# Diseases You Can Get From Wildlife

A Field-guide for Hunters, Trappers, Anglers and Biologists

Parks G

#### For more information, contact:

#### British Columbia Centre for Disease Control (BCCDC) www.bccdc.org

Ministry of Environment (MOE) http://www.env.gov.bc.ca/main/prgs/regions.htm

Provincial Wildlife Veterinarian (250) 953-4285

BC Nurseline & BC Health Guide

Local calling within Greater Vancouver: (604) 215-4700 Toll-free elsewhere within B.C. 1-866-215-4700 BCHealthGuide OnLine at: www.bchealthguide.org

#### Public Health Units

http://www.moh.hnet.bc.ca/socsec/index.html

Canadian Food Inspection Agency (CFIA) http://www.inspection.gc.ca/english/directory/offbure.shtml

Manual of Common Diseases and Parasites of Wildlife in Northern British Columbia http://www.unbc.ca/nlui/wildlife\_diseases\_bc/index.htm

#### A note on filter masks:

• Appropriate well-fitting masks for respiratory (breathing) protection against airborne bacteria and viruses include:

 NIOSH-approved 100 series filters - N100, P100, R100 (formerly called HEPA filters)
 Respirator with P100 cartridges
 N95 mask



- Note: dust masks for insulating or painting DO NOT protect against most airborne bacteria and viruses
- Appropriate filter masks can be bought at most safety supply stores and some hardware & home building outlets
- For more information on special precautions and proper use, see your local public health unit or Workers Compensation Board (http://www.worksafebc.com)

# Diseases You Can Get From Wildlife in British Columbia

WILD GAME AND FISH MAY CARRY DISEASES THAT CAN BE TRANSMITTED TO PEOPLE

DISEASE TRANSMISSION TO PEOPLE CAN BE PREVENTED BY FOLLOWING THE GUIDELINES PROVIDED IN THIS PAMPHLET

> WITH THE USE OF PROPER PRECAUTIONS, YOUR CHANCE OF INFECTION IS VERY LOW

IF YOU HAVE ANY QUESTIONS OR ISSUES WITH AN ANIMAL YOU HAVE HARVESTED, OR HAVE FOUND DEAD, SICK OR INJURED, CONTACT THE LOCAL MINISTRY OF ENVIRONMENT OFFICE

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## General Information

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- Hantavirus
- Bird Flu
- Filarial Worms
- Raccoon Roundworm

## Specific Diseases

#### p. 16-51

Anisakiasis Papillomas (warts) Anthrax Plaque **Chronic Wasting Disease** Rabies Diphyllobothriasis Ringworm Giant Liver Fluke Sarcocystis Hydatid Disease Sarcoptic Mange Leptospirosis Trichinellosis Moose Measles Tuberculosis Orf Tularemia

## Legend

### Can I still use the animal?

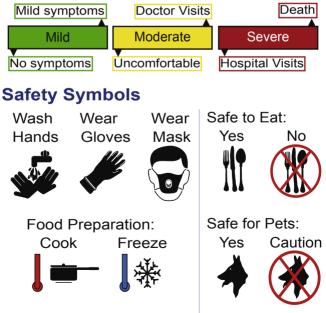


Yes - Doesn't look nice

Caution Yes - Take safety precautions

No - Contact the local Ministry of Environment (MOE) office

### How bad can it get?



## Top 10 Tips ~

## 1) Cook all Meat

- Thoroughly cook game meat & fish to recommended temperatures
- Never eat raw or undercooked meat
- Caution: Freezing, microwaving or smoking MAY NOT KILL all the bacteria, viruses or parasites

## 2) Wash Your Hands

- Use soap and water:
  - After handling game & fish
  - After using the bathroom
  - Before eating or handling food

## 3) Drink Safe Water

- · Pack it in, OR
- Boil it first, OR
- Use an approved water purifier or filter

## 4) Safe Field Dressing

- Keep it CLEAN, COOL & SAFE (pg 6)
  - Protect meat from intestinal contents
  - Follow safe meat-handling practises (pg 7)

## 5) Bush Bathroom

- Bury your wastes away from water
- Don't touch animal waste

## 6) Not Your Kill? Leave it Alone!

- Stay away from sick or dead animals & contact the local Ministry of Environment
- Avoid rodents where possible & use caution if trapping beaver / muskrat

