

SASKATCHEWAN
WOMEN'S

DIRECTORY

Thursday, March 10, 2005



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ACKNOWLEDGEMENTS

We would like to acknowledge the assistance of the many women's organizations, non-governmental organizations and government agencies listed in this Directory. Without their help, this Directory would not have been possible. Thank you for your support.

Note: The views and policies of the organizations listed do not necessarily reflect the views and policies of the Status of Women Office or the Government of Saskatchewan. The Status of Women Office cannot take responsibility for programs which are cancelled or do not provide the quality of service anticipated by persons using this Directory.

Introduction

We are pleased to present this edition of the Saskatchewan Women's Directory

This Directory is designed to serve several purposes:

- to provide a ready source of information about services of interest to women;
- to provide a listing of women's organizations currently active in the province;
- to increase referral and communication between groups;
- to point out organizations women can contact to become involved; and,
- to inspire women with the diversity of activity taking place within the province.

A sincere effort has been made to include services and organizations from all areas of Saskatchewan - rural, northern and urban. In addition to the basic organizational description and main contact areas, the Regional Addresses provide lists of services and organizational representatives located throughout the province.

This Directory is organized according to subject area, and we have attempted to present the information in an accessible and logical order. We hope that you will find it useful and that you will share it with your friends, clients and co-workers.

The world of organizations and services is a dynamic one. We have attempted to ensure that the information contained in this Directory is as accurate as possible, yet, every week there are new developments as organizations form and change. Your corrections or suggestions would be appreciated. Please contact the Status of Women Office at the address on the inside cover.

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Section 1**ABORIGINAL WOMEN**

The listings in this Section are grouped under the following headings:

- ▀ Aboriginal Women

General**Aboriginal Women's Program**

Department of Canadian Heritage
100-2201-11th Avenue
Regina, SK
S4P 0J8
Telephone: (306) 780-7287
Fax: (306) 780-6630
Web Site:
www.canadianheritage.gc.ca
TDD: (306) 780-7502

Enables Aboriginal women to influence policies, programs, legislation and decision-making that affect their social, cultural, economic and political well-being within their own communities and Canadian society while maintaining their cultural distinctiveness and preserving cultural identity. The program funds projects developed by Aboriginal women's organizations to address the issues confronting women of Aboriginal ancestry.

Family Healing Circle Lodge

128 Avenue Q South
Saskatoon, SK
S7M 2Y1
Telephone: (306) 653-3900
Fax: (306) 651-0881
Email:
fhcl@shaw.ca

Open Monday to Friday 9:30

a.m. - 5:30 p.m. Free drop in programs for Women's Sharing/Talking Circles; Men's Sharing/Journeys; Children's Youth Program/Lunch. A safe place for Aboriginal families to learn about abuse issues in a culturally sensitive atmosphere. Private one-to-one counselling sessions or group programs. Emergency Safe Shelter (Intakes for women/children only) - Monday-Friday 9:30 a.m. to 5:30 p.m.

Indian and Métis Girls Exploring Trades and Technology (IMGETT)

Box 556
Regina, SK
S4P 3A3
Telephone: (306) 798-7819
Fax: (306) 787-0157
Email:
boucher@siast.sk.ca

Project facilitated by Indian and Métis women who represent the private and public sector, and educational institutions in Saskatchewan. They facilitate equality of access for Indian and Métis women in non-traditional occupations through the provision of educational and practical projects for Indian and Métis girls through their formative years. An educators package is available which includes a poster, video and lesson plans.

Intercultural Grandmothers Uniting

c/o Seniors' Education Centre
Room 106 Gallery Building,
University of Regina
Regina, SK
S4S 0A2
Telephone: (306) 585-5847
Email:
diane.mullan@uregina.ca

Web Site:
www.uregina.ca/cce/seniors
Contact: Diane Mullan

Network of older Saskatchewan First Nations, Métis and other Canadian women who meet and work for the purpose of building bridges of understanding, respect and friendship between the races and the generations. Have three areas of focus: Sustaining and Supporting Older Women in Their Lives and Leadership; Outreach to Youth through the Grandmothers and Youth Violence Prevention Education Project; and Outreach to Children through a story telling project and working to support and mentor young parents.

La Ronge Native Women's Council

Box 888
La Ronge, SK
S0J 1L0
Telephone: (306) 425-3900
Fax: (306) 425-4922
Contact: Diane Patterson

A volunteer council providing services and support to all women. Operates a temporary shelter for mothers and their children who are experiencing family violence circumstances. Co-ordinates education and training programs. Affiliated with the Aboriginal Women's Council of Saskatchewan and the Native Women's Association of Canada.

Métis Heritage Corporation

Box 2818
Melfort, SK
S0E 1A0
Telephone: (306) 752-4950
Fax: (306) 752-4937

ABORIGINAL WOMEN

Email:
metisheritage@sasktel.net

Promotes healing and wellness, primarily to Métis and First Nation people in Northeast and North Central Saskatchewan.

Métis National Council of Women, Inc.

100-201 McLeod Street
Ottawa, ON
K2P 0Z9
Telephone: (613) 567-4287
Fax: (613) 567-9644
Email:
info@metiswomen.ca
Web Site:
www.metiswomen.ca

The Métis National Council of Women is the only national, autonomous, equality seeking Métis women's organization that seeks to foster a contemporary understanding of the traditions and roles of Métis women. Their primary purpose is to address and respond to issues and concerns of Metis women and their children. There are regional associations in British Columbia, Alberta, Saskatchewan, Manitoba and Ontario.

Métis Women of Saskatchewan Corporation

Box 152
North Battleford, SK
S9A 2Y1
Telephone: (306) 446-4292
Fax: (306) 445-0395
President: MaryAnn Gagnon

Provides advocacy and support for women in Saskatchewan. Empowers Métis women to be key contributors to and architects in shaping self-governing structures and

institutions needed to assist Métis people to overcome their marginal social and economic status. Ensures issues which affect the ability of Métis women and families to fulfill their roles as nurturers and cultural educators are integrated into fabric of resulting self-government institutions.

Métis Women of Yorkton Family Violence Program

Box 20021
Yorkton, SK
S3N 4A9
Telephone: (306) 782-5533
Fax: (306) 782-6046
Email:
tvermeylen_afv@hotmail.com
Web Site:
www.indianthunder.com
Contact: Terri-Ann Vermeyleylen

The program offers services to adults, youth, Aboriginal, non-Aboriginal individuals and also couples on why violence exists and what motivates it. The program is culturally sensitive from an Aboriginal perspective with greater Métis content, and is provided to both rural and urban clientele.

Native Women's Association of Canada

1292 Wellington Street
Ottawa, ON
K1Y 3A9
Telephone: (613) 722-3033
Fax: (613) 722-7687
Email:
reception@nwac-hq.org
Web Site:
www.nwac-hq.org
Toll-Free: (800) 461-4043

Goal is to enhance, promote and foster the social, economic, cultural and political

well-being of Aboriginal women with First Nations and Canadian societies.

Peyakowak (They Are Alone) Committee Inc.

Family Support Program
1650 Angus Street
Regina, SK
S4T 1Z2
Telephone: (306) 525-9689
Fax: (306) 525-6164
Email:
peyak01@sasktel.net
Director: Lloyd R. Carrier

Goals are to maintain and strengthen the family unit, and to re-unite tribal families which have been affected by the Department of Community Resources and Employment's Child and Family Services Act. Develops a re-uniting plan. Provides an in-home support service, so parents can continue to parent their children in their own home. Helps deal with short term and long term problems. Operates family support program. Program for youth is available, as well as a referral and information service. Also provides workshops such as parental, anger management and abuse.

Prince Albert Grand Council Women's Commission

Opawakoscikan Reserve #201
Box 2350
Prince Albert, SK
S6V 6Z1
Telephone: (306) 953-7200
Fax: (306) 764-6272
Email:
smorin@pagc.sk.ca
Co-ordinator: Sandi Morin

Promotes and protects the rights of Treaty and Indian

Status women. Provides advisory services; services for Elders, women and youth on a variety of issues; assists First Nations women in the revival of their spiritual beliefs, culture, customs and traditions; and facilitates and enhances the social, economic and political status of First Nations women.

Prince Albert Métis Women's Association Inc.

8-54-10th Street East
Prince Albert, SK
S6V 0Y5
Telephone: (306) 763-5356
Fax: (306) 763-1482
Email:
pa_metiswomen@hotmail.com
President: Darlene McKay

Works to unite Métis women; enhance Métis women participation; promote cultural awareness; strive for positive progress and development of human resources for Métis people; and unite Métis youth.

Saskatchewan Aboriginal Women's Circle Corporation (SAWCC)

102 Langrill Drive
Yorkton, SK
S3N 3M9
Telephone: (306) 782-6353
Fax: (306) 782-0700
Email:
sawcc@hotmail.com
Contact: Judy Hughes

A provincial organization dedicated to promoting and enhancing the status of Aboriginal women in all areas of their lives. SAWCC works to unite and involve women by addressing issues of concern through resource sharing, education, advocacy and research.

Saskatchewan First Nations and Métis Relations

2nd Floor
1855 Victoria Avenue
Regina, SK
S4P 3V7
Telephone: (306) 787-6250

Is the focus point for the Government of Saskatchewan's work involving First Nations and Métis people. Works to co-ordinate existing programs in other departments and provide greater overall direction to the government's approach on issues concerning First Nations and Métis people. Promotes partnership and make partnerships happen between Aboriginal and non-Aboriginal people and organizations with the goal of enhancing quality of life for all people - including women and children. Ensures that the Province's commitments, with respect to lands and resources, are fulfilled. Of particular importance is the work they do with First Nations and Métis people on issues of public education and educations and training leading to increased participation in the economy. Work is done in partnership with First Nations and Métis people.

Saskatchewan First Nations Women's Commission (SFNWC)

Federation of Saskatchewan Indian Nations
Suite A, 1680 Albert Street,
Regal Plaza
Regina, SK
S4P 2S6
Telephone: (306) 721-2822
Fax: (306) 721-2707

Director: Erica Beaudin

SFNWC is the recognized political voice for Saskatchewan First Nations women. It consists of Elected Women Chiefs, an Advisory Circle with representatives from each of the Tribal Councils and Independent First Nations. The Women's Commission and the Women's Leadership meet bi-annually. The SFNWC has been mandated by the Chiefs in Assembly to focus on the issues of Fetal Alcohol Syndrome/Effects, Sexually Exploited Children in the Sex Trade and Violence Against Women.

Stardale Women's Group

104 MacLeod Avenue East
Melfort, SK
S0E 1A0
Telephone: (306) 752-1802
Fax: (306) 752-1872

Email:
stardale@sasktel.net
Web Site:
www.nald.ca/stardale
Program Co-ordinator: Helen McPhaden

The Stardale Model for the enlightenment of women is a multi-disciplinary approach to community development, culture, education, healing, social inclusion, prior learning, and social justice. The Model is a self-development tool that empowers the women on a journey that leads to self-sufficiency. It is a holistic Model that works within the context of the Medicine Wheel and the unification of body, mind, and spirit (physical, emotional, mental, spiritual self).

ABORIGINAL WOMEN

**Women of the Dawn Inc.
(Iswéwak Waniskawak)**

2115 Broad Street

Regina, SK

S4P 1Y6

Telephone: (306) 791-6500

Email:

fnac@sasktel.net

or phone: (306) 522-6040

President: Ivy Kennedy

Empowers women and their families by providing services and programs in the areas of education, employment, recreation, justice and health. Provides counselling, advocacy, support, guidance, information, mediation, crisis intervention and referral services.

Section 2**COMMUNITY ORGANIZATIONS**

The listings in this Section are grouped under the following headings:

- ▀ Community Organizations

General**Canadian Federation of University Women - Saskatchewan Council**

5040-10th Avenue
Regina, SK
S4T 7P4
Telephone: (306) 565-3215
Email:
bwallace@accesscomm.ca
Regional Director: Brenda Wallace

Organization of women university graduates and associate members. Main goal is to use their education to benefit society as a whole, and women and children in particular. Purpose is to maintain high standards in education; and to encourage women to take post-secondary education and share in all phases of society (social, political and cultural). Also promotes international interaction between member countries of International Federation of University Women. Holds regular meetings. Offers scholarships to women attending university at all levels. Local groups in Estevan, Prince Albert, Regina, Saskatoon, Swift Current, Weyburn and Yorkton.

Regional Addresses

CFUW/Estevan
Box 1551
Estevan, SK
S4A 2L7
Telephone: (306) 636-2189
Email:
evans234@sasktel.net
Contact: Joyce Evans

CFUW/Prince Albert
1537 Helme Crescent
Prince Albert, SK
S6V 6G6
Telephone: (306) 764-6320
Email:
harrism@sasktel.net
Contact: Diane May

CFUW/Regina
Regina, SK
Email:
Jeffie@sasktel.net
President: Jeffie Anderson

CFUW/Saskatoon
Box 7405
Saskatoon, SK
S7K 4J3
Telephone: (306) 244-6245
Fax: (306) 477-1308
Email:
rwelsh@the.link.ca
Contact: Ruth Welsh

CFUW/Weyburn
1 Imperial Plaza
Weyburn, SK
S4H 0H9
Telephone: (306) 842-6456
Email:
judy_buz_2000@yahoo.com
President: Judy Buzowetsky

CFUW/Yorkton
47 Calder Place
Yorkton, SK
S3N 2Z5
Telephone: (306) 786-6031
Email:
mchatterson@sasktel.net

Contact: Marlene Chatterton

Canadian Girls in Training (CGIT)

Saskatchewan Provincial Committee
1002 Victory Crescent
Regina, SK
S4N 6X1
Telephone: (306) 789-3949

Email:
saskcgjt03@sasktel.net
Chairperson: Heather Berriault

A Canada-wide program that aims to help girls meet their needs in our changing society. It is church-based, Christ- and youth-centred, group oriented and outward looking. Open to girls 12 to 17 years of age from any denomination. The aim is for girls and their leaders to grow in personal faith, leadership skills, and in service to their community and the world.

Catholic Women's League of Canada

45 Murphy Crescent
Saskatoon, SK
S7J 2T5
Telephone: (306) 374-5612
Fax: (306) 374-5612

Email:
m.nordick@sasktel.net
President: Mary Nordick

A lay organization of Catholic women mandated by the Canadian Conference of Catholic Bishops. Seeks to unite Catholic women of Canada for the furtherance of spiritual, cultural and intellectual interests and the development of social action when and where necessary. Addresses social justice; freedom; peace; human rights; the elimination of pornography;

COMMUNITY ORGANIZATIONS

and the respect and protection of all human life from conception to natural death.

Christian Feminist Network

c/o 418A McDonald Street
Regina, SK
S4N 6E1

Telephone: (306) 721-3311

Email:

ucskco@sasktel.net

Web Site:

www.saskatchewanfeminist.net

Contact: Pam Thomas

Province-wide network exploring implications of Christian feminism through discussions, educational events and networking by mail. Welcomes women who are exploring Christianity and feminism, and sorting out the connections and contradictions between the two.

Council on Social Development Regina Inc.

2201-1st Avenue
Regina, SK
S4R 8G4

Telephone: (306) 924-5375

Fax: (306) 347-8533

Email:

csdr@sk.sympatico.ca

A non-profit volunteer organization trying to ensure that the needs of Regina's citizens are met as the city grows and changes. Initiates, supports and promotes a co-ordinated, integrated and strategic approach to social planning and development, to enhance the quality of life for all people and groups. Houses the Centre of Excellence for Children and Youth. The Centre examines the challenges being faced by prairie communities in the

health and well-being of children.

Girl Guides of Canada - Saskatchewan Council

2361-1st Avenue
Regina, SK
S4R 8G4

Telephone: (306) 757-4102

Fax: (306) 347-0995

Email:

ggguides@sasktel.net

Web Site:

www.girlguides.sk.ca

Toll Free: (877) 694-0383

Executive Administrator:
Brenda Sapergia

Goal is to help girls and young women become responsible citizens, able to give leadership and service to the community, whether locally, nationally or globally. Welcomes all girls and women, regardless of race or religion. Provides experiences regarding home, outdoors, technologies, environment, heritage, personal development, careers, and understanding customs and cultures around the world.

Her-icane Festival of Women's Art

c/o 25th Street Theatre Centre
600-245-3rd Avenue South
Saskatoon, SK
S7K 1M4

Telephone: (306) 664-2239

Fax: (306) 653-7701

Email:

twofivestreet@sasktel.net

Web Site:

www.25thstreettheatre.com

A presentation platform for work of female artists in the disciplines of literary, visual and performing arts. Includes shows, exhibitions, artist

readings, workshops and discussion circles.

National Action Committee on the Status of Women (NAC)

203-234 Eglinton Avenue East
Toronto, ON

M4P 1K5

Telephone: (416) 932-1718

Fax: (416) 932-0646

Email:

nac@web.net

A coalition of over 700 member groups, NAC has been fighting for women's equality for over 30 years and is the largest feminist organization in Canada. Through diverse membership and regional steering committees, NAC is able to organize at a grassroots level and is involved in: advocacy work; lobbying; research; education; and organizing conferences. A Young Women's Committee has been struck in order to mobilize young women's participation in NAC and the women's movement.

Provincial Council of Women

621 Inver Crescent East
Regina, SK
S4N 2K7

Telephone: (306) 757-4565

President: Shirley Leibel

An umbrella organization of women's groups working for the betterment of society. Informs and educates members on the main issues of the day. Formulates policy through a resolution process and presents policy to government. Current issues are gambling industry in Saskatchewan; Fetal Alcohol

Syndrome; Fetal Alcohol Effects; private care homes; report of the children's advocate; housing; women and the economics of later life; detoxification centres for youth with addictions; water. Encourages women to take a leadership role in the community.

R.E.A.L. Women of Saskatchewan

Box 9725
Saskatoon, SK
S7K 7G5
Telephone: (306) 253-4789
Contact: Cecilia Forsyth

Promotes equality, advancement and well-being of women whether in the family, workplace or community. Reaffirms that family is society's most important unit. Defends the Judeo-Christian values of marriage and family life. Provides public education and lobbies government. An affiliate of the National organization.

Regina Anti-Poverty Ministry

2330 Victoria Avenue
Regina, SK
S4P 0S6
Telephone: (306) 352-6386
Fax: (306) 352-7455
Email:
morton_bonnie@hotmail.com
Contact: Bonnie Morton

A social justice agency dedicated to individual and systemic advocacy and public education. Educates the public through conferences and workshops, and addresses systemic deficiencies within the welfare system by advocating on behalf of individuals and

through campaigns and presentations.

S.I.G.N. - Society for the Involvement of Good Neighbours

83 North Street
Yorkton, SK
S3N 0G9
Telephone: (306) 783-9409
Fax: (306) 786-7116
Email:
sign@sasktel.net
Web Site:
www:\sign-yorkton.org

An umbrella organization which offers a variety of programs, including counselling; parenting education; family support; job coaching; independent living; youth employment assistance; senior mobility; trustee services; and many others. Parkland Early Childhood Intervention Program, Big Brothers/Big Sisters, Canadian Mental Health Association Drop-in Centre, Yorkton Nursery School Co-operative and KidsFirst are also housed within the S.I.G.N. facility.

Saskatchewan Arts Board

2135 Broad Street
Regina, SK
S4P 3V7
Telephone: (306) 787-4056
Fax: (306) 787-4199
Email:
sab@artsboard.sk.ca
Toll-Free: (800) 667-7526

Executive Director: Jeremy Morgan

Cultivates an environment in which the arts thrive for the benefit of everyone in Saskatchewan. As the province's single arts agency, it provides grants, programs and

services to individuals and groups whose activities have an impact on the arts in Saskatchewan and ensures that opportunities exist for Saskatchewan residents to engage in all art forms. Also provides awards for outstanding achievement in the arts and collects and displays works of art by Saskatchewan artists.

Saskatchewan Seniors Mechanism

112-2001 Cornwall Street
Regina, SK
S4P 3X9
Telephone: (306) 359-9956
Fax: (306) 359-6922
Email:
ssm@skseniorsmechanism.ca
Web Site:
www.skseniorsmechanism.ca
or phone: (306) 359-9958

Functions as a central clearinghouse for the collection and distribution of information for seniors' organizations in the province, and for other agencies that provide programs and services for seniors. Brings together Saskatchewan seniors' organizations in order to research and take action on issues affecting seniors, and create awareness of and co-ordinate resources and services for seniors.

Saskatchewan Urban Municipalities Association

200-1819 Cornwall Street
Regina, SK
S4P 2K4
Telephone: (306) 525-3727
Fax: (306) 525-4373
Email:
suma@suma.org
Executive Director: Keith

COMMUNITY ORGANIZATIONS

Schneider

Can connect women interested in seeking office with women who have successfully run for elected municipal positions.

Saskatoon Women's Calendar Collective

Box 7344

Saskatoon, SK

S7K 4J2

Telephone: (306) 652-6975

Web Site:

www.herstorycalendar.ca

Contact: Patricia Williams

Collective members research and write the well-known Canadian calendar "Herstory". Features stories about Canadian women, events and activities organized to improve the status of women.

SaskCulture, Inc.

600-2220-12th Avenue

Regina, SK

S4P 0M8

Telephone: (306) 780-9284

Fax: (306) 780-9252

Email:

saskculture.info@SaskCulture.sk.ca

General Manager: Rose Gilks

Membership is open to all partnerships, corporations, co-operatives, unions, professional associations and organizations that have primarily cultural objectives and that support the principles and values of SaskCulture. Membership is open to all individuals that support the principles and values of SaskCulture.

Status of Women Canada

McDonald Building

123 Slater Street

Ottawa, ON

K1P 1H9

Telephone: (613) 995-7835

Fax: (613) 957-3359

Email:

communications@swc-cfc.gc.ca

Web Site:

www.swc-cfc.gc.ca

TDD: (613) 996-1322

A federal government agency with responsibility for promoting gender equality and the full participation of women in the economic, social, cultural and political life of the country. Works to provide Canadians with stronger, more equitable federal government policies and programs that benefit both women and men. Provides financial and other assistance to women's and other equality-seeking organizations who work actively to advance the status of women. Provides expertise, analysis and strategic advice to the Secretary of State (Status of Women), and to other federal government departments and agencies on issues affecting women. Monitors the progress of the status of women throughout the country. Supports local, regional and national women's and other equality-seeking organizations in their work, through financial, technical and professional assistance. Funds policy research on issues related to gender equality. Consults with women's and other equality-seeking organizations to seek advice, discuss ideas and identify solutions. Builds public awareness about equality initiatives and women's achievements. Collaborates with provincial and territorial governments, international organizations and other

countries, women's organizations, and other stakeholders to advance gender equality.

Status of Women Office

Saskatchewan Labour

400-1870 Albert Street

Regina, SK

S4P 4W1

Telephone: (306) 787-7401

Fax: (306) 787-2058

Email:

swowebmaster@lab.gov.sk.ca

Web Site:

www.swo.gov.sk.ca

Executive Director: Corinne Bokitch

A division of Saskatchewan Labour which works to achieve social, economic and political equality for women. Provides strategic direction and leadership to government on policy direction that affects the status of Saskatchewan women. Is a single window into government for women, women's organizations and organizations that serve women and has responsibility for providing cross-government policy co-ordination on issues impacting women, support for pay equity and communication functions. Released the Action Plan for Saskatchewan Women document in October, 2003. This document is the result of a partnership with all government departments, Crown Investments Corporation, and the community to realize the goal of equality for Saskatchewan women. The Status of Women Office is responsible for monitoring and reporting on activities associated with the document. Facilitates a supportive network of an

Intragovernmental Committee of Advisors on Women's Policy. Provides support and training to integrate gender-based analysis (GBA) into government decision-making processes. Maintains positive working and communication linkages with women's organizations. Provides advice and consultation to government, Crown corporations, unions and businesses on all aspects of pay equity.

Street Workers' Advocacy Project (SWAP)

1775 Smith Street
Regina, SK
S4P 4C4
Telephone: (306) 525-1722
Fax: (306) 525-0641

Advocates for street workers' rights and access to appropriate services. Assists street workers to make their lives safer and to consider alternative lifestyles. Educates the public and youth at risk about street prostitution. A drop-in centre includes services such as referrals; counselling; bad date sheet; street outreach; public education; primary health care; advocacy/support; youth program; alternative education program and self-help groups.

Volunteer Regina

2300-11th Avenue
Regina, SK
S4P 0K1
Telephone: (306) 751-4759
Fax: (306) 522-7199
Email:
volunteerregina@unitedwayregina.ca
Web Site:
www.unitedwayregina.ca
Project Co-ordinator: Christy

Roach

Volunteer Regina is a service of the United Way of Regina. Provides training and consultation services and leadership in and for the not-for-profit sector. Encourages and recognizes volunteers and their achievements in our community. Compiles an interactive database of volunteer positions to link potential volunteers with community organizations and events. Offers a library collection of fundraising, not-for-profit and volunteer management resource materials. Collaborates with organizations and businesses within the community to promote and celebrate volunteerism.

Women 2000

Women's Studies, Extension
Division
117 Science Place, University
of Saskatchewan
Saskatoon, SK
S7N 5C8
Telephone: (306) 966-5574
Fax: (306) 966-5567
Email:
joyce@duke.usask.ca
Contact: Glenis Joyce

Works to: celebrate the birth and development of women's organizations in Saskatchewan; rekindle the passion in the visions that gave birth to those organizations; celebrate the successes we have had and share the secrets of those successes; identify the challenges women face in the coming years; develop innovative ways to meet those challenges; create and strengthen connections so

we can share our solutions; and organize for change.

Women's Program

Status of Women Canada
920-410-22nd Street East
Saskatoon, SK
S7K 5T6
Telephone: (306) 975-5321
Fax: (306) 975-5844
Email:
Raj.Dhir@pwgsc.gc.ca
Program Officer: Raj Dhir
Toll-Free: (866) 966-3640

A federal government program mandated to support action by women's organizations and other partners seeking to advance equality for women by addressing women's economic, social, political and legal situation. The Program supports action by providing financial assistance and technical support to a range of women's organizations and other partners to achieve gender equality.

Young Women's Christian Association (YWCA) of Prince Albert

1895 Central Avenue B West
Prince Albert, SK
S6V 4W8
Telephone: (306) 763-8571
Fax: (306) 763-8165
Email:
pa.ywca@sasktel.net
Web Site:
www3.sk.sympatico.ca/ywca/
Executive Director: Donna
Brooks
Residence Case Manager:
Melanie Pederson
Family Futures Program
Director: Sandra Beuckert
(306) 763-0760

Operates a 19-room 44-bed

COMMUNITY ORGANIZATIONS

residence/shelter for women and their children; staffed 24 hours a day/7 days a week; offers shelter, transitional housing and support to women in crisis, or in need of safe, temporary lodging. Also offers pre-employment programs, support programs and activities. Family Futures Inc. offers prenatal counseling for pregnant women. There is a licensed daycare on site.

Young Women's Christian Association (YWCA) Regina

1940 McIntyre Street
Regina, SK
S4P 2R3
Telephone: (306) 525-2141
Fax: (306) 525-2171
Email:
reginaywca@ywca.regina.sk.ca
Web Site:
www.ywcaregina.com

Contact: Deanna Elias-Henry

Provides programs and services to meet the varying and changing needs of women in the community. Nationally and internationally works on issues that women face in our changing world. Programs include: residence that provides safe, supportive, affordable accommodation for single women; Isabel Johnson Shelter for women and children leaving abusive relationships; children who witness violence; supervised access; Big Sisters of Regina; two licensed day care centres for a total of 130 subsidized spaces; an independent living program for teen girls; a wellness facility that includes fitness classes, weight and cardio equipment, personal assessments and programs; a second hand "Anything Goes" store; and the

Regina Women of Distinction Awards.

Young Women's Christian Association (YWCA)

Saskatoon

510-25th Street East
Saskatoon, SK
S7K 4A7
Telephone: (306) 244-0944
Fax: (306) 653-2468

Email:
ywcask@sasktel.net
Web Site:
www.ywcaskaskatoon.com

Executive Director: Barb Patenaude

Provides crisis shelter for women and children; short-term residence and medium-term affordable housing, including extensive support services; employment and career programs and services as well as Internet connections. Facility accommodates licensed full-time, part-time and flexible child care; drop-in creative play for infants to preschoolers; a preschool program; fitness activities; large weight room; aquatics program with special emphasis on older and therapeutic opportunities; cafeteria; massage therapy; and fitness evaluation.

