

**Summary of**  
**Health Promotion and Programs Branch**  
**Health Canada**  
**Programs and Activities**  
**in**  
***Alberta***



**1999 - 2000**

**Our mission is to help the people of Canada  
maintain and improve their health.**

*Health Canada*

Summary of Health Canada Projects in **Alberta (1999-2000)**  
refers to projects funded through  
the Health Promotion and Programs Branch,  
Alberta, Northwest Territories and Nunavut Region

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For further information, please contact:

Health Canada  
Health Promotion and Programs Branch  
Alberta, Northwest Territories and Nunavut Region  
Suite 815 Canada Place  
9700 Jasper Avenue  
Edmonton AB T5J 4C3  
Tel (780) 495-2754  
Fax (780) 495-5537

[www.health-santecanada.net](http://www.health-santecanada.net)

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# I WHO WE ARE AND WHAT WE DO

Health Canada's Health Promotion and Programs Branch (HPPB) for the Alberta, Northwest Territories and Nunavut Region was established in 1992. The Branch seeks to promote understanding and action on the broad factors that determine health, to provide leadership in addressing the health of specific populations and key health issues, and to work with other partners to develop strategies which contribute towards improving the health of Canadians.

During fiscal year 1999 - 2000, our mandate has been to deliver federal health promotion programs in Alberta, the Northwest Territories and Nunavut through working collaboratively with organizations in government, non-government and private sectors. (Beginning fiscal year 2000-2001, the Ontario Region of HPPB will assume the federal health promotion program delivery mandate for Nunavut.)

A key strategic direction for HPPB is population health. This is an approach which addresses the entire range of factors and the way they act together in determining the health and wellness of Canadians. Factors such as healthy child development, social supports, employment, education, and a clean environment all interact and impact our health. Population health strategies take into account these interactions and are designed to affect the health of an entire population or significant sub-populations.

The HPPB Alberta, Northwest Territories and Nunavut Region uses a life cycle approach to its program planning and delivery. Research and social marketing staff provide support in the development and implementation of these initiatives through strategic knowledge management and population health marketing.

The HPPB Regional Offices in Edmonton and Calgary work closely with Alberta Health and Wellness to ensure that federal health promotion programs complement provincial priorities. As programs are implemented, special attention is directed towards avoiding duplication and overlap. The Alberta, Northwest Territories and Nunavut Region also works collaboratively with Health Canada's national HPPB directorates and with other federal departments such as Human Resources Development Canada (HRDC), Canadian Heritage, and Justice Canada. In particular, we partner with Environment Canada on a community capacity-building initiative focussed on issues involving health and the environment. HPPB also maintains close links with community organizations; private foundations; associations representing health professionals; diverse cultural groups; Métis, First Nations and Inuit organizations; and Alberta universities and research centres.

## II HOW TO PUT THIS REPORT TO WORK

The purpose of this report is to provide our partners - other federal departments, the Government of Alberta, Regional Health Authorities and Regional Councils, research organizations, municipal governments, the business sector, politicians, and non-profit health, social support, and environmental groups - with a comprehensive resource describing all projects funded in the province by HPPB Alberta, Northwest Territories and Nunavut Region. Health practitioners, researchers and decision-makers will find it a practical source of information and data as they plan and implement health initiatives. The report is also useful as a networking tool to develop or enhance intersectoral links.

Projects described in this report were initiated or ongoing during the period April 1, 1999, to March 31, 2000. Total amounts of funding for multi-year periods are not listed as this document seeks to offer a snapshot of community initiatives, who did them, and how much money was allocated for work during a single fiscal year.

For easy reference, project summaries are grouped according to the Alberta Health Region in which the project sponsor is located. Charts in the Introduction provide information on the total amounts of funding approved in each health region. Projects funded in the Métis Settlements are grouped together in one section as well as appearing in the appropriate health region sections.

The report also provides information on the organizational structure of the HPPB, Alberta, Northwest Territories and Nunavut Region. Since a key theme in our work is collaboration both internally and externally, we have added 2 new sections to our report this year to capture how this important way of doing business adds value to regional activities. *Section V - Our Region at Work: Setting New Directions, Strengthening Programs and Building Capacities* shows how HPPB integrates collaborative, intersectoral practices into the design and implementation of its endeavours. *Section VI - Spotlight on Special Collaborations* highlights key initiatives, working groups or committees, models of practice and social marketing accomplishments which are especially significant for furthering the spirit and practice of population health.

The final section of the report takes a look at the future directions which the Regional HPPB Office plans to take as we continue to work collaboratively with our partners to address the factors determining the health of our population.

# III ALBERTA, NORTHWEST TERRITORIES AND NUNAVUT REGION

## HPPB PROGRAMS AND INITIATIVES

The population health approach continues to guide policy and program development in the Health Promotion and Programs Branch. It is within this context that the Alberta, Northwest Territories and Nunavut Region funded projects in Alberta during 1999/2000 under the following programs: the Aboriginal Head Start Initiative; the AIDS Community Action Program (the Canadian Strategy on HIV/AIDS); the Hepatitis C Prevention, Support and Research Program (Community-Based Support Component); the Canada Prenatal Nutrition Program; the Community Action Program for Children; and the Population Health Fund (which includes the Community Animation Program).

Projects funded under these programs receive support through grants or contribution agreements with Health Canada, and brief descriptions of program scope are provided below under *Current Programs*. Funding streams described under *Emerging Programs* will also offer project funding under grants and contributions but this will not occur until fiscal year 2000/2001. The work undertaken by Tobacco Enforcement Officers on the broad area of tobacco control/compliance does not have this type of component and is thus listed separately under *Special Initiatives*. Please note that abbreviations for program names are commonly used throughout this report.

### A. CURRENT PROGRAMS

#### **Aboriginal Head Start Initiative (AHS)**

Supports the development and implementation of community-driven culturally appropriate programming designed to support healthy child development and school readiness.

#### **AIDS Community Action Program, Canadian Strategy On HIV/AIDS (ACAP)**

Develops and strengthens the ability of community-based organizations to address their particular HIV/AIDS issues through targeted prevention education, health promotion for people living with HIV/AIDS and creating supportive environments. ACAP supports both project and operational funding.

#### **Canada Prenatal Nutrition Program (CPNP)**

Helps community groups and organizations to address the needs of at-risk pregnant women, and to assist them to have healthier pregnancies. The program also promotes breastfeeding and supports mothers and infants up to 12 month post partum, in order to promote child health and development.

#### **Community Action Program for Children (CAPC)**

Helps community groups address the health, educational and developmental needs of children at-risk aged 0-6 years, while strengthening and supporting their families.

# III ALBERTA, NORTHWEST TERRITORIES AND NUNAVUT REGION

## HPPB PROGRAMS AND INITIATIVES

### **Population Health Fund (PHF)**

Increases community capacity for action on, and across the determinants of health by supporting initiatives that facilitate joint planning and coordinated action across sectors.

Population Health Fund dollars also support the **Community Animation Program (CAP)** which is designed to build the capacity of communities to make links and take action on health and environment issues. Environment Canada and Health Canada each contribute \$75,000 towards CAP in the region. In addition to supporting sustainable development goals at the community level, CAP is a model of intersectoral collaboration federally.

### **Hepatitis C Prevention, Support and Research Program**

The Community-Based Support Component of the Hepatitis C Prevention, Support and Research Program enhances the capacity of community-based organizations at the national, regional and local levels to provide support to persons infected, affected or at risk of Hepatitis C. The objectives of this component are to:

- contribute to greater understanding and appreciation by Canadians about the nature and effects of Hepatitis C, and greater sensitivity to and support for those persons infected, affected or at risk of Hepatitis C; and
- strengthen the capacity of regional and local community-based organizations to provide support to those persons infected, affected or at risk of Hepatitis C.

## **B. EMERGING PROGRAMS: LAUNCH SPRING/SUMMER 2000**

### **Rural and Remote Health Innovations Initiative**

Designed to support improved health in rural and remote areas and to increase community capacity for action on the determinants of health. The initiative seeks to:

- improve the health of communities and individuals living in rural and remote areas;
- provide models for use in other parts of the country; and
- support the development of a rural health strategy for Canadians.

### **Diabetes Strategy**

Designed to develop and enhance education, awareness and prevention activities for Type II Diabetes. Program activities are intended to link healthy eating and active living components.

# III ALBERTA, NORTHWEST TERRITORIES AND NUNAVUT REGION

## HPPB PROGRAMS AND INITIATIVES

### C. SPECIAL INITIATIVES

#### **The Tobacco Enforcement and Compliance Program**

The Health Promotion and Programs Branch is responsible for the administration of the federal *Tobacco Act* 1997 in Alberta, Northwest Territories and Nunavut. Education and enforcement activities are directed at controlling access to, advertising and promoting tobacco products. Prevention and reduction of youth tobacco use is a key element of the compliance program.

The Health Promotion and Programs Branch is a member of Alberta Tobacco Reduction Alliance (ATRA). Staff involved with the tobacco program work closely with ATRA and its members, which include all Regional Health Authorities, several non-government organizations and private businesses, on a number of different activities related to tobacco reduction in the province. These activities include participating on the ATRA Youth Team and Public Policy Steering Committee as well as providing support to the *1999 Clear the Air Smoke Free Homes Campaign*. Efforts have also been made to assist the Francophone community in making ties with Francophone Tobacco Reduction Organizations across the country.

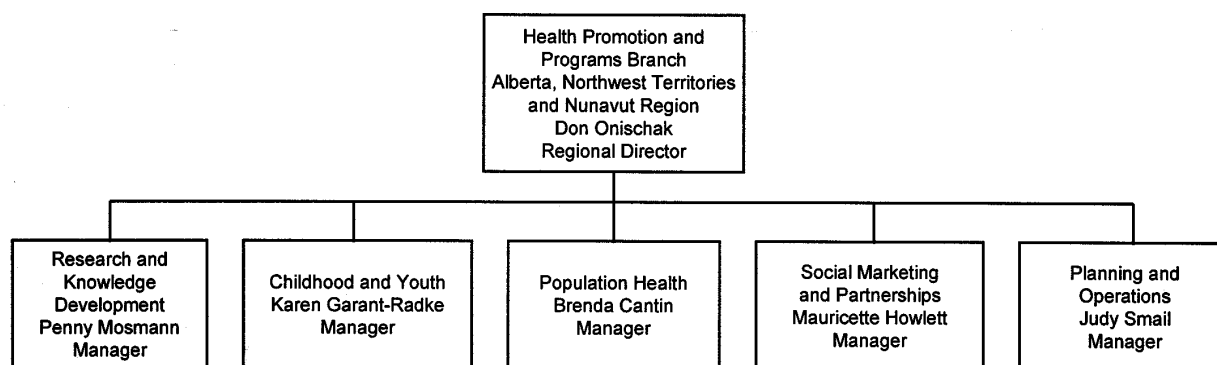


# IV ORGANIZATIONAL STRUCTURE

HPPB Alberta, Northwest Territories and Nunavut Region has developed an organizational structure to facilitate Health Canada's vision of a renewed health system based on a population health approach. This framework provides a broad, more holistic concept of wellness which addresses the wide range of determinants that affect our health, and supports comprehensive and coordinated action by the government, voluntary and private sectors.

The life cycle approach to population health addresses health as we move through three stages: childhood and youth, early to mid-adulthood, and later life. Our region has established 5 sections to carry out business within the population health framework, and to focus action on the health determinants within and across the life stages. These sections and their key roles are listed below.

- **Research and Knowledge Development** - knowledge management, policy recommendations, evaluation and models of practice, emerging intersectoral initiatives (e.g., homelessness, broad wellness activities linked with Aboriginal Health), and support for federal/provincial/territorial relations.
- **Childhood and Youth** - program delivery within a population health framework addressing childhood and youth through the management of the Community Action Program for Children, the Canada Prenatal Nutrition Program, and the Aboriginal Head Start Initiative.
- **Population Health** - program delivery within a population health framework focussing on early to mid-adulthood and later life through management of the Population Health Fund (includes the Community Animation Program); the AIDS Community Action Program; the Community-Based Support Program of the Hepatitis C Prevention, Support and Research Program; and through management of Tobacco Enforcement and Compliance Initiatives.
- **Social Marketing and Partnerships** - population health marketing initiatives, training in social marketing planning and practices, development and enhancement of intersectoral partnerships and electronic knowledge management.
- **Planning and Operations** - organizational administration, human resources, planning, finance and quality standards.



# **V OUR REGION AT WORK**

## **SETTING NEW DIRECTIONS, STRENGTHENING PROGRAMS AND BUILDING CAPACITIES**

### **INTRODUCTION**

Working with partners is a given in most initiatives that focus on health. What's new about this practice today is working towards a common goal with improved health as one of several desired outcomes, and where many different partners share power at the decision-making table. All of us in the prevention/promotion field are sharpening our skills and striving to enhance our capacity to practice intersectoral action effectively. Collaborations with government and non-government organizations from Justice, Education, Employment, Social Services, and Economic Development (as well as the traditionally defined health field) are keys to success in this work, as is the development of meaningful partnerships with businesses.

As we strengthen our programs and capacity to influence health strategically through using the population health approach, we are clearly thinking and acting in new ways. In this context, the term "setting new directions" means thinking comprehensively about these diverse factors that determine health and weaving together equally comprehensive action strategies which use the strengths and resources of multi-sectoral organizations. The following pages in this section will provide examples of regional work in this field.

### **RESEARCH AND KNOWLEDGE DEVELOPMENT SECTION**

The Research and Knowledge Development Section (RKDS) provides regional leadership and support as HPPB, AB/NWT/Nunavut moves forward in its active implementation of the population health approach. RKDS has been the focal point for regional policy work on HPPB pre/post division program management related to the Northwest Territories and Nunavut, and also provides recommendations on emerging policy directions overall in health promotion and population health.

RKDS works in the broad health research area through its support for research undertaken by university and front-line practitioners, and its direct involvement in the development of frameworks and models which can be applied to population health work in the community. We also are involved in consultations with various stakeholder groups in partnership with other Health Canada Branches or the HPPB National Office (for example, support for the Health Protection Branch public legislative renewal consultations and active facilitation of consultative sessions on the establishment of Children's Centres of Excellence.)

RKDS also works in the broad area of Aboriginal Health, with a special focus on emerging health issues as various First Nations, Métis and Inuit groups and entities look at the development of health systems and frameworks for program delivery. In this role, RKDS has established linkages with Métis Peoples within Alberta and provides support for initiatives which address urban Aboriginal homelessness.

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## SETTING NEW DIRECTIONS, STRENGTHENING PROGRAMS AND BUILDING CAPACITIES

### **Research Activities**

RKDS works in close collaboration with members of the Alberta Consortium for Health Promotion Research and Education (i.e., the Centre for Health Promotion Studies (CHPS) at the University of Alberta, the University of Calgary, the Alberta Cancer Board (Calgary), the Alberta Centre for Well-Being, and the Nechi Institute for Research, Training and Health Promotions). This Alberta-wide group seeks to advance health promotion research, education and dissemination to inform policy and to improve the health of Albertans. The Consortium recently entered into a working relationship with the Edmonton Social Planning Council, a non-government organization with a mandate for work in social policy, community programming and public education. The Council will provide a coordinative structure for the Consortium and will facilitate an extension of Consortium reach in collaborative research and dissemination.

RKDS also provides support for health promotion and population health research through its participation on the Advisory Committee for the Centre for Health Promotion Studies at the University of Alberta, and its role on multi-sectoral advisory committees which support research on issues faced by low income populations and new Canadian children and youth.

RKDS also continues to be involved in international projects relating to program delivery in the Russian Far East. Previously, RKDS acted as a resource to the Edmonton Social Planning Council in its Municipal Democratization Project in the Sakha Republic (Siberia), meeting with delegates from the City of Yakutsk and providing information on funding streams for community-based programs and services. During the current fiscal year, RKDS has served as a member of the Project Advisory Committee for the Sustainable Rural Health Project sponsored by the Canadian International Development Agency (CIDA) and undertaken by the Canadian Circumpolar Institute, University of Alberta. During the summer of 1999, RKDS and Aboriginal Head Start Program staff assisted the project through the arrangement and coordination of field visits for Russian health care staff to community services sites in Alberta.

### **Model Development:**

#### **Analytical Framework for the Regional Mobilization of Population Health**

In 1998, Health Canada published a key document entitled *:A Position Paper for Health Promotion and Programs Branch Staff: Taking Action on Population Health*. The significance of *Taking Action* lies in the fact that it synthesized and clarified what is involved in “doing the business of population health”, or in mobilizing population health. As the Branch began to discuss this document, HPPB Regional Directors took the lead in mobilizing population health in their respective regions and actively engaged staff in this task.

During the summer of 1999, the regions developed a mobilization work plan. The plan focussed on highlighting regional learnings and contributions to the Branch population health approach by documenting and analysing case studies drawn from each of their 6 offices. While the case studies would be diverse, regions would use a common analytical tool or framework to develop and report on their work. The regions then set up a taskforce of representatives from RKDS, Quebec, and MB/SK, to develop the framework and to consult with managers on its application.

# V OUR REGION AT WORK

## SETTING NEW DIRECTIONS, STRENGTHENING PROGRAMS AND BUILDING CAPACITIES

The resulting framework is a case study guide consisting of a series of questions designed to shed light on how the regions are mobilizing population health and what they have achieved. It seeks to enable regions to pull out common themes about the value-added of regional work in population health mobilization. The framework can also serve as a foundation for the development of evaluation tools and methods to assess the outcomes of case study work in the short, medium and long term. Regions plan to put the framework into work during fiscal year 2000/2001.

### **Work on Homelessness**

HPPB, Alberta/NWT/Nunavut is part of an intersectoral federal team (includes Human Resources Development Canada (HRDC) - Lead, Canadian Heritage, and Justice Canada, among others) working on the issue of homelessness in the Region. At present, there are two homelessness committees, one in each of Edmonton and Calgary (cities determined federally to be among the ten major urban centres where homelessness is an urgent issue). As well as providing staff support in undertaking homelessness “counts” in November, 1999 and the design/implementation of a Homelessness Awareness Day on March 16, 2000, RKDS collaborated with the Population Health Section to support an Aboriginal Housing Forum on March 2 and 3, 2000.

The Nechi Institute for Research, Training and Health Promotions was the community sponsor of the event, attended by over 33 Aboriginal organizations representing housing, front line services and support organizations. In addition to Nechi and Health Canada, the Forum Steering Committee had representatives from the Edmonton Aboriginal Urban Affairs Committee, the Edmonton Aboriginal Coalition for Children’s Services, Canadian Heritage, Native Counselling Services of Alberta, and the Edmonton Homelessness City Coordinator (from HRDC). The key objectives of Forum were as follows: to identify and discuss housing and socio-economic issues impacting housing and the urban Aboriginal Community in Edmonton; to develop recommendations relevant to the urban Aboriginal community using a traditional Aboriginal tipi approach; and to identify next steps and report back to the Aboriginal community and non-Aboriginal organizations.

The Forum produced detailed recommendations which include the importance of having Aboriginal organizations to coordinate housing and housing-related initiatives; the need for additional and increased funding from the three levels of government for long term housing solutions for Urban Aboriginal People; and the provision of additional support to youth, seniors, the disabled and single parents. All recommendations were taken to a Think Tank facilitated by Native Counselling Services of Alberta held March 27, 2000 to discuss who and how the needs of Edmonton Aboriginal People will be represented in decisions affecting their housing, health and homelessness.

# V OUR REGION AT WORK

## SETTING NEW DIRECTIONS, STRENGTHENING PROGRAMS AND BUILDING CAPACITIES

### SOCIAL MARKETING AND PARTNERSHIPS SECTION

The Social Marketing and Partnerships Section (SMP) provides leadership and support for HPPB Alberta/NWT/Nunavut Region and its partners in population health marketing initiatives, training in social marketing planning and practices, the development and enhancement of intersectoral partnerships and electronic information management. SMP views social marketing as a planned strategy for changing behaviour. Within this context, the section works with multi-sectoral organizations to analyse, focus and target population groups to positively affect attitudes and beliefs about healthy choices and lifestyles.

Social Marketing and Partnerships has taken the lead in numerous initiatives which demonstrate the important role that social marketing concepts and practices play in enhancing Branch capacity to positively influence wellness within the framework of the population health approach. The following pages provide highlights of SMP work in this key area.

#### **Social Marketing Network -*Network News***

Early in 1998 (following two social marketing conferences), the Social Marketing Section collaborated with the City of Edmonton on ways to provide colleagues and other professionals with information gained from the conferences. One of two significant outcomes was the *Network News*, a newsletter with social marketing/health promotion information which is sent out quarterly to subscribed colleagues by email or fax. This two-page newsletter is designed as an informational piece for health professionals and not-for-profit agencies interested in such aspects of health promotion social marketing as event or citizen access promotion.