## 7) Keep Bugs Off

- Wear long pants & long-sleeved shirts
- Wear light coloured clothing
- Use insect repellents (with DEET)

## 8) First Aid

- Clean cuts / wounds with soap & water
- Consult your doctor, and explain that you had contact with wildlife

## 9) Play it Safe

- Wear reflective clothing
- Don't mix guns and alcohol
- Drive safely
- Use sunscreen

## 10) Not Feeling Well?

- Consult your doctor if you are ill and have recently eaten, or had contact with, wild animals or fish
- Tell your doctor of your recent activities and that the BC Centre for Disease Control has additional information

## Safe Field Dressing ~

#### Things that spoil meat

- · Poor shot / arrow placement
- Improper field-dressing or careless butchering
- Dragging a dressed carcass
- · Hanging or aging the carcass for too long
- High temperatures during aging

#### Why prevent meat spoilage?

- To reduce the risk of illness
- Properly dressed & aged meat tastes better

#### Keep it CLEAN Prevent bacterial contamination

- · Water, mud, soil and leaves carry bacteria
  - Butcher animal in cleanest area possible
  - Keep carcass covered when transporting
- Prevent bacterial-related spoilage:
  - Wash your hands
  - Always use clean equipment and knives
  - Avoid contact between clothes & carcass
    - · Clothes can carry bacteria
    - Wash clothes when you get home
  - Wear disposable gloves

#### Wash equipment that cuts into intestines

• Before you butcher the carcass, clean off hair, dirt and other debris

~ Prevent Meat Spoilage

#### Keep it COOL Prevent bacterial growth

- · Spoilage results from bacterial growth
- Spoilage and disease are affected by TIME
   & TEMPERATURE
- Field dress & skin the animal as soon as possible fur may protect the carcass, but can also prevent proper cooling!

The warmer the temperature, the faster the spoilage

#### Keep it SAFE

- Protect meat from intestinal contents; they contain bacteria & parasites
  - Wash knives frequently
  - Trim contaminated meat
  - Cook well
- Label meat packages with the date to:
  - Select specific cuts for cooking
  - Freeze for up to 12 months for best quality
- When in the kitchen or campsite:
  - Clean hands, cooking utensils and surfaces
  - Separate raw meat from ready-to-eat foods
  - Cook to recommended temperatures *to kill bacteria, viruses and parasites*
  - Refrigerate promptly to slow bacterial growth

## Food-Borne Diseases ~

#### **Fecal contamination**

- Bacteria, viruses and parasites live and grow in the intestines of animals
- They can contaminate hands, meat & utensils and can cause illness if eaten
- This is sometimes called FOOD
   POISONING

Beware: Some food-borne diseases can be transmitted from person to person

### Examples

- Salmonella
- Toxoplasmosis

• E-coli

#### How can I get sick?

- · Eating raw or undercooked meat
- Improper food PREPARATION & COOKING
- · Contaminating cooked food with:
  - Raw or undercooked meat
  - Dirty hands & utensils
  - Dirty food preparation surfaces

#### How can I protect myself?

Cook meat to recommended temperatures

Beware: Freezing may not kill all harmful bacteria, viruses or parasites

~ Make Your Food Safe to Eat

- Wash your hands with soap and water
  - After using the bathroom
  - After handling carcasses, live animals or their feces
  - Before eating or handling food
- Properly store meat
  - Refrigerate
  - Freeze when storage for more than 2 days is required
  - Thaw meat in the fridge and not on the counter
- · Cook in a clean area
  - Scrub surfaces, utensils and cooking equipment with soap and water before and after food preparation

#### Not feeling well?

- Recognize common symptoms of foodborne disease:
  - Diarrhea
- Fever

- Nausea

- Weakness

- Vomiting
- Stomach pain
- Contact your doctor if you become ill after eating raw or undercooked meat
- Tell your doctor what you hunted & ate



## Insect-Borne Diseases ~

#### Insects that can carry disease





#### Examples

- Lyme Disease
- Ehrlichiosis
- Babesiosis
- Rocky Mountain Spotted Fever
- West Nile Virus (WNv)

### How can I get sick?

You get bitten by an infected tick, flea or mosquito

#### How bad can it get?

 Symptoms can range from mild illness ⊃ hospitalization ⊃ death

#### How can I protect myself?

- Prevent TICK bites
  - Walk on cleared trails
  - Wear a hat, long sleeves & pants, and light coloured clothing
  - Tuck pant legs into socks or boots
  - Use insect repellents (with DEET) on clothing and exposed skin

Inspect clothes and skin for ticks Have a health care professional remove the ticks immediately If you have to remove the whole tick with tweezers, try not to squeeze it!

