



Health  
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# NATIONAL PROGRAM INVENTORY



Concurrent Mental Health and  
Substance Use Disorders

Our mission is to help the people of Canada  
maintain and improve their health.

*Health Canada*

Published by authority of the Minister of Health

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**National Program Inventory**

**Concurrent Mental Health  
and Substance Use Disorders**

**Prepared by the  
Centre for Addiction and Mental Health  
in collaboration with the  
Canadian Centre on Substance Abuse**

 *canada's drug strategy*

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## Introduction

Over the last two decades, the co-occurrence of addiction and mental health problems among people seeking treatment and support has emerged as an important issue for those who plan and fund mental health and addiction programs, as well as for those who provide direct service. Concerns about concurrent disorders have been fueled by research showing the high prevalence of such co-morbidity and its implications for the course, cost and outcome of treatment and other support services.

In response to this growing concern, Health Canada issued a Request for Proposals for the development of a national inventory of specialized concurrent disorders programs. This inventory is intended to be used as a companion document to the *Best Practices — Concurrent Mental Health and Substance Use Disorders* which provides an updated synthesis of the research on concurrent disorders, and offers specific recommendations for the screening, assessment, and treatment/support of this in-need population. The results of the information collected for the inventory provide a system-level snapshot of specialized programs for people with concurrent disorders across Canada.

The project was carried out by the Canadian Centre on Substance Abuse (CCSA) on behalf of the Centre for Addiction and Mental Health and under the direction of Health Canada's Working Group on Accountability and Evaluation Framework and Research Agenda. The working group is appointed by the Federal/Provincial/Territorial Committee on Alcohol and Drug Issues. The mandate of the working group is to oversee the development and implementation of research studies that contribute to innovative substance abuse treatment and rehabilitation programs by identifying best practices, evaluating model treatment and rehabilitation programs, and identifying emerging issues. The knowledge is then disseminated across the country.

This project builds on a series of best practices publications including: *Best Practices — Substance Abuse Treatment and Rehabilitation* (Health Canada, 1999a); *Best Practices — Fetal Alcohol Syndrome/Fetal Alcohol Effects and the Effects of Other Substance Use During Pregnancy* (Health Canada, 2001); *Best Practices — Treatment and Rehabilitation for Youth with Substance Use Problems* (Health Canada, 2001); and *Best Practices — Treatment and Rehabilitation for Women with Substance Use Problems* (Health Canada, 2001).

### Methodology

Questionnaires were sent to all agencies across Canada who were identified in CCSA's national directory as providing services to individuals with concurrent disorders. Of those that responded, 37 agencies provided information regarding their programs, including geographic area served, services provided, types of interventions, fee for service, and inclusion and exclusion criteria.

## 1. **Addiction Rehabilitation Unit, St. Thomas Psychiatric Hospital**

467 Sunset Drive  
St. Thomas ON N5P 3V9  
Contact: Larry Lalone, Psychometrist  
Phone: (519) 631-8510  
Fax: (519) 633-0852

### **Geographic Area Served:**

Provincial mandate. We provide aftercare by phone provincially but more direct services to the Southwest Region.

### **Services Provided:**

|                        |           |
|------------------------|-----------|
| Case management:       | Yes       |
| Outpatient:            | Yes       |
| Residential:           | Yes       |
| Withdrawal management: | Yes       |
| Day/evening treatment: | No        |
| Supportive housing:    | No        |
| Other:                 | Aftercare |

### **Treatment Interventions:**

Psychiatric stabilization/assessment/medication; psycho-educational group programming; individual case management; family counselling; medical model philosophy; harm reduction leading to abstinence approach.

### **Fee for Service?**

No

### **Inclusion Criteria for Service:**

Serious mental illness combined with a substance abuse disorder; minimum age of 16 years.

### **Exclusion Criteria for Service:**

Applications submitted under the terms of the Temporary Absence Programs are not accommodated.

## 2. Adolescent Substance Abuse Program (ASAP)

Roberts-Smart Centre  
235 Donald Street  
Ottawa ON K1K 1N1  
Contact: Sean Scott, Clinician  
Phone: (613) 741-7713  
Fax: (613) 728-4986  
Email: [rscentre@magi.com](mailto:rscentre@magi.com)  
Web Site: <http://infoweb.magicom/~rscentre>

### Geographic Area Served:

Primarily Ottawa.

### Services Provided:

|                        |     |
|------------------------|-----|
| Case management:       | Yes |
| Outpatient:            | No  |
| Residential:           | No  |
| Withdrawal management: | No  |
| Day/evening treatment: | Yes |
| Supportive housing:    | No  |

### Treatment Interventions:

Motivational interviewing; cognitive behavioural therapy; group anger management and social skills training; information-giving; individual counselling; family therapy in some cases; support/information group for parents of clients.

### Fee for Service?

No

### Inclusion Criteria for Service:

Resident of Ontario, between the ages of 12 to 18; able to function above the borderline range of intelligence; free from organic impairments that would block therapeutic change; manifestation of an addictions issue; lack of motivation necessary to be successful in other substance abuse programs.

### Exclusion Criteria for Service:

Functioning well in placement; demonstrating clear motivation to participate in a less intrusive therapeutic program to address substance abuse issues; demonstrating little or no behavioural/conduct problems.



### **3. Hamilton Health Sciences, Addiction Services**

870 Scenic Drive  
Hamilton ON L8N 3Z5  
Phone: (905) 521-7973  
Fax: (905) 521-4999

#### **Geographic Area Served:**

No specific catchment area.

#### **Services Provided:**

|                        |     |
|------------------------|-----|
| Case management:       | Yes |
| Outpatient:            | Yes |
| Residential:           | Yes |
| Withdrawal management: | Yes |
| Day/evening treatment: | Yes |
| Supportive housing:    | No  |

#### **Treatment Interventions:**

Supportive therapy (individual/family); case management; cognitive behavioural therapy; contract marital therapy; pharmacological management; relapse prevention model (skill training); assertiveness training; anger management.

#### **Fee for Service?**

Yes. Only if physician must attend court and/or prepare insurance documentation which is excessive.

#### **Inclusion Criteria for Service:**

Must have chemical dependency and psychiatric mental health issues; must be attending relapse prevention/Moreland Treatment Program; must have family physician; must agree to total abstinence (except for prescription medication).

