

Concentrations (pg/g wet wt.) of total PCBs in fatty foods from Total Diet Study in Montreal, 1993

Food code	Description	Concentration (ppt)
A01	Milk, whole	184
A02	Milk, 2%	105
A03	Milk, 1%	52
A04	Milk, skim	48
A05	Evaporated milk, canned	344
A06	Cream, 10-12% BF	657
A07	Ice cream	335
A08	Yogurt	55
A09	Cheese	1614
A10	Cheese, cottage	302
A11	Cheese, processed, cheddar	975
A12	Butter	3341
B01	Beef, steak	396
B02	Beef, roast and stewing	123
B03	Beef, ground	908
B04	Pork, fresh	575
B05	Pork, cured	755
B06	Veal	333
B07	Lamb	275
B08	Cold cuts and luncheon meats	972
B09	Luncheon meats, canned	587
B10	Organ meats, liver and kidney	1119
B11	Wieners	899
C01	Eggs	888
C02	Poultry, chicken and turkey	627
D01	Fish, marine, fresh or frozen	5315
D02	Fish, fresh water	13440
D03	Fish, canned	3217
D04	Shellfish, fresh or frozen	4558
E01	Soups, meat, canned	103
E02	Soups, cream	457
I01	Cooking fats and salad oils	347
I02	Margarine	224
L03	Dinners (cereal + vegetable + meat)	260
L04	Dinners (meat or poultry + vegetable)	399
L05	Formulae, milk base	149
L06	Formulae, soya base	
L08	Meat, poultry or eggs	471
M02	Frozen entrees (microwave or boil)	311
M03	Frozen entrees (microwave or boil)	240
M04	Frozen entrees (microwave or oven)	548
M05	Frozen entrees (microwave or oven)	1185
M06	Frozen dinner, beef + veg + or -dessert	211
N01	Pizza	372
N02	French fries	290
N03	Hamburger	463
N04	Fish burger	717
N05	Chicken burger	641
N06	Hot dog	567
N07	Chicken (breaded, fried, nuggets)	434
N08	Egg breakfast on a bun	394