting what you want.

Sometimes travel agencies will "guarantee" your trip at no extra cost. Unless the agency's guarantee is backed by an insurance policy, however, you might not be protected if the agency collapses. Check with provincial or territorial consumer protection officials to determine whether there is a consumer compensation plan in your jurisdiction.

Unfair Or Deceptive Business Practices

Most provinces have laws that protect consumers from unfair or deceptive business practices. Generally, an unfair or deceptive practice can be thought of as a representation that has the tendency or effect of misleading the average person. When you believe you have been deceived, contact your provincial or territorial consumer affairs office. Consumers are also protected against misleading advertising.

Consumers may also contact their local Better Business Bureau, or the Competition Bureau, unless the complaint relates to the labelling of food, in which case they may contact the Canadian Food Inspection Agency.

Warranties

Most contracts include specific warranties to protect consumers. When they do not, some provincial and territorial legislation says that implied warranties apply to every sales contract (unless the parties lawfully agree that the warranty does not apply). You should always check the warranty on any product before you buy it. To see whether a warranty applies in your case reread the contract, or contact the consumer affairs office in the province or territory where the contract was made.

Consumers may also contact the Better Business Bureau.

Directory of Organizations

Consumer Affairs Offices

Below is contact information for consumer affairs offices across the country. Staff in these offices can help you with any consumer problem, but do check the lists of other organizations in this directory to see if there is another contact who can assist you.

Federal Government

Office of Consumer Affairs Industry Canada 235 Queen Street Ottawa ON K1A 0H5 Fax: (613) 952-6927 E-mail: oca.strategis@ic.gc.ca Web site: www.consumer.ic.gc.ca

Competition Bureau Industry Canada 50 Victoria Street Hull QC K1A 0C9 Tel.: (819) 997-4282 Toll free: 1-800-348-5358 TDD: 1-800-642-3844 Fax: (819) 997-0324 E-mail: compbureau@ic.gc.ca Web site: www.competition.ic.gc.ca

Provincial and territorial Governments

Newfoundland and Labrador

Trade Practices and Licencing Division Department of Government Services and Lands 2nd Floor, Confederation Building West Block PO Box 8700 St. John's NL A1B 4J6 Tel.: (709) 729-2600 Fax: (709) 729-3205 Web site: www.gov.nf.ca/gsl/cca/tpl/default.stm

Nova Scotia

Service Nova Scotia and Municipal Relations PO Box 2502 Halifax NS B3J 3N5 Tel.: (902) 424-5200 Toll free: 1-800-670-4357 Fax: (902) 424-0720 Web site: www.gov.ns.ca/snsmr

Prince Edward Island

Consumer, Corporate and Insurance Division Office of the Attorney General 4th Floor, 95 Rochford Street PO Box 2000 Charlottetown PEI C1A 7N8 Tel.: (902) 368-4550 Toll free: 1-800-658-1799 Fax: (902) 368-5283 Web site: www.gov.pe.ca/oag/ccaidinfo/index.php3

New Brunswick

Consumer Affairs Branch Department of Justice 440 King Street, Suite 649 PO Box 6000 Fredericton NB E3B 5H1 Tel.: (506) 453-2682 Fax: (506) 444-4494 Web site: www.gov.nb.ca/justice

Quebec

Office de la protection du consommateur Room 450, 400 Jean-Lesage Boulevard Québec QC G1K 8W4 Toll free: 1-888-672-2556 (Quebec only) Web site: www.opc.gouv.qc.ca

Ontario

Ministry of Consumer and Business Services 32th Floor, 250 Yonge Street Toronto ON M5B 2N5 Tel.: (416) 326-8800 Toll free: 1-800-889-9768 Fax: (416) 326-8665 TTY: (416) 325-3408 or Toll free: 1-800-268-7095 E-mail: **cbsinfo@cbs.gov.on.ca** Web site: **www.ccr.gov.on.ca**

Manitoba

Consumer and Corporate Affairs Manitoba Finance Consumers' Bureau 302-258 Portage Avenue Winnipeg MB R3C 0B6 Tel.: (204) 945-3800 Toll free: 1-800-782-0067 Fax: (204) 945-0728 E-mail: consumersbureau@gov.mb.ca Web site: www.gov.mb.ca/cca/consumb

Saskatchewan

Consumer Protection Branch Saskatchewan Department of Justice 5th Floor, 1919 Saskatchewan Drive Regina SK S4P 3V7 Tel.: (306) 787-5550 Toll free: 1-888-374-4636 (Saskatchewan only) Fax: (306) 787-9779 E-mail: consumerprotection@justice.gov.sk.ca

Alberta

Alberta Government Services Consumer Services Branch Tel.: (780) 427-4088 (Edmonton and area) Toll free : 1-877-427-4088 (Alberta only)

E-mail : government.services@gov.ab.ca Web site: www.gov.ab.ca/gs

British Columbia

Ministry of Public Safety and Solicitor General Compliance and Consumer Services Branch Consumer Services Division Consumer Services Head Office PO Box 9297, Station Prov. Govt. Victoria BC V8W 9J8 Tel.: (250) 387-3045 Toll free: 1-888-564-9963 Fax: (250) 953-3533 E-mail: sgconsumer@gems7.gov.bc.ca Web site: www.pssg.gov.bc.ca/consumers

British Columbia

419-4943 Canada Way Burnaby BC V56 4K6 Tel.: (604) 660-3540 Fax: (604) 660-3521

250-455 Columbia Street Kamloops BC V2C 6K4 Tel.: (250) 828-4667 Fax: (250) 371-4233

Yukon

Department of Community Services Consumer and Safety Services PO Box 2703 Whitehorse YK Y1A 2C6 Tel.: (867) 667-5111 Toll free: 1-800-661-0408 Fax: (867) 667-3609 E-mail: **consumer@gov.yk.ca**

The Andrew Philipson Law Centre 2130-2nd Avenue Whitehorse YK Y1A 5H6 Tel.: (867) 667-5111

Northwest Territories

Consumer Services Community Operations Programs Municipal and Community Affairs Room 500, 5201-50th Avenue Yellowknife NT X1A 3S9 Tel.: (867) 873-7125 Fax: (867) 920-6343 E-mail: **mgagnon@maca.gov.nt.ca** Web site: **www.maca.gov.nt.ca**

Nunavut

Consumer Affairs Community Government and Transportation PO Box 440 Baker Lake NU XOC 0A0 Tel.: (867) 793-3303 Toll free: 1-866-223-8139 Fax: (867) 793-3321

Other Government Contacts

These are government offices that handle specific issues such as competition policy, financial services, food, product and road safety, and bankruptcy.

Competition Policy: Competition Bureau

The Competition Bureau promotes fair competition in the marketplace by discouraging deceptive business practices.

When you or someone you know has been the victim of deceptive business practices, you should call the Bureau or fill out an online Inquiry Form. (The form is placed on a secure server that is designed to protect confidential information.) The information goes directly to the Bureau's Information Centre.

Bureau staff will examine your complaint to determine whether it raises concerns under the *Competition Act*, the *Consumer Packaging and Labelling Act*, the *Textile Labelling Act*, or the *Precious Metals Marking Act*. When it does, the Bureau may contact other customers or competitors to obtain more information. When, after further study, there is evidence of a possible contravention of an Act, a formal inquiry may be opened. All inquiries are conducted in private.

Information Centre Competition Bureau Industry Canada 50 Victoria Street Hull QC K1A 0C9 Tel.: (819) 997-4282 Toll free: 1-800-348-5358 TTY: 1-800-642-3844 Fax: (819) 997-0324 E-mail: compbureau@ic.gc.ca Web site: www.competition.ic.gc.ca

Financial Services: Financial Consumer Agency of Canada (FCAC)

FCAC works to protect and educate consumers in the area of financial services, providing consumer information and overseeing financial institutions to ensure that they comply with federal consumer protection measures.

427 Laurier Avenue West, 6th floor Ottawa ON K1R 1B9 Tel.: (613) 996-5454 Toll free: 1-866-461-FCAC (3222) Fax: (613) 941-1436 Toll free: 1-866-814-2224 Web site: www.fcac.gc.ca

Food Safety: Canadian Food Inspection Agency (CFIA)

In 1997, the Government of Canada consolidated all food inspection services into a single federal food inspection agency. Consumers are now able to address food inspection questions or concerns to a single contact. The CFIA delivers all federal inspection services related to food, animal health and plant protection

59 Camelot Drive Ottawa ON K1A 0Y9 Tel.: (613) 225-2342 Toll free: 1-800-442-2342 Fax: (613) 228-2165 E-mail: **cfiamaster@inspection.gc.ca** Web site: **www.cfia-acia.agr.ca**

Product Safety Programme: Health Canada

The mission of Health Canada's Product Safety Programme is to prevent product-related death, illness and injury. It protects consumers from hazardous or potentially hazardous products covered by the *Hazardous Products Act*. The Product Safety Bureau's regional offices investigate consumer and trade complaints. Health Canada MacDonald Building, 5th floor 123 Slater Street Address Locator 3505D1 Ottawa ON K1A 0K9 Tel.: (613) 946-6465 Fax: (613) 946-1100 E-mail: **psp_website@hc-sc.gc.ca** Web site: **www.hc-sc.gc.ca/hecs-sesc/psp/index.htm**

National Consumer Product Safety Office

Product Safety Programme Health Canada MacDonald Building, 4th Floor 123 Slater Street Address Locator: 3504D Ottawa ON K1A 0K9 Tel.: (613) 957-4467 Fax: (613) 952-3039 E-mail: **cps-spc@hc-sc.gc.ca**

Newfoundland and Labrador

Regional Product Safety Office Health Canada John Cabot Building, 3rd Floor PO Box 1949, 10 Barter's Hill St. John's NL A1C 5R4 Tel.: (709) 772-4050 Fax: (709) 772-5945 E-mail: **Atlantic_ProdSafe@hc-sc.gc.ca**

Nova Scotia

Regional Product Safety Office Health Canada 1505 Barrington Street , Suite 1625 Halifax NS B2Y 3Z7 Tel.: (902) 426-8300 Fax: (902) 426-6676 E-mail: **Atlantic_ProdSafe@hc-sc.gc.ca**

New Brunswick and Prince Edward Island

Regional Product Safety Office Health Canada 10 High Field Street, 1st Floor Moncton NB E1C 9V5 Tel.: (506) 851-6638 Fax: (506) 851-3197 E-mail: **Atlantic_ProdSafe@hc-sc.gc.ca**

Quebec

Regional Product Safety Office Health Canada 1001 St-Laurent West Longueuil QC J4K 1C7 Tel.: (450) 646-1353 Fax: (450) 928-4066

E-mail: Quebec_Prod@hc-sc.gc.ca

Montréal Tel.: (514) 283-5488

901 Cap Diamant, Suite 266-1 Québec QC G1K 4K1 Tel.: (418) 648-4327 Toll free: 1-800-561-3350 Fax: (418) 649-6536 E-mail: **Quebec_Prod@hc-sc.gc.ca**

Ontario and Nunavut

Regional Product Safety Office Health Canada 2301 Midland Avenue Toronto ON M1P 4R7 Tel.: (416) 973-4705 Fax: (416) 973-1746

E-mail: Tor_Prodsafe@hc-sc.gc.ca

Room 500, 150 Main Street West Hamilton ON L8P 1H8 Tel.: (905) 572-2845 Fax: (905) 572-2047 E-mail: **Tor_Prodsafe@hc-sc.gc.ca**

Manitoba

Regional Product Safety Office Health Canada 510 Lagimodiere Boulevard Winnipeg MB R2J 3Y1 Tel.: (204) 983-5490 Fax: (204) 984-0461 E-mail: **Mb Prodsafe@hc-sc.gc.ca**

Saskatchewan

Regional Product Safety Office Health Canada Room 412, Federal Building 101-22nd Street East Saskatoon SK S7K 0E1 Tel.: (306) 975-4502 Fax: (306) 975-6040

E-mail: Sk_Prodsafe@hc-sc.gc.ca

Alberta and Northwest Territories

Regional Product Safety Office Health Canada Canada Place, Room 839 9700 Jasper Avenue Edmonton AB T5J 4C3 Tel.: (780) 495-2626 Fax: (780) 495-2624

E-mail: Edm_Prodsafe@hc-sc.gc.ca

Harry Hays Building, Room 282 220-4th Avenue SE Calgary AB T2G 4X3 Tel.: (403) 292-4677 Fax: (403) 292-4644 E-mail: **Cal_Prodsafe@hc-sc.gc.ca**

British Columbia and Yukon

Regional Product Safety Office Health Canada #210-3625 Lougheed Highway Vancouver BC V5M 2A6 Tel.: (604) 666-5003 Fax: (604) 666-5988 E-mail: **Bby_Prodsafe@hc-sc.gc.ca**

Road Safety: Transport Canada

Transport Canada, in cooperation with provincial and territorial governments and national safety organizations, works to improve road safety in Canada. The Road Safety Directorate has a broad range of responsibilities that are of interest to the public. Its mandate is to reduce the deaths, injuries, damage to property and the environment, health impairment and energy consumption resulting from the use of motor vehicles in Canada.

