



Catalogue no. 21-020-XIE

Food Statistics

2003, vol. 3, no. 2



Statistics Canada Statistique Canada

Canada

How to obtain more information

Specific inquiries about this product and related statistics or services should be directed to: Client Services, Agriculture Division, Statistics Canada at 1-800-465-1991 or by email, agriculture@statcan.ca.

For information on the wide range of data available from Statistics Canada, you can contact us by calling one of our toll-free numbers. You can also contact us by e-mail or by visiting our Web site.

National inquiries line	1 800 263-1136
National telecommunications device for the hearing impaired	1 800 363-7629
Depository Services Program inquiries	1 800 700-1033
Fax line for Depository Services Program	1 800 889-9734
E-mail inquiries	infostats@statcan.ca
Web site	www.statcan.ca

Ordering and subscription information

This product, Catalogue no. 21-020-XIE, is available on Internet free. Users can obtain single issues at <http://www.statcan.ca/cgi-bin/downpub/freepub.cgi>.

Standards of service to the public

Statistics Canada is committed to serving its clients in a prompt, reliable and courteous manner and in the official language of their choice. To this end, the Agency has developed standards of service which its employees observe in serving its clients. To obtain a copy of these service standards, please contact Statistics Canada toll free at 1 800 263-1136.



Statistics Canada
Agriculture Division

Food Statistics

2003, vol. 3, no. 2

Published by authority of the Minister responsible for Statistics Canada

© Minister of Industry, 2004

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise without prior written permission from Licence Services, Marketing Division, Statistics Canada, Ottawa, Ontario, Canada K1A 0T6.

October 2004

Catalogue no. 21-020-XIE

Frequency: semi-annual

ISSN: 1705-2920

Ottawa

La version française de cette publication est disponible sur demande (n° 21-020-XIF au catalogue)

Note of appreciation

Canada owes the success of its statistical system to a long-standing partnership between Statistics Canada, the citizens of Canada, its businesses, governments and other institutions. Accurate and timely statistical information could not be produced without their continued cooperation and goodwill.

Symbols

The following standard symbols are used in Statistics Canada publications:

- . not available for any reference period
- .. not available for a specific reference period
- ... not applicable
- 0 true zero or a value rounded to zero
- 0^s value rounded to 0 (zero) where there is a meaningful distinction between true zero and the value that was rounded
- ^p preliminary figures
- ^r revised figures
- ^x confidential to meet secrecy requirements of the Statistics Act
- ^E use with caution
- F too unreliable to be published

Note: Due to rounding, totals may not add.

This publication was prepared under the direction of the Dairy/Food Unit:

Kimberley Boyuk, Unit Head

Tabitha Frizzell, Statistical Officer

Pat Chandler, Statistical Officer

Anna Michalowska, Statistical Officer

Denise Barbe, Statistical Assistant

Acknowledgement

Agriculture Division would like to acknowledge the contribution of the Food Bureau (Agriculture and Agri-Food Canada) and the Nutrition and Healthy Eating Unit (Health Canada) to this program.

Table of Contents	Page
Highlights	6
Concepts, Methods and Sources	9
Tables	
1. Canada's Food Sector at a Glance	12
2. Food Disappearance by Major Group, per Person	18
3. Food Consumed by Major Group, per Person	21
4. Food Disappearance, by Commodity	24
5. Food Consumed, by Commodity	29
6. Nutrients Available from the Canadian Food Supply	34
7. Nutrients Consumed from the Canadian Food Supply	35
8. Comparison Table between Canada and United States	36
Footnotes for Table 8	38



NOTE: This publication represents a small portion of information available from *[Canada Food Stats](#)* (23F0001XCB), a CD-ROM product. The powerful and friendly system gathers data from across Statistics Canada and even includes data from other organizations. It contains information on food consumption and prices, nutrition, supply and demand, as well as data on the food industry, processing, employment, productivity, imports and much more. In addition, *Canada Food Stats* provides a reservoir of written articles and analysis relevant to food from production to processing to consumption.

Food Consumption in Canada – 2003

More fruits are being added to Canadian diets. Though traditional fruits and vegetables are still the main choice, tropical and foreign produce are taking hold.

As consumption of food in general increases so does caloric intake. The energy level in Canadian diets continues its slow creep up.

Fruits & vegetables are ripe for the picking

Canadians continue to increase fruit consumption with the majority of it being fresh fruit. Bananas, apples and oranges are still the fruits of choice as Canadians consume a large variety of different fruits. The consumption of papayas, though low, has doubled in just over ten years. Pineapple consumption has tripled during this time and now surpasses peaches, which are grown in parts of Canada.

On average, a Canadian consumed 77 kg of fresh vegetables in 2003, with nearly half of it being potatoes. Lettuce, carrots, onions and tomatoes were the next most consumed vegetables, yet added all together they constituted just over half of the volume of potatoes.

New vegetables are continuously being incorporated into the Canadian diet. In just over 15 years, eating patterns of Canadians have changed to now include nearly half a kilogram of Chinese cabbage per year. This is on par with our consumption of radishes and nearly triple that of fresh peas. Sweet potatoes have also grown in popularity, doubling in just 10 years.

The consumption of juice has dipped slightly from 2002, remaining around 25 litres per Canadian. Orange is still the juice of choice (12.4 litres) and is nearly double that of apple, the second preferred juice. Vegetable juices comprise a small portion of juice consumption.

Fruits and vegetables contribute fiber, vitamins -- such as A and C, and minerals to diets. Along with grain products, Canada's Food Guide to Healthy Eating recommends that vegetables and fruits should constitute the major components of a healthy eating pattern.

Oils and fats continue to rise

Though Canadians have reduced their consumption of margarine, the overall ingestion of oils and fats continues to rise. It is boosted by the increased usage of salad oils and shortening oils by households and/or food service outlets in salad dressing, deep-fried products and baked goods such as cookies, pastries, specialty breads and croissants.

Canada's Food Guide to Healthy Eating recommends to choose lower-fat foods more often. Though oils and fats do provide some essential lipids and vitamin E to diets, they are also high in calories.

Slowly becoming hooked on fish

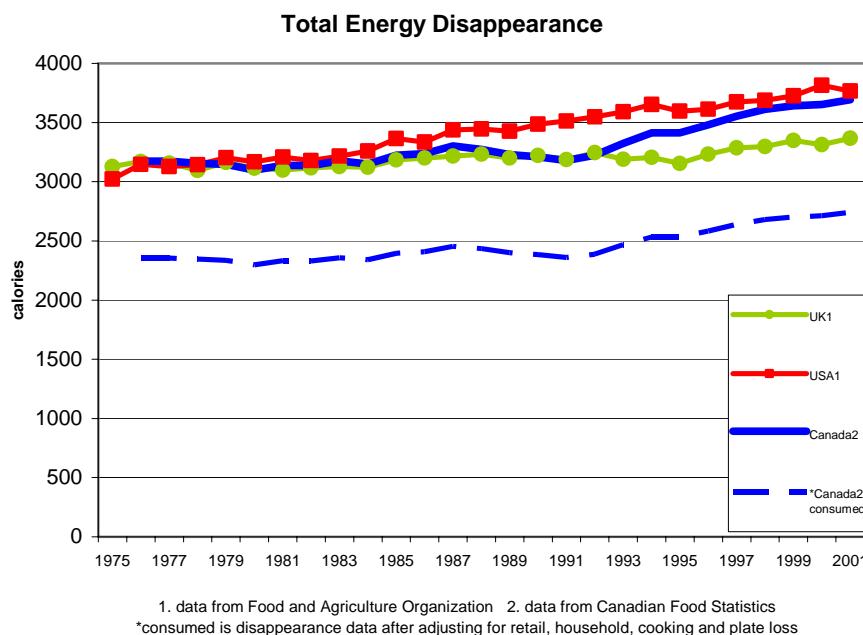
The consumption of fish decreased slightly in 2003 to reach 6.9 kg. Besides being a good source of protein, seafood, including fish, is low in saturated fat. Fish also offers potential health benefits from omega-3 fatty acids along with several vitamins and minerals. Even with all these good attributes, when given the choice between red meat, poultry or fish, Canadians consume fish the least. However, marketing and promotional campaigns, and the availability of convenient and easy to prepare products have been factors contributing to boosting fish consumption.

Calories are creeping up

The level of energy consumed per person rose slightly in 2003. Caloric consumption has been rising between 1 and 3 percent year-over-year since 1993.

Prior to 1980 energy disappearance for the United States, United Kingdom and Canada were at a similar level. Around 1980, the American caloric disappearance began to rise, yet Canadian caloric disappearance mirrored that of the United Kingdom remaining stable. However, since 1993 Canadian caloric disappearance has begun to rise and by 2001 it had nearly reached the level of that found in the United States. The energy disappearance of the United Kingdom has only increased moderately during this time.

Many reasons can account for the increase of energy disappearance in Canada from 1993 on. In the early 1990s Canada was just coming out of a recession, people had discretionary money to spend again. With the ease of drive-thru restaurants and the demands of everyday life – long days in the office, transporting children to hockey practice, music lessons, etc. – people increased their frequency of buying meals from restaurants, especially fast food establishments. Another possible reason may be the influence of American culture on Canadian society and the integration of the North American food industry. With the ease of franchising, more and more fast food restaurants of all kinds, including coffeehouses, have become established in Canada.



Though it is suggested that 25 to 35 percent of an adult's energy comes from fat, currently fat makes up 35% of energy intake. The good news is that this proportion has been on the decline since 1998.

Just over half of the calories come from carbohydrates, which consist of sugars and starches, the body's main source of fuel. This is what many experts advise for carbohydrate caloric intake. Energy from cereal products accounts for approximately 40% of these calories. If whole-grain cereals are chosen, they are low in fat with little or no cholesterol and a good source of dietary fiber, vitamins and minerals. Sugars are the next largest contributors accounting for a quarter of the calories from carbohydrates. Unlike whole-grain cereal products, refined sugars may provide fuel for the body, but provide very little nutritional benefit otherwise.

Proteins make up just over 10% of caloric intake and it has been falling since 1992. Proteins supply the elements needed to build, repair and maintain body tissues. The highest contributor of protein in Canadian diets is cereal products. Although proportionally lower in protein than meat, Canadians consume considerably more cereals than the other main contributors -- red meats and dairy products.

Vitamins and minerals

With the overall increase in the consumption of food, the ingestion of vitamins and minerals, which play an integral part in how well the body functions, has also increased.

Vitamin C is one of the vitamins whose level has increased year-over-year. Vitamin C is found primarily in plant sources especially citrus fruits such as oranges, grapefruits and lemons. It can also be found in other fruits and vegetables such as berries, melons, many dark-green leafy vegetables, potatoes and tomatoes. Though many have heard of vitamin C and associate it with winter and the common cold season or with scurvy during old sailing times, vitamin C plays many different roles in the body. It helps produce collagen, a connective tissue that holds muscles, bones and other tissues together. It also helps firm up capillary walls, protecting them from bruising. Vitamin C aids in the absorption of iron from plant sources and helps to keep gums healthy. Finally, vitamin C helps heal cuts and wounds and can protect the body from infection by aiding in keeping the immune system healthy.

Concepts, methods and sources

Introduction

This publication represents a small portion of information available from *Canada Food Stats*, a CD-ROM product. The powerful and friendly system gathers data from across Statistics Canada and even includes data from other organizations. It contains information on food consumption and prices, nutrition, supply and demand, as well as data on the food industry, processing, employment, productivity, imports and much more. In addition, *Canada Food Stats* provides a reservoir of written articles and analysis relevant to food from production to processing to consumption.

Data presented in this bulletin are compiled from a wide variety of sources, both survey and administrative, and from various divisions within Statistics Canada along with other government departments. More information can be obtained from the Statistics Canada web site or by contacting the Agriculture Division directly. As this bulletin features food consumption statistics, a summary of the concepts and methods used for these data series has been provided.

Concepts and methods

Statistic Canada's Agriculture Division has produced data depicting the amount of food that is available for consumption or estimated quantities of food consumed in Canada as far back as 1960. Food available for consumption does not account for losses in stores, households, private institutions or restaurants. Estimated quantities of food consumed are based on availability adjusted for retail, household, cooking and plate loss.

The nutrient consumed tables estimate the amount of each type of nutrient actually consumed on a daily basis by Canadians. They have been derived by adjusting the nutrients available from the Canadian food supply to account for retail, household, cooking and plate loss. As the factors used to adjust the food available data are estimates themselves, considerable caution should be used when working with the data –the data should be viewed as experimental.

The nutritional data are derived by applying nutritional equivalent factors to the retail weight of apparent per capita disappearance data, often used as a proxy for food consumption. The Food Bureau of Agriculture and Agri-Food Canada developed these factors in cooperation with Statistics Canada. The factors were applied to each food or beverage type and then summed to derive subtotals or totals. They remain consistent over time starting in 1976. Consequently, the nutritional data are a subset of the Food Consumption in Canada data series. This data series is more correctly termed per capita disappearance.

Disappearance refers to the amount of food available for consumption and is derived residually using supply-disposition tables. All components of supply are added together and all uses (disposition) other than consumption are deducted. The resulting amount is assumed to be available for human consumption.

To calculate total supply, beginning stocks, production and imports are added together. Net supply is then derived by subtracting disposition items including exports,

manufacturing uses, feed, waste and ending stocks. The net supply is divided by the Canadian population at July 1 to obtain per capita values or disappearance per person.

The data for the numerous supply-disposition tables are obtained from a myriad of survey, administrative and other sources. Each food commodity table is unique.

In general, beginning stocks are those quantities of fresh and frozen food products held in storage at January 1 while ending stocks refer to year-end inventories (December 31). Stock and production data are obtained through surveys of producers and food processors. Import and export data are provided by the International Trade Division of Statistics Canada. Manufacturing data include requirements for processing, seed, animal feed and industrial use. Processed foods are then accounted for directly.

Traditionally, the waste factors attempt to account for quantities removed during processing or lost in storage. They do not allow for losses in stores, households, restaurants or institutions during storage and preparation or for unconsumed food. Consequently, the disappearance data are sometimes referred to as "apparent" to remind users of this data limitation. The nutrients consumed are not apparent but rather represent Statistics Canada's best estimate of actual consumption as the disappearance data were adjusted to account for food losses not previously accounted for.

The new waste adjustment factors account for losses at the retail and consumer levels, including institutions, restaurants and households. The factors attempt to account for losses or waste from storage, in the preparation of food and from the plate. The factors were provided with appreciation from the United States Department of Agriculture. Minor adjustments were made to the factors to take into account that there are some differences between the Canadian and American climate and culture. Further, the waste factors for oils were adjusted upwards in anticipation of expected adjustments to be made by the USDA.

All of the nutrient factors and waste adjustment factors are based on weight. Consequently, the waste adjustments have a limitation in that they may only partially account for losses of some nutrients as a result of cooking. For instance, more (or less) fat, fat soluble nutrients or water soluble nutrients may be wasted depending on the methods used in preparation and cooking. Although every attempt has been made to adjust the nutrient data to estimate actual consumption the data are estimates, a limitation that readers should keep in mind when working with the files. Further, these data refer to nutrients available from food and beverages and do not account for nutrients that may be provided by dietary supplements or from the water supply.