- Prevent MOSQUITO bites
  - Wear light coloured, long-sleeved clothing
  - Use insect repellents (with DEET)

Beware: Mosquitoes are most active at dusk and dawn - take precautions!

#### Not feeling well?

- Initial symptoms may be mild & include:
  - Fever
  - Nausea
  - Vomiting
  - Headache
  - Muscle pains
  - Fatigue

- Chills
- Sweats
- Sore throat
- Cough
- Rash
- More serious conditions can develop, and include the sudden onset of:
  - Chest pain
  - Muscle pain
  - Stomach pain
  - Loss of appetite and / or weight
- Consult your doctor if you have any of these symptoms up to 2 months after exposure to ticks, fleas or mosquitoes

## Water-Borne Diseases ~

#### Background

- Water (especially from streams, rivers, ponds and lakes) can contain harmful bacteria, viruses and parasites
- You may become ill after drinking water from these sources

### Examples

- Beaver Fever (Giardiasis)
- Cryptosporidiosis

#### How can I get sick?

 Drinking water contaminated with animal or human feces

#### How can I protect myself?

- Bring safe or bottled water
- Boil all stream, river and lake water at a rolling boil for at least three minutes before using it for:
  - Drinking
  - Preparing food
  - Brushing your teeth

*Beware: Chemical disinfection & filters may not kill all bacteria, viruses or parasites* 

 Avoid swallowing the water when swimming in streams, rivers and lakes ~ Make Your Drinking Water Safe

- Protect water sources:
  - Bury your wastes far away from any water

#### Not feeling well?

- Recognize common symptoms of waterborne disease:
  - Diarrhea
  - Nausea
  - Fatigue
  - Chills

- Stomach cramps
- Bloating
- Weight loss
- Fever
- If you develop symptoms:
  - Drink plenty of safe water
  - Use oral rehydration salts
  - Contact your doctor as soon as possible
  - Tell your doctor that you may have swallowed contaminated water

Beware: Some water-borne diseases can be transmitted from person to person

## Additional Diseases ~

#### Abscesses

- Pus & bacteria-filled lumps found within animal tissues, usually during butchering
   Most animals appear to be healthy
- If there is only one abscess, trim away and discard the affected meat
- If multiple abscesses are found, it is safer not to eat the animal

NEVER cut into abscesses or eat meat containing abscesses

#### Hantavirus

- · A rare & potentially fatal virus in wild mice
- You may contract it by breathing virus carried on dust particles from mouse feces, dried urine or nesting materials
  - Rodent-proof your home / cabin
  - Avoid contact with rodents & their feces
  - Wear a protective mask when you work in enclosed spaces where rodents live

Details on safe clean-up are available at www.bccdc.org under 'Health Topics'

#### Bird Flu (Avian Influenza)

- Some forms of bird flu can be transmitted to people
- Contact BCCDC for any updates to the situation in British Columbia

~ That you Should Know About

- Wild birds can carry bird flu but rarely get sick
- Practise proper hygiene when butchering birds - wear gloves & wash hands

Avoid handling sick or already dead wild birds

#### **Filarial Worms**

- Long, white & slender roundworms found under the skin of black bears
- · Black flies spread these worms to new hosts
- These worms rarely cause illness in people

Filarial worms may be seen during the butchering of bears Bear meat is still edible, but cook it first

#### Raccoon Roundworm (Baylisascaris)

- Found in raccoon intestines
- People can be exposed by ingesting roundworm eggs - take precautions
- Practise proper hygiene and wear protective clothing (gloves and coveralls) when skinning raccoons
- · Disinfect your work space
- · Health effects in people may include:
  - Skin irritation Brain damage
  - Eye damage Death is rare