Road Safety Directorate Transport Canada Tower C, Place de Ville 330 Sparks Street Ottawa ON K1A 0N5 Tel.: (613) 990-2309 Fax: (613) 954-4731 TDD: (613) 990-4500 Toll free: 1-800-333-0371 E-mail: **webfeedback@tc.gc.ca**

Web site: www.tc.gc.ca/roadsafety

General information and road safety (including air bags, anti-lock brakes, tires and winter driving): Tel.: 1-800-333-0371 or (613) 998-8616

Importation of vehicles from: Europe: (613) 998-8616 or (416) 967-9955 Japan: 1-800-333-0371

Importation of vehicles from the United States: Registrar of Imported Vehicles Suite 400, 405 The West Mall Toronto ON M9C 5K7 Tel.: 1-888-848-8240 E-mail: **info@riv.ca** Web site: **www.riv.ca**

Defect Investigations and Recalls: Toll free: 1-800-333-0510

Atlantic Region

Road Transport (New Brunswick, Prince Edward Island, Nova Scotia, and Newfoundland and Labrador)

PO Box 42 Moncton NB E1C 8K6 Web site : www.tc.gc.ca/atl/en/menu.htm

Quebec Region

Road Transport 700 Leigh Capreol, Zone 3A Dorval QC H4Y 1G7 Web site: www.tc.gc.ca/quebec/en/road/menu.htm

Ontario Region

Surface Transportation 20 Toronto Street, Suite 600 Toronto ON M5C 2B8 Web site: www.tc.gc.ca/OntarioRegion/en/ menu.htm

Prairie and Northern Region

Surface Transportation (Alberta, Saskatchewan, Manitoba, Yukon, Northwest Territories and Nunavut)

344 Edmonton Street, 4th floor Winnipeg MB R3C OP6 Tel.: (204) 983-3152 Toll free: 1-888-463-0521 Web site: www.tc.gc.ca/prairiesetnord/default.htm

Pacific Region

Road (British Columbia) Transport Canada 620-800 Burrard Street Vancouver BC V6Z 2J8 Tel.: (604) 666-3518 Fax: (604) 666-7255

Web site : www.tc.gc.ca/pacific/road/menu.htm

Bankruptcy: Office of the Superintendent of Bankruptcy

The Office of the Superintendent of Bankruptcy helps ensure that bankruptcies and insolvencies are conducted in a fair and orderly manner. The Office's responsibilities include investigating complaints from debtors and members of the general public regarding possible wrongdoing by someone involved in the insolvency process.

National Headquarters

Industry Canada Office of the Superintendent of Bankruptcy 8th Floor, Jean Edmonds Towers South 365 Laurier Avenue West Ottawa ON K1A 0C8 Tel.: (613) 941-1000 Fax: (613) 941-2862 Web site: www.osb-bsf.ic.gc.ca

Name Search Services Tel.: (613) 941-2863 Fax: (613) 941-9490

Nova Scotia

Office of the Superintendent of Bankruptcy Maritime Centre 1505 Barrington Street, 16th Floor Halifax NS B3J 3K5 Tel.: (902) 426-2900 Fax: (902) 426-7275

Quebec

Office of the Superintendent of Bankruptcy 1141, Route de l'Église, 4th floor Sainte-Foy QC G1V 3W5 Tel.: (418) 648-4280 Fax: (418) 648-4120

2665 ouest, rue King, suite 600 Sherbrooke QC J1L 1C1 Tel.: (819) 564-5742 Fax: (819) 564-4299 Pièce 800 5, Place Ville Marie, 8e étage Montréal QC H3B 2G2 Tel.: (514) 283-6192 Fax: (514) 283-9795

Ontario

Office of the Superintendent of Bankruptcy Trebla Building 473 Albert St., 2nd Floor Ottawa ON K1R 5B4 Tel.: (613) 995-2994 Fax: (613) 996-0949

25 St.Clair Avenue East, 6th Floor Toronto ON M4T 1M2 Tel.: (416) 973-6486 Fax: (416) 973-7440

Federal Building, 55 Bay Street North, 9th Floor, Hamilton ON L8R 3P7 Tel.: (905) 572-2847 Fax: (905) 572-4066

Federal Building 451 Talbot Street, Room 303 London ON N6A 5C9 Tel.: (519) 645-4034 Fax: (519) 645-5139

Manitoba

Office of the Superintendent of Bankruptcy 400 St. Mary Avenue, 4th Floor Winnipeg MB R3C 4K5 Tel.: (204) 983-3229 Fax: (204) 983-8904

Saskatchewan

Office of the Superintendent of Bankruptcy 600-1945 Hamilton Street Regina SK S4P 2C7 Tel.: (306) 780-5391 Fax: (306) 780-6947

123-2nd Avenue South, 7th Floor Saskatoon SK S7K 7E6 Tel.: (306) 975-4298 Fax: (306) 975-5317

Consumer Groups

These organizations define their missions as consumer assistance, protection and/or advocacy, and the services they provide vary. Some groups are large with general mandates. Others are small and focus on narrow issues. All are interested in hearing from consumers about problems, issues and trends in connection with their advocacy and consumer education activities.

Automobile Protection Association (APA)

The Automobile Protection Association is a nonprofit auto industry watchdog. It works for improved legislation, industry sales practices and automobile safety.

Suite 1319, 2 Carlton Street Toronto ON M5B 1J3 Tel.: (416) 204-1444 Fax: (416) 204-1985 E-mail: **apatoronto@apa.ca** Web site: **www.apa.ca**

292 St. Joseph Boulevard West Montréal QC H2V 2N7 Tel.: (514) 272-5555 Fax: (514) 273-0797 E-mail: **apamontreal@apa.ca** Web site: **www.apa.ca**

Alberta

Office of the Superintendent of Bankruptcy Standard Life Tower Building 510, 639-5th Avenue SW, 5th Floor Calgary AB T2P 0M9 Tel.: (403) 292-5607 Fax: (403) 292-5188 Suite 725, Canada Place 9700 Jasper Avenue Edmonton AB T5J 4C3 Tel.: (780) 495-2476

British Columbia

Office of the Superintendent of Bankruptcy 300 West Georgia Street, Suite 1900 Vancouver BC V6B 6E1 Tel.: (604) 666-5007 Fax: (604) 666-4610

Canadian ShareOwners Association

Fax: (780) 495-2466

The Canadian ShareOwners Association is an independent non-profit organization serving the needs of individual investors and investment clubs. Its mandate is to educate Canadians on successful investing, and it offers programs and tools to make investing easier for Canadians.

7th Floor, 121 Richmond Street West Toronto ON M5H 2K1 Tel.: (416) 595-9600 Toll free : 1-800-268-6881 Fax: (416) 595-0400 E-mail: customercare@shareowner.com Web site: www.shareowner.ca

Canadian Toy Testing Council

Founded in 1952, the Canadian Toy Testing Council was officially incorporated federally in 1968. The Council promotes the design, production and distribution of toys that meet the expectations of children and parents for function, durability and play value. The Council annually publishes the *Toy Report*, which contains testing results for more than 1600 toys. The Council has 40 active council members, 25 000 subscribers to the *Toy Report*, and 325 volunteer families who test toys. Suite 102, 22 Antares Drive Ottawa ON K2E 7Z6 Tel.: (613) 228-3155 Fax: (613) 228-3242 E-mail: **cttc@cyberus.ca** Web site: **www.toy-testing.org**

Consumers' Association of Canada

Established in 1947 and federally incorporated in 1962, the Consumers' Association of Canada is an independent, non-profit, volunteer organization committed to defending the rights of consumers in areas of consumer information. The Association protects consumers in the marketplace by lobbying government, business and industry for standards and legislation. Its mission is to:

- unite the strength of consumers to improve the standard of living in Canadian homes;
- study consumer problems and make recommendations for their solution;
- bring the views of consumers to the attention of government, trade and industry, and provide a channel from these to the consumer; and

obtain and provide for consumers information and counsel on consumer goods and services, and conduct research and tests for the better accomplishment of the objects of the Association.

Suite 404, 267 O'Connor Street Ottawa ON K2P 1V3 Tel.: (613) 238-2533 Fax: (613) 563-2254 E-mail: **info@consumer.ca** Web site: **www.consumer.ca**

Consumers Council of Canada

The Consumers Council of Canada is a not-forprofit organization that aims to improve the marketplace for consumers through active cooperation with business, government and special interest groups. The founding members and current board of directors of the independent organization include well-known national and international experts in the fields of consumer advocacy, policy development and research. Together, they bring many years of combined expertise to those with direct interest in consumer issues – consumers, business and government, as well as selected special interest groups.

Suite 300, 88 Prince Arthur Avenue Toronto ON M5R 1B6 Tel.: (416) 961-3487 Fax: (416) 975-8819 Web site : **www.consumerscouncil.com**

Public Interest Advocacy Centre

The Public Interest Advocacy Centre is a registered charitable organization federally incorporated in 1976. It provides legal advice, representation and specialized research on a non-profit basis to groups and individuals who are voicing public concern, and who would otherwise not have access to such services. Since its inception, the Centre has made issues associated with the regulatory process a priority. In particular, the Centre has developed a reputation for providing effective advocacy in the areas of telecommunications, cable broadcasting, energy, transportation and privacy.

Since 1992, the Centre has become a membership organization with nine member organizations: Alberta Council on Aging, Canadian Pensioners Concerned, Consumers Fight Back Associations, Dying with Dignity, Manitoba Society of Seniors, the Seniors Network, Ontario Coalition of Senior Citizen Organizations, PEI Council of the Disabled, and Rural Dignity of Canada. The Centre's constitution provides that the members of these organizations are also associate members of the Centre. As a result, the Centre has 2 305 650 members. In addition, the Centre has 900 individual members, donors and supporters, provides legal services to approximately 25 national and provincial organizations, and distributes its newsletter to approximately 1500 individuals, companies and government agencies.

Suite 1204, 1 Nicholas Street Ottawa ON K1N 7B7 Tel.: (613) 562-4002 Fax: (613) 562-0007 E-mail: **piac@piac.ca** Web site: **www.piac.ca**

Quebec Consumer Protection Organizations

Association coopérative d'économie familiale (ACEF)

(Home Economic Cooperative Association)

ACEFs are non-profit organizations catering more specifically to low and modest income consumers. Beside providing consumer assistance, information and education, and credit counselling services, the ACEFs work to promote and advocate the rights and interests of consumers.

ACEF Abitibi-Témiscamingue Suite 202, 34 Gamble Street East Rouyn-Noranda QC J9X 3B7 Tel.: (819) 764-3302 Fax: (819) 762-0543 E-mail: acef-at@sympatico.ca

ACEF Amiante-Beauce-Etchemins 37 Notre-Dame Street South Thetford-Mines QC G6G 1J1 Tel.: (418) 338-4755 Fax: (418) 338-6234 E-mail: acefabe@consommateur.gc.ca

ACEF Basses-Laurentides 42-B Turgeon Street Sainte-Thérèse QC J7E 3H4 Tel.: (450) 430-2228 Fax: (450) 435-7184 E-mail: acefbl@consommateur.gc.ca

ACEF Bois-Francs Suite 230, 59 Monfette Street Victoriaville QC G6P 1J8 Tel.: (819) 752-5855 Fax: (819) 758-6426 E-mail: acefbf@consommateur.qc.ca

ACEF Estrie Suite 201, 187 Laurier Street Sherbrooke QC J1H 4Z4 Tel.: (819) 563-8144 Fax: (819) 563-8235 E-mail: **acef.estrie@sympatico.ca** ACEF Granby 500 Guy Street Granby QC J2G 7G8 Tel.: (450) 375-1443 Fax: (450) 372-1269

E-mail: acefgranby@qc.aira.com

ACEF Grand-Portage 5 Iberville Street Rivière-du-Loup QC G5R 1G5 Tel.: (418) 867-8545 Fax: (418) 867-8546 E-mail: acefgp@globetrotter.net

ACEF Haut Saint-Laurent Suite 111, 28 St-Paul Street Salaberry-de-Valleyfield QC J6S 4A8 Tel.: (450) 371-3470 Fax: (450) 371-3425 E-mail: acefhsl@rocler.qc.ca

ACEF Île-Jésus 1686 des Laurentides Boulevard, Suite 103 Laval (Québec) H7M 2P4 Tel.: (450) 662-9428 Fax: (450) 662-2647 E-mail: aceflav@cam.org

E-IIIdii. aceilav@calli.org

ACEF Lanaudière Suite 124, 200 Salaberry Street Joliette QC J6E 4G1 Tel.: (450) 756-1333 Fax: (450) 759-8749

E-mail: aceflanaudiere@bellnet.ca

ACEF Mauricie 274 Bureau Street Trois-Rivières QC G9A 2M7 Tel.: (819) 378-7888 Fax: (819) 376-6351 E-mail: acef@infoteck.qc.ca

ACEF Montréal East 5955 de Marseille Street Montréal QC H1N 1K6 Tel.: (514) 257-6622 Fax: (514) 257-7998 E-mail: **acefest@consommateur.qc.ca** ACEF Montréal North 7500 Chateaubriand Street Montréal QC H2R 2M1 Tel.: (514) 277-7959 Fax: (514) 277-7730

E-mail: acefnor@cam.org Web site: www.acefdunorddemontreal.org

ACEF Montréal Southwest 6734 Monk Boulevard Montréal QC H4E 3J1 Tel.: (514) 362-1771 Fax: (514) 362-0606 E-mail: acefsom@consommateur.gc.ca

ACEF Outaouais 109 Wright Street Hull QC J8X 2G7 Tel.: (819) 770-4911 Fax: (819) 771-1769 E-mail: **acefout@videotron.ca**

ACEF Péninsule Suite 211, 158 Soucy Street Matane QC G4W 2E3 Tel.: (418) 562-7645 Fax: (418) 562-7645

E-mail: acef@globetrotter.net

ACEF Québec 570 du Roi Street Québec QC G1K 2X2 Tel.: (418) 522-1568 Fax: (418) 522-7023

E-mail: acefque@mediom.qc.ca

ACEF Rimouski-Neigette and Mitis Suite 201, 124 Sainte-Marie Street PO Box 504 Rimouski QC G5L 7C5 Tel.: (418) 723-0744 Fax: (418) 723-7972 E-mail: acefrnm@globetrotter.qc.ca ACEF Rive-Sud de Québec 33 Carrier Street Lévis QC G6V 5N5 Tel.: (418) 835-6633 Toll free: 1-877-835-6633 Fax: (418) 835-5818 E-mail: acef@acefrsq.com

ACEF South Shore Suite 200, 510 Chambly Road Longueuil QC J4H 3L7 Tel.: (450) 677-6394 Fax: (450) 677-0101 E-mail: acefrsm@consommateur.gc.ca

Association des consommateurs pour la qualité dans la construction

Suite 100, 2226 Henri Bourassa Boulevard East Montréal QC H2B 1T3 Tel.: (514) 384-2013 From outside of Montréal: 1-877-MAISONS Fax: (514) 384-8911 E-mail: acqc@consommateur.qc.ca Web site: www.consommateur.qc.ca/acqc/2.htm

Association pour la protection des épargnants et des investisseurs du Québec

737 Versailles Street Montréal QC H3C 1Z5 Tel.: (514) 932-8921 Fax: (514) 932-9366 E-mail: **apeiq@cam.org**

Association pour la protection des intérêts des consommateurs de la Côte-Nord

872 de Puyjalon Street Baie-Comeau QC G5C 1N1 Tel.: (418) 589-7324 Fax: (418) 589-7088 E-mail: **apic@globetrotter.net**

Bureau d'information en consommation

Université Laval Suite 2208, Pavillon Maurice-Pollack Sainte-Foy QC G1K 7P4 Tel.: (418) 656-3548

Carrefour d'éducation populaire de Pointe St-Charles

2356 Centre Street Montréal QC H3K 1J7 Tel.: (514) 596-4444 Fax: (514) 596-4443 E-mail: carrefour.anim@csdm.qc.ca

Carrefour d'entraide Drummond Inc.

