

11th edition

Preventing family violence

A
catalogue
of
Canadian videos
on family violence for
the general public and
for
professionals working
in
the field

*Collaboratively distributed by the National Clearinghouse on Family Violence
and the National Film Board of Canada*





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du Canada

Canada

About this Catalogue



Preventing Family Violence, eleventh edition, is an up-to-date guide to Canadian videos about family violence. Titles in this catalogue are listed alphabetically under four subject headings: Child Abuse, Child Sexual Abuse, Woman Abuse and Abuse of Older Adults. For this eleventh edition of the catalogue, we have added thirteen new titles to the collection, designated by the symbol, . Closed captioned titles are designated by the letters CC and the symbol . On pages 13 and 14, you will find contact information for the National Film Board of Canada and a list of public libraries and other organizations across Canada that lend titles from this collection.

To purchase a video, contact the distributor listed at the bottom of each synopsis under "Purchase inquiries". Contact information for distributors is available on pages 15 to 17.

About the National Clearinghouse on Family Violence

The National Clearinghouse on Family Violence (NCFV) is a national resource centre for Canadians seeking information and resources which address violence within the family. The NCFV researches, organizes and disseminates information across Canada through articles, fact sheets, project reports and information kits on family violence issues.

Requests for further information or suggestions for additions and improvements to this catalogue are welcome.


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Child Abuse

- **Bully Dance NFB** 

The “stick people” in *Bully Dance* are imaginary, but this gritty tale is all too familiar. Like the dance beat pulsating throughout the film, the bully’s intimidation of a smaller victim is unrelenting; no one stops the dance until serious harm is inflicted. While *Bully Dance* offers no simple solutions, it does compel viewers – teachers, parents and children – to take stock of their actions and find ways to end peer abuse.

2000, 10 min., 0000 026, VHS

Purchase inquiries: National Film Board of Canada

Disponible en français : *La danse des brutes*

- **A Child’s Day in Court**

This dramatization is designed to aid in the preparation and orientation of child victim/witnesses for criminal court proceedings. It is valuable in the education of professionals preparing children to testify.

1994, 22 min., 0194 152, VHS

Purchase inquiries: Nova Scotia Government Publications

- **The Children’s Voice**

This is a documentary film presenting a group of abused youth and child witnesses of wife assault who collectively write and perform a play, *Tell It—Speak Your Peace On Violence*, based on their life stories. Interviews with members of the troupe are the backbone of this film, which breaks new ground by providing an opportunity for us to hear these children speak for themselves.

1994, 60 min., 0194 121, VHS

Purchase inquiries: Not available

- **Crying... What Can I Do? (Never Shake a Baby)**

This short video provides discussion on the dangers of shaking babies. This resource is appropriate for use with parents of varying ethnic backgrounds and gives several strategies for coping with crying infants. Recommended for parental support groups, baby-sitter education courses and maternity wards.

1995, 7 min., 0195 215, VHS

Purchase inquiries: SBS Prevention Plus

- **Harm’s Way: A Revealing & Personal Look at the Disturbing Issue of Youth Violence**

From the highest profile acts of cold blooded murder to everyday incidents on our neighbourhood streets, *Harm’s Way* puts a human face on the problem of youth violence. This video features personal accounts from people whose lives have been changed by youth violence, both victims and offenders. Interviews with prominent psychologists, criminologists, social workers, law enforcement and probation officers, explore issues and influences that are affecting the violent behaviour of our children. *Harm’s Way* takes a probing look at the effects of early childhood experiences, the media, our consumer culture and changing societal and family structures. This in-depth study also profiles intervention programs and group sessions with “at risk” youth that shed light on what we can all do to keep our children out of *Harm’s Way*.

1999, 47 min., 0199 314, VHS

Purchase inquiries: kineticvideo.com

- **Help Me!**

Faith Leaders Challenging Child Abuse

This video is designed to help faith leaders of any denomination understand child abuse and take steps to prevent it in their communities. The video describes how faith leaders can encourage a nurturing, abuse-free environment for all children. *Help Me!* gives an overview of the problem of child abuse and deals with disclosure, reporting, healing and prevention. A useful reference for religious leaders and lay professionals working with children.