Section 3**HEALTH**

The listings in this Section are grouped under the following headings:

- ▀ Saskatchewan Regional Health Authorities
- ▀ General Health and Nutrition
- ▀ Sexual and Reproductive Health Issues
- ▀ Mental Health
- ▀ Addictions
- ▀ Self-Help Groups
- ▀ Sports and Physical Activity

Saskatchewan Regional Health Authorities**Athabasca Health Authority**

Box 124
Black Lake, SK
S0J 0H0
Telephone: (306) 439-2200
Fax: (306) 439-2212
Email:
gmacdonald@athabascahealth.ca

Cypress Regional Health Authority

429-4th Avenue North East
Swift Current, SK
S9H 2J9
Telephone: (306) 778-5100
Fax: (306) 773-9513
Email:
communications@cypressrha.ca

Five Hills Regional Health Authority

455 Fairford Street East
Moose Jaw, SK
S6H 1H3
Telephone: (306) 694-0296
Fax: (306) 694-0282

Email:
debra@fhhr.ca
Toll-Free: (888) 425-1111

Heartland Regional Health Authority

Box 2110
Rosetown, SK
S0L 2V0
Telephone: (306) 882-4111
Fax: (306) 882-1389
Email:
kimberly.askine@mwdh.sk.ca

Keewatin Yatthe Regional Health Authority

Box 40
Buffalo Narrows, SK
S0M 0J0
Fax: (306) 235-2229
Email:
richard.petit@kyha.sk.ca
Toll-Free: (866) 274-8506

Kelsey Trail Regional Health Authority

Box 1780
Tisdale, SK
S0E 1T0
Telephone: (306) 873-3100
Fax: (306) 873-3224
Email:
ddobson.kthr@shin.sk.ca
Toll-Free: (800) 704-8395

Mamawetan Churchill River Regional Health Authority

Box 6000
La Ronge, SK
S0J 1L0
Telephone: (306) 425-2422
Fax: (306) 425-5432
Email:
lrhc.reception@mccrha.sk.ca

Prairie North Regional Health Authority

1092-107th Street
North Battleford, SK

S9A 1Z1
Telephone: (306) 446-6622
Fax: (306) 446-4114
Email:
cora.r@pnrha.ca

Prince Albert Parkland Regional Health Authority

2345-10th Avenue West
Box 5700
Prince Albert, SK
S6V 7V6
Telephone: (306) 765-6100
Fax: (306) 765-6096
Email:
khoomgren@paphr.sk.ca
Toll-Free: (800) 922-1834

Regina Qu'Appelle Regional Health Authority

2180-23rd Avenue
Regina, SK
S4S 0A5
Telephone: (306) 766-5365
Fax: (306) 766-5414
Email:
publicaffairs@rrqhealth.ca
Toll-Free: (888) 354-8111

Saskatoon Regional Health Authority

6th Floor, Royal University
Hospital
103 Hospital Drive
Saskatoon, SK
S7N 0W8
Telephone: (306) 655-1576
Fax: (306) 655-1037
Email:
webmaster@saskatoonhealthregion.ca

Sun Country Regional Health Authority

Box 2003
Weyburn, SK
S4H 2Z9
Telephone: (306) 842-8718
Fax: (306) 842-8738

HEALTH

Email:
district@sch.sk.ca

Sunrise Regional Health Authority

270 Bradbrooke Drive
Yorkton, SK
S3N 2K6
Telephone: (306) 786-0109
Fax: (306) 786-0122

General Health and Nutrition

Breast Cancer Action Saskatchewan

2318 Assiniboine Avenue East
Regina, SK
S4P 2P5
Telephone: (306) 586-9191
Fax: (306) 757-9703
Email:
bcas@sasktel.net
Web Site:
www.bcas.ca

Toll-Free: (866) 802-2227

A provincial, survivor-driven organization dedicated to making the lives of Saskatchewan residents affected by breast cancer more manageable through information, education, advocacy, support and networking. Membership is open to anyone concerned about breast cancer.

Canadian Cancer Society

Cancer Information Service
Email:
info@cis.cancer.ca
Toll-Free: (888) 939-3333

College of Physicians and Surgeons of Saskatchewan

211-4th Avenue South
Saskatoon, SK
S7K 1N1

Telephone: (306) 244-7355
Fax: (306) 244-0090

Email:
cpss@quadrant.net
Web Site:
www.quadrant.net/cpss
Complaints - Toll-Free: (800) 667-1668
Registrar: Dr. D. Kendel

Contact for information about doctors providing services or specialization, and to register a concern about the quality of medical care or conduct of a doctor.

Co-operative Health Centre

110-8th Street East
Prince Albert, SK
S6V 0V7
Telephone: (306) 763-6464
Fax: (306) 763-3440
Executive Director: Joanne Thiessen

Consists of an interdisciplinary team of health care providers including: physicians, nurses, counsellors, a dietician, and a variety of community programs designed to meet the needs of the community. The Centre consists of a laboratory, physiotherapy department, diagnostic imaging and minor surgery unit. Health education and promotion programs are designed to assist clients to attain personal wellness. Van service is available free of charge for clients requiring transportation.

HealthLine

Toll-Free: (877) 800-0002

A free, confidential 24-hour health advice telephone line, staffed by registered nurses. Provides immediate,

professional health advice or information, and directs callers to the most appropriate source of care. Helps callers decide whether they should treat their own symptoms, go to a clinic, wait to see their doctor, or go to a hospital emergency room. It is not necessary to have a Saskatchewan Health Card number.

Population Health Branch Health Promotion Unit

Saskatchewan Health
3475 Albert Street
Regina, SK
S4S 6X6
Telephone: (306) 787-3084
Fax: (306) 787-3823

Provides leadership and support to health regions and their partners in other sectors in planning, implementing and evaluating population health promotion strategies and initiatives. The Unit provides consultative services, best practices information, materials and resource support on a variety of population health promotion topics and issues. It engages a variety of sectors and organizations in working toward joint solutions to issues that affect health. Also responsible for province-wide tobacco control issues and activities including: policy and legislative development; sharing of information, services and programs; conducting research of tobacco and tobacco use; and regulating the manufacturing, marketing and sale of tobacco products, in an effort to reduce the harmful effects of tobacco use, especially among young people.

**Prairie Women's Health
Centre of Excellence
(PWHCE)**

Administrative Centre
56 The Promenade
Winnipeg, MB
R3B 3H9
Telephone: (204) 982-6630
Fax: (204) 982-6637
Email:
pwhce@uwinnipeg.ca
Web Site:
www.pwhce.ca

Contact: Diane Nicholson

Dedicated to conducting policy-oriented research aimed at improving the health status of Canadian women by making the health system more aware of, and responsive to, women's health needs. It is committed to bringing together community-based and academic research and policy expertise. It values different viewpoints and approaches that women of diverse backgrounds and life experiences bring to health issues, and recognizes the importance of involving women in all aspects of health research. The Centre is a partnership of women's groups, researchers, policy makers, service providers and individuals dedicated to women-centred, participatory, action-driven policy research.

Regional Addresses

PWHCE
University of Regina Extension
CB309, College & Scarth
Regina, SK
S4S 0A2
Telephone: (306) 585-5727
Fax: (306) 585-5825
Email:
pwhce@uregina.ca

Contact: Joanne Havelock

PWHCE
Health Sciences Building
University of Saskatchewan
107 Wiggins Road
Saskatoon, SK
S7N 5E5
Telephone: (306) 966-8658
Fax: (306) 966-7920
Email:
pwhce@usask.ca
Contact: Kay Willson

Regina Community Clinic

1106 Winnipeg Street
Regina, SK
S4R 1J6
Telephone: (306) 543-7880
Fax: (306) 543-5545
Contact: Mary Flynn

Multi-disciplinary health clinic with specific emphasis on health education. Offers menopause resource centre and menopause support; and lifestyle and fitness enhancement. Operates day care and infant toddler day care centres. Other programs include nutrition counselling, stress reduction counselling, individual and family counselling, and a variety of health education presentations and workshops on a wide range of health issues.

**Saskatoon Community
Clinic**

Main Clinic
455-2nd Avenue North
Saskatoon, SK
S7K 2C2
Telephone: (306) 652-0300
Fax: (306) 664-4120
Administrator: Patrick Lapointe
Membership Director: Ingrid Larson

Multi-disciplinary health clinic with physicians, nurses, counsellors, and other health professionals and services. Provides prenatal programs; counselling on birth planning and crisis pregnancy counselling; seniors' groups; parenting circles; and a Health Information Centre. Involved in advocacy on the determinants of health - poverty, housing, food security and on Tobacco Control.

Regional Addresses

West Side Clinic
631-20th Street West
Saskatoon, SK
S7N 0X8
Telephone: (306) 664-4310
Fax: (306) 934-2506

**Screening Program for
Breast Cancer**

Saskatchewan Cancer
Agency, Prevention & Early
Detection Div
952 Albert Street
Regina, SK
S4R 2P7
Telephone: (306) 359-0550
Fax: (306) 359-7554
Email:
spbc@scf.sk.ca
Toll-Free: (800) 667-0017

Provides mammograms (breast X-rays) for women aged 50 to 69 years with no symptoms of breast cancer. This service is provided in Regina, Saskatoon, North Battleford, Swift Current, Yorkton, Moose Jaw and Prince Albert. A mobile bus travels to rural and remote parts of the province on a two-year cycle. Early detection of breast cancer saves lives.

The Prevention Program for

HEALTH

Cervical Cancer's mandate is to prevent and reduce the incidence of invasive cervical cancer in Saskatchewan women. The program notifies women when they are overdue for their Pap test, provides women their Pap test results and works with the women and family physician to ensure that follow-up occurs. The program also supports laboratories with health care providers to maintain high quality reporting.

Regional Addresses

12-510 Circle Drive East
Saskatoon, SK
S7K 7C7
Telephone: (306) 934-0550
Fax: (306) 242-7554
Toll-Free: (800) 567-7271

Women's Health Bureau

Health Canada
PL 1903C, 3rd Floor, Jeanne
Mance Building, Tunney's
Pasture
Ottawa, ON
K1A 0K9
Telephone: (613) 957-1945
Fax: (613) 952-3496
Email:
women_femmes@hc-sc.gc.ca
Web Site:
www.hc-sc.gc.ca/english/women

Ensures women's health concerns receive appropriate attention and emphasis within Health Canada; promotes an understanding of gender as a critical variable in health; and analyzes and assesses the impact of policies, programs and practices in the health system broadly-defined on women and women's health.

Women's Health Centre

Regina General Hospital

1440-14th Avenue
Regina, SK
S4P 0W5
Telephone: (306) 766-4860
Fax: (306) 766-4453

Web Site:
www.rqhealth.ca/programs/in_hospital_care/women_hlth_centre.shtml
Toll-Free: (800) 563-9923

Operates as an outpatient clinic that provides a wide variety of services which include pregnancy options counselling and support; hysteroscopies; colposcopies and therapeutic abortions. Women seeking services for pregnancy options and therapeutic abortions can self-refer. Open Monday to Friday, 8:00 a.m. to 4:00 p.m.

Sexual and Reproductive Health Issues

Canadian Survivors of Abortion

134 A.E. Adams Crescent
Saskatoon, SK
S7K 5M7
Telephone: (306) 242-0112

Provides a 24-hour crisis and information line offering pro-life choices and counselling for women who have had or are considering an abortion.

Citizens for Reproductive Rights/CARAL

Telephone: (306) 693-3107
or phone: (306) 693-4244

Provides information and referral concerning reproductive rights.

La Leche League of Canada - Saskatchewan

Telephone: (306) 584-5600
Email:

msanche@sk.sympatico.ca
Saskatchewan/Manitoba
Assistant Area Co-ordinator of
Leaders: Michelle Sanche

Provides support and encouragement for women who choose to breast feed. Offers mother-to-mother telephone support, group discussions and educational materials. Promotes positive parent-child relationships from birth through teenage years. Groups are operating in several cities and towns in Saskatchewan and Manitoba. Affiliated to international organization. Books on loan covering parenting, breast-feeding, birth and other information.

Midwives Association of Saskatchewan

101 Albert Avenue
Saskatoon, SK
S7N 1E6
Telephone: (306) 933-9867
Email:
dancing_sweet34@hotmail.com
President: Ros Lydiade

Province-wide professional organization of midwives who offer public education, awareness and midwifery services. Membership open to practicing and non-practicing midwives. Meet every other month in different Saskatchewan locations. AGM in October of each year.

Moms For Milk

Box 400
Nokomis, SK
S0G 3R0
Telephone: (306) 528-4439
Email:
momsformilk@sasktel.net
Contact: Janice Reynolds

Mothers and concerned consumers advocate for the right of women and infants to fully participate in their biological right and anthropological heritage of natural birth, exclusive and extended breastfeeding, shared sleep, and close physical contact. Co-ordinates a grass-roots consumer movement of women demanding access to full information on birth and infant feeding choices for all women, and requires that services be made available to support these choices. Objectives are to: support, educate and co-ordinate breastfeeding advocates; provide a low-cost source of information; promote networking and resource sharing; create a database of advocates that can be accessed by members; and, co-ordinate efforts to begin change. Publishes a newsletter.

**Planned Parenthood
Regina Sexual Health
Centre**

1431 Victoria Avenue
Regina, SK
S4P 0P4
Telephone: (306) 522-0902
Email:
ppr@accesscomm.ca
Executive Director: Barb
McWatters

Provides free and confidential sexual health services to the community, with a focus on the needs of young women and men. Provides education on birth control and unplanned pregnancy options; free pregnancy testing; STD information, testing and

treatment; medical examinations; prescriptions for contraceptives; contraceptives at cost; free condoms; and referrals. Pro-choice and non-judgemental. Office hours are Monday to Friday 9:00 a.m. to 12 noon and 1:00 p.m. to 5:00 p.m., Saturday 1:00 p.m. to 5:00 p.m., Wednesday and Thursday open to 7:30 p.m. Clinic times vary, call for appointments for further information.

**Planned Parenthood
Saskatoon Centre**

412-220-3rd Avenue South
Saskatoon, SK
S7K 1M1
Telephone: (306) 244-7989
Fax: (306) 652-4034
Email:
plannedparenthood.s.c@shaw.ca
Web Site:
www.saskatoon.ppfcc.info/

Aims to ensure that information, resources, support and services of the highest quality regarding sexuality, contraception, and reproduction are available and accessible to all in our community who need them. Encourages responsible decision-making and behaviour, which is respectful of the needs and of the choices available to each individual. Office hours are Monday 1:00 p.m. to 9:00 p.m.; Tuesday to Thursday 1:00 p.m. to 6:00 p.m. Clinic on Wednesday nights from 7:00 p.m. to 9:00 p.m.

**Pregnancy Counselling
Centre**

1A-2146 Robinson Street
Regina, SK
S4T 2P7

Telephone: (306) 757-1371
Fax: (306) 757-1371
Counselling Line: (306) 757-3344
After Hours Advisory Line
(Regina): (306) 535-3388
Toll Free (outside Regina):
(866) 870-3344

A non-profit, locally supported and funded Christian ministry. Services include free pregnancy testing; education about fetal development, abortion procedures and risks, and sexually transmitted diseases; information about parenting and adoption; referrals to community pregnancy support services; counselling for on-going pregnancy and relationships, and post-abortion; baby clothing and supplies; access to 24-hour, toll-free counsellor; and after hours advisory line. Crisis centre open Monday and Tuesday from 10:00 a.m. to 5:00 p.m.; Wednesday from 1:00 p.m. to 7:00 p.m.; Friday from 10:00 a.m. to 5:00 p.m.

Pregnancy Crisis Line

Box 282
North Battleford, SK
S9A 2Y3
Telephone: (306) 446-4440
Contact: Maureen McLane

Provides confidential, 24-hour service which includes abortion and adoption education, as well as support services and referrals.

**Regina Childbirth
Education Association**

1940 McIntyre Street
Regina, SK
S4P 2R3
Telephone: (306) 525-2141

HEALTH

Offers courses on childbirth, including separate Refresher and Vaginal Birth After Cesarean Courses. Goal is to educate and support pregnant women and their companions, and help them prepare physically, emotionally and intellectually for the birth of their baby.

Reproductive Rights Coalition

250-1933-8th Avenue
Regina, SK
S4R 1E9

Working for change in accessibility to needed reproductive medical services for women. Works through action and education on reproductive choice. Acts as the Regina Chapter of Canadian Abortion Rights Action League (CARAL).

Saskatchewan Institute on Prevention of Handicaps

1319 Colony Street
Saskatoon, SK
S7N 2Z1

Telephone: (306) 655-2512
Fax: (306) 655-2511

Email:
info@preventioninstitute.sk.ca
Web Site:
www.preventioninstitute.sk.ca

Executive Director: Jill Shanks

Formed in 1980, the Prevention Institute is the only one of its kind in Canada and has continued to promote primary prevention since inception. Its goal is to ensure that all children have the best possible chance at a healthy life. It is a non-profit organization that works to raise awareness and education the people of Saskatchewan about

the prevention of disabling conditions in children. Programs focus on Child Injury Prevention; Fetal Alcohol Spectrum Disorder; Environmental Tobacco Smoke; Perinatal Infant Health; Youth Health; Parenting Education; and providing provincial co-ordination.

Activities focus on raising awareness of prevention measures through print and audio/visual resources based on the most recent information; educational opportunities to increase knowledge of prevention issues; assistance for community groups to develop their own prevention education programs; networking and partnering projects that further prevention efforts; and links with government and other non-profit agencies to ensure a co-ordinated approach to prevention programming.

Saskatchewan Pro-Life Association

Provincial Office
715 Victoria Avenue
Regina, SK
S4N 0R4

Telephone: (306) 569-1983
Fax: (306) 359-3773

Email:
spla@saskprolife.com
Toll-Free: (888) 569-7752
Contact: Mary Jarvis

Educational centres working to protect the rights of unborn children through public education and participation in local, provincial and national political policies. Affiliated groups in 32 Saskatchewan centres.

Saskatoon Breastfeeding Matters Awareness & Promotion Alliance Inc.

Box 400
Nokomis, SK
S0G 3R0
Telephone: (306) 528-4439
Email:
momsformilk@sasktel.net

Concerned consumers and health professionals work to protect, promote and support breastfeeding through education. Activities include the provision of pre-natal and post-natal breastfeeding classes, setting up displays, providing printed commercial-free information on breastfeeding, facilitating public awareness workshops, running focus groups around breastfeeding issues, information gathering and research, and partnering with health professionals and community groups regarding breastfeeding education in-services.

SERENA Saskatchewan

Box 7375
Saskatoon, SK
S7K 4J3
Telephone: (306) 934-8223

Email:
sask@serena.ca
Web Site:
www.serena.ca
Toll-Free: (800) 667-1637
Contact: Annette Bentler

Provides couple-to-couple instruction in the Sympto-Thermal method of Natural Family Planning with a focus on achieving or avoiding pregnancy. The method is highly effective, natural, inexpensive and free of health

risks. Provide group presentations; help with chart interpretation; and resources regarding fertility, breastfeeding, menopause and infertility.

Successful Mothers Support Program

429-4th Avenue North East
Swift Current, SK
S9H 2J9
Telephone: (306) 778-5100
Fax: (306) 773-9513

A mentoring program that provides support and guidance to pregnant and parenting young people. The objectives are aimed at providing knowledge, skills and motivation to young people to think, do, feel and be the best they can in their roles as parents. This is accomplished through a one-on-one relationship with a (volunteer) mentor.

Regional Addresses

Heartland Health Region
Box 130
Biggar, SK
S0K 0M0
Telephone: (306) 948-5623
Fax: (306) 948-2548
Co-ordinator: Georgina Heather

Kelsey Trail Health Region
Box 6500
Melfort, SK
S0E 1A0
Telephone: (306) 752-6355
Fax: (306) 752-6353
Co-ordinator: Sheryn Peterson

Mentoring of Mothers Program
Five Hills Health Region,
Family Service Bureau

200 Main Street
Moose Jaw, SK
S6H 5S7
Telephone: (306) 694-8133
Fax: (306) 694-4193
Co-ordinator: Vicky McGrath

Parent Mentoring Program
210-1st Street East
McNevin Bldg. Box 1360
Nipawin, SK
S0E 1E0
Telephone: (306) 862-3820
Fax: (306) 862-1731
Co-ordinator: Sylvia Kuhberg

Prairie North Health Region
204-1146-102nd Street
North Battleford, SK
S9A 1E9
Telephone: (306) 446-6443
Fax: (306) 446-6432
Co-ordinator: Elaine Sonmor

Prince Albert Parkland Health Region, Family Futures Program
1895 Central Avenue B West
Prince Albert, SK
S6V 4W8
Telephone: (306) 763-0760
Fax: (306) 763-1430
Email: cmfp.paywca@sk.sympatico.ca
Co-ordinator: Lynne Harley

Parent Mentoring Program
Regina-Qu'Appelle Health Region
Box 661
Pilot Butte, SK
S0G 3Z0
Telephone: (306) 766-7539
Fax: (306) 781-4477
Email: yurkd@sk.sympatico.ca
Co-ordinator: Christie Bachmann

Saskatoon Gabriel Springs Health Region

Box 216
Rosthern, SK
S0K 3R0
Telephone: (306) 232-6001
Fax: (306) 232-4269

Email: rlehmann@sk.sympatico.ca
Co-ordinator: Rebecca Lehmann

Successful Parent Support
Box 595
Spiritwood, SK
S0J 2M0
Telephone: (306) 883-4263
Fax: (306) 883-2136

Email: spiritwoodph.plhd@shin.sk.ca
Co-ordinator: Carmen Tether

Experienced Mothers Program
Cypress Health Region
Box 5000, 4th Floor, 350
Cheadle Street West
Swift Current, SK
S9H 4G3
Telephone: (306) 778-5259
Fax: (306) 778-5408
Co-ordinator: Bobbi Baker

Parenting Partners Program
Sun Country Health Region,
The Family Place
Box 912
Weyburn, SK
S4H 2L2
Telephone: (306) 842-7477
Fax: (306) 842-7808
Email: weyburnbbs@dlcwest.com
Co-ordinator: Linda Rudachyk

Parenting Support Program
Sunrise Health Region
83 North Street
Yorkton, SK
S3N 0G9
Telephone: (306) 782-1205
Fax: (306) 786-7116
Co-ordinator: Sharon Kozak

Teen-Aid

HEALTH

108-2002 Quebec Avenue
Saskatoon, SK
S7K 1W4
Telephone: (306) 244-2811
Fax: (306) 244-9999
Email:
saskatoonteenaid@home.com
Co-ordinator: Shawna Sparrow

Promotes chastity as best lifestyle for teens. Provides classroom or after-school presentations to teens, and workshops for parents. Sexuality resource program available in most areas of the province. Also provides a lending resource library to parents and educators.

The Breastfeeding Committee for Saskatchewan

Box 400
Nokomis, SK
S0G 3R0
Telephone: (306) 528-4439

Email:
momsformilk@sasktel.net
Web Site:
www.saskatoonhealthregion.ca/your_health/ps_maternal_and_children_postpartum.htm

Contact: Janice Reynolds

Network of health professionals and consumers working to protect, promote and support breastfeeding within Saskatchewan as the optimal method of infant feeding. Goal is to establish breastfeeding as the cultural norm for infant feeding within Saskatchewan. Provides ongoing expert advice and recommendations on breastfeeding to governments and organizations for research, policy and program development, and direction. Facilitates the development of

collaborative strategies to protect, promote and support breastfeeding in Saskatchewan. Provides a forum for addressing breastfeeding issues brought forward to the group.

The Family Room

2138 McIntyre Street
Regina, SK
S4P 2R7
Telephone: (306) 352-4784
Email:
sduffee@sasktel.net

Dedicated to promoting safe family-centered maternity care options and natural birth options through public education, activities, meetings and resources within our community. Provides numerous programs available to the public including a lending library of books and videos.

Regional Addresses

Regina Committee
2310 Broder Street
Regina, SK
S4N 3S8
Telephone: (306) 522-7384
Contact: Laura Forrester

Saskatoon Committee
134 Highbury Place
Saskatoon, SK
S7N 4X7
Telephone: (306) 373-2156

Wellness Centre

200-20-14th Street West
2nd Floor, Medical Building
Prince Albert, SK
S6V 3K8
Telephone: (306) 764-6355
Fax: (306) 922-4427
Email:
pawellness@sasktel.net

Contact: Dhadha Carandang-Deleon

Provides an accessible, comprehensive and confidential sexual health program. Program includes birth control education; low-cost birth control supplies; free condoms; STD information/testing; education for teenagers, schools, parents, community workers and agencies; pregnancy testing/counselling/referral; Pap testing; emergency contraception; and referrals to appropriate community agencies. Service provided on a drop-in basis every Tuesday and Thursday from 6:30 p.m. to 9:00 p.m. Appointments available Thursdays only from 11:00 a.m. to 3:00 p.m.

Mental Health

Canadian Mental Health Association in Saskatchewan

2702-12th Avenue
Regina, SK
S4T 1J2
Telephone: (306) 525-5601
Fax: (306) 569-3788

Email:
cmhask@accesscomm.ca
Web Site:
www.cmhask.com
Executive Director: David Nelson
Toll-Free: (800) 461-5483

Works to reduce the stigma of mental illness through public education. Provides: educational opportunities to help the public understand mental health issues; and services to schools, communities and individuals

promoting mental health for everyone. Advocates for consumers of mental health services; depends on volunteers to provide leadership and guidance in all areas.

Branches offer social and vocational programs to people with mental illness, emphasizing employment and life skills; they are also actively involved in public education and advocacy. Branches in Battlefords, Estevan, Kindersley, Melfort, Moose Jaw, Prince Albert, Regina, Saskatoon, Swift Current, Weyburn, and Yorkton. Rural Committees in Melfort, Duck Lake, Nipawin and Shellbrook.

Regional Addresses

Battlefords Branch
1011-103rd Street
North Battleford, SK
S9A 1K3
Telephone: (306) 446-7177
Fax: (306) 445-7050
Email:
nbcma@accesscomm.ca

Estevan Branch
1201-2nd Street
Estevan, SK
S4A 0M1
Telephone: (306) 634-6428

Kindersley Branch
113-2nd Avenue East
Box 244
Kindersley, SK
S0L 1S0
Telephone: (306) 463-4702
Fax: (306) 463-5506
Email:
kincmha@sasktel.net

Melfort Rural Committee
Box 2390

Melfort, SK
S0E 1A0
Telephone: (306) 752-2284
Email:
melfortcmha@sasktel.net

Moose Jaw Branch
261 High Street West
Moose Jaw, SK
S6H 1S7
Telephone: (306) 692-4240
Fax: (306) 693-7479
Email:
cmha.mj@sasktel.net

Prince Albert Branch
1322 Central Avenue
Prince Albert, SK
S6V 4W3
Telephone: (306) 763-7747
Fax: (306) 763-7717
Email:
pacmha@sasktel.net

Regina Branch
1810 Albert Street
Regina, SK
S4P 2S8
Telephone: (306) 525-9543
Fax: (306) 525-9579
Email:
Cmha.regina@sasktel.net

Saskatoon Branch
1301 Avenue P North
Saskatoon, SK
S7L 2X1
Telephone: (306) 384-9333
Fax: (306) 978-5777
Email:
cmha.stoon@sasktel.net

Swift Current Branch
170-4th Avenue North West
Swift Current, SK
S9H 0T6
Telephone: (306) 778-2440
Fax: (306) 773-0766
Email:
sccmha@shaw.ca

Weyburn Branch
404 Ashford Street

Weyburn, SK
S4H 1K1
Telephone: (306) 842-7959
Fax: (306) 842-3086
Email:
weyburn.cmha@sasktel.net

Yorkton Branch
83 North Street
Yorkton, SK
S3N 0G9
Telephone: (306) 783-8135
Fax: (306) 783-8113
Email:
cmhayorkton@sasktel.net

Addictions

Alcohol and Drug Recovery Services

Saskatchewan offers a full range of recovery services for individuals and their families who have problems because of alcohol and other drug use. Outpatient services are available in each of Saskatchewan's 12 health authorities as well as through a number of community-based organizations located throughout the province.

Community Based Programs

Regional Office, Health Canada
18th Floor, 1920 Broad Street
Regina, SK
S4P 3V2
Telephone: (306) 780-7449
Director: Bobbie McCloskey

Contact: Health Canada, First Nations & Inuit Health Branch (FNIHB), as listed in the telephone directory Blue pages.

Services targeted to status Indians and Inuit, but some services available to other

HEALTH

Aboriginal groups. Provide the On-Reserve Aboriginal Head Start Program for children (0-6 years). Funds services delivered by Indian and Inuit bands and organizations, including community prevention programs; individual and group counselling; in-patient and out-patient treatment services; referrals; training project workers; workshops; in-school education programs; and cultural activities. This now includes the IRS (Indian Residential School) Program. Video and print resource materials are available through FNIHB regional and zone offices.

Services are located on all reserves in the province. FNIHB service centres are located in Fort Qu'Appelle and Prince Albert.

Gambling Help Line

Toll-Free: (800) 306-6789

Provides professional counselling, referral and information services on problem gambling. Callers can receive referrals to self-help groups, financial counsellors and problem gambling counsellors. Problem gambling resource packages and information on print and video resources are available.

Métis Addictions Council of Saskatchewan Inc.

Administration Office
100-219 Robin Crescent
Saskatoon, SK
S7L 6M8
Telephone: (306) 651-3021
Fax: (306) 651-2639

Executive Director: Jennifer Schoeck

Responsible for the overall management of the M.A.C.S.I. Provincial Programs. Available services include fieldworker program; youth workers; outpatient centres in Regina and Prince Albert; treatment centres in Regina, Saskatoon and Prince Albert; and a Detox Centre in Prince Albert.

Self-Help Groups

Al-Anon Family Group Headquarters (Canada) Inc.