255, Brock Street Drummondville QC J2C 1M5 Tel.: (819) 477-8105 Fax: (819) 477-7012

Centre d'information et de recherche en consommation de Charlevoix Ouest

Suite 3, 3 Clarence-Gagnon Street PO Box 183B Baie-St-Paul QC G3Z 1K5 Tel.: (418) 435-2884 Fax: (418) 435-5488

Centre de recherche et d'information en consommation de Port-Cartier

Suite 2, 1 Wood Street PO Box 204 Port-Cartier QC G5B 2G8 Tel.: (418) 766-3203 Fax: (418) 766-3312 E-mail: **cricportcartier@globetrotter.net**

Club populaire des consommateurs de Pointe Saint-Charles

Suite 30, 1945 Mullins Street Montréal QC H3K 1J7 Tel.: (514) 932-5088 Fax: (514) 932-7557 E-mail: cpc@gc.aira.com

Coalition des associations de consommateurs du Québec (CACQ)

The CACQ aims to develop and strengthen the cohesion of the non-affiliated consumer movement in Quebec. Objectives include sharing information on major consumer issues, advocating member associations' interests, especially regarding funding of organizations, and promoting joint actions and communication plans on issues affecting the marketplace (i.e. credit, endebtedness, etc.). The CACQ has 27 member associations.

6734 Monk Boulevard Montréal QC H4E 3J1 Tel.: (514) 362-1771 Fax: (514) 362-0660 E-mail: acefsom@consommateur.qc.ca

Groupe de recherche en animation et planification économique

2nd Floor, 1596 3rd Avenue Québec QC G1L 2Y5 Tel.: (418) 522-7356 Fax: (418) 522-0845 E-mail: grape@sympatico.ca

Option consommateurs

Option consommateurs is an organization dedicated to advocating and defending the interests of consumers in the marketplace, including in regard to credit and indebtedness. Option consommateurs provides legal information services, mediation services, budget counselling, classes on budgeting and consumer information. The organization also publishes *Consommation* magazine. As well, Option consommateurs undertakes major consumer research, and represents the consumer interest before decision-making bodies. Major files include banking services, privacy protection, product safety, indebtedness, and personal growth classes.

Suite 604, 2120 Sherbrooke Street East Montréal QC H2K 1C3 Tel.: (514) 598-7288 Fax: (514) 598-8511

E-mail: info@option-consommateurs.org Web site: www.option-consommateurs.org

Service d'aide aux consommateurs (SAC) de Shawinigan

SAC provides information and advice to consumers on a range of issues, mediates consumer complaints and represents consumers' interests on issues relating to credit cards, banking services, privacy, etc. SAC has approximately 2000 members.

Suite 1, 453 5th Street Shawinigan QC G9N 1E4 Tel.: (819) 537-1414 Fax: (819) 537-5259 E-mail: **sac@cgocable.ca** Web site: **www.service-aide-consommateur.qc.ca**

Service budgétaire et communautaire de Chicoutimi

2422 Roussel Street Chicoutimi-Nord QC G7G 1X6 Tel.: (418) 549-7597 Fax: (418) 549-1325 E-mail: **sbc@vl.videotron.ca**

Service budgétaire et communautaire de Jonquière

3971 du Vieux Pont Jonquière QC G7X 7V8 Tel.: (418) 542-8904 Fax: (418) 542-1424 E-mail: **servicebudgetairejonq@videotron.ca**

Service budgétaire et communautaire d'Alma Inc.

415 Collard Street West PO Box 594 Alma QC G8B 5W1 Tel.: (418) 668-2148 Fax: (418) 668-2048 E-mail: **sbc.alma@globetrotter.net**

Service budgétaire et communautaire de la MRC de Dolbeau

Suite 331, 1230 Wallberg Boulevard Dolbeau-Mistassini QC G8L 1H2 Tel.: (418) 276-1211 Fax: (418) 276-5802 E-mail: **lecran@bellnet.ca**

Service budgétaire populaire de la MRC d'Asbestos

312 Morin Boulevard Asbestos QC J1T 3B9 Tel.: (819) 879-4173 E-mail: **sbp-asb@interlinx.qc.ca**

Service budgétaire populaire de Roberval

106 Marcoux Avenue Roberval QC G8H 1E7 Tel.: (418) 275-4222 Fax: (418) 275-9097 E-mail: **centrepo@cgocable.ca**

Service budgétaire populaire de St-Félicien Inc.

1211 Notre-Dame Street Saint-Félicien QC G8K 1Z9 Tel.: (418) 679-4646 Fax: (418) 679-5902 E-mail: **sbp.st-felicien@qc.com**

L'Union des consommateurs

Union des consommateurs (UC) was created in 2002 by the merger of the Fédération des ACEF and Action réseau consommateur. UC's mandate is to represent the consumer interest on consumer issues affecting the marketplace, especially those relating to low-income consumers. Issues addressed by UC include budget counselling and indebtedness, broadcasting, electronic commerce, energy, food and biotechnology, financial services, health, privacy, telecommunications, and social and fiscal policies.

1000 Amherst Street, Suite 300 Montréal QC H2L 3K5 Tel.: (514) 521-6820 Fax: (514) 521-0736 E-mail: **union@consommateur.qc.ca**

Better Business Bureaus

Better Business Bureaus (BBBs) are non-profit organizations supported primarily by local business members. The focus of BBB activities is to promote an ethical marketplace by encouraging honest advertising and selling practices, and by providing alternative dispute resolution. BBBs offer a variety of consumer services. For example, they provide consumer education materials, answer consumer questions, provide information about a company, particularly whether there are unanswered or unsettled complaints against the company or other marketplace problems, help resolve buyer-seller complaints against a company, including in some cases mediation and arbitration services, and provide information about charities and other organizations seeking public donations.

BBBs usually request that a complaint be submitted in writing so that an accurate record exists of the dispute. The BBB will then take up the complaint with the company involved. If the complaint cannot be satisfactorily resolved through communication with the business, the BBB may offer an alternative dispute settlement process, such as mediation or arbitration. BBBs do not judge or rate individual products or brands, handle complaints concerning the price of goods or services, handle employeremployee wage disputes or give legal advice.

When you need help with a consumer question or complaint, call your local BBB to ask about its services. Or you can go on-line to acquire information about the BBB through the Internet. The BBB World Wide Web server features consumer fraud and scam alerts and provides information about BBB programs, services and locations.

Canadian Council of Better Business Bureaus Suite 220, 44 Byward Market Square Ottawa ON K1N 7A2 Tel.: (613) 789-5151 Fax: (613) 789-7044 E-mail: ccbbb@canadiancouncilbbb.ca Web site: www.canadiancouncilbbb.ca

Newfoundland and Labrador

BBB of Newfoundland and Labrador Suite 302, 360 Topsail Road St. John's NL A1E 2B6 Tel.: (709) 364-2222 Toll free: 1-877-663-2363 Fax: (709) 364-2255 E-mail: **info@bbbnl.org** Web site: **www.bbbnl.org**

Atlantic Region

BBB of the Atlantic Provinces Suite 805, 1888 Brunswick Street Halifax NS B3J 3J8 Tel.: (902) 422-6581 Toll free: 1-800-207-0685 Fax: (902) 429-6457 E-mail: **bbbmp@bbbmp.ca** Web site: **www.bbbmp.ca**

Quebec

BBB of Quebec Bureau 304, 785 Plymouth Ave Montreal QC H4P 1B3 Tel.: (514) 286-9281 Fax: (514) 286-2658 E-mail: **bbbbec@bbb-bec.com** Web site: **www.bbb-bec.com**

Ontario

BBB of South Central Ontario 100 King Street East Hamilton ON L8N 1A8 Tel.: (905) 526-1111 Fax: (905) 526-1225 E-mail: **info@thebbb.ca** Web site: **www.thebbb.ca**

BBB of Mid-Western Ontario 354 Charles Street East Kitchener ON N2G 4L5 Tel.: (519) 579-3080 Toll free: 1-800-459-8875 Fax: (519) 570-0072 E-mail: **info@bbbmwo.ca** Web site: **www.bbbmwo.ca** BBB Western Ontario Suite 616, 200 Queens Avenue PO Box 2153 London ON N6A 4E3 Tel.: (519) 673-3222 Fax: (519) 673-5966 E-mail: **general_info@bbblondon.on.ca** Web site: **www.bbblondon.on.ca**

BBB of Eastern Ontario and the Outaouais Varette Building Suite 603, 130 Albert Street Ottawa ON K1P 5G4 Tel.: (613) 237-4856 Toll free: 1-877-859-8566 (613 area code only) Fax: (613) 237-4878 E-mail: info@easternontario.bbb.org info@outaouais.bbb.org Web site: www.easternontario.bbb.org www.outaouais.bbb.org

BBB of Windsor and South Western Ontario Suite 302, 880 Ouellette Avenue Windsor ON N9A 1C7 Tel.: (519) 258-7222 Fax: (519) 258-1198 E-mail: **wbbb@wincom.net** Web site: **www.bbbwindsor.com**

Manitoba

BBB Manitoba 1030B Empress Street Winnipeg MB R3G 3H4 Tel.: (204) 989-9010 Toll free: 1-800-385-3074 Fax: (204) 989-9016 E-mail: **bbbinquiries@bbbmanitoba.ca** Web site: **www.bbbmanitoba.ca**

Saskatchewan

BBB of Saskatchewan Suite 201, 2080 Broad Street Regina SK S4P 1Y3 Tel.: (306) 352-7601 Fax: (306) 565-6236 E-mail: **bbbsask@accesscomm.ca** Web site: **www.bbbsask.com**

Alberta

BBB of Southern Alberta Suite 350, 7330 Fisher Street SE Calgary AB T2H 2H8 Tel.: (403) 531-8780 Fax: (403) 640-2514 E-mail: **info@betterbusiness.ca** Web site: **www.betterbusiness.ca**

BBB Central and Northern Alberta Suite 888, Capital Place, 9707-110th Street Edmonton AB T5K 2L9 Tel.: (780) 482-2341 Toll free: 1-800-232-7298 (across Canada) Fax: (780) 482-1150 E-mail: **info@edmontonbbb.org** Web site: **www.edmontonbbb.org**

British Columbia

BBB of Mainland British Columbia Suite 404, 788 Beatty Street Vancouver BC V6B 2M1 Tel.: (604) 682-2711 Fax: (604) 681-1544 E-mail: **inquiries@bbbvan.org** Web site: **www.bbbvan.org**

BBB of Vancouver Island Suite 201, 1005 Langley Street Victoria BC V8W 1V7 Tel.: (250) 386-6348 Fax: (250) 386-2367 E-mail: **info@bbbvanisland.org** Web site: **www.bbbvanisland.org**

Automobile

When you have a problem with an automobile, first try to work it out with the dealer. When the problem remains unresolved, contact the manufacturer. Contact information is listed below. Some companies have one customer service centre in the United States that serves both Canada and the United States.

Some companies ask that you have the following information available when you contact them. It allows them to better assist you:

- > Vehicle Identification Number;
- > vehicle owner's name;
- vehicle owner's address;
- current odometer reading; and
- explanation of the problem.

When you still cannot resolve your problem, contact one of the dispute resolution services listed below.

For automobile-related information, you may also wish to contact a government office, a consumer group or non-consumer group that specializes in automotive issues.

Manufacturers

North America

DaimlerChrysler DaimlerChrysler Canada Customer Service PO Box 1621 Windsor ON N9A 4H6 Toll free: 1-800-465-2001 Web site: www.daimlerchrysler.ca

Ford Motor Company of Canada Ford Customer Relationship Centre The Canadian Road PO Box 2000 Oakville ON L6J 5E4 Toll free: 1-800-565-3673 Web site: www.ford.ca General Motors of Canada #163-005 Customer Service 1908 Colonel Sam Drive Oshawa ON L1H 8P7 Toll free: 1-800-263-3777 TDD: 1-800-263-3830 Web site: www.gmcanada.com

Saturn Saturn-Saab-Isuzu Customer Communications 1908 Colonel Sam Drive Oshawa ON L1H 8P7 Toll free: 1-800-263-1999 Web site: www.saturncanada.com

Asia

Honda Customer Service 715 Milner Avenue Scarborough ON M1B 2K8 Tel.: (416) 299-3400 Web site: www.honda.ca

lsuzu

Saturn-Saab-Isuzu Customer Communications 1908 Colonel Sam Drive Oshawa ON L1H 8P7 Toll free: 1-800-263-1999 Web site: www.gmcanada.com

Mazda

Customer Service Suite 400, 305 Milner Avenue Scarborough ON M1B 3V4 Toll free: 1-800-263-4680 Fax: (416) 293-2780

Web site: www.mazda.ca

Nissan Canada 5290 Orbitor Drive Mississauga ON L4W 4Z5 Info Line: 1-800-387-0122 Fax: (905) 629-6363 Customer Satisfaction: 1-800-268-6499 Fax: 1-800-265-0835 Web site: www.nissancanada.com Subaru Customer Service 5990 Falbourne Street Mississauga ON L5R 3S7 Toll free: 1-800-876-4293 Web site: www.subaru.ca

Suzuki Customer Relations 100 East Beaver Creek Road Richmond Hill ON L4B 1J6 Tel.: (905) 889-2677 ext. #2254 E-mail: customerservice@suzuki.ca

Toyota Customer Service 1 Toyota Place Scarborough ON M1H 1H9 Toll free: 1-888-869-6828 Web site: www.toyota.ca

Europe

Audi Customer Relations 3800 Hamlin Road Auburn Hills MI 48326 USA Tel.: (248) 340-5000 Toll free: 1-800-822-2834 (AUDI) Fax: (248) 340-5140

Web site: www.audicanada.ca

Mercedes-Benz Canada Inc. Customer Service 849 Eglinton Avenue East Toronto ON M4G 2L5 Tel.: (416) 425-3550 Fax: (416) 423-5027

E-mail: CAC@mercedes-benz.ca

Web site: www.mercedes-benz.ca

Saab

Saturn-Saab-Isuzu Customer Communications 1908 Colonel Sam Drive Oshawa ON L1H 8P7 Toll free: 1-800-263-1999 Web site: www.gmcanada.com Volkswagen of America/Volkswagen Canada Customer Service Toll free: 1-800-822-8987 Web site: www.vw.com

Volvo Cars of Canada Ltd. National Customer Service 175 Gordon Baker Road North York ON M2H 2N7 Toll free: 1-800-663-8255 Web site: www.volvocanada.com

Dispute Resolution

The Canadian Motor Vehicle Arbitration Plan (CAMVAP) provides a neutral third party to resolve disputes between consumers and vehicle manufacturers about alleged manufacturing defects or the implementation of the manufacturer's new vehicle warranty when the vehicle was made in the current or previous four model years. This service is available across the country. You can reach CAMVAP toll free at 1-800-207-0685, or go to CAMVAP's Web site (www.camvap.ca).