#### **Exclusion Criteria for Service:**

Already followed by their own psychiatrist; not willing to adhere to abstinence-based program.

#### **4. Alcohol and Drug Treatment Centre (Niagara)**

15 Church Street, Suite 300  
St. Catharines ON L2R 3B5  
Contact: David Barry, Executive Director  
Phone: (905) 685-5425  
Fax: (905) 685-3737  
Email: [adtcniag@vaxxine.com](mailto:adtcniag@vaxxine.com)  
Web Site: <http://www.vaxxine.com/alcoholanddrugtreatmentcentre>

##### **Geographic Area Served:**

Niagara.

##### **Services Provided:**

|                        |     |
|------------------------|-----|
| Case management:       | No  |
| Outpatient:            | Yes |
| Residential:           | No  |
| Withdrawal management: | No  |
| Day/evening treatment: | No  |
| Supportive housing:    | No  |

##### **Treatment Interventions:**

Comprehensive assessment with collateral contact added when possible; referral and coordination of treatment planning with local resources; outpatient counselling utilizing integrated approaches of harm reduction for both addiction and mental health; relapse prevention; cognitive behavioural therapy; family therapy; specific interventions for anxiety and depression; education and problem solving intervention for psychotic disorders and bi-polar mood disorders.

##### **Fee for Service?**

No

##### **Inclusion Criteria for Service:**

Suspected or diagnosed serious mental illness and co-occurring substance abuse problems; clients seeking guidance regarding the relationship of the two issues with possible referral and coordinated treatment.

##### **Exclusion Criteria for Service:**

Client is not yet ready to consider issues related to the concurrent disorder; clients with extreme history of violence directed at staff; acute impairment on the day of interview (client sent to detoxification centre or home and appointment is rebooked).

## 5. Centre de consultation Saint-Laurent

10,345 Papineau Avenue, Suite 210  
Montreal QC H2B 2A3  
Contact: Jacques Moise, Addiction Consultant  
Phone: (514) 382-0354  
Fax: (514) 382-0358  
Web Site: <http://www.consultation.qc.ca>

### Services Provided:

|                        |     |
|------------------------|-----|
| Case management:       | No  |
| Outpatient:            | Yes |
| Residential:           | No  |
| Withdrawal management: | Yes |
| Day/evening treatment: | No  |
| Supportive housing:    | No  |

### Treatment Interventions:

Motivational interviewing; interventions based on communication and change.

### Fee for Service?

Yes

### Inclusion Criteria for Service:

Voluntary reporting at intervention; ability to absorb certain costs.

### Exclusion Criteria for Service:

Forced admission; court-ordered treatment.

## **6. Centre de réadaptation Domrémy, Mauricie Centre Québec**

1420 Royale Street

Trois-Rivières QC G9A 4J7

Contact: Jean-Marc Ménard, Psychologist/Quality Consultant

Phone: (819) 374-4744

Fax: (819) 374-4502

Email: [jean-marc\\_menard@ssss.gouv.qc.ca](mailto:jean-marc_menard@ssss.gouv.qc.ca)

Web Site: <http://www.fqcrpat.qc.ca/frames.html>

### **Geographic Areas Served:**

We cover health region 04 of Quebec, Victoriaville and Drummondville, including La Tuque, through Trois-Rivières, Shawinigan, Louiseville and Saint-Tite.

### **Services Provided:**

|                        |     |
|------------------------|-----|
| Case management:       | No  |
| Outpatient:            | Yes |
| Residential:           | Yes |
| Withdrawal management: | Yes |
| Day/evening treatment: | Yes |
| Supportive housing:    | No  |

### **Treatment Interventions:**

Concurrent evaluation; motivational interviewing; psycho-educational approach; relapse prevention.

### **Fee for Service?**

No

### **Inclusion Criteria for Services:**

At present, no inclusion criteria.

### **Exclusion Criteria for Service:**

At present, no exclusion criteria.

## 7. Centre Dollard-Cormier

950 de Louvain Street East  
 Montreal QC H2M 2E8  
 Contact: Madeleine Roy, Director General  
 Phone: (514) 385-3490 ext. 1118  
 Fax: (514) 385-5728  
 Email: [madeleine.roy@ssss.gouv.qc.ca](mailto:madeleine.roy@ssss.gouv.qc.ca)  
 Web Site : <http://www.centredollardcormier.qc.ca>

### Geographic Area Served:

Metropolitan region of Montreal.

### Services provided:

|                        |  |
|------------------------|--|
| Case management:       | Not for withdrawal cases on an outpatient basis.   |
| Outpatient:            | Yes  |
| Residential:           | Yes  |
| Withdrawal management: | Two types:<br>– under medical supervision for clients with withdrawal risks; and<br>– without medical supervision for clients with no withdrawal risks but requiring a recovery period.  |
| Day/evening treatment: | Yes  |
| Supportive housing:    | Yes  |
| Other:                 | Emergency lodging.<br>Cormier-Lafontaine Clinic: partnership with the Louis-H. Lafontaine Hospital and the Dollard-Cormier Centre offering third line comorbidity services.<br>Service to friends and relatives.<br>Emergency Addiction Service — 24 hours, 7 days a week. |

### Treatment Interventions:

At arrival, group support is offered for the duration of the treatment. The program addresses addiction, psychological distress and social reorganization issues. The client may also choose to continue with specialized services. The program entitled Addition and Mental Health, aimed at clients with a concurrent problem, recommends a series of activities adapted to the client. The objectives and the nature of the support are articulated in a personalized intervention plan based on an extensive clinical evaluation and on the active involvement of the client in the process. In certain cases, there could be a referral to the Cormier-Lafontaine Clinic where third-line services are offered.

**Fee for Service?**

No

**Inclusion Criteria for Service:**

Reside in region 06A; has a problem associated with the use of one or more psychoactive substances; admission is on a voluntary basis. Restriction: non-stabilized, severe or persistent Axis I disorders. Admission could then be delayed until the client is stabilized.

**Exclusion Criteria for Service:**

There are few situations in which a client would be excluded from services. Cases prevail.