245-9 Antares Drive
Ottawa, ON
K2E 7V5
Telephone: (613) 723-8484
Fax: (613) 723-0151
Email:
WSO@al-anon.org
Web Site:
www.al-anon.alateen.org
Toll Free: (888) 425-2666

Subcommittee of the World Service office in New York.

Al-Anon/Alateen Information Services

Telephone: (306) 665-3838

Self-help groups for adult relatives and friends of alcoholics who share their experiences and offer comfort and hope in order to solve their common problems.

Not allied with any sect, denomination, political entity, organization or institution. Self-supporting through its own voluntary contributions.

Helps families of alcoholics by practising the Twelve Steps, by

welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic.

Alcoholics Anonymous

Through meetings, participants share their experiences, strengths and hope with one another, in order to solve their common problem and help those who still suffer from alcoholism.

Regional Addresses

Regina Central Office
5-1812 Arthur Street
Regina, SK
S4T 4W7
Email:
a.a@sasktel.net
Web Site:
www.aaregina.com
24-hour line: (306) 545-9300

Saskatoon Central Office
311-220-3rd Avenue South
Saskatoon, SK
S7K 1M1
Telephone: (306) 665-6727

Overeaters Anonymous

Telephone: (306) 956-3533
Web Site:
www.aa.org/

The Overeaters Anonymous recovery program is patterned after that of Alcoholics Anonymous. AA's twelve steps and twelve traditions are used changing only the words "alcohol" and "alcoholic" to "food" and "compulsive overeater". Personal stories attest that the twelve-step program of recovery works as well for compulsive overeaters as it does for alcoholics. Through meetings, participants

share their experience, strength and hope in order to work towards recovery.

participation of women and girls in sports and recreation.

Sports and Physical Activity

Canadian Association for the Advancement of Women in Sports

Faculty of Physical Activity Studies
University of Regina
Regina, SK
S4S 0A2

Works with the sport and active living community to achieve gender equity.

Saskatchewan Special Olympics Society

353 Broad Street
Regina, SK
S4R 1X2
Telephone: (306) 780-9247
Fax: (306) 780-9441
Email:
sos@specialolympicssask.ca
Web Site:
www.specialolympicssask.ca
Executive Director: Barb McGrath

Promotes sports and physical recreational activities for people of all ages with an intellectual disability.

Women in Sport

Sport & Recreation Branch,
Culture, Youth and Recreation
4th Floor, 1919 Saskatchewan Drive
Regina, SK
S4P 3V7
Telephone: (306) 787-9027
Fax: (306) 787-8560
Director: Valerie Sluth

Advises organizations and leaders on ways to improve the

HOUSING

Section 4

HOUSING

The listings in this Section are grouped under the following headings:

▀ Housing

General

Adelle House

Saskatoon, SK
Telephone: (306) 668-2761
Fax: (306) 668-2769

Second stage low-cost housing shelter for women and children coming from abusive situations. Services include support group and individual counselling. May stay up to one year.

Battlefords Interval House

Email:
j.beattie@sasktel.net
Counselling: (306) 445-2742
Executive Director: Jean Beattie

Provides shelter; counselling to residents and drop-ins; group discussions, transportation to appointments and school; referrals; advocacy; a resource library; and public education.

First Nations Housing Corporations

Includes: Gabriel Housing Corporation; Mews Corporation; Namerind Housing Corporation; Saskatchewan Housing Corporation; and Silver Sage Housing.

Regional Addresses

Gabriel Housing Corporation
1800-13th Avenue
Regina, SK
S4P 3Z1
Telephone: (306) 775-2905
Fax: (306) 949-4446

Mews Corporation
200-1102-8th Avenue
Regina, SK
S4R 1C9
Telephone: (306) 359-1484
Fax: (306) 525-5002

Namerind Housing Corporation
1121 Winnipeg Street
Regina, SK
S4R 1J5
Telephone: (306) 525-0147
Fax: (306) 525-0111

Saskatchewan Housing Corporation
1855 Victoria Avenue
Regina, SK
S4P 3V7
Telephone: (306) 787-4177

Silver Sage Housing Corporation
4001-3rd Avenue North
Regina, SK
S4R 0W8
Telephone: (306) 721-2909
Fax: (306) 545-9780

Project Safe Haven

c/o Yorkton Tribal Council
21 Bradbrooke Drive North
Yorkton, SK
S3N 3R1
Telephone: (306) 782-0676
Fax: (306) 782-0629
Toll-Free: (877) 444-2836

Offers 24-hour service; safe house; counselling for victims and children and referrals; traditional healing based on

First Nations holistic concept of spiritual, physical, mental, emotional aspects of a human.

Repair Programs

Saskatchewan Housing Corporation (SHC)
600-1855 Victoria Avenue
Regina, SK
S4P 3V7
Telephone: (306) 787-4177
Fax: (306) 787-5166
Toll-Free: (800) 667-7567

SHC is an agency of Saskatchewan Community Resources & Employment. Delivers repair programs on behalf of the federal and provincial governments. Provides financial assistance in the form of a forgivable loan to help homeowners complete repairs to bring their homes up to minimum health and safety standards. SHC also delivers programs that provide financial assistance in the form of a forgivable loan to fund modifications that allow persons with disabilities to remain independent.

Saskatchewan Housing Authorities

Human Resource Services
200-2080 Broad Street
Regina, SK
S4P 1Y3
Telephone: (306) 337-1060
Fax: (306) 347-2303
Email:
hrservices@sasktel.net

There are more than 270 housing authorities in southern Saskatchewan that manage social housing within their community. Each housing authority is independently managed and has a board of directors and a manager. Most

of the social housing in Saskatchewan is administered through community-based housing authorities. The four largest cities report directly to Saskatchewan Housing Corporation. The remaining southern Saskatchewan housing authorities receive management support through six Territory Offices. In northern Saskatchewan, local housing authorities and non-profit groups have been established to manage the housing units.

Regional Addresses

Moose Jaw Housing Authority
4th Floor, City Hall
228 Main Street North
Moose Jaw, SK
S6H 3J8
Telephone: (306) 694-4055
Fax: (306) 694-2021

Prince Albert Housing Authority
230-8th Street East
Prince Albert, SK
S6V 0V7
Telephone: (306) 953-7420
Fax: (306) 764-0970

Regina Housing Authority
1850 Smith Street
Regina, SK
S4P 2N3
Telephone: (306) 525-2377
Fax: (306) 347-7812

Saskatoon Housing Authority
525-24th Street East
Saskatoon, SK
S7K 0K9
Telephone: (306) 668-2700
Fax: (306) 668-2701

Central Territory Housing
Operations
210-2121 Airport Drive
Saskatoon, SK

S7L 6W5
Telephone: (306) 668-8540
Fax: (306) 668-2752

Melfort Territory Housing
Operations
201 Park Avenue
Box 7500
Melfort, SK
S0E 1A0
Telephone: (306) 752-7300
Fax: (306) 752-7311

North Battleford Territory
Housing Operations
1191-99th Street
Box 55
North Battleford, SK
S9A 2X6
Telephone: (306) 445-1915
Fax: (306) 446-1277

Swift Current Territory Housing
Operations
78 Central Avenue North
Swift Current, SK
S9H 0K7
Telephone: (306) 778-3218
Fax: (306) 842-3361

Weyburn Territory Housing
Operations
102 Coteau Avenue
Weyburn, SK
S4H 2Z5
Telephone: (306) 848-4200
Fax: (306) 842-3361

Yorkton Territory Housing
Operations
101-133-4th Avenue North
Yorkton, SK
S3N 3P5
Telephone: (306) 783-1000
Fax: (306) 783-3755
Toll-Free: (800) 814-8688

Northern Housing Operations
(SHC)
10th Floor, 800 Central Avenue
Box 3003
Prince Albert, SK

S6V 6G1
Telephone: (306) 953-2513
Fax: (306) 953-2401
Toll-Free: (800) 667-9656

Social Housing Programs

Saskatchewan Housing
Corporation (SHC)
500-1855 Victoria Avenue
Regina, SK
S4P 3V7
Telephone: (306) 787-9313
Fax: (306) 787-8571
Toll-Free: (800) 667-7567

SHC is an agency of Saskatchewan Community Resources & Employment. Provides social housing in the province to address the housing needs of low income seniors, families and individuals. Housing is provided through housing authorities and non-profit groups.

SOFIA House

Box 37125
Regina, SK
S4S 7K4
Telephone: (306) 565-2537
Fax: (306) 565-2376
Email:
sofiahouse@accesscomm.ca
Contact: Peggy Hennig

Second-stage housing provides safe and affordable housing for abused women and their children. Length of stay is up to one year. Services include counselling for women and children, support group and referrals to community services, including geared income housing.

HUMAN RIGHTS AND THE LAW

Section 5

HUMAN RIGHTS AND THE LAW

The listings in this Section are grouped under the following headings:

- ▀ Immigrant and Visible Minority Women
- ▀ Women with Disabilities

General

Aboriginal Resource Officer Programs

Helps Aboriginal victims of crime and their families by providing services such as information, support and referral. Staff work with the local Victims Services program and liaise between the police and Aboriginal community. Provide prevention and early intervention services and help ensure Aboriginal victims and their families receive culturally sensitive information and support during their involvement in the criminal justice process.

Regional Addresses

Battlefords Aboriginal Resource Officer Program
RCMP Battlefords City Detachment
1052-101st Street
North Battleford, SK
S9A 0Z3
Telephone: (306) 446-1552
Fax: (306) 446-1738

La Ronge Aboriginal Resource Officer Program
Neeheethow RCMP Station

Box 690, 401-101 Indian Reserve
La Ronge, SK
S0J 1L0
Telephone: (306) 425-6453
Fax: (306) 425-6451

Prince Albert Aboriginal Resource Officer Program
Prince Albert Police Service
45-15th Street West
Prince Albert, SK
S6V 3P4
Telephone: (306) 953-4259
Fax: (306) 764-0011

Regina Aboriginal Resource Officer Program
Regina Police Service
Box 196
Regina, SK
S4P 2Z8
Telephone: (306) 777-6583
Fax: (306) 777-6387
or phone: (306) 777-6296

Saskatoon Aboriginal Resource Officer Program
Saskatoon Police Service
Box 1728
Saskatoon, SK
S7K 3R6
Telephone: (306) 975-8211
Fax: (306) 975-8410
or phone: (306) 975-8118

Yorkton Aboriginal Resource Officer Program
RCMP Yorkton City Detachment
37-3rd Avenue North
Yorkton, SK
S3N 1C1
Telephone: (306) 786-2416
Fax: (306) 786-2415

Central Authority for International Child Abduction

Policy, Planning & Evaluation Branch, Saskatchewan Justice

3rd Floor, 1874 Scarth Street
Regina, SK
S4P 3V7
Telephone: (306) 787-8954
Fax: (306) 787-9008
Email:
bpotruff@justice.gov.sk.ca

Provides co-ordination and support services to individuals and foreign jurisdictions in cases of international child abduction to or from Saskatchewan.

Child Find Saskatchewan

202-3502 Taylor Street East
Saskatoon, SK
S7H 5H9
Telephone: (306) 955-0070
Fax: (306) 373-1311
Email:
childsask@aol.com
Web Site:
www.childfind.sk.ca
Toll-Free: (800) 513-3463

Charitable organization founded in Saskatchewan in 1984. Reunites missing and abducted children with their lawful parent or guardian.

Children's Advocate Office

315-25th Street East
Saskatoon, SK
S7K 2H6
Telephone: (306) 933-6700
Fax: (306) 933-8406
Email:
childadvocate@saskcao.ca
Web Site:
www.saskcao.ca
Toll Free: (800) 322-7221

Is an officer of the Legislative Assembly, with the authority to protect the interests of, and act as a voice for, children who have concerns about provincial government services. The Children's Advocate engages in public education, works to

resolve disputes, and conducts independent investigations. The Children's Advocate also recommends improvements of programs for children to the government and/or the Legislative Assembly. Services include receiving, reviewing and investigating any matter related to government services affecting a child or group of children; negotiating, where appropriate, a non-adversarial resolution to matters raised; recommending changes to practices, policies and legislation to ensure and enhance the well-being of children; providing information to the community at large about child advocacy interests that promote the well-being of children and youth; advocating on behalf of the rights of children and youth as they are identified in legislation and in the United Nations Convention on the Rights of the Child; and referring children, youth and adults to appropriate contacts.

Dispute Resolution Office

Saskatchewan Justice
3rd Floor, 3085 Albert Street
Regina, SK
S4P 3V7

Telephone: (306) 787-5747
Fax: (306) 787-0088

Web Site:
www.saskjustice.gov.sk.ca

Mediation is provided either by mutual consent of the parties or by court order in the following areas: Family Law (custody, access, maintenance, division of marital assets/debt, estate issues); farmer/lender disputes under The Saskatchewan Farm Security Act, farm-related disputes, civil law

(environmental, commercial, community/neighbourhood, business and family partnership issues). Also provides training and facilitation services on a fee-for-service basis to interested individuals and government/non-government organizations in the areas of interest-based negotiation and collaborative problem-solving. Provides an initial mediation session at the close of pleadings in the Court of Queen's Bench (Regina, Saskatoon, Prince Albert and Swift Current only).

Elizabeth Fry Society of Saskatchewan

201-165-3rd Avenue South
Saskatoon, SK
S7K 1L8

Telephone: (306) 934-4606

Fax: (306) 652-2933

Email:
efry@sasktel.net
Web Site:
www.elizabethfrysask.org

Executive Director: Caroleen Wright

Provides support and information to women who are in conflict with the law or at risk of being in conflict. Develops public awareness and works toward reform in the criminal justice system. Offers courtworker assistance, programs for women in prison and public education about the woman offender. Offers support and information provincially and programming in Saskatoon.

Equal Justice for All

230 Avenue R South
Saskatoon, SK
S7M 2Z1

Telephone: (306) 653-6260

Fax: (306) 655-5895

Email:
ejainc@sasktel.net

Office Manager: Wayne Lauzon

(Note: When sending a fax please put Attention: Equal Justice For All). A Saskatoon-based, non-profit organization governed primarily by people who volunteer their services. Provides services free-of-charge to teach and assist people in obtaining appropriate benefits and rights. Participates in community development initiatives and networks with anti-poverty organizations and other community agencies that support people.

Family Justice Services

Offers a variety of services for people dealing with family law matters. While Family Justice Services does not provide lawyers or legal advice, it offers: public education and information about family law issues including brochures, self-help kits and parent education workshops; custody and access reports for use by the court; supervised access and exchange services; and child support guidelines information. Also runs the Support Variation Project, a pilot designed to help lower income individuals make changes to existing child support orders or agreements.

Regional Addresses

Saskatchewan Justice
700-224-4th Avenue South

HUMAN RIGHTS AND THE LAW

Saskatoon, SK
S7K 2H6
Telephone: (306) 933-5930
Fax: (306) 933-5535
Toll Free: (877) 964-5501

Saskatchewan Justice
323-3085 Albert Street
Regina, SK
S4P 3V7
Telephone: (306) 787-9416
Fax: (306) 787-0107
Toll Free: (888) 218-2822

Family Law Policy Development

Policy, Planning & Evaluation
Branch & Legislative Service
Saskatchewan Justice 3rd
Floor, 1874 Scarth Street
Regina, SK
S4P 3V7
Telephone: (306) 787-8954
Fax: (306) 787-9111
Legislative Services: (306)
787-8990
or phone: (306) 787-3481

The Department of Justice
carries responsibility for
general family law legislation
such as The Family Property
Act, The Children's Law Act,
The Family Maintenance Act
and federal/provincial relations
on family law developments
under The Divorce Act.

Fédération provinciale des Fransaskoises

240-3850 Hillsdale Street
Regina, SK
S4S 7J5
Telephone: (306) 569-1912
Email:
acf@sasktel.net

The voice of French-speaking
women in Saskatchewan,
addressing a wide variety of
issues concerning women

including communications,
health, new family structures,
financial autonomy, prevention
of violence, and education.

Film Classification Board

Saskatchewan Justice
5th Floor, 1919 Saskatchewan
Drive
Regina, SK
S4P 3V7
Telephone: (306) 787-5550
Fax: (306) 787-9779
Email:
consumerprotection@justice.gov.sk.ca
Web Site:
www.saskjustice.gov.sk.ca/film_&_vide
o/default.shtml
Toll Free;: (888) 374-4636

Responsible for classifying all
films and videos distributed
within Saskatchewan. Allows
the potential viewer the
opportunity to make an
informed choice as to whether
the product is suitable for them
or their children.

First Nations Caseworkers

Provides services to victims of
crime in local First Nations
communities.

Regional Addresses

Sturgeon Lake Management
Board
Box 3156
Prince Albert, SK
S6V 7M4
Telephone: (306) 953-4452

Mistawasis First Nations
Community Police Service
Box 250
Leask, SK
S0S 1M0
Telephone: (306) 466-4720

Pelican Narrows First Nations

Community Police Service
RCMP Pelican Narrows
Detachment, Box 40
Pelican Narrows, SK
S0P 0E0
Telephone: (306) 632-3300

Touchwood First Nations
Community Police Service
Touchwood Police
Management Board, Box 277
Punnichy, SK
S0A 3C0
Telephone: (306) 935-5205

Gay and Lesbian Health Services

203-220-3rd Avenue South
Box 8581
Saskatoon, SK
S7K 1M1
Telephone: (306) 665-1224
Fax: (306) 665-1280
Email:
info@glhs.ca
Web Site:
www.glhs.ca
Toll-Free: (800) 358-1833
Executive Director: Bruce
Garman
Business Manager: Bob Challis

Offers the following programs:
lesbian and gay peer
counselling/support/information
lines; drop-in centre;
community library/resource
centre; OPY group; Womyn's
Discussion group; Men's
Discussion group; educational
workshops; and social
activities.

International Caregivers of Regina

Telephone: (306) 585-3558
President: May Jaldon

Membership includes women
working as domestic
helpers/baby sitters.
Advocates, networks and

provides educational workshops to improve the skills of their members.

John Howard Society of Saskatchewan

2332-11th Avenue
Regina, SK
S4P 0K1
Telephone: (306) 757-6657
Fax: (306) 347-0707
Email:
jhs.sask@sasktel.net

Provides a vehicle and a forum for community participation in justice programming, as well as providing direct client services through four Saskatchewan offices.

Provides direct casework services to persons in the community and persons incarcerated; services to victims of crime; counselling services; Young Offenders alternative measures programming; Young Offenders day supervision programming; school-community liaison services.

Regional Addresses

72 High Street East
Moose Jaw, SK
S6H 0B8
Telephone: (306) 693-0777
Fax: (306) 692-7655
District Director: Carolyn Wright

202-220-3rd Avenue South
Saskatoon, SK
S7K 1M1
Telephone: (306) 244-8347
Fax: (306) 244-9923
District Director: Judith Ryan

Kanawayimik Child and Family Services, Inc.

Box 1270
91-23rd Street West
Battleford, SK
S0M 0E0
Telephone: (306) 445-3500
Fax: (306) 445-2533
Toll-Free: (888) 445-5262

An independent, non-political child welfare agency that provides child welfare and family services to Moosomin, Red Pheasant and Saulteaux First Nations. Provides a Family Violence Program; and Aboriginal Healing Foundation Project entitled "Healing Within The Circle". Three therapists offer counselling in all areas of healing and wellness.

Lawyer Referral Service

Telephone: (306) 359-1767
Web Site:
www.lawsociety.sk.ca
Toll Free: (800) 667-9886

Hours of operation: 8:45 a.m. to 12:00 p.m. or 1:30 p.m. to 4:30 p.m., Monday through Friday. A program provided by The Law Society of Saskatchewan to assist the public in contacting lawyers in their community who have expressed an interest in a particular area of law such as: administrative; agricultural; civil litigation; corporate and business; criminal; debtor/creditor and bankruptcy; environmental; estates, wills and trusts; family law and divorce; general practice; human rights; immigration; insurance and personal injury; landlord and tenant; mediation; medical malpractice; mining; municipal and planning; native; no fault insurance; oil and gas; patents, trademarks and copyright; real estate and

conveyancing; securities/business finance; and taxation.

Maintenance Enforcement Office (MEO)

(Child and Spousal Support)
Saskatchewan Justice
Box 2077
Regina, SK
S4P 4E8
Telephone: (306) 787-8961
Fax: (306) 787-1420
Toll-Free: (866) 229-9712

Registers court orders and agreements that provide for child and/or spousal maintenance. Once registered, MEO monitors files for payments and automatically takes enforcement action when necessary. Open to all Saskatchewan residents, regardless of economic status. Speakers available to address groups on request. InfoService provides information to the public and clients of MEO 24 hours a day, 7 days a week. In Regina call 787-9931; Toll-Free 1-866-247-7838.

Multicultural Council of Saskatchewan

369 Park Street
Regina, SK
S4N 5B2
Telephone: (306) 721-2767
Fax: (306) 721-3342

Email:
mcos@accesscomm.ca
Web Site:
www.mcos.sask.com
General Manager: Wade Luzny

Dedicated to advancing multiculturalism. Provincial contact and umbrella organization for ethnic and multicultural groups.

HUMAN RIGHTS AND THE LAW

Office of the Rentalsman Saskatchewan Justice

Provides advice to residential landlords and tenants about their rights and obligations. Adjudicates disputes between landlords and tenants. Toll Free fax number for both offices is 1-888-867-7776

Regional Addresses

Northern Office, Main Floor,
Sturdy Stone Building
122-3rd Avenue North
Saskatoon, SK
S7K 2H6

Telephone: (306) 933-5680
Fax: (306) 933-7030

Email:

webteam@justice.gov.sk.ca

Web Site:

www.saskjustice.gov.sk.ca/provmediation/rentalsman

Toll Free: (888) 215-2222

Southern Office
120-2151 Scarth Street
Regina, SK
S4P 3V7

Telephone: (306) 787-2699
Fax: (306) 787-5574

Email:

webteam@justice.gov.sk.ca

Web Site:

www.saskjustice.gov.sk.ca/provmediation/rentalsman

Toll Free: (888) 215-2222

Okimaw Ohci Healing Lodge

Maple Creek, SK
S0N 1N0

Telephone: (306) 662-4700

Facility designed specifically for the unique cultural needs of federally-sentenced Aboriginal women. Provides a setting that promotes healing within a structured and healthy environment. Healing and

Aboriginal teachings are the cornerstone of the programs at the Lodge. Will house up to 29 women.

Pine Grove Provincial Correctional Centre

Saskatchewan Corrections and
Public Safety

Box 3003

Prince Albert, SK

S6V 6G1

Telephone: (306) 953-3100

Fax: (306) 953-3108

The only provincial correctional centre for women in Saskatchewan, provides custodial services and re-integrative programs for offenders remanded into custody, serving provincial sentences of less than two years and serving federal terms of incarceration under an Exchange of Services Agreement with the Correctional Service of Canada. All programming is culturally relevant, gender specific and holistic in nature. Programs are offered in areas such as substance abuse; self-awareness; parenting; literacy/education; spiritually; and others which involve practical, hands-on job skills.

Police-Affiliated Victim Services

Saskatchewan Justice

Offer immediate and short-term support to victims of crime and traumatic events such as accidental death. Provide information; support; and referrals to other community agencies.

Regional Addresses

Battlefords Victim Services
RCMP Battlefords City
Detachment

1052-101st Street

North Battleford, SK

S9A 0Z3

Telephone: (306) 446-1550

Fax: (306) 446-1738

Buffalo Regional Victim
Services

RCMP Buffalo Narrows
Detachment

Box 9

Buffalo Narrows, SK

S0M 0J0

Telephone: (306) 235-4910

Fax: (306) 235-6662

Churchill River Regional Victim
Services

RCMP Beauval Detachment

Box 325

Beauval, SK

S0M 0G0

Telephone: (306) 288-6406

Fax: (306) 288-6454

La Loche Victim Services
Dene Kwan Building

Box 430

La Loche, SK

S0M 1G0

Telephone: (306) 822-1888

Fax: (306) 822-1787

Midwest Victim Services
RCMP Lloydminster
Detachment

Box 960, 4201-47th Avenue

Lloydminster, SK

S9V 0Y9

Telephone: (306) 825-1380

Fax: (306) 825-2388

Moose Jaw & District Victim
Services

Moose Jaw Police Service

21 Fairford Street West

Moose Jaw, SK

S6H 4P9

Telephone: (306) 694-7624

Fax: (306) 694-7610

Northeast Regional Victim Services
RCMP Tisdale Detachment
Box 99, 1302-102nd Street
Tisdale, SK
S0E 1T0
Telephone: (306) 878-3819
Fax: (306) 878-3813

Northern Region Victim Services
RCMP La Ronge Detachment
Box 690, 1603 Bay Avenue
La Ronge, SK
S0J 1L0
Telephone: (306) 425-4378
Fax: (306) 425-4226

Northwest Regional Victim Services
RCMP Meadow Lake Detachment
319-1st Avenue East
Meadow Lake, SK
S9X 1M8
Telephone: (306) 236-2599
Fax: (306) 236-2574

Parkland Victim Services
RCMP Yorkton City Detachment
37-3rd Avenue North
Yorkton, SK
S3N 1C1
Telephone: (306) 786-2408
Fax: (306) 786-2415

Prince Albert Regional Victim Services
RCMP Prince Albert Detachment
2020-9th Avenue West
Prince Albert, SK
S6V 6J7
Telephone: (306) 765-5574
Fax: (306) 765-5503

Prince Albert Victim Services
Prince Albert Police Service
45-15th Street West

Prince Albert, SK
S6V 3P4
Telephone: (306) 953-4357
Fax: (306) 764-0011

Regina Region Victim Services
RCMP Regina Detachment
6101 Dewdney Avenue, Bag
Service 2500
Regina, SK
S4P 3K7
Telephone: (306) 780-6694
Fax: (306) 780-5541

Regina Victim Services
Regina Police Service
1717 Osler Street, Box 196
Regina, SK
S4P 2Z8
Telephone: (306) 777-8660
Fax: (306) 777-6387

Saskatoon Victim Services
Saskatoon Police Service
Box 1728, 259B-3rd Avenue
South
Saskatoon, SK
S7K 3R6
Telephone: (306) 975-8400
Fax: (306) 975-8410

Southeast Regional Victim Services
Estevan Police Service
301-11th Avenue
Estevan, SK
S4A 1C7
Telephone: (306) 634-8040
Fax: (306) 634-7025

South West Victim Services
RCMP Swift Current Rural Detachment
Bag Service 5001, 50 George
Street West
Swift Current, SK
S9H 4Y2
Telephone: (306) 778-6565
Fax: (306) 778-5553

Property Guardian
Public Trustee Saskatchewan

Justice
1871 Smith Street
Regina, SK
S4P 3V7
Telephone: (306) 787-5424
Fax: (306) 787-5065
Email:
publictrustee@justice.gov.sk.ca
Web Site:
www.pgt.gov.sk.ca

Acts as property guardian for persons who are not capable of looking after their own income, expenses and assets. Also acts as trustee for children's money when there is no other trustee, and administers deceased estates when there is no other administrator.

Provincial Mediation Board
Saskatchewan Justice

Offers assistance to individuals with personal debt problems by reviewing their financial status, and providing directions and options to them. May arrange repayment plans with creditors. Toll Free fax number for both offices is 1-888-867-7776.

Regional Addresses

Southern Office
2151 Scarth Street
Regina, SK
S4P 3V7
Telephone: (306) 787-5387
Fax: (306) 787-5574
Email:
tchinn@justice.gov.sk.ca
Toll Free: (888) 215-2222

Northern Office
4th Floor, 201-21st Street East
Saskatoon, SK
S7K 2H6
Telephone: (306) 933-6520

HUMAN RIGHTS AND THE LAW

Fax: (306) 933-7530
Toll Free: (888) 215-2222

Provincial Ombudsman

150-2401 Saskatchewan Drive
Regina, SK
S4P 3V7
Telephone: (306) 787-6211
Fax: (306) 787-9090

Email:
ombreg@ombudsman.sk.ca
Toll Free: (800) 667-7180
Ombudsman: Ken Fenwick
Complaints Analyst: Gordon Mayer

Appointed by the Saskatchewan Legislature to investigate complaints of citizens regarding administrative decisions and acts of officials of provincial government departments, agencies, boards and commissions.

Regional Addresses

Saskatoon Office
315-25th Street East
Saskatoon, SK
S7K 2H6
Telephone: (306) 933-5500
Fax: (306) 933-8406
Email:
ombsktn@ombudsman.sk.ca
Toll Free: (800) 667-9787
Deputy Ombudsman: Joni Sereda

Public Legal Education Association

300-201-21st Street East
Saskatoon, SK
S7K 0B8
Telephone: (306) 653-1868
Fax: (306) 653-1869

Email:
plea@plea.org
Web Site:
www.plea.org

Offers a wide variety of free information related to law and the legal system. Publications, workshops and classes are available at no charge to groups, agencies or meetings.

Regina Children's Justice Centre

Telephone: (306) 777-8615
Fax: (306) 787-0562
Telephone: (306) 787-0553

Teams of police and Social Services protection staff work together to investigate allegations of child abuse in a welcoming and child-friendly environment.