Ontario residents may also contact the Marketplace Standards and Services Branch of the Ministry of Consumer and Business Services regarding car repair complaints. Staff review these complaints to see whether the company doing the repair has contravened the *Ontario Motor Vehicle Repair Act*. This includes reviewing warranty issues, old parts returned and estimates.

For complaints regarding dealerships, Ontario residents should contact the Ontario Motor Vehicle Industry Council (OMVIC). OMVIC is a not-for-profit, self-managed industry council, delegated to administer the *Motor Vehicle Dealers Act*. OMVIC regulates and registers dealers and salespersons of new and used motor vehicles. It also handles consumer complaints, dealership inspections and investigations.

Manitoba consumers should contact the Consumers' Bureau of the Department of Finance for assistance in resolving complaints about motor vehicle purchases, leases or repairs.

Alberta residents should contact the Alberta Motor Vehicle Industry Council (AMVIC) regarding complaints about the sale, lease and repair of motor vehicles. AMVIC is a not-forprofit, self-managed industry council delegated to administer the licensing of automotive businesses and the investigation of automotive complaints relating to the sale, lease and repair of motor vehicles under the *Fair Trading Act* and the Automotive Business Licensing Regulation.

British Columbia residents who have problems with their auto insurance may take advantage of a dispute resolution service offered by the Insurance Corporation of British Columbia.

Atlantic Provinces

CAMVAP Provincial Administrator Better Business Bureau of the Atlantic Provinces Suite 805, 1888 Brunswick Street Halifax NS B3J 3J8 Tel.: (902) 422-6581 Toll free: 1-800-207-0685 Fax: (902) 429-6457 Email: **bbbmp@bbbmp.ca** Web site: **www.bbbmp.ca**

Quebec

CAMVAP Provincial Administrator Le Centre d'arbitrage commercial national et international du Québec 295, boul. Charest est, suite 090 Québec QC G1K 3G8 Tel.: (418) 649-1330 (Québec area) Toll free: 1-800-207-0685 Fax: (418) 649-0845

Ontario

CAMVAP Provincial Administrator Canadian Motor Vehicle Arbitration Plan 55 St. Clair Avenue West, Suite 255 Toronto ON M4V 2Y7 Tel.: (416) 921-2686 (Toronto area) Toll free : 1-800-207-0685 Fax: (416) 967-6320

Ontario Motor Vehicle Industry Council (OMVIC) 789 Don Mills Road, Suite 800 Toronto ON M3C 1T5 Tel.: (416) 226-4500 Toll free: 1-800-943-6002 Fax: (416) 226-3208

Web site: www.omvic.on.ca

Ministry of Consumer and Business Services 32nd Floor, 250 Yonge Street Toronto ON M5B 2N5 Tel.: (416) 326-8800 Toll free: 1-800-889-9768 TTY: (416) 325-3408 Toll free: 1-800-268-7095 E-mail: cbsinfo@cbs.gov.on.ca Web site: www.ccr.gov.on.ca

Manitoba

CAMVAP Provincial Administrator Better Business Bureau of Manitoba 1030B Empress Street Winnipeg MB R3G 3H4 Tel.: (204) 989-9017 (Winnipeg area) Toll free: 1-800-207-0685 Fax: (204) 989-9016 E-mail: **bbbinquiries@bbbmanitoba.ca** Web site: **www.bbbmanitoba.ca** Consumer and Corporate Affairs Manitoba Finance Consumers' Bureau 302-258 Portage Avenue Winnipeg MB R3C 0B6 Tel.: (204) 945-3800 Toll free: 1-800-782-0067 Fax: (204) 945-0728 E-mail: **consumersbureau@gov.mb.ca** Web site: **www.gov.mb.ca/cca/consumb**

Saskatchewan

CAMVAP Provincial Administrator Better Business Bureau of Saskatchewan Inc. 2080 Broad Street, Suite 201 Regina SK S4P 1Y3 Tel.: (306) 352-7602 (Regina area) Toll free: 1-800-207-0685 Fax: (306) 565-6236

Alberta and Northwest Territories

CAMVAP Provincial Administrator Alberta Arbitration and Mediation Services Inc. 10707-100 Avenue, Suite 405 University of Lethbridge Building Edmonton AB T5J 3M1 Tel.: (780) 439-9359 (Edmonton area) Toll free: 1-800-207-0685 Fax: (780) 433-9024

Alberta Motor Vehicle Industry Council (AMVIC) Suite 303, 9945-50 Street Edmonton AB T6A 0L4 Tel.: (780) 466-1140 Fax: (780) 462-0633 Investigations (toll free): 1-877-979-8100 Licensing (toll free): 1-877-979-8100 Web site : **www.amvic.org**

British Columbia

CAMVAP Provincial Administrator Better Business Bureau of Mainland British Columbia 788 Beatty Street, Suite 404 Vancouver BC V6B 2M1 Tel.: (604) 682-6280 (Vancouver area) Toll free: 1-800-207-0685 Fax: (604) 681-1544 Tel.: (250) 386-6347 (Victoria area) Fax: (250) 386-2367

Insurance Corporation of British Columbia 151 West Esplanade North Vancouver BC V7M 3H9 Tel.: (604) 661-2800 Toll free: 1-800-663-3051 Fax: (604) 661-2896 Web site: www.icbc.com

Yukon

Consumer and Safety Services PO Box 2703 Whitehorse YK Y1A 2C6 Tel.: (867) 667-5111 Fax: (867) 667-3609 E-mail: **consumer@gov.yk.ca**

Consumer and Non-Governmental Groups

Automobile Protection Association (APA)

Suite 1319, 2 Carlton Street Toronto ON M5B 1J3 Tel.: (416) 204-1444 Fax: (416) 204-1985 E-mail: **apatoronto@apa.ca** Web site: **www.apa.ca** 292 St. Joseph Boulevard West Montréal QC H2V 2N7 Tel.: (514) 272-5555 Fax: (514) 273-0797 E-mail: **apamontreal@apa.ca** Web site: **www.apa.ca**

Automobile Journalists Association of Canada (AJAC)

The AJAC is an association of professional automotive experts who report on new vehicles and new industry trends.

PO Box 398, Main Post Office Cobourg ON K9A 4L1 Toll free: 1-800-361-1516 E-mail: **beth@ajac.ca** Web site: **www.ajac.ca**

Automobile Associations

These associations offer information on a number of topics, including safety.

Canadian Automobile Association (CAA) National Office Suite 200, 1145 Hunt Club Road Ottawa ON K1V 0Y3 Tel.: (613) 247-0117 Fax: (613) 247-0118

Web site: www.caa.ca

Canadian Automobile Association (CAA) Maritimes 737 Rothesay Avenue Saint John NB E2H 2H6 Tel.: (506) 634-1400 Toll free: 1-800-561-8807 Fax: (506) 653-9500 Web site: www.caa.maritimes.ca Canadian Automobile Association (CAA) Québec CAA Building 1180 Drummond Street Montréal QC H3G 2R7 Tel.: (514) 861-5111 Member services call centre: (514) 861-7575 Toll free: 1-800-686-9243 Fax: (514) 861-9896 E-mail: info@caa-quebec.qc.ca Web site: www.caaquebec.com/en/index.asp

CAA Central Ontario 60 Commerce Valley Drive East Thornhill ON L3T 7P9 Tel.: (905) 771-3000 Member Care Centre: (416) 221-4300 Toll free: 1-800-268-3750 E-mail: **info@central.on.caa.ca** Web site: **www.central.on.caa.ca**

CAA Mid-Western Ontario Corporate Headquarters 148 Manitou Drive Box 9030, Stn C Kitchener ON N2G 4W8 Member services centre: (519) 894-2582 (Kitchener/Waterloo) Toll free: 1-800-265-8975 E-mail: **info@caamwo.com** Web site: **www.caamwo.com**

CAA Niagara 3271 Schmon Parkway Thorold ON L2V 4Y6 Tel.: (905) 984-8585 Toll free: 1-800-263-7272 Web site: www.caa.niagara.net CAA North and East Ontario Administration 2525 Carling Avenue Ottawa ON K2B 7Z2 Tel.: (613) 820-1890 Members services call centre: 1-800-267-8713 Fax: (613) 820-7382 Web site : www.caaneo.on.ca

CAA South Central Ontario Administration 163 Centennial Parkway North Hamilton ON L8E 1H8 Tel.: (905) 525-1210 Fax: (905) 525-1654 Call centre: 1-800-263-8389 E-mail: **memserv@caasco.com** Web site: **www.caasco.on.ca**

CAA Manitoba 870 Empress Street Winnipeg MB R3C 2Z3 Tel.: (204) 987-6161 Toll free: 1-800-222-4357 E-mail: **contact@caamanitoba.com** Web site: **www.caamanitoba.com**

CAA Saskatchewan 200 Albert Street North Regina SK S4R 5E2 Tel.: (306) 791-4321 Toll free: 1-800-564-6222 Web site: www.caasask.sk.ca

Alberta Motor Association (CAA – Alberta) Administration Office 10310 G.A. MacDonald Avenue NW PO Box 8180 Station South Edmonton AB T6H 5X9 Tel.: (780) 430-5555 Consumer Information Service: (780) 430-6800 (Edmonton) Toll free: 1-800-222-6578 Web site: www.ama.ab.ca British Columbia Automobile Association (BCAA) BCAA Head Office 4567 Canada Way Burnaby BC V5G 4T1 Consumer and Technical Advisory Service: (604) 298-2122 TeleCentre: 1-877-325-8888

Government Offices

Transport Canada, Road Safety

This office provides information on road safety, as well as defects and recalls.

330 Sparks Street Ottawa ON K1A 0N5 Tel.: (613) 990-2309 Fax: (613) 954-4731 or (613) 998-8620 TTY/TDD: (613) 990-4500 E-mail: **webfeedback@tc.gc.ca** Web site: **www.tc.gc.ca**

Natural Resources Canada

This office provides information on topics such as reducing fuel consumption.

Office of Energy Efficiency 18th Floor, 580 Booth Street Ottawa ON K1A 0E4 Fax: (613) 943-5190 E-mail: **general.oee@nrcan.gc.ca** Web site: http://oee.nrcan.gc.ca

Financial Services

This category is divided into the four "pillars" of Canadian financial services:

- → banks;
- trust companies, credit unions, cooperatives and caisses populaires;
- ➤ insurance companies; and
- securities.

Banks

If you have a concern or problem with your bank, the first thing you should do is try to address it with your branch or service centre. A customer service representative may be able to help you. If not, you should ask to speak with a supervisor or manager.

If your situation has not been resolved to your satisfaction, you should find out what to do next within your bank. In some cases, the next step is to contact a regional or area manager or local executive office. Ask a representative or manager at your branch or service centre for the number or address of the person you should contact, or call one of the numbers below.

When the problem still cannot be settled to your satisfaction, your next move is to involve your bank's ombudsman. An ombudsman's job is to help consumers resolve disputes with their bank. Below is a complete list of the ombudsmans' offices across Canada. Beyond your bank's ombudsman is the Ombudsman for Banking Services and Investments (OBSI). The OBSI is an independent body that investigates complaints from individuals and small business about banking services. Its objective is to provide impartial and prompt resolution of complaints. For information on bank self-regulation, contact the Canadian Bankers Association, and for information on consumer protection legislation governing banks, as well as a great deal of other related information, contact the Financial Consumer Agency of Canada.

