

# Using the Internet to Find OH&S Resources

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# Overview

- The Internet challenge
- Types of information
- Reliable sites
- Discussion groups, blogs
- Evaluating what you find
- Citing Internet documents



# Suffering from Information Overload?



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McMaster University Occupational Health Rounds  
Sept. 12, 2007



# The Challenge?

Finding useful and reliable information  
that you can trust

... and finding it fast!



# What Are You Looking For?

- Topic-based information
- Chemical information
- Legislation, legislative interpretation
- Policies, procedures, guidelines
- Research
- Advice, feedback, jobs



# Sources of Information

- Search engines
- Directories
- “Reliable” web sites
- E-mail discussion groups & blogs



# Google Domain Search

Google Advanced Search [Advanced Search Tips](#) | [About Google](#)

**Find results** with **all of the words**  10 results

with the **exact phrase**

with **at least one of the words**

**without the words**

**Language** Return pages written in

**File Format**  return results of the file format

**Date** Return web pages first seen in the

**Numeric Range** Return web pages containing numbers between  and

**Occurrences** Return results where my terms occur

**Domain**  return results from the site or domain   
e.g. google.com, .org [More info](#)

**Usage Rights** Return results that are  [More info](#)

**SafeSearch**  No filtering  Filter using [SafeSearch](#)

**Page-Specific Search**

**Similar** Find pages similar to the page    
e.g. www.google.com/help.html

**Links** Find pages that link to the page



# Directories

- Listings by topic, compiled by subject experts
- No content, just links to web sites, some brief description
- Good starting point for research





# Types of Directories

## General purpose

- Google

[www.google.com/Top/Health/Occupational\\_Health\\_and\\_Safety/](http://www.google.com/Top/Health/Occupational_Health_and_Safety/)

- Open Directory project

[www.dmoz.org](http://www.dmoz.org)



# Open Directory H&S

The screenshot shows a web browser window titled "Open Directory - Health: Occupational Health and Safety - Microsoft Internet Explorer". The address bar shows the URL "http://www.dmoz.org/Health/Occupational\_Health\_and\_Safety/". The page header includes the "dmoz" logo and "open directory project" text, along with a search bar and links for "about dmoz", "update listing", "report abuse/spam", and "help". The main content area displays a list of categories under the heading "Top: Health: Occupational Health and Safety (660)".

**Top: Health: Occupational Health and Safety (660)** [Description](#)

- [By Region](#) (0)

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- [Colleges and Universities](#) (17)
- [Consultants](#) (127)
- [MSDS](#) (15)
- [OHS Management Systems](#) (9)
- [Publications](#) (29)
- [Training](#) (77)

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- [AIDS in the Workplace@](#) (14)
- [Alcohol and Drug Detection@](#) (108)
- [Bloodborne Pathogens](#) (8)
- [Emergency Preparedness](#) (9)
- [Employee Injury Prevention@](#) (46)
- [Equipment@](#) (99)
- [Ergonomics](#) (64)
- [Government Agencies](#) (143)
- [Hazardous Substances](#) (81)
- [Indoor Air Quality@](#) (149)
- [Lasers](#) (9)
- [Medicine](#) (8)
- [Occupational Hygiene](#) (8)
- [Organizations](#) (41)
- [Protective Clothing@](#) (27)
- [Radiological Health and Health Physics@](#) (68)
- [Software@](#) (84)
- [Violence Issues@](#) (32)

See also:

- [Business: Energy and Environment: Environment](#) (739)



# Directories cont'd

## H&S directories

- OSH Links

[www.ccohs.ca/resources/hshome.html](http://www.ccohs.ca/resources/hshome.html)

- Internet resources for MSDSs

[www.ilpi.com/msds/index.html](http://www.ilpi.com/msds/index.html)



# CCOHS' OSH Links

The screenshot shows a Microsoft Internet Explorer browser window displaying the CCOHS OSH Links website. The browser's address bar shows the URL <http://www.ccohs.ca/oshlinks/>. The website header includes navigation tabs for Home, About Us, E-News, Bringing Health to Work, Events, Resources, and Shop. The main content area features a large heading for 'OSH Links' and a brief description: 'OSH Links (formerly known as the Internet Directory) is an extensive resource that can be used to find websites covering occupational health and safety subjects. [More about...]' accompanied by an image of yellow interlocking chains. Below this is a 'BROWSE OSH Links:' section with a 'What's New' button and four categorized tiles: 'by Subject' (showing a person lifting weights), 'by Region' (showing silhouettes of people at a table with a Canadian flag), 'by Industry' (showing an industrial structure), and 'by Resource Type' (showing people working at a computer). A left sidebar contains links for 'About OSH Links', 'What's New!', 'Browse OSH Links:' (with sub-links for Subject, Region, Industry, and Resource Type), 'Suggest a Resource', and 'Contact Client Services' (with phone and fax numbers).



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# Web Site Tour ...



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<http://www.canoshweb.org/en/>

**CanOSH**  
CANADA'S NATIONAL OCCUPATIONAL HEALTH AND SAFETY WEBSITE

Click on the map or use the side bar on the right to navigate to a specific agency's web site within the jurisdiction of your choice.

Alerts News & Events Agencies Partners  
Home Discussions Resources Search  
More about CanOSH Français

