

# Rant n' Roar

Team Newfoundland  
and Labrador  
Newsletter at the Games

## OPENING CEREMONIES!!!!



Team NL's Mission Office  
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Team NL's Website  
<http://www.tcr.gov.nl.ca/tcr/canadagames/>

## Saturday, February 24, 2007 Today's Forecast

Temperature -23°C  
Cold Wind Chill -33  
**RISK OF FROSTBITE**

Skies Sunny with Cloudy  
Periods

Winds 15km NW

## Today's Schedules

Badminton 9am Female Singles  
NLvs NS  
NL vs PE

9am Male Singles  
NL vs PE  
NL vs SK  
NL vs NU

2pm Female Doubles  
NL vs PE

2pm Male Doubles  
NL vs NT

4pm Mixed Doubles  
NL vs AB  
NL vs MB

Biathlon None

Curling (w) None

Hockey (m) Practice  
2:15pm-3:15  
Stan McCowan Arena

Judo Practice  
5:10-6:10  
CGC Fieldhouse  
Mat 1 & 2

Shooting None

Synchro Practice  
2:00pm-3:00pm  
CGC Lions Aquatic Centre

Speed Skating Practice (with PE)  
11:30pm-12:30pm  
CGC

National Artist Program  
Visual Arts 9am Porters Creek  
Performing Arts 10am McGill



Do you have a digital picture you'd like to submit to the newsletter?  
Email us at: [cg2007.teamnl@gmail.com](mailto:cg2007.teamnl@gmail.com)

Team Newfoundland & Labrador - 2007 Canada Winter Games

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## Cafeteria Service:

Breakfast 6am-10am  
Lunch 11am-2pm  
Dinner 4pm-8pm

Grazing 6am-10pm

### Note:

If your team requires an earlier or later meal, please contact NL Mission Office ASAP phone:393-8514.

Don't forget: oats and bags must be checked before entering the cafeteria.

### Allergy alert note:

An allergy binder will be set up with food ingredients at the entrance of the cafeteria. If you have any concerns, ASK BEFORE YOU EAT!!

## Friendly Reminders:

### DORMS

Don't forget we are each responsible to keep the dorms clean, tidy and damage free.

No food is allowed in the dorms other than small snack items.

Quiet time is 11:00pm  
Lights out is Midnight

Please be courteous of other athletes who may be competing early in the morning.



## The Inside Scoop on Team NL

Rumor has it...

- A certain synchro swimmer likes to shake that thang!!

Coach comes out of the closet...

- Team NL's Curling Coach (who shall remain unnamed) discovered, upon arrival Wednesday afternoon, that his accommodations at the athletes village is, in-fact under normal circumstances, a closet. However, be assured ladies, when your coach comes out of his room, he is not coming out of the closet!!!

You know you're focused when...

- As Team NL Shooting Coach returned to his room last night in deep thought about his teams strategy, he failed to notice which floor button was pushed on the elevator. Upon entering his room, he noticed his slippers and in fact, all of his belongings were missing. After much head scratching and discussion with athletes, he discovered his room # is not 210, in fact it is 310!!!

And the cheers keep coming...

- For those of you who were impressed with the Synchro Girls cheer at the rally, be sure to stayed tuned to TSN during the games and watch for the Synchro Team doing "hi, we're team Newfoundland and Labrador and you're watching the Canada Games on TSN!"



Booth Memorial High School has four athletes at the Games-Kayla Ryan and Jeff Ennis of Judo, Cheryl Norman of Curling and Shaleeza Kaderali of Synchro. Here their classmates are wishing them good luck

