



Québec

Providing emotions since 1534



Passionately **ST. LAWRENCE**
Dive into a RIVER of discovery in the Québec heartland



Sent in search of gold by the king of France, Jacques Cartier set foot in Québec in 1534 and discovered so much more:

Stretching more than 1,600,000 km² (640,000 square miles) across northeastern North America, Québec invites you to feast on its playful energy and the breathtaking diversity of its wide-open spaces. Its Native, French and English heritage grooves to the continent's cosmopolitan beat while keeping time to a multitude of international rhythms.

Here, time dresses up in a colorful four-season wardrobe, vibrant cities and picturesque villages envelop themselves in nature's extravaganza—fertile valleys draped in autumn hues or winter white, untouched forests, craggy mountains bearing the signature of the millennia. Here, thousands of winding rivers and countless pristine lakes interlace and delight. Here, one of the world's most magnificent rivers dons the airs of an ocean.

Set sail and discover the majestic St. Lawrence River, a trip of a lifetime! This journey through time retraces the route taken by Québec's indigenous people and *coureurs-des-bois*, as fresh water gradually gives way to ocean brine, creating a magnificent gulf. Vast wilderness areas stretch along the coast, wetlands teem with life and numerous shipwrecks remind us that this great river gave birth to a new world. In every season and any weather, Québec is—
passionately St. Lawrence!



a land of emotions!



Îles-de-la-Madeleine



Charlevoix



Charlevoix

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A land flowing with water

Brimming with water, Québec is awash in blue. One river, among the longest in the world, dominates the landscape. Connecting the Atlantic Ocean to the Great Lakes, this legendary waterway generously lends its channels, islands and shores to an infinite array of aquatic activities and terrestrial diversions. Gentle summer breezes, fiery fall colors, invigorating winter fun, sparkling ice floes melting into spring, every season brilliantly beautiful!



Dreamy daytrips

Vistas of water and sky dissolve into each other, welcoming coastal towns and fishing villages, topnotch accommodations nestled in spectacularly seductive backdrops. Traveling by car, Québec reveals its irresistible charm one panoramic rest stop at a time. Downstream from Québec City, shores are strung with bays, points and headlands, home to sea-scented villages—La Malbaie, Tadoussac and Mingan on the north shore, Rivière-du-Loup, Matane and Percé to the south—that house the secrets of Québec’s rich history and fascinating architectural and archeological heritage. Coastal highways hug the banks of this famous river, tempting you with a succession of stops, picture perfect for recreation or simple relaxation as you soak up nature and the wonders of riverside life. Adding to the long list of enticements, North

America’s largest network of bike paths winds along the coast, making the shores of the St. Lawrence every cyclist’s favorite playground.

Parc national du Bic,
Bas-Saint-Laurent





Îles-de-la-Madeleine



Île d'Orléans, Québec City Area



White-tailed Deer

Île Rouge, Saguenay-St. Lawrence Marine Park

An incalculable number of islands, large and small, dot the St. Lawrence. Ever accessible and scenic, the Boucherville Islands are paradise for picnics and strolls. Drenched in history and architectural treasures, Grosse-Île, Île d'Orléans and Île aux Coudres figure among the many must-sees. The lighthouses on Îles Verte and Rouge guide navigators, while Anticosti lies on its own, reserving its untamed terrain for its many white-tailed deer and adventurers who love to wander off the beaten path. Secluded and aloof in the middle of the Gulf, Îles-de-la-Madeleine boasts golden dunes that spill out between red cliffs.



Island hopping



To port! To starboard!

Surrounded by a symphony of seabirds, marine mammals such as blues, humpbacks, belugas and finbacks feed in the nutrient-rich waters at the mouth of the St. Lawrence. Puffins and gannets take flight and dive-bomb the river. Further along, seals frolic and play, making an endearing spectacle of themselves. Ice floes drift with the wind and waves, collide and grind against each other, creating the most breathtaking modern sculptures. This mighty river stages a new show every season. At Baie-du-Febvre, Cap-Tourmente and Montmagny, everyone eagerly awaits the spring arrival of the Snow Geese and their flamboyant fall departure. Equally captivating is the clear honking and impressive flying "V" of the Canada Geese as they sail through the sky, only breaking formation to land by the water's edge for a night's rest.



Northern Gannets



Harp Seal



Saguenay-St. Lawrence Marine Park

Sights and sounds that enchant young and old alike.