Sources

Statistics Canada:

Agriculture Division
Distributive Trades Division
Income and Expenditure Accounts Division
Industry, Measures and Analysis Division,
Input-Output Division
International Trade Division
Investment and Capital Stock Division
Labour Statistics Division
Manufacturing, Construction and Energy
Division
Micro-Economic Studies and Analysis Division
Service Industries Division

Other Departments:

Agriculture and Agri-Food Canada
Fisheries and Oceans
United States Department of
Agriculture
Ontario Ministry of Agriculture and
Food
B.C. Ministry of Agriculture and
Fisheries
Canadian Soft Drink Association
Brewers Association of Canada
Association of Canadian Distillers
Canadian Wine Institute
Canadian Bottled Water Association

Table 1. Canada's Food Sector at a Glance

	1993	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003
Gross Domestic Product											
Basic Prices (in constant 1997\$, by NAICS)											
All Industries	720,700	753,118	772,843	783,810	816,763	848,963	896,490	945,783	961,522	992,319	1,013,863
Agriculture, forestry, fishing and trapping	20,397	20,683	20,993	21,228	20,427	21,696	23,322	22,997	21,249	20,147	22,964
Manufacturing	117,004	125,812	132,123	133,569	142,282	149,390	161,536	179,827	172,943	177,432	176,973
Food	13,330	13,685	13,866	13,809	13,861	14,581	14,939	15,490	16,340	16,713	16,572
Grain and oilseed	1,542	1,607	1,388	1,127	1,139	1,154	1,180
Flour and malt	323	305	321	323	343	358	372
Sugar and confectionery	825	850	878	942	1,000	1,122	1,212	1,158	1,263	1,211	1,311
Fruit and vegetable preserving	1,520	1,474	1,606	1,629	1,858	1,760	2,032	2,064	2,288	2,275	2,068
Dairy product	2,136	2,132	2,141	1,982	1,961	2,140	2,097	2,089	2,147	2,169	2,193
Meat product	2,586	2,632	2,512	2,527	2,649	2,787	2,839	3,357	3,539	3,468	3,300
Poultry processing	789	918	952	1,029	1,063	1,046	1,041
Seafood product	757	837	822	755	721	714	841	892	851	921	929
Bakeries and tortilla	1,954	2,069	2,107	2,071	2,063	2,202	2,223
Coffee and tea	217	262	252	229	248	239	238
Other miscellaneous food	661	706	737	762	912	1,036	1,173
Miscellaneous food	4,969	5,154	5,258	5,306	4,992	5,320	5,135	4,997	5,266	5,657	5,795
Beverage	3,360	3,357	3,369	3,279	3,399	3,471	3,374	3,578	3,756	3,804	3,651
Soft drink and ice	643	603	568	591	726	915	818	847	834	868	910
Breweries	2,214	2,263	2,343	2,156	2,118	1,987	2,037	2,054	2,138	2,121	2,031
Wineeries	116	118	129	162	173	145	182	248	258	274	271
Distilleries	435	442	422	426	382	424	337	429	526	541	439
Accommodation and food services	17,705	18,324	18,982	19,084	19,652	20,779	21,630	22,560	23,117	23,235	22,642
Food services	12,733	13,658	14,485	15,075	15,600	15,508	15,344
Manufacturing											
Shipments											
Manufacturing	303,941,745	346,940,787	389,779,314	400,085,020	426,520,823	441,142,237	492,403,669	562,104,039	543,782,481	550,244,374	..
Food manufacturing	40,631,520	43,075,342	45,170,011	48,245,959	50,513,439	51,465,905	52,938,483	57,305,003	61,640,219	63,415,696	..
Grain and oilseed	3,649,869	4,313,346	4,902,515	5,671,439	6,072,587	5,946,529	5,509,553	5,105,149	5,325,207	5,766,901	..
Flour milling	716,848	847,128	972,968	1,087,338	1,123,936	993,452	1,009,128	1,051,274	1,106,437	1,232,336	..
Fat and oil	402,709	447,806	x	x	704,969	841,728	820,184	x	741,226	817,491	..
Sugar and confectionery	2,105,910	2,185,113	2,336,762	2,512,615	2,591,755	2,911,922	3,127,359	2,853,116	3,286,589	3,396,660	..
Fruit and vegetable preserving	3,821,649	3,893,964	4,115,850	4,271,186	4,357,765	4,413,257	4,945,282	5,474,348	5,785,337	6,122,251	..
Dairy product	7,361,331	7,458,678	7,856,577	8,228,170	8,177,136	8,619,947	8,785,835	9,068,181	9,876,083	9,688,164	..
Fluid milk	3,604,000	3,512,123	3,592,343	3,690,102	3,708,046	3,875,689	3,730,005	3,987,651	4,229,318	4,087,368	..
Meat product	11,821,070	12,209,396	12,311,506	13,188,225	14,335,031	14,264,973	14,760,715	17,249,533	18,971,895	18,824,431	..
Poultry	2,597,733	2,645,792	2,616,047	2,922,626	3,239,545	3,431,638	3,391,668	3,869,263	4,190,651	4,154,639	..
Seafood product	2,551,579	2,891,675	2,966,747	2,944,246	2,886,122	3,018,181	3,407,997	3,945,254	4,095,601	4,477,447	..
Bread and bakery	2,288,383	2,432,196	2,406,209	2,448,119	2,530,021	2,426,910	2,639,668	2,584,173	3,068,641	3,072,054	..
Coffee and tea	760,653	872,727	1,055,911	978,913	1,047,055	1,263,140	1,110,472	963,711	953,871	971,083	..
Beverage	6,499,216	6,704,312	6,812,942	6,939,587	7,344,261	7,933,655	8,562,122	8,564,038	8,580,262	8,737,741	..
Soft drink and ice	2,296,441	2,289,768	2,355,713	2,507,721	2,752,029	3,123,741	3,062,323	3,020,149	3,127,948	3,210,620	..
Breweries	3,105,659	3,257,299	3,283,818	3,212,329	3,379,651	3,431,454	4,054,887	3,940,221	3,859,874	3,811,581	..
Wineries	302,502	302,581	322,036	373,524	413,514	409,182	500,498	656,866	656,809	695,518	..
Distilleries	794,614	854,664	851,375	846,013	799,067	969,278	944,414	946,802	935,631	1,020,022	..

Table 1. Canada's Food Sector at a Glance

	1993	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003
(\$ 000)											
Manufacturing Value Added											
Manufacturing	119,993,281	138,441,331	157,145,559	155,923,980	169,327,079	178,824,059	202,341,612	226,730,533	214,573,774	217,257,503	..
Food manufacturing	13,930,606	14,810,014	14,835,716	15,199,096	16,343,838	17,288,466	18,364,225	18,926,442	20,208,580	20,299,719	..
Grain and oilseed	1,263,564	1,479,833	1,622,055	1,657,143	1,957,809	1,912,383	1,758,331	1,615,175	1,817,165	1,799,523	..
Flour milling	176,524	178,401	239,060	220,102	304,162	332,795	319,821	328,551	342,187	292,055	..
Fat and oil	118,200	120,104	x	189,923	228,378	292,161	x	332,760	388,288
Sugar and confectionery	1,074,233	1,062,063	1,079,791	1,193,849	1,178,785	1,411,744	1,560,098	1,447,420	1,584,154	1,621,356	..
Fruit and vegetable preserving	1,836,542	1,883,181	1,941,100	1,844,337	2,061,447	1,994,395	2,298,515	2,476,098	2,701,429	2,672,417	..
Dairy product	2,110,345	2,192,119	1,996,346	2,189,657	2,237,022	2,392,621	2,994,993	2,387,423	2,723,691	2,497,224	..
Fluid milk	979,279	985,470	1,030,842	1,120,521	1,217,388	1,303,554	1,154,298	1,266,661	1,174,734	1,151,787	..
Meat product	2,681,305	2,814,937	2,853,718	3,095,530	3,307,703	3,699,599	3,525,834	4,027,911	4,336,876	4,190,311	..
Poultry	803,168	839,169	733,079	899,157	930,898	1,074,226	1,127,161	1,181,441	1,187,733	1,085,976	..
Seafood product	815,340	916,567	911,308	809,168	794,106	888,309	1,041,337	1,127,091	1,157,962	1,275,863	..
Bread and bakery	1,344,127	1,468,090	1,425,925	1,383,667	1,446,957	1,366,302	1,454,443	1,405,131	1,592,069	1,732,448	..
Coffee and tea	373,211	368,560	365,373	337,024	322,747	334,943	339,722	308,047	311,904	341,832	..
Beverage	3,993,469	4,077,703	3,868,706	4,058,164	4,348,234	4,700,154	5,095,239	5,090,698	5,066,738	5,116,529	..
Soft drink and ice	963,620	827,081	711,741	860,488	989,390	1,191,299	1,037,058	1,156,184	1,101,478	1,257,530	..
Breweries	2,363,617	2,509,335	2,443,393	2,422,292	2,608,059	2,639,394	3,214,359	2,959,097	2,973,883	2,807,224	..
Wineries	156,160	170,056	159,725	202,968	218,561	198,405	255,149	347,580	379,859	412,064	..
Distilleries	510,072	571,231	553,847	572,416	532,224	671,056	588,673	627,837	611,518	639,711	..
(no. of establishments)											
Number of establishments											
Manufacturing	31,630	30,665	31,445	34,747	33,079	32,153	29,822	53,399	54,031	54,346	..
Food manufacturing	2,998	2,944	2,953	3,133	3,041	3,664	3,467	5,533	5,545	5,444	..
Grain and oilseed	x	x	100	105	109	107	108	168	177	169	..
Flour milling	x	x	x	x	42	41	45	69	75	77	..
Fat and oil	12	12	13	11	12	14	13	13	18	17	..
Sugar and confectionery	96	96	x	118	116	101	118	183	189	194	..
Fruit and vegetable preserving	202	195	204	225	218	216	211	377	372	377	..
Dairy product	295	282	275	280	x	261	243	440	434	436	..
Fluid milk	139	125	116	113	111	105	96	191	179	178	..
Meat product	x	558	564	588	580	522	498	777	769	789	..
Poultry	105	101	103	x	100	97	89	156	157	157	..
Seafood product	x	404	395	x	x	429	391	708	700	687	..
Bread and bakery	482	462	455	496	462	1,243	1,158	1,559	1,547	1,459	..
Coffee and tea	x	x	x	x	x	39	41	71	73	75	..
Beverage	214	211	246	242	230	216	208	472	490	520	..
Soft drink and ice	116	115	124	126	x	116	110	165	174	184	..
Breweries	44	47	68	61	58	50	50	135	130	127	..
Wineries	34	30	35	36	x	32	31	152	168	188	..
Distilleries	20	19	19	19	18	x	18	20	18	21	..

Table 1. Canada's Food Sector at a Glance

	1993	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003
Employment											
Number of Employees											
Industrial aggregate including unclassified	10,817,422	10,980,582	11,214,675	11,298,867	11,632,365	11,893,950	12,066,339	12,474,625	12,766,093	13,064,079	13,328,410
Manufacturing	1,681,834	1,716,245	1,748,443	1,788,952	1,855,391	1,916,170	1,955,914	2,047,798	2,037,873	2,052,050	2,046,784
Beverage	26,914	28,090	27,890	24,661	26,778	28,943	28,775	30,298	31,247	32,621	31,611
Food manufacturing	210,254	210,941	209,853	217,599	219,833	226,471	228,779	238,354	245,343	255,104	256,866
Fruit and vegetable preserving	23,719	22,048	23,575	24,483	26,673	23,503	23,687	25,206	26,145	27,571	28,445
Meat product	49,271	51,099	49,715	49,910	51,744	54,343	55,053	56,545	57,662	58,581	61,398
Seafood product	27,492	27,860	25,024	29,415	29,234	31,559	29,790	30,535	31,583	32,444	29,940
Bakeries and tortilla	40,055	39,413	39,003	39,379	40,100	41,466	42,462	42,874	43,605	45,101	44,714
Other food	20,276	21,612	19,577	22,437	22,637	23,188	23,503	25,326	26,119	27,206	27,852
Wholesale trade	532,471	545,492	577,819	597,946	631,937	647,021	672,521	710,531	723,310	737,008	751,856
Food wholesaler-distributors	72,794	69,800	72,453	75,440	76,751	79,410	77,430	80,762	82,784	88,141	94,408
Retail trade	1,344,833	1,336,860	1,370,011	1,363,389	1,398,697	1,401,620	1,413,849	1,443,340	1,488,916	1,550,141	1,597,035
Food and beverage stores	327,764	337,591	352,807	349,419	356,810	361,556	368,053	373,723	383,209	398,636	419,169
Accommodation and food services	772,428	776,953	803,415	820,377	853,643	869,374	867,841	906,279	941,651	957,232	937,797
Food services and drinking places	611,694	615,481	645,271	653,815	686,500	702,839	700,472	729,564	751,433	765,327	748,950
Average Weekly Earnings											
(\$)											
Industrial aggregate	583.15	593.15	598.90	611.26	623.63	632.93	640.71	655.91	667.28	680.90	689.66
Manufacturing	688.88	705.67	712.75	733.82	752.42	770.92	782.43	796.89	808.10	830.14	842.33
Beverage	735.25	750.00	730.78	749.78	757.53	828.45	862.67	913.97	935.43	955.64	944.93
Food manufacturing	567.19	573.43	581.91	597.76	602.69	612.29	615.94	631.66	649.83	672.82	691.30
Fruit and vegetable preserving	578.16	607.07	604.66	628.62	625.84	661.94	697.58	721.92	726.11	744.88	762.51
Meat product	567.84	564.41	585.97	597.60	606.18	631.43	632.22	638.84	639.81	655.42	680.06
Seafood product	452.99	447.62	473.82	497.61	529.98	520.32	494.07	511.73	532.81	564.38	596.27
Bakeries and tortilla	502.31	505.19	501.56	512.86	505.55	517.16	521.50	527.56	553.79	586.00	595.57
Other food	540.32	556.56	543.12	571.79	592.31	604.24	626.01	651.13	690.96	716.42	713.35
Wholesale trade	671.45	689.50	707.51	716.65	736.89	759.05	758.60	762.84	774.87	778.70	790.21
Food wholesaler-distributors	531.06	555.84	557.05	561.93	577.71	595.24	606.79	582.85	573.70	583.43	582.21
Retail trade	376.48	387.31	391.05	395.53	405.29	416.97	423.00	425.62	431.06	434.46	444.59
Food and beverage stores	379.05	389.91	385.91	385.83	390.39	398.81	400.83	389.03	389.07	391.98	396.86
Accommodation and food services	240.45	252.32	257.59	262.96	259.65	255.08	259.54	273.30	286.00	292.02	278.10
Food services and drinking places	221.02	231.61	236.96	241.51	238.58	235.25	237.05	248.97	260.57	268.92	257.38

Table 1. Canada's Food Sector at a Glance

	1993	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003
(index 1992=100)											
Labour Productivity: GDP Per Hour Worked											
Business Sector	101.5	105.2	107.7	107.5	110.3	112.1	115.2	117.8	118.8
Manufacturing - Food industries	101.9	104.2	106.9	103.0	102.7
Meat and meat products industry	89.4	85.5	84.3	78.6	73.5
Poultry industry	113.9	128.6	118.5	116.8	111.3
Fish industry	125.3	140.0	134.6	117.7	108.9
Fruit and vegetable industry	116.1	116.3	126.1	129.6	141.9
Dairy industry	97.8	102.9	103.1	101.9	105.6
Miscellaneous food products industries	93.3	91.1	98.9	98.3	94.8
Biscuit industry	108.8	106.8	97.0	97.8	93.2
Bread and other bakery products industry	109.7	111.9	111.6	103.4	103.6
Beverage industry	103.7	105.5	110.0	111.9	116.6
Soft drink industry	97.7	91.0	84.1	89.3	105.2
Distillery industry	98.9	112.1	126.6	144.5	125.9
Brewery industry	106.5	110.6	120.5	125.6	127.4
Wine industry	97.3	120.6	119.1	144.0	148.3
Investment and Capital Stock											
(\$ 000 000)											
Capital and Repair Expenditures											
Manufacturing	..	22,945	25,532	26,015	29,658	31,297	31,718	32,025	29,405	27,675	..
Food manufacturing	..	1,776	1,831	2,030	1,976	2,298	2,476	1,829	1,947	2,441	..
Grain and oilseed milling	..	199	247	269	283	237	252	143	146	159	..
Sugar and confectionery product manufacturing	..	144	114	157	150	217	214	253	212	311	..
Fruit and vegetable preserving	..	174	235	307	250	331	306	366	361	420	..
Dairy product manufacturing	..	240	257	204	231	232	377	183	230	387	..
Meat product manufacturing	..	360	309	476	292	622	660	377	338	330	..
Seafood product preparation and packaging	..	131	113	116	133	116	105	80	104	149	..
Bakeries and tortilla manufacturing	..	269	255	226	291	213	258	173	220	315	..
Other food manufacturing	..	171	182	177	173	95	149	150	210	249	..
Beverage and tobacco product manufacturing	..	525	531	478	559	868	712	593	717	706	..
Soft drink and ice manufacturing	..	169	115	118	172	304	224	176	135	221	..
Prices											
Consumer Price Index											
(index 1992=100)											
All items	101.8	102.0	104.2	105.9	107.6	108.6	110.5	113.5	116.4	119.0	122.3
Food	101.7	102.1	104.5	105.9	107.6	109.3	110.7	112.2	117.2	120.3	122.4
Meat (excluding poultry)	105.2	106.7	107.1	105.9	108.3	105.8	106.0	112.6	127.1	129.9	131.0
Poultry	102.3	98.1	97.4	105.2	108.3	107.9	111.1	112.2	117.5	118.5	124.2
Fish	105.1	104.0	106.6	104.5	103.9	107.2	115.1	116.3	120.1	119.9	119.3
Dairy products	99.5	99.1	101.7	103.4	106.2	108.7	110.0	111.8	115.4	118.8	122.3
Eggs	98.2	101.3	109.3	116.3	121.6	123.2	122.3	124.0	129.3	133.9	140.4
Bakery products	100.7	101.5	104.2	108.3	110.0	109.2	110.3	111.5	115.5	119.2	126.1
Fresh fruit	99.4	98.6	96.2	97.4	95.0	99.4	102.5	97.1	108.4	113.1	109.1
Fresh vegetables	109.7	103.0	102.3	90.8	93.6	104.8	102.3	104.3	112.1	122.3	112.7
Sugars and confectionary	104.6	108.7	117.8	120.9	124.2	131.0	134.8	136.3	139.4	142.0	150.5
Fats and oils	100.1	103.1	110.6	113.2	114.3	117.2	122.1	121.5	123.4	126.1	130.8