Avoid contact with raccoons & their feces

Anisakiasis

#### **Commonly infected wildlife**





#### Is this animal infected?

- · Affected marine fish have worms that are:
  - Often free in the fish's body cavity
  - 1.8 to 3.6 cm long, and < 1 cm wide
  - White in colour
  - Often in the shape of a "watch-spring" coil



## Can I get it?

- Yes
  - By consuming raw or undercooked fish
  - Caution: some people may develop allergic reactions after eating these worms

#### How bad can it get?

Beware: May require medical attention

- Gut & process the fish immediately to stop worms moving into the muscle
- Kill worms in the muscle:
   Cook fish to 63<sup>0</sup> C for 10 min. OR
  - Freeze at -25<sup>0</sup> C for
    - days, especially when the fish will be prepared for sushi



### Symptoms in people

- · Occur within hours of eating infected fish
  - Severe stomach pain
  - Nausea and vomiting
- Worms may enter the intestine 1-2 weeks after infection
  - Surgical removal may be necessary if worms burrow into the intestinal wall
  - Worms are occasionally coughed up
- Seek medical advice if you become ill after eating raw or undercooked fish

## Safe for pets?

- Yes, if the fish is well cooked
- Worms cannot survive in pets for very long

#### What causes it?

- A roundworm called Anisakis simplex
- Commonly known as herring worm





## **Commonly infected wildlife**



#### Is this animal infected?

- Living animals may be slow, weak, disoriented & dead within hours to days
- · Dead animals bloat and decompose quickly
- There may be a bloody discharge from the mouth, nose & anus



## Can I get it? • YES!

- Through cuts, open sores and scratches
- Inhaling spores from contaminated materials, such as dust and grass
- Eating undercooked meat

#### How bad can it get?

18 Inhaled anthrax is fatal; avoid dead animals

- Animals suspected of having anthrax:
  - DO NOT TOUCH or EAT!
  - Wear a proper filter mask
  - Contact the local MOE, CFIA, or Public Health Unit

## Symptoms in people

- Cutaneous (skin) anthrax:
  - Most common type of anthrax infection in people
  - Small painless sore <a> blister</a>
    - ulcer with a black centre
  - Identify early
  - Treat with antibiotics
- Inhalation (lungs) anthrax:
  - Fever, sore throat, general ill-feeling
  - Cough, shortness of breath, chest pain
  - Breathing difficulties <a> death</a>
- · Gastrointestinal (digestive) anthrax:
  - Fever, loss of appetite, vomiting, diarrhea, stomach pain

## Safe for pets?

• NO! Carcasses should not be opened or cut into

### What causes it?

- Toxins from the bacteria Bacillus anthracis
- Anthrax has been reported in wood bison in the Northwest Territories and Alberta







CWD (Chronic Wasting Disease)



## **Commonly infected wildlife**



### Is this animal infected?

- · CWD is a slowly progressing disease
- Animals can appear healthy for many years before they show symptoms:
  - Lack of coordination & paralysis
  - Excess salivation, difficulty swallowing, unusual behaviour & weight loss



## Can I get it?

 No evidence at the present time that people can get CWD

## How bad can it get?

As of 2006, CWD has not been found to infect people

- Animals that have CWD should not be eaten
- CWD has NOT been found in B.C.
- Animals that look like they have CWD can be tested
  - Contact the local MOE

#### Symptoms in people

• CWD is not known to infect people

### Safe for pets?

 Animals that have CWD should not be fed to pets

#### What causes it?

- An abnormal protein called a prion
- Other prion diseases include:
  - BSE (or Mad Cow Disease) in cattle
  - CJD (Creutzfeldt-Jakob Disease) in people





## Commonly infected wildlife



## Is this animal infected?

- Many species of fresh water fish and salmon can be infected
- Affected animals have worms that may be coiled in the muscles, or in cysts within the internal organs
- Worms vary in length (from a few mm to cm)



### Can I get it?

- Yes
  - By consuming raw or undercooked fish
  - People can develop mature tapeworms in their intestines

## How bad can it get?

Risk

Medications can kill & remove the worms

• Kill the worms! - Cook fish to 63<sup>0</sup> C for 5 min. OR - Freeze at -18<sup>0</sup> C for 24 hr.