Québec is rich in “blue gold”, a 21st-century term that reflects the increasing rarity of fresh water, the earth’s most precious resource. Traveling along the St. Lawrence through maritime Québec, several extraordinary coastal sites delight ecotourists from around the world. The Lac-Saint-Pierre Biosphere Preserve, a major heron nesting site and the most popular pit stop for migratory birds on the St. Lawrence, the wonderfully diverse ecosystem of the Saguenay–St. Lawrence Marine Park where the river crosses the waters of the fjord, and the fabulous Mingan Archipelago National Park Reserve of Canada— all preserve some of the world’s most unique national treasures. Québec’s wildlife, water, woodlands and rocks sculpted by the elements make a stunning addition to any photo album!



Blue gold, green tourism

Mingan Archipelago, Duplessis (Côte-Nord)



Centre-du-Québec



Anchors aweigh!

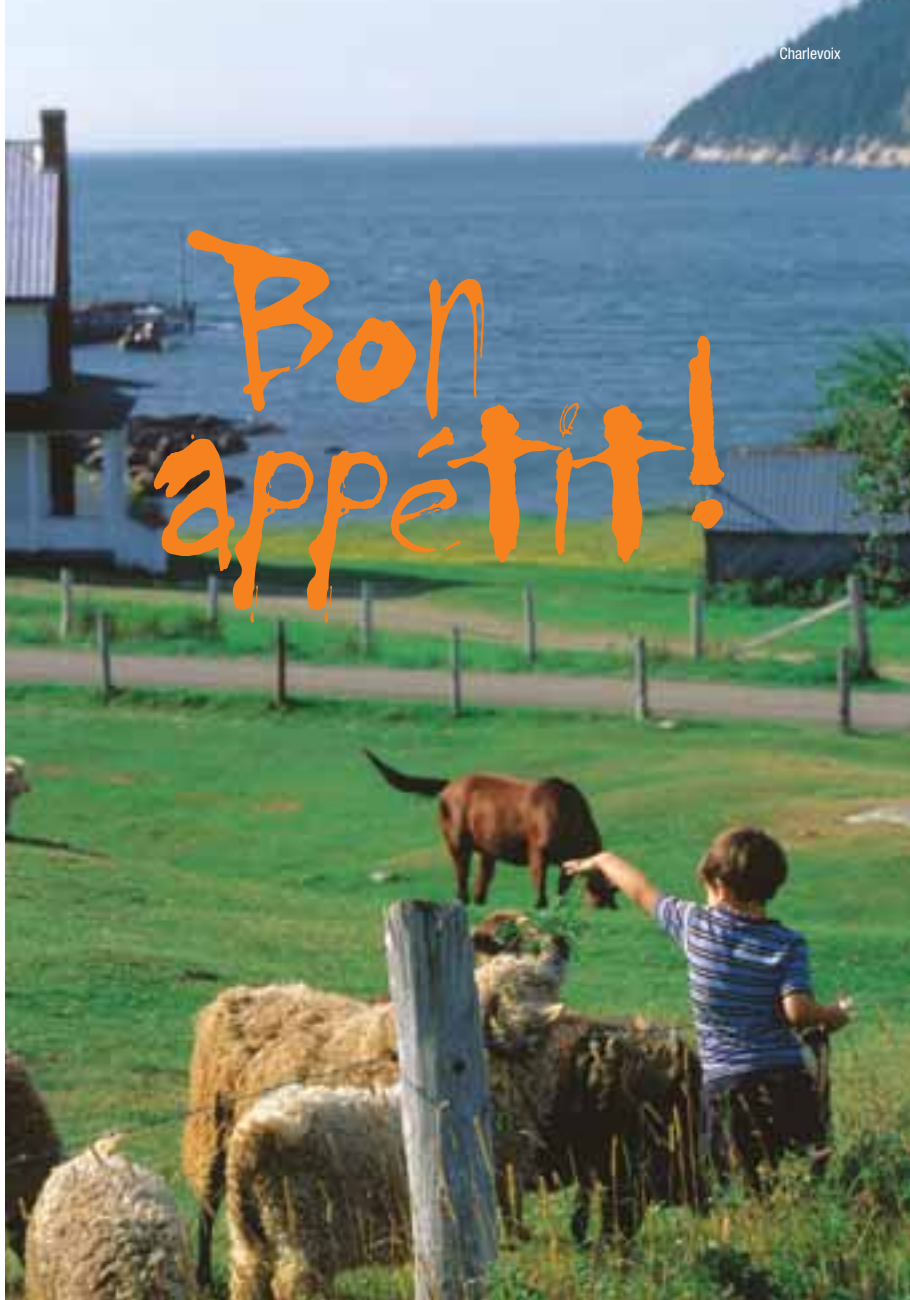
Explore the dramatic coastline of the St. Lawrence and its tributaries, where catamarans and other boats create a colorful cloud of sails, watch the seabirds scurry about the beaches, cast your eyes from the shore to the horizon, exhilarated by the wind, and venture into the breathtaking Saguenay Fjord. By sailboat, sea kayak, inflatable dinghy, ferry, guided excursion or cruise ship, short or long stay, many ports or just one, it's all yours for the taking. Lift anchor, slip the moorings, and set sail into a river of discovery

where life is simply great!