#### **Market Share Workshops**

The other key important outcome of this collaboration between SMP and the City of Edmonton was what is called *Market Share* Workshops. *Market Share* is a series of workshops which focus on both traditional marketing and social marketing. The workshops are designed for an audience which has a diverse range of backgrounds and experience with the market planning process. Whether the participant's aim is to increase sales and attendance, or the desire to influence public attitudes and behaviours, *Market Share* provides a dynamic forum for learning, sharing, creating and developing marketing activities. Each *Market Share* session concentrates on a different stage of the "social marketing planning process". The list of workshops offered during 1999/2000 includes:

- ! Introduction to Traditional and Social Marketing
- ! Vision, Mission and Objective Setting
- ! Environmental Scanning and Trends Analysis
- ! Market Research
- ! Market Segmentation
- ! SWOT and Competitor Analysis
- ! Target Marketing and Positioning
- ! Strategic Market Planning

# V OUR REGION AT WORK

## SETTING NEW DIRECTIONS, STRENGTHENING PROGRAMS AND BUILDING CAPACITIES

### Graphics

The *Graphic Development* Section of Social Marketing and Partnerships is integral to Regional Branch operations in several key areas. These include management of the HPPB Regional web site (the site was launched in the fall of 1999 - full details in Section VI) and the support of Branch projects. Management of the web site includes the development of marketing materials for the web site, regular maintenance and updating of information and events. Activities that support Branch projects include the development of posters, brochures, banners, name tags, graphics for workshop materials, report covers and presentations.

### Social Marketing Presentations

Social Marketing Presentations provides **community groups** with information about access to social marketing tools and strategies which is a priority for the Social Marketing and Partnership Section. Interactive presentations have been made at the Palliser Regional Health Conference in Medicine Hat, Health Canada's Medical Services Branch Annual Conference in Edmonton, the Building Sustainable Communities Forum in Edmonton and to the Health Promotion Studies Graduate Students at the University of Alberta. Participants are guided to the Social Marketing Tool Kit and other social marketing resources on-line at the regional web site:

[www.health-santecanada.net](http://www.health-santecanada.net).

### Open House

Spearheaded by Social Marketing and Partnerships, the Alberta/NWT/Nunavut Region held an open house on May 28<sup>th</sup>, 1999, to welcome Health Canada staff to view the re-designed office space where all HPPB Edmonton staff now work in one location. It was a wonderful opportunity to showcase the work being done in this Region, and to familiarize staff in the rest of the Department with what we do. In focus groups held several months ago, it was found that many people in Health Canada are unfamiliar with the work of colleagues in other Branches. Finding out more about all parts of the Department will make us aware of more opportunities where synergies exist to work together.

The entry to the office had an HPPB display, highlighting our mission, our priorities and the five sections: Population Health, Childhood and Youth, Social Marketing and Partnerships, Research and Knowledge Development, and Planning and Operations. The staff of Planning and Operations hosted a refreshment area in our new Resource Room. Staff from the four program sections were on hand to host displays of their work.

The displays gave visitors an opportunity to experience the essence of each section; Population Health had a poster display on the **Determinants of Health** with a Population Health Promotion Tree to graphically demonstrate the concept; Childhood and Youth focused on **Strong Families, Healthy Children**; Social Marketing and Partnerships showed how social marketing is **Helping You Make Healthy Choices**; and Research and Knowledge Development showed how they are **Helping Put Health Knowledge to Work**.

# **V OUR REGION AT WORK**

## **SETTING NEW DIRECTIONS, STRENGTHENING PROGRAMS AND BUILDING CAPACITIES**

### **THE CHILDHOOD AND YOUTH SECTION**

The Childhood and Youth Section (CYS) manages the Community Action Program for Children (CAPC), the Canada Prenatal Nutrition Program (CPNP), and Aboriginal Head Start Initiative (AHS). Regional initiatives such as the following aim to strengthen the programs and coordinate with other provincial and national activities.

#### **Linkages**

CYS is collaborating with Alberta Health and the Alberta Baby Friendly Network to support breastfeeding in CPNP projects and in the community. Discussions have been initiated with the Food Commodity Promotion/Marketing Network in order to explore the possibility of working together to support the nutrition component of CPNP projects. Connections with CPNP projects on-reserve are being strengthened through CYS staff participation on a working group with Medical Services Branch staff.

Aboriginal projects funded by CAPC have been invited to sit on the Alberta Aboriginal Head Start Committee, through which AHS site representatives partner with Health Canada to direct off-reserve AHS program development. Through linkages with the National Office of Health Canada, Alberta projects are participating as delegates to “think tanks” of researchers and community programs, as well as conducting community-based research on how to involve fathers in early child development programs.

#### **Evaluation**

Evaluation is an important focus in all three funding programs. CPNP projects participate in a national evaluation which also permits data analysis at local and provincial levels. Preliminary outcome data is now available on recipients of CPNP programming. Findings on a group of women who did not receive CPNP services will be made available in the near future. The resulting comparative analysis will help us better understand which aspects of the program are most effective and thus should be replicated or given greater emphasis, as well as pointing out where and how we can strengthen other components as needed.

We have also undertaken evaluation work on CAPC. Over the past year, regional projects conducted a first run of outcome measurement based on the United Way of America model. The process proved valuable in building a common vision and providing information for program improvement. Future directions include building on what has been done to date, while moving to obtain stronger evidence of project success through strengthening data collection tools and methods.

Projects funded under AHS conducted local site evaluations during the early years of the program from 1996 to 1998. At present, Alberta projects are collaborating with Health Canada to develop a provincial evaluation strategy which would provide consistent, comparative information across all sites.

# **V OUR REGION AT WORK**

## **SETTING NEW DIRECTIONS, STRENGTHENING PROGRAMS AND BUILDING CAPACITIES**

### **Electronic Networking**

Health Canada is working to develop projects' capacity to connect with each other, with Health Canada, and with the "information highway" through the world wide web. Support has been provided for equipment, training needs have been identified, and the idea of a joint web site for Alberta AHS sites is being explored.

### **THE POPULATION HEALTH SECTION**

The Population Health Section, through its program delivery work within the framework of the population health approach, promotes prevention and positive action on determinants that affect the health of the population as a whole, or that of specific population groups.

The Population Health Section thus uses this approach in the delivery and management of the Population Health Fund, the Community Animation Program, the AIDS Community Action Program, the Hepatitis C Prevention, Support and Research Program, and the Tobacco Enforcement and Compliance Initiative. Section activities focus on population groups from early adulthood to later life through the frameworks and funding dollars provided by these specific programs.

In August 1999, the Tobacco Enforcement and Compliance Program was transferred to the Health Promotion and Programs Branch following Health Canada's decision to consolidate all its tobacco control activities within a single Branch. In Alberta, Northwest Territories and Nunavut Region, it made sense to place enforcement work within the scope of responsibilities handled by the Population Health Section as this unit already had tobacco reduction activities underway. As well, a strong interest in youth is found within priorities in both sets of activities. This decision positions our region to provide an integrated approach to tobacco control by coordinating public education, social marketing and compliance activities.

The Population Health Section works collaboratively with other sections to promote use of a population health approach internally to create better informed decision-making. The section also furthers the application of the population health approach in communities and in settings involving different levels of government, thus building capacity - in a broad sense - to take action on the factors impacting our health.

Highlights of work in these areas include:

### **Climate Change**

In 1999, Health Promotion and Programs Branch was invited to join the Clean Air Strategic Alliance, Climate Change Project Team. Given the potential impact of climate change on human health, this was seen as an important intersectoral partnership to promote population health. HPPB has supported the development of a survey to assess Albertans' knowledge, attitudes and barriers to taking action on climate change. Results of the survey will shape an outreach program aimed at increasing Albertans' understanding of, and ability to take action on climate change in the workplace and home.



# V OUR REGION AT WORK

## SETTING NEW DIRECTIONS, STRENGTHENING PROGRAMS AND BUILDING CAPACITIES

### **Intersectoral Action Workshop**

The workshop, held in Edmonton March 26, 1999, provided community leaders in the health sector an opportunity to increase their understanding of the benefits and challenges on intersectoral action. Dr. Michael Rachlis presented the keynote address and prepared a background paper on the benefits, barriers and facilitating factors of intersectoral action. The workshop was sponsored by Health Promotion and Programs Branch in partnership with Alberta Health and Wellness, Alberta Community Development, and the Capital Regional Health Authority. The evaluation of this workshop shaped the direction for the second workshop in a series of activities designed to promote intersectoral action for health.

### **Building Sustainable Communities Forum**

Held in Edmonton November 26-27, 1999, the Forum was third in a series of workshops supported by the Community Animation Program. The goals of the Forum were to increase community leaders' understanding of the interconnectedness of health and the environment, and to build community leaders' capacity to address community sustainability through awareness of current resources, tools and existing sustainable community initiatives. Participants represented diverse sectors including urban planning, environment, agriculture, education, academia and health. The key note address: *How We Live: Planning for Sustainable Communities* was given by Dr. Ron Labonté, Director of the Saskatchewan Population Health Evaluation and Research Unit, University of Saskatchewan. The Forum was funded through the Community Animation Program and coordinated by the Alberta Lung Association, Environment Canada, the Alberta Environmental Network, Grande Cache Community Youth Centre, Precipice Theatre, the Town of Banff and Health Canada.

### **Teaming Up For Intersectoral Action Workshop**

The Workshop, held in Edmonton January 28-29, 2000, provided regional intersectoral teams with an opportunity to refine their skills in communication and partnership development, and to build on team action plans. All sessions and activities focussed on improving the intersectoral teams' abilities to work together. The intersectoral teams included representatives from community agencies and organizations across Alberta, as well as provincial and federal government departments. The key note address: *Framework for Intersectoral Policy Changes* was given by Dr. Ginette Rodger, President of Lemire Rodger and Associates and Chief of Nursing at the Ottawa Hospital. Two tools to support intersectoral collaboration were launched. These included: the Draft Intersectoral Action Toolkit and the Intersectoral Action Web Board. The workshop was presented by Health Canada in collaboration with Dietitians of Canada and Alberta Health and Wellness.

# **V OUR REGION AT WORK**

## **SETTING NEW DIRECTIONS, STRENGTHENING PROGRAMS AND BUILDING CAPACITIES**

### **THE PLANNING AND OPERATIONS SECTION**

The Planning and Operations Team is responsible for providing administrative and financial services to support HPPB operations in the Alberta/NWT/Nunavut Region and for providing advice to management and staff on administrative regulations, policies and procedures. Areas of responsibility include managing human resources and accommodation activities, monitoring program expenditures and commitments, preparing budget forecasts and participating in strategic planning and priority setting.

Planning and Operations Staff also work closely with HPPB client groups, i.e., organizations funded through our program streams, to provide advice on financial management practices and ensure that project payments are processed promptly and accurately.

# VI SPOTLIGHT ON SPECIAL COLLABORATIONS

The ability to work effectively in collaboration with others is a major theme of the population health approach and is one that you have seen reflected in the many government and community partnership initiatives described thus far. Certain collaborative endeavours, such as key multi-jurisdictional working groups and their accomplishments, unique models of practice, and special social marketing initiatives, stand out in particular because of their significance in furthering the spirit and practice of population health. These are the special collaborations that we would like to highlight below.

## **The Alberta Joint Management Committee: Working Together for Children**

In 1993, the Governments of Canada and Alberta signed an agreement for the delivery of the Community Action Program for Children (CAPC). In 1995, a similar role was agreed upon for the Canada Prenatal Nutrition Program (CPNP). In order that these federal programs respond to provincial needs and priorities, the programs are co-managed by a Federal-Provincial Joint Management Committee (JMC). This Committee is composed of officials from the provincial ministries of Health and Wellness, Children's Services, and Learning, together with Health Canada officials and representatives from rural and urban areas of the province. Health Canada is represented by the Regional Director of HPPB, AB/NWT/Nunavut and the Region's Childhood and Youth Manager. The role of the JMC is to provide overall direction for CAPC and CPNP in Alberta, to recommend community programs for funding, and to promote the development of stronger links between federal and other programs in the province.

The protocol was the first step in a positive working relationship that has evolved and strengthened over the years. Through the JMC, information regarding current and future programs, as well as needs and gaps, is shared so that funding from different sources can complement each other and be spent where most needed for the benefit of children and families.

With the regionalization of both health and children's services, the JMC has seen the need to revise its terms of reference to reflect these new realities in the province. While the committee continues to monitor funded projects, assess needs and make funding decisions, the focus for the year 2000 and beyond is to forge strong linkages and to share the models of success that have been developed by CAPC and CPNP projects in Alberta over the past six years.

## **Initiatives on Fetal Alcohol Syndrome/Fetal Alcohol Effect (FAS/FAE)**

In 1997, the Fetal Alcohol Syndrome (FAS) was identified as a priority area by the Alberta CAPC/CPNP Joint Management Committee. Two CAPC projects received pilot funding for prevention activities targeting women before childbearing as well as children suspected of, or diagnosed with FAS. A resource kit was developed and distributed to CAPC, CPNP and AHS projects.

# VI SPOTLIGHT ON SPECIAL COLLABORATIONS

The project report, *Fetal Alcohol Syndrome: A Hopeful Challenge for Children, Families and Communities*, by Equitable Consulting Services, has seen wide circulation in Alberta and nationally, because of its extensive review of the literature, resources, and best practices. A needs assessment is now being undertaken to assess the capacity of CAPC and CPNP projects to work effectively on FAS, and to make recommendations for further Health Canada involvement in this area.

In 1998, the Province of Alberta launched the Alberta Partnership on FAS, a comprehensive strategy on the fetal alcohol syndrome. The Partnership is responsible for developing a strategic plan, overseeing and coordinating initiatives and making policy recommendations on FAS. Health Canada is a member of the Partnership and actively involved in the implementation of its initiatives.

In February of 1999, the federal government announced a national FAS initiative. CYS staff participate in a national committee that is setting the direction for the initiative and consult with provincial colleagues to develop a coordinated and complementary strategy.

## **Aboriginal Head Start Conferences Community Strengths Shaping Community Futures**

Since Aboriginal Head Start came to Alberta in 1995, the Childhood and Youth Section has sponsored an annual training conference for delegates from all the project sites. The conference provides an opportunity for elders, staff, board members and parents from all areas of the province to come together and share their challenges and accomplishments. Guest speakers on such topics as child development, behaviour management, cultural curricula, community development and traditional parenting contribute to skill development. Cultural celebrations promote cultural pride and a common sense of purpose.

The conferences are planned by a committee of project representatives which ensures that the topics addressed meet the needs of participants. Evaluations of the conference over the years have been extremely positive.

This year, Aboriginal projects funded under the Community Action Program for Children (CAPC) as well as the on-reserve AHS sites funded by Medical Services Branch, participated in the conference. This was the first opportunity for all Health Canada funded Aboriginal child development projects to network and to work collectively on developing strategies in three key areas: "*Aboriginal Head Start's Role in Long Term Community Development*," facilitated by George Calliou; "*Community Approach to Family Healing*," facilitated by Susan Powell and "*Addressing Strategies in Behaviour Management for Children*," facilitated by Caen Bly. The year 2000 gathering was a strong first step in the development of a network of AHS projects, both on and off-reserve, in Alberta.

# VI SPOTLIGHT ON SPECIAL COLLABORATIONS

## **New HIV Funding Model in Alberta**

The AIDS Community Action Program, in collaboration with federal, provincial, and community partners, developed and implemented a joint HIV funding model entitled the Alberta Community HIV Fund. Utilizing a population health approach, the new funding model transfers responsibility for stewardship of the funding to a community-based organization.

The objectives of the Alberta Community HIV Fund are to: (1) develop a more simplified and transparent process reflecting the communities' needs; (2) improve coordination among HIV programs and services; (3) increase the involvement of community and improved use of community resources; (4) limit service/program duplication; and (5) increase opportunities to access additional funds through health and other sectors.

The Fund is coordinated through a Provincial Population Health Consortium. Consortium membership consists of representatives from: the Health Promotion and Programs Branch and Medical Services Branch of Health Canada; Alberta Health and Wellness; Alberta Family and Social Services; Alberta Justice; Alberta Education; Regional Health Authorities; the Alberta Community Council on HIV; Southern and Northern Alberta HIV Clinics; Alberta Alcohol and Drug Abuse Commission; the Non-Prescription Needle Use Project; Mental Health; and persons living with HIV.

The Consortium works together to review and respond to community agency proposals in accordance with the AIDS Community Action Program's review process, allocate and monitor funds under the stewardship of the Alberta Community Council on HIV, and review project outcomes. The Consortium considers a number of data sources to determine funding priorities, including provincial HIV surveillance data, and HIV clinic and community AIDS organization data. By working together, the Consortium partners can identify issues, address funding-related gaps in HIV prevention and management in Alberta, and make recommendations regarding HIV funding-related issues to relevant ministries, agencies and the Alberta Advisory Committee on AIDS.

## **The Intersectoral Action Toolkit: The Cloverleaf Model for Success**

Working in collaboration with HPPB's Regional Population Health and Social Marketing and Partnerships Sections, and with the Dietitians of Canada, the Research and Knowledge Development Section played a key role in managing the development of the draft Intersectoral Action Toolkit. The kit was developed in response to feedback from an evaluation on the Region's March 1999 Intersectoral Action Workshop, where participants identified the need for tools to support government, community and business partners in working effectively across the sectors.

# VI SPOTLIGHT ON SPECIAL COLLABORATIONS

A literature search pointed out that many key steps in effective collaborations had been effectively mapped out in a publication entitled *Collaboration Handbook: Creating, Sustaining, and Enjoying the Journey*, by Michael Winer and Karen Ray, and published by the Amherst Wilder Foundation in 1994. The Foundation agreed to let HPPB and their contractor use extensive materials from the *Collaboration Handbook*, including their cloverleaf model of the collaboration process, to produce a compact and practical toolkit on how to undertake intersectoral action.

Two case studies which document intersectoral action underway in HPPB AB/NWT/Nunavut were added to highlight the challenges and successes of regional initiatives. The draft kit was distributed in print form at the Teaming Up for Intersectoral Action Workshop in January 2000 and made available electronically on the Intersectoral Action Web Board (please see below). Participant feedback was sought through evaluation of the workshop, and comments were also invited from the HPPB Regional Offices. A final edition of the toolkit should be available in July 2000 and will be distributed widely.

**The HPPB Regional Web site:** [www.health-santecanada.net](http://www.health-santecanada.net)

The Social Marketing and Partnerships Section, working closely with all members of the Regional Office, launched the Health Promotion and Programs Branch, Alberta/NWT/Nunavut Region web site on October 1, 1999.

The web site contains information specific to HPPB programs and projects delivered in Alberta, the Northwest Territories and Nunavut. You will find information related to life cycle issues, projects funded under our program funding streams, social marketing, tobacco reduction and the environment, to name only a few. Overall, the site provides information on what we do as well as serving as a forum for networking and information exchange.

Of special interest for people “working in partnerships” is the Intersectoral Action (ISA) Web Board, as mentioned earlier in conjunction with the ISA Toolkit. The Web Board is a user friendly world-wide web site, that provides people with the opportunity to participate in a web conference, and to read or download messages and files. People can also post conference dates, project information, questions for practitioners, papers, and any other materials. You can click on the Web Board by using this address: <http://healthforum.ic.gc.ca:8080/~board31>

We encourage health professionals and the general public to visit the HPPB Regional Web Site for information on Healthy Living (Program/Project Information), Health Resources, an Events Calendar, Health Activities, and “Frequently Asked Questions”. There are also a myriad of links to our community and national web sites, such as Health Canada On-Line and Health Promotion On-Line [www.hc-sc.gc.ca/healthpromotion](http://www.hc-sc.gc.ca/healthpromotion)

# VI SPOTLIGHT ON SPECIAL COLLABORATIONS

## **Teaming Up Against Tobacco Campaign**

The Social Marketing and Partnerships Section, in collaboration with a number of multi-sectoral organizations, has developed an anti-tobacco initiative aimed at school children in grades 4, 5 and 6 who are attending a public or separate school in the Capital Health Region (greater Edmonton).

As you are probably already aware, tobacco use among Alberta's youth is on the rise. We chose these grades for our campaign as studies have shown that children in this age group begin to make their decisions about whether or not to use tobacco.