(at -18<sup>0</sup> C, ice cream is frozen solid)

## Symptoms in people

- Most people have no or mild symptoms:
  - Fatigue

- Weight loss
- Diarrhea
- Vomiting - Itchy anus
- Dizziness
- · Massive infection may cause:
  - Numbness of extremities
- Additional symptoms may include:
  - Loss of appetite
  - Paleness
  - Shortness of breath
  - Weakness
  - Confusion

## Safe for pets?

- NOT RAW! Cook or freeze it first
  - These worms can survive and grow in dog intestines

## What causes it?

- A tapeworm called Diphyllobothrium
- · Commonly known as broad fish tapeworm
- It can grow to 9 m (30 feet) in length in people's intestines







Giant Liver Fluke



### **Commonly infected wildlife**



#### Is this animal infected?

- · Animals rarely show external signs
- Livers may by swollen & lumpy (see photo)
- Purple-gray, flat, oval shaped worms (fluke) may be seen in the liver
- Worms vary in size from 1.5 to 3 cm wide and 3 to 10 cm long



## Can I get it?

#### How bad can it get?

No risk to people

- The meat of infected animals can be eaten
  - BUT
    - Discard the infected liver
    - Infected liver is unappetizing

## Symptoms in people

None - people are not at risk

## Safe for pets?

Yes

## What causes it?

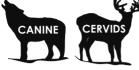
• A flatworm (fluke) called *Fascioloides* magna







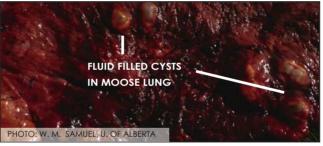
### **Commonly infected wildlife**



#### Is this animal infected?

- Adult worms live and grow in infected dog and wild canine (wolf & coyote) intestines
- Affected cervids often have large fluidfilled cysts in the lungs or liver - *these*

cysts are NOT infectious to people



### Can I get it?

- YES! Dogs and wild canines eat cysts in cervid lungs & liver, and worms mature
- The worms release eggs in the dog & wild canine feces, and eggs stick to their fur
- The shed eggs can infect people

#### How bad can it get?

26 Gets worse with time and depends on organ affected

- When handling live canines, their feces, pelts or carcasses:
  - Wear disposable gloves
  - Practise good hygiene
    - WASH YOUR HANDS!
    - Disinfect your work space

## Symptoms in people

- Severity of symptoms depends on if and where the juvenile worms form cysts:
  - Brain <br/>
    Death
  - Lungs <a>> Breathing difficulties</a>
  - Abdomen <br/>
     Liver damage
- Consult your doctor if you have health concerns after handling wolf or coyote carcasses

## Safe for pets?

- NO!
  - Cysts found in cervids can infect pet dogs



- Once infected, pet dogs can be a source of infection to you and your family
- DO NOT ALLOW dogs access to lungs and liver from cervids

### What causes it?

• In British Columbia, the tapeworm *Echinococcus granulosus* causes hydatid disease

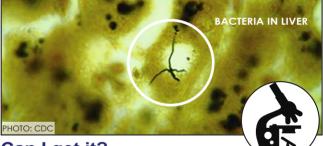






### Is this animal infected?

- · Infection is believed to be uncommon
- · Most infected animals have no symptoms



## Can I get it?

- Contact with:
  - · Urine or tissues of infected animals
  - Water, soil or vegetation contaminated by infected urine
- Consumption of:
  - Food or drinking water contaminated by infected urine

#### How bad can it get?

Can be fatal if not treated immediately

Risk

Spread in Contaminated Urine

- When handling rodents (including beavers) & raccoons:
  - Wear disposable gloves
  - Wash your hands afterwards
- Clean cuts or wounds with soap and water
- · Wear boots when wading in water

## Symptoms in people

- Most people will not have symptoms
- If symptoms do occur, they can include:
  - High fever, severe headache, chills, muscle aches, and vomiting
- Other symptoms can include:
  - Jaundice (yellow skin and eyes)
  - Red eyes
  - Abdominal pain, diarrhea, rash
- If untreated, symptoms can include:
  - Kidney damage, liver failure, breathing problems, headache, stiff neck
- Fatalities are rare