Table 1. Canada's Food Sector at a Glance

		1993	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003
Trade	Imports by Major Group											
	Total, import commodity classes	169,953	202,736	225,553	232,557	272,946	298,386	320,379	356,992	343,127	348,718	335,250
	Food, feed, beverages and tobacco	10,098	11,597	12,222	12,955	14,364	15,858	16,249	16,978	18,688	20,196	19,952
	Meat and meat preparations	992	1,137	1,134	1,034	1,200	1,251	1,280	1,404	1,636	1,681	1,597
	Fish and marine animals	996	1,126	1,287	1,470	1,434	1,636	1,870	1,929	1,945	1,935	1,811
	Fresh fruits and berries	1,284	1,303	1,387	1,418	1,503	1,581	1,646	1,679	1,815	2,021	2,013
	Dried fruits, fruits and fruit preparations	648	693	746	861	901	935	1,020	1,004	992	1,076	1,058
	Fresh vegetables	945	950	1,054	972	1,113	1,234	1,214	1,387	1,502	1,700	1,640
	Other vegetables and vegetable preparations	644	700	718	761	838	964	1,050	1,049	1,135	1,277	1,215
	Cocoa, coffee, tea and other food preparations	1,453	2,089	2,057	2,132	2,590	2,949	2,865	2,817	2,947	3,336	3,423
	Dairy produce, eggs and honey	245	266	276	352	355	410	438	488	581	584	569
	Corn (maize) shelled	158	159	217	251	250	284	228	300	555	733	597
	Other cereals and cereal preparations	633	750	805	891	998	1,137	1,164	1,244	1,380	1,485	1,417
	Sugar and sugar preparations	744	867	879	971	1,036	1,101	992	1,034	1,220	1,183	1,227
	Beverages	746	873	959	1,015	1,215	1,456	1,669	1,735	1,910	2,031	2,301
	Exports by Major Group											
	Total, export commodity classes	187,515	225,679	262,267	275,819	298,072	318,444	355,420	413,215	404,085	396,379	380,756
	Food, feed, beverages and tobacco	12,571	14,091	15,790	18,023	19,905	19,230	20,381	22,261	24,788	24,627	23,917
	Fish, fresh, frozen, preserved and canned	2,667	2,998	3,174	3,130	3,158	3,337	3,880	4,149	4,291	4,778	4,544
	Barley	384	489	422	786	652	295	259	363	393	195	174
	Wheat	2,885	3,537	4,064	4,655	5,367	4,137	3,481	3,688	3,886	3,075	2,831
	Wheat flour	25	47	53	35	34	31	50	55	59	85	74
	Other cereals unmilled	235	262	356	458	421	278	338	295	307	291	302
	Other cereal preparations	580	697	814	1,037	1,138	1,316	1,472	1,624	1,865	2,092	2,189
	Meat and meat preparations	1,401	1,532	1,756	2,073	2,557	2,590	3,149	3,883	4,714	4,681	4,053
	Alcoholic beverages	852	1,025	977	1,077	1,165	1,217	1,299	1,244	1,291	1,130	1,246
	Other food, feed, beverages and tobacco	3,543	3,504	4,175	4,774	5,413	6,310	6,533	6,961	7,983	8,300	8,505
Food Services	Restaurant, Caterer, and Tavern Receipts											
	Total	20,150,298	21,514,973	22,290,573	23,436,215	24,974,460	26,993,197	28,143,902	30,244,490	32,231,083	33,134,693	33,648,879
	Full service restaurants	12,878,271	13,283,536	14,331,302	15,671,315	16,316,271	16,616,237
	Limited service restaurants	10,146,263	10,583,301	11,134,923	11,625,037	11,788,155	12,313,139
	Food service contractors	1,555,053	1,604,505	1,877,359	1,956,154	2,035,395	1,891,852
	Social and mobile caterers	608,343	634,231	690,550	697,712	753,651	738,540
	Drinking places	1,250,048	1,343,442	1,309,285	1,368,896	1,576,361	1,805,266	2,038,328	2,210,356	2,280,865	2,241,220	2,089,113
	Restaurant, Caterer, and Tavern Locations											
	Total	55,683	54,426	56,293	55,888	54,976	54,868
	Full service restaurants	22,676	21,820	22,882	23,526	23,082	23,290
	Limited service restaurants	22,926	22,396	22,279	21,355	20,596	20,860
	Food service contractors	3,364	3,502	3,636	3,778	4,202	3,902
	Social and mobile caterers	2,265	1,973	2,266	2,136	2,255	1,980
	Drinking places	4,453	4,737	5,230	5,094	4,841	4,836

Table 1. Canada's Food Sector at a Glance

	1993	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003
Sales											
Retail Trade											
Total retail, all stores											
Total retail, all stores	194,325	207,841	213,774	220,870	237,837	246,675	260,780	277,033	289,130	306,578	315,878
Supermarkets and grocery stores	47,182	48,793	49,162	48,917	51,655	53,346	54,500	56,592	58,859	62,049	65,280
All other food stores	3,445	3,831	4,332	4,417	4,294	4,318	4,389	4,498	4,793	4,778	4,906
Liquor, wine and beer stores	5,668	5,847	6,167	6,001	6,350	6,725	7,266	7,659	8,209	8,775	9,195
Wholesale Trade											
Total all trades											
Total all trades	215,992,022	243,052,686	260,695,960	283,840,829	324,563,017	333,265,865	360,258,679	384,567,420	394,167,791	418,796,633	433,818,784
Food products	41,882,331	43,024,340	43,598,873	46,316,408	49,659,458	51,840,361	55,874,887	59,183,146	63,910,861	67,110,788	68,719,801
Beverage, drug and tobacco products	12,299,502	13,230,606	17,451,077	19,262,104	21,537,588	23,004,286	24,911,527	28,340,761	32,598,111	35,527,476	39,713,772
Consumption											
Personal Disposable Income											
Personal Disposable Income	494,944	501,678	519,588	527,783	546,166	568,766	596,227	639,178	667,376	698,479	717,818
Personal Expenditure on Consumer Goods and Services (chained 1997\$)											
Consumer goods and services	452,569	466,296	475,880	488,155	510,695	524,807	544,753	566,664	581,845	601,594	620,444
Food, beverages, and tobacco	63,802	65,836	67,318	67,563	68,961	70,558	71,791	73,712	74,688	75,486	76,442
Food and non-alcoholic beverages	47,205	47,850	48,643	49,428	50,320	51,488	52,696	54,470	55,254	56,150	57,250
Alcoholic beverages bought in stores	9,520	9,950	10,108	9,451	9,902	10,273	10,715	11,060	11,524	11,931	12,301
Food Disappearance in Retail Weight (unless otherwise specified)											
(kg per person, unless otherwise specified)											
Alcoholic beverages (litres)	81.57	81.89	81.98	80.55	81.30	82.71	83.75	84.16	85.97	85.55	85.83
Non-alcoholic beverages (litres) (includes tea, coffee, bottled water, soft drinks, and juice)	280.03	291.52	301.88	305.84	314.59	325.90	336.97	339.39	345.04
Eggs (dozens)	14.52	14.53	14.42	14.98	15.12	15.26	15.26	15.70	15.86	15.44	15.63
Pulses and nuts	9.29	9.88	9.43	9.49	8.71	9.60	10.04	10.11	9.78	10.00	9.59
Sugar and syrups	41.49	42.64	38.92	39.18	39.93	38.61	38.79	40.01	42.09	45.73	47.75
Cereal products	75.36	77.03	79.43	83.05	86.34	86.96	88.00	88.54	88.56	89.38	87.03
Meat (carcass weight)	62.01	63.77	63.11	60.83	60.15	64.14	66.53	64.01	62.81	61.61	60.90
Poultry (eviscerated weight)	29.15	30.87	30.58	30.77	31.76	32.64	33.77	35.27	36.45	36.73	36.39
Fish (edible weight)	9.50	8.34	7.91	8.42	8.79	8.84	10.04	9.51	9.65	9.99	9.53
Fruit (fresh equivalent)	117.32	124.51	124.38	125.47	128.41	123.11	123.78	127.61	125.22	131.75	133.79
Vegetables (fresh equivalent)	188.48	186.59	184.76	190.10	186.53	188.39	185.66	184.93	192.28	189.51	185.95
Oils and fats	24.70	25.71	27.00	28.45	29.88	31.15	30.86	30.66	30.90	30.71	31.28
Fluid milk(litres)	89.90	90.80	90.32	90.05	89.14	88.77	87.73	88.21	87.03	85.56	85.31
Cheese	11.19	11.55	11.61	11.31	12.15	11.75	11.88	12.08	11.87	11.80	11.91
Other dairy products	22.03	22.23	22.32	22.13	21.64	21.92	22.54	24.12	25.32	25.66	25.52

Table 2. Food Available by Major Group, Per Person⁵

Year	Fruits ¹							Vegetables ¹			
	Fresh	Processed			Juice	TOTAL ²	Fresh	Processed		Juice	
		Canned	Frozen	Dried				Frozen	Canned		
		(kg)			(litres)			(kg)		(litres)	
1965	50.80	8.58	1.69	1.61	6.74	83.40	102.58	2.16	13.06	4.26	132.36
1966	48.78	8.38	1.47	1.49	7.81	81.96	104.01	2.40	13.66	4.67	135.49
1967	51.09	7.91	1.52	1.34	8.76	85.02	117.76	2.22	13.12	3.79	148.43
1968	50.30	8.17	1.27	1.52	7.95	83.69	109.56	2.43	13.94	4.13	141.87
1969	54.78	7.91	1.37	1.41	8.58	88.61	117.44	2.41	13.04	3.73	148.10
1970	52.28	7.05	1.50	1.28	8.67	84.72	112.76	2.76	12.82	3.64	142.25
1971	52.59	7.41	1.37	1.20	9.27	86.29	112.63	2.59	13.39	3.77	142.96
1972	49.47	7.02	1.39	1.38	9.48	84.25	112.59	2.67	13.44	3.47	142.50
1973	52.40	7.54	1.28	1.38	11.11	90.29	111.92	2.92	14.99	3.80	147.89
1974	55.92	6.92	1.31	1.01	10.79	90.57	111.05	3.27	15.05	3.97	146.33
1975	56.25	6.31	1.23	1.16	14.07	96.86	121.21	2.56	12.00	3.98	149.20
1976	61.14	5.99	1.18	1.36	14.73	103.92	118.07	2.51	11.78	3.64	146.66
1977	58.33	5.88	1.26	1.29	16.52	103.28	121.86	3.21	12.50	4.72	153.72
1978	56.57	6.15	1.11	1.71	18.61	107.90	125.29	3.38	13.19	4.39	159.37
1979	56.75	6.12	1.15	1.58	20.30	110.35	133.94	3.65	13.68	4.31	169.76
1980	56.60	5.59	1.36	1.48	21.41	111.20	127.35	3.98	12.92	4.17	161.36
1981	59.48	5.08	1.23	1.24	23.26	115.27	122.51	3.71	13.34	3.62	157.89
1982	59.13	4.78	1.10	1.35	20.91	110.40	123.47	4.07	12.99	3.50	158.61
1983	58.46	4.45	1.33	1.33	21.76	110.59	137.98	3.18	12.94	3.37	172.06
1984	60.28	5.41	1.24	1.42	23.72	116.97	124.78	3.91	13.29	3.41	160.91
1985	59.16	5.17	1.36	1.38	21.67	111.96	128.77	3.58	12.33	3.06	163.07
1986	59.40	4.63	1.17	1.38	23.98	115.07	137.88	3.77	12.36	2.77	173.26
1987	60.59	4.85	1.85	1.43	25.14	119.43	137.47	4.41	12.56	2.70	174.27
1988	58.54	5.26	1.50	1.48	23.39	114.61	123.43	4.42	11.80	2.85	160.06
1989	58.51	4.71	1.67	1.55	22.74	113.59	128.46	4.95	12.71	2.63	167.68
1990	61.34	4.53	1.56	1.47	19.78	110.71	129.71	4.72	12.75	2.07	169.95
1991	58.08	4.79	1.48	1.62	20.15	109.07	129.97	4.97	12.00	2.05	167.01
1992	62.20	4.96	1.60	1.45	22.29	115.95	134.33	4.35	12.91	1.82	173.17
1993	62.55	4.35	1.71	1.55	22.62	117.32	147.68	4.82	13.15	1.59	188.48
1994	65.96	4.09	1.78	1.33	25.95	124.51	146.77	4.81	13.37	1.71	186.59
1995	64.59	4.13	1.80	1.34	26.40	124.38	145.44	5.46	12.79	1.53	184.76
1996	63.34	4.76	1.71	1.41	27.11	125.47	148.60	5.36	12.70	1.87	190.10
1997	63.71	4.99	1.67	1.53	27.99	128.41	145.29	5.54	13.11	1.48	186.53
1998	64.44	4.78	1.68	1.35	25.53	123.11	147.37	5.47	13.40	1.52	188.39
1999	63.28	5.10	1.95	1.40	25.71	123.78	145.18	5.33	13.08	1.51	185.66
2000	64.42	4.96	1.84	1.51	26.88	127.61	143.74	5.64	13.03	1.48	184.93
2001	64.08	5.03	1.92	1.47	25.68	125.22	150.11	5.81	13.50	1.48	192.28
2002	66.48	5.19	1.86	1.49	28.02	131.75	147.66	5.69	13.44	1.44	189.51
2003	68.91	5.19	1.99	1.59	27.35	133.79	144.59	5.70	12.83	1.47	185.95

1. In retail weight.

2. In fresh equivalent weight.

3. In milk solid equivalent; butter included under Oils and Fats.

4. In edible weight equivalent.

5. Does not allow for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.

Table 2. Food Available by Major Group, Per Person⁵

Year	Beverages ¹						Other ¹			
	Alcoholic		Soft Drinks	Coffee	Tea	Bottled Water	Oils and Fats	Cereal Products	Pulses and Nuts	Sugars and Syrups
	Population Total	Population > 15 yrs	(litres)						(kg.)	
1965	72.11	108.41	85.40	...	18.35	77.02	7.32	45.30
1966	74.49	111.25	...	88.51	81.01	...	19.08	66.13	6.70	47.28
1967	76.18	112.76	...	88.61	85.21	...	20.39	67.22	7.04	45.61
1968	75.99	111.38	...	97.23	88.78	...	20.81	67.13	6.87	46.28
1969	79.61	115.52	...	94.16	84.83	...	20.95	69.14	6.34	46.17
1970	83.51	119.97	...	101.25	80.09	...	20.74	68.86	6.53	46.06
1971	87.85	124.25	...	90.55	84.90	...	20.25	64.23	8.31	45.43
1972	91.82	128.46	55.12	92.18	85.33	...	21.20	67.21	7.77	44.97
1973	96.00	132.85	58.25	94.02	86.73	...	21.20	68.23	8.15	47.43
1974	97.71	133.72	57.29	95.62	99.16	...	21.58	66.85	8.80	41.55
1975	99.22	134.41	58.41	96.43	84.96	...	21.61	67.51	9.73	40.22
1976	97.85	131.19	63.14	98.08	87.53	...	22.05	69.54	6.77	42.30
1977	99.65	132.37	65.80	90.34	90.07	...	22.03	67.82	5.35	42.37
1978	98.67	129.84	67.58	91.10	78.72	...	21.79	66.70	7.73	41.18
1979	101.29	132.11	67.19	92.97	75.36	...	21.94	65.49	5.92	41.30
1980	98.38	127.34	66.99	96.83	76.87	...	21.91	68.90	5.81	35.00
1981	101.04	130.02	67.65	101.81	68.34	...	22.41	65.95	8.19	38.52
1982	98.61	126.42	68.63	94.08	73.30	...	22.26	68.52	7.85	37.86
1983	98.10	125.40	71.07	91.41	68.76	...	23.11	66.78	7.31	39.93
1984	97.16	123.84	73.63	92.76	66.54	...	22.37	67.64	7.36	41.45
1985	96.28	122.33	77.91	96.50	63.25	...	23.11	71.12	7.15	42.20
1986	95.29	120.64	80.10	91.01	59.43	...	22.75	70.58	8.70	42.28
1987	96.54	122.03	83.61	89.91	52.58	...	23.70	72.15	8.07	43.41
1988	94.58	119.43	96.40	91.67	50.08	...	23.61	75.01	7.47	39.46
1989	92.00	116.06	94.90	89.66	47.88	...	23.50	72.94	7.52	37.32
1990	88.93	112.14	96.36	95.85	42.39	...	23.60	74.13	7.68	37.38
1991	86.14	108.56	101.17	97.28	42.12	...	23.80	71.53	7.50	37.24
1992	82.17	103.60	98.58	87.62	47.61	...	23.70	72.57	7.89	40.66
1993	81.57	102.80	102.92	92.04	60.87	...	24.70	75.36	9.29	41.49
1994	81.89	103.07	109.07	99.21	55.58	...	25.71	77.03	9.88	42.64
1995	81.98	102.97	109.72	95.63	50.61	17.99	27.00	79.43	9.43	38.92
1996	80.55	100.96	110.88	97.42	48.90	19.66	28.45	83.05	9.49	39.18
1997	81.30	101.60	112.92	93.93	56.77	21.50	29.88	86.34	8.71	39.93
1998	82.71	103.07	117.34	95.67	62.53	23.31	31.15	86.96	9.60	38.61
1999	83.75	104.00	116.99	99.25	68.30	25.20	30.86	88.00	10.04	38.79
2000	84.16	104.12	113.14	101.31	69.86	26.72	30.66	88.54	10.11	40.01
2001	85.97	105.97	113.56	101.68	72.98	29.66	30.90	88.56	9.78	42.09
2002	85.55	105.07	112.40	102.01	71.36	..	30.71	89.38	10.00	45.73
2003	85.83	105.03	111.30	101.65	90.69	..	31.28	87.03	9.59	47.75