The campaign's title "Teaming up Against Tobacco" is based on the theme of showcasing Capital Region role models who are tobacco-free and who have "teamed up" to promote the anti-tobacco message. We plan to spread the campaign message through several mechanisms including:

- ! *An anti-tobacco message contest for grades 4, 5 and 6 in cooperation with the University of Alberta and the Edmonton Drillers (Soccer Team);*
- ! *A T-shirt distribution to all grade 6 students with an anti-tobacco message on the back;*
- ! *Anti-tobacco messaging incorporated into the University of Alberta and Edmonton Driller school visits program;*
- ! *A poster give-away to all grades 4, 5, and 6 students featuring the "Teaming Up Against Tobacco Team"; and*
- ! *Anti-tobacco resource materials developed for teachers in keeping with current curriculum objectives.*

The partners for the campaign include the following: the Capital Health Authority, the City of Edmonton (Community Services), Canadian Heritage, the University of Alberta (Department of Athletics), the Edmonton Drillers Soccer Club, the Alberta Alcohol and Drug Abuse Commission, Edmonton Separate Schools, Edmonton Public Schools, and the Alberta Medical Association.

## **Alberta Provincial HIV Campaign - *HIV...we're all affected***

The Alberta Provincial HIV Campaign was launched in Red Deer, Alberta in February 1999 and will run through June 2000. Its objective is to raise awareness of HIV within Alberta. The project is a partnership between Health Canada and the Alberta Community Council on HIV (ACCH). The Social Marketing and Partnerships Section (SMP) has assumed the lead and the Population Health Section has provided financial support through the Population Health Fund and the AIDS Community Action Program. Key government, non-government and private sector organizations involved in the development and implementation of the campaign include: Alberta Health and Wellness, Hoffmann-LaRoche Pharmaceuticals, the Alberta Medical Association, the Red Cross, and the Edmonton Space and Science Centre.

# VI SPOTLIGHT ON SPECIAL COLLABORATIONS

The campaign consists of four main components:

! ***HIV Awareness Exhibit***

This exhibit is a mobile, interactive and educational HIV exhibit developed in cooperation with the Edmonton Space and Science Centre on tour in various communities throughout the province from February 22, 1999 until spring 2000.

HIV Service Organizations (HSO's) and their partners host the exhibit as it travels through their community. The HSO's make use of a campaign resource manual to assist in the design and implementation of activities tailored specifically for their region.

! ***Marketing Campaign***

Three television Public Service Announcements featuring the band *Wide Mouth Mason* aired on Much Music during February, March, and November of 1999 and on provincial stations since February 1999.

! ***Information Access Campaign***

Alberta Community Council on HIV home page and toll-free number:

Telephone number: **1-888-STOPHIV** Web address: [www.1888stophiv.com](http://www.1888stophiv.com)

! ***Campaign Evaluation:*** to measure the campaign's impact, process and context.

## **Young Adults HIV Prevention Campaign - *Hanging With Riff***

*Hanging with Riff* is a social marketing radio campaign spearheaded by Alberta Health and Wellness, and designed to deliver HIV prevention messages to young heterosexual men between the ages of 18-26 years. This campaign is designed to catch the attention of young men in this age group, make them think about their risk for HIV and change their behaviour with respect to condom use. To appeal to this group, messages were woven into brief, soap-opera-like scenarios with men of similar age groups cast as characters. The program was initially piloted in Fort McMurray in 1998 and then broadcast throughout the province (Edmonton, Calgary, Lethbridge) in 1999.

The HPPB Regional office has contributed funding support through the Population Health Fund to the evaluation component of the campaign and the Social Marketing and Partnerships Section serves on the campaign working group.

## **Mental Illness : Anti-stigma Campaign**

This campaign is a 5 year initiative led by the Alberta Mental Health Board, aimed at reducing the stigma of mental illness and increasing awareness of Albertans about mental health. The Social Marketing and Partnerships Section of HPPB provides support through serving on campaign's Health Promotion and Social Marketing Committee. The campaign itself was launched on June 2, 1999. Future events will include a major World Mental Health Day Conference in October, 2000 and a strategy to improve understanding and knowledge about mental health in the workplace.



# VII WHERE WE ARE GOING

Fiscal year 2000 - 2001 will launch the Health Promotion and Programs Branch of Health Canada into the New Millennium. Looking ahead to our health future, it is clear that addressing complex and rapid change will continue to be a major challenge for governments, health practitioners, researchers, communities, businesses and politicians alike. Key to managing change and improving health outcomes will be the ability to make informed decisions based on the best evidence available, in an electronic era where evidence from all sources will continue to grow.

Through analysing and applying health knowledge gathered over the past decade, we have recognized that health is influenced by a variety of socio-economic and environmental factors which themselves evolve and change. This in turn has heightened our resolve to enrich the already strong collaborative relationships that we have been privileged to share with our partners both horizontally in governments and across the different sectors.

The coming year will therefore be one of focussed and results-oriented intersectoral activity for the HPPB Regional Office. We will build on shared accomplishments and engage in future, joint strategy development to improve health and wellness. In particular, we will continue to collaborate with our government partners to simplify and clarify processes related to program delivery, so that community members can benefit from a more integrated approach to addressing health concerns.

Our region will also build on its strong work in healthy child development by supporting culturally appropriate, community partnership initiatives which focus on prenatal and family health, positive early childhood experiences and enhancement of school readiness. The mobilization of the population health approach will be further enhanced by the showcasing of best practices in this field, and through strategic consultations with various sectors of our regional population to encourage greater citizen engagement in initiatives to support community wellness.

Research and Social Marketing will continue to work as a team with their Program Section colleagues to strengthen regional ability to analyse and apply evidence to program design, implementation, evaluation and dissemination. As well, there will be a focus on strategic use of the regional web site to enhance our capacity to network with and among community partners, and to share health knowledge from formal research and community experiential learnings.

With all its challenges, the new millennium also brings a wealth of opportunities to strengthen the well-being of Canadians. We look forward to consulting with you, our partners, on how we can best capitalize on these opportunities and direct our collective knowledge, talents and strengths towards taking action on health and the factors which influence it.

# VIII FUNDING ALLOCATED PER FEDERAL HEALTH PROMOTION PROGRAM ALBERTA REGION 1999 - 2000

Health Region	HPPB Program	Number of Projects	Funding
<b>Chinook Health Region RHA #1</b>	ACAP	*_ 3	<i>*See RHA #6 (\$64,550.<sup>00</sup>)</i>
	CPNP	1	\$103,300. <sup>00</sup>
	CAPC	3	\$458,125. <sup>00</sup>
	CAP	1	\$3,500. <sup>00</sup>
	HEP C	2	\$7,000. <sup>00</sup>
	PHF	1	\$20,000. <sup>00</sup>
	<b>Totals</b>	<b>8</b>	<b>\$591,925.<sup>00</sup></b>
<b>Palliser Health Region RHA #2</b>	ACAP	*_ 1	<i>*See RHA #6 (\$11,410.<sup>00</sup>)</i>
	CPNP	1	\$68,500. <sup>00</sup>
	CAPC	1	\$56,339. <sup>00</sup>
	HEP C	1	\$3,500. <sup>00</sup>
	PHF	1	\$22,000. <sup>00</sup>
	<b>Totals</b>	<b>4</b>	<b>\$150,339.<sup>00</sup></b>
<b>Headwaters Health Region RHA #3</b>	ACAP	*_ 1	<i>*See RHA #6 (\$14,552.<sup>00</sup>)</i>
	CPNP	1	\$62,900. <sup>00</sup>
	CAP	1	\$4,000. <sup>00</sup>
	PHF	1	\$40,000. <sup>00</sup>
	<b>Totals</b>	<b>3</b>	<b>\$106,900.<sup>00</sup></b>

# VIII FUNDING ALLOCATED PER FEDERAL HEALTH PROMOTION PROGRAM ALBERTA REGION 1999 - 2000

Health Region	HPPB Program	Number of Projects	Funding
<b>Calgary Health Region RHA #4</b>	AHS	1	\$335,200. <sup>00</sup>
	ACAP	*- 3	<i>*See RHA #6 (\$120,938.<sup>00</sup>)</i>
	CPNP	1	\$153,000. <sup>00</sup>
	CAPC	3	\$1,243,600. <sup>00</sup>
	CAP	1	\$3,000. <sup>00</sup>
	HEP C	1	\$8,000. <sup>00</sup>
	PHF	5	\$175,000. <sup>00</sup>
	<b>Totals</b>	<b>12</b>	<b>\$1,917,800.<sup>00</sup></b>
<b>Region 5 Health Region RHA #5</b>	CPNP	1	\$60,300. <sup>00</sup>
	<b>Totals</b>	<b>1</b>	<b>\$60,300.<sup>00</sup></b>
<b>David Thompson Health Region RHA #6</b>	AHS	1	\$201,000. <sup>00</sup>
	ACAP	- 1	\$665,000. <sup>00</sup>
		<i>Total Regional Funding Supports 'Alberta Community Council' and *- 23 projects in various RHA's.</i>	
	ACAP	*- 1	<i>*See RHA #6 (\$26,845.<sup>00</sup>)</i>
	CPNP	2	\$70,930. <sup>00</sup>
	CAPC	1	\$182,520. <sup>00</sup>
	CAP	1	\$1,350. <sup>00</sup>
	HEP C	1	\$3,500. <sup>00</sup>
PHF	1	\$15,000. <sup>00</sup>	
	<b>Totals</b>	<b>8</b>	<b>\$1,169,300.<sup>00</sup></b>

# VIII FUNDING ALLOCATED PER FEDERAL HEALTH PROMOTION PROGRAM ALBERTA REGION 1999 - 2000

Health Region	HPPB Program	Number of Projects	Funding
<b>East Central Health Region RHA #7</b>	ACAP	*_ 1	<i>*See RHA #6 (\$20,000.<sup>00</sup>)</i>
	CPNP	2	\$113,354. <sup>00</sup>
	CAPC	4	\$161,141. <sup>00</sup>
	<b>Totals</b>	<b>6</b>	<b>\$274,495.<sup>00</sup></b>
<b>Westview Health Region RHA #8</b>	AHS	1	\$214,000. <sup>00</sup>
	ACAP	*_ 1	<i>*See RHA #6 (\$27,798.<sup>00</sup>)</i>
	CPNP	1	\$61,300. <sup>00</sup>
	CAPC	2	\$330,000. <sup>00</sup>
	CAP	1	\$2,700. <sup>00</sup>
	<b>Totals</b>	<b>5</b>	<b>\$608,000.<sup>00</sup></b>
<b>Crossroads Health Region RHA #9</b>	CPNP	1	\$66,600. <sup>00</sup>
	CAPC	1	\$217,000. <sup>00</sup>
	<b>Totals</b>	<b>2</b>	<b>\$283,600.<sup>00</sup></b>
<b>Capital Health Region RHA #10</b>	AHS	1	\$328,500. <sup>00</sup>
	ACAP	*_ 6	<i>*See RHA #6 (\$231,291.<sup>00</sup>)</i>
	CPNP	1	\$193,000. <sup>00</sup>
	CAPC	5	\$1,487,142. <sup>00</sup>
	CAP	11	\$61,400. <sup>00</sup>
	HEP C	6	\$55,000. <sup>00</sup>
	PHF	7	\$203,000. <sup>00</sup>
	<b>Totals</b>	<b>31</b>	<b>\$2,328,042.<sup>00</sup></b>

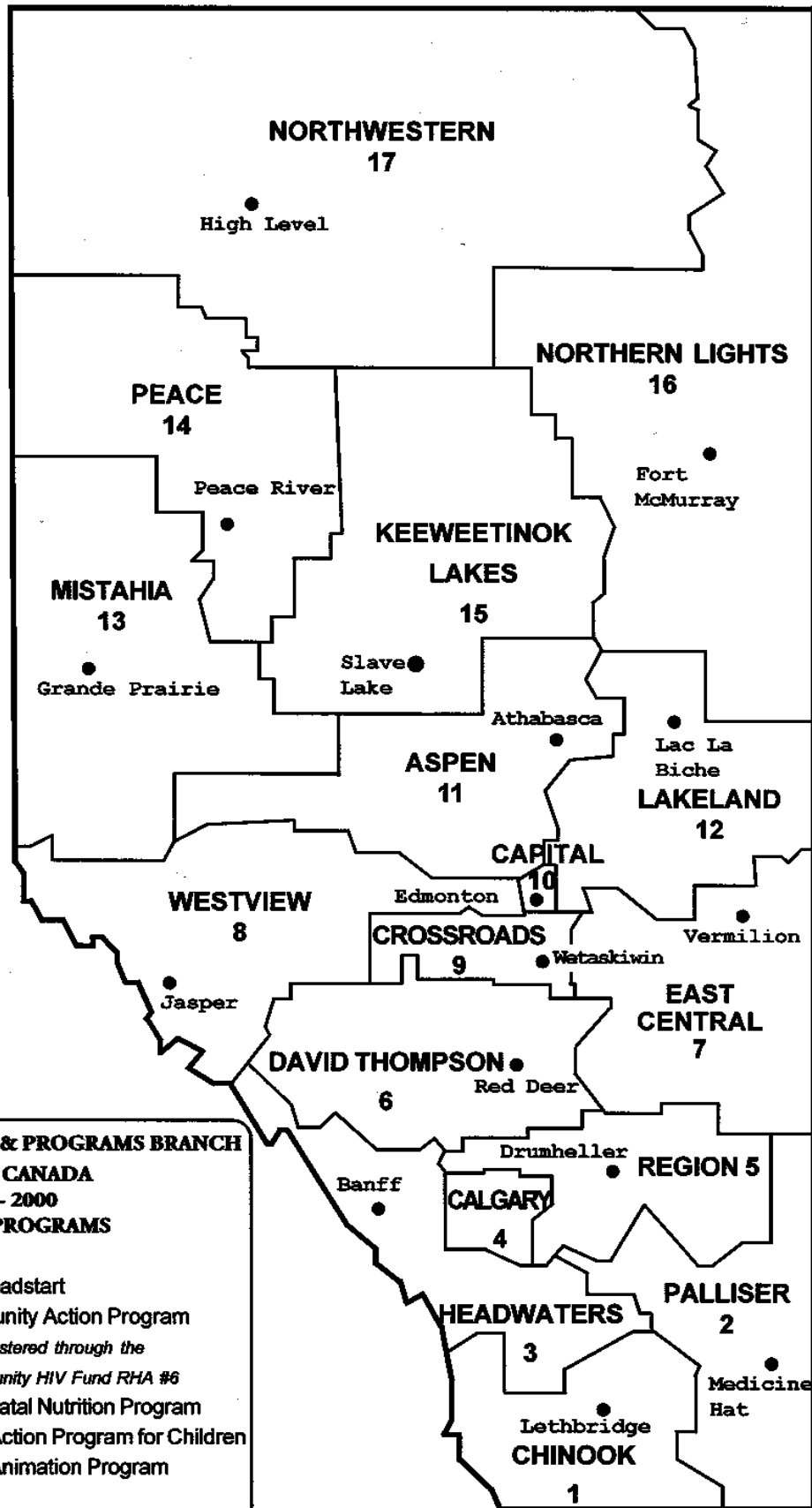
# VIII FUNDING ALLOCATED PER FEDERAL HEALTH PROMOTION PROGRAM ALBERTA REGION 1999 - 2000

Health Region	HPPB Program	Number of Projects	Funding
<b>Aspen Health Region RHA #11</b>	ACAP	*- 2	<i>*See RHA #6 (\$29,826.<sup>00</sup>)</i>
	CPNP	1	\$28,000. <sup>00</sup>
	CAPC	1	\$180,400. <sup>00</sup>
	<b>Totals</b>	<b>2</b>	<b>\$208,400.<sup>00</sup></b>
<b>Lakeland Health Region RHA #12</b>	AHS	4	\$863,199. <sup>00</sup>
	ACAP	*- 2	<i>*See RHA #6 (\$13,036.<sup>00</sup>)</i>
	CPNP	2	\$90,860. <sup>00</sup>
	CAPC	1	\$67,425. <sup>00</sup>
	PHF	1	\$24,000. <sup>00</sup>
	<b>Totals</b>	<b>8</b>	<b>\$1,045,484.<sup>00</sup></b>
<b>Mistahia Health Region RHA #13</b>	AHS	1	\$201,000. <sup>00</sup>
	ACAP	*- 1	<i>*See RHA #6 (\$34,460.<sup>00</sup>)</i>
	CPNP	1	\$75,500. <sup>00</sup>
	CAPC	1	\$79,000. <sup>00</sup>
	PHF	1	\$25,000. <sup>00</sup>
	<b>Totals</b>	<b>4</b>	<b>\$380,500.<sup>00</sup></b>
<b>Peace Health Region RHA #14</b>	CPNP	1	\$51,000. <sup>00</sup>
	CAPC	1	\$70,000. <sup>00</sup>
	CAP	1	\$3,155. <sup>08</sup>
	PHF	1	\$15,000. <sup>00</sup>
	<b>Totals</b>	<b>4</b>	<b>\$139,155.<sup>08</sup></b>

# VIII FUNDING ALLOCATED PER FEDERAL HEALTH PROMOTION PROGRAM ALBERTA REGION 1999 - 2000

Health Region	HPPB Program	Number of Projects	Funding
Keeweenok Lakes Health Region RHA #15	AHS	2	\$424,000. <sup>00</sup>
	CPNP	2	\$88,115. <sup>00</sup>
	CAPC	2	\$250,000. <sup>00</sup>
	<b>Totals</b>	<b>6</b>	<b>\$762,115.<sup>00</sup></b>
Northern Lights Health Region RHA #16	AHS	1	\$206,800. <sup>00</sup>
	CPNP	1	\$48,944. <sup>00</sup>
	CAPC	1	\$353,900. <sup>00</sup>
	<b>Totals</b>	<b>3</b>	<b>\$609,644.<sup>00</sup></b>
Northwestern Health Region RHA #17	AHS	1	\$163,000. <sup>00</sup>
	ACAP	*- 1	<i>*See RHA #6 (\$19,195.<sup>00</sup>)</i>
	CPNP	1	\$53,751. <sup>00</sup>
	CAPC	1	\$410,000. <sup>00</sup>
	<b>Totals</b>	<b>3</b>	<b>\$626,751.<sup>00</sup></b>
	<b>Grand Total</b>	<b>110</b>	<b>\$11,262,750.<sup>08</sup></b>

# HEALTH REGIONS IN ALBERTA



- HEALTH PROMOTION & PROGRAMS BRANCH**  
**HEALTH CANADA**  
**1999 - 2000**  
**FUNDED PROGRAMS**
- AHS** - Aboriginal Headstart
  - ACAP** - AIDS Community Action Program
  - \*ACAP** - Funding Administered through the Alberta Community HIV Fund RHA #6
  - CPNP** - Canada Prenatal Nutrition Program
  - CAPC** - Community Action Program for Children
  - CAP** - Community Animation Program
  - HEP C** - Hepatitis C
  - PHF** - Population Health Fund

**PROJECT: Deconstructing Dorothy: Changing Attitudes in Rural Alberta - ACAP**

**SPONSOR: Gay and Lesbian Alliance of Lethbridge and Area**  
1206 - 6<sup>th</sup> Avenue South  
Lethbridge AB T1J 1A4  
Phone: (403) 329-4666; Fax: (780) 328-8564

**\*Funding Administered through the Alberta Community HIV Fund**

**AMOUNT: \$5,075**

The 'Deconstructing Dorothy' project is geared toward creating awareness among educators and counsellors about the relationship between young gay men and HIV infections; assessing barriers faced in their attempts to support young gay men; developing and delivering training; and strengthening the network of communication and referrals among the support and health service organizations in the area.

**PROJECT: Inside Out - ACAP**

**SPONSOR: John Howard Society & Sik-Ooh-Kotoki Friendship Society**  
Box 1568  
Lethbridge AB T1J 4K3  
Phone: (403) 327-8202; Fax: (403) 320-8202

**\*Funding Administered through the Alberta Community HIV Fund**

**AMOUNT: \$19,800**

This project develops and integrates into existing programs new information components about HIV infection for drug/alcohol users (Native and Non-Native) who are inmates at Lethbridge Correctional Centre and those being released. It also implements follow-up information to the same population and to others on the streets. In addition, it has begun the process of developing and establishing a needle exchange program in Lethbridge.

**PROJECT: Lethbridge HIV Connection - ACAP**

**SPONSOR: Lethbridge HIV Connection**  
1206 - 6<sup>th</sup> Avenue South  
Lethbridge AB T1J 1A4  
Phone: (403) 328-8186; Fax: (403) 328-8564  
lethhiv@telusplanet.net

**\*Funding Administered through the Alberta Community HIV Fund**

**AMOUNT: \$39,675**

Funding is provided for client services and community development activities in Lethbridge and other communities in southwestern Alberta. The project deliverables include: support and education for people living with HIV and their families; strengthened partnerships with groups affiliated with specific target populations; and HIV messages geared towards the general public.



