

**pandemic
influenza**

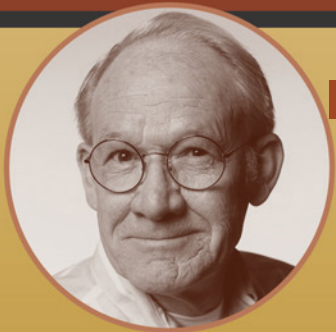
Communicating Pandemic Influenza



WHO



WHAT



WHEN

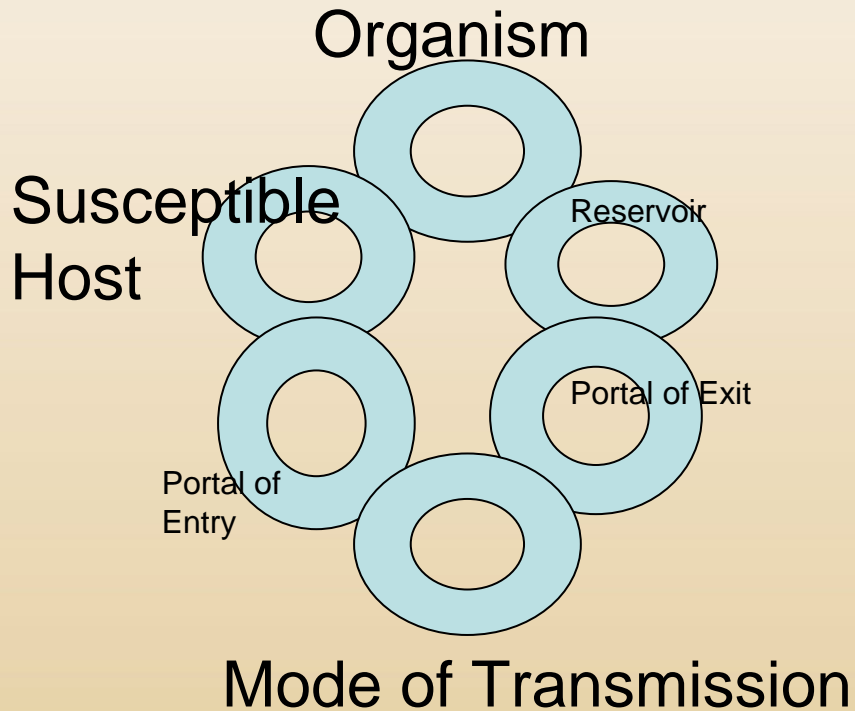
**Influenza Pandemic Planning Workshop for Faith Groups
May 16, 2006 – Infection Prevention and Control**

 **Region of Peel**
Working for you

- Chain of infection
- Transmission
- 5 key messages
- Cleaning
- Pandemic myths and misconceptions
- Pandemic planning considerations for faith groups

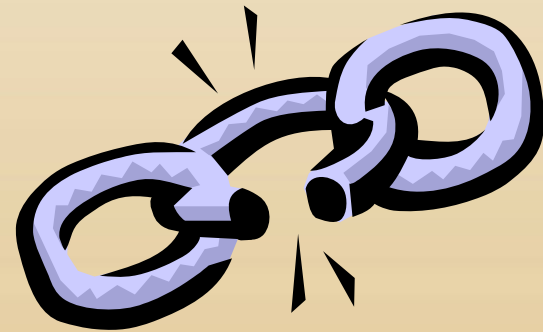
pandemic influenza

Chain of Infection



3 main components

Breaking the chain of infection is the key



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Transmission of Influenza Virus

Spread through **respiratory droplets** in 2 ways:



Courtesy of Centers for Disease Control and
Prevention

DIRECT CONTACT

- Person-to-person contact (1 metre/3 feet)

INDIRECT CONTACT

- Touch articles contaminated with droplets
- Hand-to-mucous membranes (eyes, nose, mouth)
 - Multi-use equipment
 - Frequently touched surfaces
 - Horizontal surfaces
- Virus can survive for hours (e.g., up to 48 hours on hard non-porous surfaces)



There are **5 things** you can do to prevent the transmission of influenza

Do you know the single most important thing we all can do to prevent the transmission of infection?



1. Practice Hand Hygiene

- Wash your hands at a sink with soap and water

AND/OR

- Use alcohol-based hand cleaner



When Should you Practice Hand Hygiene?

- Before touching/eating food or drinking
- After coughing, sneezing, blowing your nose, using facial tissue
- After using the washroom
- After touching any body fluids
- After changing diapers
- Before and after providing rites and rituals for the ill
- After shaking hands and touching shared surfaces or objects
- Whenever hands are dirty

Clean your hands with soap and water or alcohol-based hand cleaner:

- after coughing or sneezing
- before touching your face



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Hand washing

1. Wet



2. Soap



3. Scrub



4. Rinse



5. Dry



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Alcohol Hand Rub



Squirt



Swirl



Switch



Swirl



Scrub

2. Cover your Cough/Sneeze

“Respiratory Etiquette”

When you cough or sneeze:

- Cover your nose and mouth with your elbow/sleeve OR cover your cough with a tissue
- Dispose of the tissue in the garbage
- Clean your hands with soap and water or alcohol-based hand cleaner



When you cough or sneeze...