## 8. Clinique du nouveau départ inc.

1851 Sherbrooke Street East, Suite 1003  
Montreal QC H2K 4L5  
Contact: Jean-Pierre Chiasson, Medical Director  
Phone: (514) 521-9023; 1 (888) 488-2611  
Fax: (514) 521-1928  
Email: [cndepart@clinique.com](mailto:cndepart@clinique.com)  
Web Site: <http://www.cliniquenouveaudepart.com>

### Geographical Areas Served:

Montreal and surrounding areas; province of Quebec. We regularly receive international clients, particularly from francophone countries (France, Switzerland, Belgium, francophone areas of Africa).

### Services Provided:

|                        |                                       |
|------------------------|---------------------------------------|
| Case management:       | Yes                                   |
| Outpatient:            | Yes                                   |
| Residential:           | Yes                                   |
| Withdrawal management: | Yes                                   |
| Day/evening treatment: | Yes                                   |
| Supportive housing:    | Yes                                   |
| Other:                 | Crisis Centre<br>Medical-Legal Centre |

### Treatment Interventions:

Cognitive behavioural therapy; supportive therapy; role playing; therapy based on 12-step program; pharmacotherapy; therapies provided by psychologists (analytical orientation, humanist approach, supportive approach).

### Fee for Service?

Yes

### Inclusion Criteria for Service:

Substance dependence; co-morbidity disorders, such as substance dependence plus Axis I or Axis II disorders; pathological gambling; eating disorders; sexual dependence.

### Exclusion Criteria for Service:

Chronic psychosis, acute schizophrenia with psychosis; severe cognitive dysfunctions; severe general deterioration.

## 9. Clinique Jeunes Adultes

6070 Sherbrooke Street East, Suite 106  
Montreal QC H1N 1C1  
Contact: Ginette Comtois, Psychologist  
Phone: (514) 259-9458  
Fax: (514) 899-0862

### Geographic Area Served:

East Montreal region and regional consultation when requested.

### Services Provided:

|                        |                   |
|------------------------|-------------------|
| Case Management:       | Yes               |
| Outpatient:            | Yes               |
| Residential:           | Yes               |
| Withdrawal management: | No                |
| Day/evening treatment: | Yes               |
| Supportive housing:    | Yes               |
| Other:                 | Life Skills Group |

### Treatment Interventions:

The clinic offers specialized psychosocial treatment and rehabilitation services for young adults suffering from schizophrenia. The services offered are: pharmacological treatment; individual follow-up; group follow-up (social skills); family intervention (parents group); assessment and referral regarding housing options.

### Fee for Service?

No

### Inclusion Criteria for Service:

Seventy to eighty percent of individuals who come to the clinic have a comorbidity problem (schizophrenia and substance abuse). There must be a psychiatric illness related to schizophrenia. Problems related to only substance abuse are excluded (psychosis related to substance abuse).

### Exclusion Criteria for Service:

Criminality; severe personality disorders (i.e., antisocial, borderline); mental retardation; organic brain damage (i.e., epilepsy); those who have parental responsibilities.



## 10. Concurrent Disorder Clinic, Mental Health Services

Humber River Regional Hospital, Keele Site  
2175 Keele Street  
Toronto ON M6M 3Z4  
Phone: (416) 658-2061  
Fax: (416) 658-2009

### Geographic Area Served:

Greater Toronto Area.

### Services Provided:

|                        |   |
|------------------------|---|
| Case management:       | No  |
| Outpatient:            | Yes   |
| Residential:           | No  |
| Withdrawal management: | No  |
| Day/evening treatment: | No  |
| Supportive housing:    | No  |
| Other:                 | Psychiatric/addiction assessment<br>Counselling and referral for assessment |

### Treatment Interventions:

Three-pronged assessment: psychiatric, addiction, and psycho-social; short-term cognitive and/or problem solving counselling; limited crisis intervention; referral to appropriate ongoing treatment and/or other resources; psycho-pharmacology follow-up and recommendations.

### Fee for Service?

No

### Inclusion Criteria for Service:

Request for consultation; concerns about both addiction and mental health.

### Exclusion Criteria for Service:

Florid psychosis; non-English speaking; imminent danger to self and/or others (would be referred to our hospital crisis unit).

## 11. Concurrent Disorders Pilot Project

Nanaimo Forensic Psychiatric Community Services  
190 Wallace Street, Suite 101  
Nanaimo BC V9R 5B1  
Contact: Angus Monaghan, Regional Clinic Administrator  
Phone: (250) 741-5733  
Fax: (250) 741-5740  
Email: [amonaghan@forensic.bc.ca](mailto:amonaghan@forensic.bc.ca)

### Geographic Area Served:

Nanaimo.

### Services Provided:

|                        |                           |
|------------------------|---------------------------|
| Case management:       | Yes                       |
| Outpatient:            | Yes                       |
| Residential:           | No                        |
| Withdrawal management: | Yes                       |
| Day/evening treatment: | Yes                       |
| Supportive housing:    | Yes                       |
| Other:                 | Assertive case management |

### Treatment Interventions:

Transtheoretical model; assertive case management.

### Fee for Service?

No

### Inclusion Criteria for Service:

Must be 19 years of age and older; Axis I and/or II diagnosis co-occurring disorder; history of non-compliance with medication; identification by stakeholders as in need of extensive assistance with activities of independent living. Also has to meet six of the following conditions: poor work experience, eligible/receipt of public assistance, long history of service use, poor housing, lack of follow through regarding drug and alcohol problems, and inappropriate social behaviour.

### Exclusion Criteria for Service:

At present, no exclusion of criteria.

## 12. Concurrent Disorders Service

*Centre for Addiction and Mental Health  
33 Russell Street  
Toronto ON M5S 2S1  
Contact: Andrea Tsanos, Service Manager  
Phone: (416) 595-6096  
Fax: (416) 595-6399  
Email: andrea\_tsanos@camh.net  
Web Site: <http://www.camh.net>*

### **Geographic Area Served:**

Primarily metro Toronto; however, all are welcome who can travel to Toronto to attend.

### **Services Provided:**

|                        |               |
|------------------------|---------------|
| Case management:       | Yes           |
| Residential:           | No            |
| Withdrawal management: | No            |
| Day/evening treatment: | Yes           |
| Supportive housing:    | No            |
| Other:                 | Group therapy |

### **Treatment Interventions:**

Cognitive behavioural therapy; psycho-dynamic and “Here and Now” interpersonal group therapy; motivational enhancement therapy/motivational interviewing solution-focused therapy; supportive counselling; structured relapse prevention; dialectical behaviour therapy; pharmacotherapy.

