

Section A Must be completed by the beneficiary (enclose a blank cheque with “VOID” written across it.)

Social insurance number under which your pension is paid

Family name

Given name

Address

I hereby authorize the Régie des rentes du Québec to pay my pension to the National Bank of Canada so that the Bank can deposit my pension, in the currency of my country of residence, in my account at the financial institution or post office indicated in Section B. I further authorize the Régie to provide all necessary information to the Bank. I acknowledge that this agreement is subject to the laws of Québec and will fall under the exclusive jurisdiction of Québec courts.

Signature of the beneficiary _____ Date year month day

Section B À faire remplir obligatoirement par l'établissement financier ou le bureau de poste
Secção B Para ser preenchida obrigatoriamente pela instituição financeira ou pelo posto de correio

Nom de l'établissement financier ou du bureau de poste / *Nome da instituição financeira ou do posto de correio*

Adresse / *Endereço*

TYPE DE COMPTE / TIPO DE CONTA

compte bancaire / conta bancária

Numéro d'acheminement : Numéro de banque Numéro de succursale
Número para enviar : Número do banco Número da sucursal

Numéro de compte / *Número da conta*

compte postal / conta de correio

Numéro d'identification du bureau de poste / *Número de identificação do posto de correio*

Numéro de compte / *Número da conta*

Nous certifions que la personne dont le nom paraît à la section **A** est titulaire ou cotitulaire du compte indiqué à la section **B**.
Certifica-se que a pessoa cujo nome está escrito na secção A é titular ou cotitular da conta indicada na secção B.

Nom de la personne autorisée par l'établissement financier ou le bureau de poste
Nome da pessoa autorizada pela instituição financeira ou pelo posto de correio

Signature de la personne autorisée _____ Date année ano mois mês jour dia

Numéro de téléphone / *Número de telefone*

To sign up for or make a change in direct deposit

To sign up for or make a change in direct deposit, you must:

- Fill in Section **A** of the authorization;
- Have Section **B** filled in by an authorized person at your financial institution or post office;
- Enclose a blank cheque with “VOID” written across it;
- Return the documents to us at the address shown below:

Régie des rentes du Québec
Case postale 5200
Québec (Québec) G1K 7S9
CANADA

Rest assured that the information you provide will be kept confidential.

Note: If you are making a change of account, you must wait until you have received a first payment in your new account before closing the old one.

Some good reasons to sign up for direct deposit

The Régie des rentes du Québec offers you the possibility of receiving your pension by direct deposit in the currency of your country of residence, in your bank account or postal account at the institution of your choice.

Direct deposit is:

- **Simple**
You receive your pension directly in your bank account.
- **Fast**
There are no postal or cashing delays.
- **Economical**
You won't have to pay cashing fees.
- **Safe**
You will always receive your pension on time even if there is a postal strike.
- **Flexible**
If you change your mind, you can always ask to receive your payments by mail, in Canadian funds.

More than 91% of the beneficiaries of the Québec Pension Plan receive their pensions by direct deposit.