Saskatchewan Aboriginal Courtworker Program

Saskatchewan Justice
6th Floor, 1874 Scarth Street
Regina, SK
S4P 3V7
Telephone: (306) 787-6470

Email:
can@sasktel.net

Toll-Free: (800) 514-5666

Ensures that Aboriginal adults charged with an offence, and youth alleged to have committed an offence or charged with an offence before the criminal courts, receive fair, just, equitable and culturally sensitive treatment. Provides an Aboriginal inclusive, community-based courtworker service utilizing 16 Carrier Agencies. (Agencies include First Nation, Metis Locals, Tribal Councils, Community Groups and Friendship Centres.)

Saskatchewan Coalition Against Racism

1136 Athol Street
Regina, SK

S4T 3C2
Telephone: (306) 352-4698
Email:
bobhughes_scar@yahoo.ca
President: Bob Hughes

Comprised of individuals and organizations interested in eliminating racism in Saskatchewan. Incorporated under The Non-Profit Corporations Act. Provides a forum for individuals, groups and organizations to combat racism. Advocates on behalf of individuals, groups and organizations struggling against racism. Promotes social action to change institutional practices and policies that are racist in nature. Promotes public awareness about racism.

Saskatchewan Human Rights Commission

Works to discourage and eliminate discrimination by investigating and resolving discrimination complaints, as well as through education and equity programs. Discrimination is prohibited on the basis of race, creed, religion, colour, sex, sexual orientation, family status, marital status, disability, age, nationality, ancestry, place of origin or receipt of public assistance. Discrimination on the basis of sex includes sexual harassment, and discrimination based on pregnancy and pregnancy-related illnesses.

Regional Addresses

Saskatoon Office
8th Floor, 122-3rd Avenue

North
Saskatoon, SK
S7K 2H6
Telephone: (306) 933-5952
Fax: (306) 933-7863
Email:
shrc@justice.gov.sk.ca
Web Site:
www.gov.sk.ca/shrc
Telewriter (for hearing impaired persons): (306) 373-2119
Toll Free (SK only): (800) 667-9249

Regina Office
3rd Floor, 1942 Hamilton Street
Regina, SK
S4P 3V7
Telephone: (306) 787-2530
Fax: (306) 787-0454
Email:
shrc@justice.gov.sk.ca
Web Site:
www.gov.sk.ca/shrc
Telewriter (for hearing impaired persons): (306) 787-8550
Toll Free (SK only): (800) 667-8577

Saskatchewan Legal Aid Commission

502-201-21st Street East
Saskatoon, SK
S7K 2H6
Telephone: (306) 933-5300
Fax: (306) 933-6764
Email:
central@legalaid.gov.sk.ca
Toll Free: (800) 667-3764

Through 13 offices located in the province, provides legal advice and information to persons unable to afford to pay for such services from their own financial resources. Services regarding young offenders, criminal and family law.

Saskatoon Centre for Children's Justice and Victim Services

Telephone: (306) 975-1414
Fax: (306) 975-1409

Provides a co-ordinated response to child abuse in a setting that protects and supports the child in a warm and respectful way. Teams, consisting of police officers, social workers and medical personnel, supported by a Crown prosecutor, Victims Services representatives and volunteers, provides the child with services at the Centre. Services include medical examination; investigative interviews; victims services; court services; referrals and other information.

Saskatoon Community Mediation Services

208-220-3rd Avenue South
Saskatoon, SK
S7K 1M1
Telephone: (306) 244-0440
Fax: (306) 244-0512
Email:
scms@sasktel.net
Web Site:
http://mediate.sasktelwebsite.net

Provides training and services in mediation, conflict resolution and restorative justice. Offers mediation services in various contexts including neighbour, victim/offender, parent/teen, and SGI personal injury.

Victim Services

Saskatchewan Justice
6th Floor, 1874 Scarth Street
Regina, SK
S4P 3V7
Telephone: (306) 787-3500
Fax: (306) 787-0081

Email:
victimservices@justice.gov.sk.ca
Web Site:
www.saskjustice.gov.sk.ca
TTY: (800) 787-3954

Improves the justice system's response to victims of crime by increasing public and professional understanding of victims' needs and by funding or delivering services to meet those needs. Grants compensation for reasonable expenses from criminal acts of personal violence. Compensation applications are available at the above address or from a local Victim Services funded agency. See "Police-affiliated Victims Services", "Victim/Witness Services", and "Aboriginal Resource Officer Programs" for a list of local programs.

Victim Witness Services Saskatchewan Justice

Helps victims going through the criminal justice process. Services include: court orientation that includes information about the courtroom setting, court processes and the roles of those in the criminal justice system; case information; prosecutor liaison; court accompaniment; safe, comfortable, private waiting rooms during court; and referrals. Services help to ensure that people who have suffered harm are well-informed and supported throughout the criminal justice process and that other professionals in the criminal justice system are informed of their needs.

HUMAN RIGHTS AND THE LAW

Regional Addresses

Prince Albert Prosecutions Unit
12th Floor, 800 Central Avenue
Box 3003
Prince Albert, SK
S6V 6Z2
Telephone: (306) 953-2798
Fax: (306) 953-2289

Regina Prosecutions Unit
910-1801 Hamilton Street
Regina, SK
S4P 4B4
Telephone: (306) 787-3883
Fax: (306) 787-8168

Saskatoon Prosecutions Unit
8th Floor, 224-4th Avenue
South
Saskatoon, SK
S7K 2H6
Telephone: (306) 933-5173
Fax: (306) 933-7665

Women's Community Training Residence

123 La Ronge Road
Saskatoon, SK
S7K 5T3
Telephone: (306) 933-6182
Fax: (306) 933-6183
Email:
gilsmith@sk.sympatico.ca
Contact: Beth Burnett-Figley

A minimum security facility for low-risk female offenders. Accepts women serving intermittent sentences, probation sentences or suitable transferees from Pine Grove Correctional Centre and women from Federal Institutions. Provides guidance, encourages self-responsibility and the development of healthy functional living skills. Links clients with various community resources. Benefits include education, personal

counselling, extended family contact, recreational and leisure time activities.

Women's Legal Education and Action Fund (LEAF) - Saskatchewan Branch

An affiliate of the national organization. Promotes equality for Canadian women through legal action and public education. Sponsors test cases in court to challenge discrimination against women.

Regional Addresses

LEAF
Saskatoon Branch
Box 7654
Saskatoon, SK
S7K 4R4
Telephone: (306) 244-6245
Contact: Ruth Welsh

LEAF
Regina Branch
1874 Scarth Street
Regina, SK
S4P 3V7
Telephone: (306) 787-6194
Fax: (306) 787-9008
Email:
vpicketts@justice.gov.sk.ca
Contact: Valerie Picketts

Young Offenders Programs

Saskatchewan Corrections and Public Safety
7th Floor, 1845 Scarth Street
Regina, SK
S4P 3V7
Telephone: (306) 787-4701
Fax: (306) 798-0012

Services to assist young offenders include counselling, education, training, work experience, alternatives to incarceration, alternative types

of custody and probation services.

Immigrant and Visible Minority Women

Congress of Black Women of Canada

2340 Angus Street
Regina, SK
S4T 2A4
Telephone: (306) 787-4554
Fax: (306) 787-8125
Email:
rberryman@cicorp.sk.ca
Home: (306) 585-3685
Secretary: Norma Berryman
(306) 585-3685

Dedicated to improving the welfare of Black women and their families, and bringing recognition to the role of Black women in Canadian society. Provides solidarity network for Black women. Defends and works to extend human rights. Provides educational programs. Liaises with other local, national and international organizations.

Immigrant & Refugee Settlement Agencies

Contact: Local Immigrant & Refugee Settlement Agencies

Provide a wide range of services to new Canadians, assisting them with settlement and integration into Canadian society. Services include resettlement assistance, language training, employment training, co-ordinating community programs and volunteer services.

Regional Addresses

Moose Jaw Multicultural Council
60 Athabasca Street East
Moose Jaw, SK
S6H 0L2
Telephone: (306) 693-4677
Fax: (306) 694-0477
Email:
mjmc@sasktel.net
Co-ordinator: Linda Dirkson

Prince Albert Multicultural Council-Settlement Agency
23-11th Street West
Prince Albert, SK
S6V 3A8
Telephone: (306) 922-0405
Fax: (306) 764-4880
Manager: Marge Nainaar

Regina Open Door Society
1855 Smith Street
Regina, SK
S4P 2N5
Telephone: (306) 352-3500
Fax: (306) 757-8166
Email:
rods.isap@accesscomm.ca
Director: Darcy Dietrich

Saskatoon Open Door Society
247 First Avenue North
Saskatoon, SK
S7K 1X2
Telephone: (306) 653-4464
Fax: (306) 653-4404
Email:
skopendoor@sasktel.net
Executive Director: Bertha Gana

Immigrant Women of Saskatchewan - Regina
2248 Lorne Street
Regina, SK
S4P 2M7
Telephone: (306) 359-6514
Fax: (306) 522-9959
Email:
iwsregina@accesscomm.ca
President: Ingrid Alesich

Operates a drop-in centre where conversation groups are held one evening a month over snacks and coffee; a catering service; provides one-on-one and group counselling and support for immigrant and ethno-cultural women and their families. In partnership with other community agencies conducts research in the area of healthcare, employment, family violence, and recreation. Conducts cross-cultural sensitivity workshops for community and government agencies. Can be contacted for train-the-trainer sessions on the newly developed Sexual Health Education for Immigrants model. Programs and services subject to change according to funding availability.

Immigrant Women of Saskatchewan - Saskatoon
412-230 Avenue R South
Saskatoon, SK
S7M 2Z1
Telephone: (306) 978-6611
Fax: (306) 978-6614
Email:
iws@saskatoon@sasktel.net
President: Parisa Sheermohammadi

Provides a drop-in centre; catering services and offers weekly English As A Second Language (ESL) classes. Currently working on Health & Poverty Reduction project; Youth Leadership and Toastmaster.

Immigrant, Refugee and Visible Minority Women of Saskatchewan
Provincial Chapter
2nd Floor, 2248 Lorne Street
Regina, SK

S4P 2M7
Telephone: (306) 359-6523
Fax: (306) 522-9952
Email:
irvm@accesscomm.ca
President: Anna Mambo
Provincial Co-ordinator: Erika Cancino

Works to raise public awareness about issues affecting immigrant, refugee and visible minority (IRVM) women. Promotes the participation of IRVM women in Canadian society. Provides education, counselling and language classes. Administers the Health of Immigrant Children Project. Undertakes research and public advocacy activities on issues concerning IRVM women. Networks with other equity seeking organizations. Offices in Moose Jaw, Regina, Saskatoon and Yorkton.

Indigenous Women of Saskatchewan
2124 Broad Street
Regina, SK
S4P 1Y5
Telephone: (306) 522-1066

A non-profit organization incorporated to rally provincial and federal governments for increased funding for culturally sensitive, gender specific programming in order to assist other Indigenous women's organizations and support groups throughout the province.

International Women of Swift Current
518 Stenson Place
Swift Current, SK
S9H 5B3
Telephone: (306) 773-1711

HUMAN RIGHTS AND THE LAW

Contact: Anne Moola
Contact: Bula Ghosh (306) 778-5477

A community-based woman's organization that provides a dynamic forum for social and cultural interaction from women of diverse backgrounds. Information is shared, friendships are forged, and community spirits awakened. They assist newcomers, especially immigrants, in their integration into the community.

International Women's Society of Moose Jaw

Moose Jaw, SK
Telephone: (306) 694-1879
Contact: Nazmia Bengelil

Plan programs in conjunction with Immigrant, Refugee and Visible Minority Women of Saskatchewan - Provincial Office. Programs cover various health issues of concern to immigrant mothers and children. Provides workshops and social activities.

National Organization of Immigrant and Visible Minority Women of Canada

2814 Staples Bay
Regina, SK
S4V 1W8
Telephone: (306) 586-7394
Saskatchewan Representative:
Winnifred George

Works to ensure equality for immigrant and visible minority women. Especially concerned with sexism, racism, poverty, isolation and violence. Liaises with other national groups and acts as an advocate. Endeavours to heighten public awareness. Works with

government and non-government agencies.

Women with Disabilities

DAWning Saskatoon

2113 Richardson Road
Saskatoon, SK
S7K 4K3
Telephone: (306) 382-6650

Email:
dawnsk@canada.com
Contact: Christine Malone

Member of DisAbled Women's Network (DAWN) Canada, which is a national organization comprised of women with disabilities. Works to help women with disabilities achieve control over their own lives and end the stereotype that they are burdens on society. DAWning Saskatoon is an opportunity for women with disabilities to come together and share experiences, gain support and have fun.

DisAbled Women's Network (DAWN) Saskatchewan

1940 McIntyre Street
Regina, SK
S4P 2R3
Telephone: (306) 586-8699
Fax: (306) 586-8699

Chairperson: Georgina Heselton

A provincial grassroots organization of and for women with disabilities. Main purpose is to improve the status of women with disabilities by promoting self-help through outreach, advocacy and educational activities. Addresses issues such as poverty, employment, violence, parenting, sexuality, self-

esteem, health, isolation, and access to women's services and the women's network. Works in coalition with other provincial, national and international organizations. Publishes a newsletter. Chapters in Moose Jaw, Regina and Saskatoon.

Office of Disability Issues

14th Floor, 1920 Broad Street
Regina, SK
S4P 3V6
Fax: (306) 798-0364

Email:
odi@dcre.gov.sk.ca
Web Site:
www.gov.sk.ca/odi/

Telephone/TTY: (306) 787-7283

Focal point for government initiatives on disabilities. Collaborates and partners with the disability community. Works with representatives of Aboriginal communities to address needs of Aboriginal persons with disabilities. Addresses life cycle and gender issues, including consideration of children and youth; women; and elderly persons with disabilities. Provides administrative support and co-ordination with the Saskatchewan Council on Disability Issues.

Saskatchewan Voice of People with Disabilities

984 Albert Street
Regina, SK
S4P 2P7
Telephone: (306) 569-3111
Fax: (306) 352-4818

Email:
voice@saskvoice.com
Web Site:
www.saskvoice.com

Executive Director: Bev

Duncan

The "Voice" is a self-help, cross disability consumer controlled organization that works on issues affecting the lives of all people with disabilities.

PARENTING AND FAMILY

Section 6

PARENTING AND FAMILY

The listings in this Section are grouped under the following headings:

- ▣ Children and Youth
- ▣ Family Life
- ▣ Family-Related Organizations

Children and Youth

Big Brothers Big Sisters of Canada

113E - 3228 South Service Road
Burlington, ON
L7N 3H8
Telephone: (905) 639-0461
Fax: (905) 639-0124
Web Site:
www.bbbsc.ca

Is a national organization comprised of over 170 member agencies servicing more than 300 communities, and is the leading child and youth serving organization providing mentoring programs across Canada. For over 80 years, they have made a difference in the lives of young people by providing a friend where one is needed. Men and women (age 18 or older) give of their time to become one-to-one mentors to a youngster who can greatly benefit from having an adult role model to look up to. In response to the different needs and demands of children, youth, and volunteers alike, they have created new programs to fit our changing society. Couples for Kids,

Cross Gender Matching, Internet Mentoring, In-School Mentoring, BIG/bunch and Kids 'n' Kops group programs (for those kids on the waiting lists), and the new Life Skills Program all provide a variety of opportunities for volunteering and support to children and youth.

Regional Addresses

Big Brothers/Big Sisters of Humboldt
Box 501
Humboldt, SK
S0K 2A0
Telephone: (306) 682-2829
Email:
bbbsofhumboldt@aol.com

Big Brothers/Big Sisters of Battlefords
1372-103rd Street
North Battleford, SK
S9A 1L1
Telephone: (306) 445-7845
Email:
bbbsnb@aol.com

Big Sisters/Big Brothers of Prince Albert & District
129-11th Street East
Prince Albert, SK
S6V 1A2
Telephone: (306) 922-1299
Email:
pasis&bros@inet2000.com

YWCA Big Sisters of Regina
1940 McIntyre Street
Regina, SK
S4P 2R3
Telephone: (306) 525-2141
Email:
lindsay@ywca.regina.sk.ca
Web Site:
www.nonprofits.accesscomm.ca/ywca/index.html

Big Brothers of Regina
452 Albert Street North

Regina, SK
S4R 3C1
Telephone: (306) 757-3900
Email:
programs.rbba@accesscomm.ca
Web Site:
www.bigbrothersofregina.com

Big Brothers of Saskatoon
106-33rd Street East
Saskatoon, SK
S7K 0S2
Telephone: (306) 244-8197
Email:
bbrother@saskatoonbigbrothers.org
Web Site:
www.saskatoonbigbrothers.org

Big Brothers/Big Sisters of Swift Current
Box 2071
Swift Current, SK
S9H 4V1
Telephone: (306) 773-1643
Email:
scbbbs@sasktel.net
Web Site:
www.t2.net/big-brother

Big Brothers/Big Sisters of Weyburn
Box 942
Weyburn, SK
S4H 2L2
Telephone: (306) 842-4050
Email:
weybbbs@aol.com

Big Brothers/Big Sisters of Yorkton
83 North Street
Yorkton, SK
S3N 0G9
Telephone: (306) 782-3471
Email:
bbbsyorkton@sasktel.net
Web Site:
www.bbbsyorkton.com

Child and Family Services Saskatchewan Community Resources & Employment

Web Site:
www.dcre.gov.sk.ca/services/famyouth

Services include: offering programs in domestic adoption, assisted adoption, intercountry adoption, and post-adoption; child nutrition and development; teen and young parent; foster care; KidsFirst; and support a variety of family violence initiatives.

Regional Addresses

Community Resources & Employment
Box 220
Buffalo Narrows, SK
S0M 0J0
Fax: (306) 235-1794
Toll-Free: (800) 667-7685

Community Resources & Employment
Box 10
1st Street East
Creighton, SK
S0P 0A0
Fax: (306) 688-3375
Toll-Free: (800) 532-9580

Community Resources & Employment
Box 5000-190
1219-5th Street
Estevan, SK
S4A 2V6
Telephone: (306) 637-4550
Fax: (306) 637-4552

Community Resources & Employment
Box 1400
177 Segwun Avenue South
Fort Qu'Appelle, SK
S0G 1S0
Fax: (306) 332-3276
Toll-Free: (800) 667-3260

Community Resources & Employment
113-2nd Avenue East
Kindersley, SK

S0L 1S0
Telephone: (306) 463-5470
Fax: (306) 463-5477

Community Resources & Employment
Box 70
La Loche, SK
S0M 1G0
Fax: (306) 822-1734
Toll-Free: (877) 371-1131

Community Resources & Employment
Box 359
1320 La Ronge Avenue
La Ronge, SK
S0J 1L0
Fax: (306) 425-4568
Toll-Free: (800) 567-4066

Community Resources & Employment
4815-50th Street
Lloydminster, SK
S9V 0M8
Fax: (306) 825-6415
Toll-Free: (877) 367-7707

Community Resources & Employment
Unit 5, 101 Railway Place
Meadow Lake, SK
S9X 1X6
Fax: (306) 236-7533
Toll-Free: (877) 368-8898

Community Resources & Employment
107 Crawford Avenue East
Melfort, SK
S0E 1A0
Fax: (306) 752-6200
Toll-Free: (800) 487-8640

Community Resources & Employment
36 Athabasca Street West
Moose Jaw, SK
S6H 6V2
Telephone: (306) 694-3647

Fax: (306) 694-3657

Community Resources & Employment
210-1st Street East
Nipawin, SK
S0E 1E0
Fax: (306) 862-1731
Toll-Free: (800) 487-8594

Community Resources & Employment
405-1146-102nd Street
North Battleford, SK
S9A 1E9
Fax: (306) 446-7525
Toll-Free: (877) 993-9911

Community Resources & Employment
Box 3003
800 Central Avenue
Prince Albert, SK
S6V 6G1
Fax: (306) 953-2589
Toll-Free: (800) 487-8603

Community Resources & Employment
2045 Broad Street
Regina, SK
S4P 3V7
Telephone: (306) 787-3700
Fax: (306) 787-4940

Community Resources & Employment
122-2nd Avenue West
Rosetown, SK
S0L 2V0
Telephone: (306) 882-5400
Fax: (306) 882-5473

Community Resources & Employment
122-3rd Avenue North
Saskatoon, SK
S7K 2H6
Telephone: (306) 933-6300
Fax: (306) 933-6011

Community Resources &

PARENTING AND FAMILY

Employment
Midtown Village/Income
Security
220 Idylwyld Drive South
Saskatoon, SK
S7K 2H6
Telephone: (306) 933-5960
Fax: (306) 933-8039
Toll-Free: (877) 884-1687

Community Resources &
Employment
Box 5000
350 Cheadle Street West
Swift Current, SK
S9H 4G3
Telephone: (306) 778-8230
Fax: (306) 778-8946

Community Resources &
Employment
110 Souris Avenue North East
Weyburn, SK
S4H 2Z9
Telephone: (306) 848-2404
Fax: (306) 848-2477

Community Resources &
Employment
Box 219
400A Avenue D West
Wynyard, SK
S0A 4T0
Fax: (306) 554-5454
Toll-Free: (866) 287-7747

Community Resources &
Employment
72 Smith Street East
Yorkton, SK
S3N 2Y4
Fax: (306) 786-1305
Toll-Free: (877) 786-3288

**Child Care Centres and
Family Child Care Homes**
Child Day Care Branch Central
Administration Office
Community Resources &
Employment 11th Floor, 1920
Broad St.

Regina, SK
S4P 3V6
Telephone: (306) 787-7467
Fax: (306) 789-0278

Licenses child care centres
and family child care homes.
For assistance in opening a
child care service, or questions
about quality of service, call
the regional office in your
area. Can also provide
information about the
availability of special services
such as crisis nurseries, 24-
hour child care, and child care
to assist teen moms to stay in
school.

Regional Addresses

Child Care Subsidy Office
Saskatchewan Community
Resources & Employment
2151 Scarth Street
Regina, SK
S4P 3V7
Telephone: (306) 787-4114
Fax: (306) 787-4155
Toll Free: (800) 667-7155

Southwest Regional Office -
Child Day Care Branch
Saskatchewan Community
Resources & Employment
2045 Broad Street
Regina, SK
S4P 3V6
Telephone: (306) 787-4980
Fax: (306) 787-5559

Southeast Regional Office -
Child Day Care Branch
Saskatchewan Community
Resources & Employment
72 Smith Street East
Yorkton, SK
S3N 2Y4
Telephone: (306) 786-1386
Fax: (306) 786-1305

Centre Regional Office - Child

Day Care Branch
Saskatchewan Community
Resources & Employment
122-3rd Avenue North
Saskatoon, SK
S7K 2H6
Telephone: (306) 933-6071
Fax: (306) 933-5971

Northeast Regional Office -
Child Day Care Branch
Saskatchewan Community
Resources & Employment
Box 3003
Prince Albert, SK
S6V 4V1
Telephone: (306) 953-2668
Fax: (306) 953-3279

Northwest Regional Office -
Child Day Care Branch
Saskatchewan Community
Resources & Employment
405-1146-102nd Street
North Battleford, SK
S9A 1E9
Telephone: (306) 446-7673
Fax: (306) 446-8765

Child Care Subsidies

Income Security Community
Resources & Employment
2151 Scarth Street
Regina, SK
S4P 3V7
Telephone: (306) 787-4114
Fax: (306) 787-4155
Toll Free: (800) 667-7155

Provides information regarding
child care subsidies. Income
tested subsidies are provided
to assist low-income parents to
use child care while they are
working, attending formal
education, or dealing with
some other special need.

Children's Advocate Office

315-25th Street East
Saskatoon, SK
S7K 2H6

Telephone: (306) 933-6700
Fax: (306) 933-8406
Email:
childadvocate@saskcao.ca
Web Site:
www.saskcao.ca
Toll Free: (800) 322-7221

Is an officer of the Legislative Assembly, with the authority to protect the interests of, and act as a voice for, children who have concerns about provincial government services. The Children's Advocate engages in public education, works to resolve disputes, and conducts independent investigations. The Children's Advocate also recommends improvements of programs for children to the government and/or the Legislative Assembly. Services include receiving, reviewing and investigating any matter related to government services affecting a child or group of children; negotiating, where appropriate, a non-adversarial resolution to matters raised; recommending changes to practices, policies and legislation to ensure and enhance the well-being of children; providing information to the community at large about child advocacy interests that promote the well-being of children and youth; advocating on behalf of the rights of children and youth as they are identified in legislation and in the United Nations Convention on the Rights of the Child; and referring children, youth and adults to appropriate contacts.

Children's Haven Child Crisis Centre

Native Co-ordinating Council
3 Elmwood Avenue
Prince Albert, SK

S6V 7Z1
Telephone: (306) 922-4454
Fax: (306) 922-5779
Crisis Line: (306) 922-4453
Program Supervisor: Lynda Douglas

Provides 24-hour crisis intervention for families and an emergency shelter for children. Crisis counselling and referral to other agencies are provided to both parents and children.

Cornwall Alternative School

40 Dixon Crescent
Regina, SK
S4N 1V4
Telephone: (306) 522-0044
Fax: (306) 359-0720
Principal/Executive Director:
Eunice Cameron

An alternative educational opportunity for students who are at risk of not completing their high school education.

Emphasis is on educational, social and emotional development. Students aged 12-16 are offered academics, as well as survival skills, physical education and a lunch program.

Farm Safety for Children

Saskatchewan Safety Council
445 Hoffer Drive
Regina, SK
S4N 6E2
Telephone: (306) 757-3197
Fax: (306) 569-1907
Web Site:
www.sasksafety.org
Contact: Judy George

Develops and delivers farm safety presentations to schools, daycares and 4-H

clubs across the province.

Gemma House

Salvation Army
3820 Hill Avenue
Regina, SK
S4S 0X5
Telephone: (306) 586-5388
Fax: (306) 586-0056
Executive Director: Major Cheryl Davis
Program Director: Susan Ballentyne

A Residential Care Facility for a maximum of eight teenage girls 12 to 15 years of age. Provides a temporary care/treatment program for youth experiencing behavioural and/or emotional difficulties. The length of admission is normally six to eight months. The aim of the program is assessment, stabilization and intervention, with the hope of returning the resident to the family home. If the family home is assessed as not being an option, then the resident will be placed in another suitable community resource upon completion of the program.

Rainbow Youth Centre

977 McTavish Street
Regina, SK
S4T 3V2
Telephone: (306) 757-9743
Fax: (306) 757-9759
Email:
rainbow@accesscomm.ca
Web Site:
www.rainbowyouth.com
Contact: Danielle Pass

Regina's only multi-service centre for youth providing a complex of easily accessible, integrated services designed to meet the multiple needs of youth aged 11-19 (specialized

PARENTING AND FAMILY

programming for adults aged 20-25). Programs provide counselling, skill development, education, arts, culture, social activities and recreation for youth. Most programs are preventative, offering education, skill-building and support. Individual counselling and social/life skills training is also available for high needs youth.

Youth Workers are specially trained to work with adolescents in a variety of areas such as suicide and other crisis intervention; at-risk and victimized female adolescents; conflict with the law; chemical dependency; teen parenthood and pregnancy. Rainbow is also a setting for youth to socialize and have fun.

Saskatchewan Early Childhood Association (SECA)

510 Cynthia Street
Saskatoon, SK
S7L 7K7
Telephone: (306) 975-0875
Fax: (306) 242-8007
Email:
saskcare@sasktel.net
Contact: Gail Duncombe

A non-profit membership organization which strives to ensure families in Saskatchewan have high quality child care options from which to choose. Works with the government on policy issues which affect child care, specifically the regulation of licensed care. Facilitates professional development in the child care field, and works to raise the status of the child

care profession in Saskatchewan. Publishes a newsletter, and provides to its members, opportunities to attend workshops, retreat, conferences and use resource materials. Provides brochures and website to help parents choose high quality child care.

SCEP Centre

3105-4th Avenue North
Regina, SK
S4R 0V2
Telephone: (306) 543-6944
Fax: (306) 545-0199
Email:
scepcentre@sasktel.net
Executive Director: Patricia B. Clark, B.A., M.Ed.
Parent Services Co-ordinator:
M. Carol Gardner

A comprehensive remedial program for families with young children who have communication and behaviour problems. For the children, there is a day program with intensive, individualized services. Assessment is part of each enrollment. For the caregivers, including parents, parent aides, day care staff and others, SCEP provides advice, home programs and parenting education, both individually and in a parent group. SCEP staff have developed collaborative training programs for child care staff working with certain special needs children in child care settings. Further, SCEP offers hands-on training to students from the university and from SIAST, and to community volunteers.

The program emphasizes respect and nurturing for the

whole child. An interdisciplinary staff demonstrate and teach communication, social-emotional and pre-academic skills to children, and specialized SCEP methods to adults.

Family Life

Aboriginal Family Service Centre

2910-5th Avenue
Regina, SK
S4T 0L3
Telephone: (306) 525-4161
Fax: (306) 525-1283
Email:
afsc@accesscomm.ca
Contact: Lorna Blind

Dedicated to providing services that support and empower families, children and youth to attain a healthy lifestyle in the many aspects of their life; including the home, work/job, education/training, spiritual and recreational. Provides in-home support crisis intervention and advocacy for families and their children dealing with child protection concerns.