Where there are oceans, rivers, streams and lakes, fish and seafood abound—perfectly poached, sautéed, grilled, marinated, smoked or simply eaten raw in Québec’s top restaurants. Summer and winter alike, recreational fishing provides more than its fair share of fish and—emotions! Few can resist the numerous delicacies bestowed by the St. Lawrence and its shores, from the lambs and calves grazing on the riverbanks to the sought-after brined herbs from the Lower St. Lawrence area used to elevate many a dish. Award-winning chefs showcase local produce and regional specialties, creating tantalizing dishes that dazzle one and all.



Gourmets and connoisseurs,
Québecers are passionate about their fine fare!

Driving along the St. Lawrence coastal highways magnifies the feeling of vastness inspired by one of the world's greatest rivers. Even after sunset, this river continues to surprise and charm with its excellent accommodations, bringing a wonderful end to a glorious day! Only one thing could make it better—a soothing massage and the therapeutic benefits of St. Lawrence algae. Thalassotherapy is a gift of the gods, an absolutely unforgettable treat!



Bas-Saint-Laurent

It only gets
better!





Fish tales and other winter pleasures!



Charlevoix



Gaspésie

The magic of ice fishing on a clear winter day is unbeatable! From Lac Saint-Pierre, formed by the St. Lawrence, to Sainte-Anne-de-la-Pérade, the tomcod capital of the world, to the astounding Saguenay Fjord, the freshest fish—the best catch by every gourmet's standards—impatiently await in their ice-cold abode. A heated fishing hut in the middle of a frozen lake is alluring bait for all who share a passion for the simple pleasure of catching fish. The St. Lawrence also serves as a magnificent backdrop for snowshoeing and downhill and cross-country skiing. At the end of an active day, it's time to relax and indulge in culinary pleasures that melt in your mouth before bedding down in a cozy room overlooking the St. Lawrence, of course!

A feast for the senses in every way!



For a detailed guide to the entire road system, pick up a copy of the *Québec Official Road Map*, published by Publications du Québec.

Distances

	Montréal		Québec City		Gatineau/Ottawa	
	km	mi.	km	mi.	km	mi.
Boston	510	315	645	400	756	470
Buffalo	635	395	895	555	579	360
Chicago	1365	847	1620	1005	1195	743
Hartford	529	330	780	485	727	452
New York	605	378	870	540	830	516
Philadelphia	760	465	1010	620	732	455
Toronto	525	325	775	480	393	244
Washington	965	600	1210	752	914	568

AVERAGE MINIMUM AND MAXIMUM TEMPERATURES

	January		April		July		October	
	°F	°C	°F	°C	°F	°C	°F	°C
MONTRÉAL	5/21	-15/-6	34/52	1/11	59/79	15/26	39/55	4/13
QUÉBEC CITY	1/17	-17/-8	29/46	-1/8	55/77	13/25	36/52	2/11

TOURIST INFORMATION

FOR INFORMATION OR RESERVATIONS:
bonjourquebec.com

FROM CANADA OR THE UNITED STATES

1 877 BONJOUR (1 877 266-5687)
operator 835

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Québec
12, rue Sainte-Anne
(across from the Château Frontenac)

FROM ANYWHERE IN THE WORLD

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IMMIGRATION AND CUSTOMS FORMALITIES

Visitors from any country except the United States must carry a valid passport. American citizens need only proof of citizenship such as a birth certificate and an identity card that includes a photo. Visas are required for visitors from certain countries. It is always advisable to check with the Canadian consulate or embassy before setting out for Québec.

For more information, look under **Useful tips** on our website:
bonjourquebec.com

TOURIST ROUTES AND CIRCUITS



For information on these tourist routes and circuits, visit **bonjourquebec.com** or consult the *Québec Official Road Map*.

WHEELCHAIR ACCESS

For information regarding hotels, restaurants and tourist attractions in Québec with wheelchair access, contact Kéroul at (514) 252-3104 (www.keroul.qc.ca).



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Québec serves up four unique experiences, shaped by four breathtaking seasons and four distinct rhythms, moving across land, water and sky: *Intensely Urban*, *Sublimely Resortful*, *Passionately St. Lawrence*, *Exuberantly Wild*. Choose, discover, explore, savor... Québec!

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