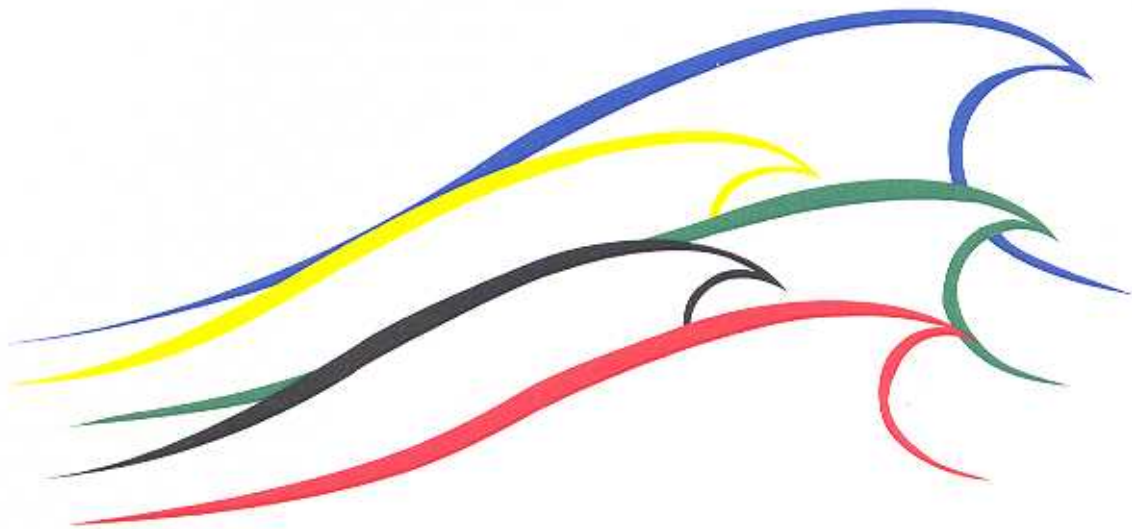


# Athletes' & Parents' Handbook



NEWFOUNDLAND  
& LABRADOR

2007 JEUX DU CANADA GAMES



Government of Newfoundland and Labrador  
Department of Tourism, Culture and Recreation

## *Message from the Chef de Mission*

The 2007 Canada Winter Games will be held from February 23<sup>rd</sup> - March 10<sup>th</sup>, 2007 in Whitehorse, Yukon. A contingent of approximately 270 athletes, coaches, managers and mission staff will represent Newfoundland and Labrador in one of Canada's premier sporting events.

As Chef de Mission for Team Newfoundland and Labrador, I want to congratulate the athletes, coaches and managers that have been selected to represent the Province at the Canada Games. The Games will serve as a unique opportunity to participate in a major sport and cultural event. Regardless of the outcome of the competition, knowing that you have strived to attain a personal or team best will be just reward.

This booklet has been designed to help athletes and families become aware of the Games operation. Read it thoroughly and note important telephone numbers and contacts. If you have any questions or concerns, please do not hesitate to contact me or any member of the Mission Staff. We will make every effort to assist you.

On behalf of the Recreation and Sport Division, good luck and best wishes to all!

**Clayton Welsh**  
Chef de Mission  
Team Newfoundland and Labrador

# NEWFOUNDLAND AND LABRADOR CANADA GAMES LOGO



Our Logo has been developed to reflect our province's participation in the Canada Games.

The logo consists of five waves. This is emblematic of our province's close association with the sea. The five waves represent our five hundredth anniversary of John Cabot's landfall at Bonavista, Newfoundland. The aggressive shape and direction of the waves together with the five Olympic colours are representative of our athletes and coaches desire to achieve their highest level of success and to be the best they can be.

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## 2007 Canada Winter Games - General Information

### Whitehorse, Yukon - Facts

The City of Whitehorse was established as a trans-shipment point during the Klondike Goldrush of 1898. It was originally given the name "White Horse" by the Gold Miners who thought that the rapids at Miles Canyon looked like the manes of charging white horses. Whitehorse is the capital city of Yukon and its current population is close to 20,000. The Yukon lies in the sub arctic climatic zone. The climate of the Yukon is characterized by long, cold winters with dark nights, and by short mild summers featuring long sunny days. Whitehorse has the distinction of being Canada's driest city, mainly because it lies in the rain shadow of the Coast Mountains. Surprisingly, despite its relative cold, Whitehorse was ranked among Canadian cities with the most comfortable climate. Mining, the Yukon's largest industry, accounts for more than 30 percent of the economy. Tourism, offering a wilderness experience in a unique and relatively unspoiled environment, provides a further base for jobs and services.

### 2007 Canada Games Mascot

Say hello to **Upila, Taigu and Yúkā**, the official mascots of the 2007 Canada Winter Games! The symbol of the husky was chosen because it is a fun representation of the north. Each mascot is clothed in a parka that is traditional of the territory they represent. The Nunavut parka is a seal skin design, the NWT parka is cut in the traditional style and the Yukon parka depicts beadwork by a local artist, Karen Bien.