### Jurisdictions / Agencies

**NATIONAL**  
Canadian Centre for Occupational Health and Safety

**FEDERAL**  
Health Canada  
Human Resources and Social Development Canada (HRSDC), Labour Program

**ALBERTA**  
Employment, Immigration & Industry, Health & Safety  
Workers' Compensation

OSH Programs

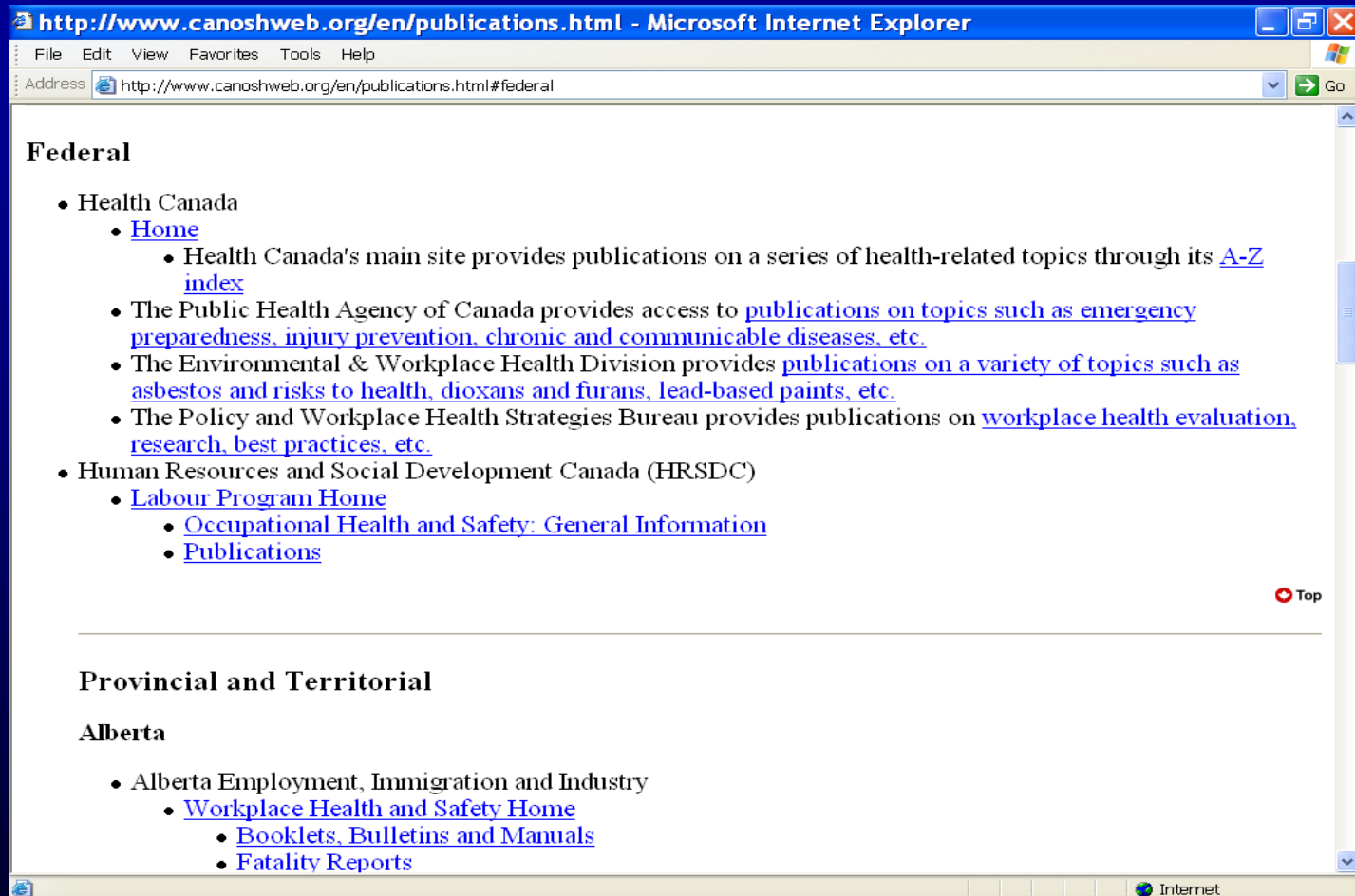
Government agencies in all Canadian jurisdictions have a role in occupational safety and health (OSH). The regulatory framework outlines the general rights and responsibilities of the employer, the supervisor and the worker. Each of the ten provinces, three territories and the federal



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# CanOSH Federal Publications



http://www.canoshweb.org/en/publications.html - Microsoft Internet Explorer

File Edit View Favorites Tools Help

Address <http://www.canoshweb.org/en/publications.html#federal> Go

## Federal

- Health Canada
  - [Home](#)
    - Health Canada's main site provides publications on a series of health-related topics through its [A-Z index](#)
    - The Public Health Agency of Canada provides access to [publications on topics such as emergency preparedness, injury prevention, chronic and communicable diseases, etc.](#)
    - The Environmental & Workplace Health Division provides [publications on a variety of topics such as asbestos and risks to health, dioxans and furans, lead-based paints, etc.](#)
    - The Policy and Workplace Health Strategies Bureau provides publications on [workplace health evaluation, research, best practices, etc.](#)
- Human Resources and Social Development Canada (HRSDC)
  - [Labour Program Home](#)
    - [Occupational Health and Safety: General Information](#)
    - [Publications](#)

[Top](#)

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## Provincial and Territorial

### Alberta

- Alberta Employment, Immigration and Industry
  - [Workplace Health and Safety Home](#)
    - [Booklets, Bulletins and Manuals](#)
    - [Fatality Reports](#)

Internet



# Health Canada

## [http://www.hc-sc.gc.ca/ewh-semt/index\\_e.html](http://www.hc-sc.gc.ca/ewh-semt/index_e.html)

The screenshot shows a Microsoft Internet Explorer browser window displaying the Health Canada website. The address bar shows the URL: [http://www.hc-sc.gc.ca/ewh-semt/index\\_e.html](http://www.hc-sc.gc.ca/ewh-semt/index_e.html). The page features a navigation menu with links for Français, Contact us, Help, Search, and Canada Site. Below the menu, there is a banner for Environmental & Workplace Health. The main content area includes a sidebar with links for About Health Canada, Consumer Product Safety, Diseases & Conditions, Drugs & Health Products, Emergencies & Disasters, and Environmental & Workplace Health. The main text discusses the impact of the environment on health and provides information on environmental factors. A highlights section lists Lead and Recreational & Community Noise. At the bottom, there is a link to The Chemical Substances Portal.

Health Canada

Home > Environmental & Workplace Health

### Environmental and Workplace Health

The environment, including the workplace, has an important impact on a person's health. Health Canada works to protect the health of Canadians from environmental risks.

#### What Information is Available

This section offers information and advice on some of the most common environmental factors that affect human health: air, noise, soil and water pollution, climate change, environmental contaminants, occupational health and safety, pest control and radiation.

**Highlights**

- Lead
- Recreational & Community Noise

[More Highlights](#)

**THE CHEMICAL SUBSTANCES PORTAL**  
[chemicalsubstances.gc.ca](http://chemicalsubstances.gc.ca)



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# Pandemic Influenza Portal

[http://www.hc-sc.gc.ca/ewh-semt/index\\_e.html](http://www.hc-sc.gc.ca/ewh-semt/index_e.html)

Health & Safety - Pandemic Influenza - Government of Canada - Microsoft Internet Explorer

File Edit View Favorites Tools Help

Government of Canada / Gouvernement du Canada

Canada

**Pandemic INFLUENZA**  
www.pandemicinfluenza.gc.ca

**Français** | **Home** | **Contact Us** | **Help** | **Search** | **canada.gc.ca**

Home > Health & Safety

**Pandemic Influenza**

- General Information
- Flu Detection & Surveillance
- Health & Safety
- Planning & Response
- News
- FAQs
- Links
- Site Map
- About this site
- Proactive

## Health & Safety

- [At Home](#)
- [In the Workplace](#)
- [For Federal Public Servants](#)
- [For Travellers](#)
- [For Health Professionals](#)
- [For the Poultry Industry](#)

### At Home

- ▣ [What You Need to Know About Pandemic Influenza](#)  
Public Health Agency of Canada (2006-03-27)
- ▣ [Pandemic Flu and You: Get Informed, Stay Informed](#)  
Public Health Agency of Canada (2006-04-19)
- ▣ [Pandemic Flu Planning Checklist](#)  
Public Health Agency of Canada (2006-04-19)
- ▣ [Emergency Health Information Sheet](#)  
Public Health Agency of Canada (2006-04-19)
- ▣ [It's Your Health - Influenza \(the "flu"\)](#)  
Health Canada (2005-11-03)

