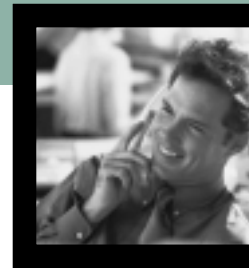
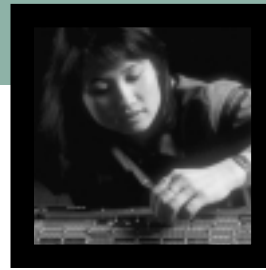
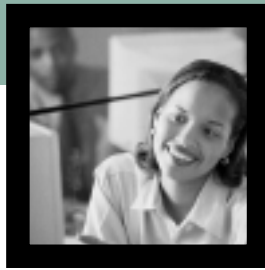
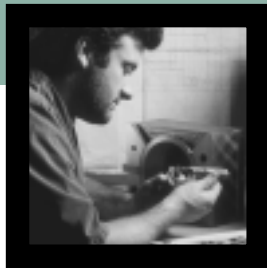




# A healthy workplace



## ...it's money in the bank



### How?

Research shows that healthy employees in a safe, healthy and supportive workplace help businesses to keep a competitive edge. You will:

- get — and keep — the best employees
- keep absenteeism rates down
- encourage employees to be fully productive
- reduce the number of injury and illness claims
- encourage a higher quality of work, more creativity and better client service



**Promoting health** in your workplace doesn't have to be complicated, expensive or time-consuming. It could be as simple as re-organizing the work space, posting health and safety information, or encouraging employees to participate in decisions that affect their jobs.

**You decide what's right for your workplace.**



**Find out more** about what you and your employees can do to promote health in your workplace. Contact Health Canada at (613) 954-8857 to receive a free copy of *Health Works: A "how-to" for health and business success*.

It just makes sense.

Canada