1991, 17 min., 0191 181, VHS


Purchase inquiries: Not available

- **Just Children: Survivors of Institutional Child Abuse Tell Their Stories**

Just Children was developed by the Law Commission of Canada as part of its study of historical institutional child abuse. The video tells the story of people who suffered abuse as children in institutions across Canada. It also introduces a discussion of how to meet the needs of those who were harmed.

Over the past ten to fifteen years, child abuse has surfaced as a painful issue for Canadians. With greater public discussion has come greater awareness that children have been abused not only in their homes and by strangers, but also in institutions where they were placed for their education, welfare, rehabilitation or even protection. Many of these institutions were run by or on behalf of federal, provincial and territorial governments.

Children do not choose to live in institutions. Societies plan and establish institutions for children with a beneficial purpose in mind – the fact remains that many children were harmed terribly by abuse they suffered while resident in institutions. This is the undeniable tragedy that underlies the Commission’s report entitled: *Restoring Dignity: Responding to Child Abuse in Canadian Institutions*.

2000, 24 min., 9100 152, VHS CC 

Purchase inquiries: Law Commission of Canada

Disponible en français: *Que des enfants : Histoires vécues de violence en établissement*

- **Kuper Island: Return to the Healing Circle**


This moving docu-drama explores the destructive effects Kuper Island Residential School had on hundreds of Aboriginal children sent there by government agents for almost a century. Now, twenty years after the school closed, the survivors of Kuper Island are embarking on a spiritual journey on Vancouver Island's Tsartlip Reserve to begin healing the deep psychological wounds inflicted by their residential school experience.

1997, 44 min. 30 sec., 0197 174, VHS

Purchase inquiries: Moving Images Distribution

- **Live TV NFB**

Live TV is a spoof on television and movie stereotypes that makes fun of simplistic problem-solving. Four eleven-year-olds are delighted when a TV "morphs" to life to help them solve a mystery. Egged on by TV the kids soon discover TV solutions don't always work in real life. They fall out, until they realize that TV doesn't have all the answers. Designed to help children aged six to eleven understand the effect media violence has on them, and to teach them about problem-solving in the real world.

1996, 21 min. 39 sec., 9196 008, VHS CC 

Purchase inquiries: National Film Board of Canada

Disponible en français : *Sacrée télé*

- **Never Shake a Baby**

This educational video explores 'shaken baby syndrome' and consists of frank testimonies from parents of varied ethnic and socioeconomic backgrounds. The video recognizes that parenting can often be difficult and offers practical solutions to help parents and caregivers deal with the stresses of infant care without causing injury.

1998, 18 min., 9198 132, VHS

Purchase inquiries: Kiwanis Club of Ottawa

Disponible en français : *Ne secouez jamais un bébé*

- **The Person Within**

The Person Within explores abuse and neglect of children and youth with disabilities. It gives a voice to young people with disabilities, their parents and caregivers and emphasizes recognizing individual abilities rather than disabilities. Authentic and richly informative, this production highlights the importance of emotionally responsible caregiving in family homes, group homes, schools and treatment facilities. A companion handbook is available.

1999, 28 min., 9199 292, VHS CC 

Purchase inquiries: B.C. Institute Against Family Violence

- **Put the Child First**

This film provides examples of child abuse situations for volunteer youth workers. The film and the accompanying material explain how to recognize symptoms of child abuse; how volunteers should react to victims; and it outlines the legal obligation of the volunteer to report an incident of child abuse.

1989, 15 min., 0189 177, VHS

Purchase inquiries: Society for Children and Youth of B.C.

Disponible en français : *C'est l'enfant qui compte*

- **Richard Cardinal: Cry from a Diary of a Métis Child NFB**

A moving tribute to Richard Cardinal, a seventeen-year-old Métis boy who committed suicide in 1984. Richard had been taken from his home when he was four because of family problems; he spent the next thirteen years moving in and out of twenty-eight foster homes, group homes and shelters in Alberta. Richard left behind a diary upon which this film is based.

