

What Trainees Have Said About VAAT

"Very eye opening, will help increase awareness in the community."

"Great to have people from different disciplines involved - getting different perspectives."

"It makes you think and consider the needs and situations of your clients which we all need periodically."

"I was able to see many perspectives due to the presence of a variety of agencies."

"I believe that all front line workers should take this training."

"This program should be offered in all workplaces, it helps bring awareness of the violence issues in today's society, and how it affects all aspects of people's lives, learning and productivity."

"It's a good idea to have some trainees from community agencies."

VAAT is coordinated by the Women's Policy Office and the Regional Coordinating Committees of the Violence Prevention Initiative.

These Committees have established regional VAAT planning teams to coordinate delivery of the program.

For further information on training sessions available in your area please contact the Regional Coordinating Committee nearest you or visit www.gov.nl.ca/vpi/

Regional Information:



GOVERNMENT OF
NEWFOUNDLAND AND LABRADOR

Women's Policy Office

Violence Awareness & Action Training (VAAT)



**"Violence Prevention
is
Everyone's Responsibility"**



Violence Prevention Initiative

Violence Prevention Initiative

A guiding principle of the Violence Prevention Initiative is that the social and cultural roots of violence are based in inequality. While women, children and seniors are more likely to be victims of violence, other factors such as ability, sexual orientation, economic status or ethnicity can put them at even higher risk.

Society reinforces violence through expressions of sexism, ageism, classism, heterosexism, racism and other biased attitudes.

Violence Awareness & Action Training

Violence Awareness and Action Training (VAAT) is a one-day workshop aimed at improving services to victims by increasing sensitivity and awareness to the factors contributing to violence and its impact upon society. It was developed in collaboration with community organizations in 2001 by the Violence Prevention Initiative, Women's Policy Office.

VAAT is a foundation program on which trainees can build further knowledge and skills by availing of advanced specialized training with

their respective departments or community agencies. VAAT is also a communication tool to raise awareness on anti-violence activities and events taking place throughout the province and elsewhere.

Benefits

- ~ Enhance credentials in victimology
- ~ Receive a certificate of completion
- ~ Increase networking opportunities
- ~ No registration fees
- ~ Recognized and supported by government and the community

Trainers

~VAAT is a certified program delivered by trained facilitators employed by government and community agencies working in areas relevant to violence prevention.

Trainees

~The curriculum is suitable for all levels including front-line practitioners, managers and administrators in related fields.

~Assist participants in the examination of attitudes, values and beliefs that support violence in our society.

Workshop Goals

- ~Provide information (facts and causes) on different forms of violence.
- ~Promote a collaborative multi-agency approach to violence prevention
- ~Encourage post-training action planning
- ~Encourage delivery of other specialized training

Workshop Format

- ~Relaxed, informal setting with limited number of participants
- ~Action-reflection model which uses group discussion, exercises, videos and individual reflection to create an empowering training environment which encourages personal insight into the experiences of survivors of violence.
- ~Includes anecdotal, statistical and theoretical information