

# Rant n' Roar

Team Newfoundland  
and Labrador  
Newsletter at the Games



## Judo Competes



Coaches Felicity and Marco and Team member Andrew White congratulate Ethan Lannon (wearing blue) on winning his fight



Judo Team Member Andrew White (wearing white) fights in Tuesday's preliminary rounds



Fellow Judo Team members, Judo Team member Dad: John Lannon and Mission Staff member: Glenn Littlejohn wait for Team NL to fight

Team NL's Mission Office  
Phone: 393-8514  
E-Mail: [cq2007.teamnl@gmail.com](mailto:cq2007.teamnl@gmail.com)  
Team NL's Website  
<http://www.tcr.gov.nl.ca/tcr/canadagames/>

## Wednesday, February 28, 2007

### Today's Forecast

Temperature	High -20°C Cold Wind Chill -34 RISK OF FROSTBITE
-------------	--

Skies	Sunny
-------	-------

Winds	20km NW
-------	---------

### Today's Schedules

Badminton	Team Competition
Biathlon	1:00pm Male & Female Relay race
Curling (w)	NL vs NB 2pm Mt. McIntyre Recreation Centre
Hockey (m)	Practice 2:30-3:30 Stan McCowan Arena
Judo	10:00am -63kg Heather Warren -57kg Princie Corbin -70kg Chantelle Small -78kg Kayla Ryan  -81 kg Jeff Ennis
Shooting	Air Rifle Team (female) Air Rifle Team (male)
Synchro	Day off from Competition
Speed Skating	9:30am CGC 1000 m (female) 1000 m (male) Men's Relay
National Artist Program	Workshops & Planning Sessions Porters Creek & The Guild Hall

# Rant n' Roar

## Badminton

In an exciting doubles match early in the day, our Badminton Team lost to Team Alberta but came back later in the day winning against Team Yukon. Come out and cheer on our Team today at 9:00am when they play Team Ontario.

## Biathlon

Brave Biathletes endured frigid temperatures yesterday in competition. Despite the brutal cold, Johnathon Forward moved up to 14<sup>th</sup> position while team members Kayla Fisher and Fiona Humber had a strong showing. Fiona shot an incredible 8 out of 10 in the standing position in -37 degree temperatures!

## Curling (f)

The girls had a couple of tough, experienced teams to battle today and as a consequence, suffered two losses. Hard luck girls, but there are still two more games in the round robin, so pull up your new Republic socks and come out fighting. Hurry hard, hurry hard!!!

## Hockey (m)

Team Newfoundland and Labrador bounced back on Tuesday from a hard fought loss to Team New Brunswick on Monday with a convincing 12-0 win over Team Northwest Territories. Team Newfoundland and Labrador was lead by the 3 goal performances of Jeremy Barron and Adam Molloy with Steven Brazil, Luke Adam, John Caul, Michael King, Travis Randell and Brandon Street chipping in with singles. Team Newfoundland and Labrador goaltender Nick Champion made 20 saves in registering the shut out. The next game for the hockey team is on Thursday at 3:30 against Team Yukon at the Canada Games Centre.

## Judo

Competition finally began yesterday for the Judo Teams at the Canada Games Centre. Team Manager, Joe Coffey said Ethan, Pat and Andrew all fought really well. Andrew finished 7<sup>th</sup> in the -60kg category, while Ethan and Pat each finished 5<sup>th</sup> in the -73 and -66 category's respectively.

## Shooting

Yesterday, pistol shooter Mark Churchill competed in the men's team competition. Some valuable competition experience was gained which Mark will bring with him to the individual competition on Thursday. Come out today to see Peter, Chad, Brenda and Erin compete in the team competition. Good luck!!

## Synchro

The crowd was wowed by the performances of the preliminaries in duet and team competitions yesterday. The girls get a well-earned rest today.

## Speedskating (short track)

The skaters had another training day yesterday and are pumped for action in today's 1000m races for both men and women followed the men's relay race which was rescheduled from Monday. Good luck skaters!! Go, go, go!!



Birthday wishes to:  
**Michael Snow**  
Men's Hockey celebrating his  
17<sup>th</sup> birthday!!!

## Rumour has it....

Pinky and the BBS tried to blame and corrupt the biathlon coaches -- retribution Thursday night.

Badminton players Jessica and Adam are doing a little mixing off the court...



Chivalry is not dead...a certain speed skater was seen performing random acts of kindness many times throughout the day.



*"Obstacles don't have to stop you. If you run into a wall, don't turn around and give up. Figure out how to climb it, go through it, or work around it".*

*Michael Jordan*