1986, 29 min. 10 sec., 0186 056, VHS

Purchase inquiries: National Film Board of Canada

Disponible en français : *Richard Cardinal: Le cri d'un enfant métis*

- **Toying with Their Future NFB**

Toy designers and manufacturers describe their philosophies and their products while salespeople at toy trade shows demonstrate the marketing campaigns used in this billion-dollar industry.

1989, 30 min., 9190 065, VHS CC 

Purchase inquiries: National Film Board of Canada

Disponible en français : *L'Avenir en jeux*

- **Widening the Circle: The Family Group Decision Making Experience**

This video describes an intervention technique involving members of the extended family and various professionals to break the pattern of family violence. The family group decision making experience is defined in a dramatic setting and follows one family's experience through the process. Viewers gain insight into the interplay between organizations and the family as they become partners in working to stop family violence. This video is a companion piece for the print component entitled *Family Group Decision Making: Communities Stopping Family Violence* and is recommended to professionals interested in learning about the use of this process.

1998, 43 min. 55 sec., 9198 130, VHS

Purchase inquiries: Distance Education and Learning Technologies, School of Continuing Education, Memorial University of Newfoundland

- **Youth Violence: What's Out There**

Specifically designed for young people aged 8 to 18, this fast paced program is intended to empower youth with positive alternatives to violence. *Youth Violence* motivates discussion and explores important issues that may face young people today including: intimidation, weapons, gangs and date rape.

1995, 48 min., 9195 218, VHS

Purchase inquiries: Friday Communications Inc.



Child Sexual Abuse

- **Beyond the Shadows**

This documentary explores the devastating effects residential schools have had on First Nations communities in Canada. The video presents the history of these government-mandated schools, the painful personal stories of abuse and the resulting “multi-generational grief”. This resource also describes how First Nations communities have begun the process of healing.


1993, 28 min. 20 sec., 0193 112, VHS

Purchase inquiries: Cariboo Tribal Council

- **The Boys of St. Vincent NFB**

- **The Boys of St. Vincent—15 Years Later NFB**

This two-part dramatization follows the struggle of the young residents of a Roman Catholic orphanage to escape their nightmare of physical and sexual abuse. Their cries for help go unheeded, although a concerned janitor and a no-nonsense police officer try to uncover the truth to end the boys’ suffering. For years, church officials, the police and government officials conspire to conceal the truth. Part 2 picks up the story fifteen years later when a government inquiry finally reopens the case.

1992, 184 min., 9192107/108, VHS CC 

Purchase inquiries: National Film Board of Canada

Disponible en français : *Les garçons de Saint-Vincent et Les garçons de Saint-Vincent—15 ans plus tard*

- **Building Blocks: Empowering Families Against Child Sexual Abuse**

Our best defence against sexual abuse is to raise empowered children. Presented in a positive down-to-earth light, *Building Blocks: Empowering Families Against Child Sexual Abuse*:

- addresses common myths and realities of child sexual abuse
- provides tools to develop strong boundaries, communication and assertiveness
- gives helpful hints on how to talk to children about sexual abuse
- explores effective ways to respond to children’s sexual development
- identifies potential high-risk situations
- provides safety tips for dating, relationships and choosing caregivers

- identifies common ‘warning signs’ of abuse
- provides practical information on handling a child’s disclosure

This video is a useful resource for health and social service organizations, community agencies, daycare centres, schools and libraries. It is also a valuable training tool for colleges, universities and professional development programs.

1996, 53 min., 0196 187, VHS

Purchase inquiries: Building Blocks Productions Inc.

- **Children of the Eagle**

This video is about the healing of three sexually abused Aboriginal children. The eagle symbolizes the bravery, leadership and wisdom that the community has to muster in order to deal with their children’s crisis.

1990, 29 min., 0190 193, VHS

Purchase inquiries: Peigan Child and Family Service

- **Feeling Yes, Feeling No NFB**

This series of four films (on four cassettes) is part of a sexual assault prevention program for young children. The adult video, for parents and professionals, introduces the program and the subject; the other three films are designed to give children the tools to protect themselves from sexual assault by strangers, family members and other trusted people. Comprehensive guides accompany the films.

