

Concentrations (pg/g wet wt.) of total PCBs in fatty foods from Total Diet Study in Ottawa, 1995

Food code	Description	Concentration (ppt)
A01	Milk, whole	143
A02	Milk, 2%	173
A03	Milk, 1%	211
A04	Milk, skim	107
A05	Evaporated milk, canned	333
A06	Cream, 10-12% BF	666
A07	Ice cream	377
A08	Yogurt	174
A09	Cheese	2234
A10	Cheese, cottage	288
A11	Cheese, processed, cheddar	1420
A12	Butter	3980
B01	Beef, steak	719
B02	Beef, roast and stewing	831
B03	Beef, ground	1416
B04	Pork, fresh	1127
B05	Pork, cured	1233
B06	Veal	592
B07	Lamb	1114
B08	Cold cuts and luncheon meats	845
B09	Luncheon meats, canned	814
B10	Organ meats, liver and kidney	1237
B11	Wieners	960
C01	Eggs	462
C02	Poultry, chicken and turkey	753
D01	Fish, marine, fresh or frozen	3300
D02	Fish, fresh water	32158
D03	Fish, canned	2421
D04	Shellfish, fresh or frozen	968
E01	Soups, meat, canned	343
E02	Soups, cream	240
I01	Cooking fats and salad oils	1628
I02	Margarine	3431
L03	Dinners (cereal + vegetable + meat)	230
L04	Dinners (meat or poultry + vegetable)	223
L05	Formulae, milk base	150
L06	Formulae, soya base	
L08	Meat, poultry or eggs	562
M02	Frozen entrees (microwave or boil)	52
M03	Frozen entrees (microwave or boil)	152
M04	Frozen entrees (microwave or oven)	210
M05	Frozen entrees (microwave or oven)	190
M06	Frozen dinner, beef + veg + or -dessert	1112
N01	Pizza	823
N02	French fries	1105
N03	Hamburger	534
N04	Fish burger	836
N05	Chicken burger	783
N06	Hot dog	1106
N07	Chicken (breaded, fried, nuggets)	1135
N08	Egg breakfast on a bun	1217