**PROJECT:** Better Beginnings - CPNP  
*Project #:* 6971-09-96-018

**SPONSOR:** Health Promotion Association of Lethbridge and Area  
801 - 1st Avenue South  
Lethbridge AB T1J 4L5  
Phone: (403) 317-7104; Fax: (403) 382-4481  
bcampbll@telusplanet.net

**CONTRIBUTION:** \$103,300

The CPNP project is built on a successful network of community partners which allows for multiple points of entry and flexible service delivery. CPNP funding expands the Better Beginnings Program in the Chinook Health Region by providing milk coupons and prenatal vitamins, a computer support net, workshops and appropriate resources to at-risk women.

**PROJECT:** Lethbridge Head Start Program - CAPC  
*Project #:* 4927-09-94-023

**SPONSOR:** Lethbridge Native Women's Transition Home Society  
Box 1448  
Lethbridge AB T1J 4K2  
Phone: (403) 329-6506; Fax: (403) 329-0285  
headstart@telusplanet.net

**CONTRIBUTION:** \$254,125

This project provides a Native Head Start Program for 25 high risk children age three to six. Also included is a Native parenting and family outreach program with emphasis on traditional child-rearing principles and life skills.

**PROJECT:** Napi Friendship Centre - CAPC  
*Project #:* 4927-09-95-029

**SPONSOR:** Napi Friendship Centre  
Box 657  
Pincher Creek AB T0K 1W0  
Phone: (403) 627-4224; Fax: (403) 627-2564  
okinapi@canuck.com

**CONTRIBUTION:** \$100,000

This project includes several components: a Family Support Program to overcome barriers of rural isolation and teach parenting skills; family literacy programs; conflict resolution training; a children's program offered by the women's shelter; playschool spaces for at-risk children; and a family resource centre for Aboriginal families. Outreach staff are trained in the Parents as Teachers model and work with families on parenting and child development in the home.

**PROJECT:** Early Childhood Health Opportunities (E.C.H.O.) - CAPC  
*Project #:* 4927-09-1999/0140022

**SPONSOR:** Parents as Teachers Program  
1101 - 7<sup>th</sup> Avenue  
Lethbridge AB T1H 0X7  
Phone: (403) 320-5983; Fax: (403) 320-5989  
pat.kenny@lethsd.ab.ca

**CONTRIBUTION:** \$104,000

Parents as Teachers supports the philosophy that babies are born to learn and that parents are their first and most influential teachers. Project activities include: intensive home visiting from Parent Educators to model appropriate parent-child interaction; parent education on the safety, health and development needs of children; annual child developmental screening; and referral to appropriate community agencies.

**INITIATIVE:** Discussion Series and Garbage Fair - CAP  
*Initiative #:* 22/99

**SPONSOR:** Bert Riggall Environmental Foundation  
Box 115  
Lundbreck AB T0K 1H0  
Phone: (403) 628-2422; Fax: (403) 628-2781  
bref@canuck.com

**CONTRACT:** \$3,500

The Bert Riggall Foundation, in conjunction with the Pincher Creek-Piegan Cross-Cultural committee and other organizations in the region, animates a drop-in evening discussion series on environment and health issues and coordinates a community garbage fair. The discussions are publicly advertised, held on a regular evening of the week, and facilitated by a lead resource person. Each evening will focus on one topic, such as eco-efficient communities, cultural courtesy, and community health resources. The Garbage Fair is an opportunity to drop off unwanted items, discover new treasures, drop off recyclables, and view educational displays.

**PROJECT:** Harm Reduction Services Program (NPNU Outreach) - HEP C  
*Project #:* 6763-09-1999/0010004

**SPONSOR:** Hepatitis C Society of Canada - Southern Alberta Chapter  
17 Oriole Road North  
Lethbridge AB T1H 4S2  
Phone: (403) 328-5053; Fax: (403) 328-8703  
vboddy@telusplanet.net

**CONTRIBUTION:** \$3,500

The goal of this project is to contribute to the education and support of people infected, affected or at-risk of Hepatitis C. This project will provide a variety of resources and information to clients accessing the Mobile Urban Street Team (MUST) and in-office needle exchange services in the Lethbridge area. In addition, material intended to raise awareness of Hepatitis C and its mode of transmission and to promote the need for Hepatitis C testing among the general public will be developed and disseminated throughout the region. MUST is a strong partnership of organizations representing diverse target groups in the Lethbridge area including John Howard Society, Lethbridge HIV Connection, Hepatitis C Society and Sik-Ooh-Kitoki Friendship Centre.

**PROJECT:** NPNU Outreach - HEP C  
*Project #:* 6763-09-1999/0010008

**SPONSOR:** Lethbridge HIV Connection  
1206 - 6th Avenue South  
Lethbridge AB T1J 1A4  
Phone: (403) 328-8186; Fax: (403) 328-8564  
lethuids@bulli.com

**CONTRIBUTION:** \$3,500

The goal of this project is to support people who are homeless and disadvantaged in the Lethbridge area and infected, affected or at-risk of Hepatitis C. Many key activities are linked to the Mobile Urban Street Team (MUST) program, a partnership of the John Howard Society, Lethbridge HIV Connection, Hepatitis C Society and Sik-Ooh-Kitoki Friendship Centre. Project activities include the provision of outreach services, education, referrals and counselling throughout the community. Counselling and support are provided through mobile and in-office services.

**PROJECT:** Mexican Mennonite Community Health Worker - Phase II - PHF  
*Project #:* 6785-09-1998/2450028

**SPONSOR:** Health Promotion Association of Lethbridge and Area  
1101, 400 - 4th Avenue South  
Lethbridge AB T1J 4E1  
Phone: (403) 317-7100; Fax: (403) 382-4481  
begreen@telusplanet.net

**GRANT:** \$20,000

The Mexican Mennonite Community Health Worker project involves the recruitment, orientation and health promotion activities of a community health worker from within the Southern Alberta Mexican Mennonite Community whose role will be to develop culturally appropriate health promotion activities across the spectrum of the Determinants of Health. This project also includes work involving the development of a Population Health Promotion Tree resource.

**PROJECT:** HIV/AIDS Network of South Eastern Alberta - ACAP

**SPONSOR:** HIV/AIDS Network of South Eastern Alberta (HANSEA)  
210, 535 - 3<sup>rd</sup> Street SE  
Medicine Hat AB T1A 0H2  
Phone: (403) 527-7099; Fax: (403) 527-7307  
aidsmh@memlane.com

**\*Funding Administered through the Alberta Community HIV Fund**

**AMOUNT:** \$11,410

Funding is provided to support HIV community development and outreach activities, education and training, and care and support services in southern Alberta. Project elements include: up to date information on HIV provided through various community events; prevention education programs to identified target population; and advocacy and support on behalf of HIV positive clients and their families.

**PROJECT:** Best Babies - CPNP  
*Project #:* 6971-09-96-025

**SPONSOR:** Medicine Hat Community Umbrella Society and Health Connections  
2948 Dunmore Road SE  
Medicine Hat AB T1A 8E3  
Phone: (403) 526-7950; Fax: (403) 528-2250  
phoreczy@pha.ab.ca

**CONTRIBUTION:** \$68,500

The regional project addresses needs of at-risk women through the provision of counselling, support, food, nutritional supplements and education. This program incorporates a community kitchen into the educational programming and provides information and support on breastfeeding, food preparation, shopping for low cost and nutritious foods and infant feeding.

**PROJECT:** Best Babies Building Blocks - CAPC  
*Project #:* 4927-09-1998/0140019

**SPONSOR:** Medicine Hat Community Umbrella Society and Health Connections  
2948 Dunmore Road South East  
Medicine Hat AB T1A 8E3  
Phone: (403) 502-8200; Fax: (403) 528-2250

**CONTRIBUTION:** \$56,339

Best Babies Building Blocks project activities include: weekly parent education sessions; a mobile lending library for rural families; weekly child centred programs in three communities with developmental screening for the children; and outreach support to at-risk families in the communities.

**PROJECT:** Project H<sup>3</sup> (Hepatitis B&C & HIV) - HEP C  
*Project #:* 6763-09-1999/0010009

**SPONSOR:** HIV/AIDS Network of Southeastern Alberta Association  
#210, 535 - 3<sup>rd</sup> Street South East  
Medicine Hat AB T1A 0H2  
Phone: (403) 527-7099; Fax: (403) 527-7307  
hivnet@meplane.com

**CONTRIBUTION:** \$3,500

The goal of the project is to establish ongoing support for people who are infected and affected by Hepatitis B, C or HIV. Project activities include establishing a strong partnership of organizations that have the capacity to host a series of workshops focussing on Hepatitis and developing community capacity to establish and facilitate a Hepatitis C support group. The aim of the project is to create community capacity to initiate and sustain peer support groups in the Medicine Hat area. Project partners include the John Howard Society, Palliser Health Authority, Canadian Red Cross, Planned Parenthood, Canadian Liver Foundation, Miywasin Centre and Positive Culture Company.

**PROJECT:** Healthy Communities - Phase II - PHF  
*Project #:* 6785-09-1998/2450037

**SPONSOR:** Health Connections  
2948 Dunmore Road SE  
Medicine Hat AB T1A 8E3  
Phone: (403) 502-8301; Fax: (403) 528-2250  
cwoolfrey@pha.ab.ca

**GRANT:** \$22,000

The primary goal of this project is to promote and enhance the capacity of communities in the Palliser Health Authority to work collaboratively and strategically to identify and take action on health priorities and community issues. Specific objectives include launching a public awareness campaign to promote the Healthy Communities Database; distributing a Healthy Communities newsletter; and hosting a Healthy Communities Strategic Planning/Networking Session in Medicine Hat on May 5-6/00. The theme of the workshop is "Poverty in our Communities". Workshop sessions showcase innovative projects and collaborative models for developing Healthy Communities Initiatives. A key outcome of the Workshop is the development of an action plan for the Healthy Communities Initiative in the Palliser Regional Health Authority.

**PROJECT:** AIDS Bow Valley - ACAP

**SPONSOR:** AIDS Bow Valley  
Box 219, Suite 5233  
Banff AB T0L 0C0  
Phone: (403) 762-0690; Fax: (403) 762-0684  
aidsbv@telusplanet.net

**\*Funding Administered through the Alberta Community HIV Fund**

**AMOUNT:** \$14,552

The purpose of this project is to increase the understanding of issues and strategies in the prevention of HIV among Bow Valley youth and young adults and to strengthen and develop community partners to address HIV issues. Project elements include: prevention workshops to new service industry employees during their orientation sessions; in-services on harm reduction to partnering organization; referrals; and outreach programs.

**PROJECT:** Healthy Moms, Healthy Babies - CPNP  
*Project #:* 6971-09-96-028

**SPONSOR:** High River Rotary Club  
Box 5152  
High River AB T1V 1M4  
Phone: (780) 652-6935; Fax: (403) 652-6951

**CONTRIBUTION:** \$62,900

This regional project provides food vouchers and vitamin supplements; counselling and/or referral; and education and support on lifestyle issues such as breastfeeding, tobacco use, alcohol/substance abuse and violence. Services are provided through coordinated action from community agencies working on addictions, family violence and tobacco issues.

**INITIATIVE:** Community Garden #1 - CAP  
*Initiative #:* 1/99

**SPONSOR:** Society of Healthy Okotoks Coalition  
Box 475  
Okotoks AB T0L 1T0  
Phone: (403) 938-6522; Fax: (403) 938-1825  
okruth@istar.ca

**CONTRACT:** \$4,000

This project supports the construction of the first community garden in the Town of Okotoks. The community garden will improve the health of individuals who do not have space for a garden, such as those living in condos, apartments and trailer parks, by giving them access to fresh vegetables and an opportunity to enjoy the outdoors. As well, several garden spots will be allocated to the local food bank. Volunteers assist with building and cultivating the garden and businesses donate materials. The Town of Okotoks has donated the land.

**PROJECT:** Claresholm Health Promoting Hospital Project - PHF  
*Project #:* 6785-09-1999/2540041

**SPONSOR:** Claresholm and District Health Foundation  
Box 700  
Claresholm AB T0L 0T0  
Phone: (780) 625-3365; Fax: (403) 652-0142  
bhodson@hha.ab.ca

**CONTRIBUTION:** \$40,000

The Claresholm and Oilfields community is developing a health service delivery model that will enable all services to be managed and delivered at the local level. The resulting system will emphasize citizen participation and community-professional partnerships that improve collaboration among health care providers and community agencies and improve access to health services.

**PROJECT:** Calgary Aboriginal Head Start - AHS  
**Project #:** 6973-09-96-027

**SPONSOR:** Four Directions Foster Parent Association  
Bay 15, 3200 - 14 Avenue NE  
Calgary AB T2A 6J4  
Phone: (403) 273-4026; Fax: (403) 273-4027

**CONTRIBUTION:** \$335,200

The Four Directions Foster Parent Association developed and maintains two Aboriginal Head Start sites in Calgary. Each site will operate five days per week for children 3-6 years of age. The program plans to focus on the holistic development of the child with an emphasis on physical, mental, emotional and spiritual concerns. Children will be introduced to the Blackfoot and Cree languages, traditional beliefs, stories, crafts and customs. Elders, grandmothers and parents will spend time with the children on a regular basis. Sound nutrition and health practices are integrated into the program. A parental advisory committee has been established.

**PROJECT:** AIDS Calgary Awareness Association - ACAP

**SPONSOR:** AIDS Calgary Awareness Association  
Suite 200, 1509 Centre Street South  
Calgary AB T2G 2E6  
Phone: (403) 508-2500; Fax: (403) 263-7358  
info@aidscalgary.org

**\*Funding Administered through the Alberta Community HIV Fund**

**AMOUNT:** \$105,600

Support is provided to the AIDS Calgary Awareness Association for community outreach, information and training and support services in Calgary and area. Project elements include: programs that communicate HIV prevention messages to youth with a focus on high risk street youth; enhanced role of the Speakers Network to assist parents to educate and inform their children about HIV; and a community kitchen that provides education on the role of nutrition in living with HIV.

**PROJECT:** Bow Valley HIV Prevention Study - ACAP

**SPONSOR:** Planned Parenthood Alberta  
Suite 304, 301 - 14 Street NW  
Calgary AB T2E 0E3  
Phone: (403) 283-8591; Fax: (403) 270-3209

**\*Funding Administered through the Alberta Community HIV Fund**

**AMOUNT:** \$10,400

The objectives of Bow Valley HIV Prevention Study are to identify the HIV/STD education, supportive and preventative needs of at-risk youth in the Bow Valley and study sustainable action plans which can address these needs.



**PROJECT:** HIV Women's Support Group - ACAP

**SPONSOR:** Calgary Birth Control Association  
#304, 301 - 14 Street NW  
Calgary AB T2N 1A4  
Phone: (403) 283-5580; Fax: (403) 270-3209

**\*Funding Administered through the Alberta Community HIV Fund**  
**AMOUNT:** \$4,938

The objectives of the HIV Women's Support Group are to: increase a sense of societal integration for HIV positive women; increase knowledge about harm reduction and health promotion practices; provide information/resources to enhance coping skills; and promote self-esteem and capacity-building.

**PROJECT:** Best Beginnings - CPNP  
*Project #:* 6971-09-96-017

**SPONSOR:** Calgary Inter-Faith Food Bank Society  
7475 Flint Road SE  
Calgary AB T2H 1G3  
Phone: (403) 253-2059; Fax: (403) 259-4240

**CONTRIBUTION:** \$153,000

The CPNP funding assists with the expansion of the Best Beginnings Program offered through the Calgary Regional Health Authority which targets pregnant teens and low income women. Food, milk, vitamin/mineral supplements and bus tickets are provided for clients with identified needs through CPNP. In-kind services from partners include: assessment, counselling and education; promotion and supports for breastfeeding; additional milk and food; and support for lifestyle, medical, parenting and social issues.

**PROJECT:** Mosaic Family Resource Centre - CAPC  
*Project #:* 4927-09-95-030

**SPONSOR:** Calgary Immigrant Aid Society  
12<sup>th</sup> Floor, 910 - 7 Avenue SW  
Calgary AB T2P 3N8  
Phone: (403) 265-1120; Fax: (403) 266-2486  
cias@cadvision.com

**CONTRIBUTION:** \$168,300

This urban project provides programming to high risk immigrant and refugee families from the former Yugoslavia, Central and South America and South Asia through prenatal and early childhood phases. Flexible programming provides education, social support, prevention, and intervention in culturally accepting milieux. Components include: a parent/child drop-in centre, parent education and support, early childhood enrichment, and recreational and cultural celebrations.

**PROJECT:** Ke Mama Nnanik and Medicine Wheel Learning Centre - CAPC  
*Project #:* 4927-09-94-025

**SPONSOR:** Métis Calgary Family Services Society  
4604 37 Street SW  
Calgary AB T3E 7C7  
Phone: (403) 240-4642/3574; Fax: (403) 240-4846  
kmnanik@web.net

**CONTRIBUTION:** \$560,300

This project offers a parenting and life skills program to families. The program includes: play activities geared to developmental needs; coaching and practice in parent-child interaction; a shared daily meal; and field trips to community-based facilities. Native staff combine traditional values with modern parenting methods.

**PROJECT:** The Pre-School Children of Adolescents - CAPC  
*Project #:* 4927-09-93-001

**SPONSOR:** Catholic Family Service of Calgary  
Suite 250, 707 - 10 Avenue SW  
Calgary AB T2R 0B3  
Phone: (403) 233-2360; Fax: (403) 205-5295  
campbelg@cfs-ab.org

**CONTRIBUTION:** \$515,000

The program provides an enriched Children's Learning Centre for children of teen parents attending school through quality child care in a licenced setting. The program also serves pregnant and parenting teens who are not in a school program through the Outreach Program. Services include: parenting skill development; assistance with life-skills; home visiting; and home start programs.

**INITIATIVE:** Healing the Bow Valley Through Community Empowerment - CAP  
*Initiative #:* 28/99

**SPONSOR:** Canadian Parks and Wilderness Society (CPAWS)  
#306, 319 Tenth Avenue SW  
Calgary AB T2R 0A5  
Phone: (403) 232-6686; Fax: (403) 232-6988  
cpaws\_education@telusplanet.net

**CONTRACT:** \$3,000

Concomitant health concerns in this fast growing community range from increased air pollution in this narrow valley to loss of healthy lifestyles as trails are closed. The project goal is to organize and empower individuals interested in making a difference by developing strategies for completing a network of protected areas in the Bow Valley and providing skill development in effective citizenship to residents of Canmore and the surrounding area. It is anticipated that community leaders will emerge who can stimulate and support action on community-identified issues.

**PROJECT:** HIV/Hepatitis C Peer Support Group  
Alberta Harm Reduction Conference - HEP C  
*Project #:* 6763-09-1999/0010003

**SPONSOR:** AIDS Calgary Awareness Association  
Suite 200, 1509 Centre Street South  
Calgary AB T2G 2E6  
Phone: (403) 508-2500; Fax: (403) 263-7358  
info@aidscalgary.org

**CONTRIBUTION:** \$8,000

Through a partnership of AIDS Calgary and Safeworks Calgary, this project is developing a socially sensitive approach to a support group that aims to increase empowerment, awareness and self-care among current and recovering injection drug users and their sexual partners. The support group originated with concerns expressed by Safeworks clients and others infected and affected by Hepatitis C. These individuals indicated that they were having difficulty participating in groups where their issues were not understood and thus their needs not met. AIDS Calgary and Safeworks understand the lifestyle and literacy issues faced by their clients and wish to address these issues by continually educating themselves.

**PROJECT:** Alberta Tobacco Reduction Alliance Supporting Development  
of Comprehensive Tobacco Reduction Policy in Alberta - Phase II  
Supporting the Development of Comprehensive Tobacco Reduction Policy in  
Alberta - Part 2 - Phase III - PHF  
*Project #:* 5555-09-1997-0010007

**SPONSOR:** Alberta Cancer Board  
1331 29 Street NW  
Calgary AB T2N 4N2  
Phone: (403) 541-5377; Fax: (403) 228-4506  
joannep@atra.ab.ca

**GRANT:** \$50,000

Alberta Tobacco Reduction Alliance (ATRA) has established a working group to develop and implement a strategy to build support for a comprehensive tobacco policy in Alberta. The funded project assists in supporting this strategy through identifying local and regional champions who are prepared to assist with the public policy efforts from ATRA members and stakeholders, and to train these champions to plan and implement local/regional strategies to support the implementation of the provincial policy campaign.

