

Rant n' Roar

Team Newfoundland
and Labrador
Newsletter at the Games

Today's Schedules

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|--------------------------|--|
| Alpine Skiing | 1:00pm Super G - Male 1:50pm Super G - Female <i>Mt. Sima</i> |
| Boxing | 1:00pm Quarter Finals 7:00pm Quarter Finals <i>F.H. Collins Secondary School</i> |
| Cross-Country Skiing (f) | 11:30am 1200m Sprint Preliminaries <i>Mt. McIntyre Recreational Centre</i> |
| (m) | 11:45am 1200m Sprint Preliminaries 2:00pm 1200m Sprint Finals <i>Mt. McIntyre Recreational Centre</i> |
| Curling (m) | 8:30am NL vs AB (Sheet F) 2:00pm NL vs QC (Sheet B) <i>Mt. McIntyre Recreational Centre</i> |
| Fencing (m) | 9:00am Team Foil NL vs BC 10:10am Team Foil NL vs ON 11:20am Team Foil NL vs QC 12:30pm Team Foil NL vs NS <i>Vanier Catholic School</i> |
| (f) | 1:30pm Team Épée NL vs BC 2:40pm Team Épée NL vs ON 3:50pm Team Épée NL vs NS <i>Vanier Catholic School</i> |
| Figure Skating | 11:45am Novice Ladies – Short 2:15pm Special Olympics Ladies <i>Canada Games Centre</i> |
| Gymnastics | 12:15pm Team Competition - Female <i>Canada Games Centre</i> |
| Hockey (w) | 11:00am NL vs PEI <i>Canada Games Centre</i> |
| Squash (m) | 9:00am NL vs BC 6:30pm NL vs NT <i>Better Bodies Centre</i> |
| (f) | 12:00pm NL vs YT <i>Better Bodies Centre</i> |
| Table Tennis | 9:00am Junior Mix NL vs PEI 4:30pm Jr Mix Relegation Rounds 4:30pm Jr Mix Semi Finals <i>Canada Games Centre</i> |
| Wheelchair Basketball | 4:00pm NL vs BC <i>Porter Creek Secondary School</i> |



Team NL's Mission Office
Phone: 393-8514 E-Mail: cq2007.teamnl@gmail.com
Team NL's Website
<http://www.tcr.gov.nl.ca/tcr/canadagames/>

Tuesday, March 6, 2007

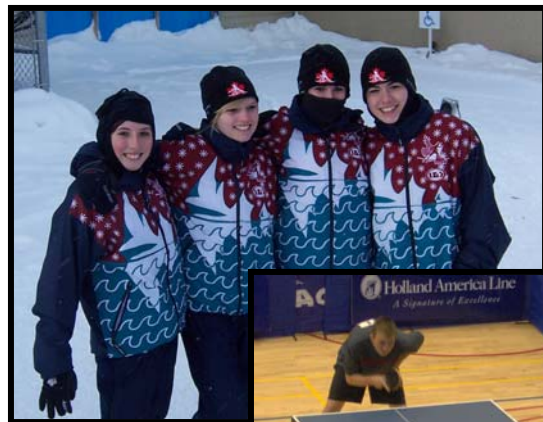
Today's Forecast

Temperature High -13°C
Morning - Cold Wind Chill

Skies Periods of snow



Winds 20 km/h in the morning



Cow Bell Alert

It's gonna be wild at Mt. Mac Park (next to Canada Games Centre) tomorrow for the Cross Country sprints. Lucky spectators can snag free cowbells from a major sponsor! Come out at 1:00pm and support your cross country team! Don't forget to bundle up - wear lots of warm gear!

Canada Games Spirit

These words, spoken by Marilyn Malenfant, a young competitor in the 1st Canada Games, from the steps of Quebec's National Assembly in 1967, exemplify the Games spirit:

"I seek fear, to master it;
Weariness, to test my mettle;
Hardship, to conquer it;
Glory, to share it with my brothers;
And I shall compete loyally."

Team Newfoundland & Labrador - 2007 Canada Winter Games

Rant n' Roar

RumOr Has it...

The Female Hockey players are right hooked with love over a particular Boxing Team. Two dates have been set for a romantic time with a certain Alicia and Peggy – We hear it is only a short ferry ride to continue this romance after the games! One `forward` girl noted : ``If it weren't for that rap thing last night (conned we were!!!) then the NL Boxers might have had a chance with us.`` We'll see who the best boxers are when we check you out of your position in the closing ceremonies!!!! Bring it on!

A certain gymnast has the hots for an older man! Sarah figured out it's important to have the right MATT. Oh, and Karen, double bounced by a certain team mate, almost wound up in the Poly Clinic for loss of sphincter control (pee).

The XC skiers must be tougher than the downhill crew. While the downhillers sipped hot chocolate in the lodge, the XC team was striding in style at Mt. Mac. (Hey Alpine: tag... you're it!)

Table Tennis girls apparently have convinced some opposition members that we ride to school on ski-doo's or moose, whatever happens to be parked outside of the igloo. Oh yeah, and if anyone would like a date for the dance, we have the moves and talent to make you look good with us on your arm!

A certain blue eyed blond was inquiring about a handsome NL Curler – let Mission staff know your marital status please.

Skinny and Phantom re-discovered just how close they really are!

Daily Round-Up

Alpine Skiing

After another chilly training day today, our skiers are looking forward to warmer temperatures tomorrow when they hit Mt. Sima for Super G.

Boxing

No competition today for the rapper boys but watch out tomorrow for some bee stingin` competition!

Cross Country Skiing

The skiers were pleased with their results after the classic races today. Andrew Casey was the top male finisher (7th); Stephanie Mahar was the top female (22nd).

Curling

The team started off with a bang and a big win over NS... 9-4! They played with confidence and made some great shots to bring it home.

Fencing

Sorry! No results were received at the time of printing! Sorry!!!

Figure Skating

Alexandra and Matthew`s fantastic skate last night was a PB! Kaetlyn is 4th after her program. Coaches noted that all skaters had some great performances yesterday.

Gymnastics

Both the male and female teams had full training days today, and the ladies are anxiously awaiting their first competition day tomorrow at the Canada Games Centre.

Hockey

Our ladies had a tough loss, but played with a great deal of character and hard work until the final whistle!

Squash

Tough games today against Saskatchewan and BC and the team won some pretty impressive rallies. Alex stepped it up with some great rallies, noted John.

Table Tennis

The team played Quebec and Manitoba today and are continuing to play well. Despite tough encounters, both teams they are gaining confidence each day! Amanda Skanes won her first against Manitoba. Way to go!

Wheelchair Basketball

Manitoba edged out NL in an exciting game last night. Great game with some hot shots.