Helpful Numbers

Amex Bank of Canada 1-800-668-2639 Banca Commerciale Italiana of Canada 1-800-263-5431

Bank of Montreal (416) 927-6000 InfoService: 1-800-555-3000

Scotiabank Scotiabank Customer Service Centre: 1-800-4-SCOTIA (72-6842)

CIBC Customer Care Centre (416) 980-2255 1-800-465-2255

Canadian Western Bank 1-888-874-8574

Citibank Canada 1-800-387-9292

HSBC Bank Canada 1-800-343-HSBC (4722)

Laurentian Bank of Canada (514) 522-1846 1-800-BLC-1846

National Bank of Canada (514) 522-1846 TelNat: 1-888-835-6281

Royal Bank of Canada Customer Relations Centre 1-800-769-2540

TD Canada Trust 1-866-567-8888 ING Direct 1-800-464-3473

Your Bank's Ombudsman

Ombudsman for Banking Services and Investments PO Box 896 Station Adelaide Toronto ON M5C 2K3 Tel.: (416) 287-2877 Toll free: 1-888-451-4519 Fax: (416) 225-4722 Toll free: 1-888-422-2865 E-mail: ombudsman@obsi.ca

Web site: www.obsi.ca

Amex Bank of Canada 101 McNabb Street Markham ON L3R 4H8 Tel.: (905) 474-8000 ext. 2019 (Customer Service) Toll free: 1-888-301-5312 Fax: (905) 904-7670

E-mail: BankOmbud@aexp.com

Bank of Montreal Bank of Montreal Tower 8th Floor, 55 Bloor Street West Toronto ON M4W 3N5 Tel.: 1-800-371-2541 Fax: 1-800-766-8029

Scotiabank

Scotia Plaza 44 King Street West Toronto ON M5H 1H1 Tel.: (416) 933-3299 Toll free: 1-800-785-8772 Fax: (416) 933-3276 E-mail: **ombudsman@scotiabank.com**

CIBC

P.O. Box 342 Commerce Court Toronto ON M5L 1G2 Tel.: (416) 861-3313 Toll free: 1-800-308-6859 Fax: (416) 980-3754 or Toll Free: 1-800-308-6861

E-mail: ombudsman@cibc.com

Canadian Western Bank Suite 2300 Canadian Western Bank Place 10303 Jasper Avenue Edmonton AB T5J 3X6 Tel.: 1-888-423-8854 Fax: (780) 423-8897 E-mail: graham.gilbert@cwbank.com

Citibank Canada Citibank Place Suite 1900, 123 Front Street West Toronto ON M5J 2M3 Tel.: 1-888-245-1112 Fax: (416) 947-4123

HSBC Bank Canada Suite 500 885 West Georgia Street Vancouver BC V6C 3E9 Tel.: 1-800-343-1180 Fax: (604) 641-2945

ING Bank of Canada Suite 900 111 Gordon Baker Road Toronto ON M2H 3R1 Tel.: (416) 497-4833 Toll free: 1-866-677-0547 Fax: (416) 758-5310 Laurentian Bank of Canada Suite 300 130 Adelaide Street West Toronto ON M5H 3P5 Tel.: (416) 865-5660 Toll free: 1-800-473-4782 Fax: (416) 865-5695 Toll free: 1-800-473-4790 National Bank of Canada

PO Box 275 Montréal QC H2Y 3G7 Tel.: 1-888-300-9004 Fax: 1-800-260-8003

Royal Bank of Canada PO Box 1 Royal Bank Plaza Toronto ON M5J 2J5 Tel.: (416) 974-4591 Toll free: 1-800-769-2542 Fax: (416) 974-6922

E-mail: ombudsman@rbc.com

TD Bank PO Box 1 Toronto Dominion Centre Toronto ON M5K 1A2 Tel.: (416) 982-4884 Toll free: 1-888-361-0319 Fax: (416) 983-3460 E-mail: **td.ombudsman@td.com**

Self-regulation and Government Regulation of Banks

The Canadian Bankers Association develops industry standards and provides a forum for dialogue between the banks and the public. Services include tips on protecting your credit cards and fraud identification for Visa and Mastercard. PO Box 348 Commerce Court West 30th Floor, 199 Bay Street Toronto ON M5L 1G2 Tel.: (416) 362-6092 Toll free: 1-800-263-0231 Fax: (416) 362-7705 E-mail: **inform@cba.ca** Web site: **www.cba.ca**

The Financial Consumer Agency of Canada works to protect and educate consumers in the area of financial services, providing consumer information and overseeing financial institutions to ensure that they comply with federal consumer protection measures.

427 Laurier Avenue West, 6th floor Ottawa, Ontario K1R 1B9 Tel.: (613) 996-5454 Toll free: 1-866-461-FCAC (3222) Fax: (613) 941-1436 Toll free: 1-866-814-2224 Web site: www.fcac.gc.ca

The Office of the Superintendent of Financial Institutions is the primary regulator of federal financial institutions and pension plans. Its mission is to safeguard policyholders, depositors and pension plan members from undue loss.

National Headquarters 255 Albert Street Ottawa ON K1A 0H2 Tel.: (613) 990-7788 Toll free: 1-800-385-8647 Web site: www.osfi-bsif.gc.ca

Trust Companies, Credit Unions, Cooperatives and Caisses Populaires

If you have a problem with your financial institution, try to resolve it within your branch. If you cannot resolve your problem, contact one of the government regulators listed below.

Newfoundland and Labrador

Commercial and Corporate Affairs Department of Government Services and Lands Credit Union Deposit Guarantee Corporation PO Box 340 Marystown NL A0E 2M0 Tel.: (709) 729-0170 Toll free: 1-877-279-0170 Fax: (709) 279-0177 Web site: www.cudgc.nf.net

Nova Scotia

Department of Environment and Labour Financial Institutions 5151 Terminal Road PO Box 697 Halifax NS B3J 2T8 Tel.: (902) 424-5300 Toll free: 1-877-9ENVIRO Fax: (902) 424-0503 E-mail: fininst@gov.ns.ca Web site: www.gov.ns.ca/enla/fin/fininst.htm

Prince Edward Island

Office of the Attorney General 4th Floor, Shaw Building PO Box 2000 95 Rochford Street Charlottetown PE C1A 7N8 Tel.: (902) 368-4550 Fax: (902) 368-5283

New Brunswick

Department of Justice Credit Union, Cooperatives and Trust Companies Branch PO Box 6000 Kings Place Fredericton NB E3B 5H1 Tel.: (506) 453-2315 Fax: (506) 453-7474 Web site: www.gnb.ca/0062/index-e.asp

Quebec

Inspecteur général des institutions financières Direction des services administratifs 800 D'Youville Place Québec QC G1R 4Y5 Tel.: (418) 643-3625 Toll free: 1-888-291-4443 E-mail: **igif@igif.gouv.qc.ca** Web site: **www.igif.gouv.qc.ca**

Ontario

Ministry of Finance, Financial Services Commission of Ontario (FSCO) FSCO Ombudsman Credit Union and Caisses Populaires Complaint 4th Floor, 5160 Yonge Street PO Box 85 North York ON M2N 6L9 Tel.: (416) 226-7776 Toll free: 1-800-263-0541 Web site: www.fsco.gov.on.ca

Manitoba

Department of Finance Financial Institutions Regulation Branch Suite 1115, 405 Broadway Winnipeg MB R3C 3L6 Tel.: (204) 945-2542 Toll free: 1-800-282-8069 (Manitoba only) Fax: (204) 948-2268 E-mail: **insurance@gov.mb.ca** Web site: **www.gov.mb.ca/finance/cca/firb/**

Saskatchewan

Registrar of Credit Unions Financial Institutions Division 6th Floor, 1919 Saskatchewan Drive Regina SK S4P 3V7 Tel.: (306) 787-6700 Fax: (306) 787-9006 E-mail: **fid@sfsc.gov.sk.ca**

Alberta

Alberta Treasury Financial Institutions Division Credit Unions Room 402, 9515-107 Street Edmonton AB T8K 2C3 Tel.: (780) 427-5064 ext. 222 Fax: (780) 422-2175 E-mail: **financial.inst@gov.ab.ca** Web site: **www.finance.gov.ab.ca**

Credit Counselling Services of Alberta Suite 440, 10123-99 Street Edmonton AB T5J 3H1 Tel.: (780) 423-5265

Credit Counselling Services of Alberta Suite 225, 602-11th Avenue SW Calgary AB T2R 1J8 Tel.: (403) 265-2201 Toll free: 1-888-294-0076 Web site: **www.creditcounselling.com**

British Columbia

Financial Institutions Commission Suite 1900, 1050 West Pender Street Vancouver BC V6E 3S7 Tel.: (604) 660-2947 Fax: (604) 660-3170 E-mail: **FICOM@gems9.gov.bc.ca** Web site: **www.fic.gov.bc.ca**

Northwest Territories

Security Registry Department of Justice 5th Floor, Court House 4903-49th Street Yellowknife NT X1A 2L9 Tel.: (867) 920-3318 Fax: (867) 873-0243

Nunavut

Securities and Legal Registries Department of Justice C.P. 1000, Station 570 Iqaluit NU XOA 0H0 Tel.: (867) 975-6191 Fax: (867) 975-6194

Insurance

When you have a problem, first talk with your insurance agent or broker. Then, if you still need help, you may wish to consider contacting an appropriate industry association or your provincial or territorial insurance regulator.

Industry Associations

Life and Disability Insurance

Canadian Life and Health Insurance Association Inc. Suite 1700, 1 Queen Street East Toronto ON M5C 2X9 Tel.: (416) 777-2344 Toll free:1-800-268-8099 Fax: (416) 777-1895 Web site: www.clhia.ca

Property and Casualty Insurance

Insurance Bureau of Canada, Head Office Suite 1800, 151 Yonge Street Toronto ON M5C 2W7 Tel.: (416) 362-2031 Toll free: 1-800-761-6703 Fax: (416) 361-5952 E-mail: **consumercentre@ibc.ca** Web site: **www.ibc.ca**

Insurance Bureau of Canada, Ottawa Office Suite 808, 155 Queen Street Ottawa ON K1P 6L1 Tel.: (613) 236-5043 Fax: (613) 236-5208 Insurance Bureau of Canada, Atlantic Provinces Suite 1706, 1969 Upper Water Street Halifax NS B3J 3R7 Tel.: (902) 429-2730 Toll free: 1-800-565-7189 (Atlantic Provinces only) Fax: (902) 420-0157

Insurance Bureau of Canada, Quebec Region Suite 600, 500 Sherbrooke Street West Montréal QC H3A 3C6 Tel.: (514) 288-6015 Toll free: 1-800-361-5131 (Quebec only) Fax: (514) 288-0753

Insurance Bureau of Canada, Ontario Region Suite 1800, 151 Yonge Street Toronto ON M5C 2W7 Tel.: (416) 362-9528 Toll free: 1-800-387-2880 (Ontario only) Fax: (416) 362-2602

Insurance Bureau of Canada, Prairies, Northwest Territories and Nunavut Region Suite 401, 10301-108 Street Edmonton AB T5J 1L7 Tel.: (780) 423-2212 Toll free: 1-800-377-6378 (Prairies, Northwest Territories and Nunavut only) Fax: (780) 423-4796

Insurance Bureau of Canada, British Columbia and Yukon Region Suite 1010, 510 Burrard Street Vancouver BC V6C 3A8 Tel.: (604) 684-3635 Toll free: 1-877-772-3777 (British Columbia only) Fax: (604) 684-6235

Provincial and Territorial Insurance Regulatory Bodies

Prince Edward Island

Superintendent of Insurance Office of the Attorney General 4th Floor, 95 Rochford Street PO Box 2000 Charlottetown PE C1A 7N8 Tel.: (902) 368-4550 Fax: (902) 368-5283 Web site: www.gov.pe.ca/oag/ccaid-info

Manitoba

Manitoba Finance Financial Institutions Regulation Branch 1115-405 Broadway Winnipeg MB R3C 3L6 Tel.: (204) 945-2542 Toll free: 1-800-282-8069 (in Manitoba) Fax: (204) 948-2268 E-mail: **insurance@gov.mb.ca**

Web site: www.gov.mb.ca/finance/cca/firb

Saskatchewan

For complaints against insurance companies in Saskatchewan: Superintendent of Insurance Financial Institutions Division Saskatchewan Financial Services Commission 6th Floor, 1919 Saskatchewan Drive Regina SK S4P 3V7 Tel.: (306) 787-6700 Fax: (306) 787-9006 E-mail **fid@sfsc.gov.sk.ca** Web site: **www.sfsc.gov.sk.ca/financial/ insurance.shtml** For complaints against agents and brokers in

Saskatchewan: General Insurance Council of Saskatchewan Suite 310, 2631 28 Avenue Regina SK S4S 6X3 Tel.: (306) 347-7870 Fax: (306) 569-3018 Web site: www.insurancecouncils.sk.ca

Alberta

The Alberta Insurance Council is responsible for licensing insurance agents and adjusters, and will take complaints about both.

Suite 901, Toronto Dominion Tower 10088-102 Avenue Edmonton AB T5J 2Z1 Tel.: (780) 421-4148 Toll free: 1-800-461-3367 (Alberta only) Fax: (780) 425-5745 E-mail: **info@abcouncil.ab.ca** Web site: **www.abcouncil.ab.ca**

734 7th Avenue SW Calgary AB T2P 3P8 Tel.: (403) 233-2929 Toll free: 1-800-461-3367 (Alberta only) Fax: (403) 233-2990 E-mail: **info@abcouncil.ab.ca** Web site: **www.abcouncil.ab.ca**

Yukon

Superintendent of Insurance Consumer and Safety Services PO Box 2703 Whitehorse YK Y1A 2C6 Tel.: (867) 667-5111 Fax: (867) 667-3609 E-mail: consumer@gov.yk.ca

Securities

Before purchasing securities (i.e. stocks, bonds and mutual funds), you may wish to seek out information and advice. Four sources – from consumer groups to industry associations – that answer securities questions are set out below.

Every province has a securities commission to administer and enforce securities legislation. Their mandates include protecting investors from unfair, improper and fraudulent practices. Complaints can be sent to the commissions. Given the confidential nature of the complaint, some commissions request complaints be sent in hard copy rather than electronically.

Investor Information

Canadian ShareOwners Association The Canadian ShareOwners Association is an independent non-profit organization serving the needs of individual investors and investment clubs. Its mandate is to educate Canadians on successful investing, and it offers programs and tools to make investing easier for Canadians.

7th Floor, 121 Richmond Street West Toronto ON M5H 2K1 Tel.: (416) 595-9600 Toll free: 1-800-268-6881 Fax: (416) 595-0400 E-mail: **customercare@shareowner.com**

Web site: www.shareowner.ca

The Investor Learning Centre of Canada The Centre is a not-for-profit organization dedicated to providing non-promotional investment materials. It issues publications, holds seminars and has a resource centre, and answers questions concerning investors, bonds, stocks, capital and the market system.

Resource Centre Main Floor 121 King Street West Toronto ON M5H 3X7 Tel.: (416) 364-6666 E-mail: **investorlearning@csi.ca** Web site: **www.investorlearning.ca**

Investment Fund Institute of Canada The Institute is the national association of the investment funds industry. Its responsibilities include broadening public awareness and understanding of mutual funds and the overall investment funds industry. It administers mutual fund education courses.

5th Floor, 151 Yonge Street Toronto ON M5C 2W7 Tel.: (416) 363-2158 Toll free: 1-888-865-4342 Fax: (416) 861-9937 Web site: www.ific.ca/eng The Canadian Association of Financial Planners The Association can explain the role of a financial planner and give advice on choosing an appropriate planner.

