



Practical Guide to Mental Health Programs

PLANNING IMPLEMENTING EVALUATING

Auteurs : Jean-Jacques Breton, Henriette Bilodeau and Richard Boyer
 Production : Le Service de recherche de l'Hôpital Rivière-des-Prairies

The PRACTICAL GUIDE is meant to support program directors throughout the decision-making process specific to program development and evaluation. It proposes a mode of operating to enable program directors and researchers to forge a satisfying and productive partnership.

The first section of the GUIDE presents a frame of reference for program development and a decision-support tool (Program DST). This tool comprises a grid to be completed and an explanatory text for each item of the grid.

The second section of the GUIDE proposes a frame of reference for program evaluation and another decision-support tool (Evaluation DST), which also consists of a grid and an explanatory text.

Examples illustrate how to complete the grids. The PRACTICAL GUIDE may be used regardless of mental health problem, target population or level of program development.

The authors sincerely thank Opération Enfant Soleil and Health Canada for their financial support towards the production of the PRACTICAL GUIDE.

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