1984, 184071; 184150; 184151; 184152, VHS

Purchase inquiries: National Film Board of Canada

Disponible en français : *Mon corps, c’est mon corps*

- **Feeling Yes, Feeling No: The Family Program NFB**

A program of four films (on one cassette) that provides information on the nature and scope of child sexual assault and explains how to recognize and help an abused child. The adult film includes an explanation of the purpose and content of the children’s films. It teaches parents and professionals how they can reinforce the skills the children learn from the program. The children’s films give children the skills to protect themselves from sexual assault by strangers, family members and other trusted persons. Part one teaches the basic skills that build self-worth, self-confidence and good judgment. Part two teaches skills to help children assess potentially dangerous situations involving strangers and provides a definition of sexual assault. Part three introduces the issue of sexual assault by a trusted adult. Guides accompany each of the films.

1985, 78 min. 37 sec., 0185 111, VHS

Purchase inquiries: National Film Board of Canada

Disponible en français : *Mon corps, c’est mon corps*

—*Le programme familial*

- **From Disclosure to Justice**

Numerous aspects of male childhood sexual abuse are discussed in this video. Interviews with survivors, therapists, police and crown counsel address the following topics: feelings, counselling, barriers to


disclosure, support to male survivors, the role of the police and the justice system, and sexual offence law. This video is intended to augment training of victim service workers and anyone in the helping professions who may work with adult male survivors of sexual abuse.

1996, 49 min., 0196 163, VHS

Purchase inquiries: British Columbia Society for Male Survivors of Sexual Abuse

- **Good Things Can Still Happen NFB**

This is an interactive package for professionals working with sexually abused children. Aimed at children from 6 to 12 years old who have already disclosed abuse, this animated film is designed to help those children acknowledge and validate their feelings and approach their future with a sense of hope.


1992, 22 min., 9192 024, VHS CC 

Purchase inquiries: National Film Board of Canada

Disponible en français : *Tout ira mieux!*

- **Good Things Too NFB**

The second video in the *Good Things Can Still Happen* series, *Good Things Too* is directed at teenagers aged twelve to eighteen who have been sexually abused. Using animation and scenes of live group-therapy sessions, the video tells the story of five abused teenagers working through their feelings about the abuse they have experienced. The stories these children tell illustrate many symptoms of abuse and demonstrate what the overall impact of sexual abuse can be on a child. The video also explores several other related issues relevant to teenagers, such as body image, sexuality and substance abuse.

1996, 47 min. 30 sec., 9195 175, VHS CC 

Purchase inquiries: National Film Board of Canada

- **Hollow Water NFB** 


This video portrays Aboriginal People who took action to end sexual abuse in their community. Returning to Aboriginal tradition, the community adopted a healing circle to sentence sex offenders. The video is a powerful tribute to one community's ability to heal and change.

2000, 48 min., 9100 013, VHS CC 

Purchase inquiries: National Film Board of Canada

- **Nitinaht Chronicles NFB**

This is a candid portrait of an Aboriginal community struggling to come to terms with a searing legacy of sexual abuse, incest and family violence. The video is a hopeful, courageous, and intimate account of the Ditidaht First Nation as it confronts the inter-generational cycle of abuse within its community. The resource follows the Ditidaht First Nation after a respected elder is found guilty of sexually assaulting his grand daughter. Spanning a period of seven years, the film plays a key role in the healing process. The story of the Ditidaht people is intended to encourage discussion about sexual abuse of children in the wider community. A user guide accompanies the film.

1998, 143 min., 9197 122, VHS, CC 

Purchase inquiries: National Film Board of Canada

Disponible en français : *Chroniques de Nitinaht*

- **No! How**


This film is designed to help mentally challenged young adults to recognize the difference between appropriate and inappropriate sexual behaviour from others, what actions they can take, and how to say no.

1996, 9 min. 30 sec., 0196 178, VHS

Purchase inquiries: Diverse City Press

- **Of Hopscotch and Little Girls NFB** 

This video features little girls from different countries personal accounts of sexual abuse. The video further addresses the adverse impact of abuse and oppression on their ability to fulfil their potential in life.