Suite 700, 1 St. Clair Ave. East Toronto ON M4T 2V7 Tel.: (416) 593-6592 Toll free: 1-800-346-CAFP (2237) Fax: (416) 593-8459 Web site: www.cafp.org

Securities Commissions

Newfoundland and Labrador Securities Division Department of Government Services and Lands Confederation Building Second Floor, West Block PO Box 8700 St. John's NL A1B 4J6 Tel.: (709) 729-4189 Fax: (709) 729-6187 Web site: www.gov.nf.ca/gs/cca/scon/

Nova Scotia Securities Commission 2nd Floor, Joseph Howe Building 1690 Hollis Street, PO Box 458 Halifax NS B3J 3J9 Tel.: (902) 424-7768 Fax: (902) 424-4625 Web site: www.gov.ns.ca/nssc

Prince Edward Island Securities Office Consumer, Corporate, and Insurance Services Division Office of the Attorney General 95 Rochford Street PO Box 2000 Charlottetown PE C1A 7N8 Tel.: (902) 368-5152 Fax: (902) 368-4910 Web site: www.gov.pe.ca/securities New Brunswick Securities Commission Department of Justice Suite 606, Harbour Building 133 Prince William Street Saint John NB E2L 2B5 Tel.: (506) 658-3060 Fax: (506) 658-3059 E-mail: securities.branch@gnb.ca Web site: www.gnb.ca/justice

Commission des valeurs mobilières du Quebec Tour de la Bourse, 22nd Floor 800 Victoria Square PO Box 246 Tour de la Bourse Montréal QC H4Z 1G3 Tel.: (514) 873-5326 Toll free: 1-800-361-5072 Fax: (514) 873-3090 E-mail **courrier@cvmq.com** Web site: **www.cvmq.com**

Ontario Securities Commission Inquiries and Contact Centre Suite 1903, 20 Queen Street West Toronto ON M5H 3S8 Tel.: (416) 593-8314 Toll free: 1-877-785-1555 Fax: (416) 593-8122 E-mail: **inquiries@osc.gov.on.ca** Web site: **www.osc.gov.on.ca**

Manitoba Securities Commission 1130-405 Broadway Avenue Winnipeg MB R3C 3L6 Tel.: (204) 945-2548 Fax: (204) 945-0330 E-mail: securities@gov.mb.ca

Web site: www.msc.gov.mb.ca

Saskatchewan Financial Services Commission Securities Division 6th Floor, 1919 Saskatchewan Drive Regina SK S4P 3V7 Tel.: (306) 787-5645 Fax: (306) 787-5899

Web site: www.sfsc.gov.sk.ca

Alberta Securities Commission 300-5th Avenue SW, 4th Floor Calgary AB T2P 3C4 Tel.: (403) 297-6454 Fax: (403) 297-6156

E-mail: inquiries@seccom.ab.ca Web site: www.albertasecurities.com

Note: In Alberta, to be connected to provincial government offices toll free, dial 310-0000 and follow the instructions.

British Columbia Securities Commission 701 West Georgia Street PO Box 10142, Pacific Centre Vancouver BC V7Y 1L2 Tel.: (604) 899-6854 Toll free: 1-800-373-6393 (B.C. and Alberta only) Fax: (604) 899-6506 E-mail: **inquiries@bcsc.bc.ca** Web site: **www.bcsc.bc.ca**

Northwest Territories Registrar of Securities Department of Justice Government of the Northwest Territories 1st Floor, Stuart M. Hodgson Building 5009-49th Street Box 1320 Yellowknife NT X1A 2L9 Tel.: (867) 920-3318 Fax: (867) 873-0243 Web site: www.justice.gov.nt.ca/SecuritiesRegistry/

SecuritiesRegistry.htm

Yukon Securities Registry Consumer and Safety Services Corporate Affairs PO Box 2703 Whitehorse YK Y1A 2C6 Tel.: (867) 667-5225 Fax: (867) 393-6251

Web site: www.gov.yk.ca/depts/community/corp

Nunavut Securities and Legal Registries Department of Justice PO Box 1000 Station 570 Iqaluit NU X0A 0H0 Tel.: (867) 975-6191 Fax: (867) 975-6194

Energy and Utilities

By employing suggestions from Natural Resources Canada's Office of Energy Efficiency, consumers can save money on their utility bills.

If you wish to complain about your utility bill, contact your utility company. If you cannot resolve the dispute, contact your provincial utility commission or board. These bodies regulate utility corporations.

In Ontario, users of natural gas may also complain to the Ontario Energy Board.

Tips on Energy Efficiency

Office of Energy Efficiency, Natural Resources Canada

The office helps consumers save money, use natural resources responsibly, and protect the environment.

Office of Energy Efficiency 580 Booth Street, 18th Floor Ottawa ON K1A 0E4 Fax: (613) 943-5190 E-mail: **general.oee@nrcan.gc.ca** Web site: http://oee.nrcan.gc.ca

Utility Corporations and Commissions

Newfoundland and Labrador

Newfoundland Power PO Box 8910 St. John's NL A1B 3P6 Tel.: (709) 737-2802 Toll free: 1-800-663-2802 Fax: (709) 737-2903 Web site: www.newfoundlandpower.com Newfoundland and Labrador Board of Commissioners of Public Utilities PO Box 21040 St. John's NL A1A 5B2 Tel.: (709) 726-8600 Fax: (709) 729-2508 E-mail : **ito@pub.nf.ca** Web site : **www.pub.nf.ca**

Nova Scotia

Nova Scotia Power PO Box 910 Halifax NS B3J 2W5 Tel.: (902) 428-6230 Toll free: 1-800-428-6230 Web site: **www.nspower.ca**

Utility and Review Board

3rd Floor, 1601 Lower Water Street PO Box 1692, Postal Unit M Halifax NS B3J 3S3 Tel.: (902) 424-4448 Fax: (902) 424-3919 E-mail: uarb.board@gov.ns.ca

Prince Edward Island

Maritime Electric 180 Kent Street PO Box 1328 Charlottetown PE C1A 7N2 Tel.: (902) 629-3799 Toll free: 1-800-670-1012 Fax: (902) 629-3630 Web site: www.maritimeelectric.com

Island Regulatory and Appeals Commission Suite 501, 13 Kent Street PO Box 577 Charlottetown PE C1A 7L1 Tel.: (902) 892-3501 Toll free: 1-800-501-6268 Fax: (902) 566-4076 E-mail: **info@irac.pe.ca** Web site: **www.irac.pe.ca**

New Brunswick

New Brunswick Power 515 King Street Box 2000 Fredericton NB E3B 4X1 Tel.: (506) 458-4444 Toll free: 1-800-663-6272 Fax: (506) 458-4706 Web site: www.nbpower.com

New Brunswick Board of Commissioners of Public Utilities 110 Charlotte Street Box 5001 Saint John NB E2L 4Y9 Tel.: (506) 658-2504 Toll free: 1-866-766-2782 Fax: (506) 643-7300 E-mail: **general@pub.nb.ca** Web site: **www.pub.nb.ca**

Quebec

Hydro-Québec Siège social 75, boul. René-Lévesque Ouest Montréal QC H2Z 1A4 Tel.: (514) 385-7252 Toll free: 1-888-385-7252 TTY: 1-800-361-1297 Web site: www.hydro.qc.ca

Régie de l'énergie Suite 255, 800 Victoria Place PO Box 001, Tour de la Bourse Montréal QC H4Z 1A2 Tel.: (514) 873-2452 Sans frais : 1-888-873-2452 Fax: (514) 873-2070 E-mail: **secretariat@regie-energie.qc.ca** Web site: **www.regie-energie.qc.ca**

Ontario

Independent Electricity Market Operator 655 Bay Street, Suite 410 Toronto ON M5G 2K4 Tel.: (905) 403-6900 Toll free: 1-888-448-7777 Fax: (905) 403-6921 E-mail: helpcentre@theimo.com Web site: www.theimo.com

Ontario Power Generation 700 University Avenue Toronto ON M5G 1X6 Tel.: (416) 592-2555 Toll free: 1-877-592-2555 Web site: www.opg.com

Hydro One

10th Floor Reception 483 Bay Street Toronto ON M5G 2P5 Customer Communications Centre: Tel.: 1-888-664-9376 Fax: (905) 944-3251 E-mail: **CustomerCommunications**@

HydroOneNetworks.com Web site: www.Hydroone.com

Ontario Hydro Energy Inc. Unregulated Retail Affiliate of Hydro One 6-250 Shields Court Markham ON L3R 9W7 Customer Care: 1-800-664-3377 Fax: 1-888-354-8983 Web site: **www.ontariohydroenergy.com** Ontario Energy Board PO Box 2319 2300 Yonge Street Toronto ON M4P 1E4 Tel.: (416) 481-1967 Consumer Service Centre: (416) 314-2455 or 1-877-632-2727 E-mail: **info@oeb.gov.on.ca** Web site: **www.ontariohydroenergy.com**

Manitoba

Manitoba Hydro PO Box 815, Stn Main Winnipeg MB R3C 2P4 Tel.: (204) 474-3311 Fax: (204) 475-0069 E-mail : **publicaffairs@hydro.mb.ca** Web site: **www.hydro.mb.ca**

Public Utilities Board Room 400, 330 Portage Avenue Winnipeg MB R3C 1K2 Tel.: (204) 945-2638 Toll free: 1-866-854-3698 (Manitoba only) Fax: (204) 945-2643 E-mail: **publicutilities@gov.mb.ca** Web site: **www.gov.mb.ca/finance/cca/publutil/**

Saskatchewan

SaskPower 2025 Victoria Avenue Regina SK S4P 0S1 Tel.: 1-888-757-6937 Fax: (306) 566-2548 E-mail: **inquiries@saskpower.com** Web site: **www.saskpower.com**

SaskEnergy 1777 Victoria Avenue Regina SK S4P 4K5 Tel.: (306) 777-9225 Customer Service Line: 1-800-567-8899 24-hour Emergency and Safety Line: 1-888-7000 GAS (1-888-700-0427) TTY: 1-800-792-6665 Web site: www.saskenergy.com Saskatchewan does not have a public utilities commission or board. Inquiries in this regard may be made by writing to the minister responsible for the respective utility at:

Legislative Buildings Regina SK S4S 0B3

Alberta 4 4 1

TransAlta Corporation PO Box 1900, Station M 110-12th Avenue SW Calgary AB T2P 2M1 Tel.: (403) 267-7110 Web site: www.transalta.com

Alberta Energy and Utilities Board 640-5th Avenue SW Calgary AB T2P 3G4 Tel.: (403) 297-8311 Fax: (403) 297-7336 E-mail: **eub.webmaster@gov.ab.ca** Web site: **www.eub.gov.ab.ca/bbs**/

British Columbia

BC Hydro 6911 Southpoint Drive Burnaby BC V3N 4X8 Tel.: (604) 224-9376 Toll free: 1-800-BCHYDRO (1-800-224-9376) Emergencies and Power Outages: 1-888-POWERON (1-888-769-3766) Web site: www.bchydro.com

British Columbia Utilities Commission PO Box 250, 900 Howe Street 6th Floor Vancouver BC V6Z 2N3 Tel.: (604) 660-4700 Toll free: 1-800-663-1385 Fax: (604) 660-1102 E-mail: **Commission.Secretary@bcuc.com** Web site: www.bcuc.com

Yukon

Yukon Utilities Board 19-1114 1st Avenue PO Box 31728 Whitehorse YK Y1A 6L3

Yukon Energy Corporation Box 5920 Whitehorse YK Y1A 6S7 Tel.: (867) 393-5300 Toll free: 1-877-712-3375 Fax: (867) 393-5323 E-mail: **info@yec.yk.ca** Web site: **www.yec.yk.ca**

Northwest Territories

Northwest Territories Public Utility Board 203-62 Woodland Drive Hay River NT X0E 1G1 Tel.: (867) 874-3944 Fax: (867) 874-3639 E-mail: **pubhrv@cancom.net** Northwest Territories Power Corporation 4 Capital Drive Hay River NT X0E 1G2 Tel.: (867) 874-5200 Fax: (867) 874-5229 Web site: www.ntpc.com

Nunavut

Nunavut Power Corporation PO Box 420 Government of Nunavut Building Baker Lake NU XOC 0A0 Tel. : (867) 793-4200 Fax. : (867) 793-4225 Web site : www.nunavutpower.com

Natural Gas

Ontario

Ontario Energy Board P.O. Box 2319 2300 Yonge Street Toronto ON M4P 1E4 Tel.: (416) 314-2455 Toll free : 1-877-632-2727 E-mail : **info@oeb.gov.on.ca** Web site: **www.ontariohydroenergy.com**

Alberta

Alberta Government Services Registries and Consumer Services Consumer Services Branch Tel.: (780) 427-4088 Toll free: 1-877-427-4088 (Alberta only) Web site: **www.gov.ab.ca/gs**

Credit

If you wish to know the contents of your credit history, contact your local credit bureau by calling the toll-free number listed below.

Credit counselling is available in most provinces, either through a government office or a nonprofit agency.

If you are contacted by a collection agent, be aware that all provinces set out rules that collection agencies must follow. For advice on how to respond to a collection agent, refer to the section on collectiong agencies in the first part of this handbook. Consumers who wish to complain about a collection agency may contact their provincial or territorial office of consumer affairs. Consumers in British Columbia should contact the Director of Debt Collection at (250) 356-6035 or by fax at (250) 953-3533 (Mailing address: PO Box 9297, Stn. Prov. Govt. (Wharf and Fort) Victoria BC V8W 9J8).

For those who declare bankruptcy, the Office of the Superintendent of Bankruptcy works to ensure that the bankruptcy process is conducted in a fair and orderly manner. Under certain circumstances the Office will assist debtors in finding a trustee in bankruptcy. It also investigates complaints from debtors regarding a possible wrong.

In Saskatchewan there is special help for farmers facing bankruptcy.