Aboriginal Friendship Centres of Saskatchewan

1138 Dewdney Avenue East
Regina, SK
S4N 0E2
Telephone: (306) 352-8586
Fax: (306) 352-8590
Email:
afcs.pa@sasktel.net
Web Site:
www.afcs.com

Represents 12 Friendship Centres in the province. Controlled by a board of directors consisting of two

representatives from each participating Friendship Centre along with an elected Executive Committee. Promotes the goals and objectives of its member Friendship Centres and the well-being of the Aboriginal people of Saskatchewan.

Regional Addresses

Sipishik Friendship Centre
Box 19
Beauval, SK
S0M 0G0
Telephone: (306) 288-2110
Fax: (306) 288-2236
Email:
sipishik@sasktel.net
Web Site:
www.afcs.com/beauval

Buffalo Narrows Friendship Centre
Box 189
Buffalo Narrows, SK
S0M 0J0
Telephone: (306) 235-4633
Fax: (306) 235-4544
Email:
bnfc@sasktel.net
Web Site:
www.afcs.com/buffalonnarrows

Moose Mountain Friendship Centre
Box 337
Carlyle, SK
S0C 0R0
Telephone: (306) 453-2425
Fax: (306) 453-6777
Email:
moosemntfc@sasktel.net
Web Site:
www.afcs.com/mmfcc

Qu'Appelle Valley Friendship Centre
Box 240
Fort Qu'Appelle, SK
S0G 1S0
Telephone: (306) 332-5616

Fax: (306) 332-5091
Email:
reception@qvfc.ca
Web Site:
www.afcs.com/qvfc

Ile-a-la Crosse Friendship Centre
Box 160
Ile-a-la Crosse, SK
S0M 1C0
Telephone: (306) 833-2313
Fax: (306) 833-2216
Email:
ilx.friendctr.inc@sasktel.net
Web Site:
www.afcs.com/ilealacrosse

La Loche Friendship Centre
Box 430
La Loche, SK
S0M 1G0
Telephone: (306) 822-1772
Fax: (306) 822-1787
Web Site:
www.afcs.com/laloch

Kikinahk Friendship Centre
Box 254
La Ronge, SK
S0J 1L0
Telephone: (306) 425-2051
Fax: (306) 425-3359
Email:
kikinahk@kikinahk.com
Web Site:
www.afcs.com/kikinahk.html

Northwest Friendship Centre
Box 1780
Meadow Lake, SK
S0M 1V0
Telephone: (306) 236-3766
Fax: (306) 236-5451
Email:
mlkfc@sasktel.net
Web Site:
www.afcs.com/meadowlake

Battlefords Friendship Centre
960-103rd Street
North Battleford, SK
S9A 1K2
Telephone: (306) 445-8216

Fax: (306) 445-6863
Email:
nbfc@sasktel.net
Web Site:
www.afcs.com/battleford

Prince Albert Indian & Metis Friendship Centre
94-15th Street East
Prince Albert, SK
S6V 1E8
Telephone: (306) 764-3431
Fax: (306) 764-3205
Email:
paimfc.belinda@sasktel.net
Web Site:
www.afcs.com/princealbert

Regina Friendship Centre
3100 Dewdney Avenue
Regina, SK
S4T 0Y7
Telephone: (306) 525-5459
Fax: (306) 525-3005
Email:
rfcc@sasktel.net
Web Site:
www.afcs.com/regina

Saskatoon Indian and Metis Friendship Centre
168 Wall Street
Saskatoon, SK
S7K 1N4
Telephone: (306) 244-0174
Fax: (306) 664-2536
Email:
mvhenderson@hotmail.com
Web Site:
www.afcs.com/saskatoon

Yorkton Friendship Centre
139 Dominion Avenue
Yorkton, SK
S3N 1S3
Telephone: (306) 782-2822
Fax: (306) 782-6662
Web Site:
www.afcs.com/yorkton

Bethany Home
Salvation Army
802 Queen Street
Saskatoon, SK

PARENTING AND FAMILY

S7K 0N1
Telephone: (306) 244-6758
Fax: (306) 244-6282
Executive Director: Captain
Goldie Wheaton

Provides a safe, stable residential setting for female youth in crisis; pregnant and parenting mothers and their children. Independent living skills, support and counselling are available in all areas. Open to all women regardless of race, colour, creed, religion or age.

Catholic Family Services

449 Broad Street North
Regina, SK
S4R 2X8
Telephone: (306) 525-0521
Fax: (306) 522-3775
Email:
cfsregina@sasktel.net
Web Site:
www.cfsregina.ca
Executive Director: David Sax

Provides counselling for children, adults and families. Offers teen parent program and family life education program. Works with Employee Assistance Programs. Open to people of all religious backgrounds.

Catholic Family Services of Prince Albert

1-101-15th Street East
Prince Albert, SK
S6V 1G1
Telephone: (306) 922-3202
Fax: (306) 922-7977
Email:
cfspa@sk.sympatico.ca
Executive Director: Louise
Zurowski

Provides counselling for individuals, families, couples

and children. Family education and personal growth programs cover topics such as parenting, self-esteem, anger management, etc. Fees for counselling are based on a sliding scale and ability to pay and is available to all regardless of race, religion and age.

Catholic Family Services of Saskatoon

200-506-25th Street East
Saskatoon, SK
S7K 4A7
Telephone: (306) 244-7773
Fax: (306) 244-8537
Email:
staff@cfssaskatoon.sk.ca
Web Site:
www.cfssaskatoon.sk.ca
Executive Director: Rhonda
Gough

Provides counselling for individuals, couples and families. Offers the following programs: employee and family assistance; family to family ties; work and family wellness and teen parent. Provides family life and children's services; groups for children and their families; and a child care centre. Open to people from all religious backgrounds.

Catholic Family Services of the Battlefords Inc.

Box 373
102-1272-101st Street
North Battleford, SK
S9A 2Y3
Telephone: (306) 445-6960
Fax: (306) 445-0434
Email:
battlefords.cfs@sasktel.net
Executive Director/Counsellor:
Karen Richard, B.S.W., R.S.W.
(SK)

Provides individual, marriage, family and school-based counselling. Offers preventative/educational courses aimed at providing families with the knowledge and skills to enable them to deal with potential problems and crises. Works with the community to develop programs which address the needs of specific groups in need of self-help and mutual aid. Goals are to strengthen family life; prevent family breakdown; counsel individuals to wholeness; and build a healthy community.

Child and Family Enhancement Program

Metis Nation of Saskatchewan
Eastern Region II
Box 158
Archerwill, SK
S0E 0B0
Telephone: (306) 323-4866
Fax: (306) 323-4520
Email:
er2.03@sasktel.net
or phone: (306) 323-4244
Toll Free: (877) 264-9428

Offers a Parent Aid Program; crisis intervention; parenting workshops and classes; parent support groups; collective kitchens; community gardens; family counselling; and training and employment counselling.

Christian Counselling Services

1125 Louise Avenue
Saskatoon, SK
S7H 2P8
Telephone: (306) 244-9890
Fax: (306) 244-9987
Email:
chcounselling@sasktel.net
Web Site:
www.christiancounselling.net

Adoption and Pregnancy
Counselling: (306) 244-9836

Provides individual counselling
for children and adults,
marriage and family
counselling, open adoption and
crisis pregnancy counselling,
addiction and grief counselling.

Circle Project

2-1102-8th Avenue
Regina, SK
S4R 1C9
Telephone: (306) 347-7515
Fax: (306) 347-7519
Director: Ann Perry

Provides support and programs
based on the Aboriginal vision
of wholeness, balance and
healing. By promoting positive
human development we
encourage people to help
themselves through education,
cultural awareness, family and
community.

Community Family Resource Centre

Box 151
Lestock, SK
S0A 2G0
Telephone: (306) 274-2221
Fax: (306) 274-4891
Director: Terri Pearce

Works with elderly, adults,
youth and children. Operates
Fine Options Program.
Provides: family support
services; information,
counselling and referrals on
education, employment,
housing and other concerns;
programs ranging from nutrition
to self development; drop-in
services; home visits; AA &
Addictions counselling; and
practical assistance regarding
tax forms, official forms and
procedures.

Community Living Division

Saskatchewan Community
Resources & Employment
Web Site:
www.dcre.gov.sk.ca

Works with people with
intellectual disabilities and
helps them access a variety of
community-based services.
Main objective is to ensure that
physical, emotional, and social
needs are met and that people
with intellectual disabilities live
and function as independently
as possible within their own
communities. Services
include: social work case
management; program
development; family support;
developmental and functional
life skills;
employment/transitional
training; and acts as a liaison
with community-based
organizations.

Regional Addresses

Estevan, SK
Telephone: (306) 637-4568

La Ronge, SK
Telephone: (306) 425-4357

Lloydminster, SK
Telephone: (306) 825-6468

Meadow Lake, SK
Telephone: (306) 236-7500

Melfort, SK
Telephone: (306) 752-6288

Moose Jaw, SK
Telephone: (306) 694-3800
Fax: (306) 694-3842

Nipawin, SK
Telephone: (306) 862-1705

North Battleford, SK

Telephone: (306) 446-7535

Prince Albert, SK
Telephone: (306) 953-2668

Regina, SK
Telephone: (306) 787-3848

Rosetown, SK
Telephone: (306) 882-5400

Saskatoon, SK
Telephone: (306) 933-6300

Swift Current, SK
Telephone: (306) 778-8219

Weyburn, SK
Telephone: (306) 848-2421

Yorkton, SK
Fax: (306) 786-1305

Dundurn Military Family Resource Centre

17 Wing Detachment Dundurn
Dundurn, SK
S0K 0K1
Telephone: (306) 492-2135
Fax: (306) 492-2051

Email:
info@dmfrc-inc.com
Web Site:
www.dmfrc-inc.com
Executive Director: Tammy
Leach

Provides access to information
resources through delivery of
high quality programs and
services which meet the
unique needs of CF members
and their families in Central
and Northern Saskatchewan.
Services include:
Child and Youth Development
and Parenting Support;
Activities and Initiatives for
Children and Youth;
Parent/Caregiver Education
and Support; Emergency Child
Care; Child Care Centre; Come
'N' Play.

PARENTING AND FAMILY

Prevention, Support and Intervention: Education and Prevention; Self-Help Groups; Assessment and Referral; Short-Term Intervention and Crisis Support.

Family Separation and Reunion: Outreach, Information, Support and Assistance to CF Family Members.

Personal Development and Community Integration: Welcome and Community Orientation; Information and Referral; Employment and Education Assistance; Personal Growth and Development; Second Language Services.

Early Childhood Intervention Program (ECIP) Sask. Inc.

2902 Harding Street
Regina, SK
S4V 0Y4

Telephone: (306) 789-3637
Fax: (306) 789-3639

Email:
arlene.nicol@sasktel.net

Provincial Co-ordinator: Arlene Nicol

Promotes and fosters the general welfare and individual rights of children; and the development of high quality childhood intervention services for children from birth to five years of age, who are at risk of developmental delay. Advises and consults on matters of early childhood home-based service development. Develops, implements, maintains and monitors early childhood intervention services, policies, practices program standards and guidelines. Represents the

interests of early childhood intervention services to the Government of Saskatchewan and other related service providers. Conducts and/or facilitates program evaluation of, and research in, the area of early childhood intervention home-based services. Identifies, develops and implements training programs for boards and staff.

Regional Addresses

Wecihik Awasisak Early Childhood Intervention Program

Box 219
Ile a la Crosse, SK
S0M 1C0
Telephone: (306) 833-2595
Fax: (306) 833-2436

Email:
wec.ecip@sasktel.net
Executive Director: Ruby Jones

West Central Early Childhood Intervention Program
125-1st Avenue East
Box 775

Kindersley, SK
S0L 1S0
Telephone: (306) 463-6822
Fax: (306) 463-6898

Email:
westcentralecip@sasktel.net
Executive Director: Arlene Goosen

Children North Early Childhood Intervention Program
Box 925

La Ronge, SK
S0J 1L0
Telephone: (306) 425-3777
Fax: (306) 425-1350

Email:
deb.menz@mcrha.sk.ca
Executive Director: Debra Menz

Lloydminster Early Intervention Childhood Program
101-5101-48th Street
Lloydminster, AB
T9V 0H9

Telephone: (780) 875-5347
Fax: (780) 875-4354

Email:
lloydei@telus.net
Executive Director: Sherri Husch-Foote

Meadow Lake Early Childhood Intervention Program
201-4th Avenue East
Box 2368

Meadow Lake, SK
S9X 1Z5
Telephone: (306) 236-4247
Fax: (306) 236-1479

Email:
meadowlake.ecip@sasktel.net
Executive Director: Judy Okanee

South Central Early Childhood Intervention Program
37-1322-11th Avenue North
West

Moose Jaw, SK
S6H 4L9
Telephone: (306) 692-2616
Fax: (306) 692-2377

Email:
erin.ecip@sasktel.net
Executive Director: Samantha Piller

Battlefords Early Childhood Intervention Program
891-99th Street
Box 1297

North Battleford, SK
S9A 3L8
Telephone: (306) 446-4545
Fax: (306) 446-0575

Email:
becip@sasktel.net
Executive Director: Colleen Sabraw

Prince Albert Early Childhood

Intervention Program
3041 Sherman Drive
Prince Albert, SK
S6V 7B7
Telephone: (306) 922-3247
Fax: (306) 763-5244
Email:
amcintosh.paecip@sasktel.net
Executive Director: Anne
McIntosh

South East Early Childhood
Intervention Program
14 Broadway
Box 110
Redvers, SK
S0C 2H0
Telephone: (306) 452-3730
Fax: (306) 452-3770
Email:
southeastecip@sasktel.net
Executive Director: Cheryl
Blezy

Regina Early Childhood
Intervention Program
305-1102-8th Avenue
Regina, SK
S4R 1C9
Telephone: (306) 347-5021
Email:
ecip.rr@sasktel.net
Executive Director: Debra
MacDonald

Alvin Buckwold/Prairie Hills
Early Childhood Intervention
Program
Kinsmen Children's Centre
1319 Colony Street
Saskatoon, SK
S7N 2Z1
Telephone: (306) 655-1083
Fax: (306) 655-1449
Email:
corrie.melville@saskatoonhealthregio
n.ca
Executive Director: Corrie
Melville

Swift Current Early Childhood
Intervention Program

350 Cheadle Street West
Box 486
Swift Current, SK
S9H 3W3
Telephone: (306) 773-3600
Fax: (306) 778-6633
Email:
swiftcurrentecip@sasktel.net
Executive Director: Jamie
Peterson

North East Early Childhood
Intervention Program
610-100A Street
Box 1675
Tisdale, SK
S0E 1T0
Telephone: (306) 873-3411
Fax: (306) 873-3452
Email:
neecip@sasktel.net
Executive Director: Faye Goos

Weyburn & Area Early
Childhood Intervention
Program
Box 746
Weyburn, SK
S4H 2K8
Telephone: (306) 842-2686
Fax: (306) 842-0723
Email:
wecip@sasktel.net
Executive Director: Ruth
Barker

Parkland Early Childhood
Intervention Program
83 North Street
Yorkton, SK
S3N 0G9
Telephone: (306) 786-6988
Fax: (306) 786-7116
Email:
parklandecip@sasktel.net
A/Executive Director: Michelle
Yaschuk

Family Futures Program
1895 Central Avenue
Prince Albert, SK
S6V 4W8

Telephone: (306) 763-0760
Fax: (306) 763-1430
Email:
familyfutures@sasktel.net
Contact: Kate O'Brodivich

With sponsorship from Canada
Prenatal Nutrition Program,
Community Action Program for
Children and Successful
Mothers Support Program,
provides services to pregnant
women and their families, in
order to enhance their total
health and well-being.

Family Service Regina

2020 Halifax Street
Regina, SK
S4P 1T7
Telephone: (306) 757-6675
Fax: (306) 757-0133
Email:
fsr@sasktel.net
Web Site:
www.familyserviceregina.com
Executive Director: Shellie
Pociuk

Provides counselling; teen
parent program; women's
support group for victims of
domestic violence; domestic
violence early intervention
project; mediation services;
and an employee and family
assistance program. Also
offers parenting and
personal/professional
development workshops.

Family Service Saskatoon

102-506-25th Street East
Saskatoon, SK
S7K 4A7
Telephone: (306) 244-0127
Fax: (306) 244-1201
Email:
info@familyservice.sk.ca
Executive Director: Klaus
Gruber

PARENTING AND FAMILY

Offers family, individual, couple and group counselling for individual, marital and parenting issues. Offers teen parent counselling and support. Provides education and support groups for women and children living in situations of domestic violence. Offers a variety of family life education programs, including marriage preparation, assertiveness and groups on women's issues.

Grace Haven

Salvation Army
2929-26th Avenue
Regina, SK
S4S 7A7
Telephone: (306) 352-1421
Fax: (306) 352-8908
Executive Director: Major Cheryl Davis
Program Director: Susan Ballentyne

A seven-bed maternity care facility equipped to service two single girls, five teenaged mothers and 5 infants. Goal is to assess, support and train pregnant teens and young mothers in their new role of infant care-giver. Individual counselling and goal-setting are stressed, as well as life-skills training in the areas of relationships, personal issues, parenting skills and spirituality. Residents may stay for the duration of the first year of their infant's life. Non-pregnant teens (16 -18 years of age) may be considered for programming based on suitability.

Jubilation Program

Jubilation Residential Centres, Inc.
Box 39

Meath Park, SK
S0J 1T0
Telephone: (306) 929-3233
Email:
jubilation@inet2000.com
Web Site:
www.worldoutreach.ca/jubilation
Contact: Rev. John Fryters,
Ph.D., ICADC

A Christ-centered ministry committed to upholding the sanctity of human life by demonstrating the love of Christ to women facing a crisis pregnancy, through the provision of spiritual, physical and emotional support, and by proclaiming the Gospel. Offers referrals to safe homes; services for young pregnant women and teenage moms; and an advocacy program for teen moms, young parents and children. Also offers regular vocational/educational training programs for young adults.

Ka-Pa-Chee Training Centre

Box 1188
385 Bay Avenue
Fort Qu'Appelle, SK
S0G 1S0
Telephone: (306) 332-4598
Fax: (306) 332-1869
Email:
kapstaff@sasktel.net
Co-ordinator: Laura Ross

Canadian Action Plan for Children Program provides pre-school and pre-kindergarten and parenting programs. Other in-school programs include: Building Self-Esteem; Conflict Resolution; and Peer Mediation.

Licensed Infant Child Care Centres for Teen Parents

Assist young mothers to

complete their high school education, while providing the support needed for them to learn parenting and life skills. Licensed and funded by Saskatchewan Community Resources & Employment.

Regional Addresses

Children First Child Care
507-5th Avenue West
Meadow Lake, SK
S9X 1A9

First Steps Student Child Care Centre
1791-10th Street
North Battleford, SK
S9A 2Y2

Kids First Day Care Centre
1069-14th Avenue East
Regina, SK
S4N 0T8

Email:
kfdcc@sasktel.net

Carlton Infant Care Centre Inc.
665-28th Street East
Prince Albert, SK
S6V 6E9

MacKenzie Infant Care Centre
Balfour Site
1245 College Avenue
Regina, SK
S4P 1B2

Email:
micc1308@hotmail.com

MacKenzie Infant Care Centre
1308 College Avenue
Regina, SK
S4P 1B2

Email:
micc1308@hotmail.com

Scott Infant & Toddler Centre
3350-7th Avenue
Regina, SK
S4T 0P6

Email:

kidz_r_us@hotmail.com

Sandy Bay Student/Parent
Babysitting Corporation
Hector Thiboutot School
Box 150
Sandy Bay, SK
S0P 0G0

Catholic Family Services Child
Care Assoc. Inc.
Bishop Murray Infant Centre
615 Wiggins Avenue South
Saskatoon, SK
S7K 2J2

E-Tahkanawasot Infant Care
Centre
c/o Joe Duquette High School
919 Broadway Avenue
Saskatoon, SK
S7N 1B8

Maggie's Child Care Centre for
Teen Parents Inc.
820-9th Avenue North
Saskatoon, SK
S7K 2Z2

Saskatoon Friends of Students
and Kids
411-11th Street East
Saskatoon, SK
S7N 0E9

Saskatoon Student Child Care
Service Inc.
Mount Royal Collegiate
2220 Rusholme Road
Saskatoon, SK
S7L 4A4

Swift Current Comprehensive
Day Care Centre Inc.
1100-11th Avenue North East
Swift Current, SK
S9H 2V6

Recplex Day Care Centre
Box 1000
Tisdale, SK
S0E 1T0

Yorkton Regional High School
Infant Care Centre Inc.
150 Gladstone Avenue North
Yorkton, SK
S3N 2A8

Mental Health Services

Saskatoon Health Region
(Humboldt Office)
Box 1930, 231 Main Street
Humboldt, SK
S0K 2A0
Telephone: (306) 682-5333
Fax: (306) 682-4417

Services include: individual,
family and group counselling
(for all ages); medication
administration and
management; Mental Health
promotion, education, and
advocacy; referrals to
appropriate agencies and
resources; community
development; crisis
intervention services; and
collaboration with other
agencies to improve access to
resources in the community.

Métis Community Development and Research

317-165-3rd Avenue South
Saskatoon, SK
S7K 1L8
Telephone: (306) 964-1440
Fax: (306) 964-1448

Helps local community groups
address the needs of at-risk
children (0-6 years) and their
families. Empowers families
and communities as they
develop knowledge and skills,
through designing and
implementing programs and
services. A Community
Development Worker is
available to assist Métis
regions to access funding and
develop such proposals for
children.

Métis Family and Community Justice Services, Inc.

317-165-3rd Avenue South
Saskatoon, SK
S7K 1L8
Telephone: (306) 964-1440
Fax: (306) 964-1448

A non-profit organization of
family and justice services.
Provides services to all citizens
of the Métis Nation. Services
include Aboriginal
courtworkers, community
development co-ordinator, and
a social service and justice
advocate.

Moose Jaw Family Service Bureau Inc.

200 Main Street South
Moose Jaw, SK
S6H 5S7
Telephone: (306) 694-8133
Fax: (306) 694-4193
Email:
mj.fsb@sasktel.net
Executive Director: Judy
Vermette

Community-based organization
that offers individual, couple
and family counselling along
with mediation; EFAP services;
Teen and Young Parent
Program; Mentoring of Mothers
Program; and personal
development workshops.

Native Co-ordinating Council

6-118-12th Street East
Prince Albert, SK
S6V 1B6
Telephone: (306) 764-1652
Fax: (306) 764-3242
Director: Brenda Fiddler

Offers family support services,
including individual and family

PARENTING AND FAMILY

counselling; parent aide program; Support Homes Program - an emergency short-term care program for children; and operates a women's shelter.

Parenting Education Saskatchewan

306-506-25th Street East
Saskatoon, SK
S7K 4A7

Telephone: (306) 934-2095

Fax: (306) 934-2087

Email:

parent.educ@sasktel.net

Web Site:

www.parenteducationsask.ca

Co-ordinator: Bev Digot

A non-profit, preventative program dedicated to the enhancement and strengthening of family life. Initiatives include providing support and assisting with co-ordination of parenting education provincially, and assisting with the development of parent education facilitator training. Produces a directory listing parenting education programs.

Peyakowak (They Are Alone) Committee Inc.

Family Support Program
1650 Angus Street

Regina, SK

S4T 1Z2

Telephone: (306) 525-9689

Fax: (306) 525-6164

Email:

peyak01@sasktel.net

Director: Lloyd R. Carrier

Goals are to maintain and strengthen the family unit, and to re-unite tribal families which have been affected by the Department of Community Resources and Employment's

Child and Family Services Act. Develops a re-uniting plan.

Provides an in-home support service, so parents can continue to parent their children in their own home.

Helps deal with short term and long term problems. Operates family support program.

Program for youth is available, as well as a referral and information service. Also provides workshops such as parental, anger management and abuse.

Saskatoon Action Circle on Youth Sexuality

c/o Family Service Saskatoon
102-506-25th Street East
Saskatoon, SK
S7K 4A7

Telephone: (306) 244-0127

Fax: (306) 244-1201

Email:

info@familyservice.sk.ca

Community-based group of individuals and organizations who work together to promote sexual and reproductive health. Focuses on youth (10-19 years of age), although initiatives also involve those adults who affect the sexual and reproductive lives of youth. Working committees are focused on issues such as comprehensive data collection and youth outreach.

Saskatoon Family Support Centre

Saskatchewan Community Resources & Employment
315 Avenue M South
Saskatoon, SK
S7K 2H6

Telephone: (306) 933-7751

Fax: (306) 933-5665

Offers prevention and

intervention programs designed to strengthen families by promoting non-punitive, respectful parenting approaches and reinforcing non-violence in all relationships. Services are available to all clients who reside within the city of Saskatoon or to any clients who are able to come into the city for services.

Transportation is available to city residents attending groups at the Centre. Programs and services include:

Domestic Abuse Outreach Program (D.A.O.P.):

Outreach workers provide crisis intervention, individual counselling, education/support groups, advocacy, practical assistance, and referral services to women who have been or are being abused in an intimate relationship.

Teen and Young Parent Program:

Program workers provide pre and post delivery counselling regarding adoption and parenting options to assist teens and young parents in planning for themselves and their child/expected child. In addition to individual counselling, support groups are offered to promote effective parenting and eventual self-sufficiency.

Parent Education Program:

Provides parenting information and support to families by assessing community needs in regards to parent education, exploring methods to respond to identified needs, engaging parents in and delivering

parent education services through information/support/treatment groups.

Child Care Services:
The Family Support Centre provides a specialized pre-school and early school age child care service to enable parents to attend the Centre programs. Individual and group services are delivered to meet the special needs of children physically, socially, emotionally and intellectually. Children can attend daily based on the variety of groups offered by the Centre.

Saskatoon Friendship Inn
619-20th Street West
Saskatoon, SK
S7M 0X8
Telephone: (306) 242-5122
Fax: (306) 242-1291
Email:
friendship.inn@shaw.ca
Executive Director: Geselle Doell

Serves breakfast and lunch daily. Works with people living in poverty. Provides counselling for children, adults and families. Offers life skills for children, and support group.

SMILE Services
1201-2nd Street
Estevan, SK
S4A 0M1
Telephone: (306) 634-6428
Fax: (306) 634-8535
Email:
ajb.smileservicesinc@sasktel.net

Offers a range of programs, including Family Support Services - Mom's Club, Get Go Teen Center. Provides Offender Programs, including Fine Options, Community

Service Orders, and Adult Alternative Measures; Mental Health and Acquired Brain Injury supportive living program and transportation for the handicapped and seniors.

The Caring Place
2A-2146 Robinson Street
Regina, SK
S4T 2P7
Telephone: (306) 347-2273
Email:
tcp@accesscomm.ca
Web Site:
www.tcp-thecaringplace.com
Toll-Free: (877) 522-7464
Executive Director: John Adams, BA: MA

Provides comprehensive counselling services for individuals and families in an environment that is welcoming, confidential and reflects Christian compassion, humility and respect. A flexible fee structure is an option.

Family-Related Organizations

Association of Saskatchewan Home Economists
Box 3963
Regina, SK
S4P 3R9
Web Site:
www.homefamily.net

Professional organization for home economists, promoting the well-being of individuals and families. Provides member education, presents resolutions and briefs. Especially concerned with home economics education in schools at all levels. Is active regarding public policy; international development; and

community outreach, such as the Home Economics for Living Project in Regina, which assists low income individuals and families. Branches in Regina and Saskatoon.

Regional Addresses

ASHE
Saskatoon Branch
Box 9166
Saskatoon, SK
S7K 7E8

Saskatchewan Association for Community Living Inc.

Provincial Office
3031 Louise Street
Saskatoon, SK
S7J 3L1
Telephone: (306) 955-3344
Fax: (306) 373-3070
Email:
sacl@sacl.org
Web Site:
www.sacl.org
Executive Director: Faith Bodnar

A voluntary, non-profit organization advocating for individuals with intellectual disabilities and their families.

Regional Addresses

SACL
Regina and District Branch
2216 Smith Street
Regina, SK
S4P 2P4
Telephone: (306) 790-5680
Fax: (306) 586-7899
Email:
racl@sasktel.net
Executive Director: John Coflin

SACL
Saskatoon and District Branch
102-135 Robin Crescent
Saskatoon, SK

PARENTING AND FAMILY

S7L 6M3
Telephone: (306) 652-9111
Fax: (306) 652-9112
Email:
sac13@sasktel.net
Executive Director: Jeanne
Remenda

The Compassionate Friends of Canada

Box 141
RPO Corydon
Winnipeg, MB
R3M 3S7
Telephone: (204) 475-9527
Email:
NationalOffice@TCFCanada.net
Web Site:
www.tcfcanada.net
Toll Free: (866) 823-0141

An international, non-profit,
non-denominational, self-help
organization offering
friendship, understanding, grief
education and hope for the
future to all families who have
experienced the death of a
child at any age, from any
cause. Their purpose is to aid
in the positive reconciliation of
grief and foster the physical
and emotional health of
bereaved parents and their
surviving children and to help
those in the community be
supportive.

