



## Tuberculosis FACT SHEET

### Tuberculosis Prevention and Control

## *TB transmission*

### ***How is TB spread?***

TB is spread through the air when someone with *infectious TB disease* coughs or sneezes. Another person may then inhale the TB bacteria into their lungs. People cannot get infected with TB by handshakes, sitting on a toilet seat, or sharing dishes with someone who has TB.

### ***How contagious is TB?***

TB is not as contagious as other diseases such as the flu or chickenpox. To get infected, a person usually has to spend many hours every day with the person with *infectious TB disease*. People who live in overcrowded housing with poor air circulation may be more at risk of getting *TB infection*.