The **Nunavut** mascot, **Uqila**, pronounced "ou-ke-la" with the accent of the last syllable, represents a state-of-being. It is from the Inuktitut language meaning "fast and light on your feet". The name was chosen by Timothy Pooka Nakoolak, a fourth grade student from Sakku School in Coral Harbour.



The **NWT** mascot, **Taiga**, is said to reflect the unique character of its territory. Often thought of as a vast region of forbidding northern conditions, the reality is a "take your breath away" rugged land of strong, energetic people, rich in wildlife, spectacular scenery, and intimidating water geography.



The **Yukon** mascot, **Yúkā**, which means "northern lights" in Kaska was named by a group of students from Watson Lake Secondary School.

### 2007 Canada Games Theme

*"Inspiring Dreams and Building Champions"* ... That's what the Canada Games are all about. Inspiring dreams in Canada's youth, encouraging them to participate in sport and physical activity, as well as providing programs young athletes need to reach their dreams and become champions.

## 2007 Canada Games Official Website

Check out the 2007 Canada Winter Games website [www.2007canadagames.ca](http://www.2007canadagames.ca) for up-to-date information on all Games happenings, including instantaneous sport results, athlete profiles, new releases and schedule updates as well as comprehensive information about the Canada Games including its history and current initiatives.

### Contact Information

Families and friends wishing to email athletes, coaches and managers during the Games should can do so using the following email address:

E-mail: [cg2007.teamnl@gmail.com](mailto:cg2007.teamnl@gmail.com)

Newfoundland Mission Headquarters .....	(867) 393-8514
Mission HQ Fax .....	(867) 393-8550
Medical Reception .....	(867) 393-8556 / 8557
Mission Centre Reception .....	(867) 393-8532

Prior to the Games, in Newfoundland and Labrador, the contact for all Canada Games related inquiries is:

Department of Tourism, Culture and Recreation  
Recreation & Sport Division  
P.O. Box 8700  
St. John's, NL  
A1B 4J6  
Tel #: (709) 729-2779  
Fax #: (709) 729-5293

### Accommodation Information

Individuals other than athletes, coaches and managers who require accommodation information can check out the 2007 Canada Winter Games website:

[www.2007canadagames.ca](http://www.2007canadagames.ca)

## *Transportation*

### Transportation to and from the Games

Team managers will be provided with a written travel manifest prior to departure. Participants will leave on commercial flights from St. John's & Deer Lake. Air travel arrangements will be made for athletes residing in Labrador or attending school on the mainland. Ground transportation will be

arranged for athletes residing a set distance outside St. John's & Deer Lake. Everyone must be at the airport at least 2 hours prior to departure.

## **Flight Schedule**

Team Coaches and Managers will be advised of Flight Schedules for each team as soon as commercial and charter flights are finalized with Host Society, Canada Games Council and air transportation providers.

## **Baggage**

Each participant will be given baggage tags to attach to all baggage. Luggage will be restricted to two pieces of check-in luggage (including equipment) and one piece of carry-on luggage. Athletes should ensure their carry-on luggage contains appropriate items for over night since baggage cannot be collected until the morning following arrival. Baggage will arrive at the Athletes' Village and be delivered to the baggage pick up area for athletes to collect. **Please make sure that all baggage is identified with your name and address.**

## **Transportation During the Games**

Athletes, artists, coaches and managers will be provided with transportation from one venue to another. Look for the schedule in your information package.

Encourage your parents and other spectators to use the City of Whitehorse transit buses to get around. The transit buses will be free of charge to all accredited Games participants.

# ***Accreditation***

All 2007 Canada Games athletes, artists, coaches, managers, technical officials, VIPs, media, volunteers and staff are given an accreditation pass. This pass identifies them and allows access to sites and venues specific to their group. Accreditation passes must be worn **and visible** at all times during the Games. Pass information should not be blocked by pins, etc., **as security personnel will verify accreditation pass at all checkpoints.**

## **Lost Accreditation Pass**

If an accreditation pass is lost, please contact a member of your mission office in the mission centre located at the College Campus.

## **Admission to Sporting Events**

Accreditation Passes will serve as your ticket and provide access to a limited seating area(s) at **some competition** venues on a "first-come, first-seated" basis during preliminary rounds. **Please verify with your mission desk for admission tickets for medal rounds. You will need a ticket to attend the National Artist Program Show.**

## *Athlete's Village*

The Athletes' Village for the 2007 Canada Winter Games will provide sleeping accommodations, food services, medical services, the Village Information Centre (Mayor's Office), and entertainment to nearly 4,000 athletes, artists, coaches and managers expected to participate in the Games. The Village will also be the location of all offices for Missions, Sports Organizations, and other official organizations related to the Games.

### **Accommodations / Residence**

Accommodation in the Village will be in two newly constructed, fully accessible, residence buildings, located on the Yukon College campus. Athletes, coaches, managers and artists will be housed in dorm style residences (Building A and Building B). Athletes' Village facilities are conveniently located within a short walking distance of each other, enabling easy access to all Village areas.