### **Fee for Service?**

No

### **Inclusion Criteria for Service:**

Co-occurring addiction and mental health problems.

### **Exclusion Criteria for Service:**

Functional limitations (mental or physical issues) that interfere with outpatient treatment (i.e., client requires detoxification before being able to participate or client requires hospitalization because of acute suicidal behaviour).

### 13. Double Trouble

*Quesnel Addiction Services Society*  
543 Front Street  
Quesnel BC V2J 3J2  
Contact: *Bea Randall, Acting Executive Director*  
Phone: (250) 992-5189  
Fax: (250) 992-2657  
Email: *qas@quesnelbc.com*

#### **Geographic Areas Served:**

Quesnel, Wells, Strathnauer, the Native Bands.

#### **Services Provided:**

|                        |                      |
|------------------------|----------------------|
| Case management:       | No                   |
| Outpatient:            | Yes                  |
| Residential:           | No                   |
| Withdrawal management: | No                   |
| Day/evening treatment: | No                   |
| Supportive housing:    | No                   |
| Other:                 | Double Trouble Group |

#### **Treatment Interventions:**

We provide the clients with a talking circle opportunity with facilitators to accommodate any particular crisis that may arise; we provide education on mental illness, medication, and addiction.

#### **Fee for Service?**

No

#### **Inclusion Criteria for Service:**

Client must be seeing a drug and alcohol counsellor and have a diagnosis of concurrent disorders; must be stabilized and willing to attend the group.

#### **Exclusion Criteria for Service:**

At present, no exclusion criteria.

## 14. Dual Diagnosis Program

Maple Ridge Alcohol and Drug Counselling  
22,477 Lougheed Highway  
Maple Ridge BC V2X 2T8  
Contact: R. Paul Glassen, Counsellor  
Phone: (604) 467-5179  
Fax: (604) 467-8592

### Geographic Area Served:

Simon Fraser Health Region, mostly the Pitt Meadows / Maple Ridge area.

### Services Provided:

|                        |   |
|------------------------|---|
| Case management:       | No  |
| Outpatient:            | Yes   |
| Residential:           | No  |
| Withdrawal management: | No  |
| Day/evening treatment: | No  |
| Supportive housing:    | No  |
| Other:                 | Coordination of mental health community support<br>Medical consultation |

### Treatment Interventions:

Transtheoretical motivational counselling; harm reduction approach to support client's present goal, not only abstinence-based; symptoms management for mental health; professional and self support system.

### Fee for Service?

No. There is a client fee for residential services to which we refer; however, we can provide up to 100% subsidy.

### Inclusion Criteria for Service:

Our services are not limited to serious, chronic, persistent, and disabling mental health conditions. We also see adjustment disorder and other transitional mood/anxiety conditions and we do not exclude personality disorders, nor mentally disordered offenders.

### Exclusion Criteria for Service:

At present, no exclusion criteria.

## 15. Dual Diagnosis Program, Adult Services

Vancouver Community Mental Health Services  
Vancouver/Richmond Health Board  
524 Powell Street, Suite 211  
Vancouver BC V6A 1G9  
Contact: Pohsuan Zaide, Coordinator  
Phone: (604) 255-9843  
Fax: (604) 251-4579  
Email: [zaide\\_pohsuan@vrhb.bc.ca](mailto:zaide_pohsuan@vrhb.bc.ca)

### Geographic Area Served:

Vancouver/Richmond.

### Services Provided:

|                        |                                  |
|------------------------|----------------------------------|
| Case management:       | No                               |
| Outpatient:            | Yes                              |
| Residential:           | No                               |
| Withdrawal management: | No                               |
| Day/evening treatment: | Yes (Group format)               |
| Supportive housing:    | No                               |
| Other:                 | Addictionologist<br>Psychiatrist |

### Treatment Interventions:

Cognitive behavioural therapy; psychosocial rehabilitation (life skills training, leisure/recreation); recovery planning; relapse prevention (individual and group).

### Fee for Service?

No

### Inclusion Criteria for Service:

A chemical dependency disorder and a serious psychiatric illness such as mood, anxiety or thought disorder.

### Exclusion Criteria for Service:

Physical and/or emotional instability (i.e., acute illness, psychosis, suicidal); primary disorders that need medical management (i.e. severe restrictive eating disorders); history of persistent and chronic antisocial behaviour; organic brain syndromes (i.e. mental handicap, brain injury, fetal alcohol syndrome/fetal alcohol effects).

## 16. Dual Diagnosis Recovery Service

Alberta Mental Health Board  
Ponoka AB T4J 1R8  
Contact: John Johnson, Acting Patient Care Manager  
Phone: (403) 783-7757  
Fax: (403) 783-7868

### Geographic Area Served:

Alberta.

### Services Provided:

|                        |  |
|------------------------|--|
| Case management:       | No   |
| Outpatient:            | No   |
| Residential:           | Yes (inpatient services linked to<br>a psychiatric hospital) |
| Withdrawal management: | No   |
| Day/evening treatment: | Yes  |
| Supportive housing:    | No   |

### Treatment Interventions:

Group psychotherapy; psycho-educational workshops; volunteers presenting workshops; recreation therapy; psychological assessments; psychiatric assessments; medical assessments; 24-hour nursing care; occupational therapy; physical therapy; dietary therapy.

### Fee for Service?

No

### Inclusion Criteria for Service:

Referred by community physicians, mental health therapists and Alberta Alcohol and Drug Abuse Commission counsellors for tertiary level of care; minimum five days free of substance; adults with a concurrent psychiatric disorder and severe persistent mental illness.

### Exclusion Criteria for Service:

Adults in need of psychiatric crisis stabilization; adults in need of detoxification.

## 17. Dual Disorders Program

Peace Arch Community Services  
882 Maple Street, 1<sup>st</sup> Floor  
White Rock BC V4B 4M2  
Contact: David Miller, Program Manager  
Phone: (604) 538-7733  
Fax: (604) 538-9473  
Email: d\_miller@pacsbc.com

### Geographic Area Served:

South Fraser Health Region.