Regional Addresses

Assiniboia, SK
Telephone: (306) 642-3599
Email:
bgarams@sasktel.net

Prince Albert, SK
Telephone: (306) 763-6259
Email:
shelley.k@sasktel.net

Regina, SK
Telephone: (306) 761-0974
Email:

tcf.regina@sasktel.net

Saskatoon, SK
Telephone: (306) 374-8862
Email:
gkachur@shaw.ca

Tisdale, SK
Telephone: (306) 873-4436
Fax: (306) 873-4445
Email:
ian.allan@sk.sympatico.ca

The Compassionate Friends,
Inc.
Yorkton, SK
Telephone: (306) 782-5497
Email:
l.ott@sasktel.net
Contact: Jack & Marj Ross

Section 7**RURAL AND FARM WOMEN**

The listings in this Section are grouped under the following headings:

- ▀ Rural and Farm Women

General**Agriculture Business Centres**

Saskatchewan Agriculture, Food & Rural Revitalization
101-3085 Albert Street
Regina, SK
S4S 0B1
Telephone: (306) 787-8524
Toll Free: (866) 457-2377

Provide specialized agriculture-based businesses expertise and technical support for a vibrant agricultural industry. The Agriculture Knowledge Centre (AKC) toll free number has been operational since April 1, 2004. Saskatchewan Agriculture and Food provincial and regional specialists from throughout the province (at the Business Centres) respond to producer inquiries. The AKD is open Monday to Friday from 8:00 a.m. to 5:00 p.m.

Regional Addresses

1192-102nd Street
North Battleford, SK
S9A 1E9
Telephone: (306) 446-7964
Fax: (306) 446-7447

Box 9
Outlook, SK
S0L 2N0
Telephone: (306) 867-5575

Fax: (306) 867-5503
Box 3003
Prince Albert, SK
S6V 5G1
Telephone: (306) 953-2363
Fax: (306) 953-2440
515 Henderson Drive
Regina, SK
S4P 3V7
Telephone: (306) 787-9773
Fax: (306) 787-0410

3830 Thatcher Avenue
Saskatoon, SK
S7K 2H6
Telephone: (306) 933-7986
Fax: (306) 933-7352

Box 5000
Swift Current, SK
S9H 4G3
Telephone: (306) 778-8285
Fax: (306) 778-8604

Box 1480
Tisdale, S0E 1T0
Telephone: (306) 878-8842
Fax: (306) 878-8810

Box 2003
Weyburn, SK
S4H 2Z9
Telephone: (306) 848-2857
Fax: (306) 848-2454

38-5th Avenue North
Yorkton, SK
S3N 0Y8
Telephone: (306) 786-1531
Fax: (306) 786-1511

Canadian Farm Women's Network-Saskatchewan Representative

Box 30
Simmie, SK
S0C 0W0
Telephone: (306) 297-6396
Contact: Robin Fenell

A national network of provincial farm women's networks and organizations. Provides education, support and networking for farm women across Canada. Concerned with issues affecting farm women and agriculture. Activities include biennial conferences, workshops, newsletter, public education, lobbying and farm women's talent bank.

Farm Stress Unit

Saskatchewan Agriculture, Food & Rural Revitalization
329-3085 Albert Street
Regina, SK
S4S 0B1
Telephone: (800) 667-4442
Web Site:
www.agr.gov.sk.ca

Provides crisis intervention, short-term counselling, referrals and information to individuals living in rural Saskatchewan. Specific information on a wide range of programs and services available to rural communities can be provided to callers from a computer-based directory. Offers workshops on farm stress and community self-help.

National Farmers Union (NFU) Women's Advisory Committee

2717 Wentz Avenue
Saskatoon, SK
S7K 4B6
Telephone: (306) 652-9465
Fax: (306) 664-6226
Email:
nfu@nfu.ca
Web Site:
www.nfu.ca

Elected representatives from each region responsible for

RURAL AND FARM WOMEN

ensuring integration and active involvement of farm women in the regional and national work of NFU and also for advising national women's president on planning and issues. Representatives serve as part of the NFU's regional leadership terms, responsible for co-planning and implementing NFU strategies on general farm and agriculture issues. The main goal is to give women a voice in agriculture and equal status within the agricultural sector and community. Provides speakers, workshops, research and resource materials. Key themes: Employment Practices of Farm Families" research project which seeks to assess the economic and social role of work done by women, men and youth on family farms and in farming communities; strengthening regional, national and international connections between farm women and organizations representing them so as to work more effectively for changes that will better serve farm women and their families.

Regional Addresses

National Women's President
Saskatoon, SK
Telephone: (306) 398-3633
Contact: Karen Pedersen

Regional Women's Advisory
Representative for
Saskatchewan
Saskatoon, SK
Telephone: (306) 554-2791
Contact: Marilyn Gillis

Partners for Rural Family Support

632-9th Street
Humboldt, SK
S0K 2A0
Telephone: (306) 682-4135
Fax: (306) 682-4154
Email:
partners1@sasktel.net
Toll-Free: (866) 682-4135

A grassroots, non-profit organization working to identify, develop, improve and maintain supports to families that live in Humboldt and the surrounding rural region. Services include: advocacy; referrals; education/resource/outreach; information; support; lending library; support group for survivors of family violence; parenting classes; children's groups; family literacy program; farm-related program; and YES (Youth Empowerment Strategies Youth programming).

Saskatchewan Agriculture Development Fund (ADF)

226-3085 Albert Street
Regina, SK
S4S 0B1
Telephone: (306) 787-6566
Fax: (306) 787-2654
Web Site:
www.agr.gov.sk.ca.

Agriculture Research Branch funds, co-ordinates and facilitates agriculture and food research, development and commercialization projects in Saskatchewan. Any person or organization with an idea that will benefit and be of practical value to Saskatchewan's agriculture and food industry is eligible to apply. In the past, has provided funding for projects initiated by such

groups as the Saskatchewan Women's Agriculture Network and Saskatchewan Women's Institutes.

Saskatchewan Association of Rural Municipalities (SARM)

2075 Hamilton Street
Regina, SK
S4P 2E1
Telephone: (306) 757-3577
Fax: (306) 565-2141
Email:
sarm@sarm.ca
Web Site:
www.quantumlynx.com/sarm
Executive Director: Ken Engel

Represent rural governments in Saskatchewan.

Saskatchewan Women's Agricultural Network

Box 30
Simmie, SK
S0C 0W0
Telephone: (306) 297-6396
Contact: Robin Fenell

A forum for the exchange of ideas. Provides support, encouragement and education for farm women through newsletters and conferences. Encourages research, networks among individuals, and liaises with agricultural and other organizations. Promotes improvement of the status of rural women, recognition of farm women's contributions, the need for education and support services in rural areas, and improvement of agricultural policies.

Saskatchewan Women's Institutes

Box 23
Foam Lake, SK
S0A 1A0

Telephone: (306) 272-4191

A rural-based, volunteer-run women's organization that helps discover and stimulate leadership growth in women. Promotes the improvement of agricultural and rural communities. Concerned with education, health, the environment and human rights. Networks with other organizations on local, provincial, national and international levels. Regular newsletter and mailings to members. Offers leadership workshops. Twenty-five branches throughout the province.

VIOLENCE AGAINST WOMEN

Section 8

VIOLENCE AGAINST WOMEN

The listings in this Section are grouped under the following headings:

- ▀ Shelters
- ▀ Safe Homes
- ▀ Second Stage Housing
- ▀ Crisis Services
- ▀ Counselling
- ▀ National Organizations
- ▀ Provincial Organizations
- ▀ Regional Organizations

Definitions

Abuse

Abuse can be physical, sexual or verbal. It includes economic abuse (control of money). It also includes psychological abuse. This may involve "put-downs", persistent threats or forcing a woman to witness violence against her children, other relatives, friends, pets or cherished possessions. The abuser can be a boyfriend, husband, live-in lover, ex-husband or ex-lover.

Sexual Assault

Sexual assault is any form of unwanted or forced sexual activity. It includes date rape, sexual assault within marriage, sexual harassment, assault by a stranger, and child sexual abuse.

Shelters

Transition houses, interval

houses and safe shelters are places where a woman and her children can go if she has been abused physically or psychologically, or threatened with violence by her spouse or partner. They provide short-term living accommodation and crisis counselling. Counselling and support services assist women in re-establishing themselves after leaving the transition house. They may provide counselling referrals to women not needing to stay at the shelter. They frequently provide outreach educational services.

Street addresses for shelters are confidential. Please confirm that there is available space prior to making referrals. Contact the shelter in your region regarding appropriate referral procedures.

Isabel Johnson Shelter

c/o YWCA
1940 McIntyre Street
Regina, SK
S4P 2R3
Telephone: (306) 525-2141
Director: Diane Delaney

Provides shelter; individual counselling; child counselling program (half-time child counsellor); drop-in counselling; for in-house clients, 24-hour counselling; transportation to appointments and school; referrals; advocacy, and public education. Accommodates six women or a maximum of 10 people.

Lloydminster Interval Home

Box 1523
Lloydminster, SK

S9V 1K5
Telephone: (780) 808-5282
Fax: (780) 875-0609
Email:
lihsi@telusplanet.net
Web Site:
www.intervalhome.ab.ca
Crisis Line: (780) 875-0966

Provides shelter for women and children escaping violent relationships, or women experiencing other life crises or transitions. Services include support groups; parenting course; child support group; child care worker; adolescent support group; therapy group for men who batter; transportation to appointments and school; advocacy; and public education. Partially funded by Saskatchewan Community Resources and Employment and the Office for the Prevention of Family Violence.

Moose Jaw Transition House

Box 1866
Moose Jaw, SK
S6H 7N6
Telephone: (306) 693-6511
Fax: (306) 693-0243
Executive Director: Marilyn McCrea

Emergency collect calls accepted. Offers outreach services on issues of family violence to Moose Jaw and surrounding communities. Offers counselling and support to women in their homes; referral to community and government services; co-ordination of travel to appointments; and Transition House for urban and rural clients. Provides assistance in forming support groups for

women who have experienced or are experiencing violence in their relationships; resources for rural and urban support groups; public education in rural areas; professional development with teachers, social and justice workers, and medical personnel; and networking with community agencies on issues of abuse involving women, children, elderly or dependant persons. Also has a Children's Program with a counsellor who provides counselling for children in the shelter; counsels mothers and children together; provides parenting education to individuals and groups; acts as a resource to the community; and offers public education and training.

Piwapan Women's Centre

Box 888
La Ronge, SK
S0J 1L0
Telephone: (306) 425-3900
Fax: (306) 425-4922
Contact: Linda Cunningham

Provides: safe and caring shelter for mothers and their children who are experiencing family violence circumstances; a confidential environment for mothers and children; educational programming on a daily basis and referral to community resources; Ladies Sharing Circle; and one on one support. Child care is available from 9:30 a.m. - 11:30 a.m. during mother's morning programming. Sponsored by The La Ronge Native Women's Council Inc.

Prince Albert Safe Shelter

Box 21025

Prince Albert, SK
S6V 8A4
Telephone: (306) 764-7233
Fax: (306) 764-2290
Email:
paws@sasktel.net
Executive Director: Carol Soles

Provides shelter; support counselling for residents and ex-residents; group support; transportation to appointments and school; referrals; advocacy; and public education.

Qu'Appelle Haven Safe Shelter

Box 457
Fort Qu'Appelle, SK
S0G 1S0
Telephone: (306) 332-1369
Email:
fmontgrand@sasktel.net
Director: Eunice Pinay
or phone: (306) 332-6881

Provides safe, temporary place for women and children and their children to go if they are victims of family violence or abuse; 24-hour phone line; individual counselling; counselling for non-residents and day clients; visits by Elders and church clergy; counselling for abused; transportation to appointments; advocacy; and public education.

Regina Transition House

Box 1364
Regina, SK
S4P 3B8
Telephone: (306) 757-2096
Fax: (306) 352-6515
Email:
thouse@accesscomm.ca
Counselling: (306) 569-2292
Executive Director: Maria Hendrika

Provides short term shelter; 24-hour telephone line; individual counselling for residents; children's counselling; transportation to school and appointments; advocacy; public education; and professional training.

Saskatoon Interval House

712 Victoria Avenue
Saskatoon, SK
S7N 0Z2
Telephone: (306) 244-0185
Fax: (306) 244-0327
Email:
executive.director@saskatoonintervalhouse.org
Director: Sharon Cunningham

Provides safe shelter; transportation to school and appointments; counselling; referrals; assistance for getting re-established; advocacy; and public education for women leaving abusive situations.

Shelwin House

c/o Yorkton Women in Need Inc.
Box 1828
Yorkton, SK
S3N 3R2
Telephone: (306) 783-7233
Fax: (306) 782-3796
Email:
lavernshelwinhouse@sasktel.net
Toll-Free: (888) 783-3111
Director: LaVern Dumka

Provides 24-hour shelter; support counselling; advocacy and referral to appropriate agencies; assistance in re-establishing in the community; transportation to appointments and school; and presentation on domestic violence at no cost.

VIOLENCE AGAINST WOMEN

Southwest Crisis Services

Box 1102
Swift Current, SK
S9H 3X3
Telephone: (306) 778-3692
Fax: (306) 773-0357
Email:
sw-crisis@t2.net
Crisis Line: (306) 778-3833
Toll-Free (Crisis Line): (800) 567-3334

Provides short-term housing, information and referral services for women and children who are leaving situations of family violence.

Waskoosis Safe Shelter

Box 3368
Meadow Lake, SK
S9X 1Z7
Telephone: (306) 236-5570
Fax: (306) 236-5690
Email:
waskoosis@sasktel.net
Director: Cecile Mistickokat

Provides 24-hour safe shelter for battered women and their children for up to six weeks. Services include counselling, walk-in counselling; referrals; transportation to school and appointments; assisting in getting re-established; visits by Indian Elders or other denominations; advocacy; public education; and opportunities for student practicums.

Wichihik Iskwewak Safe House Inc.

Regina, SK
Telephone: (306) 543-0493
Fax: (306) 545-7677
Director: Laura Fauchon

Provides short-term emergency shelter for abused women and

their children of Treaty and Aboriginal ancestry. Services include a 24-hour crisis line; individual adult and child counselling; an Outreach Program that assists women with school aged children in locating suitable housing; visits by Elders; advocacy; and public education.

Women's Resource Centre

60 Hapnot Street
Flin Flon, MB
R8A 1L6
Telephone: (204) 681-3105
Fax: (204) 687-3322
Email:
womenresourcecentre@mts.net
Contact: Colleen Arnold

Provides women with one-on-one counselling, group counselling, resource library, information and referral, outreach, safe house, and second stage program. Hours are Monday to Friday from 9:00 a.m. to 5:00 p.m.; after hours counselling sessions and child care is available but please call for an appointment. After hours emergency calls for the safe house call Aurora House (1-877-977-0007) or your local RCMP. Saskatchewan residents can call Aurora House collect at 1-204-623-7427 or the Prince Albert Shelter at 1-306-764-7233 or your local RCMP.

Young Women's Christian Association (YWCA) Saskatoon

510-25th Street East
Saskatoon, SK
S7K 4A7
Telephone: (306) 244-0944
Fax: (306) 653-2468
Email:
ywask@sasktel.net

Web Site:
www.ywcasaskatoon.com
Executive Director: Barb Patenaude

Provides crisis shelter for women and children; short-term residence and medium-term affordable housing, including extensive support services; employment and career programs and services as well as Internet connections. Facility accommodates licensed full-time, part-time and flexible child care; drop-in creative play for infants to preschoolers; a preschool program; fitness activities; large weight room; aquatics program with special emphasis on older and therapeutic opportunities; cafeteria; massage therapy; and fitness evaluation.

Safe Homes

Safe homes are local residences of private citizens who will share their homes in emergencies with women and their children fleeing domestic abuse. A crisis centre or agency may provide individual support services to the woman and to the host family, including transportation to the closest shelter.

Hudson Bay and District Crisis Centre

Box 403
203 Patricia Street
Hudson Bay, SK
S0E 0Y0
Telephone: (306) 865-3064
Fax: (306) 865-3391
Email:
hudsonbaycrisis@sasktel.net

Provides a 24-hour confidential crisis line. Main number can

be accessed Monday to Friday, 9:00 a.m.-4:00 p.m. After hours phone (306) 865-2219. Staff will be paged.

Provides 24-hour access to safe shelter for individuals and children coming from an abusive situation by transferring to shelters in other areas. Maintains a drop-in centre and provides support to families that are experiencing violence or need crisis support as well as information and referrals to the appropriate agencies. Also maintains a resource and video library for public use in the centre.

North East Crisis Intervention Centre

Box 2066
103 McKendry Avenue East
Melfort, SK
S0E 1A0
Telephone: (306) 752-9464
Fax: (306) 752-3122

Email:
admin.necic@sasktel.net

24-hour crisis: (306) 752-9455
Toll-Free: (800) 611-6349
Contact: Sylvia Nowlan

Provides support and crisis services to people in northeast Saskatchewan, including victims of interpersonal abuse and sexualized violence. Provides crisis intervention through a 24-hour Crisis Line, which supports anyone experiencing any type of crisis and offers outreach services in Nipawin and Tisdale. Support services include a: Family Violence & Sexual Assault Program; Outreach Program; 24-hour Crisis Line; Safe Home Program; Family Support Program; Resource Centre;

and Public Awareness & Prevention presentations and workshops. All services are free and confidential.

Project Safe Haven

c/o Yorkton Tribal Council
21 Bradbrooke Drive North
Yorkton, SK
S3N 3R1
Telephone: (306) 782-0676
Fax: (306) 782-0629
Toll-Free: (877) 444-2836

Offers 24-hour service; safe house; counselling for victims and children and referrals; traditional healing based on First Nations holistic concept of spiritual, physical, mental, emotional aspects of a human.

West Central Crisis and Family Support Centre Inc.

Box 2235
116-1st Avenue West
Kindersley, SK
S0L 1S0
Telephone: (306) 463-6655
Fax: (306) 463-6410

Email:
crisis@sasktel.net
Toll-Free: (877) 310-4357
Crisis Line: (306) 463-4357
Director: Ian Wheeliker

Provides 24-hour crisis line; short-term counselling; transportation; referrals; advocacy; a lending library; and community education. Also offers parent aide services and support groups, including groups for battered women and other support groups based on need.

Second Stage Housing

Adelle House

Saskatoon, SK
Telephone: (306) 668-2761
Fax: (306) 668-2769

Second stage low-cost housing shelter for women and children coming from abusive situations. Services include support group and individual counselling. May stay up to one year.

Genesis House

c/o Southwest Crisis Services
Box 1102
Swift Current, SK
S9H 3X3
Telephone: (306) 778-3684
Fax: (306) 773-0357
Email:
sw-crisis@t2.net
or phone: (306) 778-3386

Provides long-term, secure, affordable housing for women and children who are still at risk for family violence or are dealing with personal crisis after completing their stay at the Safe Shelter.

SOFIA House

Box 37125
Regina, SK
S4S 7K4
Telephone: (306) 565-2537
Fax: (306) 565-2376
Email:
sofiahouse@accesscomm.ca
Contact: Peggy Hennig

Second-stage housing provides safe and affordable housing for abused women and their children. Length of stay is up to one year. Services include counselling for women and children, support group and referrals to community services, including geared income housing.

VIOLENCE AGAINST WOMEN

Crisis Services

These organizations provide services to victims of sexual assault, women battering and other family abuse. They are operated by professionally trained staff, trained volunteers and community-based boards of directors.

Battlefords and Area Sexual Assault Centre

1211-98th Street
North Battleford, SK
S9A 0L8

Telephone: (306) 445-0055

Fax: (306) 445-2727

Email:

basac@sasktel.net

Web Site:

www.basac.ca

24-hour crisis line: (306) 446-4444

Executive Director: Leanne Moore

Provides 24-hour crisis line; individual and group counselling for adult and child sexual abuse victims, families and anyone who has been affected by sexual abuse; advocacy, public education; resource library; prevention awareness; hospital and court support and court orientation services.

Battlefords Interval House

Email:

j.beattie@sasktel.net

Counselling: (306) 445-2742

Executive Director: Jean Beattie

Provides shelter; counselling to residents and drop-ins; group discussions, transportation to appointments and school; referrals; advocacy; a resource library; and public education.

Farm Stress Unit

Saskatchewan Agriculture,
Food & Rural Revitalization
329-3085 Albert Street
Regina, SK

S4S 0B1

Telephone: (800) 667-4442

Web Site:

www.agr.gov.sk.ca

Provides crisis intervention, short-term counselling, referrals and information to individuals living in rural Saskatchewan. Specific information on a wide range of programs and services available to rural communities can be provided to callers from a computer-based directory. Offers workshops on farm stress and community self-help.

Lloydminster Sexual Assault and Information Centre

Box 2033

Lloydminster, SK

S9V 1R5

Telephone: (306) 825-8255

Fax: (306) 825-9557

Email:

admin.isaic@sasktel.net

Director: Muriel Ralston

Provides 24-hour crisis line; individual counselling; public awareness to the community, adults and schools; advocacy; and referrals.

Mobile Crisis Services, Inc.

1646-11th Avenue

Regina, SK

S4P 0G4

Telephone: (306) 757-0127

Fax: (306) 757-7807

Acts as a support for women choosing to live a violence-free life and provides the following

services: assistance with transportation and advocacy in accessing systems such as legal aid, social service and other non-government agencies; practical assistance with obtaining housing, furniture, clothing, etc.; provision of crisis and support follow-up counselling; development of personalized safety plans; peer support; information and education to individuals and groups concerning abuse issues; access to services for new Canadians; referral to appropriate agencies; works closely with other agencies involved in domestic violence to fill in the gaps in service; and provides information to women who are still in an abusive relationship.

North East Crisis Intervention Centre

Box 2066

103 McKendry Avenue East
Melfort, SK

S0E 1A0

Telephone: (306) 752-9464

Fax: (306) 752-3122

Email:

admin.necic@sasktel.net

24-hour crisis: (306) 752-9455

Toll-Free: (800) 611-6349

Contact: Sylvia Nowlan

Provides support and crisis services to people in northeast Saskatchewan, including victims of interpersonal abuse and sexualized violence. Provides crisis intervention through a 24-hour Crisis Line, which supports anyone experiencing any type of crisis and offers outreach services in Nipawin and Tisdale. Support services include a: Family

Violence & Sexual Assault Program; Outreach Program; 24-hour Crisis Line; Safe Home Program; Family Support Program; Resource Centre; and Public Awareness & Prevention presentations and workshops. All services are free and confidential.

Prince Albert Mobile Crisis Unit Co-operative

196B-9th Street East
Prince Albert, SK
S6V 0X5

Fax: (306) 922-9559

Director: Al Reis

Crisis Line: (306) 764-1011

Sexual Assault Program:
(306) 764-1039

Gambling Help Line: (800)
306-6789

Has a sexual assault program providing emergency response; short and long-term counselling; and public education. General crisis intervention services include: crisis intervention and counselling; information and referrals, transient aid; family violence intervention and child protection. Acts for Community Resources & Employment at night, on weekends and holidays.

Regina Women's Community Centre and Sexual Assault Line

250-1933-8th Avenue
Regina, SK

S4R 1E9

Telephone: (306) 522-2777

Fax: (306) 522-5070

Email:

rwcc@sasktel.net

24-hour sexual assault line:
(306) 352-0434

Administrator: Debbie House

Purpose is to work toward a non-violent and equitable society by empowering women who have suffered various forms of abuse, and by providing community education and advocacy services. Services include 24-hour crisis line; crisis and long-term counselling; incest survivors' group; reproductive counselling; advocacy, a lending library; and public education.

Saskatoon Crisis Intervention Service

103-506-25th Street East
Saskatoon, SK
S7K 4A7

Telephone: (306) 933-6200

Fax: (306) 664-0536

Executive Director: Bob Sims

Gambling Help Line: (800)
306-6789

Professionally trained staff are available 24 hours a day to respond to crises which may include: suicide intervention; child abuse and neglect; marriage and family problems; mental health crisis intervention; drug and alcohol abuse; problem gambling; individual crisis counselling; and seniors in distress. They also provide a mental health service referred to as the Crisis Management Service (CMS).

Saskatoon Sexual Assault and Information Centre

201-506-25th Street East
Saskatoon, SK
S7K 4A7

Telephone: (306) 244-2294

Fax: (306) 244-6099

Email:

ssaic@sasktel.net

Crisis Line: (306) 244-2224

Executive Director: Elizabeth Benson

Services available to women, children and men, both past and present survivors. Provides 24-hour crisis line; assistance to survivors; emotional support and follow-up with survivors and families; information; advocacy; transportation; public education; pamphlets and books.

Violence Intervention Program, Southeast Saskatchewan Inc.

A counselling and support program that provides services to survivors and secondary survivors of: partner abuse; sexual assault; family violence (adult and child); dating violence; and older person abuse. Programs include: counselling; support groups; public education; emergency shelter; and 24-hour support line.

Regional Addresses

Violence Intervention Program
Estevan Office

Box 511

Estevan, SK

S4A 2A5

Telephone: (306) 637-4004

Fax: (306) 634-4229

Email:

vip.estevan@sasktel.net

24-hour Abuse/Sexual Assault
Support Line: (800) 214-7083

Violence Intervention Program
Weyburn Office

Box 1056

Weyburn, SK

S4H 2L3

VIOLENCE AGAINST WOMEN

Telephone: (306) 842-8821
Fax: (306) 842-8815
Email:
vip.weyburn@sasktel.net
24-hour Abuse/Sexual Assault
Support Line: (800) 214-7083
Contact: Kate

West Central Crisis and Family Support Centre Inc.

Box 2235
116-1st Avenue West
Kindersley, SK
S0L 1S0
Telephone: (306) 463-6655
Fax: (306) 463-6410
Email:
crisis@sasktel.net
Toll-Free: (877) 310-4357
Crisis Line: (306) 463-4357
Director: Ian Wheeliker

Provides 24-hour crisis line; short-term counselling; transportation; referrals; advocacy; a lending library; and community education. Also offers parent aide services and support groups, including groups for battered women and other support groups based on need.

Counselling

Aboriginal Family Violence Programs

Eight community-based programs help Aboriginal families living in urban areas deal with abuse and violence. Funded by Saskatchewan Justice, these programs are developed and administered by Aboriginal people. They assist Aboriginal agencies in urban areas to expand existing services and provide more comprehensive and holistic

programs for Aboriginal families in cities. For more information, see the following agencies already listed in the Directory: Aboriginal Women's Council of Saskatchewan; Circle Project Association Inc.; Family Healing Circle Lodge; Kanaweyimik Child and Family Services; Metis Women of Yorkton Inc.; Peyakowak (They Are Alone) Committee Inc.; Prince Albert Grand Council Women's Commission; Saskatoon Indian and Metis Friendship Centre and Prince Albert Indian and Metis Friendship Centre.

Citizens Against Family Violence

Box 330
Hanley, SK
S0G 2E0
Telephone: (306) 544-2853
Fax: (306) 544-2653
Contact: Cindy Hoffman

Volunteer group of women and men serving the communities of Hanley, Kenaston and Dundurn. Offers counselling, referrals, and community and school education. Provides handbooks and pamphlets on Saskatchewan services.

Domestic Abuse Outreach Program

Saskatoon Family Support Centre
315 Avenue M South
Saskatoon, SK
S7M 2H6
Telephone: (306) 933-7751

Offers preventative, supportive and voluntary services to women where partner abuse is occurring or has occurred. Services include crisis

intervention; individual/short-term counselling; weekly education/support groups; and advocacy. Provides women with temporary accommodation for the day until alternate arrangements can be made. Videos, a resource library, child care and transportation are available for women involved in the program.

Family Service Regina

2020 Halifax Street
Regina, SK
S4P 1T7
Telephone: (306) 757-6675
Fax: (306) 757-0133

Email:
fsr@sasktel.net
Web Site:
www.familyserviceregina.com
Executive Director: Shellie Pociuk

Provides counselling; teen parent program; women's support group for victims of domestic violence; domestic violence early intervention project; mediation services; and an employee and family assistance program. Also offers parenting and personal/professional development workshops.

Iskwew-Women Helping Women

110-8th Street East
Prince Albert, SK
S6V 0V7
Telephone: (306) 953-6229

Email:
iskwew@coophealth.com
Contact: Marjorie Hyman
Contact: Val Burns

Provides counselling; advocacy; support groups for battered women; resource development; and community

networking. Sponsored by Co-operative Health Centre.

Sexual Assault Counselling Program

c/o SIGN (Society for the Involvement of Good Neighbours)
83 North Street
Yorkton, SK
S3N 0G9
Telephone: (306) 783-9409
Fax: (306) 786-7116
Email:
sacsign@sasktel.net
Web Site:
www:\sign-yorkton.org
Sexual Assault Counsellor:
Michele Matechuk

Provides counselling and advocacy to victims of sexual abuse and their families. Services include support groups, court preparation, a lending library and public education.

National Organizations

National Clearinghouse on Family Violence

Healthy Communities Division,
Health Canada
1907D1, Jeanne Mance Bldg.
Tunney's Pasture
Ottawa, ON
K1A 1B4
Telephone: (613) 957-2938
Fax: (613) 941-8930
Email:
ncfv-cnivf@hc-sc.gc.ca
Web Site:
www.phac-aspc.gc.ca/ncfv-
cnivf/familyviolence/
Toll-Free: (800) 267-1291

Is a national resource centre for all Canadians seeking information about violence within the family and looking for new resources being used

to address it. The Clearinghouse helps Canadian communities work toward the eventual elimination of all forms of family violence through research and information. All services and publications are available in both French and English and are free of charge.