**PROJECT:** Developing Methods and Tools for Building Community Capacity  
Phase I and II - PHF  
*Project #:* 6785-09-1998/2450032

**SPONSOR:** Four Worlds Centre for Development Learning  
Box 395  
Cochrane AB T0L 0W0  
Phone: (403) 932-0882; Fax: (403) 932-0883  
4worlds@cadvision.com

**CONTRIBUTION:** \$25,000

In partnership with the David Thompson Health Region and the Region's Healthy Communities Initiative, the project seeks to build on the momentum achieved during Phase I in advancing the outcomes of communities' capacity-building work. Specifically, the project plans to support three existing demonstration sites to enhance capacity for community health development in areas identified as priorities during the community assessment process. Additionally, the project intends to include a fourth community in the David Thompson Health Region. Tools and strategies for enhancing community capacity for health development (developed during Phase I) will continue to be refined and assessed for effectiveness. Evaluation plans include assessing the increase in community capacity for health development work achieved by the demonstration sites, as a result of project mentoring and assessment support.

**PROJECT:** Collaborative Assessment Project Promoting Caring and  
Wellness in Schools - Phase II - PHF  
*Project #:* 6785-09-1998/2450031

**SPONSOR:** Calgary Learning Centre  
3930 - 20 Street SW  
Calgary AB T2T 4Z9  
Phone: (403) 686-9300; Fax: (403) 686-0627  
calearnc@cadvision.com

**CONTRIBUTION:** \$35,000

The purpose of the project is to build upon existing work to develop a coordinated assessment program to promote caring and wellness in schools. Specific objectives include the development of a framework to assess how schools support wellness; to assess whether existing instruments are adequate to meet identified needs; and to complete the modification, further development and testing of an instrument(s), as needed. Project partners are the Learning through Health Partnership, ATA Safe and Caring Schools, Alberta Learning (Curriculum Standards and Special Education Branch) and Alberta Health and Wellness.

**PROJECT:** Public Health in Alberta: Showcasing our Past,  
Creating our Future - Phase I - PHF  
*Project #:* 6785-09-1999/2450049

**SPONSOR:** Alberta Public Health Association  
106 Woodbrook Road S.W.  
Calgary AB T2W 6C5  
Phone: (403) 251-0240; Fax: (403) 251-0897  
vollman@telusplanet.net

**GRANT:** \$20,000

The purpose of this project is to showcase public health in Alberta. The project is being conducted in two phases. The first phase creates a planning committee and a process for planning activities to showcase public health across the province and the second phase implements activities in local districts. The outcome of the activities will then be shared at the provincial level, refined with input from a provincial forum and unveiled for further feedback at a national forum.

**PROJECT:** Sponsor of Intersectoral Workshop and Toolkit - Phase II - PHF  
*Project #:* 6785-09-1998/2450033

**SPONSOR:** Dietitians of Canada: Alberta, Yukon, Northwest Territories  
Box 74090  
Strathcona Postal Outlet  
Calgary AB T3H 3B6  
Phone: (403) 217-5211; Fax: (403) 217-5212  
jthirsk@dietitians.ca

**CONTRIBUTION:** \$45,000

For Phase II, the Dietitians of Canada sponsored the "Teaming Up for Intersectoral Action" Workshop. This workshop, which built on the 1999 "Intersectoral Action Workshop", provided regional intersectoral teams with an opportunity to refine their skills in communication and partnership development. Individual sessions focussed on policy change, values clarification, decision-making processes, conflict resolution and team action plans. An intersectoral action toolkit is being developed to complement the workshop.

PROJECT: Growing Opportunities - CPNP  
*Project #:* 6971-09-96-038

SPONSOR: Wheatland County Food Bank Society  
507 Willow Drive  
Strathmore AB T1P 1A6  
Phone: (403) 934-3454; Fax: (403) 934-3827

CONTRIBUTION: \$60,300

This project offers a comprehensive prenatal nutrition program. Services include: nutrition assessment and counselling; food, milk and vitamin and mineral supplements; and support in making changes to lifestyle health practices and parenting. A unique feature for pregnant adolescents is that the program distributes breakfast and lunch coupons at the local high school.

**PROJECT:** Rocky Native Friendship Centre Aboriginal Head Start - AHS  
*Project #:* 6973-09-95-021

**SPONSOR:** Rocky Native Friendship Centre  
4917 - 52 Street  
Box 1927  
Rocky Mountain House AB T0M 1T0  
Phone: (403) 845-2788; Fax: (403) 845-3093

**CONTRIBUTION:** \$201,000

The project provides Aboriginal children 3-5 years of age with a child development program rich in Native culture, language and tradition. In-home support is offered to parents through a partnership with the Community Care Program. As members of the Parent Advisory Council, parents have the opportunity to participate in program planning, implementation and evaluation. Elders play an active role in classroom activities and the parenting component. A nutrition program is offered to children.

**PROJECT:** Alberta Community HIV Fund - ACAP  
*Project #:* 6963-09-1999/0070039

**SPONSOR:** Alberta Community Council on HIV  
400, 5000 - 50 Avenue  
Red Deer AB T4N 6C2  
Phone In Alberta Toll Free: 1-877-346-8858; Fax: (403) 346-2352  
acch@idmail.com

**CONTRIBUTION:** \$665,000

This project supports the new funding model entitled the Alberta Community HIV Fund (ACHF), a joint community/federal/provincial initiative implemented April 1, 1999. The model includes transferring responsibility for stewardship of HIV funding to the Alberta Community Council on HIV. The ACHF Steward will work in collaboration with the ACAP Project Consultant to deliver the funds to numerous HIV programs throughout the province.

**PROJECT:** Into the Millennium: Establishing a Provincial Evaluation Framework, Developing a Provincial Database and Building Research Capacity - ACAP

**\*Funds for this project have been provided through the National HIV Office and are not reflected in the regional annual ACAP Allocation: \$127,000**

The goal of this project is to enhance the ability of Alberta Community Council on HIV (ACCH) members to incorporate evaluation and research into their HIV programming. Project activities include establishing provincial standards for evaluation and developing a provincial computerized database that will pull together information in a systematic, efficient and user friendly manner. ACCH members will also participate in a community-based research workshop that will increase the members' ability to participate and conduct research in their communities.

**PROJECT:** Central Alberta AIDS Network - ACAP

**SPONSOR:** Central Alberta AIDS Network Society  
400, 5000 - 50<sup>th</sup> Avenue  
Red Deer AB T4N 6C2  
Phone Toll Free: 1-877-346-8858; Fax: (403) 346-2352  
caans@direct.ca

**\*Funding Administered through the Alberta Community HIV Fund**

**AMOUNT:** \$26,845

The Central Alberta AIDS Network receives funding for its HIV/AIDS education, information, training and support initiatives, and for a needle exchange program. Project elements include: support and education for people living with HIV and their families; strengthened partnerships with groups affiliated with specific target populations and the provision of training; and a resource centre.

**PROJECT:** Baby Biz Prenatal Outreach - CPNP  
*Project #:* 6971-09-96-036

**SPONSOR:** Rocky Mountain House Rotary Club  
Box 1108  
Rocky Mountain House AB T0M 1T0  
Phone: (403) 845-2828; Fax: (403) 845-4630

**CONTRIBUTION:** \$35,450

This project focuses on high risk pregnant women in the Rocky Mountain House and Carolyn areas. These women receive food and nutritional supplements, breastfeeding support, pre and post natal care, preparation for childbirth, counselling services, parenting and life skills, referrals, and strengthened linkages between service providers and families.

**PROJECT:** Kitawasimsinawuk "Our Children" - CPNP  
*Project #:* 6971-09-96-035

**SPONSOR:** Red Deer Native Friendship Society  
4815 - 50<sup>th</sup> Avenue, Suite 99  
Red Deer AB T4N 4A5  
Phone: (403) 340-0020; Fax: (403) 342-1610

**CONTRIBUTION:** \$35,480

The project focuses on pregnant Aboriginal women at-risk in the city of Red Deer. Through the CPNP project in partnership with the continuum of services offered through the Friendship Centre, women receive a variety of services including: food and nutritional supplements; prenatal counselling; preparation for childbirth; life skills such as grocery shopping and food preparation; referral to appropriate agencies; and information on smoking, drugs and alcohol. Women are screened for nutritional risk and referred to the regional nutritionist for nutritional counselling.



**PROJECT:** Infant Pre-school Wellness Program - CAPC  
*Project #:* 4927-09-95-031

**SPONSOR:** Red Deer Family Services Bureau  
Box 25008  
Deer Park Post Office  
Red Deer AB T4N 2A8  
Phone: (403) 309-8214; Fax: (403) 343-6407  
slauber.rdfs@rttinc.com

**CONTRIBUTION:** \$182,520

This program is managed by a coalition of community and agency partners. Services include outreach to identify children and families at-risk in order to provide ongoing support and assist families to access services; and offering support groups to provide social, educational and play activities for children and parents. Components include: outreach, parent support groups, play groups and a toy lending library.

**INITIATIVE:** Community Garden - CAP  
*Initiative #:* 21/99

**SPONSOR:** Rimbey Community Garden  
Project Committee  
Rimbey Horticulture  
4802 - 53 Street  
Rimbey AB T0C 2J0  
Phone: (403) 843-2068; Fax: (403) 843-3347  
nslomp@telusplanet.net

**CONTRACT:** \$1,350

This community garden provides families and individuals who do not have access to a garden with an opportunity to grow vegetables. Volunteer mentors provide leadership and expertise in gardening and food preservation techniques. Project partners include the Town of Rimbey, which has offered the land, Family and Community Support Services, the Rimbey Agriculture Society and local businesses.

**PROJECT:** Harm Reduction Outreach Program - HEP C  
*Project #:* 6763-09-1999/0010010

**SPONSOR:** Central Alberta AIDS Network Society  
400, 5000 - 50 Avenue  
Red Deer AB T4N 6C2  
Phone: (403) 346-8858; Fax: (403) 346-2352  
caans@direct.ca

**CONTRIBUTION:** \$3,500

This project provides injection drug users, sex trade workers, at-risk teenagers and persons living with Hepatitis C and HIV with effective harm reduction resources aimed at HCV/HIV prevention and health promotion. The project also strengthens community partnerships in support of those living with Hepatitis C. Project partners include the David Thompson Health Authority and the Canadian Liver Foundation.

**PROJECT:** The Young Adults Prevention Campaign Phase II - PHF  
*Project #:* 5555-09-1997/0010025

**SPONSOR:** Alberta Community Council On HIV  
#400, 5000 - 50 Avenue  
Red Deer AB T4N 6C2  
Phone: (877) 346-8858; Fax: (403) 346-2352  
acch@idmail.com

**GRANT:** \$15,000

The funding for this project supports the provincial evaluation of the “*Riff The Cat*” Campaign. Telephone surveys with HIV committees, community-based HIV organizations and RHA contacts collect information on the organizations (kind and number) that used the materials; whether the materials raised questions about HIV, safer sex and testing; and *if* the materials encouraged discussion of these issues, was there an increase in knowledge. Other data collected pertains to the number of people representing the target group who noticed the ad and acknowledged and considered the messages. Finally, the evaluation will document whether there was an increase in condom use and HIV testing as a result of the provincial campaign.

**PROJECT: Youth HIV/AIDS Prevention Project - ACAP**

**SPONSOR: Wainwright and District HIV/AIDS Association**  
c/o #22, 810 - 14<sup>th</sup> Avenue  
Wainwright AB T9W 1R2  
Phone: (780) 842-4077; Fax: (780) 842-3151  
ecrha7.ab.ca

**\*Funding Administered through the Alberta Community HIV Fund**

**AMOUNT: \$20,000**

The project establishes and promotes a teen health clinic and increases access to condoms by creating community locations where teens can get free condoms. It also created a teen led theatre collection around HIV and ran a peer education/support program called "Expect Respect".

**PROJECT: Blue Ribbon Babies - CPNP**  
*Project #:* 6971-09-96-029

**SPONSOR: Family & Personal Development Council**  
Box 2097  
4720 - 50 Street  
Stettler AB T0C 2L0  
Phone: (403) 742-1155; Fax: (403) 742-1391

**CONTRIBUTION: \$43,080**

This project focuses on: improving access to smoking cessation programs; developing a referral and networking system; offering a breastfeeding counselling and incentive program; and creating access to voluntary and private sector resources (e.g. child care, supplies, milk and vitamin supplements). An outreach model of service delivery provides service to women in Stettler, Coronation and the County of Flagstaff.

**PROJECT: TIPS Nutrition Program - CPNP**  
*Project #:* 6971-09-96-027

**SPONSOR: Camrose Association for Community Living**  
4604 - 57 Street, Burgess Building  
Camrose AB T4V 2E7  
Phone: (780) 672-0257; Fax: (780) 672-7484  
cafcl@wildrose.net

**CONTRIBUTION: \$70,274**

This project increases knowledge among pre and postnatal women within the Camrose and Provost region. Designed around a community kitchen model, the program focuses on food and nutritional supplementation, group and one-to-one counselling and education, parenting supports, referrals to appropriate community services and the promotion of breastfeeding.

**PROJECT:** Association of Communities Against Abuse (ACAA) - CAPC  
*Project #:* 4927-09-93-002

**SPONSOR:** The Association of Communities Against Abuse  
Box 2132  
Stettler AB T0C 2L0  
Phone: (403) 742-3558; Fax: (403) 742-3287  
acca@telusplanet.net

**CONTRIBUTION:** \$90,000

This rural project provides support and education for children and adults who have been affected by abuse, as well as public awareness activities. The goal is to influence the community environment to ensure appropriate disclosure and intervention to lessen the risk to children. The project has been developing parent and children's programs to influence knowledge, attitude and behaviours around healthy conflict resolution.

**PROJECT:** Blue Ribbon Babies - CAPC  
*Project #:* 4927-09-1998/0140021

**SPONSOR:** Family & Personal Development Council  
Box 2097  
4720 - 50 Street  
Stettler AB T0C 2L0  
Phone: (403) 742-1155; Fax: (403) 742-1391

**CONTRIBUTION:** \$25,711

This project is an expansion and enhancement of the current CPNP project to include at-risk families with children not currently served by the CPNP program and for parents of children to age six. Program components include group support, community networking and Parents as Teachers outreach.

**PROJECT:** Child's Play Program - CAPC  
*Project #:* 4927-09-93-009

**SPONSOR:** Lloydminster Interval Home  
Box 1523  
Lloydminster AB S9V 1K5  
Phone: (780) 875-0966; Fax: (780) 875-0609  
lihsi@telusplanet.net

**CONTRIBUTION:** \$5,930

The project provides a children's program in a women's shelter two mornings a week to children of women who have left abusive relationships. The play-based program ensures that children with behavioural problems and indicators of child abuse are referred to appropriate community agencies/programs.

**PROJECT:** Teaching and Independent Parenting Support (TIPS) - CAPC  
*Project #:* 4927-09-1998/0140020

**SPONSOR:** Camrose Association for Community Living  
4604 - 57 Street, Burgess Building  
Camrose AB T4V 2E7  
Phone: (780) 672-0257; Fax: (780) 672-7484  
cafcl@wildrose.net

**CONTRIBUTION:** \$39,500

This project expands and enhances the Teaching and Independent Parenting Support (TIPS) Program and the current TIPS Prenatal Nutrition Program for families and their children. Project activities include: expanding outreach/home visiting services to enable families to be involved; adding parenting programs in four communities; organizing bi-monthly self-help support groups in three communities; and adding pre-school readiness and enrichment programs for at-risk children in one community.

**PROJECT:** Hinton Aboriginal Head Start - AHS  
*Project #:* 6973-09-95-017

**SPONSOR:** Hinton Friendship Centre  
154 Athabasca Avenue  
Hinton AB T7V 2A4  
Phone: (780) 865-5189; Fax: (780) 865-5004

**CONTRIBUTION:** \$214,000

This Aboriginal Head Start project operates four days per week for children 3-6 years of age. Program activities involving elders promote Aboriginal culture and heritage. A hot meal and snack is provided to children attending the program. A key program goal is to empower parents in the care of their children in ways consistent with Native culture and in their ability to take part in their child's education. Parents are also involved throughout the project as members of the Head Start Advisory Committee, and home visits are made by a parent liaison worker.

**PROJECT:** AIDS Jasper - ACAP

**SPONSOR:** AIDS Jasper  
Box 2427  
Jasper AB T0E 1E0  
Phone: (780) 852-5274; Fax: (780) 852-5274  
aidsjasp@incentre.net

**\*Funding Administered through the Alberta Community HIV Fund**

**AMOUNT:** \$27,798

AIDS Jasper receives funding to support an on-going peer education program to address high risk behaviours among transient youth and promote activities which strengthen community development. Project elements include: volunteer training, referrals and prevention workshops to new service industry employees.

**PROJECT:** Women, Infants and Nutrition (WIN) - CPNP  
*Project #:* 6971-09-96-037

**SPONSOR:** Parkland Healthy Families Association  
c/o The Good Samaritan Society  
5600 - 50 Street  
Stony Plain AB T7Z 1P8  
Phone: (780) 963-2261; Fax: (780) 963-5156  
phfa@compusmart.ab.ca

**CONTRIBUTION:** \$61,300

This regional project provides prenatal and postpartum nutritional counselling, encourages the development of healthy lifestyles and offers referral to agencies in families' communities. Multiple rural communities throughout the region benefit from the project's services.

**PROJECT:** **Brighter Futures Project - CAPC**  
*Project #:* **4927-09-93-011**

**SPONSOR:** **Parkland Healthy Families Association**  
**c/o The Good Samaritan Society**  
**5600 - 50 Street**  
**Stony Plain AB T7Z 1P8**  
**Phone: (780) 963-0549; Fax: (780) 963-3876**  
**phfa@compusmart.ab.ca**

**CONTRIBUTION:** **\$230,000**

The project uses a community development approach to assist communities to implement parent support programs in several local communities. It also established a Collective Garden as well as a bridging program for children not yet ready for Grade One.

**PROJECT:** **Brighter Futures Project - CAPC**  
*Project #:* **4927-09-94-024**

**SPONSOR:** **Edson Friendship Centre**  
**Box 6508**  
**Edson AB T7E 1T9**  
**Phone: (780) 723-5494; Fax: (780) 723-4359**  
**efc@yellowhead.com**

**CONTRIBUTION:** **\$100,000**

The project runs a pre-school program and parenting group for at-risk children and families; gives pre and post natal support; and provides referrals for pregnant women and new mothers to other appropriate community services. The project successfully targets and supports children with disabilities.

**INITIATIVE:** **Workshops Led by Michael Rachlis - CAP**  
*Initiative #:* **25/99**

**SPONSOR:** **Jasper Improvement District (FCSS)**  
**Community Outreach Services**  
**Box 1090**  
**Jasper AB T0E 1E0**  
**Phone (780) 852-2100; Fax: (780) 852-2147**  
**jeanatk@incentre.net**

**CONTRACT:** **\$2,700**

A workshop on intersectoral collaboration, led by Michael Rachlis, focussed on the activities of the Community Outreach Services Team. It built on the Team's early visioning work and developed strategies to maintain the Team's collaborative approach to delivering services and programs to the Jasper community. A second workshop served as a celebration of the success of the Team's work to date and an opportunity for other community health, social service and environment organizations to benefit from the expertise of Michael Rachlis.

**PROJECT:** Nutritious Beginnings - CPNP  
*Project #:* 6971-09-96-040

**SPONSOR:** The Society for the Coalition of Rural Representatives  
from Breton & Buck Creek  
Box 779  
Breton AB T0C 0P0  
Phone: (780) 696-2543; Fax: (780) 696-2564  
bfutures@telusplanet.net

**CONTRIBUTION:** \$66,600

The Crossroads Regional Health Authority and the Coalition of Rural Representatives from Breton and Buck Creek work in collaboration with a variety of community and local agencies to provide a continuum of community support for at-risk pregnant and parenting mothers that is flexible, equitable, accessible and culturally inclusive. This is accomplished through one-on-one counselling on healthy nutritional and lifestyle choices, as well as provision of food hampers and nutritional supplements.

**PROJECT:** Brighter Futures - CAPC  
*Project #:* 4927-09-93-004

**SPONSOR:** The Society for the Coalition of Rural Representatives  
from Breton & Buck Creek  
Box 779  
Breton AB T0C 0P0  
Phone: (780) 696-2543; Fax: (780) 696-2564  
bfutures@telusplanet.net

**CONTRIBUTION:** \$217,000

The program includes: facilitated weekly parent support groups and education classes; outreach to high risk families; a child care program concurrent with the parenting sessions; assistance to families with disabilities; and a volunteer peer support group.



**PROJECT:** Mother Earth and Me - AHS  
**Project #:** 6973-09-95-024

**SPONSOR:** Ben Calf Robe Society  
12011 76 Street  
Edmonton AB T5B 2C9  
Phone: (780) 477-6648; Fax: (780) 479-6199

**CONTRIBUTION:** \$328,500

This initiative involves two Aboriginal Head Start sites in Edmonton for children 3-5 years of age. The program places a strong emphasis on connecting children to the land through traditional First Nations and Métis cultural activities. Sound nutrition and health practices are integrated into the program. A parent advisory council has been developed to encourage family members to participate in training and program activities. Partnerships will be maintained with educational institutions, Aboriginal agencies and community groups to enhance and sustain the project.