1. In retail weight.

2. In fresh equivalent weight.

3. In milk solid equivalent; butter included under Oils and Fats.

4. In edible weight equivalent.

5. Does not allow for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.

Table 2. Food Available by Major Group, Per Person⁵

Year	Animal Products										Eggs	Fish ⁴		
	Fluid Milk ¹	Total Cheese ¹	Other Dairy Products ¹	Total Dairy Products ³	Red Meat			Poultry						
					Carcass	Retail.	Boneless	Eviscerated	Boneless Weight					
(litres)					(kg)					(doz)		(kg)		
1965	94.87	4.13	22.95	31.28	68.20	..	46.69	16.35	10.24	21.16		
1966	94.47	4.17	23.39	25.57	67.89	..	46.59	17.60	12.54	20.47		
1967	93.48	4.45	22.81	21.97	71.51	..	49.07	18.26	12.99	20.85		
1968	93.90	4.70	23.25	28.50	72.00	..	49.50	17.82	12.66	20.92		
1969	93.99	5.11	24.12	29.72	70.48	..	48.63	19.35	13.70	21.39		
1970	95.73	5.40	22.09	24.22	73.02	..	50.37	20.26	14.33	21.65		
1971	94.86	5.62	22.05	25.62	76.90	..	53.28	19.15	13.55	20.99		
1972	96.73	5.77	21.57	25.78	78.23	60.90	54.36	19.56	13.83	20.27		
1973	98.82	6.23	21.24	27.13	74.84	58.19	52.16	20.20	14.24	19.36		
1974	99.09	6.86	21.14	25.64	77.06	59.81	53.83	19.70	13.92	19.16		
1975	95.96	6.76	20.65	25.96	78.28	60.73	54.85	18.43	12.99	19.04		
1976	97.79	6.86	21.48	28.94	80.56	62.16	56.58	19.45	13.66	18.77		
1977	98.76	6.92	24.57	25.25	78.79	60.78	55.44	20.31	14.25	18.28		
1978	100.27	7.39	23.19	23.40	76.27	58.92	53.88	20.97	14.67	17.99		
1979	102.86	7.57	23.93	24.58	73.14	55.65	51.66	22.34	15.62	18.74		
1980	102.83	7.84	23.03	24.10	74.98	57.17	53.25	22.30	15.53	18.56		
1981	102.08	8.39	23.25	24.37	74.58	56.72	52.95	22.11	15.28	18.29		
1982	101.70	8.45	24.19	24.81	71.58	54.40	50.83	22.22	15.13	18.24		
1983	100.67	8.52	23.81	24.70	72.41	54.79	51.53	22.50	15.13	17.79		
1984	100.05	8.24	22.72	24.20	69.94	52.98	49.85	23.11	15.51	17.06		
1985	98.88	9.17	23.56	24.07	71.00	53.81	50.73	24.62	16.47	16.66		
1986	99.91	9.59	23.64	24.22	70.30	52.91	49.96	25.08	16.67	16.55		
1987	100.89	10.29	24.50	25.60	67.48	50.75	47.25	26.51	17.51	16.21		
1988	99.45	10.78	24.01	25.19	67.43	50.58	47.01	27.42	17.74	15.70	8.66	...		
1989	96.38	10.83	24.01	25.18	67.89	51.13	47.62	27.09	17.22	15.30	9.59	...		
1990	95.44	10.98	22.39	23.95	64.30	48.50	45.13	28.15	17.82	15.06	8.95	...		
1991	94.53	11.19	21.88	23.59	63.17	47.63	44.18	28.31	17.90	15.04	8.64	...		
1992	92.60	11.26	20.97	23.17	64.56	48.66	45.20	28.82	18.35	14.57	8.74	...		
1993	89.90	11.19	22.03	23.26	62.01	46.66	43.33	29.15	18.69	14.52	9.50	...		
1994	90.80	11.55	22.23	23.54	63.77	48.08	44.63	30.87	19.68	14.53	8.34	...		
1995	90.32	11.61	22.32	23.47	63.11	47.54	44.23	30.58	19.38	14.42	7.91	...		
1996	90.05	11.31	22.13	23.42	60.83	45.80	42.71	30.77	19.38	14.98	8.42	...		
1997	89.14	12.15	21.64	23.26	60.15	45.24	42.17	31.76	19.92	15.12	8.79	...		
1998	88.77	11.75	21.92	23.16	64.14	48.31	45.09	32.64	20.45	15.26	8.84	...		
1999	87.73	11.88	22.54	23.27	66.53	50.19	46.89	33.77	21.11	15.26	10.04	...		
2000	88.21	12.08	24.12	23.71	64.01	48.18	44.90	35.27	22.03	15.70	9.51	...		
2001	87.03	11.87	25.32	24.12	62.81	47.27	44.05	36.45	22.74	15.86	9.65	...		
2002	85.56	11.80	25.66	23.71	61.61	46.38	43.24	36.73	22.91	15.44	9.99	...		
2003	85.31	11.91	25.52	23.48	60.90	45.89	42.72	36.39	22.70	15.63	9.53	...		

1. In retail weight.

2. In fresh equivalent weight.

3. In milk solid equivalent; butter included under Oils and Fats.

4. In edible weight equivalent.

5. Does not allow for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.

Table 3. Food Consumed by Major Group, Per Person³

Year	Fruits						Vegetables				
	Fresh	Processed			Juice	TOTAL ¹	Processed		Juice	Total ¹	
		Canned	Frozen	Dried			Fresh	Frozen	Canned		
		(kg)			(litres)						
1965	29.24	7.62	1.51	1.43	5.98	57.80	54.19	1.75	11.60	3.78	80.41
1966	27.87	7.44	1.31	1.32	6.94	56.89	54.94	1.93	12.13	4.14	82.62
1967	29.02	7.03	1.35	1.19	7.78	58.66	62.05	1.79	11.65	3.37	89.05
1968	28.75	7.25	1.13	1.35	7.06	57.95	57.69	1.99	12.38	3.67	86.15
1969	31.21	7.03	1.22	1.25	7.62	60.76	61.85	1.96	11.58	3.31	88.84
1970	29.32	6.26	1.33	1.14	7.70	57.63	59.58	2.25	11.39	3.23	85.49
1971	29.75	6.59	1.22	1.06	8.24	59.15	59.65	2.11	11.89	3.35	86.33
1972	27.71	6.24	1.24	1.23	8.42	58.06	59.28	2.18	11.94	3.08	85.59
1973	29.61	6.70	1.14	1.23	9.87	62.63	59.04	2.38	13.32	3.37	90.70
1974	31.80	6.15	1.17	0.90	9.59	61.95	58.83	2.65	13.37	3.52	89.82
1975	31.88	5.60	1.09	1.03	12.50	67.15	63.91	2.10	10.66	3.54	88.55
1976	34.64	5.32	1.05	1.21	13.09	71.79	62.58	2.07	10.47	3.24	87.75
1977	32.96	5.22	1.12	1.15	14.67	71.94	64.09	2.64	11.10	4.19	92.09
1978	31.69	5.46	0.99	1.52	16.53	76.21	66.38	2.79	11.72	3.90	96.35
1979	32.31	5.43	1.02	1.40	18.03	78.77	70.89	3.02	12.15	3.83	102.38
1980	31.79	4.96	1.21	1.31	19.02	79.06	67.61	3.30	11.47	3.70	97.46
1981	33.64	4.51	1.09	1.10	20.67	81.86	65.09	3.07	11.85	3.22	96.19
1982	33.41	4.24	0.98	1.20	18.57	77.76	65.62	3.37	11.54	3.11	96.48
1983	32.80	3.96	1.18	1.18	19.33	77.85	73.25	2.64	11.49	2.99	103.22
1984	33.98	4.81	1.10	1.26	21.07	83.00	66.72	3.23	11.81	3.03	98.45
1985	33.32	4.59	1.21	1.22	19.25	79.00	68.59	2.97	10.95	2.72	98.75
1986	32.94	4.12	1.04	1.23	21.30	81.05	73.38	3.15	10.98	2.46	104.48
1987	33.58	4.30	1.64	1.27	22.33	84.43	73.20	3.64	11.16	2.40	105.48
1988	33.04	4.68	1.33	1.31	20.77	81.53	65.75	3.62	10.48	2.53	97.82
1989	33.20	4.18	1.48	1.38	20.20	80.85	68.09	4.07	11.29	2.33	102.44
1990	35.06	4.02	1.39	1.31	17.57	77.81	68.85	3.87	11.32	1.84	104.11
1991	32.98	4.25	1.32	1.44	17.90	77.15	69.07	4.09	10.66	1.82	101.49
1992	34.82	4.40	1.42	1.28	19.80	81.32	71.56	3.58	11.47	1.61	105.63
1993	34.89	3.87	1.52	1.38	20.09	82.28	78.45	3.97	11.68	1.41	114.22
1994	37.20	3.64	1.58	1.18	23.05	87.76	78.14	3.98	11.87	1.52	113.06
1995	36.23	3.67	1.60	1.19	23.45	87.87	77.19	4.51	11.36	1.36	111.60
1996	35.16	4.23	1.52	1.25	24.08	88.86	78.80	4.42	11.28	1.66	115.12
1997	35.13	4.43	1.48	1.36	24.86	91.05	77.37	4.56	11.64	1.31	113.44
1998	35.94	4.25	1.49	1.20	22.68	86.65	78.35	4.50	11.90	1.35	114.24
1999	35.01	4.53	1.73	1.24	22.84	87.32	77.32	4.39	11.62	1.34	112.75
2000	35.66	4.41	1.64	1.35	23.88	90.30	76.79	4.62	11.57	1.31	112.79
2001	35.49	4.46	1.71	1.31	22.81	88.36	80.08	4.76	11.99	1.31	116.93
2002	36.55	4.61	1.65	1.33	24.89	92.97	78.63	4.67	11.94	1.28	115.22
2003	38.01	4.61	1.77	1.41	24.29	94.11	77.12	4.67	11.39	1.31	113.26

1. In fresh equivalent weight.

2. In milk solid equivalent; butter included under Oils and Fats.

3. Experimental, use with caution. Disappearance data adjusted for retail, household, cooking and plate loss.

Table 3. Food Consumed by Major Group, Per Person³

Year	Beverages						Other			
	Alcoholic		Soft Drinks	Coffee	Tea	Bottled Water	Oils and Fats	Cereal Products	Pulses and Nuts	Sugars and Syrups
	Population Total	Population > 15 yrs	(litres)						(kg)	
1965	69.77	104.90	..	75.86	...	13.55	56.59	6.50	33.86	
1966	72.07	107.64	..	78.62	71.96	14.06	48.57	5.95	35.35	
1967	73.71	109.10	..	78.71	75.69	14.97	49.37	6.26	34.10	
1968	73.53	107.77	..	86.37	78.86	15.27	49.36	6.11	34.60	
1969	77.02	111.78	..	83.64	75.36	15.35	50.87	5.64	34.51	
1970	80.80	116.08	..	89.94	71.15	15.20	50.62	5.80	34.43	
1971	85.01	120.22	..	80.44	75.41	14.83	47.22	7.38	33.96	
1972	88.84	124.30	48.96	81.88	75.80	15.50	49.43	6.90	33.62	
1973	92.89	128.54	51.74	83.52	77.04	15.47	50.25	7.24	35.46	
1974	94.54	129.38	50.89	84.94	88.08	15.75	49.20	7.81	31.06	
1975	96.00	130.05	51.89	85.66	75.47	15.76	49.69	8.64	30.07	
1976	94.67	126.94	56.09	87.12	77.75	16.08	51.17	6.02	31.62	
1977	96.42	128.08	58.45	80.25	80.01	16.06	49.91	4.76	31.68	
1978	95.47	125.63	60.03	80.92	69.93	15.89	49.09	6.87	30.79	
1979	98.01	127.82	59.68	82.59	66.94	15.98	48.17	5.26	30.88	
1980	95.19	123.21	59.51	86.01	68.29	15.94	50.70	5.16	26.16	
1981	97.76	125.80	60.09	90.44	60.70	16.33	48.51	7.27	28.80	
1982	95.41	122.32	60.96	83.57	65.11	16.23	50.39	6.98	28.30	
1983	94.92	121.33	63.13	81.20	61.08	16.83	49.12	6.49	29.85	
1984	94.01	119.82	65.41	82.40	59.11	16.29	49.76	6.54	30.98	
1985	93.16	118.36	69.21	85.72	56.18	16.82	52.32	6.35	31.55	
1986	92.20	116.73	71.16	80.84	52.79	16.54	51.93	7.73	31.61	
1987	93.41	118.08	74.27	79.87	46.71	17.19	53.08	7.17	32.46	
1988	91.51	115.56	85.63	81.43	44.49	17.12	55.11	6.64	29.50	
1989	89.02	112.30	84.30	79.64	42.53	17.03	53.63	6.68	27.90	
1990	86.05	108.50	85.60	85.14	37.65	17.08	54.55	6.83	27.94	
1991	83.35	105.04	89.87	86.42	37.42	17.22	52.63	6.67	27.84	
1992	79.50	100.24	87.57	77.84	42.30	17.12	53.36	7.01	30.40	
1993	78.93	99.47	91.42	81.76	54.07	17.81	55.49	8.25	31.02	
1994	79.23	99.72	96.89	88.13	49.37	18.49	56.71	8.78	31.88	
1995	79.32	99.63	97.46	84.95	44.96	15.98	19.44	58.33	8.37	29.10
1996	77.94	97.68	98.50	86.54	43.44	17.46	20.48	60.88	8.43	29.29
1997	78.66	98.31	100.31	83.44	50.43	19.10	21.48	63.53	7.74	29.85
1998	80.03	99.73	104.24	84.98	55.54	20.71	22.38	64.06	8.53	28.86
1999	81.04	100.63	103.92	88.16	60.68	22.39	22.17	64.89	8.92	29.00
2000	81.43	100.75	100.50	89.99	62.06	23.74	22.01	65.31	8.98	29.91
2001	83.18	102.53	100.88	90.32	64.83	26.34	22.18	65.34	8.69	31.47
2002	82.77	101.66	99.85	90.62	63.39	..	22.04	65.70	8.88	34.19
2003	83.05	101.62	98.87	90.30	80.56	..	22.44	63.89	8.51	35.70

1. In fresh equivalent weight.

2. In milk solid equivalent; butter included under Oils and Fats.

3. Experimental, use with caution. Disappearance data adjusted for retail, household, cooking and plate loss.

Table 3. Food Consumed by Major Group, Per Person³

Year	Animal Products							
	Fluid Milk (litres)	Total Cheese	Other Dairy Products	Total Dairy Products ² (kg.)	Red Meat	Poultry	Eggs (doz)	Fish (kg.)
1965	70.13	3.05	17.36	16.33	29.75	6.27	17.57	...
1966	69.84	3.08	17.63	16.54	29.69	7.63	16.99	...
1967	69.10	3.29	17.16	16.01	31.15	7.90	17.30	...
1968	69.41	3.47	17.48	16.49	31.46	7.69	17.36	...
1969	69.47	3.77	18.15	17.41	30.93	8.31	17.75	...
1970	70.77	3.99	16.70	16.33	31.92	8.68	17.97	...
1971	70.12	4.15	16.70	15.90	33.72	8.22	17.42	...
1972	71.50	4.26	16.32	16.00	34.48	8.39	16.82	...
1973	73.05	4.60	16.00	16.24	33.11	8.62	16.07	...
1974	73.25	5.07	15.93	16.63	34.17	8.44	15.91	...
1975	70.94	5.00	15.58	16.14	35.02	7.87	15.81	...
1976	72.29	5.07	16.22	16.87	36.19	8.25	15.58	...
1977	73.00	5.12	18.55	18.48	35.39	8.60	15.17	...
1978	74.12	5.46	17.66	17.19	34.30	8.85	14.94	...
1979	76.03	5.59	18.08	18.06	32.70	9.40	15.55	...
1980	76.02	5.80	17.31	17.67	33.63	9.36	15.40	...
1981	75.46	6.20	17.52	17.87	33.49	9.21	15.18	...
1982	75.17	6.25	17.99	18.33	32.22	9.11	15.14	...
1983	74.42	6.30	17.91	18.11	32.62	9.11	14.77	...
1984	73.96	6.09	17.01	17.74	31.54	9.33	14.16	...
1985	73.10	6.77	17.74	17.64	32.09	9.89	13.83	...
1986	73.85	7.09	17.89	17.77	31.62	10.02	13.74	...
1987	74.58	7.61	18.56	18.80	29.86	10.52	13.45	...
1988	73.51	7.97	18.23	18.52	29.71	10.66	13.03	6.36
1989	71.24	8.00	18.24	18.51	30.03	10.36	12.70	7.05
1990	70.55	8.12	17.07	17.62	28.49	10.72	12.50	6.55
1991	69.88	8.27	16.70	17.33	27.88	10.77	12.49	6.27
1992	68.45	8.33	16.17	17.07	28.45	11.03	12.09	6.16
1993	66.46	8.27	16.91	17.13	27.27	11.22	12.05	6.88
1994	67.12	8.54	16.94	17.33	28.07	11.80	12.06	5.90
1995	66.76	8.58	16.92	17.27	27.84	11.62	11.97	5.69
1996	66.57	8.36	16.88	17.22	26.93	11.61	12.43	5.97
1997	65.89	8.98	16.53	17.09	26.61	11.93	12.55	6.28
1998	65.62	8.69	16.80	17.00	28.37	12.25	12.67	6.34
1999	64.85	8.78	17.44	17.05	29.47	12.63	12.66	7.15
2000	65.20	8.93	18.00	17.35	28.26	13.17	13.03	6.74
2001	64.33	8.78	18.84	17.63	27.70	13.58	13.17	6.93
2002	63.25	8.72	19.11	17.31	27.20	13.69	12.82	7.24
2003	63.06	8.80	18.98	17.09	26.97	13.56	12.97	6.88