Credit Inquiries and Reporting Agencies

Equifax Canada Inc. Tel.: (514) 493-2314 Toll free: 1-800-465-7166 E-mail: consumer.relations@equifax.com Web site: www.equifax.ca

TransUnion Canada For residents of all provinces except Quebec: Consumer Relations Centre P.O. Box 338, LCD 1 Hamilton ON L8L 7W2 Tel.: (905) 525-0262 Toll free: 1-866-525-0262 Web site : www.tuc.ca For residents of Quebec: TransUnion (Echo Group) 1600 Henri Bourassa Boul. West Suite 200 Montreal QC H3M 3E2 Tel. : (514) 335-0374 Toll free: 1-877-713-3393 Web site: www.tuc.ca

Credit Counselling

Newfoundland and Labrador

Credit Counselling Service of Newfoundland and Labrador 22 Queens Road St. John's NL A1C 2A5 Tel.: (709) 753-5812 Fax: (709) 753-3390 E-mail: **info@debthelpnewfoundland.com** Web site: **www.debthelpnewfoundland.com**

Nova Scotia

Service Nova Scotia and Municipal Relations Debtor Assistance Program and Consumer Proposals P.O. Box 2734 Halifax NS B3J 3P7 Tel.: (902) 424-5200 Toll free: 1-800-670-4357 Fax: (902) 424-0711 Web site: www.gov.ns.ca/snsmr/consumer/debtor

Prince Edward Island

Office of the Attorney General Consumer, Corporate and Insurance Division Fourth Floor, Shaw Building 95 Rochford Street PO Box 2000 Charlottetown PE C1A 7N8 Tel.: (902) 368-4550 Fax: (902) 368-5283 Web site: www.gov.pe.ca/oag/ccaidiafo/index.php3

New Brunswick

Credit Counselling Services of Atlantic Canada Inc. Harbour Building 133 Prince William Street, Suite 703 Saint John NB E2L 5B2 Tel.: (506) 652-1613 Fax: (506) 633-6057 Toll free: 1-888-753-2227 (Atlantic region only)

Quebec

L'Office de la protection du consommateur 400, boul. Jean-Lesage, suite 450 Québec QC G1K 8W4 Toll free: 1 888-OPC-ALLO (1-888-672-2556; Quebec only) Fax: (418) 528-0976

Web site: www.opc.gouv.qc.ca

Ontario

Ontario Association of Credit Counselling Services PO Box 189 Grimsby ON L3M 4G3 Tel.: (905) 945-5644 Referral Line: 1-888-7-IN DEBT (1-888-746-3328) Fax: (905) 945-4680 Web site : www.indebt.org

Ministry of Consumer and Business Services Tel.: (416) 326-8800 Toll free: 1-800-889-9768 Web site: www.cbs.gov.on.ca/mcbs/english/ welcome.htm

Manitoba

Community Financial Counselling Services 203-290 Vaughan Street Winnipeg MB R3B 2N8 Tel.: (204) 989-1900 Fax: (204) 989-1908 E-mail: cfcs@mts.net

Saskatchewan

Department of Justice Provincial Mediation Board 2151 Scarth Street Regina SK S4P 3V7 Tel.: (306) 787-5387 Toll free: 1-888-215-2222 Fax: (306) 787-5574

Main Floor, Sturdy Stone Building 122-3rd Avenue North Saskatoon SK S7K 2H6 Tel.: (306) 933-6520 Toll free: 1-888-215-2222 Fax: (306) 933-7030

Alberta

Credit Counselling Services of Alberta Suite 225, 602-11th Avenue SW Calgary AB T2R 1J8 Tel.: (403) 265-2201 Toll free: 1-888-294-0076 Web site: www.creditcounselling.com

Suite 440, 10123-99 Street Edmonton AB T5J 3H1 Tel.: (780) 423-5265 Toll free: 1-888-294-0076 Web site: **www.creditcounselling.com**

British Columbia

Ministry of Attorney General Community Justice Branch Debtor Assistance Program 3rd Floor, 5021 Kingsway Burnaby BC V5H 4A5 Tel.: (604) 660-3550 Fax: (604) 660-8472

Credit Counselling Society of British Columbia Columbia Skytrain Station Building 330-435 Columbia Street New Westminster BC V3L 5N8 Tel.: (604) 527-8999 Toll free: 1-888-527-8999 (British Columbia only) E-mail: **inquiries@nomoredebts.org** Web site: **www.ccsbc.org**

Northwest Territories

Municipal and Community Affairs Suite 500, 5201-50th Avenue Yellowknife NT X1A 3S9 Tel.: (867) 873-7125 Fax: (867) 920-6343 Web site: www.maca.gov.nt.ca

Yukon

See Alberta and British Columbia

Nunavut

Department of Community Government and Transportation P.O. Box 440 Baker Lake NU XOC 0A0 Tel.: (867) 793-3315 Toll free: 1-866-223-8139 Fax: (867) 793-3312 Web site: www.gov.nu.ca/Nunavut/English/ departments/CGT

Collection Agencies

British Columbia

Ministry of Public Safety and Solicitor General Consumer Services Debt Collection PO Box 9297, Stn Prov Govt Victoria BC V8W 9J8 Tel.: (250) 387-3045 Fax: (250) 953-3533 Toll free: 1-888-564-9963 E-mail: sgconsumer@gems7.gov.bc.ca

All other provinces

Contact your office of consumer affairs.

Bankruptcy

Office of the Superintendent of Bankruptcy

The Office helps ensure that bankruptcies and insolvencies are conducted in a fair and orderly manner. Under certain circumstances, it will assist debtors in finding a trustee in bankruptcy. It also investigates complaints from debtors regarding a possible wrong.

365 Laurier Avenue West Jean Edmonds Tower South, 8th Floor Ottawa ON K1A 0C8 Tel.: (613) 941-1000 Fax: (613) 941-2862 Name Search Services Tel.: (613) 941-2863 Fax: (613) 941-9490 Web site: **http://osb-bsf.ic.gc.ca**

Saskatchewan Agriculture, Food and Rural Revitalization

This department provides specific information for Saskatchewan farmers who are seeking protection from their creditors or filing for bankruptcy.

Room 329 3085 Albert Street Regina SK S4S 0B1 Tel.: (306) 787-5140 Farm Stress Line : 1-800-667-4442 Fax: (306) 787-0271 Web site : www.agr.gov.sk.ca/default.asp

The Home

Canada Mortgage and Housing Corporation

Canada Mortgage and Housing Corporation (CMHC), the government of Canada's national housing agency, is committed to providing Canadians with quality, choice and affordability in housing. CMHC offers consumers mortgage loan insurance, support for social housing, leading-edge research to improve the quality and affordability of housing and information to help with housing decisions.

National Office

Aviation Parkway 700 Montreal Road Ottawa ON K1A 0P7 Tel.: (613) 748-2000 TTY: (613) 748-2447 Fax: (613) 748-2098 E-mail: **chic@cmhc-schl.gc.ca** Web site: **www.cmhc-schl.gc.ca**

Atlantic Business Centre

7001 Mumford Road Halifax Shopping Centre, Suite 300 Tower 1 Halifax NS B3L 2H8 Tel.: (902) 426-3530 Fax: (902) 426-9991

Quebec Business Centre

1100 René-Lévesque West, 1st Floor Montréal QC H3B 5J7 Tel.: (514) 283-2222 Fax: (514) 283-0860

Ontario Business Centre

100 Sheppard Avenue East, Suite 500 Toronto, ON, M2N 6Z1 Tel.: (416) 221-2642 TTY: 1-800-309-3388 Fax: (416) 218-3310

Prairies, Nunavut and Northwest Territories Business Centre

Suite 200, 1000-7th Avenue SW Calgary AB T2P 5L5 Tel.: (403) 515-3000 TTY: 1-888-841-4975 Fax: (403) 515-2930

British Columbia and Yukon Business Centre

200-1111 West Georgia Street Vancouver BC V6E 4S4 Tel.: (604) 731-5733 TTY: 1-888-841-4975 Fax: (604) 737-4139

New Home Warranty Programs

New homebuyers may be interested in taking advantage of a new home warranty program. These programs are available in most provinces. For a fee, owners may purchase a limited warranty for their home. As well, homes built under these programs are built in accordance with the *National Building Code of Canada*. Potential homebuyers may be interested in seeking the assistance of a professional, including a home inspector or a real estate agent. Renters and those in need of housing assistance should contact their provincial office responsible for housing.

Atlantic Home Warranty Program

15 Oland Crescent Halifax NS B3S 1C6 Tel.: (902) 450-9000 Toll free: 1-800-320-9880 (Atlantic Canada only) Fax: (902) 450-5454 E-mail: **info@ahwp.org** Web site: **www.ahwp.org**

Guarantee Plan for New Residential Buildings

La Régie du bâtiment du Québec 545 Crémazie Boulevard East, 3rd Floor Montréal QC H2M 2V2 Web site: www.rbq.gouv.qc.ca/dirEnglish/ guaranteePlan/index-an.asp

Ontario New Home Warranty Program

6th Floor, 5160 Yonge Street Toronto ON M2N 6L9 Tel.: (416) 229-9200 Toll free: 1-800-668-0124 Fax: (416) 229-3800 E-mail: **info@newhome.on.ca** Web site: **www.newhome.on.ca**

New Home Warranty Program of Manitoba Inc.

200-675 Pembina Hwy Winnipeg MB R3M 2L6 Tel.: (204) 453-1155 Fax: (204) 287-8561 E-mail: **mbnhwp@mbnhwp.com** Web site : **www.mbnhwp.com**

New Home Warranty Program of Saskatchewan

Suite 4, 3012 Louise Street East Saskatoon SK S7L 3L8 Tel.: (306) 373-7833 Fax: (306) 373-7977 E-mail: **Director@NHWP.org** Web site: **www.nhwp.org**

The Alberta New Home Warranty Program

201, 208-57th Avenue SW Calgary AB T2H 2K8 Tel.: (403) 253-3636 Toll free: 1-800-352-8240 Fax: (403) 253-5062 204-10464 Mayfield Road NW Edmonton AB T5P 4P4 Tel.: (780) 484-0572 Toll free: 1-800-352-8240 Fax: (780) 486-7896 Web site: www.anhwp.com

National Home Warranty Program

National Office 1001, 10405 Jasper Avenue Edmonton AB T5J 3N4 Tel.: (780) 425-2981 Toll free: 1-800-472-9784 Fax: (780) 426-2723

Web site: www.nationalhomewarranty.com

1210, 10201 Southport Road SW Calgary AB T2W 4X9 Tel.: (403) 278-5665 Toll free: 1-888-776-7707 Fax: (403) 278-5551

V802, 700 West Pender Street Vancouver BC V6C 1G8 Tel.: (604) 608-6678 Toll free: 1-888-243-8807 Fax: (604) 408-1001

200, 5 Donald Street Winnipeg MB R3L 2T4 Tel.: (204) 284-0293 Toll free: 1-800-472-9784 Fax: (204) 889-9864

Professional Groups

Canadian Association of Home Inspectors

The national association provides information for those interested in seeking a home inspector. Provincial associations provide general pointers and a checklist of questions to ask during a short inspection of a house.

National Headquarters

64 Reddick Road PO Box 507 Brighton ON K0K 1H0 Tel.: (613) 475-5699 Toll free: 1-888-748-2244 Fax: (613) 475-1595 E-mail: **info@cahi.ca** Web site: **www.cahi.ca**

Atlantic Provinces

Tel.: (506) 862-8555 Web site: **www.cahiatl.com**

Quebec

Tel.: (514) 234-2104 Fax: (514) 694-5895 E-mail: **info@aibq.qc.ca** Web site: **www.aibq.qc.ca**

Ontario

Tel.: (416) 256-0960 Toll free: 1-888-744-6244 E-mail: **oahi@oahi.com** Web site: **www.oahi.com**

Saskatchewan

Tel.: 1-866-546-7888 E-mail: **j.sabo@sasktel.net** Web site: **www.cahpi-sk.com**

Alberta

Tel.: (403) 248-6893 Toll free: 1-800-351-9993 Fax: (403) 204-0898 E-mail: **info@cahpi-alberta.com** Web site: **www.cahpi-alberta.com**

British Columbia

Tel.: (250) 491-3979 Toll free: 1-800-610-5665 Web site: **www.cahpi.bc.ca**

Canadian Real Estate Association

The Association provides an outline of real estate professionals' ethical obligations to clients and customers. It also gives an overview of the typical steps involved in buying a house through a real estate agent.

Suite 1600, 344 Slater Street Canada Building Ottawa ON K1R 7Y3 Tel.: (613) 237-7111 Fax: (613) 234-2567 E-mail: **info@crea.ca** Web site: **http://crea.ca**

Nova Scotia Real Estate Commission (NSREC)

The NSREC, created under a provincial statute, is an independent, non-government agengy, responsible for the regulation of the real estate industry. The Commission investigates complaints against industry members and decides whether there has been conduct that deserves sanction.

7 Scarfe Court Dartmouth NS B3B 1W4 Tel.: (902) 468-3511 Toll free: 1-800-390-1015 Fax: (902) 468-1016 E-mail: **info@nsrec.ns.ca** Web site: **www.nsrec.ns.ca**

L'Association des courtiers et agents immobiliers du Québec (ACAIQ)

The ACAIQ is responsible for overseeing real estate brokerage in Quebec. Its mission is to protect the public by supervising the professional activities of all real estate brokers and agents practising in Quebec, in accordance with the *Real Estate Brokerage Act*. 6300, rue Auteuil, suite 300 Brossard QC J4Z 3P2 Tel.: (450) 676-4800 Toll free: 1-800-440-5110 Fax: (450) 676-7801 E-mail: **info@acaiq.com** Web site: **www.acaiq.com**

The Real Estate Council of Ontario

The Council administers the *Real Estate and Business Brokers Act* on behalf of the Ontario Ministry of Consumer and Business Services. The Council's mandate is twofold: administer the regulatory requirements of the real estate industry as set down by the Government of Ontario and to protect consumers and members through a fair and safe and informed marketplace. The Council also has a complaints, compliance and discipline process that is designed to handle consumer complaints and concerns about the ethical conduct of registered real estate brokers and salespersons.

3250 Bloor Street West Suite 600, East Tower Toronto ON M8X 2X9 Tel.: (416) 207-4800 Toll free: 1-800-245-6910 Fax: (416) 207-4820 E-mail: **information@reco.on.ca** Web site: **www.reco.on.ca**

Saskatchewan Real Estate Commission

The Commission is responsible for licensing and disciplining real estate brockers in Saskatchewan, including investigating complaints. 231 Robin Crescent Saskatoon SK S7L 6M8 Tel.: (306) 374-5233 Toll free: 1-877-700-5233 Fax: (306) 373-5377 E-mail: **info@srec.sk.ca** Web site: **www.srec.sk.ca**

Real Estate Council of Alberta

The Council is responsible for the regulation of the real estate industry in the province. This includes investigating complaints against real estate agents and mortgage brokers.

Suite 340, 2424-4 Street SW Calgary AB T2S 2T4 Tel.: (403) 228-2954 Toll free: 1-888-425-2754 (Alberta only) Fax: (403) 228-3065 E-mail: **recainfo@reca.ab.ca** Web site: **www.reca.ab.ca**

Real Estate Council of British Columbia

The Council is responsible for licensing real estate agents and salespersons, enforcing entry qualifications, investigating complaints against licensees and imposing disciplinary sanctions under the *Real Estate Act*.