1999, 52 min., 9199 074, VHS, CC 

Purchase inquiries: National Film Board of Canada

Disponible en français : *Des marelles et des petites filles*

- **Sandra's Garden NFB**

This is an honest and intimate look at one woman's struggle to overcome the trauma of incest. A story of healing, *Sandra's Garden* demonstrates how women can work together to rebuild their lives. It is a testament to the courage of survivors who are struggling to overcome the emotional devastation and physical pain of their childhood.

1990, 30 min., 9190 059, VHS CC 

Purchase inquiries: National Film Board of Canada

- **A Secret No More**


A teacher discovers a fifteen-year-old has been sexually abused by her father. Through dramatizations the film describes the process from disclosure to conviction: how the mother is informed of the abuse, how police charges are laid, what court procedures are and what it can be like to testify in these kinds of cases.

1987, 28 min., 0187 170, VHS

Purchase inquiries: kineticvideo.com

- **Sharing Secrets**

A heart-warming drama that demonstrates how deaf youth can end the isolation of sexual abuse that often destroys their self-esteem. Deaf role-models encourage deaf young people to report what is happening to them and to seek help.

1992, 80 min., 9191 164, VHS CC 

Purchase inquiries: Moving Images Distribution

- **Stolen Lives: Children in the Sex Trade**


Every year in Canada and the United States, more than seven billion dollars are generated by the commercial sexual exploitation of children under the age of 18. *Stolen Lives* takes a hard look at boys and girls being exploited in the fast growing business of selling children for sex in North America. Here are stories, compelling and poignant, diverse and courageous, that expose the realities of children in the sex trade today. Contains explicit language and content.

1999, 46 min. 40 sec., 9199 291, VHS

Purchase inquiries: kineticvideo.com

- **To a Safer Place NFB**

This film tells the story of how one woman, who was sexually abused by her father, has come to terms with her life. Now in her thirties, Shirley Turcotte has built herself a rich and full life. The film accompanies her as she returns to the people and places of her childhood. The frank disclosures of Shirley's mother, brothers and sister will encourage survivors of incest to break through the silence and betrayal in order to recover and develop a sense of self-worth and dignity.


1987, 58 min., 9187 067, VHS CC 

Purchase inquiries: National Film Board of Canada

Disponible en français : *L'enfant dans le mur*

- **Touching: The Video**

Touching is the story of a child named Alex who experiences a succession of bad and confusing touches. With the help of a friend, Alex is able to decide which touches are okay and which ones aren't. He is then able to recognize an abusive situation and report it to authorities. *Touching* is made for children; it teaches them about different types of touches such as hugging, tickling, bullying and sexual assault. Recommended for children in grades one to six.

1995, 35 min., 9195 196, VHS CC 

Purchase inquiries: Community Child Abuse Council of Canada

Disponible en français : *Non aux attouchements*

- **Wednesday's Children: Jenny NFB**

Part of a series of six short dramas on teenage delinquency, *Jenny* is the story of a seemingly tough seventeen year-old who is arrested for trafficking drugs. Jenny's story emerges as she is interviewed by a social worker. Her unemployed, alcoholic father has been sexually abusing her and is now turning his attention to her weaker, younger sister.


1987, 14 min. 53 sec., 0187 002, VHS

Purchase inquiries: National Film Board of Canada

Disponible en français : *Les enfants du désarroi : Jenny*

- **Where Angels Dare NFB**

An intensely personal documentary about healing from childhood sexual abuse and torture. Four women and two men speak honestly of their painful childhood experiences and the "angels" who guided them along the way. The video focuses on healing, confronting anger and the search for peace.

1993, 26 min. 10 sec., 9193 054, VHS CC 


Purchase inquiries: National Film Board of Canada



Woman Abuse

- **After the Montreal Massacre NFB**

This film helps us come to terms with the murder of fourteen women at an engineering school in Montreal. It deals with how these murders relate to the larger picture of male violence that confronts women on the streets and in their own homes. The haunting images taken on the day of the massacre and in the days following set the stage for an exploration of the issues of misogyny, male violence and sexism.