1. In fresh equivalent weight.

2. In milk solid equivalent; butter included under Oils and Fats.

3. Experimental, use with caution. Disappearance data adjusted for retail, household, cooking and plate loss.

Table 4. Food Disappearance, by Commodity¹

	1976	1981	1986	1991	1996	1999	2000	2001	2002	2003
(kg per person, retail weight, unless otherwise specified)										
Cereal Products										
Breakfast food	2.77	3.58	4.34	3.96	5.06	5.33	5.27	5.06	5.13	5.24
Corn flour and meal	1.96	2.19	2.04	2.42	3.97	3.63	2.86	2.88	1.73	1.25
Oatmeal and rolled oats	1.53	1.45	1.54	1.59	3.33	1.04	0.89	0.77	2.45	2.91
Pot and pearl barley	0.05	0.14	0.09	0.05	0.11	0.06	0.06	0.06	0.05	0.04
Rice	2.59	3.36	4.35	5.51	7.21	8.01	7.90	8.00	7.52	7.68
Rye flour	0.40	0.44	0.33	0.33	0.30	0.32	0.30	0.33	0.31	0.32
Wheat flour	60.24	54.78	57.89	57.68	63.07	69.61	71.26	71.48	72.19	69.59
Total	69.54	65.95	70.58	71.53	83.05	88.00	88.54	88.56	89.38	87.03
Sugars and Syrups										
Honey	0.83	1.09	0.86	0.78	1.03	0.83	0.62	0.89	0.71	0.86
Maple sugar	0.17	0.33	0.10	0.12	0.06	0.10	0.18	0.13	0.07	0.08
Refined sugar	41.29	37.10	41.32	36.34	38.09	37.86	39.20	41.07	44.95	46.80
Total	42.30	38.52	42.28	37.24	39.18	38.79	40.01	42.09	45.73	47.75
Red Meat										
Beef, carcass weight	50.42	39.86	38.20	33.28	31.45	32.60	32.01	30.74	30.46	31.98
Mutton and lamb, carcass weight	1.00	0.69	0.90	0.87	0.75	0.86	0.94	1.03	1.03	1.10
Offal, carcass weight	1.62	1.35	1.67	1.68	1.33	1.70	1.04	0.85	1.04	1.40
Pork, carcass weight	25.19	31.16	27.90	25.86	25.99	30.09	28.69	28.94	27.83	25.17
Veal, carcass weight	2.33	1.52	1.63	1.48	1.30	1.29	1.32	1.25	1.24	1.26
Total	80.56	74.58	70.30	63.17	60.83	66.53	64.01	62.81	61.61	60.90
Total beef (including veal)	52.75	41.38	39.83	34.76	32.76	33.89	33.33	31.98	31.70	33.24
Poultry										
Chicken, eviscerated weight	14.36	16.73	19.91	22.23	24.90	27.75	29.11	30.49	30.71	30.50
Stewing hen, eviscerated weight	1.15	1.31	1.05	1.54	1.75	1.86	1.90	1.74	1.75	1.68
Turkey, eviscerated weight	3.94	4.07	4.12	4.54	4.12	4.16	4.26	4.22	4.27	4.21
Total	19.45	22.11	25.08	28.31	30.77	33.77	35.27	36.45	36.73	36.39
Total chicken (incl. stewing hen)	15.52	18.04	20.96	23.77	26.65	29.61	31.01	32.23	32.46	32.18
Fish										
Fresh and frozen seafish, edible weight	4.28	4.49	4.82	4.51	4.39	4.34	4.41
Freshwater, edible weight	0.21	0.30	0.42	0.46	0.47	0.52	0.47
Processed seafish, edible weight	2.63	1.97	2.50	2.19	2.67	3.00	2.76
Shellfish total, edible weight	1.51	1.66	2.29	2.35	2.12	2.13	1.89
Total	8.64	8.42	10.04	9.51	9.65	9.99	9.53
Dairy										
Cheese, cheddar	1.59	2.45	2.61	3.12	3.07	3.28	3.17	3.13	3.10	3.19
Cheese, cottage	1.05	1.26	1.25	1.03	0.76	0.71	0.79	0.78	0.79	0.78
Cheese, processed	2.64	2.91	2.61	2.77	2.58	2.39	2.35	2.47	2.25	2.23
Cheese, variety	2.64	3.03	4.37	5.31	5.66	6.22	6.56	6.28	6.45	6.49
Cream, cereal 10% , litres	2.44	2.75	2.91	2.81	2.89	2.88	2.92	2.95	2.92	3.06
Cream, sour, litres	0.35	0.49	0.75	0.99	0.94	1.20	1.28	1.36	1.29	1.35
Cream, table 18%, litres	0.27	0.27	0.39	0.49	0.79	1.36	1.57	1.80	1.96	2.37
Cream, whipping 32% or 35%, litres	0.50	0.66	0.89	0.82	0.87	0.92	1.05	1.03	1.10	1.18
Ice cream, litres	11.92	12.57	12.19	10.65	10.87	10.02	8.62	9.22	9.49	8.69
Ice milk, litres	1.14	1.02	1.26	1.24	1.96	1.86	2.09	2.23	2.17	2.08
Milk, buttermilk, litres	0.61	0.57	0.52	0.46	0.40	0.43	0.39	0.39	0.42	0.43
Milk, chocolate drink, litres	3.16	3.89	3.51	3.42	3.95	4.67	4.54	4.87	4.94	5.02
Milk, concentrated skim, litres	0.29	1.42	0.63	1.09	0.61	0.31	0.31	0.26	0.28	0.29
Milk, concentrated whole, litres	3.65	2.15	2.02	1.41	1.07	1.00	1.06	0.79	0.90	0.38

1. Does not allow for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.

Table 4. Food Disappearance, by Commodity¹

	1976	1981	1986	1991	1996	1999	2000	2001	2002	2003
(kg per person, retail weight, unless otherwise specified)										
Dairy (cont'd)										
Milk, other whole milk products	...	0.14	0.29	0.37	0.49	0.71	0.84	1.00	1.11	1.11
Milk, partly skimmed 1%, litres	8.52	15.46	16.56	17.25	17.21	17.25	17.45
Milk, partly skimmed 2%, litres	45.89	55.18	61.48	55.81	47.09	43.58	43.23	41.80	40.58	40.44
Milk, skim, litres	3.57	3.37	4.74	6.37	7.76	8.36	8.59	8.73	8.83	8.53
Milk, standard, litres	44.56	39.06	29.66	19.94	15.40	14.13	14.20	14.03	13.54	13.44
Milk, sweetened concentrated skim, litres	x	0.05	0.08	0.03	0.18	0.07	0.05	0.07	0.07	0.07
Milkshake, litres	0.49	0.98	1.03	0.69	0.60	0.76	0.60	0.49	0.29	0.25
Powder buttermilk	0.12	0.15	0.11	0.16	0.19	0.15	0.16	0.19	0.13	0.15
Powder skim milk	2.78	1.83	1.71	1.09	1.28	1.46	1.11	1.45	1.46	1.50
Powder whey	0.84	1.21	0.73	0.87	1.10	0.43	0.93	0.99	0.64	0.35
Sherbet, litres	0.15	0.12	0.10	0.12	0.17	0.21	0.39	0.35	0.21	0.19
Yogurt, litres	0.88	1.64	2.69	2.99	3.17	4.05	4.59	4.88	5.39	5.83
Total Dairy (milk solid)	28.95	24.37	24.22	23.59	23.42	23.27	23.71	24.12	23.71	23.48
Fluid milk, litres	97.79	102.08	99.91	94.53	90.05	87.73	88.21	87.03	85.56	85.31
Total cheese	6.86	8.39	9.59	11.19	11.31	11.88	12.08	11.87	11.80	11.91
Total other dairy	21.48	23.25	23.64	21.88	22.13	22.54	24.12	25.32	25.66	25.52
Eggs (dozens)	18.77	18.29	16.55	15.04	14.98	15.26	15.70	15.86	15.44	15.63
Pulses and Nuts										
Beans baked and canned	2.13	2.32	2.31	1.55	1.43	1.38	1.37	1.42	1.36	1.36
Beans dry	0.56	0.61	0.74	0.76	2.00	2.10	1.87	1.80	1.90	1.89
Peanuts	2.62	2.84	2.94	2.74	3.22	2.92	2.95	2.68	2.89	2.68
Peas dry	0.49	1.11	1.19	1.16	1.89	2.31	2.42	2.29	2.20	2.22
Tree nuts	0.97	1.30	1.52	1.29	0.94	1.33	1.50	1.59	1.65	1.44
Total	6.77	8.19	8.70	7.50	9.49	10.04	10.11	9.78	10.00	9.59
Oils and Fats										
Butter	4.99	4.34	3.81	2.99	2.86	2.82	2.75	2.81	2.79	2.94
Margarine	5.41	6.10	5.96	5.55	5.33	5.20	5.02	4.89	4.77	4.67
Salad oils	4.02	3.76	5.34	5.82	9.61	12.53	12.73	12.97	12.99	13.79
Shortening and shortening oils	7.63	8.21	7.64	9.44	10.65	10.31	10.16	10.23	10.16	9.88
Total	22.05	22.41	22.75	23.80	28.45	30.86	30.66	30.90	30.71	31.28
Fruit Fresh										
Apples	13.16	12.75	10.70	11.84	11.95	11.27	10.80	11.41	9.84	10.46
Apricots	0.10	0.07	0.11	0.10	0.12	0.15	0.15	0.17	0.16	0.17
Avocados	0.13	0.27	0.22	0.20	0.34	0.30	0.39	0.38	0.44	0.47
Bananas	10.17	10.49	11.52	12.68	13.78	13.80	12.99	13.07	13.29	13.36
Berries other	0.08	0.01	0.06	0.08	0.10	0.20	0.18	0.22	0.35	0.32
Blueberries	0.09	0.30	0.22	0.38	0.24	0.17	0.51	0.39	0.38	0.53
Cherries	0.64	0.40	0.31	0.32	0.28	0.38	0.36	0.47	0.37	0.61
Citrus other	0.00	0.00	0.00	0.04	0.03	0.03	0.02	0.04	0.03	0.04
Coconut	0.23	0.22	0.24	0.30	0.24	0.25	0.30	0.28	0.28	0.29
Cranberries	0.35	0.42	0.45	0.64	0.81	1.34	1.24	1.23	1.67	1.66
Dates	1.33	1.24	0.94	1.04	0.75	0.81	0.62	0.52	0.71	0.75
Figs	0.30	0.30	0.30	0.31	0.27	0.27	0.30	0.31	0.29	0.31
Fruit unspecified	0.20	0.36	0.89	1.29	1.85	2.00	2.06	2.17	2.12	2.19
Grapefruit	3.96	3.16	2.91	2.76	2.36	1.88	1.74	1.66	1.78	1.55
Grapes	5.64	4.85	5.56	5.49	4.21	3.97	4.54	4.19	4.66	4.74

1. Does not allow for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.

Table 4. Food Disappearance, by Commodity¹

	1976	1981	1986	1991	1996	1999	2000	2001	2002	2003
(kg per person, retail weight, unless otherwise specified)										
Fruit Fresh (cont'd)										
Guava and mangoes	0.46	0.69	0.95	0.93	0.96	0.93	1.09
Lemons	0.77	0.83	0.97	0.88	0.95	1.09	1.06	1.16	1.20	1.22
Limes	0.06	0.10	0.14	0.18	0.23	0.32	0.32	0.35	0.37	0.37
Mandarins	0.00	0.00	0.00	2.16	2.61	2.64	2.90	2.59	2.85	2.81
Melons musk and cantaloupe	1.19	1.20	1.81	1.41	2.29	2.84	2.74	2.58	2.85	2.92
Melons other	0.35	0.16	0.12	0.15	0.36	0.33	0.27	0.35	0.42	0.31
Melons total	3.78	4.17	5.42	3.73	7.32	8.65	8.39	7.93	9.31	9.74
Melons watermelons	2.12	2.39	2.82	1.53	3.79	4.41	4.30	3.59	4.83	5.47
Melons wintermelons	0.09	0.40	0.61	0.64	0.89	1.07	1.09	1.46	1.23	1.07
Nectarines	0.68	0.85	0.97	1.01	1.01	1.02	1.03	1.12	1.19	1.23
Oranges	12.91	11.80	10.66	7.40	9.23	7.66	9.43	8.70	9.24	9.73
Papayas	0.09	0.13	0.12	0.15	0.17	0.17	0.18
Peaches	2.36	1.85	1.67	1.72	1.53	1.28	1.30	1.36	1.40	1.44
Pears	1.81	1.93	1.94	2.08	2.18	2.46	2.42	2.48	2.50	2.55
Pineapples	0.31	0.45	0.48	0.58	0.57	1.02	1.27	1.51	1.71	1.87
Plums total	0.97	1.20	1.07	1.06	0.97	0.87	0.85	0.97	0.98	0.95
Prunes, plums and sloes	0.85	0.78	0.72	0.73	0.83	0.87	0.82
Quinces	0.00	0.01	0.01	0.00	0.00	0.00	0.00
Strawberries	1.10	1.45	1.66	1.96	2.03	2.10	2.14	2.01	2.22	2.37
Total	61.14	59.48	59.40	58.08	63.34	63.28	64.42	64.08	66.48	68.91
Fruit Processed										
Apple pie filling	0.27	0.13	0.05	0.33	0.17	0.13	0.12	0.12	0.12	0.12
Apple sauce	0.50	0.51	0.45	0.55	0.62	0.59	0.54	0.52	0.50	0.49
Apples canned	0.02	0.10	0.01	0.05	0.05	0.05	0.13	0.26	0.28	0.30
Apples dried	0.02	0.02	0.02	0.04	0.04	0.04	0.04	0.05	0.06	0.06
Apples frozen	0.16	0.04	0.11	0.05	0.07	0.09	0.07	0.07	0.05	0.05
Apricots canned	0.11	0.13	0.07	0.04	0.04	0.03	0.03	0.03	0.04	0.04
Blueberries canned	0.01	0.02	0.01	0.03	0.01	0.00	0.01	0.01	0.01	0.01
Blueberries frozen	0.03	0.11	0.22	0.21	0.33	0.44	0.44	0.45	0.46	0.46
Cherries frozen	0.18	0.19	0.18	0.32	0.15	0.17	0.15	0.20	0.18	0.21
Fruit unspecified canned	2.00	1.20	1.44	1.21	1.18	1.72	1.68	1.61	1.79	1.80
Fruit unspecified dried	1.34	1.23	1.36	1.57	1.36	1.36	1.47	1.42	1.43	1.53
Fruit unspecified frozen	0.05	0.11	0.11	0.19	0.31	0.31	0.34	0.37	0.36	0.47
Peaches canned	1.28	1.13	1.05	0.86	1.16	1.09	1.07	1.07	1.07	1.06
Pears canned	0.71	0.53	0.47	0.36	0.45	0.39	0.38	0.38	0.38	0.37
Pineapples canned	1.06	1.30	1.07	1.34	1.04	1.04	0.95	0.97	0.93	0.92
Raspberries frozen	0.19	0.30	0.20	0.33	0.38	0.34	0.30	0.29	0.28	0.27
Strawberries canned	0.03	0.03	0.00	0.03	0.05	0.05	0.06	0.05	0.07	0.08
Strawberries frozen	0.58	0.48	0.35	0.39	0.47	0.60	0.54	0.54	0.53	0.53
Total (fresh equivalent)	16.16	14.75	14.83	17.08	15.85	16.30	16.74	16.79	16.97	17.69
Total canned	5.99	5.08	4.63	4.79	4.76	5.10	4.96	5.03	5.19	5.19
Total frozen	1.18	1.23	1.17	1.48	1.71	1.95	1.84	1.92	1.86	1.99
Total dry	1.36	1.24	1.38	1.62	1.41	1.40	1.51	1.47	1.49	1.59
Vegetables Fresh										
Artichokes	0.08	0.09	0.09	0.08	0.07	0.09	0.09	0.08	0.07	0.06
Asparagus	0.15	0.19	0.24	0.37	0.22	0.32	0.36	0.37	0.40	0.46
Beans green and wax	0.55	0.70	0.72	0.83	0.74	0.85	0.85	0.82	0.92	0.95
Beets	0.41	0.59	0.34	0.29	0.29	0.28	0.34	0.37	0.33	0.31