The Athletes' Village will be secured 24 hours a day and accreditation will be checked upon entry to the Village site. Building A will have a residence office, which will be staffed from **6 a.m. to 12:30 a.m.** The entrance to the residences will be through the main access door. The side doors are for emergency exit only.

***Both buildings will accommodate athletes with Special Needs.***

### **Housekeeping**

Daily cleaning service is provided to public areas in each residence. There will also be daily cleaning of all washroom facilities. General room tidiness is each individual's responsibility. Garbage will be removed daily. For participants staying in suites, please place garbage in common area of suite (beside kitchen sink). For participants staying in basement rooms, please tie garbage bags and place outside room door in hallway for daily pick-up by custodial staff. Excessive room wear-and-tear or uncleanliness will be reported to the Chef de Mission, and in these situations, monetary compensation may be required to return the room back to its original state.

### **Keys**

Each athlete, coach, manager and artist will be issued a bedroom key upon check-in. Each participant is responsible for his/her own key at all times. Participants are responsible for ensuring that their bedroom door remains locked. In the event that a participant is locked out of his/her room, accreditation will need to be shown to Residence Office staff to allow access. Upon departure, all participants should return their keys to their respective coaches/managers who will then return all keys to their Chef de Mission or Mission designate. Chef de Mission is responsible for ensuring all keys are accounted for and placed in the envelope provided and returned to the Residence Office. Any lost, non-returned or missing keys are the responsibility of the room occupant and a charge of \$10 will apply.



## Towels/Bedding

Please note that all athletes, coaches, managers and artists are required to provide their own **pillows, towels and face cloths**. One fitted sheet and one sleeping bag per occupant will be provided. Any damaged or missing sheets will be charged to the room occupant. The charge for a replacement sheet will be \$10.00. Toiletries and other items will be available for sale in the campus Bookstore located in the main Village complex.

## Backpacks and Sleeping Bags

As a gift from the 2007 Canada Winter Games, you will be receiving a backpack and a sleeping bag to take home with you. Below are the sizes, so be sure to pack accordingly.

- Backpack size is 47 cm x 31 cm x 23 cm
- Sleeping bag size is 192 cm x 84 cm out of the stuff sac and 46 cm x 28 cm in the stuff sac.

## Room Checks

Prior to occupancy, for Weeks One and Two, Mission Staff from each Province and Territory must complete a "Room Condition" checklist. A similar check will occur at check-out at the conclusion of Week Two. Room checks will be conducted throughout the week. Advance notice will be given.

## Damages

Each team will be responsible for restitution of all damages or loss of Village property and furnishings. On discovery of any damage or loss, the Host Society will immediately notify Mission Staff, allowing reasonable time to survey the damage or loss prior to commencement of repairs or replacement. Actual repair and/or replacement costs will apply and will be the responsibility of the team.

The Host Society is not responsible for loss or damage to the property of participants or organizers, or for valuables left in residence rooms, lounges, bathrooms and campus buildings. Bedrooms are not equipped with in-room safes and no alternate storage area will be provided. All property brought to the Athletes' Village is at the risk of the owner.

## Equipment Storage and Drying

Athletes are permitted to bring their team uniforms and the following equipment to their rooms for safekeeping and/or drying:

**Cross-Country Skiing:** Boots

**Figure Skating:** Skates/Bag

**Badminton:** Racquets

**Speedskating:** Skates, Helmet

**Squash:** Rackets

**Table Tennis:** Paddles

The following equipment is **not permitted** in the residence and alternate storage at the Village or a sport venue will be provided:

**Cross-Country Skiing:** Skis, Poles  
**Alpine Skiing:** Skis, Poles, Helmets, Boots  
**Curling:** Brooms, Shoes  
**Hockey:** Bag, Skates, Sticks  
**Biathlon:** Skis, Poles, Rifles

**Fencing:** Sabres, Foils, Epees  
**Wheelchair Basketball:** Chairs, Balls  
**Table Tennis:** Gloves  
**Shooting:** Rifles

## **Curfew at the Athletes' Village and the Residence**

Quiet time will commence at **11 p.m.** Athlete Entertainment rooms will be shut down. TVs and music will be turned off and people will move quietly to the Athletes' Residence. All athletes, artists, coaches and managers must be in their designated rooms by curfew at **12 midnight** with lights out.

Any athlete, coach, manager or artist who misses the **12 midnight** curfew will have their 2007 Canada Games accreditation removed by security and held at the main access control point of their designated residence. Chef de Mission will be called to deal with the infraction accordingly. The Coaches and Managers are responsible to conduct bed checks and account for all participants.

## **Turnaround Day and Final Departure**

All Week One participants will be required to vacate their bedrooms **early Friday, March 2<sup>nd</sup>**. All Week Two participants will be required to vacate their bedrooms by **9 a.m.** on Saturday, March 10<sup>th</sup>. All National Artists will be required to temporarily vacate their rooms for cleaning **early Friday, March 2<sup>nd</sup>**, they will be allowed re-entry after **3 p.m.** All National Artists will be required to vacate their rooms by **9 a.m.** on Saturday, March 10<sup>th</sup>.