1990, 27 min., 9190 097, VHS CC 

Purchase inquiries: National Film Board of Canada

Disponible en français : *Au-delà du 6 décembre*

- **Behind Closed Doors**

In their own languages, three women from different ethnic and cultural backgrounds discuss how violence has affected their children and themselves. Their courageous stories reflect on cultural barriers to seeking help, personal turning points, and how they survived and started new lives for themselves and their families. A user's guide accompanies the video. *English, Spanish and Punjabi with English subtitles.*

1998, 23 min. 15 sec., 9198 131, VHS

Purchase inquiries: Deluxe Production

- **BEYOND-Surviving the Reality of Sexual Assault**

BEYOND-Surviving the Reality of Sexual Assault is the story of Sally, a young woman who is sexually assaulted by someone whom she meets casually in a social situation. The presentation follows Sally through the experience of being sexually assaulted, seeking immediate support from a friend, then from a sexual assault crisis line where she is given some information about the choices that are available to her. Sally chooses to go to a hospital emergency room for medical attention, which collects physical evidence for legal purposes, and to report the incident to the police. The offender is subsequently charged with sexual assault and the case is presented in court, touching on the revictimization of victims of violence at the hands of the justice system.

Although the outcome of the trial is not revealed, *BEYOND* emphasizes that Sally has still been able to move forward in her healing process. She uses support not only from her friends, but also from a discussion group in which she is able to talk freely about her sexual assault with a number of other women who have had similar experiences.


All of the women in the group have their stories heard, their feelings normalized and their belief in social myths challenged.

2000, 27 min., 9100 154, VHS CC 

Purchase inquiries: kineticvideo.com

- **Black-Eyed Susan**

This video describes how a little boy is affected by witnessing his father beating his mother. Jonathan is having trouble at school and is reluctant to tell anyone what's troubling him. A black-eyed Susan in a bouquet of flowers reminds him of his mother's black eye, so Jonathan refuses to go home. Eventually, the abuse is revealed and Jonathan's family gets the help they need. This film shows children that there are things they can do to help themselves.

1994, 46 min., 0194 117, VHS CC 

Purchase inquiries: Sneyd Syndicate Inc.

- **Bridging the River of Silence**

Three women who have been abused by their spouses talk about the complexity of the problem. This production focuses on one woman's efforts to use the criminal justice system to end the abuse. The film highlights the special cooperative approach of the professional people associated with the criminal justice system in Renfrew County, Ontario.

1991, 65 min., 0191 134, VHS

Purchase inquiries: kineticvideo.com

Disponible en français : *Un pont sur l'abîme du silence*

- **Changing the Ending**

This video explores many issues through the eyes of two women who have found shelter at a transition house after being assaulted by their partners. Although the characters are fictional their stories are based on a composite of real stories about the intense and conflicting emotions which abused women experience when they face police, courts and the legal system. The video provides some insight into the courageous struggle of abused women to stop the abuse and change the ending. A User's Guide helps to introduce the video, elaborate on issues and concepts raised in the video, and plan related activities.

1997, 30 min., 9197 174, VHS

Purchase inquiries: Public Legal Education and Information Service of New Brunswick

Disponible en français : *Changer sa destinée*

- **Charting New Waters: How to Respond to Violence Against Women with Disabilities**

Charting New Waters is a video and study guide about violence against women with disabilities. This video can be used as a resource to show teaching caregivers, social workers, advocates and criminal justice personnel how to deal with these situations in a respectful and appropriate manner.


1996, 38 min., 0196 164, VHS

Purchase Inquiries: Justice Institute of B.C.

Disponible en français : *Une nouvelle cartographie : Comment répondre à la violence faite aux femmes handicapées*

- **The Crown Prince NFB**

Billy is fifteen and for most of his life his family has kept a deadly secret—a secret of violence and fear. Billy knows what it means to be a victim, and he comes to learn what it means to be “just like dad”. A powerful drama that looks at the real and pressing problem of wife assault from the perspective of the children.