1. Does not allow for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.

Table 4. Food Disappearance, by Commodity¹

	1976	1981	1986	1991	1996	1999	2000	2001	2002	2003
<i>(kg per person, retail weight, unless otherwise specified)</i>										
Vegetables Fresh (cont'd)										
Broccoli	0.68	1.08	2.25	2.64	3.27	3.27	3.17	3.15	3.13	2.84
Brussels sprouts	0.11	0.14	0.20	0.15	0.17	0.14	0.17	0.17	0.17	0.14
Cabbage chinese	0.43	0.66	0.63	0.65	0.63	0.75	0.69
Cabbage	5.99	6.13	5.33	4.85	5.34	5.71	5.48	4.81	4.86	4.13
Carrots	7.26	7.62	8.09	8.21	8.72	8.06	8.44	8.67	7.67	8.17
Cauliflower	1.24	2.16	2.93	2.34	2.16	2.15	2.09	2.31	2.13	2.13
Celery	3.77	4.39	4.23	4.42	3.82	3.66	3.38	3.46	3.72	3.65
Corn	2.29	3.42	3.07	3.69	3.90	3.36	2.76	3.05	3.20	3.15
Cucumbers	2.03	2.23	2.95	2.88	3.47	3.70	3.95	4.16	3.36	3.37
Eggplant	...	0.17	0.22	0.26	0.32	0.35	0.40	0.40	0.41	0.42
Garlic	...	0.12	0.11	0.18	0.34	0.35	0.36	0.36	0.36	0.36
Kohlrabi	...	0.00	0.01	0.08	0.11	0.13	0.14	0.16	0.22	0.22
Leeks	...	0.06	0.05	0.09	0.21	0.23	0.24	0.25	0.27	0.26
Lettuce	8.81	9.36	9.91	10.40	9.37	10.66	10.31	11.15	11.72	11.50
Manioc	...	0.01	0.00	0.02	0.05	0.05	0.05	0.06	0.05	0.05
Mushrooms	0.57	1.02	1.37	1.61	1.51	1.76	1.73	1.78	1.20	1.12
Okra	...	0.02	0.03	0.04	0.05	0.07	0.08	0.09	0.09	0.09
Olives	0.02	0.02	0.02	0.02	0.02	0.03	0.01	0.02	0.02	0.02
Onions and shallots	6.12	6.84	7.41	6.47	8.33	7.96	8.27	8.50	7.96	7.55
Parsley	...	0.10	0.16	0.15	0.19	0.24	0.26	0.27	0.26	0.24
Parsnips	0.15	0.16	0.13	0.10	0.14	0.12	0.12	0.12	0.10	0.11
Peas	0.07	0.15	0.08	0.13	0.20	0.23	0.22	0.25	0.24	0.23
Peppers	1.26	1.65	2.34	2.53	3.21	3.04	3.23	3.26	3.38	3.29
Potatoes sweet	0.39	0.46	0.40	0.28	0.42	0.59	0.60	0.61	0.61	0.67
Potatoes white	65.60	62.17	74.38	66.92	78.90	74.58	73.64	77.23	76.71	75.05
Pumpkins and squash	...	0.39	0.56	0.57	2.18	2.28	2.43	2.90	2.38	2.72
Radishes	0.63	0.53	0.52	0.53	0.55	0.52	0.50	0.50	0.53	0.63
Rappini	0.05	0.04	0.07	0.11	0.15	0.15	0.15	0.16	0.16	0.16
Rutabagas and turnip	2.72	2.72	2.18	2.02	1.97	1.95	1.59	1.41	1.47	1.22
Spinach	0.35	0.44	0.48	0.49	0.49	0.61	0.67	0.83	0.90	0.87
Tomatoes	5.87	6.76	7.32	6.22	7.37	7.53	7.72	8.43	8.29	7.46
Vegetables other edible root	...	0.01	0.01	0.29	0.28	0.17	0.18	0.20	0.25	0.27
Vegetables other leguminous	0.03	0.03	0.03	0.01	0.02	0.02	0.01
Vegetables unspecified	0.93	1.09	0.29	0.85	1.64	1.60	1.49	1.55	2.02	2.65
Total	118.07	122.51	137.88	129.97	148.60	145.18	143.74	150.11	147.66	144.59
Vegetables Processed										
Asparagus canned	0.23	0.16	0.15	0.13	0.23	0.18	0.17	0.16	0.17	0.16
Beans green and wax canned	1.30	1.42	0.99	0.85	0.94	1.14	1.13	1.16	1.16	1.14
Beans green and wax frozen	0.32	0.50	0.44	0.46	0.30	0.30	0.30	0.31	0.31	0.32
Beets canned	0.33	0.26	0.21	0.34	0.20	0.17	0.17	0.17	0.17	0.17
Broccoli frozen	0.14	0.27	0.15	0.30	0.52	0.63	0.67	0.69	0.66	0.67
Brussels sprouts frozen	0.14	0.21	0.18	0.08	0.05	0.06	0.06	0.07	0.06	0.05
Carrots canned	0.19	0.21	0.21	0.11	0.13	0.13	0.12	0.13	0.11	0.12
Carrots frozen	0.43	0.61	1.00	1.04	1.23	1.16	1.16	1.14	1.14	1.14
Cauliflower frozen	0.05	0.17	0.09	0.14	0.17	0.18	0.16	0.17	0.14	0.13
Corn canned	1.80	2.13	1.89	1.70	1.50	1.56	1.54	1.48	1.47	1.43
Corn frozen	0.21	0.62	0.85	0.84	0.97	0.84	0.89	0.99	0.94	0.94
Lima beans frozen	0.05	0.05	0.04	0.03	0.01	0.03	0.03	0.05	0.03	0.03

1. Does not allow for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.

Table 4. Food Disappearance, by Commodity¹

	1976	1981	1986	1991	1996	1999	2000	2001	2002	2003
<i>(kg per person, retail weight, unless otherwise specified)</i>										
Vegetables Processed (cont'd)										
Mushrooms canned	0.84	1.26	1.46	1.16	0.88	0.71	0.72	0.72	0.73	0.73
Peas canned	1.44	1.47	1.23	0.79	0.74	0.72	0.70	0.70	0.69	0.67
Peas frozen	1.07	1.21	0.95	1.28	1.18	1.18	1.20	1.20	1.19	1.20
Spinach frozen	0.08	0.08	0.08	0.08	0.12	0.12	0.14	0.13	0.14	0.14
Tomatoes canned	2.98	3.39	3.03	3.16	3.53	3.71	3.72	3.73	3.76	3.86
Tomatoes, pulp, paste and puree	1.18	1.69	2.04	2.27	2.94	2.71	2.78	2.79	2.80	2.86
Vegetables unspecified canned	1.48	1.35	1.16	1.49	1.63	2.05	1.98	2.46	2.38	1.69
Vegetables unspecified frozen	0.70	0.82	0.83	1.02	1.05	1.08	1.08
Total (fresh equivalent)	24.94	31.76	32.61	35.00	39.63	38.97	39.70	40.69	40.41	39.89
Total canned	11.78	13.34	12.36	12.00	12.70	13.08	13.03	13.50	13.44	12.83
Total frozen	2.51	3.71	3.77	4.97	5.36	5.33	5.64	5.81	5.69	5.70
Juice										
Apple juice, litres	3.91	7.26	9.14	8.31	6.97	7.22	7.05	7.12	7.22	7.07
Grape juice, litres	0.31	0.87	1.73	1.83	4.45	3.19	3.26	2.87	4.21	3.97
Grapefruit juice, litres	1.09	1.53	0.84	0.90	1.01	0.79	0.98	0.76	1.30	1.09
Lemon juice, litres	0.29	0.27	0.26	0.34	0.40	0.37	0.33	0.38	0.55	0.56
Orange juice, litres	8.80	12.75	11.72	7.99	13.60	13.41	14.48	13.59	14.00	13.96
Pineapple juice, litres	0.34	0.58	0.29	0.77	0.67	0.72	0.78	0.96	0.74	0.70
Tomato juice, litres	3.64	3.62	2.77	2.05	1.87	1.51	1.48	1.48	1.44	1.47
Total, litres	18.38	26.89	26.75	22.20	28.98	27.22	28.36	27.16	29.46	28.82
Total fruit juice, litres	14.73	23.26	23.98	20.15	27.11	25.71	26.88	25.68	28.02	27.35
Total vegetable juice, litres	3.64	3.62	2.77	2.05	1.87	1.51	1.48	1.48	1.44	1.47
Beverages										
Ale, beer, stout and porter, litres	83.43	84.07	79.45	73.01	67.63	69.18	68.99	69.88	68.48	68.46
Distilled spirits, litres	7.98	7.96	6.15	4.88	4.39	5.11	5.28	5.88	6.56	6.54
Wines, litres	6.44	9.01	9.69	8.25	8.53	9.46	9.90	10.21	10.50	10.83
Coffee, litres	98.08	101.81	91.01	97.28	97.42	99.25	101.31	101.68	102.01	101.65
Soft drinks, litres	63.14	67.65	80.10	101.17	110.88	116.99	113.14	113.56	112.40	111.30
Tea, litres	87.53	68.34	59.43	42.12	48.90	68.30	69.86	72.98	71.36	90.69
Water, bottled, litres	19.66	25.20	26.72	29.66
Total	364.97	365.72	352.59	348.92	386.39	420.72	423.56	431.01
Total alcoholic	97.85	101.04	95.29	86.14	80.55	83.75	84.16	85.97	85.55	85.83
Total non-alcoholic	267.12	264.68	257.30	262.78	305.84	336.97	339.39	345.04

1. Does not allow for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.

Table 5. Food Consumed, by Commodity¹

	1976	1981	1986	1991	1996	1999	2000	2001	2002	2003
(kg per person, unless otherwise specified)										
Cereal Products										
Breakfast food	2.05	2.65	3.20	2.93	3.74	3.94	3.90	3.74	3.79	3.87
Corn flour and meal	1.45	1.62	1.51	1.79	2.93	2.68	2.11	2.13	1.28	0.93
Oatmeal and rolled oats	0.90	0.86	0.91	0.94	1.97	0.61	0.53	0.45	1.45	1.72
Pot and pearl barley	0.03	0.08	0.05	0.03	0.07	0.04	0.04	0.03	0.03	0.03
Rice	1.92	2.49	3.22	4.07	5.33	5.92	5.84	5.91	5.56	5.68
Rye flour	0.30	0.33	0.24	0.24	0.22	0.24	0.22	0.24	0.23	0.24
Wheat flour	44.53	40.50	42.79	42.63	46.62	51.46	52.68	52.83	53.36	51.44
Total	51.17	48.51	51.93	52.63	60.88	64.89	65.31	65.34	65.70	63.89
Sugars and Syrups										
Honey	0.62	0.81	0.64	0.58	0.77	0.62	0.47	0.67	0.53	0.65
Maple sugar	0.13	0.25	0.08	0.09	0.05	0.08	0.14	0.10	0.05	0.06
Refined sugar	30.87	27.74	30.89	27.17	28.48	28.31	29.31	30.70	33.60	34.99
Total	31.62	28.80	31.61	27.84	29.29	29.00	29.91	31.47	34.19	35.70
Red Meat										
Beef	23.37	18.47	17.50	14.65	13.97	14.48	14.22	13.65	13.53	14.21
Mutton and lamb	0.41	0.28	0.37	0.36	0.31	0.35	0.39	0.43	0.42	0.45
Offal	0.97	0.80	0.99	1.00	0.79	1.01	0.62	0.51	0.62	0.83
Pork	10.43	13.27	12.05	11.23	11.29	13.07	12.46	12.57	12.09	10.93
Veal	1.01	0.66	0.71	0.64	0.57	0.56	0.57	0.54	0.54	0.55
Total	36.19	33.49	31.62	27.88	26.93	29.47	28.26	27.70	27.20	26.97
Total beef (including veal)	24.38	19.13	18.21	15.29	14.54	15.04	14.80	14.20	14.07	14.75
Poultry										
Chicken	5.72	6.56	7.47	7.84	8.83	9.79	10.27	10.75	10.83	10.76
Stewing hen	0.46	0.51	0.39	0.54	0.62	0.66	0.67	0.61	0.62	0.59
Turkey	2.07	2.14	2.16	2.38	2.16	2.18	2.23	2.21	2.24	2.21
Total	8.25	9.21	10.02	10.77	11.61	12.63	13.17	13.58	13.69	13.56
Total chicken (incl. stewing hen)	6.18	7.07	7.86	8.38	9.45	10.44	10.94	11.37	11.45	11.35
Fish										
Fresh and frozen seafish	2.80	2.94	3.15	2.95	2.87	2.84	2.89
Freshwater	0.14	0.20	0.28	0.30	0.31	0.34	0.31
Processed seafish	2.34	1.75	2.22	1.94	2.37	2.66	2.45
Shellfish total	0.99	1.08	1.50	1.54	1.39	1.39	1.23
Total	6.27	5.97	7.15	6.74	6.93	7.24	6.88
Dairy										
Cheese, cheddar	1.17	1.81	1.93	2.31	2.27	2.42	2.34	2.31	2.29	2.36
Cheese, cottage	0.78	0.93	0.93	0.76	0.56	0.53	0.58	0.57	0.58	0.58
Cheese, processed	1.95	2.15	1.93	2.05	1.91	1.76	1.74	1.82	1.66	1.65
Cheese, variety	1.95	2.24	3.23	3.92	4.18	4.59	4.85	4.64	4.77	4.80
Cream, cereal 10%, litres	1.80	2.03	2.15	2.08	2.14	2.13	2.16	2.18	2.16	2.27
Cream, sour, litres	0.26	0.36	0.55	0.73	0.69	0.89	0.95	1.00	0.96	1.00
Cream, table 18%, litres	0.20	0.20	0.29	0.36	0.58	1.00	1.16	1.33	1.45	1.75
Cream, whipping 32% or 35%, litres	0.37	0.49	0.66	0.60	0.64	0.68	0.78	0.76	0.81	0.87
Ice cream, litres	8.81	9.29	9.01	7.87	8.04	7.41	6.37	6.81	7.02	6.42
Ice milk, litres	0.84	0.76	0.93	0.92	1.45	1.38	1.55	1.65	1.60	1.53
Milk, buttermilk, litres	0.45	0.42	0.38	0.34	0.30	0.32	0.29	0.29	0.31	0.32
Milk, chocolate drink, litres	2.34	2.88	2.60	2.53	2.92	3.45	3.35	3.60	3.65	3.71
Milk, concentrated skim, litres	0.21	1.05	0.47	0.81	0.45	0.23	0.23	0.19	0.20	0.22
Milk, concentrated whole, litres	2.69	1.59	1.50	1.04	0.79	0.74	0.79	0.58	0.67	0.28

