

DON'T LET YOUR CHILDREN BE A TARGET. MAKE YOUR HOME SMOKE-FREE.

Over one million children are exposed to second-hand smoke every day. Second-hand smoke contains over 4,000 chemicals and has been linked to croup, asthma, bronchitis, middle ear infections, sudden infant death syndrome (SIDS), pneumonia, leukemia and other cancers in children.

What can you do?

The only way to protect your loved ones is by making your home 100% smoke-free. Smoking with a window open, using an air purifier or smoking in another room does not reduce the risk.

To learn how to make your home smoke-free or for resources on how you can guit smoking, visit www.GoSmokefree.ca or call 1 800 O-Canada (1 800 622-6232) TTY/TDD: 1 800 465-7735