After packing their luggage, participants must remove the sheet and sleeping bag from the bed. Sheets may be left on the floor for pick up by cleaning volunteers. Sleeping bags become the personal property of the athlete. Mattresses are to be left on the bed; pillows are the personal property of the participant and must be packed with their other belongings and removed from the rooms. Garbage and items for recycling are to be removed by individuals and left outside the suite door. All participants should return their keys to their respective coaches/managers who will return all keys to Chef de Mission. Chef de Mission is responsible for ensuring all keys are accounted for and return them in the envelope provided to the Residence Office.

## **Village Information Centre (Mayor's Office)**

Centrally located in **room C-1210** of the Main Village Complex, the Village Information Centre will provide a wide variety of services during the Games. The Village Information Centre will be a friendly, service orientated place, available to support the care and comfort of athletes. The Village Information Centre will be staffed from **6 a.m.** until **11 p.m.** each day.

The following information will be available through the Village Information Centre:

- > Sport schedules and results
- > Games bus schedules
- > Whitehorse Transit schedules
- > Whitehorse and Yukon tourism information
- > Village information/maps
- > Religious services information

- Lost and Found
- Information about other services

The following services are available in the Athletes' Village:

- Cash machines
- Food Services
- Games wear merchandise for sale
- Bookstore with variety of supplies, including confectionery
- Canada Games Athlete Entertainment areas including Internet Cafés

## **Valuables and Lost and Found**

**We recommend that valuable items be left at home.** Personal items are the responsibility of each individual. The Host Society assume no responsibility for lost, stolen or damaged items. Anything found of value will be turned into Security desk (located in the Athletes' Village) and will serve as a temporary lost and found centre for 24 hours. After that, unclaimed articles will be forwarded to the Village Information Centre. Anything found in the Residence will be turned into the Residence Office, located in Building A. Items left at sport venues will remain at that venue until the end of the day, at which time unclaimed items will be forwarded to the Village Information Centre.

## **Telephones**

Pay phones are located throughout the Village. Athletes and artists are encouraged to use available pay phones in an effort to keep cell phone usage to a minimum. Please note that roaming and 1x cellular charges can be significant.

## **Laundromats / Dry Cleaning Services**

No laundry or dry cleaning services will be available directly on site at the Athletes' Village. Commercial services are available as follows:

Norgetown Laundry and Drying Cleaning - 4213-4th Ave. - Telephone 667-6113

- coin operated washer and dryers
- soap and fabric softeners available for purchase

Family Stop Laundromat - 314 Ray Street - Telephone 668-5558

- coin operated washers and dryers
- soap and fabric softeners available for purchase

Qualita Cleaners - 3161 3rd Ave. - Telephone 667-7318

- drop off and pick up only

## **Food and Beverage Services**

The Yukon College Cafeteria and Resource Centre will be utilized for the food servery and dining areas. The dining areas will be accessible to athletes, artists, coaches, managers, food service

staff and food service volunteers by accreditation only. A grazing menu will be available from **6 a.m. to 10 p.m.** daily.

**Hot food will be available at the following times:**

<b>Breakfast</b>	<b>6 a.m. - 10 a.m.</b>
<b>Lunch</b>	<b>11 a.m. - 2 p.m.</b>
<b>Dinner</b>	<b>4 p.m. - 10 p.m.</b>
<b>Auxiliary Food Bars</b>	<b>6 a.m. - 10 p.m.</b>

All food must remain in the dining area. Each guest must clear his/her own table and separate recyclable items and garbage into bins at the tray return area.

Please note that all knapsacks, sport bags and coats must be checked at the bag/coat check area before entering the dining area. Participants are encouraged to keep their bag check items to a minimum to help prevent delays and misplaced items.

A limited number of Athletes' Village cafeteria vouchers will be available for sale at the Village Information Centre for Mission Staff, VIPs and Athletes' Village volunteers.

## *Environmental Services*

All Games participants are encouraged to promote a Green Games and help keep the Yukon wild and beautiful.

### **Recycle and Compost**

Recycling and composting bins are located wherever there are garbage cans.

- Recyclables include beverage containers, all types of paper, hard plastic, glass and cardboard. Please try to finish any drinks before putting them in the recycling.
- Compost includes any organic materials: food waste, non plastic wrappers, napkins and other paper that has been soiled with food. Please try to separate out any plastic utensils.
- Garbage includes everything else such as styrofoam, plastic wrappers and plastic utensils.

### **Follow the three R's**

**Reduce, Reuse and Recycle.** Before reaching for that bottled water, those extra napkins or that newspaper ask yourself whether you really need it. Is there a tap where I can refill my water bottle instead? Can I wait until I really need those napkins before I take them? Can I share a newspaper with my friends? Stopping waste before it even becomes waste is a great way to be green.

# *Security*

## **Access Control**

Admission to athletes' residence buildings during the Canada Games will be restricted to those persons who have proper accreditation. Admission will be granted to athletes, managers, coaches, National Artists Program participants, National Artists chaperones, Mission Staff and athletes' residence volunteers.