1. Experimental, use with caution. Disappearance data adjusted for retail, household, cooking and plate loss.

Table 5. Food Consumed, by Commodity¹

	1976	1981	1986	1991	1996	1999	2000	2001	2002	2003
(kg per person, unless otherwise specified)										
Dairy (cont'd)										
Milk, other whole milk products	..	0.10	0.21	0.28	0.36	0.53	0.62	0.74	0.82	0.82
Milk, partly skimmed 1%, litres	6.30	11.43	12.24	12.75	12.72	12.75	12.90
Milk, partly skimmed 2%, litres	33.92	40.79	45.45	41.25	34.81	32.22	31.96	30.90	30.00	29.89
Milk, skim, litres	2.64	2.49	3.50	4.71	5.73	6.18	6.35	6.45	6.53	6.30
Milk, standard, litres	32.94	28.87	21.93	14.74	11.38	10.44	10.50	10.37	10.01	9.93
Milk, sweetened concentrated skim, litres	..	0.03	0.06	0.02	0.13	0.05	0.04	0.05	0.05	0.05
Milkshake, litres	0.36	0.72	0.76	0.51	0.44	0.56	0.45	0.36	0.22	0.18
Powder buttermilk	0.09	0.11	0.08	0.11	0.14	0.11	0.12	0.14	0.10	0.11
Powder skim milk	2.05	1.35	1.26	0.81	0.95	1.08	0.82	1.07	1.08	1.11
Powder whey	0.62	0.89	0.54	0.65	0.81	0.32	0.69	0.73	0.48	0.26
Sherbet, litres	0.11	0.09	0.07	0.09	0.13	0.15	0.29	0.26	0.16	0.14
Yogurt, litres	0.65	1.21	1.99	2.21	2.34	3.00	3.39	3.61	3.98	4.31
Total Dairy (milk solid)	16.87	17.87	17.77	17.33	17.22	17.05	17.35	17.63	17.31	17.09
Fluid milk, litres	72.29	75.46	73.85	69.88	66.57	64.85	65.20	64.33	63.25	63.06
Total cheese	5.07	6.20	7.09	8.27	8.36	8.78	8.93	8.78	8.72	8.80
Total other dairy	16.22	17.52	17.89	16.70	16.88	17.44	18.00	18.84	19.11	18.98
Eggs (dozens)	15.58	15.18	13.74	12.49	12.43	12.66	13.03	13.17	12.82	12.97
Pulses and Nuts										
Beans baked and canned	1.89	2.06	2.05	1.38	1.27	1.23	1.22	1.26	1.21	1.21
Beans dry	0.50	0.55	0.66	0.68	1.78	1.87	1.66	1.60	1.69	1.68
Peanuts	2.33	2.52	2.62	2.44	2.86	2.59	2.62	2.38	2.57	2.38
Peas dry	0.43	0.99	1.06	1.03	1.68	2.05	2.15	2.03	1.95	1.97
Tree nuts	0.86	1.16	1.35	1.14	0.84	1.19	1.33	1.42	1.46	1.28
Total	6.02	7.27	7.73	6.67	8.43	8.92	8.98	8.69	8.88	8.51
Oils and Fats										
Butter	3.77	3.28	2.88	2.26	2.16	2.13	2.08	2.13	2.11	2.22
Margarine	4.09	4.61	4.51	4.19	4.03	3.93	3.80	3.70	3.61	3.53
Salad oils	2.84	2.65	3.77	4.10	6.78	8.83	8.98	9.14	9.16	9.72
Shortening and shortening oils	5.38	5.79	5.38	6.66	7.51	7.27	7.16	7.21	7.16	6.97
Total	16.08	16.33	16.54	17.22	20.48	22.17	22.01	22.18	22.04	22.44
Fruit Fresh										
Apples	8.95	8.67	7.28	8.05	8.12	7.67	7.35	7.76	6.69	7.12
Apricots	0.07	0.05	0.08	0.07	0.08	0.10	0.10	0.11	0.11	0.11
Avocados	0.08	0.15	0.12	0.11	0.19	0.17	0.22	0.22	0.25	0.26
Bananas	4.89	5.04	5.53	6.09	6.62	6.63	6.24	6.28	6.39	6.42
Berries other	0.06	0.01	0.04	0.05	0.07	0.14	0.13	0.15	0.24	0.22
Blueberries	0.06	0.21	0.16	0.27	0.17	0.12	0.36	0.27	0.26	0.37
Cherries	0.43	0.26	0.20	0.21	0.19	0.25	0.24	0.31	0.24	0.40
Citrus other	0.02	0.02	0.02	0.01	0.02	0.02	0.02
Coconut	0.20	0.20	0.21	0.27	0.21	0.22	0.26	0.24	0.25	0.26
Cranberries	0.25	0.30	0.32	0.45	0.57	0.94	0.87	0.86	1.17	1.16
Dates	0.89	0.82	0.63	0.69	0.50	0.54	0.41	0.35	0.47	0.50
Figs	0.21	0.21	0.21	0.22	0.19	0.19	0.21	0.21	0.20	0.22
Fruit unspecified	0.06	0.01	0.04	0.57	0.86	1.00	0.95	1.02	1.08	1.11
Grapefruit	1.46	1.17	1.08	1.02	0.87	0.69	0.64	0.61	0.66	0.57
Grapes	4.00	3.44	3.95	3.89	2.99	2.82	3.22	2.97	3.31	3.36

1. Experimental, use with caution. Disappearance data adjusted for retail, household, cooking and plate loss.

Table 5. Food Consumed, by Commodity¹

	1976	1981	1986	1991	1996	1999	2000	2001	2002	2003
(kg per person, unless otherwise specified)										
Fruit Fresh (cont'd)										
Guava and mangoes	0.23	0.35	0.49	0.47	0.49	0.47	0.56
Lemons	0.30	0.33	0.38	0.34	0.37	0.43	0.42	0.45	0.47	0.48
Limes	0.04	0.06	0.09	0.11	0.14	0.20	0.20	0.22	0.23	0.23
Mandarins	1.15	1.39	1.41	1.54	1.38	1.52	1.49
Melons musk and cantaloupe	0.43	0.43	0.65	0.50	0.82	1.02	0.98	0.92	1.02	1.05
Melons other	0.15	0.07	0.05	0.06	0.15	0.14	0.12	0.15	0.18	0.13
Melons total	1.62	1.79	2.32	1.60	3.14	3.71	3.60	3.40	3.99	4.18
Melons watermelons	0.82	0.92	1.09	0.59	1.46	1.70	1.65	1.38	1.86	2.10
Melons wintermelons	0.05	0.22	0.33	0.35	0.48	0.58	0.59	0.79	0.66	0.58
Nectarines	0.31	0.39	0.44	0.46	0.46	0.47	0.47	0.51	0.54	0.56
Oranges	6.96	6.37	5.75	3.99	4.98	4.13	5.09	4.70	4.98	5.25
Papayas	0.04	0.07	0.06	0.07	0.08	0.08	0.09
Peaches	1.08	0.85	0.76	0.79	0.70	0.58	0.59	0.62	0.64	0.66
Pears	1.23	1.31	1.32	1.42	1.48	1.68	1.64	1.68	1.70	1.73
Pineapples	0.12	0.17	0.19	0.22	0.22	0.39	0.49	0.58	0.66	0.72
Plums total	0.68	0.83	0.74	0.74	0.68	0.61	0.59	0.67	0.68	0.66
Quinces	0.00	0.01	0.00	0.00	0.00	0.00
Strawberries	0.76	1.01	1.15	1.36	1.41	1.46	1.49	1.40	1.54	1.65
Total	34.64	33.64	32.94	32.98	35.16	35.01	35.66	35.49	36.55	38.01
Fruit Processed										
Apple pie filling	0.24	0.11	0.05	0.29	0.15	0.12	0.11	0.11	0.11	0.11
Apple sauce	0.44	0.46	0.40	0.48	0.55	0.52	0.48	0.46	0.44	0.44
Apples canned	0.02	0.09	0.01	0.04	0.04	0.04	0.12	0.23	0.25	0.27
Apples dried	0.02	0.01	0.02	0.04	0.04	0.03	0.04	0.05	0.05	0.05
Apples frozen	0.14	0.04	0.10	0.04	0.06	0.08	0.06	0.06	0.04	0.04
Apricots canned	0.10	0.12	0.07	0.04	0.04	0.03	0.02	0.03	0.04	0.04
Blueberries canned	..	0.01	0.01	0.02	0.00	0.00	0.00	0.01	0.01	0.01
Blueberries frozen	0.02	0.10	0.20	0.19	0.29	0.39	0.39	0.40	0.41	0.41
Cherries frozen	0.16	0.16	0.16	0.28	0.13	0.15	0.13	0.18	0.16	0.19
Fruit unspecified canned	1.78	1.06	1.28	1.07	1.05	1.53	1.49	1.43	1.59	1.60
Fruit unspecified dried	1.19	1.09	1.21	1.40	1.21	1.21	1.31	1.26	1.27	1.36
Fruit unspecified frozen	0.04	0.10	0.10	0.17	0.28	0.27	0.31	0.33	0.32	0.42
Peaches canned	1.14	1.01	0.94	0.77	1.03	0.97	0.95	0.95	0.95	0.94
Pears canned	0.63	0.47	0.42	0.32	0.40	0.35	0.34	0.34	0.34	0.33
Pineapples canned	0.95	1.15	0.95	1.19	0.92	0.92	0.85	0.86	0.83	0.81
Raspberries frozen	0.16	0.27	0.17	0.29	0.34	0.30	0.27	0.26	0.25	0.24
Strawberries canned	0.03	0.03	0.00	0.02	0.04	0.05	0.05	0.05	0.06	0.07
Strawberries frozen	0.51	0.43	0.31	0.35	0.42	0.53	0.48	0.48	0.47	0.47
Total (fresh equivalent)	14.35	13.11	13.17	15.17	14.08	14.48	14.87	14.92	15.08	15.71
Total canned	5.32	4.51	4.12	4.25	4.23	4.53	4.41	4.46	4.61	4.61
Total frozen	1.05	1.09	1.04	1.32	1.52	1.73	1.64	1.71	1.65	1.77
Total dry	1.21	1.10	1.23	1.44	1.25	1.24	1.35	1.31	1.33	1.41
Vegetables Fresh										
Artichokes	0.02	0.03	0.03	0.02	0.02	0.03	0.03	0.02	0.02	0.02
Asparagus	0.06	0.08	0.09	0.14	0.08	0.12	0.14	0.14	0.16	0.18
Beans green and wax	0.35	0.44	0.46	0.52	0.47	0.54	0.54	0.52	0.59	0.60
Beets	0.27	0.39	0.22	0.19	0.19	0.18	0.22	0.24	0.22	0.21

1. Experimental, use with caution. Disappearance data adjusted for retail, household, cooking and plate loss.

Table 5. Food Consumed, by Commodity¹

	1976	1981	1986	1991	1996	1999	2000	2001	2002	2003
(kg per person, unless otherwise specified)										
Vegetables Fresh (cont'd)										
Broccoli	0.31	0.49	1.02	1.19	1.47	1.48	1.43	1.42	1.41	1.28
Brussels sprouts	0.07	0.10	0.13	0.10	0.11	0.09	0.11	0.12	0.11	0.09
Cabbage chinese	0.25	0.39	0.37	0.38	0.37	0.44	0.41
Cabbage	3.54	3.62	3.15	2.87	3.16	3.38	3.24	2.84	2.88	2.44
Carrots	4.78	5.01	5.33	5.40	5.74	5.30	5.55	5.70	5.05	5.38
Cauliflower	0.36	0.62	0.84	0.67	0.62	0.62	0.60	0.67	0.62	0.61
Celery	2.48	2.89	2.78	2.91	2.51	2.41	2.22	2.28	2.45	2.40
Corn	0.52	0.77	0.70	0.83	0.88	0.76	0.62	0.69	0.70	0.69
Cucumbers	1.09	1.20	1.59	1.55	1.87	2.00	2.13	2.25	1.81	1.82
Eggplant	..	0.09	0.12	0.14	0.18	0.19	0.22	0.22	0.22	0.23
Garlic	..	0.08	0.07	0.11	0.22	0.23	0.23	0.23	0.23	0.23
Kohlrabi	0.01	0.05	0.06	0.07	0.08	0.09	0.12	0.13
Leeks	..	0.03	0.03	0.05	0.11	0.12	0.13	0.13	0.15	0.14
Lettuce	5.31	5.64	5.97	6.26	5.65	6.42	6.21	6.72	7.06	6.93
Manioc	0.00	0.00	0.00	0.01	0.03	0.03	0.03	0.03	0.03	0.03
Mushrooms	0.41	0.73	0.98	1.16	1.08	1.26	1.24	1.28	0.86	0.80
Okra	0.00	0.01	0.02	0.03	0.03	0.04	0.05	0.05	0.05	0.05
Olives	0.01	0.01	0.01	0.01	0.01	0.02	0.01	0.01	0.01	0.01
Onions and shallots	3.31	3.70	4.00	3.50	4.50	4.30	4.47	4.59	4.30	4.08
Parsley	..	0.06	0.08	0.08	0.10	0.13	0.14	0.14	0.14	0.13
Parsnips	0.10	0.10	0.08	0.06	0.10	0.08	0.08	0.08	0.07	0.07
Peas	0.04	0.09	0.05	0.08	0.12	0.14	0.14	0.16	0.15	0.15
Peppers	0.76	1.00	1.42	1.53	1.94	1.85	1.96	1.97	2.05	1.99
Potatoes sweet	0.19	0.22	0.19	0.14	0.20	0.28	0.29	0.29	0.29	0.32
Potatoes white	32.67	30.96	37.05	33.33	39.29	37.14	36.67	38.46	38.20	37.38
Pumpkins and squash	..	0.21	0.30	0.30	1.16	1.21	1.29	1.54	1.27	1.45
Radishes	0.42	0.35	0.34	0.35	0.37	0.35	0.33	0.33	0.35	0.42
Rappini	0.03	0.02	0.04	0.06	0.08	0.08	0.08	0.09	0.08	0.08
Rutabagas and turnip	1.36	1.36	1.08	1.01	0.98	0.97	0.79	0.70	0.73	0.61
Spinach	0.18	0.23	0.25	0.26	0.26	0.33	0.36	0.44	0.48	0.46
Tomatoes	3.95	4.55	4.92	4.18	4.96	5.07	5.19	5.67	5.58	5.01
Vegetables other edible root	..	0.00	0.00	0.16	0.16	0.10	0.11	0.12	0.14	0.15
Vegetables other leguminous	0.02	0.02	0.02	0.01	0.02	0.01	0.01
Vegetables unspecified	0.01	0.29	0.35	0.44	0.96	0.93	0.84	0.85	1.14	1.64
Total	62.58	65.09	73.38	69.07	78.80	77.32	76.79	80.08	78.63	77.12
Vegetables Processed										
Asparagus canned	0.21	0.14	0.13	0.12	0.20	0.16	0.15	0.14	0.15	0.14
Beans green and wax canned	1.15	1.26	0.88	0.76	0.83	1.01	1.00	1.03	1.03	1.01
Beans green and wax frozen	0.26	0.39	0.35	0.37	0.24	0.24	0.24	0.24	0.24	0.25
Beets canned	0.30	0.23	0.19	0.30	0.18	0.15	0.15	0.15	0.15	0.15
Broccoli frozen	0.11	0.22	0.13	0.25	0.43	0.52	0.56	0.57	0.55	0.56
Brussels sprouts frozen	0.12	0.17	0.15	0.07	0.04	0.05	0.05	0.06	0.05	0.04
Carrots canned	0.17	0.18	0.18	0.10	0.11	0.12	0.11	0.12	0.10	0.11
Carrots frozen	0.37	0.53	0.87	0.90	1.07	1.01	1.01	0.99	0.99	0.99
Cauliflower frozen	0.04	0.14	0.07	0.12	0.14	0.15	0.13	0.14	0.11	0.11
Corn canned	1.60	1.89	1.68	1.51	1.33	1.39	1.37	1.31	1.31	1.27
Corn frozen	0.18	0.53	0.72	0.71	0.82	0.71	0.76	0.84	0.80	0.80
Lima beans frozen	0.03	0.03	0.03	0.02	0.01	0.02	0.02	0.04	0.02	0.02

1. Experimental, use with caution. Disappearance data adjusted for retail, household, cooking and plate loss.

Table 5. Food Consumed, by Commodity¹

	1976	1981	1986	1991	1996	1999	2000	2001	2002	2003
(kg per person, unless otherwise specified)										
Vegetables Processed (cont'd)										
Mushrooms canned	0.75	1.12	1.29	1.03	0.78	0.63	0.64	0.64	0.65	0.65
Peas canned	1.28	1.30	1.09	0.70	0.65	0.64	0.62	0.62	0.61	0.60
Peas frozen	0.88	0.99	0.78	1.05	0.97	0.97	0.98	0.98	0.97	0.98
Spinach frozen	0.06	0.06	0.06	0.06	0.09	0.09	0.11	0.10	0.10	0.10
Tomatoes canned	2.65	3.01	2.69	2.81	3.13	3.30	3.30	3.31	3.34	3.43
Tomatoes, pulp, paste and puree	1.05	1.50	1.81	2.02	2.61	2.41	2.47	2.48	2.49	2.54
Vegetables unspecified canned	1.32	1.20	1.03	1.32	1.45	1.82	1.76	2.18	2.11	1.50
Vegetables unspecified frozen	..	0.00	0.00	0.53	0.62	0.63	0.78	0.80	0.82	0.82
Total (fresh equivalent)	21.94	27.88	28.64	30.59	34.67	34.08	34.69	35.54	35.30	34.84
Total canned	10.47	11.85	10.98	10.66	11.28	11.62	11.57	11.99	11.94	11.39
Total frozen	2.07	3.07	3.15	4.09	4.42	4.39	4.62	4.76	4.67	4.67
Juice										
Apple juice, litres	3.48	6.45	8.12	7.38	6.19	6.42	6.26	6.32	6.42	6.28
Grape juice, litres	0.27	0.77	1.54	1.63	3.95	2.84	2.89	2.55	3.74	3.53
Grapefruit juice, litres	0.97	1.36	0.74	0.80	0.90	0.70	0.87	0.67	1.16	0.97
Lemon juice, litres	0.25	0.24	0.23	0.30	0.35	0.33	0.30	0.34	0.49	0.50
Orange juice, litres	7.81	11.33	10.41	7.10	12.09	11.91	12.86	12.07	12.43	12.40
Pineapple juice, litres	0.30	0.51	0.26	0.69	0.60	0.64	0.69	0.85	0.66	0.62
Tomato juice, litres	3.24	3.22	2.46	1.82	1.66	1.34	1.31	1.31	1.28	1.31
Total, litres	16.33	23.88	23.76	19.72	25.74	24.18	25.19	24.12	26.17	25.60
Total fruit juice, litres	13.09	20.67	21.30	17.90	24.08	22.84	23.88	22.81	24.89	24.29
Total vegetable juice, litres	3.24	3.22	2.46	1.82	1.66	1.34	1.31	1.31	1.28	1.31
Beverages										
Ale, beer, stout and porter, litres	80.73	81.34	76.88	70.64	65.43	66.94	66.75	67.62	66.26	66.24
Distilled spirits, litres	7.72	7.70	5.95	4.72	4.25	4.95	5.11	5.69	6.35	6.33
Wines, litres	6.23	8.72	9.37	7.98	8.25	9.15	9.58	9.88	10.16	10.48
Coffee, litres	87.12	90.44	80.84	86.42	86.54	88.16	89.99	90.32	90.62	90.30
Soft drinks, litres	56.09	60.09	71.16	89.87	98.50	103.92	100.50	100.88	99.85	98.87
Tea, litres	77.75	60.70	52.79	37.42	43.44	60.68	62.06	64.83	63.39	80.56
Water, bottled, litres	17.46	22.39	23.74	26.34
Total	331.96	332.88	320.76	316.78	349.61	380.37	382.92	389.68
Total alcoholic	94.67	97.76	92.20	83.35	77.94	81.04	81.43	83.18	82.77	83.05
Total non-alcoholic	237.28	235.11	228.56	233.43	271.67	299.33	301.48	306.50

