



Children's sleepwear

Before 1987, every year, children in Canada suffered severe burns when their sleepwear caught fire. Since 1987, revised government safety standards have made children's sleepwear much safer because of stricter safety requirements for loose-fitting sleepwear.



Safety Tips

- Loose, baggy sleepwear can catch fire more easily than snug-fitting sleepwear.
- Do not let children sleep in baggy T-shirts and adult sleepwear because these products can catch fire more easily.
- If you make your own sleepwear for children, choose patterns that are snug-fitting when using cotton or cotton blends. When making loose-fitting sleepwear like nightgowns and bathrobes, use polyester or nylon because they do not burn as quickly as cotton.
- Always supervise children around fireplaces, stoves and campfires.
- Always keep lighters, matches and burning candles out of reach of children.

If your clothes catch fire,
STOP **DROP** **ROLL**



For more information, contact Product Safety, Health Canada, at:

Vancouver, British Columbia (604) 666-5003
Edmonton, Alberta (780) 495-2626
Calgary, Alberta (403) 292-4677
Saskatoon, Saskatchewan (306) 975-4502
Winnipeg, Manitoba (204) 983-5490

Hamilton, Ontario (905) 572-2845
Toronto, Ontario (416) 973-4705
Ottawa, Ontario (613) 952-1014
Montreal, Quebec (514) 283-5488
Longueuil, Quebec (450) 646-1353

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