### Services Provided:

|                        |     |
|------------------------|-----|
| Case management:       | No  |
| Outpatient:            | Yes |
| Residential:           | No  |
| Withdrawal management: | No  |
| Day/evening treatment: | No  |
| Supportive housing:    | No  |

### Treatment Interventions:

Psycho-educational groups; assessment; case consultation with case manager; cognitive behavioural therapy; relaxation.

### Fee for Service?

No

### Inclusion Criteria for Service:

Must have an Axis I diagnosis; have a current substance abuse problem; be referred by either mental health or alcohol and drug services.

### Exclusion Criteria for Service:

Violent individuals.



## 18. Eagle Moon/Lone Pipe Lodge

Wood's Homes  
9400 48<sup>th</sup> Avenue North West  
Calgary AB T3B 2B2  
Contact: Teri Basi, Program Manager  
Phone: (403) 247-7115, 1 (800) 563-6106  
Fax: (403) 286-0878  
Email: [teri.basi@woodshomes.com](mailto:teri.basi@woodshomes.com)  
Web Site: <http://www.woodshomes.com>

### Geographic Area Served:

Accept referrals on a national basis for First Nations adolescent clients.

### Services Provided:

|                        |                        |
|------------------------|------------------------|
| Case management:       | Yes                    |
| Outpatient:            | Yes                    |
| Residential:           | Yes                    |
| Withdrawal management: | Yes                    |
| Day/evening treatment: | Yes                    |
| Supportive housing:    | No                     |
| Other:                 | Cultural opportunities |

### Treatment Interventions:

The programs are designed to interrupt, disrupt and offer alternatives to the cycle of substance abuse; the programs subscribe to a holistic, systematic and wellness oriented treatment model to assist young people and their families in uncovering their strengths and competencies; these programs utilize a treatment approach that combines the Native Medicine Wheel philosophy with the best of modern therapy and substance abuse treatment (psychotherapy, crisis response, group work and family therapy).

### Fee for Service?

Yes. Neither program has contractual money; these programs operate on a fee-for-service basis.

### Inclusion Criteria for Service:

Serve the needs on a fee-for-service basis of First Nations adolescents aged 10-17 years, with a history of suspected or known substance abuse.

### Exclusion Criteria for Service:

At present, no exclusion criteria.

## 19. East Metro Connections Assertive Community Treatment Team

1200 Markham Road, Suite 500  
Toronto ON M1H 3C3  
Contact: Scot Hodge, Team Leader  
Phone: (416) 289-6285, ext. 243 (Scarborough)  
Fax: (416) 289-6843 (Scarborough)  
Email: jbruckner@cmha-toronto.net

### Geographic Areas Served:

The “Old City of Scarborough”; Victoria Park Avenue to the Rouge Valley; Steeles Avenue to Lake Ontario.

### Services Provided:

|                        |                               |
|------------------------|-------------------------------|
| Case management:       | No                            |
| Outpatient:            | No                            |
| Residential:           | No                            |
| Withdrawal management: | Yes                           |
| Day/evening treatment: | Yes                           |
| Supportive housing:    | Yes                           |
| Other:                 | Assertive community treatment |

### Treatment Interventions:

Medication (psychiatric); occupational therapy assessment and rehabilitation; vocational counselling and rehabilitation; social work; family therapy; money management skill building; recreation; peer counselling; harm reduction; forensic — Ontario Review Board Adherence.

### Fee for Service?

No

### Inclusion Criteria for Service:

Must have an Axis I (DSM — 4R) psychotic disorder of several years duration and with significant disability; must be a Scarborough resident; participation is voluntary; concurrent disorder (substance abuse and mental health) accepted.

### Exclusion Criteria for Service:

At present, no exclusion criteria.

## **20. Groupe double-diagnostic**

190 René Lévesque Boulevard East

Montreal QC H2X 1N4

Contact: Claire Gagné, Physician and Martine Vincent, Psychologist

Phone: (514) 866-6974

Fax: (514) 866-5261

### **Geographic Area Served:**

Psychiatric Department of the University Hospital of Montreal.

### **Services Provided:**

|                        |     |
|------------------------|-----|
| Case management:       | No  |
| Outpatient:            | Yes |
| Residential :          | No  |
| Withdrawal Management: | No  |
| Day/evening treatment: | Yes |
| Supportive housing:    | No  |

### **Treatment Interventions:**

Group therapy; motivational approach; relapse prevention.

### **Fee for Service?**

No

### **Inclusion Criteria for Service:**

Psychosis and substance abuse; adult clients monitored by the department of psychiatry at the University Hospital of Montreal.

### **Exclusion Criteria for Service:**

At present, no exclusion criteria.

## 21. Halton Alcohol and Drug Assessment, Prevention and Treatment (ADAPT)

392 Brant Street  
Burlington ON L7R 4J4  
Contact: Pat Gaughan, Program Coordinator  
Phone: (905) 639-6537 ext. 23  
Fax: (905) 639-6880  
Email: [adapt@worldchat.com](mailto:adapt@worldchat.com)

**Geographic Area Served:**  
Halton Region.

**Services Provided:**

|                        |     |
|------------------------|-----|
| Case management:       | Yes |
| Outpatient:            | Yes |
| Residential:           | No  |
| Withdrawal management: | No  |
| Day/evening treatment: | Yes |
| Supportive housing:    | No  |

**Treatment Interventions:**

Therapeutic/educational groups in partnership with Joseph Brant Hospital and Oakville Trafalgar Hospital, Mental Health Services. Each group is facilitated by an addiction counsellor and a mental health counsellor.

**Fee for Service?**  
No

**Inclusion Criteria for Service:**

Abstinence from substances 24 hours before any group meeting; stable enough (mental health) to attend and benefit from the group.

**Exclusion Criteria for Service:**

Unstable in terms of mental health; cannot abstain from substance use for 24 hours.

## **22. Homewood Health Centre Inc., Addictions Division**

150 Delhi Street  
Guelph ON N1E 6K9  
Contact: Janice Lace, Administrator  
Phone: (519) 824-1010 ext. 420  
Fax: (519) 824-1827  
Email: lacejani@homewoodhealth.com  
Web Site: <http://www.homewoodhealth.com>

### **Geographic Areas Served:**

We accept clients from across Canada.