## Safe for pets?

- In severe cases, pets can die from leptospirosis
- Pets can also transfer the bacteria to you
- Talk to your veterinarian about vaccines

## What causes it?

• A bacteria called Leptospira









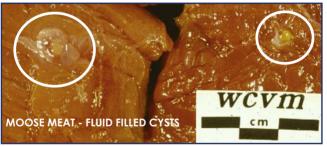


#### **Commonly infected wildlife**



#### Is this animal infected?

- Adult worms live & grow in the intestines of infected carnivores
- Affected herbivores will have small white cysts, usually in muscle and connective tissue
  - Animal may have few or many cysts



#### Can I get it?

- No
  - The cysts contain juvenile worms that do NOT infect people

#### How bad can it get?

- The meat of infected animals can be eaten
- Cysts can be trimmed out or killed by:
   Normal cooking temperatures
   OR
  - Freezing
- Cysts can look unappetizing
  - Affected meat may be more acceptable if processed as ground meat



## Symptoms in people

• None - people are not at risk

### Safe for pets?

- Not raw
  - Cysts in fresh, unfrozen meat can infect pet dogs
  - Freeze the meat to kill the cysts

### What causes it?

• The tapeworm Taenia ovis krabbei



Orf (Contagious Ecthyma)



## **Commonly infected wildlife**



#### Is this animal infected?

- · Infected animals have obvious single or multiple crusty lumps, usually on their lips
- Young animals are more likely to be affected & may have difficulty nursing
- · Lesions can also occur on the: - Face - Inside the mouth
  - Udder - Above the hooves



## Can I get it?

Risk

- Yes, by contacting affected skin
  - Especially if you have cuts on your skin

## How bad can it get?

May require medical attention & treatment

- Wear disposable gloves
- Practise good hygiene
  - Wash your hands
  - Wash your clothes
- Trim away affected tissue
- Avoid contact between affected tissue and edible meat

## Symptoms in people

- Red skin lesion(s) on the hand, arm or face
- · Swollen, painful lymph nodes
- Mild fever
- Consult with your doctor for proper diagnosis and treatment
- Skin lesions usually go away within 6 weeks without scarring

## Safe for pets?

Yes

#### What causes it?

 A parapox-virus that infects both wild and domestic sheep and goats







### **Commonly infected wildlife**



### Is this animal infected?

- Affected animals have hairless growths on their skin
- · These growths are:
  - Variable in color, texture, number & size (from dime to baseball)
  - Often found around the eyes & neck, but may also be on the body or legs



## Can I get it?

- No
  - People cannot get this type of wart

## How bad can it get?

No risk to people

- Trim away affected tissue it is unappetizing and should not be eaten
  - Once affected tissue has been trimmed away, the meat can be cooked and eaten

#### Symptoms in people

• None - people are not at risk

## Safe for pets?

- Yes
  - After trimming away affected tissue

#### What causes it?

• A virus in the Papillomavirus group



Plague

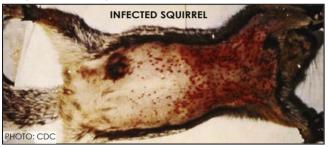


#### Is this animal infected?

This is a rare disease in British Columbia

Danger

- · Signs during outbreaks in rodents include:
  - Swollen and / or rotting lymph nodes
  - Multiple red spots on skin / organs (see photo below)



#### Can I get it?

- YES!
  - Being bitten by an infected rodent flea
  - Contact with abscesses on infected animals
  - Through bites and scratches
  - Inhaling infectious airborne droplets (rare)

## How bad can it get?

Risk

- Avoid rodents
- Prevent flea bites by wearing:
  - Long sleeved clothing & disposable gloves
- · Do not consume infected animals
- Wear a proper filter mask
- Wash puncture wounds and scratches with soap and water

# Symptoms in people

- Bubonic form (flea bite)
  - Fever and general illness
  - Swollen / painful / hot lymph nodes
  - Tissue swelling around the flea bite
- Septicemic (in blood) or pneumonic (in lungs) form
  - Fever & signs of shock
  - Breathing problems, including cough
  - Excessive bleeding
  - Death