In addition to those above, admission to the Athletes' Village will be granted to Athletes' Village volunteers, medical staff, medical volunteers and VIPs.

## **Security Headquarters**

The Security Command Centre (SCC) is located in **rooms C-1205 / C1200** of the main Village complex. The SCC is a focal point for all security operations for the Games. It is also the outbound emergency call station in the case of an occurrence. Security will be operational 24 hours a day.

## **Rounds/Patrols**

In addition to the fixed accreditation/security checkpoints, Village Security will conduct patrols of both the interior and exterior of Village buildings.

## **Incidents**

For the protection of all participants, any disruptive behaviour by an athlete, artist, coach or manager will be reported to your Chef de Mission. Criminal activity will be reported to the police and your Chef de Mission or Mission designate.

## **Fire and Emergency Safety**

Emergency exit information will be clearly marked. In the event of a fire alarm, the Athletes' Village will operate on a "mandatory evacuation" principle. The building will be completely evacuated and remain so, until the Fire Department has given the "all clear" and the fire alarm system is properly reset. Each building will have a designated evacuation area for athletes to gather and await information on when it is safe to re-enter the building. Emergency exits will be locked once evacuation is complete. Re-entry will occur through the main entrance and accreditation will be checked.

## **Elevators**

In the event of a fire alarm, elevators will remain out of service until building occupants have been re-admitted.

## *Medical Services*

The 2007 Canada Winter Games Medical Services Division will work to provide a safe and healthy environment for all participants, spectators, volunteers, VIPs and media representatives. Participant medical services will be provided at all competition venues, selected practice venues, Opening and Closing ceremonies, and the Polyclinic (located at Athletes' Village). Services provided at these venues are free of charge to all participants, and are administrated by volunteer medical professionals. Medical services volunteers will be easily identified.

Participants for medical services include athletes, coaches, managers, mission staff, artists and officials. Proper accreditation will be required to access all medical areas.

First Aid services will be available for spectators, volunteers, VIP's and media representatives at all competition venues, Opening and Closing ceremonies and Athlete's Village.

### **Participant Medical Services Offered at Each Competition Venue**

Medical services will be available on-site 1 hour before and after competition.

Medical services for participants at the competition venues will be determined based on risk level of the sport and will include, at a minimum:

- Basic Life Support at all venues and Advanced Life Support at high-risk sports;
- Wound and injury assessment and treatment;
- Return-to-play recommendations; and
- Taping reinforcement and modification.

Each sport at the 2007 Canada Winter Games has been assigned a risk which will assist with volunteer and resource allocation.

### **Risk Level Determined for Each Sport**

#### **HIGH**

Alpine Skiing  
Boxing  
Figure Skating  
Gymnastics  
Judo  
Hockey  
Short Track Speed Skating

#### **MODERATE**

Badminton  
Biathlon  
Cross Country Skiing  
Fencing  
Long Track Speed Skating  
Squash  
Wheelchair Basketball

#### **LOW**

Curling  
Shooting  
Synchro Swimming  
Table Tennis

The following indicates the preferred volunteer staffing at the venues (based on the risk of the sport):

**HIGH**

Physician  
Nurse (if required)  
Athletic Therapist  
EMS on site

**MODERATE**

Physician  
Nurse (if required)  
Athletic Therapist  
EMS on call

**LOW**

Athletic Therapist  
EMS on call

**Canadian Ski Patrol System (CSPS)** will be present at biathlon, cross country and alpine skiing venues.

**Lifeguards** will be present at synchronized swimming venue.

A **medical venue team** representative will be present at each sporting venue and the Polyclinic.

### **Participant Medical Services Offered at the Polyclinic**

The Polyclinic will be open from **7 a.m. to 10:30 p.m.** for the duration of the 2007 Canada Winter Games. The last patient will be admitted no later than **10 p.m.** each night.

Medical service providers at the Polyclinic include physicians, nurses, physiotherapists, athletic therapists, massage therapists, chiropractors, pharmacists and medical support services.

As a guideline, athletes must be accompanied by a coach, manager or mission staff on their initial visit for each injury. They may return unaccompanied for all subsequent treatments dealing with the same initial injury.

A physician's referral is required for all services offered at the Polyclinic.

Medical services provided to participants at the Polyclinic will include:

- Medical assessment and treatment
- Physio/athletic therapy
- Massage therapy
- Chiropractic services
- In-patient services at the infirmary
- Pharmacy
- Taping
- On-call services for dental, optometry and mental health

*To contact the Polyclinic call: 867-393-8556 or 867-393-8557.*

### **Medical Services Provided at Practice Venues**

There will be medical services provided at selected practice times and locations. Medical volunteers will be scheduled based on the practice risk of each individual sport.

## **Medical Transportation Provided to Participants**

Medical transportation provided to participants will be by ambulance or medical van. Medical transportation for participants includes:

- Ambulance from any Games venue to Whitehorse General Hospital
- Medical van from a venue to the Polyclinic
- Medical van from the Polyclinic to the hospital, specialist, or local pharmacy.