### **Services Provided:**

|                        |     |
|------------------------|-----|
| Case management:       | No  |
| Outpatient:            | Yes |
| Residential:           | Yes |
| Withdrawal management: | Yes |
| Day/evening treatment: | Yes |
| Supportive housing:    | No  |

### **Treatment Interventions:**

Residential and intensive outpatient programs. Program philosophy is based on total abstinence and lifestyle change. Various treatment interventions are employed: motivational interviewing, cognitive behavioural therapy, biopsychosocial and 12-step.

### **Fee for Service?**

Yes. \$170.00/day for semi-private.

### **Inclusion Criteria for Service:**

Client is 19 years of age or older and dealing with either alcoholism, drug addiction, compulsive gambling, or nicotine dependence.

### **Exclusion Criteria for Service:**

Acutely unstable psychiatrically.

### **23. Lennox and Addington Addiction Services**

116 John Street, 3<sup>rd</sup> Floor  
Napanee ON K7R 1R2  
Contact: Stafford Murphy, Director  
Phone: (613) 354-6624; 1 (800) 420-9734  
Fax: (613) 354-0915  
Email: laas@kingston.net

#### **Geographic Areas Served:**

The county of Lennox and Addington, centered in Napanee when possible. Transportation by volunteers will be arranged for those accessing services in Napanee from other areas of the county.

#### **Services Provided:**

|                        |       |
|------------------------|-------|
| Case management:       | Yes   |
| Outpatient:            | Yes   |
| Residential:           | No    |
| Withdrawal management: | No    |
| Day/evening treatment: | No    |
| Supportive housing:    | No    |
| Other:                 | Group |

#### **Treatment Interventions:**

Cognitive behavioural therapy; biopsychosocial; solution-focused; life skills management. We are in the planning stages of offering a concurrent disorder group with the Lennox and Addington Community Mental Health Services which is preparing an Assertiveness Communities Team with an addiction specialist contracted from our agency as part of the team.

#### **Fee for Service?**

No

#### **Inclusion Criteria for Service:**

Any individual or family member needing support for an addiction related problem, who also has a chronic mental illness and requests our assistance in collaboration with mental health services.

#### **Exclusion Criteria for Service:**

Individual unable or unwilling to engage in group/individual output counselling or case management services.

## 24. Nipissing Detoxification and Substance Abuse Programs

North Bay General Hospital  
2025 Main Street West  
North Bay ON P1B 2X6  
Contact: Jadwiga Binczak, Inpatient Program Counsellor/Team Leader  
Phone: (705) 476-6240  
Fax: (705) 476-6889

### Geographic Area Served:

North Bay area with an acceptance of clients from all other areas.

### Services Provided:

|                        |     |
|------------------------|-----|
| Case management:       | No  |
| Outpatient:            | Yes |
| Residential:           | Yes |
| Withdrawal management: | Yes |
| Day/evening treatment: | Yes |
| Supportive housing:    | No  |

### Treatment Interventions:

Cognitive behavioural therapy; rational-emotive therapy; humanistic model; 12-step; Alcoholics Anonymous; human relation therapy.

### Fee for Service?

No

### Inclusion criteria for service:

Clients diagnosed with a mental health disorder and substance abuse/dependence disorder.

### Exclusion criteria for service:

Clients severely affected by mental health illness; clients remaining on benzo-diazapines and/or narcotics.

## 25. North York General Hospital, Addiction Program

Branson Site, 555 Finch Avenue West  
Toronto ON M2R 1N5  
Contact: Brenda Formusa  
Phone: (416) 635-2437  
Fax: (416) 635-2441

### Geographic Area Served:

North York.

### Services Provided:

|                        |                          |
|------------------------|--------------------------|
| Case management:       | Yes                      |
| Outpatient:            | Yes                      |
| Residential:           | No                       |
| Withdrawal management: | Yes                      |
| Day/evening treatment: | Yes (day treatment only) |
| Supportive housing:    | No                       |

### Treatment Interventions:

Individual counselling and case management; appointments with physician/psychiatrist; groups on stress management; psycho-educational groups on dependency, relapse prevention and process of addiction; special group for seriously mentally ill clients with substance abuse issues; availability of cognitive behavioural therapy, referral to day hospital; harm reduction program.

### Fee for Service?

No

### Inclusion Criteria for Service:

Clients with a concern about a dependence with or without a psychiatric diagnosis; clients contemplating sobriety as a harm reduction program; an abstinence-based program is also offered.

### Exclusion Criteria for Service:

Actively psychotic; anti-social behaviour; acting out or violent behaviour.



## 26. Northwestern Concurrent Disorders Program

580 North Algoma Street  
Thunder Bay ON P7B 5N1  
Contact: Ernie Senf, Acting Program Coordinator  
Phone: (807) 343-4391  
Fax: (807) 346-5204

### Geographic Area Served:

Northwestern Ontario.

### Services Provided:

|                        |     |
|------------------------|-----|
| Case management:       | Yes |
| Outpatient:            | Yes |
| Residential:           | Yes |
| Withdrawal management: | Yes |
| Day/evening treatment: | No  |
| Supportive housing:    | Yes |

### Treatment Interventions:

Motivational enhancement; relapse prevention (group and individual); pharmacotherapy; psycho-education (group and individual); short-term hospital admissions; leisure and vocational skills groups; psychodynamically informed psychiatric care; psychotherapy.

### Fee for Service?

No

### Inclusion Criteria for Service:

Major mental disorder and substance use disorder.

### Exclusion Criteria for Service:

Those more appropriately treated in a traditional mental health or substance treatment setting.

## **27. Phoenix Residential Society, Westview (Dual Diagnosis) Program**

1770 Halifax Street  
Regina SK S4T 3A1  
Contact: Carole Eaton, Executive Director  
Phone: (306) 569-1977  
Fax: (306) 569-1986

### **Geographic Area Served:**

Regina Health District.

### **Services Provided:**

|                        |          |
|------------------------|----------|
| Case management:       | No       |
| Outpatient:            | Yes      |
| Residential:           | Yes      |
| Withdrawal management: | Yes      |
| Day/evening treatment: | Yes      |
| Supportive housing:    | Yes      |
| Other:                 | Outreach |

### **Treatment Interventions:**

Cognitive behavioural therapy (Choice Theory/Reality Therapy); Saskatchewan Model of Recovery (T. Gorski); 12-step program; principles and practise of psycho-social rehabilitation.