**PROJECT:** Feather of Hope Aboriginal AIDS Prevention Society - ACAP

**SPONSOR:** Feather of Hope Aboriginal AIDS Society  
702, 10242 - 105 Street  
Edmonton AB T5J 3L5  
Phone: (780) 488-5773/ Toll Free: 1-800-256-0459; Fax: (780) 421-9004  
fohapps@compusmart.ab.ca

**\*Funding Administered through the Alberta Community HIV Fund**

**AMOUNT:** \$50,801

The Feather of Hope Aboriginal AIDS Prevention Society links with Native Friendship Centres, local and regional service agencies, treaty groups and Métis Settlements to deliver a train-the-trainer program, thus enabling Aboriginal communities to take on a greater educative role in HIV issues.

**PROJECT:** HIV Edmonton - ACAP

**SPONSOR:** HIV Edmonton  
Suite 600, 10242 - 105 Street  
Edmonton AB T5J 3L5  
Phone: (780) 488-5742; Fax: (780) 488-3735  
mail@hivedmonton.com

**\*Funding Administered through the Alberta Community HIV Fund**

**AMOUNT:** \$110,460

HIV Edmonton receives funding to support ongoing initiatives which focus on the management of prevention education, health promotion for persons living with HIV, development of a volunteer program and the maintenance and promotion of an HIV resource centre.

**PROJECT: Interfaith Association on AIDS - ACAP**

**SPONSOR: Interfaith Association on AIDS**  
**Suite 600, 10242 - 105 Street**  
**Edmonton AB T5J 3L5**  
**Phone: (780) 488-1768; Fax: (780) 488-3735**  
**anoes@connect.ab.ca**

**\*Funding Administered through the Alberta Community HIV Fund**

**AMOUNT: \$23,050**

This project is designed to provide education within faith communities in a variety of faith traditions and integrate spirituality into the services of AIDS service organizations in Alberta. Deliverables include a train-the-trainer module and a strategic workplan with partner agencies.

**PROJECT: Living Positive - ACAP**

**SPONSOR: Living Positive**  
**Suite 703, 10242 - 105 Street**  
**Edmonton AB T5J 3L5**  
**Phone: (780) 488-5768; Fax: (780) 424-4561**  
**livepos@connect.ab.ca**

**\*Funding Administered through the Alberta Community HIV Fund**

**AMOUNT: \$20,615**

Funding is provided for the establishment and maintenance of supportive environments in which persons living with HIV can develop their capacity to access support, skills building and HIV/AIDS education. Project elements include a newsletter, a speaker's bureau and a variety of workshops.

**PROJECT: Planned Parenthood Edmonton HIV Sensitivity and Training Project - ACAP**

**SPONSOR: Planned Parenthood Edmonton**  
**50, 9912 - 106 Street**  
**Edmonton AB T5K 1C5**  
**Phone: (780) 423-3737; Fax: (780) 425-1782**

**\*Funding Administered through the Alberta Community HIV Fund**

**AMOUNT: \$9,365**

This project aims to: develop agency policies and practices consistent with the indicators from the "Caring Together" project; develop a training program based on outcomes of assessment (for all staff, volunteers, mentors, working in ethnic communities) to enhance HIV knowledge, skills and resources; and incorporate HIV into all youth programming and client counselling sessions.

**PROJECT:** Spirit Rock Women's HIV Group - ACAP

**SPONSOR:** Spirit Rock Family Health Society of Edmonton  
8408 - 99 Street  
Edmonton AB T6E 3T4  
Phone: (780) 414-0573; Fax: (780) 414-0574

**\*Funding Administered through the Alberta Community HIV Fund**  
**AMOUNT:** \$17,000

The goal of this project is to develop and test a 12 week program providing participants with increased awareness of community supports as well as HIV knowledge, skills and healthy lifestyle practices all from a holistic health perspective. The project incorporates traditional and cultural health teachings.

**PROJECT:** Health for Two - CPNP  
*Project #:* 6971-09-96-019

**SPONSOR:** Boyle Street Community Services Co-op  
10116 105 Avenue  
Box 1262, Main Post Office  
Edmonton AB T5H 0K2  
Phone: (780) 424-4106; Fax: (780) 425-2205

**CONTRIBUTION:** \$193,000

Health for Two is a collaborative, community-based program which provides information and support, including nutritional supplements, to at-risk pregnant women throughout the Capital Health Region. The program goal is to enable women in disadvantaged social and economic conditions to make healthy choices for themselves and their families, leading to improved health for pregnant women, mothers and infants. This CPNP project involves expanding Health for Two with a focus on two areas: expansion of the current program to provide services to greater numbers of pregnant women, and development of postnatal supports which build on the relationships established with women during pregnancy.

**PROJECT:** Community Action for Youth - CAPC  
*Project #:* 4927-09-93-012

**SPONSOR:** Candora Society of Edmonton  
#500 Village on the Park  
Edmonton AB T5W 4R7  
Phone: (780) 477-5655; Fax: (780) 477-5659  
candora@sprint.ca

**CONTRIBUTION:** \$290,542

The project utilizes a community development approach in Aboriginal and immigrant neighbourhoods with a high number of at-risk children and families. Programming within the housing developments include: recreational and educational activities for 3-6 year olds; community celebrations and education; and assistance for parents in areas of parenting, nutrition, self-esteem and family violence through outreach and parenting programs. Women from the local community staff the project and receive extensive training.

**PROJECT:** Expansion of Headstart Programs - CAPC  
*Project #:* 4927-09-93-003

**SPONSOR:** Edmonton Inter-Agency Headstart Committee  
Suite 810, 10117 Jasper Avenue  
Edmonton AB T5J 1W8  
Phone: (780) 424-7543; Fax: (780) 425-5911  
martingc@compuserve.com

**CONTRIBUTION:** \$625,600

CAPC funds Headstart spaces at four sites: ABC Headstart, Oliver Centre, Atonement Home and Clareview. The project is managed through the Edmonton Interagency Head Start Committee. Headstart programs are targeted at pre-school children who are at-risk due to poverty and multiple risk factors. The program offers: a pre-school experience for the children; delivery of nursing, mental health and speech services in the classroom; and social support for parents, including home visits, group activities, and parenting classes.

**PROJECT:** Healthy Safe Baby Program - CAPC  
*Project #:* 4927-09-94-020

**SPONSOR:** Ben Calf Robe Society  
12011 - 76 Street  
Edmonton AB T5B 2C9  
Phone: (780) 477-6648; Fax: (780) 479-6199  
bencalf@connect.ab.ca

**CONTRIBUTION:** \$113,000

The Healthy Safe Baby Program promotes healthy, safe pregnancies and births for Aboriginal families, provides programming to enhance early child development and provides parenting support and education. Cultural awareness opportunities are respectful and reflective of Native tradition and culture.

**PROJECT:** Meeting the Challenge of Teen Pregnancy - CAPC  
*Project #:* 4927-09-93-006

**SPONSOR:** Terra Association  
9930 - 106 Street  
Edmonton AB T5K 1C7  
Phone: (780) 428-3772; Fax: (780) 425-5160  
terraasn@compusmart.ab.ca

**CONTRIBUTION:** \$408,000

Terra is a community-based agency that serves pregnant and parenting teens from Edmonton and Area. Programming includes parenting support, group programming, casework services and school-based services.

**PROJECT:** Nobody's Perfect Alberta Coordination Project - CAPC  
*Project #:* 4927-09-94-019

**SPONSOR:** Edmonton Social Planning Council  
Suite 41, 9912 - 106 Street  
Edmonton AB T5K 1C5  
Phone: (780) 423-2031; Fax: (780) 425-6244  
edmspc@compusmart.ab.ca

**CONTRIBUTION:** \$50,000

CAPC provides funding for the promotion and coordination of Nobody's Perfect in Alberta. Activities include sponsoring train-the-trainer and facilitator training sessions, producing a newsletter and facilitating implementation of parenting programs across the province.

**INITIATIVE:** A Gathering on Environment and Health Awareness - CAP  
*Initiative #:* 7/99

**SPONSOR:** Cree Burn Lake Preservation Society  
9848 - 79 Avenue  
Edmonton AB T6E 1R1  
Phone: (780) 432-0368; Fax: (780) 432-0368

**CONTRACT:** \$4,000

The Cree Burn Lake Preservation Society will organize a 3 day gathering on environment and health issues. The purpose of the gathering is to raise community awareness regarding the healing capacity of our natural environment and to provide a forum for discussion on environment and health in the Fort McMurray region. Community members and their families will be invited to camp and attend educational seminars on: Aboriginal traditional knowledge of the boreal forest; herbology, edible roots, mushrooms, and berries of the northern forest; holistic healing methods; environmental issues in the boreal forest; and community activism.

**INITIATIVE:** Borrow-A-Bike Project "The Rainbow Riders" - CAP  
*Initiative #:* 11/99

**SPONSOR:** Jasper Place Gateway Foundation  
15129 Stony Plain Road  
Edmonton AB T5P 3Y2  
Phone: (780) 487-7710; Fax: (780) 489-5130

**CONTRACT:** \$3,400

The Rainbow Riders project is a creative approach to promoting healthy communities in an environmentally sound way. Refurbished used bikes will be placed at "bike stations" throughout the six communities in which the Jasper Place Gateway Foundation works. Bikes and helmets of varying sizes will be kept at stations and can be used free of charge to travel in the area. A local part-time convener will be hired to work with interested residents to implement the program, which will include courses in bike safety and repair, and a partnership with the Neighbourhood Safety Patrol, local bike shop, and BRIDGES participants.

**INITIATIVE:** **Building Sustainable Communities Form - CAP**  
*Initiative#:* **31/99**

**SPONSOR:** **Alberta Lung Association**  
**3<sup>rd</sup> Floor, 11402 University Avenue**  
**Edmonton AB T6G 2J3**  
**Phone: (780) 407-6819; Fax: (780) 407-6829**

**CONTRACT:** **\$15,000**

This forum presented strategies for sustainable community planning. Sessions included a key note address by Dr. Ron Labonte, case studies of successful models, strategies for citizen engagement, skill development with new tools and ideas for fundraising for sustainability. Over 100 participants from non-government, government, academic and non-profit sectors attended this two day event in Edmonton.

**INITIATIVE:** **Community Garden Project - CAP**  
*Initiative #:* **9C/99**

**SPONSOR:** **The Garden Institute**  
**Box 1406**  
**#194, 3803 Calgary Trail**  
**Edmonton AB T6J 5M8**  
**Phone: (780) 457-0970**

**CONTRACT:** **\$4,500**

The garden (developed by this project) is intended to be a place where immigrants of all ages from Africa and elsewhere can meet to grow food, work together in a cross cultural initiative, and enjoy social and recreational benefits of gardening. Money for tools are pooled and the tools will be kept in a shed for all to use. Gardeners share gardening knowledge, seeds and techniques, fresh produce and their cultures. The Garden Institute provides technical support and the City of Edmonton has donated the land.

**INITIATIVE:** **Earth Keepers: A School of Eco-Stewardship Project - CAP**  
*Initiative #:* **14/99**

**SPONSOR:** **St. Mary Elementary School**  
**490 Rhatigan Road East**  
**Edmonton AB T6R 2E2**  
**Phone: (780) 988-6577; Fax: (780) 988-6581**

**CONTRACT:** **\$4,500**

This project restores and enhances an environmental classroom in the schoolyard by incorporating a naturalized habitat, central gathering place, learning project space, bed construction for ecological gardening and a conflict resolution area. The existing classroom is a fenced area that only includes nursery species that are poorly located, is difficult to maintain, and has limited student access and educational opportunities. The restored environmental classroom is intended to promote personal, social and ecological health of elementary students, parents and community members.

**INITIATIVE:** Ecotopia Youth Camp Project - CAP  
*Initiative#:* 29/99

**SPONSOR:** EcoCity Society  
#306, 10168 - 100A Street  
Edmonton AB T5J 0R6  
Phone: (780) 429-3659  
ecocity@freenet.edmonton.ab.ca

**CONTRACT:** \$5,000

The Ecotopia Youth Camp was a 10 day environmental youth camp that was held outside of Edmonton from August 10-19, 1999. The camp was open to high school and university-age students from across Alberta and was organized and run entirely by young people. Camp participants came away with the tools to organize their own conferences, campaigns and community initiatives, and information on an array of topics.

**INITIATIVE:** Facilitating Community Driven Initiatives That Address Issues of  
Environmental Concern in Edmonton's Central Neighbourhoods - CAP  
*Initiative #:* 23/99

**SPONSOR:** Edmonton Healthcare Citizenship Society  
9322 - 108 Avenue  
Edmonton AB T5H 0Z9  
Phone: (780) 944-4687; Fax: (780) 423-0176  
mgal@home.com

**CONTRACT:** \$5,000

This project promotes community driven health initiatives in ten inner city communities. A network of community ambassadors who serve as links between residents, Action for Healthy Communities, and environmental organizations is being created. These ambassadors received training in stimulating resident driven initiatives which address environmental and health issues.

**INITIATIVE:** Public Outreach on Climate Change - CAP  
*Initiative#:* 30/99

**SPONSOR:** Clean Air Strategic Alliance  
Climate Change Project Team  
9<sup>th</sup> Floor Sterling Place  
9940 - 106 Street  
Edmonton AB T5K 2N2  
Phone: (780) 427-9793; Fax: (780) 422-3127  
em:mikelly@incentre.net

**CONTRACT:** \$5,000

This project assessed Albertans' knowledge and attitudes on climate change and led to the design of a public outreach program that reduces barriers to taking action on climate change.

**INITIATIVE:**           **The Quilt Project - CAP**  
*Initiative#:*           **17B/99**

**SPONSOR:**           **Wecan Co-op for Community and Economic Development**  
**9331 - 71 Avenue**  
**Edmonton AB T6E 0P7**  
**Phone: (780) 474-6058; Fax: (780) 474-6058**

**CONTRACT:**       **\$5,000**

This project aims to address the physical, emotional, mental and social facets of poverty by teaching new skills and creating economic opportunities for low-income people through quilt production using reused materials.

**INITIATIVE:**           **Support the Position of Campaign Director - CAP**  
*Initiative #:*           **26/99**

**SPONSOR:**           **Sierra Club - Prairie Chapter**  
**10511 Saskatchewan Drive**  
**Edmonton AB T6E 4S1**  
**Phone: (780) 439-1160; Fax: (780) 433-9305**  
**sierraclub@connect.ab.ca**

**CONTRACT:**       **\$5,000**

The Sierra Club Prairie Chapter hired a Campaign Coordinator to support and direct volunteer workers for the following campaigns: Every Drop Counts Water Campaign; Endangered Species Campaign; Going to Extremes (interactive theatre presentation on climate change); and Grasslands Conservation Project. This coordinator acts as a resource to the Action for Healthy Communities CAP funded project.

**INITIATIVE:**           **Transforming Living and Working for a Sustainable Society -**  
**Education Project        - CAP**  
*Initiative #:*           **15/99**

**SPONSOR:**           **The Toxics Watch Society Partnership**  
**10511 Saskatchewan Drive**  
**Edmonton AB T6E 4S1**  
**Phone: (780) 486-4160; Fax: (780) 486-4160**  
**toxwatch@edmc.net**

**CONTRACT:**       **\$5,000**

This course highlights the underlying social and cultural causes that drive environmentally destructive behaviour and personal dissatisfaction, alienation and stress; teaches individuals how to assess the sustainability of their present lifestyles and how to transform them in satisfying, more balanced, healthful and ecologically-based ways; and assists adults in a work transition to create work practices that mimic ecological systems, protect existing biological systems and/or restore degraded habitats. The curriculum and a 5 year implementation plan to ensure that the course is self-sustaining are being completed.



**PROJECT:** Aboriginal Youth Hepatitis C Video - HEP C  
*Project #:* 6763-09-1999/0010007

**SPONSOR:** Canadian Liver Foundation  
Alberta/NWT Region  
#200, 10435 - 178 Street  
Edmonton AB T5S 1R5  
Phone: (780) 444-1547; Fax: (780) 481-7781  
annetteclfab@compusmart.ab.ca

**CONTRIBUTION:** \$8,000

The goal of this project is to develop a video that will be used to increase awareness of Hepatitis C among Aboriginal youth. A docu-drama video involving Aboriginal youth and culturally appropriate characters is being developed to complement teaching practices. This project will identify and involve interested individuals in planning, writing and video production processes. Non-Prescription Needle Use Consortium members participate in an advisory capacity.

**PROJECT:** Harm Reduction Policy Kit and Conference - HEP C  
*Project #:* 6763-09-1999/0010011

**SPONSOR:** HIV Network of Edmonton Society (HIV Edmonton)  
#600, 10242 - 105 Street  
Edmonton AB T5J 3L5  
Phone: (780) 488-5742; Fax: (780) 488-3735  
director@hivedmonton.com

**CONTRIBUTION:** \$11,000

The overall goal of the project is to increase organizational capacity among Alberta communities to work from a harm reduction perspective. HIV Edmonton works in partnership with Non-Prescription Needle Use Consortium members to introduce and evaluate a Harm Reduction Policy Kit. The project also contributes to the planning and implementation of a provincial conference on harm reduction.

**PROJECT:** Hepatitis C Survey of Infection Drug Users  
Provincial Harm Reduction Conference - HEP C  
*Project #:* 6763-09-1999/0010002

**SPONSOR:** Streetworks c/o Boyle Street Co-op  
10116 105 Avenue NW  
Edmonton AB T5H 0K2  
Phone: (780) 424-4106; Fax: (780) 425-2205  
mtaylor@hippocrates.family.med.ualberta.ca

**CONTRIBUTION:** \$8,000

Five organizations, representing diverse audiences, have partnered to host a conference in response to the need for people working from a harm reduction perspective in Alberta to experience mutual support and initiate solutions to the issues of harm reduction. This project supports the organization of the conference.

A second activity includes a survey of past and current injection drug users regarding the impact of Hepatitis C on their lifestyle with the goal of determining what harm reduction strategies can be utilized to enhance their health status and improve access to services.

**PROJECT:** Inner City Support and Education Initiative Assessment - HEP C  
*Project #:* 6763-09-1999/0010005

**SPONSOR:** Bissell Centre  
10527 - 96 Street  
Edmonton AB T5H 2H6  
Phone: (780) 423-2285; Fax: (780) 429-7908  
jgurnett@bisselcentre.org

**CONTRIBUTION:** \$8,000

This project is undertaken through a partnership of the Bissell Centre, Capital Health, the Canadian Liver Foundation, Streetworks and the Boyle-McCauley Health Centre. Its goal is to identify the issues faced by a high risk population living with Hepatitis C in Edmonton's urban core and to develop strategies among service providers to address the challenges. Project activities include conducting a needs assessment related to Hepatitis C with the target group and developing a network of agencies who provide services to people infected, affected or at risk of Hepatitis C infection in this area of the city. In particular, Bissell Centre wishes to learn how to reach females in the inner city as this group is under-represented in follow-up care for those testing positive for Hepatitis C.

**PROJECT:** Safe Body Art Pamphlet - HEP C  
*Project #:* 6763-09-1999/0010001

**SPONSOR:** HIV Network of Edmonton Society (HIV Edmonton)  
#600, 10242 - 105 Street  
Edmonton AB T5J 3L5  
Phone: (780) 488-5742; Fax: (780) 488-3735  
director@hivedmonton.com

**CONTRIBUTION:** \$6,000

The Safe Body Art pamphlet provides youth with information about the increased risks of Hepatitis C associated with body piercing and tattooing. It provides information on what to look for and questions to ask when choosing the artist. This project will update, reprint and distribute a pre-existing pamphlet throughout the province. Distribution points include participating body art establishments and health-related programs. The need for this project arose out of the recognition that large numbers of young people get tattooed or pierced and that this activity represents a potential health risk for Hepatitis C. Distribution of the initial information resulted in a high level of demand for the information thus this pamphlet was developed. This project is intended to respond to the demand as well as to reflect current knowledge with respect to Hepatitis C prevention.

**PROJECT:** Street Population Hepatitis C Education and Awareness Program - HEP C  
*Project #:* 6763-09-1999/0010006

**SPONSOR:** Canadian Liver Foundation  
Alberta/NWT Region  
#200, 10435 - 178 Street  
Edmonton AB T5S 1R5  
Phone: (780) 444-1547; Fax: (780) 481-7781  
annetteclfab@compusmart.ab.ca

**CONTRIBUTION:** \$14,000

This project develops resources for use by staff when educating inner city clients about Hepatitis C. A presentation package is being created to assist staff in implementing the resources into their work. Existing agencies determine what resources are needed. These resources and the presentation package are being focus tested among northern Alberta communities to determine the necessary modifications for application among their clients. Partners include the Canadian Liver Foundation, Capital Health, Sexual Health Clinics, Streetworks, the Bissell Centre and the Boyle-McCauley Health Centre.

