Concentrations (pg/g wet wt.) of total PCBs in fatty foods from Total Diet Study in Halifax, 1994

Food	Description	Concentration
code	Description	(ppt)
A01	Milk, whole	65
A02	Milk, 2%	867
A03	Milk, 1%	14
A04	Milk, skim	170
A05	Evaporated milk, canned	183
A06	Cream, 10-12% BF	234
A07	Ice cream	258
80A	Yogurt	217
A09	Cheese	1328
A10	Cheese, cottage	1589
A11	Cheese, processed, cheddar	7012
A12	Butter	2741
B01	Beef, steak	286
B02	Beef, roast and stewing	133
B03	Beef, ground	4138
B04	Pork, fresh	352
B05	Pork, cured	1218
B06	Veal	377
B07	Lamb	524
B08	Cold cuts and luncheon meats	1758
B09	Luncheon meats, canned	0
B10	Organ meats, liver and kidney	1281
B11	Wieners	1045
C01	Eggs	1719
C02	Poultry, chicken and turkey	387
D01	Fish, marine, fresh or froz en	2822
D02	Fish, fresh water	
D03	Fish, canned	4251
D04	Shellfish, fresh or frozen	274
E01	Soups, meat, canned	98
E02	Soups, cream	8
I01	Cooking fats and salad oils	546
102	Margarine	452
L03	Dinners (cereal + vegetable + meat)	491
L04	Dinners (me at or poultry + vegetable)	383
L05	Formulae, milk base	17
L06	Formulae, soya base	
L08	Meat, poultry or eggs	212
M02	Frozen entrees (microwave or boil)	47
M03	Frozen entrees (microwave or boil)	48
M04	Frozen entrees (microwave or oven)	82
M05	Frozen entrees (microwave or oven)	404
M06	Frozen dinner, beef + veg + or-dessert	52
N01	Pizza	757
N02	French fries	111
N03	Hamburger	896
N04	Fish burger	591
N05	Chicken burger	409
N06	Hot dog	829
N07	Chicken (breaded, fried, nuggets)	408
N08	Egg breakfast on a bun	1424