### **Fee for Service?**

No

### **Inclusion Criteria for Service:**

Clients must have a diagnosis of a long-term mental illness (DSM-IV) and a substance abuse or substance dependence; must be registered at the Regina Mental Health Clinic for case management function.

### **Exclusion Criteria for Service:**

Clients who do not fit the above criteria and clients from outside the Regina Health District.

## 28. Pinegate Addiction Service

336 Pine Street, Suite 200  
Sudbury ON P3C 1X8  
Contact: Gianni Vigna  
Phone: (705) 675-7022  
Fax: (705) 675-5730

### Geographic Areas Served:

Manitoulin, Espanna, Chapleau, St. Charles, Sudbury district.

### Services Provided:

|                        |     |
|------------------------|-----|
| Case management:       | Yes |
| Outpatient:            | Yes |
| Residential:           | Yes |
| Withdrawal management: | Yes |
| Day/evening treatment: | Yes |
| Supportive housing:    | Yes |

### Treatment Interventions:

Cognitive behavioural therapy; solution-focused; systems and structural therapy; narrative therapy.

### Fee for Service?

No

### Inclusion Criteria for Service:

At present, no inclusion criteria.

### Exclusion Criteria for Service:

At present, no exclusion criteria. We do not refuse clients with concurrent disorders; if unsure, we consult with doctors, psychiatrists and nurses.

## 29. Portuguese Mental Health and Addictions Program

Toronto Western Hospital  
399 Bathurst Street  
Toronto ON M5T 2S8  
Contact: M. L. Porto, Clinical Coordinator  
Phone: (416) 603-5974  
Fax: (416) 603-5049

### Geographic Areas Served:

Toronto, the Greater Toronto area as well as Northern and Southwestern Ontario (i.e., Brantford).

### Services Provided:

|                        |               |
|------------------------|---------------|
| Case management:       | Yes           |
| Outpatient:            | Yes           |
| Residential:           | No            |
| Withdrawal management: | No            |
| Day/evening treatment: | No            |
| Supportive housing:    | No            |
| Other:                 | Group program |

### Treatment Interventions:

Eclectic model using principally cognitive behavioural therapy; group approach (combination of psycho-education and narrative); family and couple therapy provided when appropriate.

### Fee for Service?

No

### Inclusion Criteria for Service:

Must speak Portuguese or have Portuguese background.

### Exclusion Criteria for Service:

Language/cultural specificity.

### **30. Clinique Double problématique**

Centre Hospitalier Pierre-Janet  
20 Pharand Street  
Hull QC J9A 1K7  
Contact: Jacques H. Roy, Head Physician  
Phone: (819) 776-8034  
Fax: (819) 776-8098  
Email: [chpj@videotron.ca](mailto:chpj@videotron.ca)

#### **Geographic Area Served:**

Outaouais, Quebec

#### **Services Provided:**

|                        |     |
|------------------------|-----|
| Case management:       | Yes |
| Outpatient:            | Yes |
| Residential:           | Yes |
| Withdrawal management: | Yes |
| Day/evening treatment: | Yes |
| Supportive housing:    | Yes |

#### **Fee for Service?**

No

#### **Inclusion Criteria for Service:**

Suffers from concurrent disorders.

#### **Exclusion Criteria for Service :**

Non-residents of Quebec.

### **31. Ranch Ehrlo Society**

Pilot Butte, SK S0G 3Z0

Contact: David Rivers, Assistant Director, Residential Care and Treatment

Phone: (306) 781-1800

Fax: (306) 757-0599

Email: [d.rivers@ehrlo.com](mailto:d.rivers@ehrlo.com)

Web Site: <http://www.ehrlo.com>

#### **Geographic Areas Served:**

The Prairies, Northwest Territories and the Yukon.

#### **Services Provided:**

|                        |           |
|------------------------|-----------|
| Case management:       | No        |
| Outpatient:            | No        |
| Residential:           | Yes       |
| Withdrawal management: | No        |
| Day/evening treatment: | No        |
| Supportive housing:    | No        |
| Other:                 | Education |

#### **Treatment Interventions:**

The program is based on a holistic treatment approach designed to meet the social, emotional, mental, physical and spiritual needs of youth; clinical services include individual and group work; relapse prevention model; cognitive behavioural therapy; motivational and other forms of therapy are utilized as necessary.

#### **Fee for Service?**

No

#### **Inclusion Criteria for Service:**

Male and female youth from ages 10-18.

#### **Exclusion Criteria for Service:**

Rarely used. The exception would be youth with such severe intellectual/behavioural disabilities that they would not benefit from the program.

### **32. Salvation Army Harbour Light**

160 Jarvis Street  
Toronto ON M5B 2E1  
Contact: Paul Casola, Medical Director/Staff Psychiatrist  
Phone: (416) 363-5058 ext. 237  
Fax: (416) 363-0072  
Email: paul.casola@utoronto.ca

#### **Geographic Areas Served:**

All of Canada but primarily Ontario.

#### **Services Provided:**

|                        |     |
|------------------------|-----|
| Case management:       | Yes |
| Outpatient:            | Yes |
| Residential:           | Yes |
| Withdrawal management: | Yes |
| Day/evening treatment: | Yes |
| Supportive housing:    | No  |

#### **Treatment Interventions:**

Outpatient treatment where abstinence is a goal, not a requirement (i.e., harm reduction); T. Gorski model for treatment of dual disorder clients; integrated inpatient treatment of both psychiatric and addiction problems using an eclectic approach including basic relapse prevention (T. Gorski); supportive therapy; cognitive therapy.

#### **Fee for Service?**

No

#### **Inclusion Criteria for Service:**

Any individual with a substance abuse disorder and psychiatric disorder who wants help in dealing with both problems.

#### **Exclusion Criteria for Service:**

Actively suicidal or homicidal clients.

### 33. Service de toxicomanie

Hôpital St-François d'Assise  
10 de L'Espinay Street  
Quebec QC G7L 3L5  
Contact: Dr. Jacques Dumont, Head of Services  
Phone: (418) 525-4315  
Fax: (418) 525-4367  
Email: jacquesdumont@videotron.ca

#### Geographic Area Served:

Quebec region, territory of the *Régie régionale de la santé et des services sociaux de Québec*.