900-750 West Pender Street Vancouver BC V6C 2T8 Tel.: (604) 683-9664 Toll free: 1-877-683-9664 Fax: (604) 683-9017 E-mail: **info@recbc.ca** Web site: **www.recbc.ca**

Provincial Ministries or Departments of Housing

Newfoundland and Labrador

Newfoundland and Labrador Housing Corporation Sir Brian Dunfield Building 2 Canada Drive PO Box 220 St. John's NL A1C 5J2 Tel.: (709) 724-3000 Fax: (709) 724-3250 Web site: www.nlhc.nl.ca

Nova Scotia

Nova Scotia Department of Community Services Housing Services PO Box 696 Halifax NS B3J 2T7 Tel.: (902) 424-3280 Fax: (902) 424-0661 Web site: www.gov.ns.ca/coms/hous

Prince Edward Island

Office of the Director of Residential Rental Property Island Regulatory and Appeals Commission 5th Floor, Suite 501 134 Kent Street PO Box 577 Charlottetown PE C1A 7L1 Tel.: (902) 892-3501 Toll free: 1-800-501-6268 Fax: (902) 566-4076 Web site: www.irac.pe.ca/rental

New Brunswick

Department of Family and Community Services P.O. Box 6000 Fredericton NB E3B 5H1 Tel.: (506) 453-2001 Fax: (506) 453-7478 Web site: www.gnb.ca/0017/Housing Rentalsman and Consumer Affairs Department of Justice and Attorney General PO Box 6000 Fredericton NB E3B 5H1 Tel.: (506) 453-2682 Fax: (506) 444-4494

Quebec

Ministère des Affaires municipales, du Sport et du Loisir 20 Pierre-Olivier-Chauveau Street Québec QC G1R 4J3 Tel.: (418) 691-2015 Web site: www.mam.gouv.gc.ca

Régie du logement Web site: www.rdl.gouv.qc.ca/en/1_0/index.asp

Société d'habitation du Québec Direction des communications 1054, rue Louis-Alexandre-Taschereau Aile St-Amable, 3rd floor Québec QC G1R 5E7 Tel.: (418) 643-7676 Toll free: 1-800-463-4315 Fax: (418) 643-4560 E-mail: **infoshq@shq.gouv.qc.ca** Web site: **www.shq.gouv.qc.ca/en/index.html**

Ontario

Ministry of Municipal Affairs and Housing 17th Floor, 777 Bay Street Toronto ON M5G 2E5 Tel.: (416) 585-7041 TTY: (416) 585-6991 or 1-866-220-2290 E-mail: **mininfo@mah.gov.on.ca** Web site: **www.mah.gov.on.ca**

Manitoba

Manitoba Finance Residential Tenancies Branch 302-254 Edmonton Street Winnipeg MB R3C 3Y4 Tel.: (204) 945-2476 Toll free: 1-800-782-8403 (Manitoba only) Fax: (204) 945-6273 E-mail: **rtb@gov.mb.ca** Web site: www.gov.mb.ca/finance/cca/rtb

Manitoba Housing Authority Central Office Main Floor — 185 Smith Street Winnipeg MB R3C 3G4 Tel.: (204) 945-4663 Toll free: 1-800-282-8069 Fax: (204) 945-2013 Web site: www.gov.mb.ca/fs/housing/mha.html

Saskatchewan

Saskatchewan Housing Division Municipal Government 1855 Victoria Avenue Regina SK S4P 3V7 Tel.: (306) 787-4177 Toll free: 1-800-667-7567

Saskatchewan Housing Corporation Saskatchewan Community Resources and Employment E-mail: communications@dcre.gov.sk.ca Web site: www.dcre.gov.sk.ca/housing/ overview.html

Alberta

Housing Service Division Alberta Seniors Box 3100 Edmonton AB T5J 4W3 Tel.: (780) 427-3919 or (403) 297-7453 Fax: (780) 422-8462 or (403) 297-6138 E-mail: **Housing@gov.ab.ca** Web site: **www.cd.gov.ab.ca**

British Columbia

Housing and Building Policy Branch Ministry of Community, Aboriginal and Women's Services PO Box 9899 Stn. Prov. Govt. Victoria BC V8W 9R3 Tel.: (250) 953-3005 Fax: (250) 387-7973 Web site : www.mcaws.gov.bc.ca/housing/ housing.htm

Northwest Territories

Northwest Territories Housing Corporation P.O. Box 2100 Yellowknife NT X1A 2P6 Web site: http://nwthc.gov.nt.ca

Yukon

Yukon Housing Corporation 410H, Jarvis Street Whitehorse YK Y1A 2H5 Tel.: (867) 667-5759 Toll free: 1-800-661-0408, local 5759 (Yukon only) Fax: (867) 667-3664 E-mail: **ykhouse@housing.yk.ca** Web site: **www.housing.yk.ca**

Nunavut

Nunavut Housing Corporation PO Box 480 Arviat NU XOC 0E0 Tel.: (867) 857-3000 Fax: (867) 857-3040

Health and Food

If you are concerned about food safety, contact the Canadian Food Inspection Agency.

For general health information contact Health Canada. The department provides an extensive amount of health-related information on a variety of topics, including consumer products, seniors and healthy living. Health Canada can be contacted through its headquarters or one of the regional offices. You may also wish to explore Health Canada's Web site.

Several provinces also provide toll-free health information lines, as well as Internet sites.

Finally, consumers may wish to contact consumer and non-governmental organizations that provide health information.

Note that all the information provided in this section is for information purposes only. It should not be relied upon for diagnosis or treatment. The information is not designed to replace the care of your health care professional. It is recommended that you visit a qualified health care professional for individual attention.

Canadian Food Inspection Agency

59 Camelot Drive Ottawa ON K1A 0Y9 Tel.: (613) 225-2342 Food Safety Inquiries: 1-800-701-2737 (Ontario) 1-800-561-3350 (Quebec) 1-800-442-2342 (Other Provinces) Fax: (613) 228-6125 E-mail: **cfiamaster@inspection.gc.ca** Web site: **www.cfia-acia.agr.ca**

Health Canada

Headquarters Address Locator (A.L.) 0900C2 Ottawa ON K1A 0K9 Tel.: (613) 957-2991 TTY: 1-800-267-1245 Fax: (613) 941-5366 E-mail: **info@hc-sc.gc.ca** Web site: **www.hc-sc.gc.ca**

Division of Aging and Seniors Address Locator (A.L.) 1908A1 Ottawa ON K1A 1B4 Tel.: (613) 952-7606 Fax: (613) 957-7627 E-mail: **seniors@hc-sc.gc.ca** Web site: **www.hc-sc.gc.ca/seniors-aines**

Population and Public Health Branch – Health Canada – Regional Offices

Atlantic 15th Floor, Suite 1525 1505 Barrington Street Halifax NS B3J 3Y6 Tel.: (902) 426-2700 Fax: (902) 426-9689 Email: **pphatlantic-spspatlantique@hc-sc.gc.ca** Web site: **www.hc-sc.gc.ca/hppb/regions/atlantic**

Quebec Room 218, Complexe Guy-Favreau, East Tower 200 René Lévesque Blvd. West Montréal QC H2Z 1X4 Tel.: (514) 283-2306 Fax: (514) 283-6739

Ontario and Nunavut 4th Floor, 25 St. Clair Avenue East Toronto ON M4T 1M2 Tel.: (416) 973-4389 Toll free: 1-866-999-7612 Fax: (416) 973-1423 Manitoba and Saskatchewan Suite 425, 391 York Avenue Winnipeg R3C 0P4 Tel.: (204) 983-2508 Fax: (204) 983-3972

Alberta and the Northwest Territories Suite 710, Canada Place 9700 Jasper Avenue Edmonton AB T5J 4C3 Tel.: (780) 495-2651 Fax: (780) 495-3285 E-mail: **pph_abnwt@hc-sc.gc.ca**

Web site: www.hc-sc.gc.ca/hppb/les-regions/ab-tno

British Columbia and Yukon Suite 405, Winch Building 757 West Hastings Street Vancouver BC V6C 1A1 Tel.: (604) 666-2083 Fax: (604) 666-2258

Provincial and Territorial Departments and Ministries of Health

Newfoundland and Labrador

Health and Community Services Coordinator of Inquires and Health Planning PO Box 8700, Confederation Building St. John's NL A1B 4J6 Tel.: (709) 729-4984 Fax: (709) 729-4984 E-mail: healthinfo@gov.nl.ca Web site: www.gov.nl.ca/health

Nova Scotia

Nova Scotia Department of Health 1690 Hollis Street PO Box 488 Halifax NS B3J 2R8 Tel.: (902) 424-5818 Toll free: 1-800-387-6665 (Nova Scotia only) TTY: 1-800-670-8888 E-mail: heal.webmaster@gov.ns.ca Web site: www.gov.ns.ca/health

Prince Edward Island

Health and Social Services 2nd Floor, Jones Building 11 Kent Street, PO Box 2000 Charlottetown PE C1A 7N8 Tel.: (902) 368-4900 Health Info: 1-800-241-6970 Fax: (902) 368-4969 Web site: www.gov.pe.ca/hss

New Brunswick

Department of Health and Wellness PO Box 5100 Fredericton NB E3B 5G8 Tel.: (506) 457-4800 Fax: (506) 453-5442 Web site: www.gnb.ca/hw-sm

Seniors

Department of Family and Community Services Certains MacDonald Building PO Box 6000 Fredericton NB E3B 5H1 Tel.: (506) 453-2001 Fax: (506) 453-7478

Web site: www.gnb.ca/0017/index-e.asp

After Hours Emergency Social Services Fredericton: (506) 453-2145 Other areas: 1-800-442-9799

Quebec

Ministère de la Santé et des Services sociaux Édifice Catherine-de-Longpré 1075, chemin Sainte-Foy Québec QC G1S 2M1 Tel.: (418) 266-8900 Toll free: 1-800-707-3380 (Quebec only) Web site: www.msss.gouv.qc.ca

Ontario

Ministry of Health and Long-Term Care Suite M1-57, Macdonald Block 900 Bay Street Toronto ON M7A 1N3 Toll free: 1-800-268-1154 (Ontario only) INFOline: (416) 314-5518 (Toronto) TTY: 1-800-387-5559 E-mail: infomoh@gov.on.ca Web site: www.health.gov.on.ca

Manitoba

Manitoba Health Health Links phone line: (204) 788-8200 (in Winnipeg) Toll free: 1-888-315-9257 (in rural and northern areas) Web site: www.gov.mb.ca/health

Saskatchewan

Saskatchewan Health 3475 Albert Street Regina SK S4S 6X6 Tel.: (306) 787-3013 Toll free: 1-800-667-7766 HealthLine: 1-877-800-0002 Fax: (306) 787-3823 E-mail: **webmaster@health.gov.sk.ca** Web site: **www.health.gov.sk.ca**

Alberta

Alberta Health and Wellness P.O. Box 1360 Station Main Edmonton AB T5J 2N3 Tel.: (780) 427-1432 (Edmonton) Toll free in Alberta: 310-0000 then (780) 427-1432 Fax: (780) 422-0102 E-mail: health.ahcipmail@gov.ab.ca

British Columbia

Ministry of Health 1515 Blanshard Street Victoria BC V8W 3C8 Tel.: (250) 952-3456 INFOline: (250) 952-1742 Toll free: 1-800-465-4911 Web site: www.gov.bc.ca/healthservices

Northwest Territories

Department of Health and Social Services Box 1320 Yellowknife NT X1A 2L9 Tel.: (867) 920-6173 Fax: (867) 873-0266 Web site: www.hlthss.gov.nt.ca

Yukon

Department of Health and Social Services PO Box 2703 Whitehorse YK Y1A 2C6 Tel.: (867) 667-5806 Fax: (867) 393-7400

Nunavut

Department of Health and Social Services PO Box 1000 Iqaluit NU X0A 0H0 Tel.: (867) 975-5700 Fax: (867) 975-5799 Web site: www.gov.nu.ca/hss.htm

Consumer and Non-Governmental Groups

The Canadian Hard of Hearing Association

The Canadian Hard of Hearing Association is a non-profit, self-help, bilingual consumer organization run by and for persons who are hard of hearing. The Association creates public awareness and seeks standards for technical devices such as hearing aids. Suite 205, 2435 Holly Lane Ottawa ON K1V 7P2 Tel.: (613) 526-1584 Toll free: 1-800-263-8068 TTY: (613) 526-2692 Fax: (613) 526-4718 E-mail: **chhanational@chha.ca** Web site: **www.chha.ca**

Carrefour Adaptation Québec

This group offers many specialized services, including counselling, buyers' guides and legal assistance.

360 du Pont Street PO Box 1000 Québec QC G1K 6M6 Tel.: (418) 522-1251 Fax: (418) 522-1252

Office des personnes handicapées du Québec

The Office oversees the coordination of services for disabled people, provides information and advice, and promotes the interests of the disabled and their integration into mainstream educational, professional and social milieux.

309 Brock Street Drummondville QC J2B 1C5 Tel.: (819) 475-8618 Toll free: 1-800-567-1465 TTY: 1-800-567-1477 Fax: (819) 475-8753 Web site: **www.ophq.gouv.qc.ca**

Dietitians of Canada

Dietitians of Canada brings the knowledge and skills of its members together to influence decisions that affect food, nutrition and health. Formerly the Canadian Dietetic Association (1935–1996), Dietitians of Canada has set the standard for education of dietitians and professional dietetic practice. Suite 604, 480 University Ave Toronto ON M5G 1V2 Tel.: (416) 596-0857 Fax: (416) 596-0603 Web site: **www.dietitians.ca**

National Institute of Nutrition

The National Institute of Nutrition is a national non-profit organization. Its objectives are to serve as a credible source and objective authority on issues related to nutrition, to strengthen nutrition research and education in Canada, and to influence public policy in nutrition for the benefit of all Canadians. The Institute has working partnerships with health professionals, educators, universities, government and industry.

408 Queen Street, 3rd Floor Ottawa ON K1S 2E1 Tel.: (613) 235-3355 Fax: (613) 235-7032 E-mail: nin@nin.ca Web site: www.nin.ca