# Safe for pets?

- NO!
  - Carnivores may be infected when they eat infected tissues
  - Once infected, pets can potentially cause illness to you or your family

# What causes it?

- The bacteria Yersinia pestis
- It is primarily a flea-transmitted disease





Wear Gloves and Long Sleeved Clothinc

Rabies







## Is this animal infected?

- Insect-eating bats are the only rabies carriers in B.C., but the disease is rare
- Rabies can infect any mammal
  - Affected animals may be found dead, be weak, or show unusual behaviour



## Can I get it?

- YES!
  - From the bite or scratch of an infected animal
  - From saliva of infected animals that touches your eyes, nose, mouth, or skin wounds

Risk

## How bad can it get?

Rabies is serious. Seek treatment as soon as possible after contact with a rabid animal

- Any animal that shows unusual behaviour should not be approached
  - DO NOT TOUCH!
  - Contact the local MOE, CFIA or Public Health Unit

#### Symptoms in people

- RABIES IS SERIOUS IT CAN BE FATAL
- Symptoms may not be detected for weeks, months or years
- · Symptoms may start with:
  - Pain, tingling or itching near exposure site
  - Fever, chills, fatigue, muscle aches, irritability
- Additional symptoms can include:
  - High fever, confusion, agitation, seizures, coma, headache, paralysis, incoordination

If bitten or scratched by a suspect animal:

- Clean & flush wound with soap and water
- Seek medical attention immediately

#### Safe for pets?

- NO!
- Talk to your veterinarian about vaccines

#### What causes it?

• A virus of the family Rhabdoviridae











#### Is this animal infected?

- Affected animals have areas of thickened skin with hair loss over the head or legs
- · Skin may be red
- · Hair easily breaks away
- · Lesions can be itchy



#### Can I get it?

- Yes, by touching the skin & hair of infected animals
  - Note: some types of ringworm may be less contagious than others

## How bad can it get?



Beware: May require medical attention

- Wear disposable gloves
- Wash your hands
- Disinfect your work space
- Avoid contact between affected skin / hair and edible meat
- WARNING:
  - Once infected, you can transmit ringworm to your family

# Symptoms in people

- Skin lesions are:
  - Red, circular, and spread outwards
  - Vary from dry and scaly to moist and crusty
  - Often have a central healed area surrounded by a "ring" of infection
- Can be itchy

# Safe for pets?

- No
  - Once infected, pets can be a source of infection to you and your family

# What causes it?

• Fungi that grow in the soil, on people and on animals (e.g. *Microsporum canis*, *Trichophyton verrucosum*)









#### Is this animal infected?

- Affected birds have cream-colored cysts that are longer than they are wide in breast, heart and leg muscle
  - Cysts resemble rice grains, and can be several mm (1/4 inch) long
  - Cysts feel gritty when cut with a knife



# Can I get it?

#### How bad can it get?

No known risk to people

- Scientists recommend that people and pets do not eat heavily infested meat
- Heavily infested carcasses are unappetizing
- The parasite can be killed by cooking

#### Symptoms in people

No known risk to people

## Safe for pets?

- Not raw
  - Carnivores shed eggs in their feces, which then become infectious to birds
  - Pets may play a role in transmission of sarcocystis to birds

#### What causes it?

- A protozoan parasite called *Sarcocystis* rileyi
- Sarcocystis is found around the world in many types of animals, including deer, moose, caribou, elk, seals and domestic livestock





Sarcoptic Mange





#### Is the animal infected?

- Affected animals show varying degrees of hairloss, usually on the legs & tail but over most of the body in severe cases
- · Some animals may have thickened skin
- Badly affected animals are in poor body condition
  - Animal may be weak & fearless of people



#### Can I get it?

- Yes, but the risk appears to be low
  - Infections are rare and short lived

#### How bad can it get?



Itchy, but rare and short lived; can be treated







## Is this animal infected?

- · Wild animals rarely show signs of disease
- Always assume bear and cougar meat is infected



- YES!
  - By eating undercooked bear or cougar meat infected with the *Trichinella* worm
- You cannot get it from an infected person