1988, 37 min. 41 sec., 9188 037, VHS CC 
Purchase inquiries: National Film Board of Canada
Disponible en français : *Le prince héritier*

- **Discovering the Child Within: The Abuse of Pregnant Women and Their Children**

This film documents the experiences of women who have been abused during pregnancy. The resource focuses on how the violence affected each woman, her fetus, her family and the professionals involved. The video comes with a workbook which offers ideas on how to create and facilitate a women’s empowerment group.

1992, 30 min., 0192 172, VHS
Purchase inquiries: Northumberland Services for Women

- **Domestic Violence**

An informative and innovative training tool for front-line social workers, doctors, nurses and other health professionals. Part 1 presents a historical overview of the issue of violence against women; part 2 covers a variety of topics from how to detect wife abuse injuries to how to approach women who may be in an abusive relationship. *Domestic Violence* illustrates in a clear and direct way the seriousness of wife assault and shows health professionals and social workers how they can help abused women.

1994, 74 min., 0194 148, VHS
Purchase inquiries: Vancouver General Hospital Domestic Violence Program

- **Double Jeopardy**

Double Jeopardy characterizes the extent of violence against women with disabilities and suggests ways of addressing this issue at the local level. Women with disabilities, who are survivors of family violence, tell their stories. This video is primarily intended for women living in independent living centres, their caregivers and other professionals working in the field.

1996, 30 min., 0196 162, VHS
Purchase inquiries: Canadian Association of Independent Living Centres

- **Fires of Transformation**

This resource is a documentary about a women’s theatre troupe called VOICE (Violence Overcome In Creative Ensemble) whose members have written and produced a play about their experiences as survivors of violence. The play describes how women overcome violence alone and within the sisterhoods of women’s shelters.

1991, 60 min., 0191 124, VHS
Purchase inquiries: The Canadian Filmmakers Distribution Centre

- **Francis and Terry**

This fictitious dramatization focuses on the experiences of woman abuse in one family. With a view to informing criminal justice professionals, it details many facets of spousal abuse and highlights the experiences of women within the criminal justice system.

1992, 58 min., 0192 189, VHS
Purchase inquiries: National Judicial Institute
Disponible en français : *France et Thierry*

- **How Then Shall We Live**

Through personal interviews with people who have left abusive relationships, *How Then Shall We Live* explores the process of leaving and rebuilding. The video offers practical and legal suggestions for those who need to leave situations of domestic violence and for those who would like to be supportive neighbours, service providers and friends. A Facilitator Guide that can be used for community groups, schools and professional workshops accompanies the video.

1999, 24 min., 9199 290, VHS
Purchase inquiries: Live Wire Video Productions

- **In Our Defence: A Film About Women and Violence**


Tina, Sara and Tammy are young women stuck in unsatisfactory relationships with men. Through their own stories, statements from counsellors, police and legal experts, viewers gain a fresh perspective on Canadian law and society. A video geared to young people between fifteen and twenty-five years of age.

1992, 28 min. 50 sec., 0192 173, VHS
Purchase inquiries: The Image Works

- **It’s Not Like I Hit Her**

This video examines emotional abuse directed at women by their male partners. The video is not about arguing or disagreeing; it is about chronic criticism, verbal degradation, intimidation and isolation imposed on women to keep them in a socially and emotionally unsupported position. The aim and the result is to wear down and destroy women’s self-esteem and their spirit.

Both male and female viewers learn the basis for this kind of behaviour in males in this very high quality production that mixes dramatic vignettes with interviews. Also examined are the passive female roles in these relationships. What this basically comes down to is an addiction with all sorts of denial and enabling going on. Tools for confronting and ending this type of abusive behaviour and the treatment options available for abusers are also covered.

2000, 23 min., 9100 155, VHS CC 
Purchase inquiries: kineticvideo.com

- **Litrosi**

Designed as a public education tool for the Greek community, this video documents the destructive effects of violence in the home and demonstrates the steps towards recovery for both victims and abusers.

1993, 48 min., 0193 113, VHS
Purchase inquiries: Greek Orthodox Family Services and Counselling