

Rant n' Roar

Team Newfoundland
and Labrador
Newsletter at the Games

**Week One
Draws to a Close**

Chef's Farwell Message

The first week of the 2007 Canada Winter Games is quickly coming to a close and today we will be saying "good bye" to most of you. On behalf of our Assistant Chef, Dave, and myself, I would like to say a big THANK YOU for this past week. The comments coming back to us from the Host Society and the Chefs and Assistant Chefs have been all positive and I commend each and every one of you. It has been a pleasure working with the coaches and managers; you have helped make the jobs of our Mission Staff that much easier. To the athletes we have watched you perform and give 100% effort all week; you have made us proud and you have been great Ambassadors for the Province of Newfoundland and Labrador. At this time, I would also like to thank our Mission Staff members for the tremendous job you have done; we were short staffed, but you all came through BIG TIME. Many parents and other family members travelled to Whitehorse for the Games. It was great to see you supporting the various NL teams and we thank you for your tremendous support. To all of our Contingent members traveling home today, have a safe trip home!

Team NL's Mission Office

Phone: 393-8514 E-Mail: cg2007.teamnl@gmail.com

Team NL's Website

<http://www.tcr.gov.nl.ca/tcr/canadagames/>

Friday, March 2, 2007

Today's Forecast

Temperature	High -24°C Cold Wind Chill -43 RISK OF FROSTBITE
Skies	Periods of Light Snow
Winds	20km NW

Today's Schedules

Badminton	NL vs NS	9am
Biathlon	Team Pursuit	1pm
Curling (w)	NL vs Quebec	2pm
Hockey (m)	NL vs PEI	9am
Judo	Team Event (male)	9am
Shooting	Individual Competition	10am
Synchro	Water Show	11:15am
Speed Skating	Competition Completed	

National Artist Program

Workshops & Planning Sessions
Porters Creek & The Guild Hall



THANK YOU Coaches, Managers, Parents, Supporters
& all the 2007 Canada Winter Games Organizers and Volunteers!!

Team Newfoundland & Labrador - 2007 Canada Winter Games

Rant n' Roar

Badminton

Team NL fought hard against Nova Scotia in team mixed competition but fell short 4-1. Today we will be playing against Nova Scotia again to determine 7th and 8th placings. Good luck team and no matter how you do, we are all proud of you. Special thanks to Craig and Crystal for your support and guidance to our badminton team. You've done an exceptional job!

Biathlon

The Team had a great day taking in some of the local culture yesterday. The highlight of the day was soaking in the Takhini Hot Springs – the team were hoping they would bank some heat for today's Team Pursuit in the predicted -24°C temperatures. Stay warm Team!!

Curling (f)

Congratulations girls on your 8-7 win against NWT yesterday. The next challenge is against Quebec today. A win will place this team in 7th - that's status quo with Stacey Devereaux's team of 2003! You can do it girls! Good Luck!

Hockey (m)

Team Newfoundland and Labrador defeated the host Yukon 5-1 yesterday. The goal scorers for Team NL were Jeremy Barron, Steven Brazil, Chris Thorne, Luke Adam and Brandon Street. Newfoundland goaltender Evan Mosher stopped 31 shots in registering the win. The team will play its final game 9:00 a.m. at the Canada Games Centre today against P.E.I and the winner will finish in 9th place.

Judo

Yesterday the boys weighed in and trained for the Team competition taking place today at 9am. Come out and cheer them on in their final competition of the 2007 Canada Winter Games.

Shooting

Team NL's pistol shooter, Mark Churchill, competed in the individual event yesterday scoring a 423/600. Today our male and female rifle team are competing in the individual event. Good luck Brenda, Erin, Chad & Peter!!

Synchro

The synchro team had a great day yesterday!! After swimming the finals we placed 8th overall, with one of the duets placing 6th in the A flight and the other placing 9th in the B flight.

Due to popular demand there will be an exhibition water show for EVERYONE to see starting at 11:15 am at the Canada Games Centre, please come and support the team.

Speedskating (short track)

Yesterday was the final competition day for our speedskaters, ending a fantastic week with all competitors achieving personal best times in the 3000m race (that's 27 laps around the rink). As a result of a fantastic performance today, Matt Taylor now holds the NL record in the 500m, 1000m, 1500m, and 3000m distances. Matt's NL record for the 3000m now stands at 5:08.57. Bronwyn Woolfrey, in her first 3000m race established a new provincial record for the ladies with a time of 5:45.25. Peter Woolfrey, not to be out done by his younger sister, took 47secs off his 3000m for a time of 5:42.44. Danielle O'Connor dropped 22secs for a new PB of 6:09.73, and her sister Erin O'Connor in her first 3000m race which turned out to be 3111.12m set a new PB at 6:29.51. Robert Sparrow, after taking a nasty crash into the board pads, achieved a new PB at 6:11.91. Shawn Tobin couldn't wait to get off the ice to sit down after taking 28secs off his old time to set a new PB at 5:31.40. There were many tired and burning muscles after this 27 lap race. The games have been a great experience for all skaters.



Team Newfoundland & Labrador - 2007 Canada Winter Games