Internet



# It's Your Health

[http://www.hc-sc.gc.ca/iyh-vsv/index\\_e.html](http://www.hc-sc.gc.ca/iyh-vsv/index_e.html)

Health Canada Santé Canada Canada

Français	Contact us	Help	Search	Canada Site
A-Z Index	Consultations	Media Room	It's Your Health	Home

## It's Your Health

Home > It's Your Health

### It's Your Health

It's Your Health (IYH) is a joint publication produced by Health Canada (HC) and the Public Health Agency of Canada (PHAC) that provides information you can trust on a wide range of health and safety issues. [Read more about \*It's Your Health\*](#)

#### New and Recently Updated Articles

- [Safe Use of Health Products for Weight Loss](#) New Updated
- [Human Papillomavirus \(HPV\)](#) Updated
- [Dampness, Mould and Indoor Air](#) Updated

[Complete List of Articles](#)

You can download, print and distribute the articles for personal or non-

#### Articles on...

- DISEASES
- ENVIRONMENT
- FOOD & NUTRITION
- LIFESTYLES
- MEDICAL INFORMATION
- PRODUCTS

#### Subscribe

Remember to [Subscribe to \*It's Your Health\*](#) so you can be alerted when new articles become available or updated with



# Public Health Agency of Canada

<http://www.phac-aspc.gc.ca/>



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<http://www.canadian-health-network.ca/>

Public Health Agency of Canada / Agence de la santé publique du Canada

## Canadian Health Network

Health info for every body

Brought to you by the Public Health Agency of Canada and major health organizations across the country.

<a href="#">Français</a>	<a href="#">Contact Us</a>	<a href="#">Help</a>	<a href="#">Search</a>	<a href="#">Home</a>
<a href="#">About Us</a>	<a href="#">FAQs</a>	<a href="#">Media Room</a>	<a href="#">Site Map</a>	<a href="#">A-Z Index</a>

Search

**Groups**

- ▶ [Children](#)
- ▶ [Youth](#)
- ▶ [Seniors](#)
- ▶ [Aboriginal Peoples](#)
- ▶ [Women](#)
- ▶ [Men](#)

**Topics**

- ▶ [Active Living](#)
- ▶ [Complementary and Alternative Health](#)
- ▶ [Environment and Health](#)
- ▶ [Health Promotion](#)
- ▶ [Health System](#)
- ▶ [Healthy Eating](#)
- ▶ [Injury Prevention](#)
- ▶ [Living with Disabilities](#)
- ▶ [Mental Health](#)
- ▶ [Sexuality /](#)

▶ [Home](#) - Workplace Health

[Increase text size](#)

[Print-friendly version](#)

### Workplace Health

Work can greatly affect our health and well-being. In this section, you can find information to help you:

- Work safely,
- Manage stress,
- Prevent injuries,
- Balance work and family,
- Promote workplace wellness
- And much more...

See also sections on [Injury Prevention](#), [Environment and Health](#), and [Mental Health](#).

[SUBSCRIBE TO OUR Healthlink NEWSLETTER](#)

Find loads of ideas to make healthy lunches you'll love to eat



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# Online Surveillance Tools

Public Health Agency of Canada / Agence de santé publique du Canada

**Disease Surveillance On-Line**  
**Surveillance des maladies en direct**

3	9	12	14
6	1	3	9
54	92	85	99

Cancer || Cancer

Cardiovascular Diseases || Maladies cardio-vasculaires

Major Chronic Diseases || Maladies chroniques majeures

Notifiable Diseases || Maladies à déclaration obligatoire

Injury Surveillance || Surveillance des blessures



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# PHAC Guidelines

[http://www.phac-aspc.gc.ca/dpg\\_e.html](http://www.phac-aspc.gc.ca/dpg_e.html)

The screenshot shows a Microsoft Internet Explorer browser window displaying the Public Health Agency of Canada website. The browser title is "Guidelines - Public Health Agency of Canada - Microsoft Internet Explorer". The website header includes the Canadian flag, the agency name in English and French, and the "Canada" logo. A navigation menu contains links for Français, Contact Us, Help, Search, and Canada Site. Below this, a secondary menu lists Home, Centres & Labs, Publications, Guidelines, A-Z Index, Child Health, Adult Health, Seniors Health, Surveillance, and Health Canada. The main content area features a dark blue banner with the text "PUBLIC HEALTH AGENCY of CANADA" and a sub-header "Home : Guidelines". The "Guidelines" section lists various topics with red square bullet points: Biosafety, Cancer, Group A Streptococcal Disease, Hepatitis C, HIV/AIDS, Infection Control, Laboratory, Sexually Transmitted Infections (STI), Travel Health/Quarantine, Tuberculosis (TB), Vaccines and Vaccine-Preventable Diseases, and Publication Notes. Below this list is a link for "Information on SARS for Health Professionals" with the URL [www.sars.gc.ca](http://www.sars.gc.ca). The "Biosafety" section is partially visible at the bottom, listing "Laboratory Biosafety Guidelines - 3rd Edition (2004)" and "Laboratory Biosafety Guidelines (1996)". The browser's status bar at the bottom indicates "Internet".



# MSDSs – Infectious Substances

<http://www.phac-aspc.gc.ca/msds-ftss/index.html>

The screenshot shows a web browser window with the address bar displaying [http://www.phac-aspc.gc.ca - Index to Material Safety Data Sheets \(MSDS\) for Infectious Substan - ...](http://www.phac-aspc.gc.ca - Index to Material Safety Data Sheets (MSDS) for Infectious Substan - ...). The browser's menu bar includes File, Edit, View, Favorites, Tools, and Help. The website header features the Public Health Agency of Canada logo and the word "Canada" with a small Canadian flag. Below the header is a navigation menu with links for Français, Contact Us, Help, Search, and Canada Site. A secondary menu includes Home, Centres & Labs, Publications, Guidelines, and A-Z Index. The main content area is titled "PUBLIC HEALTH AGENCY of CANADA" and contains the following text:

Home : Emergency Preparedness : Laboratory Security : Material Safety Data Sheets - Infectious Substances

**Office of Laboratory Security**

# MSDS

**Material Safety Data Sheets (MSDS)**, regulated under [Workplace Hazardous Materials Information System \(WHMIS\)](#) legislation, for chemical products have been available to workers for many years. However because many laboratory workers, whether in research, public health, teaching, etc., are exposed to not only chemicals but infectious substances as well, there was a large gap in the readily available safety literature for employees. These MSDS are produced for personnel working in the life sciences as quick safety reference material relating to infectious micro-organisms.

The MSDS are organized to contain health hazard information such as infectious dose, viability (including decontamination), medical information, laboratory hazard, recommended precautions, handling information and spill procedures. The intent of these documents is to provide a safety resource for laboratory personnel working with these infectious substances. Because these workers are usually working in a scientific setting and are potentially exposed to much higher concentrations of these human pathogens than the general public, the terminology in these MSDS is technical and detailed, containing information that is relevant specifically to the laboratory setting. It is hoped along with good laboratory practises, these MSDS will help provide a safer, healthier

The browser's status bar at the bottom shows "Done" and "Internet".



