Stalking:

Criminal Harassment

Calling A Crime A Crime

Stalking is a crime. It's called Criminal Harassment.

It involves repeated actions by another person that causes you to fear for your safety. No one has the right to make you feel unsafe. Criminal Harassment can happen in any relationship, and it can lead to violence.

It is a crime when someone against your wishes:

- x follows, visits, calls or writes you, over and over again
- x watches your home or workplace
- x does something threatening to you or a family member.

What to do

- Contact the police.
- ✓ Go to a safe place.
- Have a plan. Know who to call or where to go if you are in danger.
- Record details about the harassment.
- Tell friends and family that you are being harassed. Tell them what the harasser looks like.
- Get someone else's attention if you are being followed. Stay in areas where other people are.

Details to record

- dates, time and places
- anything the stalker did or said including nicknames or things that only the stalker would know
- names of witnesses
- numbers the stalker calls from (if you have call display), and when the stalker called
- keep any letters the stalker may have sent you

What will the police do?

Give the police as much details as possible. Tell them why you fear for your safety. If you kept a record of the harassment, give it to the police.

The police might decide to press charges or they may ask you to keep a more detailed record of the harassment. This information may help them to lay criminal charges.

Victim Services can help you learn about and prepare for the criminal justice system.

Carbonear	945-3019
Clarenville	466-5808
Corner Brook	637-2614
Gander	256-1028
Grand Falls-Windsor	292-4544
Happy Valley-Goose Bay	896-0446
Nain	922-2360
Port Saunders	861-2147
Stephenville	643-6588
St. John's	729-0900

If you are in immediate danger, call 911 or the police.