

Concentrations (pg/g wet wt.) of total PCBs in fatty foods from Total Diet Study in Toronto, 1996

Food code	Description	Concentration (ppt)
A01	Milk, whole	304
A02	Milk, 2%	76
A03	Milk, 1%	40
A04	Milk, skim	0
A05	Evaporated milk, canned	310
A06	Cream, 10-12% BF	487
A07	Ice cream	446
A08	Yogurt	42
A09	Cheese	1159
A10	Cheese, cottage	212
A11	Cheese, processed, cheddar	890
A12	Butter	3102
B01	Beef, steak	589
B02	Beef, roast and stewing	445
B03	Beef, ground	1891
B04	Pork, fresh	1932
B05	Pork, cured	930
B06	Veal	733
B07	Lamb	280
B08	Cold cuts and luncheon meats	606
B09	Luncheon meats, canned	799
B10	Organ meats, liver and kidney	371
B11	Wieners	701
C01	Eggs	414
C02	Poultry, chicken and turkey	343
D01	Fish, marine, fresh or frozen	1734
D02	Fish, fresh water	6713
D03	Fish, canned	2416
D04	Shellfish, fresh or frozen	169
E01	Soups, meat, canned	161
E02	Soups, cream	159
I01	Cooking fats and salad oils	1022
I02	Margarine	922
L03	Dinners (cereal + vegetable + meat)	110
L04	Dinners (meat or poultry + vegetable)	299
L05	Formulae, milk base	16
L06	Formulae, soya base	
L08	Meat, poultry or eggs	328
M02	Frozen entrees (microwave or boil)	125
M03	Frozen entrees (microwave or boil)	127
M04	Frozen entrees (microwave or oven)	45
M05	Frozen entrees (microwave or oven)	79
M06	Frozen dinner, beef + veg + or -dessert	198
N01	Pizza	538
N02	French fries	341
N03	Hamburger	594
N04	Fish burger	374
N05	Chicken burger	383
N06	Hot dog	685
N07	Chicken (breaded, fried, nuggets)	781
N08	Egg breakfast on a bun	451