# MSDS – Hepatitis C virus

The screenshot shows a web browser window with the address bar containing the URL: <http://www.phac-aspc.gc.ca> - Hepatitis C virus - Material Safety Data Sheets (MSDS) - Microsoft Int... The browser's menu bar includes File, Edit, View, Favorites, Tools, and Help. The page header features the Canadian flag, the text "Public Health Agency of Canada" and "Agence de santé publique du Canada", and the "Canada" logo. A navigation table is present:

Français	Contact Us	Help	Search	Canada Site
Home	Centres & Labs	Publications	Guidelines	A-Z Index
Child Health	Adult Health	Seniors Health	Surveillance	Health Canada

Below the navigation table, the page content includes the "Office of Laboratory Security" logo, a large vertical "MSDS" watermark, and the following text:

Home : Material Safety Data Sheets - Infectious Substances : -----

**MATERIAL SAFETY DATA SHEET - INFECTIOUS SUBSTANCES**

**SECTION I - INFECTIOUS AGENT**

**NAME:** *Hepatitis C virus*

**SYNONYM OR CROSS REFERENCE:**  
Parenterally transmitted non-A, non-B hepatitis, Non-B transfusion-associated hepatitis, Post-transfusion non-A, non-B hepatitis (PT-NANB), HCV

**CHARACTERISTICS:** Single stranded, small, positive sense RNA, enveloped, 50 nm diameter, *Flaviviridae*

**SECTION II - HEALTH HAZARD**

**PATHOGENICITY:** Onset is insidious, with anorexia, vague abdominal discomfort, nausea and vomiting, progressing to jaundice (less frequently than hepatitis B);

The browser's status bar at the bottom shows "Done" and "Internet".





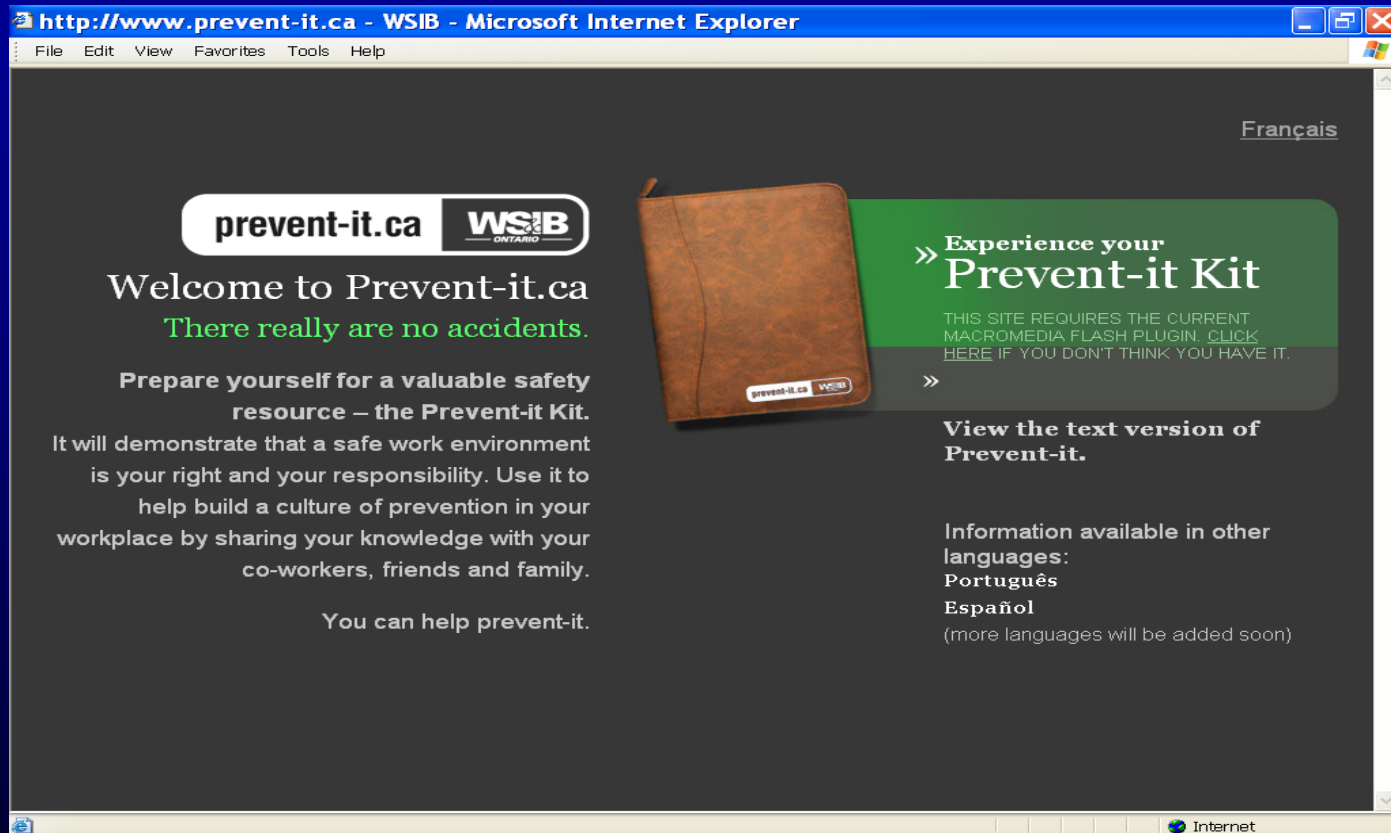
<http://www.wsib.on.ca/>



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# prevent-it.ca



http://www.prevent-it.ca - WSIB - Microsoft Internet Explorer

File Edit View Favorites Tools Help

Français

**prevent-it.ca** **WSIB**  
ONTARIO

Welcome to Prevent-it.ca  
There really are no accidents.

Prepare yourself for a valuable safety resource – the Prevent-it Kit.  
It will demonstrate that a safe work environment is your right and your responsibility. Use it to help build a culture of prevention in your workplace by sharing your knowledge with your co-workers, friends and family.

You can help prevent-it.

» Experience your Prevent-it Kit  
THIS SITE REQUIRES THE CURRENT MACROMEDIA FLASH PLUGIN. CLICK [HERE](#) IF YOU DON'T THINK YOU HAVE IT.

» View the text version of Prevent-it.