**PROJECT:** Development of a Framework for Evaluating Health Proposals,  
Projects and Outcomes Phase III - PHF  
*Project #:* 5555-09-1997/0010008

**SPONSOR:** Edmonton Social Planning Council  
Suite 41, 9912 - 106 Street  
Edmonton AB T5K 1C5  
Phone: (780) 423-2031; Fax: (780) 425-6244  
edmspc@compusmart.ab.ca

**CONTRIBUTION:** \$21,000

The goal of the project is the development of a cohesive federal-provincial framework for evaluating health proposals, projects and outcomes. An analytical framework will help unify, co-ordinate and strengthen the health promotion efforts of Health Promotion & Programs Branch (HPPB) and Alberta Health and Wellness. The framework will build on ongoing efforts to clarify what the population health approach looks like in practice, and how to best describe the key strategies integral to the mobilization process. Project activities include thorough research into health promotion activities at the federal and provincial levels; integrating and unifying the best practices of both HPPB and Alberta Health and Wellness; and developing a framework that evaluates cross-jurisdiction outcomes of health promotion activities in Alberta.

**PROJECT:** Community Animation Program (CAP) 1999 - 2000 - PHF  
*Project #:* 6785-09-1999/2540040

**SPONSOR:** Alberta Lung Association  
3<sup>rd</sup> Floor, 11402 University Avenue  
Edmonton AB T6G 2J3  
Phone: (780) 407-6819; Fax: (780) 407-6829

**GRANT:** \$80,000

The aim of this project is to work collaboratively with Health Canada (HPPB), Environment Canada and an Advisory Committee to administer the 1999/2000 Community Animation Program (CAP) in Alberta. Program goals include increasing community awareness of the link between health and environment and assisting communities to build their capacity to take action on health and environment issues.

**PROJECT:** Urban Aboriginal Housing Forum (March 2000): Phase III - PHF  
*Project #:* 5555-09-1997/0010021

**SPONSOR:** Nechi Training, Research and Health Promotions Institute  
Box 34007  
Kingsway Mall Postal Outlet  
Edmonton AB T5G 3G4  
Phone: (780) 459-1884; Fax: (780) 458-1883

**CONTRIBUTION:** \$25,000

This forum was a capacity-building workshop which addressed cultural and socio-economic determinants of health and their application to Aboriginal homeless people. By using a traditional model of the Listening Circle, led by Reg Crowshoe (Calgary), the forum strengthened the participation of Aboriginal people and resulted in ownership of the process by all attendees. The active participation between Aboriginal and non-aboriginal participants improved relationships, enhanced understanding and resulted in a shared responsibility for recommendations and solutions. It is anticipated that long term results from the forum will emerge through work done by the Edmonton Urban Aboriginal Initiative and the City of Edmonton Homeless Initiatives.

**PROJECT:** Indigenous Provincial Youth Leadership Program - Phase III - PHF  
*Project #:* 5555-09-1997/0010024

**SPONSOR:** Sport Alberta Percy Page Centre  
11759 Groat Road  
Edmonton AB T5M 3K6  
Phone: (780) 422-5657; Fax: (780) 422-2663

**GRANT:** \$7,000

The Alberta Future Leaders Program (AFL) is a community-based initiative that uses sport, recreation and the local environment to address the needs of Alberta's indigenous youth. Phase III of the project provides the participants with a workshop designed to increase their knowledge and understanding of working in communities, community decision-making processes, and how to influence and bring about change in response to community needs.

**PROJECT:** Partnering Healthy Eating with Active Living in Schools Phase III - PHF  
*Project #:* 5555-09-1997/0010015

**SPONSOR:** Dairy Nutrition Council of Alberta  
14904 - 121A Avenue  
Edmonton AB T5V 1A3  
Phone: (780) 453-5942; Fax: (780) 455-2196  
cthorvaldson@dnca.ab.ca

**CONTRIBUTION:** \$30,000

The goal of this project is to enhance the physical and nutritional health of Alberta's students through an action-oriented, healthy eating and active living program to be offered in Alberta schools. Through the program, the Dairy Nutrition Council provides educational sessions and resources to teachers at the worksite. Additionally, project funding is used to conduct an environmental scan to identify nutrition education resource materials available to health educators in Alberta schools. Gaps are being identified that exist between the nutrition education resources currently available and the outcomes of the revised health curriculum. A cross section of Alberta teachers is being surveyed to determine the factors that influence their selection of nutrition/active living education materials for use in the classroom.

**PROJECT:** Ressources en santé Phase I  
Programme francophones aux couches Phase II  
*Project #:* Programme francophones aux couches: Lethbridge/Plamondon Phase III - PHF  
5555-09-1997/0010020

**SPONSOR:** Fédération des parents francophones de l'Alberta  
Pièce 203, 8527 rue Marie-Anne Gaboury  
Edmonton AB T6C 3N1  
Phone: (780) 468-6934; Fax: (780) 469-4799  
fpfa@francalta.ab.ca

**CONTRIBUTION:** \$20,000

The goal of this project is to reach out to young families in Plamondon and Lethbridge to provide support and facilitate access to health and educational resources.

**PROJECT:** La Santé en français en Alberta - Phase III - PHF  
*Project #:* 5555-09-1997/0010023

**SPONSOR:** Association canadienne-française de l'Alberta  
Pièce 303, 8527 rue Marie-Anne Gaboury  
Edmonton AB T6C 3N1  
Phone: (780) 466-1680; Fax: (780) 465-6773  
sante@francalta.ab.ca

**CONTRIBUTION:** \$20,000

This project seeks to increase Francophone Albertans' access to health information and services in French. A data base of French health resources for educators and a directory of Francophone health professionals are two tools under development on the sponsor's web site. As well, the project facilitates networking among Francophone health professionals to strengthen service delivery to Alberta Francophones and coordinates a health page in a regional French newspaper.

**PROJECT:** HIV/AIDS Education and Liaison Project (HELP) - ACAP

**SPONSOR:** Barrhead & District Family & Community Support Services  
#3, 5115 - 45 Street  
Barrhead AB T7N 1J2  
Phone: (780) 674-3341; Fax: (780) 674-4571

**\*Funding Administered through the Alberta Community HIV Fund**  
**AMOUNT:** \$19,981

This project aims to: decrease high risk behaviours in youth; increase availability to confidential information and protection; increase sensitivity in those working with persons affected; decrease the negative stigma sometimes associated with HIV; and increase awareness of HIV in this community.

**PROJECT:** Providing Aboriginal Links (PAL) II - ACAP

**SPONSOR:** Kimamow Atoskanow Foundation (Sandy Beach)  
RR 1, Site 1, Box 133  
Onoway AB T0E 1V0  
Phone: (780) 913-9036; Fax: (780) 967-4868

**\*Funding Administered through the Alberta Community HIV Fund**  
**AMOUNT:** \$9,845

Through this project, the sponsor planned, organized, facilitated and evaluated two Aboriginal community meetings for targeted groups in September 1999 and January 2000, and developed community standards for HIV/AIDS initiatives.

**PROJECT:** Celebrating Children - CPNP  
*Project #:* 6971-09-96-039

**SPONSOR:** Calling Lake Child Development Society  
Box 173  
Calling Lake AB T0G 0K0  
Phone: (780) 331-2005; Fax: (780) 331-2121  
clcds@telusplanet.net

**CONTRIBUTION:** \$28,000

The Celebrating Children Program is delivered through collaboration between the Calling Lake Child Development Society and Aspen Health Services.

The Program serves at-risk women in Smith and Calling Lake, two small isolated communities. Outreach workers from the communities receive extensive training, and provide support (primarily through home visits) to women in these communities. Food supplements are also provided.

**PROJECT:** Calling Lake Head Start - CAPC  
*Project #:* 4927-09-94-022

**SPONSOR:** Calling Lake Child Development Society  
Box 173  
Calling Lake AB T0G 0K0  
Phone: (780) 331-2005; Fax: (780) 331-2121  
clcds@telusplanet.net

**CONTRIBUTION:** \$180,400

This project offers a Head Start program for low-income children and their families from predominantly Cree and Métis families in Calling Lake. Community members received training culminating in Early Childhood Care Certification which enables them to staff the program. Special features of the program are: speech services, a volunteer component, daily nutritious meal and snacks and parent groups.

**PROJECT:** A New Beginning - AHS  
*Project #:* 6973-09-1999/2380019

**SPONSOR:** Niciwasimsinank Head Start Education Society  
Box 420  
Cold Lake AB T9M 1P1  
Phone: (780) 594-5026; Fax: (780) 594-5452

**CONTRIBUTION:** \$180,245

This Aboriginal Head Start project is designed to meet the educational needs of children 3-6 years of age living in local communities. The program also incorporates culturally relevant services for pre-school children. The project aims to: prepare children for grade one; increase the child's knowledge and understanding of Aboriginal Métis/Cree culture; promote healthy relationships between children and their parents; and improve health and nutritional practices. The project operates from September to June each year.

The partners involved with the projects include the Fishing Lake and Elizabeth Métis Settlements, Northlands School Division, Lakeland Regional Health Authority, Alberta Family and Social Services and Métis Elders.

**PROJECT:** Awasisak and Family Development Circle  
Aboriginal Head Start Project - AHS  
*Project #:* 6973-09-95-020

**SPONSOR:** Awasisak and Family Development Circle  
Box 20  
Caslan AB T0A 0R0  
Phone: (780) 689-2170; Fax: (780) 689-2024

**CONTRIBUTION:** \$332,500

The project design is based on a recently completed community assessment. Program components use the Wheel of Holistic Child Development to meet the social, physical, intellectual, creative, emotional and spiritual needs of Aboriginal children. Children will attend the program for half-day sessions. Community members and elders are utilized in the project to provide the cultural, linguistic and historical components of the program.

**PROJECT:** Okisiko Piyesis Bonnyville Aboriginal Head Start - AHS  
*Project #:* 6973-09-95-023

**SPONSOR:** Bonnyville Canadian Native Friendship Centre  
Box 5399  
Bonnyville AB T9N 2G5  
Phone: (780) 826-3374; Fax: (780) 826-2540

**CONTRIBUTION:** \$154,254

This Aboriginal Head Start program provides opportunities for Aboriginal pre-school children to develop a positive sense of themselves and a desire for life-long learning, as well as providing them with opportunities to develop fully and successfully throughout their lives. Evaluation is an ongoing component of the project.



**PROJECT:** Mannawanis Aboriginal Head Start - AHS  
*Project #:* 6973-09-95-022

**SPONSOR:** Mannawanis Native Friendship Centre Society  
Box 1358  
St. Paul AB T0A 3A0  
Phone: (780) 645-4630; Fax: (780) 645-1980

**CONTRIBUTION:** \$196,200

This project provides an Aboriginal Head Start program for children 3-6 years of age. A strong emphasis on culture is created by using the Cree language in the program's educational, spiritual and cultural components. Sound nutrition and health practices will be integrated into the program. The objectives of family healing and economic/social self-sufficiency are facilitated by outreach workers through home visits and training opportunities for parents. For children, the program provides a successful transition into school.

**PROJECT:** Let's Talk About AIDS - ACAP

**SPONSOR:** Mannawanis Native Friendship Centre Society  
4924 - 49 Avenue  
Box 1358  
St. Paul AB T0A 3A0  
Phone: (780) 645-3110; Fax: (403) 645-1980

**\*Funding Administered through the Alberta Community HIV Fund**  
**AMOUNT:** \$10,050

This project aims to promote awareness of HIV among youth (Junior & Senior High School students in 9 schools within the town and county of St. Paul) through guest speaker presentations. It also seeks to encourage the development of healthy families through evening information session for families and professionals dealing with high risk individuals.

**PROJECT:** The Métis Nation Wilderness Camp Society HIV/AIDS  
Rehabilitation Project - ACAP

**SPONSOR:** Métis Nation Wilderness Camp  
Box 298  
Lac La Biche AB T0A 2C0  
Phone: (780) 623-1711; Fax: (780) 623-1711

**\*Funding Administered through the Alberta Community HIV Fund**  
**AMOUNT:** \$2,986

This project provides awareness and prevention education on HIV/AIDS through four two day workshops facilitated by Feather of Hope Aboriginal AIDS Prevention Society.

**PROJECT:** Healthy Babies - CPNP  
*Project #:* 6971-09-1998/0140001

**SPONSOR:** Dr. Margaret Savage Crisis Centre  
Box 419  
Cold Lake AB T9M 1P1  
Phone: (780) 594-5095; Fax: (780) 594-7304

**CONTRIBUTION:** \$77,760

This project has an outreach model of service delivery with outreach workers providing pre and postnatal support and education; nutritional supplementation of milk, vitamins and food; and collective kitchens all within the various communities. The outreach workers collaborate with local health providers to ensure a continuum of services is provided to support pregnant mothers and their babies. The expected benefits of the project include improved nutrition and health among pregnant women, leading to healthier babies.

**PROJECT:** Mishtawasis Prenatal Nutrition Project - CPNP  
*Project #:* 6971-09-96-041

**SPONSOR:** Mannawanis Native Friendship Centre Society  
Box 1358  
St. Paul AB T0A 3A0  
Phone: (780) 645-4630; Fax: (780) 645-1980  
mannatfc@incentre.net

**CONTRIBUTION:** \$13,100

The program provides nutritional supplements; nutrition counselling and support; and also education and referrals for pregnant women and new mothers with infants up to 12 months of age. The project includes tobacco reduction strategies for pregnant and parenting women, and consultation with Aboriginal families. Pregnant women are encouraged to obtain a physician assessment early in their pregnancy and to access other referrals when necessary. Innovative projects such as collective kitchens and the community-shared agriculture project provide a pro-active focus.

**PROJECT:** Programme franco-accueil - CAPC  
*Project #:* 4927-09-1998/0130002

**SPONSOR:** Société des parents pour l'éducation francophones  
Box 1452  
St. Paul AB T0A 3A0  
Phone: (780) 645-3888; Fax: (780) 645-2045  
mfauchon@ccinet.ab.ca

**CONTRIBUTION:** \$67,425

The "franco-accueil" project aims to improve the accessibility of culturally and linguistically appropriate services for at-risk Francophone children and their families. It includes four major activities: health promotion for children from 0 to 6 years of age through articles in newspapers and local newsletters; home visiting; and services such as play groups and parent support groups for the most at-risk families. It also seeks to create links with regional agencies and government institutions to ensure that services are provided in French for the Francophone population of the region.

**PROJECT:** Elder Health, Physical Activity and Fall Prevention Program -Phase II - PHF  
**Project #:** 6785-09-1998/2450029

**SPONSOR:** Hearts for the Golden Age Society  
Box 70  
Thorhild AB T0A 3J0  
Phone: (780) 398-3556; Fax: (780) 398-3560

**GRANT:** \$24,000

The goal of the project is to train Seniors to facilitate “Steady As You Go” (SAYGO) education and fitness classes for Seniors in the Lakeland Region. Two training sessions were conducted, targeting 34 groups of Seniors across the region. Additionally, the project supported Seniors Groups in the region to initiate self-sustaining SAYGO programs. Key activities also focus on promoting the program to groups of Seniors who did not participate in Phase I of the project. In particular, the project targeted Aboriginal Seniors, Francophone Seniors, and the frail elderly residing in lodges and long term care facilities in the Lakeland Region. An adapted SAYGO program was used with the frail elderly based on the “Sit and Be Fit” video from Focus on Families (Vancouver, B.C.).

**PROJECT:** Grande Prairie Friendship Centre - Aboriginal Head Start - AHS  
*Project #:* 6973-09-95-019

**SPONSOR:** Grande Prairie Friendship Centre  
10507 98 Avenue  
Grande Prairie AB T8V 4L1  
Phone: (780) 532-5722; Fax: (780) 539-5121

**CONTRIBUTION:** \$201,000

The goal of this project is to provide a welcoming, culturally sensitive and nurturing environment which will facilitate and support the emotional, physical, mental and spiritual growth of children and their parents. Children are being introduced to the Cree language, music and dance, and Elders spend time with them on a regular basis. The project also has a parent advisory committee and encourages sound nutrition and health practices. Parents receive home visits from teachers working within the project context.

**PROJECT:** South Peace AIDS Council - ACAP

**SPONSOR:** South Peace AIDS Council  
9909B - 112 Avenue  
Grande Prairie AB T8V 1V5  
Phone: (780) 538-3388; Fax: (780) 538-3368  
spak@telusplanet.net

**\*Funding Administered through the Alberta Community HIV Fund**

**AMOUNT:** \$34,460

Funding for this initiative supports the South Peace AIDS Council in reducing social barriers for persons living with HIV; strengthening community-based organizations; and delivering a prevention and harm reduction program in the Mistahia Health Region of Alberta.

**PROJECT:** Babies' Best Start - CPNP  
*Project #:* 6971-09-96-020

**SPONSOR:** Grand Prairie Friendship Centre  
10507 98 Avenue  
Grande Prairie AB T8V 4L1  
Phone: (780) 532-5722; Fax: (780) 539-5121

**CONTRIBUTION:** \$75,500

A coalition of partners in Region 13 works together to: improve the early identification of nutritionally at-risk women; increase access to and effectiveness of existing services; enhance clients' nutritional knowledge; and improve initiation and duration of breastfeeding. Culturally sensitive approaches to nutrition education are integral parts of the programming. The project also ensures access to nutritionally sound food through supplements for milk, provision of vitamins, and the preparation of nourishing meals in collective kitchens.

**PROJECT:** Enhanced Babies Program - CAPC  
*Project #:* 4927-09-1998/0140018

**SPONSOR:** Grande Prairie Friendship Centre  
10105 - 98 Avenue  
Grande Prairie AB T8V 4L1  
Phone: (780) 513-2008; Fax: (780) 513-2199  
gpfriend@ccinet.ab.ca

**CONTRIBUTION:** \$79,000

This project is built on the successful community development activities of the existing CPNP project. The CAPC expansion services include: a parent education component and a children's program (to age 2); outreach/home visiting services; and training and continuing education for staff, volunteers and community partners.

**PROJECT:** Grande Prairie and Area Safe Communities Men's Suicide  
Prevention Project - Phase II - PHF  
*Project #:* 6785-09-1998/2450044

**SPONSOR:** Grande Prairie and District Chamber of Commerce  
124, 10632 - 102 Avenue  
Grande Prairie AB T8V 6J8  
Phone: (780) 513-2368

**CONTRIBUTION:** \$25,000

The project sponsor is a primary partner in the Grande Prairie and Area Safe Communities Alliance. The Alliance represents 16 local organizations committed to providing support to safety and injury reduction programs through partnerships with the public/private sectors. The purpose of the project is to implement and evaluate a suicide prevention program that targets males between 25 and 50 years of age who are employed in the trades and industry occupations in the Mistahia Health Region. Planned activities include: recruiting and training additional volunteers from the agriculture and trades and industry sector; delivering presentations to the target group (and other groups with influence or contact with target group); developing a web site for the project with linkages to other related sites; and investigating the possibility of developing a short video or "stand-alone clip" to be used by local media in increasing awareness of the problem of suicide in the target population.

**PROJECT:** **Building Better Babies - CPNP**  
*Project #:* **6971-09-96-026**

**SPONSOR:** **Peace River Childbirth Education Association**  
**Box 5049**  
**Peace River AB T8S 1R7**  
**Phone: (780) 624-2623; Fax: (780) 624-2623**

**CONTRIBUTION:** **\$51,000**

This project involves its partners in reducing inequities and barriers for women with at-risk pregnancies. Program components include: "Health for Two" manuals; referrals with one-to-one counselling; group education and support; involvement of retailers in a milk and vitamin supplement program; food bank distribution of food hampers; a collective kitchen; and peer educators.

**PROJECT:** **Families First Project - CAPC**  
*Project #:* **4927-09-1999/0140023**

**SPONSOR:** **Peace Association for Lifelong Learning**  
**Bag 3500**  
**Peace River AB T8S 1V9**  
**Phone: (403) 624-5695; Fax: (403) 624-1769**

**CONTRIBUTION:** **\$70,000**

Through a network of community steering committees in Peace River, Manning, and Smoky River, a "Parents as Teachers" model of home visitation services provides intensive home visiting, parent education and referral to appropriate community agencies.

Two additional components are: Bridging the Gap (in Fairview) which is a six week intensive program for at-risk kindergarten children; and the Language Development Program (in Cleardale) which is an enriched pre-school language program for isolated at-risk children.