Provincial Organizations

Provincial Association of Transition Houses of Saskatchewan (PATHS)

1940 McIntyre Street
Regina, SK
S4P 2R3
Telephone: (306) 522-3515
Fax: (306) 522-0830
Email:
paths@sasktel.net
Web Site:
www.abusehelplines.org

Works to create a society free of violence against women and their children by conducting research, supporting Saskatchewan shelters in their work, and educating professionals, community groups, and the general public about violence against women.

Saskatchewan Towards Offering Partnership Solutions to Violence (STOPS)

Box 4481
Regina, SK
S4P 3W7
Telephone: (306) 787-3835
Fax: (306) 798-0038
Co-ordinator: Ken Crawford

Is a provincial organization dedicated to supporting partnerships with individuals, communities, organizations

and governments. Through partnership, STOPS encourages the use of ideas, environments and opportunities to address issues of personal and relationship violence.

Sexual Assault Services of Saskatchewan (SASS)

217-230 Avenue R South
Saskatoon, SK
S7M 2Z1
Telephone: (306) 934-1022
Email:
sass@sasktel.net
Web Site:
www.sasktelwebsite.net/sass/
Co-ordinator: Sherri Doell

A non-profit, provincial coalition of 10 Saskatchewan agencies that provide support and services to individuals, primarily women, who have been sexually assaulted or abused. The purpose of SASS is to support sexual assault workers by providing a forum for awareness, discussion, and information sharing, in order to improve services to those affected by sexual assault and abuse. The aim of the organization is the elimination of sexualized violence.

Regional Organizations

Partners for Rural Family Support

Box 2741
636-9th Street
Humboldt, SK
S0K 2A0
Telephone: (306) 682-4135
Fax: (306) 682-4154
Email:
partners1@sasktel.net
Web Site:
www.partnersrfs.ca

VIOLENCE AGAINST WOMEN

Executive Director: Janet Hering
Toll-Free: (866) 682-4135

A non-profit organization of concerned individuals working together to identify, develop, improve and maintain support of families in Humboldt and surrounding rural communities. They build partnerships with various agencies and community stakeholders to address the issues.

Prince Albert and Area Community Against Family Violence

110-8th Street East
Prince Albert, SK
S6V 0V7
Telephone: (306) 953-6219
Fax: (306) 763-2101
Email:
spitzel@paphr.sk.ca
Contact: Sandy Pitzel

Promotes education and awareness about violence in relationships and our need for a healthy community. Goal is to eliminate violence in relationships and families. Provides a way for individuals and organizations to develop innovative, preventative and educational actions to achieve a violence-free society. Initiatives include: organizing a low-cost workshop available to the community once a year; using media on a monthly basis to educate and promote awareness about violence and encourage healthy relationships; a poster campaign on woman abuse; developing, researching and evaluating prevention programs; supporting other

organizations and agencies in their efforts to raise awareness and educate community; developing a website that is user friendly; developing and maintaining a resource library that is free of charge to community.

Tamara's House

1605 Victoria Avenue
Saskatoon, SK
S7H 1Z4
Telephone: (306) 683-8667
Fax: (306) 683-8670

Email:
tamara@webster.sk.ca
Web Site:
www.tamarashouse.sk.ca

Administrative Assistant:
Naomi Dunbar
Administrative Assistant: Linda Bell

Note: New facility opened in January/02 at 1605 Victoria Avenue, Saskatoon. Dedicated to supporting the complete healing of survivors of child sexual abuse. Is an eight-bedroom home and healing centre where women can come for short stays; day programs, including groups, education, personal support and complementary care; and gives women an opportunity to heal in a safe, home-like setting.

Victim Advocate

c/o USSU Women's Centre
65 Place Riel, 1 Campus Drive
Saskatoon, SK
S7N 5A3
Telephone: (306) 966-2984

This position works to implement a centralized community model of response to gender related violence on the campus and in the

community of Saskatoon.

Section 9

WORK, EDUCATION AND ECONOMICS

The listings in this Section are grouped under the following headings:

- ▀ Business and Economic Well-being
- ▀ Educational Institutions
- ▀ Employment and Training
- ▀ Union Women's Committees
- ▀ Work and Education Organizations

Business and Economic Well-being

Business and Professional Women's Organization Saskatchewan

Telephone: (306) 374-9079
Fax: (306) 374-7246

Web Site:
www.bpwcanada.com

Contact: Arlene Jorgenson

Major concern is the economic status of women, including education and training, employment and social conditions, and participation in government. Membership is composed of women engaged in business, the professions and in industry. Clubs are organized at local, provincial, national and international levels. Hold educational meetings; promote discussions concerning strategies for positive changes; co-ordinate forums; encourage co-operation with groups who have similar objectives; and develop programs to encourage a wide range of

career opportunities for young women and girls. Chapters in Regina and Saskatoon.

Regional Addresses

Business and Professional Women's Organization Regina
Box 1911
Regina, SK
S4P 3E1
Telephone: (306) 790-3620

Email:
pauline@paulinerelkey.com
Web Site:
www.reginabpw.org

Contact: Pauline Relkey

Business and Professional Women's Organization
Saskatoon
Box 22
Saskatoon, SK
S7K 3K6
Telephone: (306) 477-7173
Fax: (306) 477-7175
Contact: Terri Parent

business infosource

Canada-Saskatchewan Business Service Centre
2-345-3rd Avenue South
Saskatoon, SK
S7K 1M6
Telephone: (306) 956-2323
Fax: (306) 956-2328

Web Site:
www.cbssc.org/sask
Toll-Free: (800) 667-4374

Managed jointly by Western Diversification and Saskatchewan Economic & Co-operative Development. Information is contributed by 36 federal government departments and 31 provincial departments and agencies.

Designed to provide "single window" access to government programs, services,

regulations, contacts and activities tailored to meet business needs. Traditional library resources with telecommunications and computer technology have been combined to develop innovative ways to meet business information needs.

Economic Development Programs

Saskatchewan Industry and Resources
2103-11th Avenue
Regina, SK
S4P 3V7

Telephone: (306) 787-2232
Fax: (306) 787-1620

Web Site:
www.ir.gov.sk.ca

Toll-Free: (800) 265-2001

Offer a wide range of information, services and programs in the areas of investment, business development, community economic development, and technology. Act as a facilitator in accessing a variety of program initiatives provided by other departments, federal government, Crown corporations and financial institutions.

Include specific programs such as Labour-Sponsored Venture Capital and the Small Business Loans Association Program.

Regional Addresses

Small Business Regional Office
303 Wicklow Centre, 1133-4th Street
Estevan, SK
S4A 0W6
Telephone: (306) 637-4505
Fax: (306) 637-4510

WORK, EDUCATION AND ECONOMICS

Small Business
Regional Office
88 Saskatchewan Street East
Moose Jaw, SK
S6H 0V4
Telephone: (306) 694-3623
Fax: (306) 694-3500

Small Business
Regional Office
1202-101st Street
North Battleford, SK
S9A 1E9
Telephone: (306) 446-7444
Fax: (306) 446-7442

Small Business
Regional Office
Box 3003, 1084 Central
Avenue
Prince Albert, SK
S6V 6G1
Telephone: (306) 953-2275
Fax: (306) 922-6499

Small Business
Regional Office
1925 Rose Street
Regina, SK
S4P 3P1
Telephone: (306) 787-1605
Fax: (306) 787-1620

Small Business
Regional Office
345-3rd Avenue South
Saskatoon, SK
S7K 2H6
Telephone: (306) 933-5750
Fax: (306) 933-7692

Small Business
Regional Office
885-6th Avenue North East
Swift Current, SK
S9H 2M9
Telephone: (306) 778-8415
Fax: (306) 778-8526

Small Business
Regional Office

23 Smith Street West
Yorkton, SK
S3N 0H9
Telephone: (306) 786-1415
Fax: (306) 786-1417

Financial Assistance

Saskatchewan Community
Resources & Employment
1920 Broad Street
Regina, SK
S4P 3V6

See Community Resources &
Employment Regional
Addresses under Child and
Family Service on page 36.

Saskatchewan Assistance
Program (SAP): Provides basic
income support services for
families and individuals who
may not have sufficient
resources to meet their basic
living costs. Supplementary
health benefits may be
provided by the Department of
Health. Community Resources
and Employment staff work
with each applicant to develop
a case plan to move towards
financial self-sufficiency.
Clients may also be referred to
training and employment
opportunities. For additional
information, please call toll free
1-866-221-5200, TTY 1-866-
995-0099, or contact the
nearest Community Resources
and Employment Regional
Office.

Saskatchewan Child Benefit
(SCB): Provides a monthly
benefit to assist lower income
families with the cost of raising
children. It is administered on
behalf of the province by the
Canada Revenue Agency and
benefits are combined with the
Canada Child Tax Benefit.

Eligibility is determined by the
amount of family income
reported on the previous year's
income tax return. For
additional information, please
call toll free, 1-888-286-0399.

Saskatchewan Employment
Supplement (SES): Provides a
monthly payment that
supplements income earned by
lower income parents from
wages, self-employment and
child and/or spousal
maintenance payments. SES
assists parents with the child-
related costs of working. For
additional information, please
call toll-free 1-888-488-6385 or
1-877-696-7546.

Family Health Benefits (FHB):
Administered by Saskatchewan
Health, it provides
supplementary health benefits
to help lower income working
families meet the health needs
of their children. Families
receiving the SCB or SES are
eligible to receive FHB, as well
as others with incomes below
specified levels. For additional
information, please call toll free
1-800-266-0695.

Child Day Care Subsidy:
Assists low-income families
with cost of accessing licensed
child care. The program
subsidizes the parent portion of
child care costs, making care
more affordable for parents.
For additional information,
please call toll free 1-800-667-
7155 or in Regina at (306) 787-
4114.

Transitional Employment
Allowance (TEA): Provides
short-term, flat-rate benefits to
people participating in the Jobs

First pre-employment program, as well as those making the transition to employment or some other source of income. Application and all reporting is completed by telephone through the Provincial Contact Centre at 1-866-221-5200 or in Regina at 798-0660. TTY service is available at 787-1065 or 1-866-995-0099.

Northern Training Program (NTP)

Northern Region Office,
Saskatchewan Learning
Box 5000
La Ronge, SK
S0J 1L0
Telephone: (306) 425-4380
Fax: (306) 425-4383

Provides funding and support for training opportunities in basic education and skill training in northern Saskatchewan. Offers special training programs in co-operation with Northlands College, training institutes, business, industry and other agencies. These special training programs are designed to prepare northerners for a variety of northern employment opportunities and respond to emerging needs of individuals, communities, and industry. Criteria for qualifying initiatives are: a direct link to the labour market and/or employment opportunities in Saskatchewan; a unique or emerging need that cannot be met with traditional funding sources; undertaken for clients in the region served by the Northern Region Office (Northern Administration District); and partnership.

Pay Equity Coalition of Saskatchewan

c/o 3731 E. Eastgate Drive
Regina, SK
S4Z 1A5
Telephone: (306) 525-5874
Fax: (306) 781-8177
Email:
akagis@cupe.ca
Contact: Aina Kagis

Promotes the implementation of equal pay for work of equal value for all Saskatchewan women and influences the government to pass legislation to that end. Pay equity refers to the state of affairs in which women and men are paid fairly and equally for the work they perform. Consists of individuals and organizations and represents women and men committed to taking action to promote the economic equality of women in Saskatchewan.

Saskatchewan Income Plan

Saskatchewan Community
Resources & Employment
1920 Broad Street
Regina, SK
S4P 3V6
Telephone: (306) 787-2681
Fax: (306) 787-2134
Toll-Free: (800) 667-7161

Monthly benefits are provided to seniors who have little income other than the Old Age Security Pension and the Guaranteed Income Supplement provided by the federal government. No application is required, as benefits are determined by the amount of Guaranteed Income Supplement received.

Saskatchewan Pension Plan

Box 5555
Kindersley, SK
S0L 1S0

Telephone: (306) 463-5410
Fax: (306) 463-3500
Email:
office@spp.gov.sk.ca
Web Site:
www.spp.gov.sk.ca
Toll-Free: (800) 667-7153

Provides an opportunity for the people of Saskatchewan to save for their retirement. Any person between the ages of 18 and 69 can join and contribute to the Plan. The Plan particularly benefits those who do not have access to a private pension plan or who want to supplement their retirement income.

People do not need to have earned income or income from wages or a business to contribute to the Plan. Contributions and their accumulated earnings are tax sheltered until received as pension income. The money is professionally managed and earns a competitive rate of return each year. The funds which accumulate assure each member of income for their retirement.

Plan members come from a variety of backgrounds - small business owners and employees, homemakers, farmers, part-time employees and students.

Saskatchewan Transportation Company

2041 Hamilton Street
Regina, SK
S4P 2E2
Telephone: (306) 787-3340
Fax: (306) 787-1633
Web Site:
www.stcbus.com

WORK, EDUCATION AND ECONOMICS

Safe, economical bus travel within Saskatchewan. Special rates for seniors (60+ years), children, students, medical travel, and charters.

Small Business Regional Offices

Saskatchewan Industry and Resources

Toll-Free: (800) 265-2001

See Small Business Regional Addresses under Economic Development Programs on page 63.

Provide assessment, business information and pathfinding services to potential, new and existing businesses.

Student Financial Assistance

Saskatchewan Learning
4635 Wascana Parkway
Regina, SK

S4P 3V7

Telephone: (306) 787-5620

Fax: (306) 787-1608

Email:

sfaweb@sasked.gov.sk.ca

Web Site:

www.student-loans.sk.ca

Toll-Free: (800) 597-8278

Administers several federal and provincial programs that provide repayable and non-repayable financial assistance to qualified Saskatchewan residents enrolling in approved programs of study.

Unemployed Workers Centre

Provides information and advocacy services on Unemployment Insurance; public education workshops and seminars on

Unemployment Insurance issues, policies and procedures; and referrals to other social and government agencies which can assist workers during times of unemployment.

Regional Addresses

1888 Angus Street
Regina, SK

S4T 1Z4

Telephone: (306) 525-5138

Fax: (306) 525-9514

Email:

m.crawford@sasktel.net

2154 Airport Drive
Saskatoon, SK
S7L 6M6

Telephone: (306) 382-8662

Fax: (306) 978-7815

Email:

t.oleksyn@sasktel.net

Welfare Rights Centre

1042 Albert Street
Regina, SK

S4R 2P8

Telephone: (306) 757-3521

Fax: (306) 565-8836

Web Site:

www.sasktelwebsite.net/wrcentre/

Director: Morris Eagles

Women Entrepreneurs of Saskatchewan Inc.

A non-profit membership organization that works with women who are considering a career in business, starting a business or operating an existing business. Services include business advisory; lending services; business development workshops and seminars that focus on entrepreneurial skill development; business

publications and access to computers for client use.

Regional Addresses

112-2100-8th Street East
Saskatoon, SK

S7H 0V1

Telephone: (306) 477-7173

Fax: (306) 477-7175

Email:

info@womenentrepreneurs.sk.ca

Web Site:

www.womenentrepreneurs.sk.ca

Toll-Free: (800) 879-6331

1925 Rose Street
Regina, SK

S4P 3P1

Telephone: (306) 359-9732

Fax: (306) 359-9739

Email:

info@womenentrepreneurs.sk.ca

Web Site:

www.womenentrepreneurs.sk.ca

Toll-Free: (800) 879-6331

Educational Institutions

Basic Education Program

Saskatchewan Learning
12th Floor, 1945 Hamilton
Street

Regina, SK

S4P 3V7

Telephone: (306) 787-5596

Fax: (306) 787-7182

See Regional Colleges
Regional Addresses on page
69 and SIAST Regional
Addresses on page 70.

Courses are offered throughout the province through the Regional Colleges and SIAST. Includes literacy and academic studies 1-12, job readiness, orientation and language training programs. Certification is provided for the ABE Grades 10, 11 and 12 levels, based on

standardized provincial curricula.

Campus Saskatchewan

Box 556

4500 Wascana Parkway

Regina, SK

S4P 3A3

Email:

contact@campussaskatchewan.ca

Web Site:

www.campussaskatchewan.ca

A partnership among Saskatchewan's public post-secondary institutions. It provides a single pathway to adult and post-secondary education and is responsible for the Saskatchewan Council for Admissions and Transfer (SaskCAT) which has the mandate of building a province-wide credit transfer system.

Career Information

Saskatchewan Learning

2220 College Avenue

Regina, SK

S4P 3V7

Telephone: (306) 787-8431

Fax: (306) 787-9178

Email:

hotline@sasked.gov.sk.ca

Web Site:

www.sasknetwork.sk.ca

Toll-Free: (888) 775-3276

Provides Saskatchewan residents with Career Development, Education and Training information. It is the first point of contact for accessing programs and information for the entire Learning Department. Develops, prepares and distributes several career resource publications each year. These publications give information on the post-secondary programs, training opportunities, job search skills,

provincial contacts, and education financing options that are available to Saskatchewan residents.

SaskNetWork is Learning's new web site devoted to providing information on career planning, education and training, employment, labour market information, financial assistance and other related information. It is linked to hundreds of web sites at all levels, local, provincial and national. It's a self-help resource to Saskatchewan people, be they current job seekers, people just entering the labour force (especially students), and current workers or employers. Be sure to visit SaskJobs which is a featured service on SaskNetWork provided free of charge. It lists hundreds of job opportunities each day that are located right here in Saskatchewan.

Correspondence School

Saskatchewan Learning

14th Floor, 1945 Hamilton

Street

Regina, SK

S4P 2C7

Telephone: (306) 787-6024

Fax: (306) 787-7223

Email:

sgsc.info@sasked.gov.sk.ca

Web Site:

<http://sgcs.sasked.gov.sk.ca>

Toll-Free: (800) 667-7166

Contact: Bernice Lys

Provides secondary level courses to school-aged students and adults throughout the province, as well as to Saskatchewan residents in other provinces or countries. Approximately 2,000 adults register yearly. Sixty-three

courses are offered. Offers a flexible learning system designed to help adult students fit their studies into their work schedules and family responsibilities.

First Nations University of Canada

1 First Nations Way

Regina, SK

S4S 7K2

Telephone: (306) 790-5950

Email:

info@forstnationsuniversity.ca

Web Site:

<http://www.firstnationsuniversity.ca>

Is a First Nations controlled university and provides educational opportunities to both First Nations and non-First Nations students from a provincial, national and international base. Along with regular university programming in Arts/Fine Arts; Indian Social Work; Administration; Education; and Communication Arts, First Nations University also delivers programming in dental therapy; nursing; resource and environmental studies; and applied science in environmental and health studies. Graduate studies programming includes: special case graduate degrees in Arts; a First Nations MBA; and a Master of Aboriginal Social Work. The First Nations University Student Success Services provides student support in both personal and academic areas.

Gabriel Dumont Institute of Native Studies and Applied Research

Web Site:

www.gdins.org

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Métis-directed educational and cultural establishment serving the education and training needs of the Métis people of Saskatchewan. Offers fully accredited university, diploma and certificate programs through the Saskatchewan Urban Native Teacher Education Program (SUNTEP), the Dumont Technical Institute (DTI) and the Gabriel Dumont College (GDC). The Institute also provides library support, conducts research and produces curriculum materials. Promotes and provides training and cultural support to achieve Metis self-determination.

Regional Addresses

GDI Regina Office
Room 210 College West
3737 Wascana Parkway
Regina, SK
S4S 0A2
Telephone: (306) 347-4100
Fax: (306) 565-0809

GDI Saskatoon Office
2-604-22nd Street West
Saskatoon, SK
S7M 5W1
Telephone: (306) 934-4941
Fax: (306) 244-0252

GDI Prince Albert Office
48-12th Street East
Prince Albert, SK
S6V 1B2
Telephone: (306) 764-1797
Fax: (306) 764-3995

Dumont Technical Institute
917-22nd Street West
Saskatoon, SK
S7M 0R9
Telephone: (306) 242-6070
Fax: (306) 242-0002

General Education Development Test (GED)

Saskatchewan Learning
12th Floor, 1945 Hamilton Street
Regina, SK
S4P 3V7
Telephone: (306) 787-5597
Fax: (306) 787-7182

See Regional Colleges Regional Addresses on page 690 and SIAST Regional Addresses on page 70.

Enables adults who have not completed school to obtain a General Educational Development (GED) high school equivalency certificate, by successfully completing five general ability tests. These tests cover reading and writing skills, mathematics, science and social studies. Tests are conducted by the Regional Colleges and Saskatchewan Institute of Science and Technology (SIAST) campuses around the province.

Literacy Programs

Saskatchewan Learning
12th Floor, 1945 Hamilton Street
Regina, SK
S4P 3V7
Telephone: (306) 787-2513
Fax: (306) 787-7182

See Regional Colleges Regional Addresses on page 70 and SIAST Regional Addresses on page 71.

Provide literacy training through Regional Colleges, Saskatchewan Institute of Applied Science and Technology (SIAST), READ Saskatoon and the Regina

Public Library. Open to all adults who wish to improve their basic reading and writing skills. Computer-based literacy training for youths and adults is available in more than 15 regions throughout the province.

Northern Teacher Education Program/Northern Professional Access College (NORTEP/NORPAC)

Saskatchewan Learning
Box 5000
La Ronge, SK
S0J 1L0
Telephone: (306) 425-4411
Fax: (306) 425-3580
Email:
jmalmsten@rongenet.sk.ca

Designed specifically for northerners, NORTEP leads to a four-year Bachelor of Education degree. NORPAC offers up to three years of Arts and Science classes which serves as a bridge for completing on-campus studies in areas other than teaching. Both are offered through a co-operative arrangement with the Northern Lights School Division, the Ile-a-la-Crosse School Division, Creighton School Division, the Prince Albert Grand Council, the Meadow Lake Tribal Council, the University of Saskatchewan and University of Regina.

Program of Legal Studies for Native People

Native Law Centre
101 Diefenbaker Place
University of Saskatchewan
Saskatoon, SK
S7N 5B8
Telephone: (306) 966-6189

Fax: (306) 966-6207

Web Site:

www.usask.ca/nativelaw/

Annual summer program designed to help students of Native ancestry develop skills required to succeed in law school. Provides pre-law orientation and screening, and eight weeks of intensive law studies.

Regional Colleges

Offer a full range of educational programs in 40 sites across rural and northern Saskatchewan, including credit programs offered from the province's universities and the Saskatchewan Institute of Applied Science and Technology (SIAST), as well as adult basic education, literacy training, work-based training, life skills and non-credit courses. Also offer career planning services.

Regional Addresses

Northlands College

Box 1000

Air Ronge, SK

S0J 3G0

Telephone: (306) 425-4480

Web Site:

www.northlandscollege.sk.ca

Prairie West Regional College

701 Dominion Street

Biggar, SK

S0K 0M0

Telephone: (306) 948-3363

Fax: (306) 948-2094

Email:

biggar.office@pwrc.sk.ca

Web Site:

www.pwrc.sk.ca

Carlton Trail Regional College

623-7th Street

Box 720

Humboldt, SK

S0K 2A0

Telephone: (306) 682-2623

Fax: (306) 682-3101

Email:

humboldt@ctrc.sk.ca

Web Site:

www.ctrc.sk.ca

Toll-Free: (800) 667-2623

Lakeland College

2602-59th Avenue

Lloydminster, SK

S9V 1Z3

Telephone: (780) 871-5700

Fax: (780) 875-1813

Web Site:

www.lakelandc.ab.ca

Parkland Regional College

200 Block, 9th Avenue East

Melville, SK

S0A 2P0

Telephone: (306) 728-4471

Fax: (306) 728-2576

Email:

r.seidler@parklandcollege.sk.ca

Web Site:

www.parkland.sasktelhosting.net

Toll-Free: (866) 783-6766

Cumberland Regional College

501-6th Street East

Box 2225

Nipawin, SK

S0E 1E0

Telephone: (306) 862-9833

Fax: (306) 862-4940

Email:

crc.nipawin@cumberlandcollege.sk.ca

Web Site:

www.cumberlandcollege.sk.ca

North West Regional College

10702 Diefenbaker Drive

North Battleford, SK

S9A 4A8

Telephone: (306) 937-5100

Fax: (306) 445-1575

Web Site:

www.nwrc.sk.ca

Cypress Hills Regional College

129-2nd Avenue North East

Box 5000

Swift Current, SK

S9H 4G3

Telephone: (306) 773-1531

Fax: (306) 773-2384

Email:

chrc@cypresshillscollege.sk.ca

Web Site:

www.cypresshillscollege.sk.ca

Southeast Regional College

Administration

Box 2003

Weyburn, SK

S4H 2A9

Telephone: (306) 848-2500

Fax: (306) 848-2517

Web Site:

www.southeastcollege.org

Sample Survey and Data Bank Unit

Room 425, Classroom Building

University of Regina

Regina, SK

S4S 0A2

Telephone: (306) 585-4763

Fax: (306) 585-4784

Email:

ilhyeok.park@uregina.ca

Contact: Ilhyeok Park

Conducts survey research on a wide range of topics. The results of many surveys and other studies concerning women are available, including violence against women and family violence, women in agriculture, education and training needs of women, and evaluation studies of programs serving women.

Saskatchewan Communications Network (SCN)

3rd Fl., 2440 Broad Street

Regina, SK

S4P 3V7

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Telephone: (306) 787-0490

Fax: (306) 787-0496

Email:

inquiries@scn.ca

Web Site:

www.scn.ca

As the provincial educational broadcast authority, delivers educational programming to homes and schools using the province's cable, wireless and satellite television systems. SCN's Distance Learning Services provide Saskatchewan people with opportunities for formal education and training in over 200 communities.

Saskatchewan Indian Institute of Technologies (SIIT)

Head Office Asimakaniseekan
Askiy Reserve

118-335 Packham Avenue
Saskatoon, SK
S7N 4S1

Telephone: (306) 244-4444

Fax: (306) 244-1391

Web Site:

www.siiit.ca

Toll-Free: (877) 282-5622

Was first established in 1976 as the Saskatchewan Indian Community College. It is governed by Saskatchewan's First Nations but also operates within the Saskatchewan provincial post-secondary system. On July 1, 2000, provincial legislation in the Province of Saskatchewan recognized SITT as a post-secondary institution. This will assist First Nations students to transfer credits to other post-secondary institutions and to have their certificates and diplomas recognized as the provincial level. SITT initially

delivered adult academic upgrading, introductory skills and trades, and basic management training and has evolved to include certified technical, vocational and trade programming.

Saskatchewan Institute of Applied Science and Technology (SIAST)

Toll-Free: (866) 467-4278

Provides certificate and diploma level skills training, university credit, training for industry, apprenticeship, adult basic education and continuing education programs.

Regional Addresses

SIAST-Palliser Campus
Box 1420

Saskatchewan Street and 6th
Avenue North West
Moose Jaw, SK
S6H 4R4

Telephone: (306) 694-3200

Web Site:

www.siastr.sk.ca/palliser

SIAST-Woodland Campus
Box 3003

1100-15th Street East
Prince Albert, SK
S6V 6G1

Telephone: (306) 953-7000

Fax: (306) 953-7099

Web Site:

www.siastr.sk.ca/woodland

SIAST-Wascana Campus
Box 556

4500 Wascana Parkway
Regina, SK
S4P 3A3

Telephone: (306) 798-4356

Fax: (306) 798-4278

Web Site:

www.siastr.sk.ca/wascana

SIAST-Kelsey Campus
Box 1520

Idylwyld and 33rd Street
Saskatoon, SK
S7K 3R5

Telephone: (306) 933-6350

Web Site:

www.siastr.sk.ca/kelsey

Saskatchewan Skills Extension Program (SSEP)

Saskatchewan Learning
12th Floor, 1945 Hamilton
Street

Regina, SK

S4P 3V7

Telephone: (306) 787-8131

Fax: (306) 787-7182

See Regional Colleges
Regional Addresses on page
69 and SIAST Regional
Addresses on page 70.

Delivers Saskatchewan Institute of Applied Science and Technology (SIAST) credit skill training programs through the Regional Colleges. The program provides people in rural and northern areas the opportunity to participate in employment related training in or near their home communities. Programs are based on locally identified labour market needs and student demands.

Saskatchewan Urban Native Teacher Education Program (SUNTEP)

See Gabriel Dumont Institute
Regional Addresses on page
68.

A four-year education program designed for Metis and Non-Status Indian students, leading to a Bachelor of Education

degree. Offered through the Gabriel Dumont Institute of Native Studies and Applied Research, and the Universities of Regina and Saskatchewan.

Social Policy Research Unit (SPR)

Room 464, Education Building
University of Regina
Regina, SK
S4S 0A2
Telephone: (306) 585-4117
Fax: (306) 585-5408
Web Site:
www.uregina.ca/spr
Director: Dr. George Maslany

Established in 1972 as the research arm of the Faculty of Social Work at the University of Regina. Conducts critical analytic research to promote social justice and enhance individual, family and community development, and promotes social policy research findings through the media, seminars, conferences and publications. SPR's current research agenda covers social welfare policy issues related to employment, housing, health, home care, family violence, women's status, poverty, child welfare, First Nations persons, and the legal aspects of social work practice.