Information available in other languages:  
Português  
Español  
(more languages will be added soon)

Internet



# Institute for Work & Health

## <http://www.iwh.on.ca>

The screenshot shows a web browser window displaying the homepage of the Institute for Work & Health (IWH). The browser title is "The Institute for Work & Health (IWH), a not-for-profit research organization in Toronto, Ontar - Mi...". The browser's address bar shows the URL "http://www.iwh.on.ca". The website has a blue header with navigation links: "Research", "Knowledge Transfer", "Products & Publications", "Home", "About Us", and "Media Room". A search bar is located in the top right of the header. Below the header, there is a yellow sidebar on the left with the IWH logo and text: "INSTITUTE FOR WORK & HEALTH / INSTITUT DE RECHERCHE SUR LE TRAVAIL ET LA SANTE", "IWH newsletter: atwork Winter 2007", and "Research Highlights February 2007". The main content area features a "Welcome to the Institute for Work & Health" heading, followed by "Recent Updates:" with a list of articles: "Preventing injury in health-care workers (Apr 13)", "IWH Winter Plenaries (Apr 12)", "KTE Workbook (as highlighted in CHSRF newsletter) (Apr 5)", "Research Associate Opportunity (Mar 29)", "IALI International Conference (Mar 19)", and "Five-year review report (Mar 5)". To the right of the updates is a photo of a firefighter and a text box stating: "IWH is an independent, not-for-profit research organization whose mission is to conduct and share research... (more about us)". Below the updates are four yellow boxes with titles and bullet points: "Prevention" (MSD Prevention Guideline for Ontario, Guide to Evaluating the Effectiveness of Strategies for Preventing Work Injuries), "Clinical Practice" (Age may predict recovery from shoulder disorders, Whiplash after traffic accidents can lead to depression), "Return to Work (RTW)" (Systematic Review: Workplace-based RTW Interventions, Care providers' communication helps injured workers), and "Workforce and Compensation" (Compensation statistics 2004, 2005, Work-related injuries reduce caregiving hours at home). The browser's status bar at the bottom shows "Error on page." and "Internet".

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# IWH Systematic Reviews

**IWH: Systematic Reviews - Microsoft Internet Explorer**

File Edit View Favorites Tools Help

Address [http://www.iwh.on.ca/sr/sr\\_complete.php](http://www.iwh.on.ca/sr/sr_complete.php) Go

**Contact SR Team**

**Suggest a Topic**

**Prevention of Work Injury and Disease**

The Effectiveness of Occupational Health and Safety Management Systems [More...](#)

Occupational Health and Safety Management Audit Instruments [More...](#)

The Effectiveness of Participatory Ergonomic Interventions [More...](#)

Workplace Interventions to Prevent Musculoskeletal and Visual Symptoms and Disorders Among Computer Users [More...](#)

Risk Factors for Work Injury Among Youth [More...](#)

**Prevention of Work Disability**

Workplace-based Return-to-Work Interventions [More...](#)

**Evidence-based clinical practice**

See the Cochrane Back Review Group's [systematic reviews section](#).

*Research Excellence Advancing Employee Health*

Internet



# IRSST (Québec)

<http://www.irsst.qc.ca/en/find-a-publication.html>

Publications and tools - Find a publication - Microsoft Internet Explorer

File Edit View Favorites Tools Help

Address <http://www.irsst.qc.ca/en/find-a-publication.html> Go

Subscribe Info

Français Directory Sitemap

Your research engine FOR 25 YEARS Institut de recherche Robert-Sauvé en santé et en sécurité du travail irsst

SEARCH ON THE SITE GO

Home  
About the IRSST  
Research priorities  
Research projects  
Publications and tools  
Laboratory services  
Knowledge transfer  
Scholarships  
Grants  
Press releases  
Useful links  
Contact us  
OHS Calendar  
Opération JEUNESST

Find a publication Miscellaneous tools New Publications Our newsletters

### Find a publication

Our publications directory has two search methods:

**KEYWORDS**

GO

**RESEARCH FIELDS**  
(To obtain the list of all publications related to a field)

- Accidents
- Chemical substances and biological agents
- Musculoskeletal

Done Internet



# http://www.caw.ca/

**CAW - TCA CANADA : What We Do - Microsoft Internet Explorer**

File Edit View Favorites Tools Help

**CAW TCA CANADA** Canadian Auto Workers Union *Fighting back makes a difference*

Home Search Site Map Contact Us Your Feedback Français

**Take ACTION Now!**

Final Vote on E.I. Bills >>  
AEROSPACE JOBS >>

Register for CAW News

Who we are  
What we do  
Joining the CAW  
News  
Campaigns & Issues  
Visual & Print Library  
Family Education Centre  
Labour Links  
Regional Headlines

\* Big 3 Insurance  
\* Manufacturing Matters  
\* CAW Assembled Vehicles

**What we do**

↳ **Health, Safety & Environment** > SARS: The CAW Perspective

**SARS: The CAW Perspective**

(Originally submitted as an Op-Ed Article to The Globe and Mail)

The Severe Acute Respiratory Syndrome (SARS) public health emergency in Ontario continues to be the subject of heightened concern and vigilance for all Canadians even though the WHO has lifted the travel restrictions and no new community cases have been reported. It must remain a high alert situation as healthcare workers continue to be infected in spite of stringent precautions. The need for a high quality, universal public health care system uncompromised by the profit motive could not be more emphasized than by the crisis we have just experienced. We recognize the right of Canadians to know about the hazard and risk associated with SARS. Canadians need to determine the appropriate balance between preventative measures to limit our risk of exposure and continuing our daily routines.

We know that hospitals and long term care facilities throughout Ontario have restricted visits by family and friends and established rigorous infection control procedures. Hundreds of persons, including many staff at facilities potentially exposed to SARS have accepted voluntary quarantine in order to limit the future spread of this infectious disease. Health care workers are continuing to heed the call by public health officials to avoid socializing in large groups, particularly where there is a mixing of people from various facilities to prevent cross-contamination.

Our Union represents 25,000 health care workers in Canada in both hospitals and long term care facilities that are subject to these necessary measures. The crisis also highlighted short-comings and indeed a taskforce chaired by the University of Toronto Dean of Medicine has been charged with

Aboriginal/Workers of Colour  
Bargaining  
Calendar of Events  
CAW Policies and Papers  
Communications  
Education  
Health Care  
**Health, Safety & Environment**  
Human Rights  
International Solidarity  
Pensions & Benefits  
Pride  
Research  
Retired Workers  
Service to Local Unions  
Skilled Trades  
Social Justice Fund  
Substance Abuse  
Women  
Work Organization and Training  
Youth