## **Medical Services Provided to Spectators/Volunteers/VIP's/Media**

First Aid services will be available at all competition venues, Opening and Closing ceremonies, festival site and Athletes' Village. In The event of a medical emergency, 911 will be called.

## **Confidentiality**

All information regarding medical care of participants at the 2007 Canada Winter Games will be kept confidential.

Any staff or volunteer working with the Medical Division or who has access to any confidential medical records will be required to sign a Confidentiality Agreement prior to the start of the Games.

All requests for medical information will be directed to the Chief Medical Officer (CMO).

## **Allergy Bracelets**

Any participant who has an allergy will be provided with a wristband for identification while being treated at the Polyclinic.

It is at the discretion of the participant if they choose to use this service outside the Polyclinic. Allergy identification wristbands will be available at the Polyclinic and at all sport venues.

## **Don't Forget ...**

- Bring an extra pair of glasses and/or contacts
- Fill and bring your prescriptions

## **What to do if ...**

### **You get injured at your competition venue:**

1. If possible, contact your coach, manager or mission staff
2. Go with your coach, manager or mission staff to the medical room to be assessed and/or treated for your injury

### **You get injured outside your competition venue (ex. at the Village):**

1. If possible, contact your coach, manager or mission staff
2. Go with your coach, manager or mission staff to the Polyclinic to be assessed and/or treated for your injury



**You require subsequent treatment for your injury after your initial assessment:**

1. Go to the Polyclinic during the specified hours of operation
2. You do NOT need to be accompanied

**You get injured or sick when the Polyclinic is close:**

1. Contact your coach or, your designated Mission Staff
2. If you can not reach either of the above people, contact another coach from your province or territory

**You need Medical treatment that you want to remain confidential from your coach, manager, Mission Staff:**

1. Go to the Polyclinic and ask to speak to a physician.

## *Doping Control*

The Canadian Centre of Ethics in Sport (CCES) is responsible for doping control at the 2007 Canada Winter Games.

Doping Control Headquarters will be located at the Athletes' Village in **room 1120**. No scheduled testing will be done at this location. This will be the secure site for all doping control coordination. All testing will be conducted on-site at the competition venues. All competition venues will have either a fixed or mobile doping control station.

The number of tests and when they will be conducted are determined by the National Sport Organizations with consultation from the Canadian Centre for Ethics in Sport. Details as to who will be tested will remain confidential until the tests are taken. Standard operating procedures of the CCES will be followed. The results take approximately 48-72 hours to be returned. Negative results require no further action. In the event of a positive test, all stakeholders will be informed and the athlete will be withdrawn from competition. If the results are not contested, or after any unsuccessful appeals, disqualification from the Games, invalidation of results, return of any awards, ineligibility from future Games, etc. will follow.

## *Opening and Closing Ceremonies*

### **Opening Ceremony**

The **Opening Ceremony** for the 2007 Canada Winter Games will take place at **5 p.m.** on February 23<sup>rd</sup> at Riverfront Stadium in Whitehorse.

Week One athletes will attend the Opening Ceremonies. This is a unique experience that will help create Games Spirit as you parade into the grounds, surrounded by the majesty of the North. Your Chef de Mission will have your team's transportation and marshalling information. This is the time

to strut your stuff wearing your team gear, and be sure to tell family and friends to watch you on **CBC Newsworld live**.

## **Closing Ceremony**

The **Closing Ceremony** for the 2007 Canada Winter Games will take place at **3:30 p.m.** on March 10<sup>th</sup> at Riverfront Stadium in Whitehorse.

Week Two athletes will participate in the Closing Ceremonies. You have competed and pushed your limits, now it is time to look back on your experience and your memories of the Games. Your Chef de Mission will have your team's transportation and marshalling information. After the Ceremonies, it's time to swap your gear with athletes from other provinces and territories.

## ***Athletes' Village Entertainment***

The Athletes' Village will provide entertainment for athletes on a daily basis.

**The Hood (athletes' lounge - room C1550)**, will be open from **8 a.m. to 11 p.m.** and will host "special entertainment" fun nights where athletes may participate and interact.

**The Chill Room (room C1140)**, will be open from **8 a.m. to 11 p.m.** The athletes will have access to pool tables, foosball table, and other forms of entertainment such as cards, board games, etc.

**The Studio (art room - room C1442)**, will be open from **8 a.m. to 11 p.m.** and will facilitate t-shirt making and various workshops. Watch for the schedule!

**The Silver Screen (movie room - room T1021 / T1022)**, will be open from **11 a.m. to 11 p.m.** and will feature three movies nightly.

**The Play Station (video game room - room C1540)**, will be open from **11 a.m. to 11 p.m.**

## **Internet Café**

The Athletes' Village will have two computer labs available for participants to email and share accomplishments and experiences with families and friends. The labs will be available from **6 a.m. to 11 p.m.** Printing will not be available. We ask that you not monopolize a computer when others are waiting, and that you not bring food or drinks into the labs. **The Hub (room T1030)**, will provide email service only. **The Portal (room T1023)**, can be used for gaming as well as email service.

