

### Greetings from the Chef

Good morning and greetings from Whitehorse, everyone! It's great to see we have all arrived safely and we hope you had an enjoyable and productive day getting around the Athlete's Village and some of the sport venues. We realize you did not get much sleep the night of your arrival, so let's hope you get your needed rest and sleep before your actual competition. The very cold temperatures are expected to be around until the weekend, so be careful, bundle up and stay warm. Great Rally last night; hope it got you in the Canada Games spirit and thanks for your tremendous participation.

Enjoy the Opening Ceremonies today !

Clayton



### 2007 Canada Winter Games OPENING CEREMONIES ATCO Place

**4:00pm Friday, February 23<sup>rd</sup>**

**3:30 pm Village Bus Pick Up (Bus E)**

Let the Games begin! This is a unique experience that will help create Games Spirit as you parade into the grounds, surrounded by the majesty of the North.

Whitehorse 2007 Canada Games warmly welcomes athletes, officials, dignitaries and guests to Canada's North. There is a lot to celebrate, including the 40th anniversary of the Canada Winter Games and the first time the games are held north of the 60th parallel.

#### Did you know:

**St. John's hosted the Summer Games in 1977 &  
Corner Brook hosted the Winter Games in 1999!**



Minister Tom Hedderson with the Synchro Girls at last night's pep rally

### Friday, February 23, 2007 Today's Forecast

**Temperature high -22**

**Cold wind chill -43  
RISK OF FROSTBITE**

**Skies mix of sun  
and cloud**

**Winds 20km NW**

#### Coaches/Managers Meetings

Badminton	None
Biathlon	None
Curling (w)	None
Hockey (m)	9:00am - 11am Village Room C1330
Judo	None
Shooting	None
Synchro	None
Speed Skating	8:00pm-10pm Village Room T1082 / 1083

#### Today's Schedules - Team NL

Badminton	PRACTICE 7:00pm-8:30pm Canada Games Centre - Flexi Hall
Biathlon	None
Curling (w)	None
Hockey (m)	PRACTICE 1:45pm-2:45pm Stan McCowan Arena
Judo	None
Shooting	None
Synchro	None
Speed Skating	None

#### National Artist Program

9:45am 1<sup>st</sup> contingent meeting

## Sports Shorts...

### Men's Hockey

The word hockey comes from old French "hocquet" which meant "stick". It's widely accepted that the sport originated in the 19th century in Nova Scotia. The first Olympic Games to include ice hockey for men were the 1920 Summer Olympics in Antwerp. Hockey was then played again at the first Olympic Winter Games in 1924 in Chamonix.

Men's hockey has been part of every Canada Winter Games including the inaugural games held in Quebec City in 1967, where Alberta battled BC for the gold.

### Shooting

The sport was first popular in English-speaking countries, notably England and the United States, as well as Ireland and South Africa. Shooting has been part of the Olympic Summer Games since 1896 and was on the program of the very first Canada Winter Games in 1967 in Québec City. It appeared again in the 1973 Summer Games (New Westminster-Burnaby, BC) and 1977 Canada Summer Games (St. John's, NF) but then fell off the program until the 1991 Canada Winter Games in PEI.

### Speed Skating

Netherlands is the birthplace of speed skating. The first known skating competition is thought to have been held in 1676. Speed skating has been a part of the Olympic program since the first Olympic Winter Games in Chamonix Mont Blanc in 1924. Originally only men participated, but women's events were included in the 1960 Squaw Valley Games. Short track speed skating was first introduced at the 1983 Canada Winter Games in Saguenay-Lac-St-Jean, Québec and was first included in the official program at the XVI Olympic Winter Games in Albertville in 1992. Long track speed skating has been part of the Canada Games since the first Canada Winter Games in 1967 in Quebec City with the exception of the 1987 and 1991 Canada Winter Games.

### Synchronized Swimming

Synchronized swimming is one of the few disciplines to be contested only by women (rhythmic gymnastics and ringette are the others). In the 1920s, a group of Canadian women, led by Margaret Sellers, developed what they called "ornamental swimming," which later became synchronized swimming. Synchronized swimming appeared as a full medal sport at the Los Angeles Olympics in 1984 and has been on the program of the Canada Games since the very first Canada Winter Games in 1967 in Québec City.

### Badminton

Badminton's origins date back at least two thousand years to the game of battledore and shuttlecock played in ancient Greece, India and China. Badminton came to Canada in 1900. It appeared in the Olympics as a demonstration sport in 1972 and became a full medal sport at the 1992 Summer Olympics in Barcelona.

It was on the program of the first Canada Summer Games in 1969 in Halifax-Dartmouth, Nova Scotia. Six events make up the badminton program at the Canada Winter Games: Women's Singles, Men's Singles, Women's Doubles, Men's Doubles, Mixed Doubles and a Team Event.

### Biathlon

The word "biathlon" stems from the Greek word for two contests. Today it represents the union of cross-country skiing and rifle shooting. Biathlon was a demonstration event in the 1928, 1936 and 1948 Winter Olympics. In 1960, it became a recognized men's Olympic event. At the 1992 Winter Olympics in Albertville, women competed for the first time.

Biathlon first appeared on the Canada Games program at the 1991 Canada Winter Games in Prince Edward Island.

### Curling

Curling originated in 16th century Scotland, where games were played on frozen ponds and marshes. It was on the Olympic program in 1924 and was a demonstration sport at the 1932, 1988 and 1992 Winter Olympics. Curling became an official sport for men and women at the Olympics in 1998. World Championships have been held for men since 1959 and for women since 1979. Curling was in the first Canada Winter Games in 1967 in Québec City, where men and women competed in a mixed tournament. Since the 1971 Canada Winter Games, there is both a men's and women's tournament.

### Judo

Dr. Jigoro Kano opened the first judo school in Tokyo in 1882. The first world championships were held in 1956. Judo broke into the Olympic Games in Tokyo in 1964, and women's Judo was added to the program in 1992. Judo first appeared on the program of the Canada Games at the 1971 Canada Winter Games in Saskatoon, Saskatchewan. Women's judo was added to the program at the 1987 Canada Winter Games in Cape Breton, Nova Scotia.

## Team NL Photo Gallery



# Team Newfoundland & Labrador - 2007 Canada Winter Games