- cover your cough with a tissue or your arm
- put used tissues in the waste basket
- clean your hands with soap and water or alcohol-based hand cleaner



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3. Be Immunized and Stay Well

- Get an influenza immunization each year
- Have good routine health practices such as eating well, getting enough sleep, and exercising regularly



4. Stay Home if you are Sick

If you have the following symptoms of influenza, stay home:

- Fever
- New cough or shortness of breath
- Runny nose
- Diarrhea/vomiting (children)

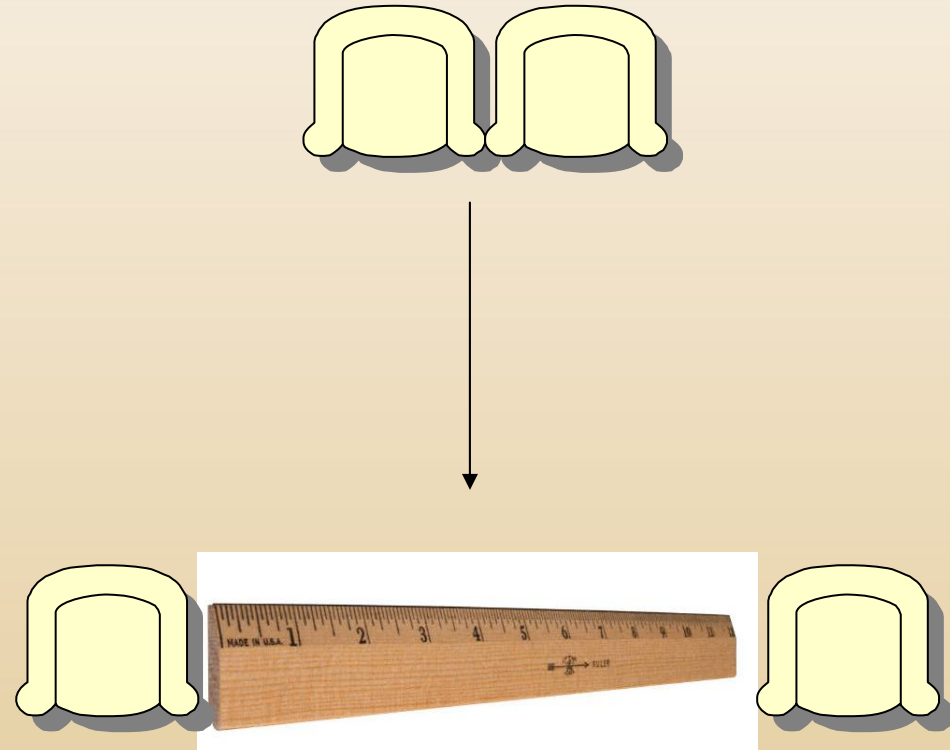


REDUCE RISK TO OTHERS!

5. Keep your Distance

“Social distancing”

- Stay 1 metre/3 feet apart
- Consider alternatives for meeting spiritual and religious care needs



- Maintain a stock of supplies in washrooms and kitchens (paper towels and pump liquid soap)
- Signage reminding hand hygiene in washrooms, kitchens
- Consider having alcohol-based hand cleaner available:
 - where people congregate
 - before and after “hand” contact
 - before and after touching communal religious objects
- Pay special attention to pooled water (e.g., air conditioners, reflecting ponds, etc.)
- Consider supplying facial tissue and extra garbage cans for disposal at meetings, etc.

pandemic influenza

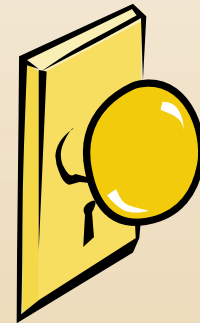
Cleaning Procedures

Regular

- Use household cleaners
- Wipe frequently used surfaces (especially horizontal surfaces)
- Practice hand hygiene after cleaning

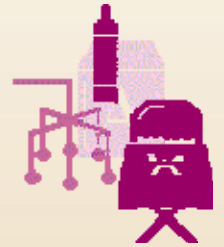
During Pandemic

- Same as regular, but increase frequency of cleaning



Do an audit:

- What practices do you perform that bring you or your members within 3 feet/1 metre contact?
- What practices involve hand-to-hand, hand-to-face touch?
- What rituals (i.e., at birth, death, celebrations) require close contact?
- What objects do you use during your worship that are touched by many people?
- How is your place of worship cleaned?
- What other practices can increase the risk of transmitting influenza virus?



Rodents and insects carry and transmit influenza.

False

Wearing protective equipment (i.e., face mask) in public will protect me and prevent transmission to others.

False

It is safe to eat well-cooked poultry and other poultry products in Canada.

True

Eating and drinking from communal containers of food/liquids is safe.

Communally used containers of water or other liquids don't carry influenza.

1. Practice hand hygiene (soap and water or hand sanitizer)
2. Cover your cough and sneeze
3. Be immunized and stay well
4. Stay home if you are sick
5. Keep your distance



- How will you promote the 5 key messages?
- How will you implement social distancing?
- Are there alternative ways you can meet spiritual and religious care needs?
- How will you encourage people who are sick to remain at home and support them with other ways to worship?
- How can you promote immunization and staying well to your congregation members?
- How will you provide spiritual and religious support during a pandemic?

We need **your** assistance to educate your faith communities in infection prevention and control by:

- Emphasizing the importance of practicing hand hygiene, covering sneezes/coughs, staying well, staying home if sick, and social distancing
- Debunking myths and misconceptions
- Educating your faith communities in infection prevention and control practices
- Examining your facility cleaning practices
- Role modeling the 5 key messages