## **Coaches' Lounge**

**Coaches' Corner (room A2202)**, is where managers and coaches can enjoy the use of televisions, computer access and music. The Coaches' Corner will be open from **5:30 p.m. to 11:30 p.m.** daily.

## Large-Scale Entertainment

**Groove Factory (gym)**, will hold two evenings of entertainment each week, a Rock Show on Tuesday, February 27 and Tuesday, March 6 and a DJ Dance Party on Thursday, March 1 and Friday, March 6. The Rock Show will have local live music performances and the DJ Dance Party will host local Djs and Encees. Doors will open at **6 p.m.**, with the show starting **7 p.m.** and ending at **11 p.m.** This event is open to athletes, artists, managers, coaches and Mission Staff. Everyone must show accreditation at the door to enter. There will be no space to check bags, sweaters etc. so please leave extra articles in your room. This event is substance free and shoes appropriate for gym use are mandatory. Above all, come out and enjoy yourself with other athletes.

### *Principles of Fair Play*

- Respect the rules.
- Respect the officials and their decisions.
- Respect your opponent.
- Give everyone an equal chance to participate.
- Maintain your self control at all times.

### *Disciplinary Policy*

A Disciplinary Committee consisting of the Chef de Mission, coaches, managers and athletes was established to assist in developing a disciplinary policy for all participants representing Newfoundland and Labrador at the 2007 Canada Winter Games. For additional information, please refer to the Newfoundland and Labrador Policy - Code of Conduct booklet.

#### **Guidelines**

1. All Provincial Team members will be drug free. For information pertaining to any special circumstances, please call the Canadian Centre for Drug Free Sport at **1-800-672-7775**.
2. Provincial Team members under the age of 19 will not consume alcohol at any time during the Games.
3. No alcohol or illegal drug will be brought into or consumed by any Provincial Team member in the Athletes' Village or any Games venue.
4. All athletes, coaches and managers will stay in their assigned Athletes' Village and will adhere to the midnight curfew throughout the entire Games.
5. No athlete, coach or manager will display inappropriate or unbecoming behaviour at any time during this national event.

## Disciplinary Action

The following outlines the disciplinary action which may be imposed on any team member who violates any of the above guidelines. The severity of the action will depend on the nature of the violation.

- Violation of any one of the above guidelines will be brought to the attention of one or all of the following: Chef de Mission, team coach or manager, mission staff member, PSO and/or parents.
- The offender will have all privileges suspended until a disciplinary hearing is held between the offender and the Chef de Mission and the team's coach or manager.

## Discipline May Range From

- Confinement to Athlete's Village;
- Withdrawal of offenders participation privileges for specified time;
- Full suspension and removal from the Games;
- The return of offender to their home province at offenders expense; and/or
- Further sanctions may be pursued after the Games.

## *Canada Games Awards*

<b>Participation Award</b>	The Host Society will present each official team member with a participation certificate.
<b>Canada Games Flag</b>	In order to stress team spirit and to encourage maximum participation in the Games, the Host Society will present the Canada Games Flag to the province or territory aggregating the largest number of points from all the events in the Games.
<b>Centennial Cup</b>	This award is presented to the provincial or territorial team that shows the greatest improvement in their final standing from one Summer Games to the next or from one Winter Games to the next.
<b>Jack Pelech Award</b>	This award is presented to the provincial or territorial team whose athletes, coaches, managers and mission staff best combine competitive performance, good sportsmanship, and a spirit of fair play, cooperation and friendship.
<b>Claude Hardy Award</b>	Claude Hardy, who passed away on December 5, 1999, was a pioneer of the Canada Games from their very beginning. His first involvement was as an athlete at the inaugural Canada Games in Quebec City in 1967. In 1969, he was a coach for Team Quebec at the Canada Summer Games in Halifax-Dartmouth, Nova Scotia and from 1971 to 1999, excluding only the 1975 and 1979 Canada Winter Games, Claude Hardy led Team Quebec as Chef de Mission.

His last Games were the 1999 Winter Games in Corner Brook where it was announced that, at each edition of the Games, an award in his name would serve to recognize the talents and dedication of a provincial or territorial Mission Team.

**Roland Michener Award** This award was established in 1992 in recognition of Roland Michener's contribution to Canada, for his passion for physical fitness and his belief in the power of sport in building unity and mutual trust. One of Canada's Governor Generals, he attended three Canada Games. Presented every two years to young Canada Games participants who exemplify leadership, co-operation and achievement.

## *Cultural Events*

### **National Artist Program**

Welcome artists. We are excited to have this group of talented young individuals here in the North and we look forward to seeing the shared results of your talent and creativity. Your first session will be Friday following your arrival when you will attend an orientation to meet the artistic director, the mentors and your fellow artists.

### **Cultural Festival**

Come on down to our Cultural Festival! In downtown Whitehorse, the ATCO Place venue will be transformed from the site of the Opening Ceremony, to a village-themed cultural festival atmosphere. Join us for music, dance, arts and crafts, theatre, snow carving, storytelling, fashion and film, as well as pin trading, family events and northern food. The action will happen from **4 p.m. - 10 p.m.**, February 28 - March 6.