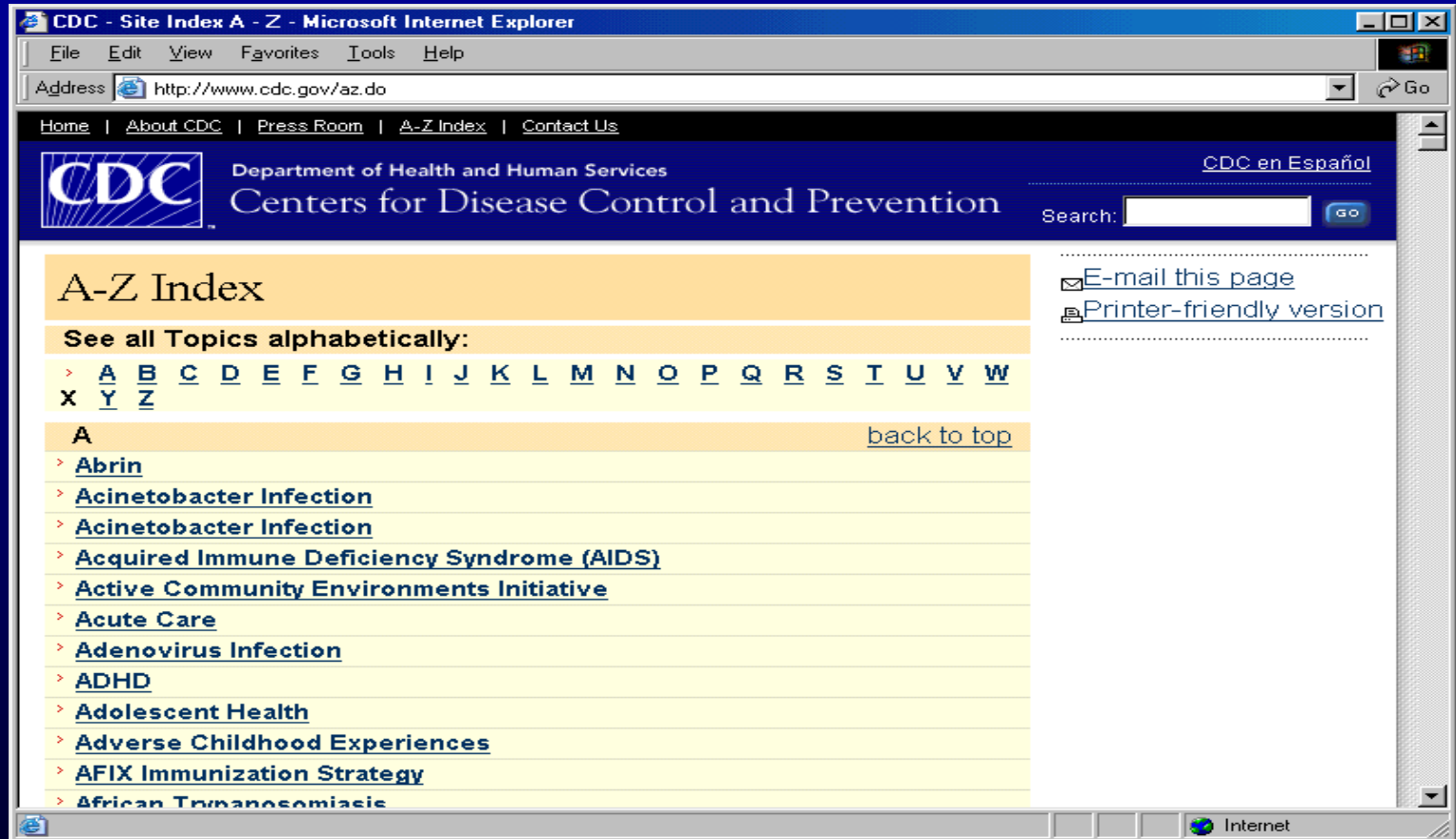
Internet



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# Centers for Disease Control <http://www.cdc.gov/az.do>



# http://www.pandemicflu.gov/

**PandemicFlu.gov - Microsoft Internet Explorer**

File Edit View Favorites Tools Help

## PandemicFlu.gov AvianFlu.gov

Get Informed. Be Prepared.

One-stop access to U.S. Government avian and pandemic flu information. Managed by the Department of Health and Human Services.

**Federal Planning** | **State & Local Planning** | **Individual Planning** | **Workplace Planning** | **School Planning** | **Health Care Planning** | **Community Planning**

### Understanding Flu Terms

[Flu terms defined](#) — Seasonal flu, avian flu, and pandemic flu are not the same.

#### News

- Apr 05 — **Travel Industry Planning Checklist is Released** [More>>](#)
- Apr 05 — **CDC Webcast 1:00 – 2:30 pm ET: Pandemic Influenza: Progress in Planning and Exercising: Federal, State, and Local Perspectives** [More>>](#)
- Apr 02 — **Rapid Response was Crucial to Containing the 1918 Flu Pandemic** [More>>](#)
- Apr 02 — **NIAID Expands Capability for Influenza Research and Surveillance** [More>>](#)
- Mar 27 — **WHO Meeting In Jakarta on Sharing Avian Influenza Virus Samples** [WHO News Release>>](#) [Statement by Secretary Leavitt>>](#)

[News Archive >>](#)

[RSS News Releases](#) [RSS Site Updates](#) [Help with RSS](#)

#### Nations With Confirmed Cases H5N1 Avian Influenza (February 2007)

Informational "Keep Bird Flu out of the U.S." Poster

Play (▶) the video below to view a public service announcement about pandemic flu ([Transcript of Video](#))

#### WHO Pandemic Alert Phase

- Phase 3: No or very limited human-to-human transmission

#### Avian Flu Watch

- [Human Cases](#) (WHO)
- [Animal Infection](#) (OIE)
- [Situation Update](#) (WHO)

#### Resources

- [Federal Progress Report](#)
- [Planning Checklists](#) (En Español)
- [Planning Tools](#)
- [Pandemic Influenza Preparedness, Response, and Recovery Guide for Critical Infrastructure and Key Resources](#) (PDF – 4.07 MB)



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# http://www.cdc.gov/niosh/

http://www.cdc.gov - NIOSH Topic: Nanotechnology | CDC/NIOSH - Microsoft Internet Explorer

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CDC Home CDC Search CDC Health Topics A-Z

**CDC** SAFER • HEALTHIER • PEOPLE™

**NIOSH** National Institute for Occupational Safety and Health

Search NIOSH | NIOSH Home | NIOSH Topics | Site Index | Databases and Information Resources | NIOSH Products | Contact Us

**NIOSH Safety and Health Topic:**  
**Nanotechnology**

## Nanotechnology at NIOSH

NIOSH is the leading federal agency conducting research and providing guidance on the occupational safety and health implications and applications of nanotechnology. This research focuses NIOSH's scientific expertise, and its efforts, on answering the questions that are essential to understanding these implications and applications:

- How might workers be exposed to nano-sized particles in the manufacturing or industrial use of nanomaterials?
- How do nanoparticles interact with the body's systems?
- What effects might nanoparticles have on the body's systems?

As part of this effort, NIOSH is conducting [strategic planning](#) and research, partnering with public and private-sector colleagues from the United States and abroad, and making the information and interim recommendations widely available. As observers generally agree, research to answer these questions is critical for maintaining U.S. competitiveness in the growing and dynamic nanotechnology market.

**NANOTECHNOLOGY SPOTLIGHT:**  
[Progress Toward Safe Nanotechnology in the Workplace](#)  
DHHS (NIOSH) Publication No. 2007-123  
This document is a report of the progress of the NIOSH Nanotechnology Research Center (NTRC) since its inception in 2004 through 2006. Using only internally redirected resources, the NTRC has begun to make contributions to all the steps in the continuum from hazard identification to risk management.

