



What You should know about breast cancer screening

CANADIAN BREAST CANCER SCREENING INITIATIVE

A partnership between Health Canada, provincial/territorial screening programs, professional associations, non-governmental agencies and women.

Every woman is at risk for breast cancer, but your risk climbs with age. Eighty percent of all breast cancer occurs in women over 50 years of age. Fortunately, mammograms are highly effective for this age group. That's why provincial screening programs recommend a mammogram every two years for women 50 and older.

Provincial screening programs are for women with no symptoms of breast cancer. They are designed to detect the disease at the earliest possible stage and, therefore, greatly increase the chances of survival.

Provincial screening programs have established screening services that specialize in providing breast screening in a quality, caring environment. If you are 50 or older and aren't currently involved in a screening program, do yourself a favour. Start now. Call your nearest screening program today, and talk to your family physician.

For more information call the Cancer Information Service at 1-888-939-3333, a service of the Canadian Cancer Society.