### **Visual Art Exhibition - Burning Gold**

Come and partake in a national visual art exhibition by some of the country's most exceptional visual artists. The exhibition, titled Burning Cold, will be open during the entire two weeks of the Games, held in the Yukon Arts Centre, right next door to the Athletes' Village.

## *Rant n' Roar Newsletter*

The traditional provincial newsletter "Rant n' Roar" will be published during the Games. Participants are encouraged to drop off articles or information they would like included in the newsletter to the Newfoundland and Labrador Mission Desk.

This publication is a good information source as Games results and schedules are printed daily.

## *Mission Staff Members and their Role*

### **Mission Staff Members**

Clayton Welsh	Chef de Mission
Dave Feener	Assistant Chef de Mission
Eva Trickett	Administrative Assistant

Glenn Littlejohn	Frank Humber	Gary Power
Roger McGrath	Vic Janes	Janice Ryan
Patti Thorne	Dennis Lush	Karen Sherriffs
Michelle Healey	Ken Lyall	Heber Smith
Jean Blackie	Carla May	Gerald Wheeler

### **Role of Mission Staff**

- Assist teams with registration procedures;
- Ensure managers are aware of venue locations;
- Acquaint managers with procedures for Opening/Closing Ceremonies;
- Work daily shift on Mission Desk;
- Attend as many practices and competitions as possible;
- Be prepared to assist coach or manager in any way possible;
- Attend sport meetings prior to competition;
- Attend Games meetings when designated by Chef;
- Coordinate media interviews; and
- Marshall contingent for travel.

## *Mission Staff Assignments*

### WEEK 1 (February 23<sup>rd</sup> - March 3<sup>rd</sup>, 2007)

Badminton .....	Vic Janes
Biathlon .....	Glenn Littlejohn
Curling - Women's .....	Jean Blackie
Hockey - Men's .....	Heber Smith
Judo .....	Vic Janes
Shooting .....	Michelle Healey
Speed Skating .....	Carla May
Synchronized Swim .....	Michelle Healey

### WEEK 2 (March 4<sup>th</sup> - 10<sup>th</sup>, 2007)

Alpine Skiing .....	Janice Ryan
Artistic Gymnastics .....	Karen Sherriffs
Boxing .....	Glenn Littlejohn
Cross-Country Skiing .....	Frank Humber
Curling - Men's .....	Gerald Wheeler
Fencing .....	Ken Lyall
Figure Skating .....	Glenn Littlejohn
Hockey - Women's .....	Roger McGrath
Squash .....	Patti Thorne
Table Tennis .....	Dennis Lush
Wheelchair Basketball .....	Gary Power

## *Sports and their Venues*

### **WEEK 1 (February 23<sup>rd</sup> - March 3<sup>rd</sup>, 2007)**

Opening Ceremonies .....	Riverfront Stadium
Badminton .....	CGC Fieldhouse 1
Biathlon .....	Grey Mountain
Curling - Women's .....	Mt. McIntyre
Hockey - Men's .....	Takhini Arena / CGC
Judo .....	CGC Fieldhouse 2
Shooting .....	Vanier Secondary
Speed Skating - Long Track .....	FH Collins High School
Speed Skating - Short Track .....	CGC Olympic Ice
Synchro Swim .....	CGC Lions Aquatic Centre

### **WEEK 2 (March 4<sup>th</sup> - 10<sup>th</sup>, 2007)**

Alpine Skiing .....	Mt. Sima
Artistic Gymnastics .....	CGC Fieldhouse 2
Boxing .....	FH Collins High School
Cross-Country Skiing .....	Mt. McIntyre
Curling - Men's .....	Mt. McIntyre
Fencing .....	Vanier Secondary
Figure Skating .....	CGC Olympic Ice
Hockey - Women's .....	Takhini Arena / CGC
Squash .....	Better Bodies / Selkirk
Table Tennis .....	CGC Fieldhouse 1
Wheelchair Basketball .....	Porter Creek Secondary
Closing Ceremonies .....	Riverfront Stadium



## *Personal Checklist*

- Towels
- Face Cloths
- Pillow (inflatable type if possible)
- Soap & Shampoo
- Laundry Detergent
- Toothbrush & Toothpaste (*include in carry-on*)
- Personal Toiletries (*include in carry-on*)
- Bandaids
- Combination Lock (*include in carry-on*)
- MCP Card
- Footwear for Showers
- Camera & Film (*include in carry-on*)
- Baggage Tags
- Travel Alarm Clock
- Pins for Trading (some are supplied) (*include in carry-on*)
- Glasses / Contact Lenses & Accessories (*include in carry-on*)
- Uniforms (walkout & competition)
- Rain Wear
- Swimsuit
- Sports Equipment
- Outerwear (sun screen, lip balm, hat, sunglasses, etc.)
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- \_\_\_\_\_
- \_\_\_\_\_
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## *Notes and Autographs*

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—JEUX DU—  
CANADA  
—GAMES—

