

**Concentrations (pg/g wet wt.) of total PCBs in fatty foods from Total Diet Study in Vancouver, 1995**

Food code	Description	Concentration (ppt)
A01	Milk, whole	122
A02	Milk, 2%	52
A03	Milk, 1%	33
A04	Milk, skim	38
A05	Evaporated milk, canned	128
A06	Cream, 10-12% BF	599
A07	Ice cream	248
A08	Yogurt	6
A09	Cheese	912
A10	Cheese, cottage	44
A11	Cheese, processed, cheddar	576
A12	Butter	1674
B01	Beef, steak	171
B02	Beef, roast and stewing	855
B03	Beef, ground	732
B04	Pork, fresh	298
B05	Pork, cured	466
B06	Veal	350
B07	Lamb	93
B08	Cold cuts and luncheon meats	631
B09	Luncheon meats, canned	939
B10	Organ meats, liver and kidney	1794
B11	Wieners	775
C01	Eggs	651
C02	Poultry, chicken and turkey	293
D01	Fish, marine, fresh or frozen	757
D02	Fish, fresh water	2456
D03	Fish, canned	2399
D04	Shellfish, fresh or frozen	370
E01	Soups, meat, canned	15
E02	Soups, cream	61
I01	Cooking fats and salad oils	1298
I02	Margarine	356
L03	Dinners (cereal + vegetable + meat)	72
L04	Dinners (meat or poultry + vegetable)	63
L05	Formulae, milk base	1
L06	Formulae, soya base	
L08	Meat, poultry or eggs	283
M02	Frozen entrees (microwave or boil)	84
M03	Frozen entrees (microwave or boil)	25
M04	Frozen entrees (microwave or oven)	46
M05	Frozen entrees (microwave or oven)	104
M06	Frozen dinner, beef + veg + or -dessert	44
N01	Pizza	617
N02	French fries	674
N03	Hamburger	99
N04	Fish burger	1419
N05	Chicken burger	482
N06	Hot dog	501
N07	Chicken (breaded, fried, nuggets)	191
N08	Egg breakfast on a bun	529