1. Experimental, use with caution. Disappearance data adjusted for retail, household, cooking and plate loss.

Table 6. Nutrients Available from the Canadian Food Supply^{1,2}

	1976	1981	1986	1991	1996	1999	2000	2001	2002	2003
<i>per person / per day</i>										
Energy (kcal)	3172.0	3136.5	3238.6	3177.9	3480.5	3642.8	3653.8	3693.7	3735.3	3732.4
Carbohydrates (g)	393.0	381.9	407.5	397.2	440.3	449.9	453.6	461.4	472.0	471.2
Proteins (g)	102.0	101.2	101.9	99.0	103.9	109.8	109.4	109.7	109.7	108.0
Fat - total (g)	122.0	123.2	124.5	125.3	138.7	148.9	148.5	148.9	148.7	149.6
Mono-unsaturated fatty acids	55.6	56.8	57.0	59.6	67.0	71.4	71.1	71.4	71.2	71.3
Poly-unsaturated fatty acids	17.2	17.9	19.4	20.3	25.0	28.2	28.3	28.5	28.6	29.0
Saturated fatty acids	39.6	39.2	38.6	36.9	37.6	39.5	39.4	39.4	39.2	39.5
Cholesterol (mg)	409.2	399.7	383.9	359.1	353.6	374.6	373.3	375.0	371.7	372.6
Vitamin A (re)	1410.8	1463.5	1534.9	1516.5	1567.7	1569.3	1546.9	1569.3	1508.6	1561.9
B Vitamins										
Thiamin (mg)	3.0	3.5	3.3	3.0	3.6	3.5	3.5	3.5	3.5	3.3
Riboflavin (mg)	2.7	2.7	2.7	2.6	2.7	2.8	2.8	2.8	2.8	2.8
Niacin (ne)	50.1	49.5	50.5	49.2	52.1	55.4	55.4	55.8	55.7	54.6
Folate (mcg)	257.1	272.2	278.2	266.3	308.4	320.7	319.8	319.5	321.3	316.3
Vitamin B-6 (mg)	2.3	2.3	2.4	2.3	2.5	2.5	2.5	2.5	2.5	2.5
Vitamin B-12 (mg)	8.2	7.4	7.4	6.9	6.6	7.1	6.7	6.6	6.6	6.8
Vitamin C (mg)	102.8	113.9	121.3	111.8	129.7	127.3	130.0	130.3	133.2	131.4
Vitamin D (mcg)	6.0	6.1	5.8	5.3	5.1	5.1	4.9	4.9	4.9	4.8
Vitamin E (mg)	9.5	10.1	10.9	10.6	12.6	14.1	14.0	14.0	13.9	14.3
Vitamin K (mcg)	115.1	114.5	142.7	150.3	215.2	267.2	270.5	276.7	277.1	289.2
Calcium (mg)	889.2	930.1	927.9	917.8	935.1	942.0	947.5	960.5	953.7	943.5
Phosphorus (mg)	1624.5	1647.0	1653.6	1615.4	1709.3	1751.4	1750.9	1763.6	1764.0	1740.2
Magnesium (mg)	318.0	324.8	327.5	317.6	346.5	357.7	359.1	362.9	359.5	353.4
Sodium (mg)	1279.5	1350.7	1312.7	1257.3	1237.1	1265.3	1256.4	1279.1	1268.1	1242.8
Potassium (mg)	3883.4	3914.9	3979.6	3771.7	4138.4	4184.7	4186.4	4261.5	4229.2	4203.1
Iron (mg)	17.6	17.1	17.9	17.4	19.3	20.4	20.4	20.5	20.7	20.4
Zinc (mg)	13.7	13.5	13.7	13.0	13.4	14.2	14.1	14.0	13.9	13.8
Copper (mg)	1.5	1.5	1.6	1.6	1.8	1.9	1.8	1.9	1.9	1.8
Manganese (mg)	5.5	5.1	5.0	4.6	5.2	5.9	6.0	6.1	6.1	6.5
Fibre, total dietary (g)	15.3	15.6	16.3	16.0	18.3	18.2	18.2	18.3	18.6	18.5

1. For data by type of food and major food group, please use Canada Food Stats (23F0001-XCB).

2. Does not allow for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants, or losses during preparation.

Table 7. Nutrients Consumed from the Canadian Food Supply^{1,2}

	1976	1981	1986	1991	1996	1999	2000	2001	2002	2003
<i>per person / per day</i>										
Energy (kcal)	2349.4	2327.4	2400.0	2353.2	2573.0	2689.3	2698.3	2728.5	2761.3	2759.9
Carbohydrates (g)	297.1	289.5	308.5	301.7	334.2	341.9	344.7	350.4	358.2	357.7
Proteins (g)	71.9	71.3	71.8	69.8	73.4	77.4	77.1	77.3	77.4	76.3
Fat - total (g)	86.7	87.6	88.5	88.9	98.3	105.2	105.0	105.2	105.1	105.8
Mono-unsaturated fatty acids	39.6	40.5	40.7	42.2	47.4	50.4	50.2	50.3	50.2	50.3
Poly-unsaturated fatty acids	12.6	13.1	14.1	14.6	17.9	20.1	20.1	20.3	20.4	20.7
Saturated fatty acids	28.1	27.8	27.4	26.2	26.7	27.9	27.8	27.8	27.7	27.9
Cholesterol (mg)	297.9	290.2	277.4	258.4	253.9	267.7	267.3	268.9	266.5	267.5
Vitamin A (re)	1045.1	1088.2	1139.9	1126.1	1168.7	1165.8	1155.2	1174.4	1127.3	1161.9
B Vitamins										
Thiamin (mg)	2.1	2.5	2.3	2.1	2.6	2.5	2.5	2.5	2.5	2.4
Riboflavin (mg)	2.0	2.0	2.0	1.9	2.0	2.1	2.1	2.1	2.1	2.0
Niacin (ne)	35.8	35.3	36.0	35.0	37.1	39.4	39.4	39.7	39.7	38.8
Folate (mcg)	198.3	211.6	215.6	205.6	240.5	250.0	249.6	249.3	250.3	246.5
Vitamin B-6 (mg)	1.6	1.6	1.7	1.6	1.7	1.8	1.8	1.8	1.8	1.7
Vitamin B-12 (mg)	5.6	5.1	5.1	4.8	4.5	4.9	4.6	4.6	4.6	4.7
Vitamin C (mg)	76.4	86.1	91.3	84.0	97.7	96.0	98.3	98.8	100.6	99.3
Vitamin D (mcg)	4.4	4.5	4.4	4.0	3.8	3.8	3.7	3.7	3.6	3.6
Vitamin E (mg)	7.1	7.6	8.1	7.9	9.2	10.3	10.3	10.3	10.2	10.4
Vitamin K (mcg)	84.2	84.1	104.0	109.2	155.3	192.3	194.8	199.2	199.4	207.8
Calcium (mg)	665.2	695.9	692.5	686.6	694.7	700.1	704.6	715.1	710.3	702.6
Phosphorus (mg)	1182.7	1201.2	1206.1	1179.5	1250.3	1279.1	1279.5	1289.2	1290.4	1273.9
Magnesium (mg)	240.1	246.2	247.7	240.1	262.4	271.1	272.3	275.1	272.6	268.2
Sodium (mg)	981.5	1035.8	1003.1	959.4	938.7	960.5	951.9	972.4	966.1	946.2
Potassium (mg)	2843.5	2877.5	2911.9	2761.6	3036.9	3077.5	3082.5	3138.4	3113.3	3102.0
Iron (mg)	12.8	12.5	13.1	12.7	13.9	14.7	14.8	14.9	15.0	14.8
Zinc (mg)	9.7	9.6	9.8	9.3	9.6	10.1	10.0	10.0	10.0	9.9
Copper (mg)	1.1	1.1	1.2	1.2	1.3	1.4	1.4	1.4	1.4	1.4
Manganese (mg)	4.5	4.1	4.0	3.6	4.1	4.8	4.8	4.9	4.9	5.3
Fibre, total dietary (g)	11.4	11.7	12.2	12.0	13.7	13.6	13.6	13.7	13.9	13.8

1. For data by type of food and major food group, please use Canada Food Stats (23F0001-XCB).

2. Experimental data, use with caution. Does allow for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.

Table 8. Comparison table between Canada and United States - Per Person Disappearance of Selected Commodities

Year	Fruits ¹		Vegetables				Dairy products ¹			
	Canada	U.S.	Canada	U.S.	Canada	U.S.	Canada	U.S.	Canada	U.S.
	(kg)	(kg)	(kg)	(kg)	(litre)	(litre)	(kg)	(kg)	(kg)	(kg)
Fresh Fruit²		Fresh Vegetables^{1, 5}		Standard Milk		Cheddar Cheese		Ice Cream		
1999	61.11	56.03	139.29	121.70	14.13	29.48	3.28	4.43	5.87	7.58
2000	61.92	55.00	138.16	123.27	14.20	30.15	3.17	4.40	5.05	7.55
2001	61.75	54.09	144.11	122.53	14.03	28.07	3.13	4.47	5.40	7.40
2002	63.86	54.29	141.72	120.26	13.54	27.70	3.10	4.37	5.56	7.59
2003	66.13	..	137.97	..	13.44	..	3.19	..	5.09	..
Frozen Fruit³		Frozen Vegetables^{6, 15}		2% Milk		Variety Cheese		Creams¹⁰		
1999	1.64	1.24	7.64	8.68	43.58	27.49	6.22	8.71	6.36	4.03
2000	1.50	1.44	7.86	8.43	43.23	27.88	6.56	9.11	6.83	..
2001	1.55	1.58	8.21	7.79	41.80	26.57	6.28	9.14	7.13	..
2002	1.50	1.46	7.95	7.79	40.58	26.38	6.45	9.45	7.27	..
2003	1.52	..	7.97	..	40.44	..	6.49	..	7.97	..
Canned Fruit⁴		Canned Vegetables^{7, 15}		Light Milk⁸		Processed Cheese		Ice Milk		
1999	3.19	6.76	29.37	42.61	24.92	23.64	2.39	..	1.01	3.41
2000	3.10	6.36	29.70	42.50	25.84	23.78	2.35	..	1.14	3.30
2001	3.24	6.22	29.36	39.85	25.94	22.40	2.47	..	1.21	3.32
2002	3.20	6.05	29.60	41.19	26.08	21.77	2.25	..	1.18	2.93
2003	3.18	..	30.18	..	25.98	..	2.23	..	1.13	..
Fruit Juices		Vegetable Juice¹		Other Milk⁹		Total Cheese		Yogurt		
1999	25.71	33.11	1.51	..	5.10	6.10	11.88	13.13	4.05	2.69
2000	26.88	33.38	1.48	..	4.93	6.38	12.08	13.51	4.59	2.95
2001	25.68	29.60	1.48	..	5.26	6.33	11.87	13.61	4.88	3.07
2002	28.02	29.22	1.44	..	5.36	7.03	11.80	13.82	5.39	3.24
2003	27.35	..	1.47	..	5.45	..	11.91	..	5.83	..
Fluid Milk										
1999					87.73	86.70			0.71	1.18
2000					88.21	88.18			0.79	1.20
2001					87.03	83.36			0.78	1.19
2002					85.56	82.87			0.79	1.19
2003					85.31	..			0.78	..
Cottage Cheese										
1999									0.71	1.18
2000									0.79	1.20
2001									0.78	1.19
2002									0.79	1.19
2003									0.78	..

Source: U.S. Department of Agriculture, Economic Research Service

Table 8. Comparison Table between Canada and United States - Per Person Disappearance of Selected Commodities (cont.)

Year	Cereals ¹		Meat		Beverages		Fats ¹		Other	
	Canada	U.S.	Canada	U.S.	Canada	U.S.	Canada	U.S.	Canada	U.S.
	(kg)	(kg)	(kg)	(kg)	(litre)	(litre)	(kg)	(kg)	(kg)	(kg)
Wheat Flour		Beef ¹		Soft Drinks ¹		Margarine		Fish ¹²		
1999	69.61	65.31	23.80	30.53	116.99	187.99	5.20	3.58	10.04	6.74
2000	71.26	66.38	23.40	30.63	113.14	186.24	5.02	3.72	9.51	6.89
2001	71.48	63.98	22.41	29.95	113.56	185.33	4.89	..	9.65	6.67
2002	72.19	62.02	22.23	30.61	112.40	..	4.77	..	9.99	7.08
2003	69.59	..	23.35	..	111.30	..	4.67	..	9.53	..
Rice		Pork ¹		Coffee		Butter		Nuts ¹³		
1999	8.01	8.35	22.87	23.82	99.25	95.10	2.82	2.12	4.50	4.12
2000	7.90	8.51	21.80	23.06	101.31	99.47	2.75	2.08	4.75	3.94
2001	8.00	8.48	22.05	22.67	101.68	91.59	2.81	..	4.55	4.18
2002	7.52	8.72	21.15	23.26	102.01	89.46	2.79	..	4.82	4.29
2003	7.68	..	19.13	..	101.65	..	2.94	..	4.41	..
Breakfast Food		Chicken and Stewing Hen ¹¹		Tea		Salad Oil		Pulses ¹⁴		
1999	5.33	..	29.61	0.58	68.30	31.20	12.53	13.05	4.41	3.68
2000	5.27	..	31.01	0.57	69.86	29.67	12.73	15.29	4.29	3.80
2001	5.06	..	32.23	0.58	72.98	30.89	12.97	..	4.09	3.54
2002	5.13	..	32.46	0.60	71.36	29.53	12.99	..	4.10	3.66
2003	5.24	..	32.18	..	90.69	..	13.79	..	4.11	..
Turkey ¹¹		Shortening and Shortening Oil		Eggs ¹⁵ (number)						
1999	4.16	75.28	10.31	9.56	183.09	249.74				
2000	4.26	74.42	10.16	10.46	188.41	251.03				
2001	4.22	72.91	10.23	..	190.36	252.46				
2002	4.27	74.63	10.16	..	185.32	254.52				
2003	4.21	..	9.88	..	187.57	..				
		Oils and Fats								
1999			30.86	28.32						
2000			30.66	31.55						
2001			30.90	..						
2002			30.71	..						
2003			31.28	..						

Source: U.S. Department of Agriculture, Economic Research Service

Footnotes for table 8. Comparison table between Canada and United States

1. In retail weight.
2. Includes apples, apricots, avocados, bananas, cherries, cranberries, grapes, kiwi, mangoes, peaches and nectarines, pears, pineapples, papayas, plums and prunes, strawberries, melons, oranges, lemons, limes, and grapefruit.
3. Includes raspberries, strawberries, blueberries, apples and cherries.
4. Includes apples and applesauce, apricots, peaches, pears and pineapples.
5. Includes artichokes, asparagus, beans, broccoli, Brussel sprouts, cabbage, carrots, cauliflower, celery, corn, cucumbers, eggplant, garlic, lettuce, mushrooms, onions, peppers, potatoes, radishes, spinach, sweet potatoes and tomatoes.
6. Includes asparagus, beans, broccoli, carrots, cauliflower, peas and corn.
7. Includes asparagus, beans, cabbage, carrots, corn, cucumbers, peas, mushrooms and tomatoes.
8. Includes 1% and skim milk (Canada); includes 1% and 0.5% milk (U.S.).
9. Includes lower-fat buttermilk and flavoured milk.
10. Includes cereal, table, sour and whipping cream.
11. In eviscerated weight.
12. In edible weight.
13. Includes tree nuts, peanuts and coconuts.
14. Includes dry peas and lentils, and dry beans.
15. In fresh equivalent.