**INITIATIVE:** **The Community Garden Project - CAP**  
*Initiative #:* **12/99**

**SPONSOR:** **Peace Association for Lifelong Learning (PAL)**  
**Bag 3500**  
**10123 - 104 Avenue**  
**Peace River AB T8S 1K7**  
**Phone: (780) 624-5114; Fax: (780) 618-3405**  
**cparent@telusplanet.net**

**CONTRACT:** **\$3,155<sup>08</sup>**

This community garden is intended to enhance the quality of life for the Native people in the Peace River community. This project is based on major concerns about the Determinants of Health as they pertain to the Native population in this area. The garden promotes increased food security and provides social and educational opportunities. Elders and professional gardeners work with new gardeners. Partnering organizations have donated expertise, land and topsoil. A percentage of the garden yield is given to a local soup kitchen so that members will experience the value of giving something back to the community.

**PROJECT:** **Project RAISE: Operation North Star - Phase II - PHF**

**Project #:** 6785-09-1998/2450038

**SPONSOR:** Peace Association for Lifelong Learning  
Bag 3500  
Peace River AB T8S 1V9  
Phone: (780) 624-5695; Fax: (780) 624-1769  
jblayne@incentre.net

**GRANT:** \$15,000

Project RAISE will develop a framework to enable adolescents to assess harassment and intimidation issues and will encourage student skill development in the area of conflict resolution. The project targets adolescent females (12 to 14 years of age). Project activities include facilitating a group focussed on developing healthy attitudes about the way the target population looks, feels, thinks and acts based on the "Navigating Towards Your North Star" three-step program. The goal is to establish 6 groups (6 to 8 girls per group) that will meet weekly, and one weekend day per month for five months.

**PROJECT:** Peerless Lake and Trout Lake Aboriginal Head Start - AHS  
*Project #:* 6973-09-95-018

**SPONSOR:** Peerless Lake Community Association 1998  
Box 9  
Peerless Lake AB T0G 2W0  
Phone: (780) 869-2331; Fax: (780) 869-2339

**CONTRIBUTION:** \$211,000

The community associations of Peerless Lake and Trout Lake works cooperatively to develop and implement an Aboriginal Head Start program for children 3-5 years of age. Partnerships with local schools and community service agencies enhance and sustain the project.

The experience and learning gained in this program will help Aboriginal pre-school children develop a positive sense of themselves and a desire for life-long learning, as well as provide them with opportunities to develop fully and successfully throughout their lives. Evaluation is an ongoing component of the program.

**PROJECT:** Peavine Métis Settlement/Gift Lake Métis Settlement - AHS  
*Project #:* 6973-09-95-014

**SPONSOR:** Peavine Métis Settlement  
Box 238  
High Prairie AB T0G 1E0  
Phone: (780) 523-5944; Fax: (780) 523-5616

**CONTRIBUTION:** \$213,000

This Aboriginal Head Start project operates an in-house component for children 3-5 years of age and a home visit component for younger children. The project includes parental involvement through an advisory committee and program activities designed to meet parents' identified needs. A nutrition program for children is provided and cultural activities include traditional arts, music, crafts and story-telling by elders. This project provides opportunities for Aboriginal pre-school children to develop a positive sense of themselves and a desire for life-long learning. It also provides them with opportunities to develop fully and successfully throughout their lives.

**PROJECT:** The Good Start Prenatal Nutrition Program/Healthy Choices - CPNP  
*Project #:* 6971-96-034

**SPONSOR:** Lesser Slave Lake Indian Regional Council  
Box 1740  
High Prairie AB T0G 1E0  
Phone: (780) 523-6401; Fax: (780) 523-4406

**CONTRIBUTION:** \$52,315

There are two projects in two locations of High Prairie and Slave Lake. The projects provide parenting and educational sessions, milk coupons, food hampers, vitamins and mineral supplements, breastfeeding classes and peer support groups.



**PROJECT:** Tri-Settlement Prenatal Nutrition - CPNP  
*Project #:* 6971-09-96-031

**SPONSOR:** Gift Lake Métis Settlement  
Box 60  
Gift Lake AB T0G 1B0  
Phone: (780) 767-3794; Fax: (780) 767-3888  
glmetis@telusplanet.net

**CONTRIBUTION:** \$35,800

The project offers a prenatal nutrition program in three Métis Settlements: Gift Lake, Peavine and East Prairie. It addresses risk factors for pregnant and parenting women which have been identified through recent needs assessments and community studies. Pre and postnatal issues include: improper diet; lack of nutrition education and inadequate food preparation skills; limited knowledge of infant care and feeding; lack of parenting skills; and food unavailability and expense.

Prenatal workers in each settlement offer home visits which provide education and support. Milk and vitamin supplements are provided. Resource materials such as books, pamphlets and videos are also made available to the women.

**PROJECT:** Brighter Futures Program - CAPC  
*Project #:* 4927-09-95-028

**SPONSOR:** Association of High Prairie and District  
Children's Resource Council  
Box 888  
High Prairie AB T0G 1E0  
Phone: (403) 523-2715; Fax: (403) 523-4117  
brighter@inetnorth.ab.ca

**CONTRIBUTION:** \$150,000

The project serves High Prairie and several isolated communities in northern Alberta utilizing a community development service model resulting in "responsive programming". Programs include: a Resource Centre with parenting resources and training materials; weekly parenting tips on the radio and newspaper; Toy Lending Libraries; Moms and Tots Groups; and playschool spaces.

**PROJECT:** Little People Project - CAPC  
*Project #:* 4927-09-94-026

**SPONSOR:** Peekiskweetan Let's Talk Society  
Box 180  
Wabasca AB T0G 2K0  
Phone: (780) 891-3640; Fax: (780) 891-3626  
pkkt@telusplanet.net

**CONTRIBUTION:** \$100,000

This northern project supports funding for playschool spaces in the Wabasca Discovery Centre and an outreach worker who provides a variety of one-on-one programs for parents in Wabasca and Sandy Lake. This programming includes early stimulus programs, Nobody's Perfect parenting groups and nutritious cooking sessions.

**PROJECT:** Fort Chipewyan Aboriginal Head Start - AHS  
*Project #:* 6973-09-95-016

**SPONSOR:** Chip Child Development Society  
Box 479  
Fort Chipewyan AB T0P 1B0  
Phone: (780) 697-3730; Fax: (780) 697-3500

**CONTRIBUTION:** \$206,800

This Aboriginal Head Start project operates four days per week for children 3-5 years of age with an in-home component for younger children. The program focuses on the holistic development of the child with an emphasis on physical, mental, spiritual and emotional health. Elders are involved in the cultural component of the project. Parents have the opportunity to participate in the planning, implementation and evaluation of the program. Partnerships with a variety of community agencies enhance and sustain the project.

**PROJECT:** Food for Two - CPNP  
*Project #:* 6971-09-96-024

**SPONSOR:** The Children's Centre  
100, 9913 Biggs Avenue  
Fort McMurray AB T9H 1S2  
Phone: (780) 743-3309; Fax: (780) 743-1995  
ccenter@telusplanet.net

**CONTRIBUTION:** \$48,944

The project focuses its efforts on increasing access to and enhancing existing prenatal programs in the Fort McMurray and surrounding areas. Programming includes: nutritional supplements; breastfeeding support; prenatal education and care; nutrition assessment; milk coupons; and skill development and education on reducing alcohol and tobacco use during pregnancy. Health promotion efforts in the prevention of Fetal Alcohol Syndrome represent a key component of the project.

**PROJECT:** The Children's Centre - CAPC  
*Project #:* 4927-09-94-021

**SPONSOR:** The Children's Centre  
100, 9913 Biggs Avenue  
Fort McMurray AB T9H 1S2  
Phone: (780) 743-3309; Fax: (780) 743-1995  
ccentre@telusplanet.net

**CONTRIBUTION:** \$353,900

This project provides a continuum of services for at-risk families in Fort McMurray and the surrounding areas. Programming includes: a multi-cultural pre-school; a parent toddler drop-in; home visiting from family visitors; FAS coordination; and a rural pre-school program. The program emphasizes parent involvement and an appreciation of diverse cultural backgrounds.

**PROJECT:** High Level Aboriginal Head Start -AHS  
*Project #:* 6973-09-95-015

**SPONSOR:** High Level Native Friendship Centre  
Box 1735  
High Level AB T0H 1Z0  
Phone: (780) 926-3355; Fax: (780) 926-2038

**CONTRIBUTION:** \$163,000

This Aboriginal Head Start project operates four days per week for children 3-5 years of age. Program activities are based on the Cree and Dene culture and heritage. Parents meet on a regular basis to discuss topics that enhance their knowledge and ability to help themselves and their children. Family life educators make regular home visits. Partnerships with a variety of community agencies enhance and sustain the project.

The project also provides opportunities for Aboriginal pre-school children to develop a positive sense of themselves and a desire for life-long learning; as well as providing them with opportunities to develop fully and successfully throughout their lives. Evaluation is an ongoing component of this project.

**PROJECT:** Regional HIV & AIDS Program Coordinator - ACAP

**SPONSOR:** Wood Buffalo HIV & AIDS Society  
202, 10020 Franklin Avenue  
Fort McMurray AB T9H 2K6  
Phone: (780) 743-9200; Fax: (780) 743-9254  
wbhas@telusplanet.net

**\*Funding Administered through the Alberta Community HIV Fund**  
**AMOUNT:** \$19,195

Through this project, the sponsor hired a coordinator to organize and assist with activities which facilitate public education and awareness. The coordinator also focuses on promoting prevention strategies which will lead to a better understanding of HIV in this community.

**PROJECT:** Baby Counts and Aboriginal Prenatal Nutrition Program - CPNP  
*Project #:* 6971-09-96-022

**SPONSOR:** High Level Native Friendship Centre  
Box 1735  
High Level AB T0H 1Z0  
Phone: (780) 926-3355; Fax: (780) 926-2038  
hlnfcs@incenter.net

**CONTRIBUTION:** \$53,751

This program focuses on developing and implementing a medical referral system; nutritional assessment counselling; and group education sessions in High Level and several surrounding communities to teach women how to prepare nutritional food on a low budget. Native spirituality is an integral part of the educational experience. Milk coupons and food hampers are also provided to at-risk women.

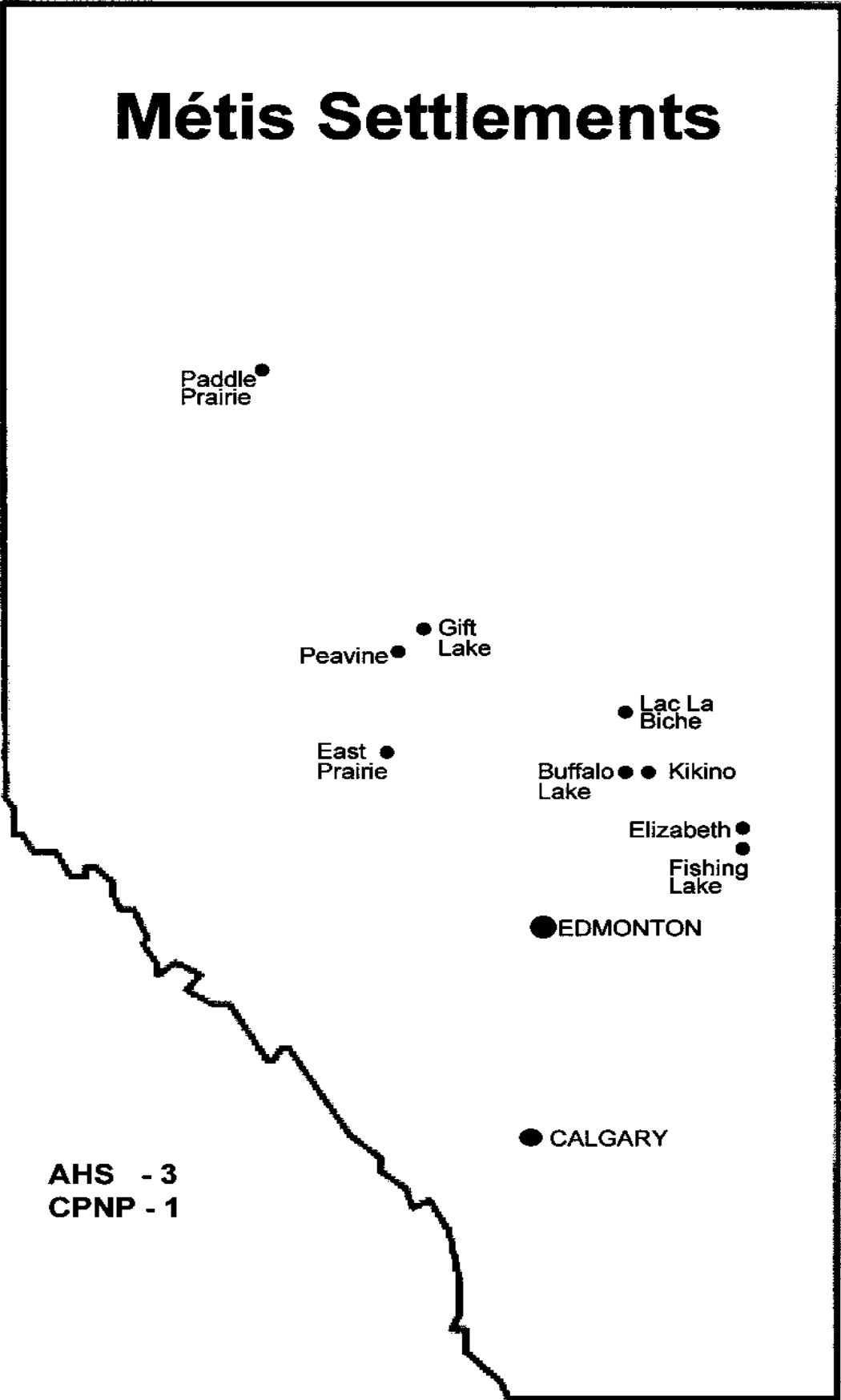
**PROJECT:** Brighter Futures - CAPC  
*Project #:* 4927-09-93-008

**SPONSOR:** Coalition for Far Northwest Alberta  
Brighter Futures Society  
Box 1710  
High Level AB T0H 1Z0  
Phone: (780) 926-2754; Fax: (780) 926-3177  
bfs\_hl@telusplanet.net

**CONTRIBUTION:** \$410,000

Project services provided in High Level and three isolated Northern communities include: Head Start programming, Nobody's Perfect parenting sessions, the Family Life Educator Program, pre-school enrichment, infant and child nutrition and injury prevention.

# Métis Settlements



# THE MÉTIS SETTLEMENTS

The Métis Settlements of Alberta represent the only land-based Métis people in Canada and are comprised of eight distinct Métis settlements distributed throughout northern Alberta. These are the Buffalo Lake, East Prairie, Elizabeth, Fishing Lake, Gift Lake, Kikano, Paddle Prairie and Peavine Métis Settlements.

In 1996, the Métis Settlements General Council (representing the eight Métis Settlements) and the Government of Alberta entered into agreement to establish Region 18 Child and Family Services Authority to plan and deliver child and family services for the residents of the settlements.

The Health Promotion and Programs Branch, Health Canada, delivers several community-based programs in the settlements. Although these appear in this summary document under the appropriate regional health authority, for ease of reference we are also listing them here as they fall within the jurisdiction of Region 18 Child and Family Services Authority.

**PROJECT:** A New Beginning - AHS  
**Project #:** 6973-09-1999/2380019

**SPONSOR:** Niciwasimsinank Head Start Education Society  
Box 420  
Cold Lake AB T9M 1P1  
Phone: (780) 594-5026; Fax: (780) 594-5452

**CONTRIBUTION:** \$180,245

This Aboriginal Head Start project has two sites: one in Elizabeth and one in Fishing Lake. It is designed to meet the educational needs of children 3-6 years of age living in local communities. The program also incorporates culturally relevant services for pre-school children. The project will: prepare children for grade one; increase the child's knowledge and understanding of Aboriginal Métis/Cree culture; promote healthy relationships between children and their parents; and improve health and nutritional practices. The project operates from September to June each year.

The partners involved with the project include the Fishing Lake and Elizabeth Métis Settlements, Northlands School Division, Lakeland Regional Health Authority, Alberta Family and Social Services and Métis Elders.

**PROJECT:** Peavine Métis Settlement/Gift Lake Métis Settlement - AHS  
*Project #:* 6973-09-95-014

**SPONSOR:** Peavine Métis Settlement  
Box 238  
High Prairie AB T0G 1E0  
Phone: (780) 523-5944; Fax: (780) 523-5616

**CONTRIBUTION:** \$213,000

This Aboriginal Head Start project has two sites: one in Gift Lake and one in Peavine. It operates an in-house component for children 3-5 years of age and a home visit component for younger children. The project includes parental involvement through an advisory committee and program activities designed to meet parents' identified needs. A nutrition program for children is provided and cultural activities include traditional arts, music, crafts and story-telling by Elders.

This project will provide opportunities for Aboriginal pre-school children to develop a positive sense of themselves and a desire for life-long learning, as well as provide them with opportunities to develop fully and successfully throughout their lives.

**PROJECT:** Awasisak and Family Development Circle  
Aboriginal Head Start Project - AHS  
*Project #:* 6973-09-95-020

**SPONSOR:** Awasisak and Family Development Circle  
Box 20  
Caslan AB T0A 0R0  
Phone: (780) 689-2170; Fax: (780) 689-2024

**CONTRIBUTION:** \$332,500

This AHS project includes three sites: Lac La Biche, Kikino, and Buffalo Lake. The project is based on a community assessment. Program components use the Wheel of Holistic Child Development to meet the social, physical, intellectual, creative, emotional and spiritual needs of Aboriginal children. Children attend the program for half-day sessions. Community members and elders are utilized in the project to provide the cultural, linguistic and historical components of the program.

**PROJECT:** **Tri-Settlement Prenatal Nutrition - CPNP**  
*Project #:* **6971-09-96-031**

**SPONSOR:** **Gift Lake Métis Settlement**  
**Box 60**  
**Gift Lake AB T0G 1B0**  
**Phone: (780) 767-3794; Fax: (780) 767-3888**  
**glmetis@telusplanet.net**

**CONTRIBUTION:** **\$35,800**

The project offers a prenatal nutrition program in three Métis Settlements: Gift Lake, Peavine, and East Prairie. Risk factors for pregnant and parenting women have been identified through needs assessments and community studies. Pre and postnatal issues include: improper diet; lack of nutrition, education and inadequate food preparation skills; limited knowledge of infant care and feeding; lack of parenting skills; and food unavailability and expense.

Prenatal workers in each settlement offer home visits for education and support. Milk and vitamin supplements are provided. Resource materials such as books, pamphlets and videos are also made available to the women.

\* \* \*

In addition to the programs sponsored by the Settlements, there are several projects which provide programs in Métis Settlements and in partnership with the Settlements.

- The Coalition for Far North West Alberta in High Level, as one of its programs, offers a Head Start Program in Paddle Prairie. Work is currently under way to transfer this program to the Paddle Prairie Métis Settlement.
- The Brighter Futures project of the High Prairie and District Children's Resource Council has been providing CAPC programming in Gift Lake and Peavine since the project began, and more recently has started to offer services in East Prairie.
- The Healthy Babies CPNP project, sponsored by the Dr. Margaret Savage Crisis Centre in Cold Lake, serves Fishing Lake, Kikino, Buffalo Lake and Elizabeth.
- The Aboriginal Prenatal/Baby Counts CPNP project, sponsored by the High Level Native Friendship Centre, serves Paddle Prairie.



# Health Promotion and Programs Branch Alberta/NWT Region

## **Edmonton Office:**

815 Canada Place  
9700 Jasper Avenue  
Edmonton AB T5J 4C3

Tel: (780) 495-2754

Fax: (780) 495-5537

Don Onischak	Regional Director	495-2278
Penny Mosmann	Manager, Research & Knowledge Development	495-4280
Brenda Cantin	Manager, Population Health	495-5113
Mauricette Howlett	Manager, Social Marketing and Partnerships	495-5112
Judy Smail	Manager, Planning and Operations	495-4697

## **Calgary Office:**

620 Harry Hays Building  
220 4th Avenue SE  
Calgary AB T2G 4X3

Tel: (403) 292-6714

Fax: (403) 292-6696

Karen Garant-Radke	Manager, Childhood and Youth	292-6691
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For further information about the HPPB Activities or Programs in this book, please contact:

**Health Promotion and Programs Branch  
Alberta, Northwest Territories and Nunavut Region**

Health Canada  
Suite 815, Canada Place  
9700 Jasper Avenue  
Edmonton, Alberta T5J 4C3

Tel: (780) 495-2754

Fax: (780) 495-5537

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