#### How bad can it get?

No or mild symptoms most common; can be fatal

Risk

- DO NOT EAT RAW MEAT
- Kill the worms!
  - Cook meat thoroughly
  - Heat to at least 77<sup>0</sup> C
- Worms are not killed by
  - Smoking - Curing - Drvina
  - Microwaving
  - Freezina

# Symptoms in people

- · Variable, but may include:
  - Nausea / Vomiting - Fatigue
  - Diarrhea
  - Fever - Stomach Pain
- Aching Joints
- Eve Swelling - Muscle Pain
- May be FATAL if the worms interfere with the heart, diaphragm, lungs or brain
- Consult with your doctor if you have any of the above symptoms for up to 8 weeks after eating wild bear or cougar meat

# Safe for pets?

• NOT RAW! Cook it first

#### What causes it?

• A roundworm called Trichinella, found in the muscles of infected animals





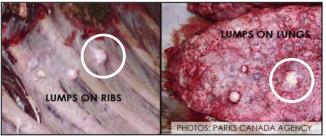






# Is this animal infected?

- · This is a rare, slowly worsening disease
- Affected animals may have no signs or be in poor body condition
- Small, multiple, round gritty lumps in lymph nodes and on lungs & rib cage are typical



#### Can I get it?

- YES!
  - Inhaling bacteria from: open wounds, fluids from the mouth and nose, or feces of an infected animal
  - Directly through breaks in the skin (rare)

## How bad can it get?



- If you see multiple pale (tan or yellow) rounded lumps on lungs, rib cage or internal organs in bison or cervids:
  - STOP HANDLING THE ANIMAL
  - Wash your hands
  - Wear a proper filter mask
  - Contact the local MOE, CFIA or Public Health Unit



## Symptoms in people

- · Dependent on where lesions are located
- Lungs
  - Prolonged illness with fever, cough, night sweats, weight loss
  - Occasionally will cough up blood
- Intestines
  - Stomach pain
  - Diarrhea
- · Symptoms get worse with time
- Untreated disease can be FATAL
- Immunosuppressed people are at a higher risk

#### Safe for pets?

• NO!

#### What causes it?

 A bacteria called Mycobacterium bovis in wood bison and Mycobacterium avium in birds



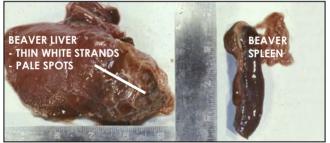




Caution

## Is this animal infected?

- Affected animals may be very sick or dead & in good body condition
- · An enlarged liver or spleen is common
- Tiny pale spots & thin white strands of material may be seen on the organs



# Can I get it?

#### • YES!

- Bites or scratches from infected wildlife
- Contact with meat, water, feces, urine or body parts of infected animals
- Breathing in dust from pelts and paws

#### How bad can it get?

Fever-like symptoms; early treatment reduces severity

Risk

- Take precautions, avoid tick bites!
  - Wear long sleeved clothing
  - Use insect repellents
  - Inspect yourself for, and remove, all ticks
- Handle animals found dead near human water sources with caution and report to the MOE
- When handling, dressing or skinning any wild animal
  - Wear disposable gloves & a proper filter mask



- Wash hands well afterwards
- Cook beaver, hare & rabbit meat before eating it

## Symptoms in people

- Symptoms appear up to 14 days after infection:
  - Sore throat Diarrhea
  - Stomach pain Vomiting
  - Swollen, painful lymph nodes
  - Ulcer at the site of tick bite or animal contact

## Safe for pets?

- NOT RAW!
  - Dogs and cats can die from tularemia

## What causes it?

• A bacteria called Francisella tularensis





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- Wear disposable gloves
- Disinfect the work space after skinning / handling infected animals
- Wash your hands
- Wear long-sleeved clothing
- Shower and wash your clothing after handling wildlife

# Symptoms in people

- Skin redness & rashes may be extremely irritating
- It can be treated seek medical attention to:
  - Ensure it is not human mange (which can be more difficult to treat)
  - Treat the infection so you don't transmit it to your pets

# Safe for pets?

- No
  - This is a skin disease of pet dogs and wild canines
  - Mange can be transferred to pets from infected animals by direct contact

#### What causes it?

- Parasitic mites called Sarcoptes scabiei
- Mites are microscopic insects related to spiders and ticks





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