Technology Enhanced Learning (TEL) Unit, E-Learning Branch

Saskatchewan Learning
11th Floor, 1945 Hamilton Street
Regina, SK
S4P 3V7
Telephone: (306) 787-2712
Fax: (306) 787-6054
Email:
spronych@sasked.gov.sk.ca

Web Site:
www.sasked.gov.sk.ca
Contact: Stacey Pronych

See Regional Colleges
Regional Addresses on page 69 and SIAST Regional Addresses on page 70.

The Unit develops provincial strategies and initiatives with institutions and other partners to support the use of technologies to extend access and enhance program quality in post-secondary education and training; manages programs to support the development and delivery of post-secondary courses and programs using technology, the provision of services for learners, and professional development for faculty in adopting new approaches to teaching and learning; facilitates collaboration in the use of technology to enhance learning, including the provision of provincial policy direction and support for Campus Saskatchewan; and represents the province in inter-provincial initiatives for co-operation in the use of technologies in education.

Universities

Offer a full range of post-secondary academic programs. Both the universities of Regina and Saskatchewan have committees working to further develop women's studies. A number of first and second year programs are also delivered to rural and northern communities, in co-operation with the Regional Colleges and

the Saskatchewan Institute of Applied Science and Technology (SIASST).

Regional Addresses

University of Regina
3737 Wascana Parkway
Regina, SK
S4S 0A2
Telephone: (306) 585-4111
Web Site:
www.uregina.ca
Toll-Free: (800) 644-4756

University of Saskatchewan
105 Administration Place
Saskatoon, SK
S7N 5A2
Telephone: (306) 966-4343

University of Regina - Women's Studies Program

Faculty of Arts
University of Regina
Regina, SK
S4S 0A2
Telephone: (306) 585-5280
Co-ordinator: Darlene Juschka

Students are able to pursue an interdisciplinary major and minor in Women's Studies.

University of Saskatchewan-Women's and Gender Studies Department

Room 1024 Arts Building, 9
Campus Drive
University of Saskatchewan
Saskatoon, SK
S7N 5A5
Telephone: (306) 966-4327
Fax: (306) 966-4559
Email:
kaye@duke.usask.ca
Web Site:
www.usask.ca/wgst/
Contact: Joan Borsa

Eighteen interdisciplinary

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courses are offered in regular sessions. Further courses in the intersession and summer sessions. Students may now pursue a minor degree in Womens and Gender Studies. Also, available is a three-year BA major in Womens and Gender Studies and also a four-year BA major in Womens and Gender Studies. Specializing in the following: Sociology; English; Native Studies; Art/Art History; Economics, Philosophy and History. Students who already hold a BA can return to work on an advanced certificate in Women's and Gender Studies.

Women's Studies Research Unit

Room 200, 117 Science Place
University of Saskatchewan
Saskatoon, SK
S7N 5C8

Telephone: (306) 966-7524

Fax: (306) 966-2141

Email:

marie.green@usask.ca

Web Site:

www.usask.ca/wsr

Executive Director: Marie Green

Promotes scholarly research by, for and about women, including assistance to researchers in obtaining grants and developing proposals, as well as promoting gender equity and interdisciplinary research; facilitating exchange of information, and providing a network of support for all women studying, teaching, researching and working on campus and in the community. Membership is open to all persons committed to the objective of promoting scholarly research in Women's

Studies.

Employment and Training

Canada-Saskatchewan Career & Employment Services

Saskatchewan Community Resources and Employment
Toll Free: (800) 597-8278

There are 20 Canada-Saskatchewan Career and Employment Services (CSCES) offices located throughout the province. They offer training, employment programs and a range of services to meet the needs of job seekers and employers.

Staff will help job seekers learn where the jobs are; what types of work they want to do; and help improve skills and employment prospects. Staff will help employers recruit and screen workers; post job vacancies; and address skills shortages through training programs. They work with employers to link the abilities of Saskatchewan's workers with the needs of their business.

Offers a variety of resources, including written and electronic materials on resume writing and occupations; counsellor-assisted career planning; workshops; and computerized services, such as Internet access, CD Rom software and videos. Information is available on a range of skills training and employment programs including apprenticeship, basic education, literacy, and income support programs. The offices

have computers to access the career, employment and labour market information website called SaskNetWork (www.sasknetwork.gov.sk.ca).

The online job service on SaskNetWork is SaskJobs. It's the most comprehensive provincial system in Canada to provide job seekers and employers with online help finding work and workers. Employers can: search resumes of people looking for work and match them to the skills they are looking for; and advertise their job openings. Job seekers can: advertise their resume, search for jobs and match their skills to current job openings; look for work by location or region in the province, type of work, or both; and listen to available job listings over the phone through an interactive voice response system.

Regional Addresses

Canada-Saskatchewan Career & Employment Services Centres
701 Dominion Street
Box 700
Biggar, SK
S0K 0M0
Telephone: (306) 948-3586
Fax: (306) 948-2094

Canada-Saskatchewan Career & Employment Services Centres
298-1st Street East
Creighton, SK
S0P 0A0
Telephone: (306) 688-8826

Canada-Saskatchewan Career & Employment Services Centres

WORK, EDUCATION AND ECONOMICS

1302A-3rd Street Estevan, SK S4A 0S2 Telephone: (306) 637-3820 Fax: (306) 637-4570	Lloydminster, AB T9V 0H8 Telephone: (306) 825-6418 Fax: (306) 825-6496	Canada-Saskatchewan Career & Employment Services Centres 1288 Central Avenue Prince Albert, SK S6V 6G1 Telephone: (306) 953-2488 Fax: (306) 953-2763
Canada-Saskatchewan Career & Employment Services Centres 740 Sioux Avenue Fort Qu'Appelle, SK S0G 1S0 Telephone: (306) 332-3404 Fax: (306) 332-3417	Canada-Saskatchewan Career & Employment Services Centres 204-1st Street East Meadow Lake, SK S0M 1V0 Telephone: (306) 236-7538 Fax: (306) 236-7539	Canada-Saskatchewan Career & Employment Services Centres 1911 Broad Street Regina, SK S4P 3V7 Telephone: (306) 787-2160 Fax: (306) 787-3944
Canada-Saskatchewan Career & Employment Services Centres 623-7th Street Box 2198 Humboldt, SK S0K 2A0 Telephone: (306) 682-6770 Fax: (306) 682-3101	Canada-Saskatchewan Career & Employment Services Centres 400 Burns Avenue East Box 6500 Melfort, SK S0E 1A0 Telephone: (306) 752-6243 Fax: (306) 752-6259	Canada-Saskatchewan Career & Employment Services Centres 90-23rd Street East Saskatoon, SK S7K 0H8 Telephone: (306) 933-6281 Fax: (306) 933-7801
Canada-Saskatchewan Career & Employment Services Centres La Jeunesse Avenue Box 220 Ile a la Crosse, SK S0M 1C0 Telephone: (306) 833-3235 Fax: (306) 833-3238 Toll-Free: (877) 837-6167	Canada-Saskatchewan Career & Employment Services Centres 61A Ross Street West Moose Jaw, SK S6H 2M2 Telephone: (306) 694-3699 Fax: (306) 694-3423	Canada-Saskatchewan Career & Employment Services Centres 1st Floor, 350 Cheadle Street West Box 5000 Swift Current, SK S9H 4G3 Telephone: (306) 778-8230 Fax: (306) 778-8946
Canada-Saskatchewan Career & Employment Services Centres 1328 La Ronge Avenue Box 5000 La Ronge, SK S0J 1L0 Telephone: (306) 425-4520 Fax: (306) 425-4532 Toll-Free: (800) 888-4520	Canada-Saskatchewan Career & Employment Services Centres 210-1st Street East Box 1768 Nipawin, SK S0E 1E0 Telephone: (306) 862-1840 Fax: (306) 862-1843	Canada-Saskatchewan Career & Employment Services Centres 110 Souris Avenue Weyburn, SK S4H 2Z9 Telephone: (306) 848-2568 Fax: (306) 848-2570
Canada-Saskatchewan Career & Employment Services Centres 5016-48th Street	Canada-Saskatchewan Career & Employment Services Centres 15-9800 Territorial Drive North Battleford, SK S9A 3N6 Telephone: (306) 446-8705 Fax: (306) 446-8707	Canada-Saskatchewan Career & Employment Services Centres 400A Avenue D West Box 716

WORK, EDUCATION AND ECONOMICS

Wynyard, SK
S0A 4T0
Telephone: (306) 554-2231
Fax: (306) 554-3205

Canada-Saskatchewan Career
& Employment Services
Centres
220 Smith Street East
Yorkton, SK
S3N 3S6
Telephone: (306) 786-1354
Fax: (306) 786-1541

Canadian Construction Association

400-75 Albert Street
Ottawa, ON
K1P 5E7
Telephone: (613) 236-9455
Fax: (613) 236-9526
Email:
cca@cca-acc.com
Web Site:
www.cca-acc.com

Implementing a Canada-wide
program encouraging women
and other designated groups to
join the construction industry.

Career Circuit Carrière

202-119 Ross
Ottawa, ON
K1Y 0N6
Telephone: (613) 729-6164
Fax: (613) 729-3515
Email:
info@thecircuit.org
Web Site:
www.thecircuit.org
Toll-Free: (888) 393-3210
Toll-Free Fax: (888) 705-2502

Career Circuit is a Canada-
Wide network of non-profit
Youth Service Agencies,
providing agency staff with free
practical information, tools,
resources and training to
support effective career
services to youth.

CIPS Queen City

Women in IT Committee
Box 20073, Cornwall Centre
RPO
Regina, SK
S4P 4J7
Email:
Jennifer.tallentire@isc-online.ca
Web Site:
http://local.cips.ca/queencity/WomenIt/women_in_it_committee.htm
Contact: Jennifer Tallentire

A sub-committee of the
Canadian Information
Processing Society (CIPS) that
encourages young women to
enter education programs and
careers in IT.

Community Employment Program

Canada-Saskatchewan Career
& Employment Services
Community Resources &
Employment

See Canada-Saskatchewan
Career & Employment Services
Regional Addresses on page
72.

Funds training and
employment projects provided
by local governments, non-
profit organizations and
business for people who are
receiving provincial social
assistance and Employment
Insurance clients.

Contemporary Women's Program

(see Regina Work Preparation
Centre, page 77).

Employability Assistance for People With Disabilities (EAPD)

Saskatchewan Learning

12th Floor, 1945 Hamilton
Street
Regina, SK
S4P 3V7
Telephone: (306) 787-5602
Fax: (306) 787-7182

Provides funding for
employment related training to
adults with disabilities.

Employment and Training Apprenticeship Program

Apprenticeship and Trade
Certification Commission
2140 Hamilton Street
Regina, SK
S4P 3V7
Telephone: (306) 787-2444
Fax: (306) 787-5105
Web Site:
www.saskapprenticeship.ca
Toll Free: (877) 363-0536

Leads to certification in a trade
through an apprenticeship
which combines on-the-job
training with technical in-school
instruction. For many trades
certification can be achieved
through work experience.
Eligible participants must meet
the educational qualification for
their trade and be employed
under the supervision of a
certified journeyman.
Apprenticeship training is
available in 49 designated
trades in Saskatchewan.

Regional Addresses

Apprenticeship and Trade
Certification Commission
Box 5000
Estevan, SK
S4A 2L7
Telephone: (306) 637-4930
Fax: (306) 634-8060

Apprenticeship and Trade
Certification Commission

Box 5000
La Ronge, SK
S0J 1L0
Telephone: (306) 425-4385
Fax: (306) 425-4383

Apprenticeship and Trade
Certification Commission
110 Ominica Street West
Moose Jaw, SK
S6H 6H2
Telephone: (306) 694-3735
Fax: (306) 694-3815

Apprenticeship and Trade
Certification Commission
1146-102nd Street
North Battleford, SK
S9A 1E9
Telephone: (306) 446-7409
Fax: (306) 446-7586

Apprenticeship and Trade
Certification Commission
Box 3003
Prince Albert, SK
S6V 6G1
Telephone: (306) 953-2632
Fax: (306) 953-2628

Apprenticeship and Trade
Certification Commission
Saskatoon Regional Office
10th Fl., Sturdy Stone Building,
122-3rd Avenue North
Saskatoon, SK
S7K 2H6
Telephone: (306) 933-8476
Fax: (306) 933-7663

Apprenticeship and Trade
Certification Commission
350 Cheadle Street West
Swift Current, SK
S9H 4G3
Telephone: (306) 778-8945
Fax: (306) 778-8583

Apprenticeship and Trade
Certification Commission
72 Smith Street East
Yorkton, SK

S3N 2Y4
Telephone: (306) 786-1394
Fax: (306) 782-1612

Employment Counselling & Outreach Activities

Saskatchewan Public Service
Commission
2100 Broad Street
Regina, SK
S4P 3V7
Telephone: (306) 787-5078

Provides employment counselling to individuals requiring further information or assistance with respect to careers in the provincial government through monthly employment information sessions.

Employment Equity Program

Saskatchewan Public Service
Commission
2100 Broad Street
Regina, SK
S4P 3V7
Telephone: (306) 787-3261
Fax: (306) 787-4074
Web Site:
www.careers.gov.sk.ca
TTY (deaf or hard of hearing):
(306) 787-7576

Ensures that women in managerial and non-traditional roles, Aboriginal people, people with disabilities, and individuals from the visible minorities groups have fair and equitable access to employment and promotional opportunities in the Saskatchewan public service. Permanent employment opportunities available to the public are advertised primarily on the Public Service Commission Career Centre website and in the Saturday

editions of the Regina Leader Post and the Saskatoon Star Phoenix.

Human Resource Centres of Canada

Web Site:
www.hrsdc.gc.ca

Contact: See the blue page's Government of Canada Employment section of the phone book for phone numbers and addresses.

Provides Canadians with the tools they need to thrive in the workplace and community. Programs and services include Employment Insurance, Canada Pension Plan, Old Age Security, various employment programs and special initiatives for youth, homeless, disabled and Aboriginal people.

JobStart/Future Skills

Saskatchewan Learning
12th Floor, 1945 Hamilton
Street
Regina, SK
S4P 3V7
Telephone: (306) 787-5593
Fax: (306) 787-7182
Web Site:
www.sasked.gov.sk.ca

JobStart/Future Skills is an initiative of the Government of Saskatchewan. It is a coordinated effort across the Saskatchewan job market to make the most of employment opportunities of Saskatchewan residents.

There are three types of options:

Workbased Training for the Unemployed:
Designed for unemployed

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residents of Saskatchewan. Involves on-the-job training, with wage subsidies up to 50%, when the training leads to full-time sustainable employment.

Institutional Quick Response Training:
Training through recognized public training institutions designed for unemployed Saskatchewan residents or unemployed youth between the ages of 18-25, who have been out of school for at least one year, to provide them with the skills to meet immediate industry needs.

Sector Partnerships:
Designed to assist industry sectors to identify current and future skilled employment needs, identify strategies to address those needs, and to develop effective partnerships in human resource planning and skills training. For more information, contact your nearest JobStart/Future Skills Training Consultant.

Regional Addresses

Northlands College
Air Ronge, SK
Telephone: (306) 425-4609

Southeast Regional College
Assiniboia, SK
Telephone: (306) 642-4287

Cumberland Regional College
Cumberland, SK
Telephone: (306) 752-8102

Lakeland College
Lloydminster, SK
Telephone: (780) 871-5760

Prairie West Regional College

Outlook, SK
Telephone: (306) 867-8857

Carlton Trail Regional College
Watrous, SK
Telephone: (306) 946-2094

Parkland Regional College
Yorkton, SK
Telephone: (306) 786-2593

Palliser Campus
Moose Jaw, SK
Telephone: (306) 694-3389

North West Regional College
North Battleford, SK
Telephone: (306) 937-5144

Woodland Campus
Prince Albert, SK
Telephone: (306) 953-7034

Wascana Campus
Regina, SK
Telephone: (306) 798-0230

Kelsey Campus
Saskatoon, SK
Telephone: (306) 933-8315

Cypress Hills Regional College
Swift Current, SK
Telephone: (306) 778-5458

Labour Standards Branch

Saskatchewan Labour
400-1870 Albert Street
Regina, SK
S4P 4W1
Telephone: (306) 787-2438
Fax: (306) 787-4780
Toll-Free: (800) 667-1783

Enforces and promotes provincial minimum employment standards under The Labour Standards Act. Includes hours of work, minimum wage, maternity leave, parental leave, domestic and home workers, and equal

pay for equal work.

Regional Addresses

123-1302-3rd Street
Estevan, SK
S4A 2V6
Telephone: (306) 637-4572
Fax: (306) 637-4574

110 Ominica Street West
Moose Jaw, SK
S6V 6V2
Telephone: (306) 694-3737
Fax: (306) 694-3815

313-1146-102nd Street
North Battleford, SK
S9A 1E9
Telephone: (306) 446-7491
Fax: (306) 446-8729

3rd Floor, 800 Central Avenue
Prince Albert, SK
S6V 6G1
Telephone: (306) 953-2715
Fax: (306) 953-2673

122-3rd Avenue North
Saskatoon, SK
S7K 2H6
Telephone: (306) 933-5042
Fax: (306) 933-5444

350 Cheadle Street West
Swift Current, SK
S9H 4G3
Telephone: (306) 778-8246
Fax: (306) 778-8682

72 Smith Street East
Yorkton, SK
S3N 2Y4
Telephone: (306) 786-1395
Fax: (306) 782-1612

NAV Canada

Air Traffic Services
Box 3411 Station D
Ottawa, ON
K1P 5L6
Telephone: (613) 563-5588

Fax: (613) 563-3426
Email:
service@navcanada.ca
Web Site:
www.navcanada.ca
Toll-Free: (800) 667-4636

Recruits people for the challenging career of Air Traffic Control and Flight Service Specialists. Air Traffic Controllers and Flight Service Specialists are instrumental in assuring safe aviation in Canada. This is a rewarding career open to women. Especially interested in training more women. Free information packages on request.

Occupational Health and Safety Division

Objective is to prevent work-related injuries and illnesses. Enforces The Occupational Health and Safety Act and Regulations and provides consultation, advice and support for Saskatchewan workplaces. Assists occupational health committees and representatives, workers, supervisors and employers to carry out their responsibility for the control of workplace hazards.

Regional Addresses

OH&S
Saskatchewan Labour
400-1870 Albert Street
Regina, SK
S4P 4W1
Telephone: (306) 787-4496
Fax: (306) 787-2208
Toll-Free: (800) 567-7233

OH&S
Saskatchewan Labour

122-3rd Avenue North
Saskatoon, SK
S7K 2H6
Telephone: (306) 933-5052
Fax: (306) 933-7339
Toll-Free: (800) 667-5023

Provincial Training Allowance (PTA)

Saskatchewan Learning
4635 Wascana Parkway
Regina, SK
S4S 7K1
Telephone: (306) 787-5620
Fax: (306) 787-7537
Web Site:
www.sasklearning.gov.sk.ca/branches/sfa/pta/ptaindex.shtml

PTA is grant funding to assist with the costs of living for low income adult students enrolled in basic education and related studies, bridging programs or quick skills (4-11 weeks) training which are not approved for student loan funding. Needs assessment rules will determine who is financially needy based on income levels and family size. Students will be eligible to apply for the PTA after being placed in an approved training program. Potential students should contact their training centre for more information.

Regina Work Preparation Centre

2022 Halifax Street
Regina, SK
S4P 1T7
Telephone: (306) 757-9096
Fax: (306) 359-9044
Email:
workprep@sasktel.net
Executive Director: Arlene Scott-Stinson

A vocational counselling centre offering group and individual

counselling for men and women. Offers programs for building self-esteem; employment skills; and computer training.

Royal Canadian Mounted Police

"F" Division
6101 Dewdney Avenue West
Regina, SK
S4P 3K7
Telephone: (306) 780-6865
Fax: (306) 780-6105

Recruits interested people for policing duties and police support services. Female applicants are one of the RCMP's target groups, and all applications are welcome.

Union Women's Committees

Canadian Office & Professional Employees Union (COPE) Local 397

Women's Committee
109-2709-12th Avenue
Regina, SK
S4T 1J3
Telephone: (306) 352-4238
Fax: (306) 347-2720
Email:
cope397@sasktel.net
Contact: Denise Nicurity

Deals with issues affecting female members in the workplace, home life and society. Educates the membership and staff of the problems and concerns of women through educational and active involvement in the local. Ensures women's issues remain a priority in contract negotiations by providing proposals and/or contract language. Networks with other

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women's organizations, actively encouraging members to participate within the local and beyond.

Canadian Union of Postal Workers (CUPW)

Box 161
Regina, SK
S4P 2Z6
Telephone: (306) 522-5200
Fax: (306) 525-5224
Contact: Sherry Hayden

Studies issues and concerns that affect women. Makes recommendations to involve women in all levels of the union. Educates union members about equality issues facing women. Examines the situation of women in the post office and outside the workplace, and suggests ways to improve the lives of women.

Canadian Union of Public Employees - Saskatchewan Division (CUPE Saskatchewan)

Women's Committee
c/o 3725 E. Eastgate Drive
Regina, SK
S4Z 1A5
Telephone: (306) 757-1009
Fax: (306) 757-0102
Web Site:
www.cupe.sk.ca

Co-Chair: Sinda Cathcart
Co-Chair: Alice Frederick

Raises the awareness of all members and staff within CUPE with respect to the problems and issues affecting women in the workplace, the union and society.

Communications Energy and Paper Workers Union (CEP) Local 1120

Women's Committee
1202 Branion Drive
Prince Albert, SK
S6V 6C7
Telephone: (306) 764-5133
Fax: (306) 922-5766

Email:
cep1120@sasktel.net
Web Site:
www.cep1120.ca
Contact: Tammy Eliason

Saskatchewan Federation of Labour (SFL)

Women's Committee
3731 Victoria Avenue
Regina, SK
S4T 1M5
Telephone: (306) 751-1448
Chairperson: Colleen Malley

A standing committee of the Saskatchewan Federation of Labour which reports to the Federation's Executive Council and Annual Convention. Provides support to trade union women. Makes recommendations to the SFL Executive Council on action, policy and programs.

Deals with issues such as technological change, sexual harassment, pay equity, affirmative action, pensions, women at work and in unions, child care, pornography, sexism in unions, part-time work, violence against women, family rights, workplace health hazards, and poverty.

Addresses issues by working with other women's groups, holding workshops and conferences, providing speakers to other organizations and unions, and producing educational materials for affiliates. Works

at the national level with the Canadian Labour Congress Women's Committee, and at the local level with affiliates and labour councils' women's committees.

Saskatchewan Government & General Employees Union (SGEU)

Women's Committee
1440 Broadway Avenue
Regina, SK
S4P 1E2
Telephone: (306) 522-8571
Fax: (306) 352-1969
Email:
ybourgouin@sgeu.gov.sk.ca

Examines all issues affecting women members in their union, work, home and community lives. Evaluates the constitution and policies of the SGEU, and makes recommendations on the Employment Equity Program within the SGEU. Develops educational material and presentations, and model contract clauses on women's issues. Liaises with other women's organizations in Saskatchewan. Provides consultation, advocacy and assistance to women in the SGEU.

Work and Education Organizations

Canadian Research Institute for the Advancement of Women (CRIAOW)

Institut canadien de recherches sur les femmes (ICREF)
408-151 Slater Street
Ottawa, ON
K1P 5H3

Telephone: (613) 563-0681

Fax: (613) 563-0682

Email:

info@criaw-icref.ca

Web Site:

www.criaw-icref.ca

Executive Director: Lise Martin

National, not-for-profit organization committed to advancing the equality of women through research about the diversity of women's experience. Founded in 1976, is a bilingual, membership-based organization. Bridges the gap between the community and academe, between research and action, through its partnerships and activities. Central to CRIAW's vision are three key words: research, advancement, and women. Facilitates and supports research for the advancement of women by recognizing women's diverse experiences and perspectives; creating spaces for developing women's knowledge; bridging regional isolation and providing communication links between/among researchers and their communities.

Encouraging Enrollment in Engineering Committee

College of Engineering
University of Saskatchewan
Box 83, Room 3B48, 57
Campus Drive
Saskatoon, SK
S7N 5A9
Telephone: (306) 966-5314

Student group working to enhance the image of engineering and increase enrollment, especially enrollment by women.

International Association of Administrative Professionals (IAAP)

The world's largest association for administrative staff. "IAAP Turns Jobs into Careers." Provides up-to-date research on office trends; informative newsletters; seminars and conferences; and resources to assist administrative professionals to enhance their skills to become more effective contributors to their employers.

Regional Addresses

IAAP

Regina Chapter

Box 1013

Regina, SK

S4P 3B2

Telephone: (306) 566-3430

Fax: (306) 566-2548

Email:

lbuck@saskpower.sk.ca

Web Site:

www.iaapregina.ca

Contact: Laurie Buck,
CPS/CAP

Mothers Against Drunk Driving (MADD)

6570C Mississauga Road
Mississauga, ON
L5N 1A6

Telephone: (905) 813-6233

Fax: (905) 813-8920

Email:

info@madd.ca

Web Site:

www.madd.ca

Toll-Free: (800) 665-6233

A non-profit, grassroots organization that is committed to stopping impaired driving and supporting the victims of this violent crime.

Regional Addresses

Mothers Against Drunk Driving
402-220-3rd Avenue South
Saskatoon, SK

S7K 1M1

Telephone: (306) 244-6233

Fax: (306) 244-6263

Email:

maddsask@sasktel.net

Web Site:

www.maddsask.com

President: Crystal Lawrence

Mothers Against Drunk Drivers
5 Palenchuk Place
Meadow Lake, SK

S9X 1E8

Telephone: (306) 236-3365

Fax: (306) 236-4409

Email:

m.rowland@sasktel.net

President: Mary Rowland

Regina Women's Network

Box 3422

Regina, SK

S4P 3N8

Telephone: (306) 757-7082

Web Site:

www.rwn.ca

Encourages membership of women from all professions and occupations in order to further business and professional goals, enjoy the camaraderie of women at scheduled activities, share ideas and build friendships across a wide variety of interests and occupations. Holds regular lunches and after-hours mixers. Organizes public speakers, conferences and trade shows.

Saskatchewan Women in Trades and Technologies (SaskWITT)

Box 33084

Regina, SK

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S4T 7X2
Telephone: (306) 798-7614
Email:
saskwitt@sasktel.net
Contact: Valerie Overend

An organization of women working in trades and technologies. Encourages girls and women to consider these occupations. Provides informational speakers, and delivers workshops using videos and educational material developed by local and national WITT organizations.

Saskatoon Women's Network

Box 8504
Saskatoon, SK
S7K 6K5
Telephone: (306) 249-4454
President: Dale Webb

Provides opportunities for its members to develop professional and personal contacts through networking.

University of Regina Women's Centre

Room 226 Riddell Centre
University of Regina
Regina, SK
S4S 0A2
Telephone: (306) 584-1255
Fax: (306) 586-8812
Email:
wc@ursu.uregina.ca
Executive Director: Kimberly Sadundiak

Provides support and referrals, mentoring program and emergency assistance to individuals in the university community. Has an alternative resource centre with a collection of feminist journals and academic titles. Provides

seminars, events and programs that promote women's equality and safety.

USSU Women's Centre

c/o 65 Place Riel
1 Campus Drive
Saskatoon, SK
S7N 5A3
Telephone: (306) 966-6980

Goals are to provide educational events for women on campus, as well as support and referrals to individual women. Has a drop-in centre, library and resource file. Concerned with women in academic life, pay equity, day care, sexual assault and sexual harassment.

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Saskatoon Telephone: (306) 966-6980		Regina Telephone: (306) 766-4860	
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V		Women's Legal Education and Action Fund (LEAF) - Saskatchewan Branch	Page 32
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Saskatoon Telephone: (306) 966-2984		Women's Program	Page 9
Victim Services	Page 31	Saskatoon Telephone: (306) 975-5321	
Regina Telephone: (306) 787-3500		Women's Resource Centre	Page 56
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		Saskatoon Telephone: (306) 966-7524	
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Regina Telephone: (306) 751-4759		Young Offenders Programs	Page 32
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W		Young Women's Christian Association (YWCA) of Prince Albert	Page 9
Waskoosis Safe Shelter	Page 56	Prince Albert Telephone: (306) 763-8571	
Meadow Lake Telephone: (306) 236-5570		Young Women's Christian Association (YWCA) Regina	Page 10
Welfare Rights Centre	Page 66	Regina Telephone: (306) 525-2141	
Regina Telephone: (306) 757-3521		Young Women's Christian Association (YWCA) Saskatoon	Page 10, 56
Wellness Centre	Page 18	Saskatoon Telephone: (306) 244-0944	
Prince Albert Telephone: (306) 764-6355		<hr/>	
West Central Crisis and Family Support Centre Inc.	Page 57, 60		
Kindersley Telephone: (306) 463-6655			
Wichihik Iskwewak Safe House Inc.	Page 56		
Regina Telephone: (306) 543-0493			