**Nanotechnology**

**Topic Index:**

- ▶ [Nanotechnology Home](#)
- [About Nanotechnology](#)
- [Critical Topics](#)
- [NIOSH Research](#)
- [For Public Comment](#)
- [News & Events](#)
- [Nanoparticle Information Library / Other Resources](#)
- [Partnerships](#)

Internet



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NIOSH Document: Pocket Guide to Chemical Hazards (2005-149) | CDC/NIOSH - Microsoft Internet Explorer

File Edit View Favorites Tools Help

Address <http://www.cdc.gov/niosh/npg/default.html> Go

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**NIOSH** National Institute for Occupational Safety and Health

CDC Home CDC Search CDC Health Topics A-Z

Search NIOSH | NIOSH Home | NIOSH Topics | Site Index | Databases and Information Resources | NIOSH Products | Contact Us

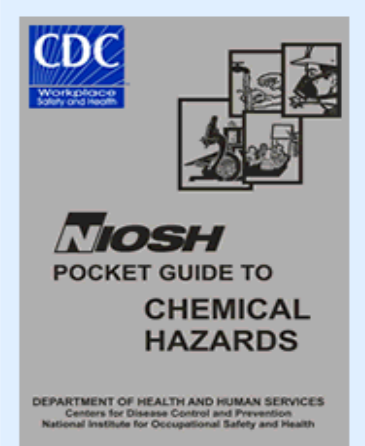
NIOSH Publication No. 2005-149: September 2005

# NIOSH Pocket Guide to Chemical Hazards

The NIOSH Pocket Guide to Chemical Hazards (NPG) is intended as a source of general industrial hygiene information on several hundred chemicals/classes for workers, employers, and occupational health professionals. The NPG does not contain an analysis of all pertinent data, rather it presents key information and data in abbreviated or tabular form for chemicals or substance groupings (e.g. cyanides, fluorides, manganese compounds) that are found in the work environment. The information found in the NPG should help users recognize and control occupational chemical hazards.

## Contents

- [Introduction](#)
- [Search the Pocket Guide](#)
- [Index of Chemical Names, Synonyms and Trade Names](#)



<http://www.cdc.gov/> Internet



# OSHA

<http://www.osha.gov/SLTC/index.html>

**U.S. Department of Labor**  
Occupational Safety & Health Administration  
[www.osha.gov](http://www.osha.gov)

MyOSHA Search  GO Advanced Search | A-Z Index

April 16, 2007 Site Index: [A](#) [B](#) [C](#) [D](#) [E](#) [F](#) [G](#) [H](#) [I](#) [J](#) [K](#) [L](#) [M](#) [N](#) [O](#) [P](#) [Q](#) [R](#) [S](#) [T](#) [U](#) [V](#) [W](#) [X](#) [Y](#) [Z](#)

## Safety and Health Topics

Safety and Health Topics Pages provide access to selected occupational safety and health information. The subjects of these pages include specific workplace hazards, as well as individual industries. Members of the Editorial Boards evaluate numerous OSHA and non-OSHA references on a given subject to determine which they consider most important in reducing occupational injuries and illnesses. With the continued support of our users, editors, and editorial boards, OSHA's Safety and Health Topics Pages provide assistance for complying with OSHA standards, enabling employers to ensure safer workplaces.

**Quick Links -**

**Topics Pages Index**  
select a topic...  [Text Version]

**Search Topics Pages**  
  [Search Tips]

**Find It in DOL**  
Department of Labor

**Compliance Assistance**

- [eTools](#)
- [Grants](#)
- [Hispanic Employer/Worker](#)
- [Posters](#)
- [QuickCards](#)
- [Quick Start](#)
- [Recordkeeping](#)
- [Small Business](#)
- [Training](#)

**Laws & Regulations**

- [Standards](#)
- [Interpretations](#)
- [Federal Registers](#)
- [Directives](#)
- [Dockets & E-Comments](#)

**What's New**



# OSHA Info Bulletins


Hazards Associated with All-Terrain Vehicles (ATVs) in the Workplace - Microsoft Internet Explorer

File Edit View Favorites Tools Help

Address <http://www.osha.gov/dts/shib/shib080306.html> Go

## ***Personal Protective Equipment***

Personal protective equipment is strongly recommended when operating ATVs. The potential rollover hazards require the use of a DOT-approved helmet. According to a study of recreational ATV-related deaths in West Virginia, 65 percent of the deaths resulted from head and neck injuries. Of these fatalities, three-quarters of the ATV users were not wearing a helmet at the time of the incident [1]. CSPC indicates that 25 percent of those who died from head injuries sustained in recreational ATV accidents would have lived if they had been wearing a proper helmet [5]. In addition to helmets, appropriate boots, gloves, and goggles should also be worn.



## ***ATV Maintenance***

Like any piece of workplace machinery, ATVs must have regular maintenance. Poor ATV maintenance contributes to serious accidents and fatalities [2]. Along with a regular maintenance schedule, employers and drivers need to ensure the completion of a pre-ride inspection. Tire condition, braking, steering, and suspension systems are all critical to safe operation.


Done Internet



# OSHA Training Tools

The screenshot shows a Microsoft Internet Explorer browser window titled "Hospital eTool - Microsoft Internet Explorer". The address bar displays "http://www.osha.gov/SLTC/etools/hospital/mainpage.html". The page header features the OSHA logo and the text "Occupational Safety & Health Administration" and "www.osha.gov". A search bar is present with the text "Search" and "Index". Below the header, the main content area is titled "Hospital eTool" and includes a navigation menu on the left and a central graphic of a hospital building with various departments labeled.


Return to Safety and Health Topic Pages



Hospital eTool

- ▶ Scope
- ▶ Site Map
- ▶ User Guide
- ▶ Expert Systems
  - Fire Safety
  - LOTO

Click on the area for more specific information.



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# National Library of Medicine

<http://www.ncbi.nlm.nih.gov/entrez/query.fcgi>

Entrez PubMed - Microsoft Internet Explorer

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NCBI PubMed A service of the National Library of Medicine and the National Institutes of Health [www.pubmed.gov](#) My NCBI [Sign In] [Register]

All Databases PubMed Nucleotide Protein Genome Structure OMIM PMC Journals Books

Search PubMed for [ ] Go Clear

Limits Preview/Index History Clipboard Details

- To get started, enter one or more search terms.
- Search terms may be [topics](#), [authors](#) or [journals](#).

**My NCBI** Set up an automated PubMed update in less than 5 minutes.

- (1) Get a [My NCBI account](#).
- (2) Save your search.
- (3) Your PubMed updates can be e-mailed directly to you.

Read the [My NCBI Help](#) material to explore other options, such as automated updates of other databases, setting search filters, and highlighting search terms.

PubMed is a service of the [U.S. National Library of Medicine](#) that includes over 16 million citations from MEDLINE and other life science journals for biomedical articles back to the 1950s. PubMed includes links to full text articles and other related resources.

