

# Rant n' Roar

Team Newfoundland  
and Labrador  
Newsletter at the Games



## Greetings from the Chef

Greetings from Whitehorse and good morning to all of our newly arrived Team NL members. We realize you have had a couple of anxious and frustrating days, but it is great to see you have finally arrived. There are several Coaches and Managers meetings and practices scheduled for today, as well as the commencement of competition in a couple of sports. However, hopefully you will have an opportunity to get around the Athlete's Village and visit some of the sports venues. The cold temperatures are still expected to be around for a few days, so be careful, bundle up, and stay warm.

Many of you have likely not slept properly, so try to get your proper sleep in the next few nights. We are looking forward to watching you perform this week and I want to wish you all the best.

Welcome aboard and enjoy the Games !

Clayton

### Practice & Sport Schedules


Squash (m/f)	9:00am 10:50am	Practice: École Emilie Tremblay Practice: Better Bodies Court 2
Squash (m)	3:30pm	vs. Ontario (Better Bodies Court 2)
Squash (f)	6:30pm	vs. Quebec (Better Bodies Court 1)
Table Tennis	2pm-4pm 6pm-9pm	Practice: CGC Flexihall Opening and Team Round 1

Do you have a tidbit or digital picture you'd like to submit to the newsletter? Email us at: [cq2007.teamnl@gmail.com](mailto:cq2007.teamnl@gmail.com)

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## Sunday, March 4, 2007

### Today's Forecast

Temperature	High -20°C
Skies	Sunny with Cloudy periods 
Winds	5 km/h

### Today's Schedules

#### Coaches/Managers Meetings

Alpine Skiing	9:00am (Mt. Sima - Old Chalet)
Artistic Gymnastics	10:00pm (Athlete's Village)
Boxing	Monday, March 5 @ 10:15am
Cross-Country Skiing	Held Saturday, March 3
Curling (m)	11:30am (Village - Room T1022)
Fencing	8:00pm (Village - Room C1330)
Figure Skating	Held Saturday, March 3
Hockey (w)	5:00pm (Village - Lecture Hall)
Squash	Held Saturday, March 3
Table Tennis	9:30am (Village Room T1082/1083)
Wheelchair Basketball	7:30pm (Porter Creek)



Team Newfoundland & Labrador - 2007 Canada Winter Games

## Sports Shorts...



### **Alpine Skiing**

Although skiing was introduced to Austria, Canada and the United States in the mid 1800s, it would be 1936 before alpine skiing became an Olympic event. Alpine skiing has been part of the Canada Games since the first Canada Winter Games in 1967 in Québec City, with the exception of the 1991 Games in Prince Edward Island.

Three events comprise alpine skiing at the 2007 Canada Winter Games: Slalom, Giant Slalom and Super G.

### **Boxing**

The sport of boxing has existed for more than 6,000 years and was included in the ancient Olympic Games in 668 BC. It was first part of the modern Olympic Games in 1904 in St. Louis and reappeared in 1920. Since then, it has been part of every Olympic Games. Boxing first appeared at the Canada Games in 1971, at the Canada Winter Games in Saskatoon, Saskatchewan.

### **Curling**

Curling originated in 16th century Scotland, where games were played on frozen ponds and marshes. It was on the Olympic program in 1924 and was a demonstration sport at the 1932, 1988 and 1992 Winter Olympics. Curling became an official sport for men and women at the Olympics in 1998. World Championships have been held for men since 1959 and for women since 1979. Curling was in the first Canada Winter Games in 1967 in Québec City, where men and women competed in a mixed tournament. Since the 1971 Canada Winter Games, there is both a men's and women's tournament.

### **Figure Skating**

Skating on ice was, for hundreds of years, a rapid form of transportation across frozen lakes, rivers and canals. The oldest form of skate (a length of bone attached to sandals with thongs) dates back to 20,000 B.C. Because competitions could be held indoors, figure skating was added to the 1908 Olympic Summer Games program. Figure skating became an official Olympic Winter Games sport at the 1924 Winter Games in Chamonix. Figure skating has been on the program of the Canada Games since the first Canada Winter Games in 1967 in Québec City.

### **Squash**

Squash developed from the game of rackets in England in the mid-19th century. Students started a knockabout game which, because it was played in a confined area, required a softer ball than the hard one used for rackets. It was from this ball that could be 'squashed' in the hand, that the name derived. Squash made its debut at the 1991 Canada Winter Games in Prince Edward Island and has been part of every Winter Games since.

### **Artistic Gymnastics**

Gymnastic events for men were included in the program of the first modern Olympic Games in 1896. In 1928, a team gymnastic event was authorized for women, but not until 1952 did women compete in individual events. Artistic gymnastics has been part of the Canada Games since the first Canada Winter Games in 1967 in Québec City. There are three competitions for men and three for women.

### **Cross-Country Skiing**

Also known as nordic skiing, this discipline is considered the father of all skiing and sledding sports. Developed in Scandinavia in the early part of the last millennium, nordic skiing was used by Norwegian and Swedish military patrols prior to races being contested between military units. Cross country skiing has been part of the Canada Winter Games since the first Canada Winter Games in 1967 in Québec City. There are two skiing styles: classical and freestyle.

### **Fencing**

Evolved from the ancient form of combat, fencing is one of only four sports that have been featured at every modern Olympic Games. Fencing saw its debut at the Canada Winter Games in 1971 in Saskatoon, Saskatchewan. It continued on the program through the 1975 and 1979 Canada Winter Games and then reappeared at the 1991 Canada Winter Games in PEI.

### **Hockey (Women's)**

Playing on frozen ponds and rivers, the first documented women's hockey game was held in Barrie, Ontario, two years before the first Stanley Cup championship. Women's hockey made its debut at the 1998 Olympics in Nagano, and the 2002 Gold Medal winning Canadian Women's Olympic Team has brought the female game to the next level. Women's hockey was included for the first time at the Canada Winter Games in Prince Edward Island in 1991.

### **Table Tennis**

The sport of table tennis was first played in England in the 1890s. Table tennis has become the world's largest participation sport, with 40 million competitive players worldwide and countless millions playing recreationally. Table tennis appeared as a full medal sport at the Seoul Olympics in 1988. Table tennis has been on the program of the Canada Games since the first Canada Winter Games in 1967 in Québec City.

### **Wheelchair Basketball**

At the end of World War II, society was confronted with an unusual number of veterans with physical disabilities. The philosophy of the rehabilitation staff of the day was to adapt specific sports. Basketball was one of the most adaptable team sports and was played in various parts of the world in the early 1940s. Wheelchair Basketball was first introduced at the 1995 Canada Winter Games in Grande Prairie, Alberta.