#### Services Provided:

|                        |  |
|------------------------|--|
| Case management:       | Yes  |
| Outpatient:            | Yes  |
| Residential:           | Yes  |
| Withdrawal management: | Yes  |
| Day/evening treatment: | No   |
| Supportive housing:    | No   |
| Other:                 | On-call emergency services<br>Consultation/liaison with hospital |

#### Treatment Interventions:

Pharmacotherapy; support therapy; motivational therapy.

#### Fee for Service?

No

#### Inclusion Criteria for Service:

Also needs detoxification.

#### Exclusion Criteria for Service:

Severe psychosis not induced by substances; suicidal ideation with intent and severe risk.



### 34. South Cochrane Addictions Services

85 Pine Street South, Suite 2  
 Timmins ON P4N 2K1  
 Contact: Cécile Boegel, Director  
 Phone: (705) 264-5202  
 Fax: (705) 264-3011  
 Email: scasinc@ntl.sympatico.ca

#### Geographic Areas Served:

South Cochrane district including Timmins, Iroquois Falls, Matheson and surrounding areas.

#### Services Provided:

|                        |                      |
|------------------------|----------------------|
| Case management:       | Yes                  |
| Outpatient:            | Yes                  |
| Residential:           | No                   |
| Withdrawal management: | No                   |
| Day/evening treatment: | No                   |
| Supportive housing:    | No                   |
| Other:                 | Addiction assessment |

#### Treatment Interventions:

Cognitive behavioural therapy; brief problem-solving counselling; short-term group therapy (4 sessions); crisis intervention; long-term case management; brief solution-focused therapy.

#### Fee for Service?

No

#### Inclusion Criteria for Service:

Individual is at least 16 years of age; suffering from a diagnosed mental health disorder as well as an addiction problem or gambling; stabilized on prescribed medication; motivated to change; understanding that the aim and objective is to move toward a healthy lifestyle change; no immediate family or close ties within the same group (including spouses, parents, children, brothers, sisters); ability to speak the language of the group.

#### Exclusion Criteria for Service:

Individual exhibits current uncontrolled physically aggressive behaviour that threatens the physical safety of the group or community support worker; individual is an in-patient of a hospital and no appropriate discharge planning has taken place. Intoxicated individuals, when physiologically unstable, will be referred to the emergency department of the Timmins and District Hospital and when physiologically stable, will be given the option of a reschedule of appointment or a referral to the Cochrane District Detox Center.

### **35. Substance Abuse and Concurrent Disorders Program**

Royal Ottawa Hospital  
1145 Carling Avenue  
Ottawa ON K1Z 7K4  
Contact: Allan Wilson, Clinical Director  
Phone: (613) 722-6521 ext. 6058  
Fax: (613) 722-5048  
Email: [awilson@rohcg.on.ca](mailto:awilson@rohcg.on.ca)

#### **Geographic Area Served:**

Eastern Ontario.

#### **Services Provided:**

|                        |     |
|------------------------|-----|
| Case management:       | No  |
| Outpatient:            | Yes |
| Residential:           | Yes |
| Withdrawal management: | Yes |
| Day/evening treatment: | Yes |
| Supportive housing:    | No  |

#### **Treatment Interventions:**

Cognitive behavioural therapy; insight-oriented psychotherapy; pharmacotherapy.

#### **Fee for Service?**

No

#### **Inclusion Criteria for Service:**

Substance use disorder and other disorders.

#### **Exclusion Criteria for Service:**

Active psychotic; medical disorders.

### **36. Substance Abuse Plus, Community Mental Health Clinic**

Windsor Regional Hospital  
Community Addictions Services  
1453 Prince Road  
Windsor ON N9C 3Z4  
Contact: Sonja Grbevski, Coordinator  
Phone: (519) 257-5125  
Fax: (519) 257-5296  
Email: sforrest@wrh.on.ca

#### **Geographic Area Served:**

Essex County.

#### **Services Provided:**

|                        |     |
|------------------------|-----|
| Case management:       | No  |
| Outpatient:            | Yes |
| Residential:           | No  |
| Withdrawal management: | No  |
| Day/evening treatment: | No  |
| Supportive housing:    | No  |

#### **Treatment Interventions:**

Psycho-educational; educational.

#### **Fee for Service?**

No

#### **Inclusion Criteria for Service:**

Diagnosed mental illness and substance abuse disorder; under care of psychiatrist or Canadian Mental Health Association Concurrent Disorder Team; willing to examine and/or change substance use behaviours.

#### **Exclusion Criteria for Service:**

Not under psychiatric care; unstable and refusing psychiatric assistance/advice.

### **37. The Niagara Alcohol and Drug Assessment Service**

1 St. Paul Street, Suite 203  
St. Catharines ON L2R 7L2  
Contact: Diane Botsford, Program Supervision  
Phone: (905) 684-1183  
Fax: (905) 684-1551  
Email: [nadas@vaxxine.com](mailto:nadas@vaxxine.com)  
Web Site: <http://www.nadas.on.ca>

#### **Geographic Area Served:**

Niagara region.

#### **Services Provided:**

|                        |  |
|------------------------|--|
| Case management:       | Yes  |
| Outpatient:            | Yes (includes significant others)  |
| Residential:           | No   |
| Withdrawal management: | No   |
| Day/evening treatment: | No   |
| Supportive housing:    | No   |
| Other:                 | Panic Anxiety Disorder Group, Niagra Centre for Youth Care Dual Diagnosis Team<br>Referral to community agencies, etc. |

#### **Treatment Interventions:**

Panic/Anxiety Disorder Group is a ten-week cognitive behaviour therapy. We also have a clinician assessing and treating (community treatment services) clients at the St. Catharines General Hospital, Psychiatric Ward, and will work closely with the hospital team including attending team meetings relevant to the client.

#### **Fee for Service?**

No. Only for program manual (\$10.00) for Panic/Anxiety Disorder Group.

#### **Inclusion Criteria for Service:**

Panic/anxiety disorders pre-screened by Community Mental Health Program.

#### **Exclusion Criteria for Service:**

At present, no exclusion criteria.