About Entrez  
Text Version  
Entrez PubMed  
Overview  
Help | FAQ  
Tutorials  
New/Noteworthy  
E-Utilities  
PubMed Services  
Journals Database  
MeSH Database  
Single Citation  
Matcher  
Batch Citation  
Matcher  
Clinical Queries  
Special Queries  
LinkOut  
My NCBI  
Related


Internet



TOXNET - Microsoft Internet Explorer

File Edit View Favorites Tools Help


Address <http://toxnet.nlm.nih.gov/> Go



United States  
National Library  
of Medicine

# TOXNET

Toxicology Data Network



[TOXNET PDA Access](#) | [Contact Us](#) | [SIS Home](#) | [About Us](#) | [Site Map & Search](#)

▶ [Env. Health & Toxicology](#) ▶ [TOXNET](#)

TOXNET - Databases on toxicology, hazardous chemicals, environmental health, and toxic releases.

### Select Database

- [ChemIDplus](#) ?
- [HSDB](#) ?
- [TOXLINE](#) ?
- [CCRIS](#) ?
- [DART](#) ?
- [GENETOX](#) ?
- [IRIS](#) ?
- [ITER](#) ?
- [LactMed](#) ?
- [Multi-Database](#) ?
- [TRI](#) ?
- [Haz-Map](#) ?
- [Household Products](#) ?


### Search All Databases

Enter term(s) to search all databases.

#### TOXNET Search Options

- Search all databases: Enter term(s) in box above
- Search a specific database: Click database at left

### Env. Health & Toxicology



**Portal to environmental health and toxicology resources**

[VISIT SITE](#)

#### Support Pages

- ▶ [Help](#)
- ▶ [TOXNET FAQ](#)
- ▶ [TOXNET Update Status](#)
- ▶ [Fact Sheet](#)
- ▶ [Database Description](#)
- ▶ [Training Manuals](#)

Internet



# Haz-Map Database

The screenshot shows a web browser window with the address bar displaying "http://hazmap.nlm.nih.gov - Haz-Map: Occupational Exposure to Hazardous Agents - Microsoft Inter...". The browser's menu bar includes "File", "Edit", "View", "Favorites", "Tools", and "Help". The website header features a banner with the text "Haz-Map Occupational Exposure to Hazardous Agents" and logos for "SIS" and "NLM". Below the banner is a search bar with the text "Search" and a dropdown menu set to "as". To the right of the search bar are icons for "Agent", "Disease", "Job", and "Text Search". A navigation bar contains tabs for "Haz-Map Search", "More Searches", "Haz-Map Help", "Glossary", and "References". The main content area is titled "Browse Haz-Map" and contains three bulleted sections:

- **Hazardous Agents**
  1. [By Types of Agents](#)
  2. [By Adverse Effects](#)
  3. [Alphabetically](#)
- **Occupational Diseases**
  1. [By Types of Diseases](#)
  2. [By Jobs and Symptoms](#)
  3. [Alphabetically](#)
- **High Risk Jobs**
  1. [By Types of Jobs](#)
  2. [Alphabetically](#)

At the bottom of the page, there is a footer that reads: "Haz-Map: Information on Hazardous Chemicals and Occupational Diseases by Jay A. Brown, M.D., M.P.H." The browser's status bar at the bottom right shows "Internet".





http://hazmap.nlm.nih.gov - Haz-Map: Occupational Exposure to Hazardous Agents - Microsoft Inter...

File Edit View Favorites Tools Help



**Haz-Map**  
Occupational Exposure to Hazardous Agents

Search  as    

Haz-Map Search More Searches Haz-Map Help Glossary References

**Browse Haz-Map**

<b>Disease/Syndrome</b>	Bladder cancer
<b>Category</b>	Cancer, Occupational
<b>Acute/Chronic</b>	Chronic
<b>Synonyms</b>	Bladder Neoplasms; Bladder cancer; Cancer of bladder
<b>Biomedical References</b>	<a href="#">Search PubMed</a>
<b>Comments</b>	A sentinel health event (occupational) associated with rubber and dye workers who were exposed to benzidine, alpha- and beta-naphthylamine, magenta, auramine, 4-aminobiphenyl, and 4-nitrophenyl; [Mullan] Beta-naphthylamine, benzidine, 4-aminobiphenyl were discontinued from industrial production and use. Suspected bladder carcinogens still in use include benzidine-based dyes, o-toluidine, 4-chloro-o-toluidine, and MBOCA. [Ward, p. 127] Other occupational exposures associated with bladder cancer include PAHs (aluminum production, coal gasification, coal-tar pitches, benzo[a]pyrene, and diesel exhaust), and hair dyes (hairdresser or barber). Diesel exhaust had a positive

Shortcut to javascript:makesearch("TbJobs") 



# Tox Profiles from ATSDR

<http://www.atsdr.cdc.gov/>

The screenshot shows a Microsoft Internet Explorer browser window displaying the ATSDR website. The browser title is "ATSDR - Toxicological Profile: Acetone - Microsoft Internet Explorer". The address bar shows the URL "http://www.atsdr.cdc.gov/". The website header includes the ATSDR logo (Agency for Toxic Substances and Disease Registry) and navigation links: Search, Index, Home, Glossary, Contact Us. The main content area is titled "Toxicological Profile for Acetone" and is dated "May 1994". Below the title, the CAS# is listed as "67-64-1". The "Toxicological Profile Information" section states: "The ATSDR toxicological profile succinctly characterizes the toxicologic and adverse health effects information for the hazardous substance described here. Each peer-reviewed profile identifies and reviews the key literature that describes a hazardous substance's toxicologic properties. Other pertinent literature is also presented, but is described in less detail than the key studies. The complete list of topics covered (chapter titles) is shown at the left and in more detail further down this page." The "Toxicological Profile Access" section states: "The focus of the profile is on health and toxicologic information. Therefore, each profile begins with a **Public Health Statement** that summarizes in nontechnical language, a substance's relevant properties. A useful two page information sheet, the **ToxFAQs™**, is also available." A "back to top" link is provided. The "Toxicological Profile Access" section states: "In order to access the ATSDR toxicological profiles' PDF files below, you must have **Adobe Acrobat Reader** . You may download that program for free from this link to **Adobe EXIT** and then use it to access (open) the files below that are labeled PDF files." The left sidebar contains a "CONTENTS" menu with links: Toxicological Profile Information, Toxicological Profile Access, Toxicological Profile Contents, Preface, Relevance to Public Health, Health Effects, Chemical and Physical Information, Production, Import, Use, and Disposal, Potential for Human Exposure, Analytical Methods, Regulations and Advisories, References, Glossary, Appendices, Reference, Disclaimer, and Where can I get more information?. Below the menu is a "RELATED RESOURCES" section with links: ToxFAQ™ (43k) and ToxFAQ™.en (30k). The browser status bar at the bottom shows "Internet".



# Cornell Ergonomics Web

<http://ergo.human.cornell.edu/>

**CU Ergo**  
Cornell University Ergonomics Web

Cornell University logo

"I would found an institution where any person can find instruction in any study."  
Ezra Cornell, 1865

CU Ergo News

- [CU ErgoPods \(Audio and Video Podcasts\)](#)
- [Visit ErgoWorld - a 3D web world](#)
- [Hot laptops pose problems](#)
- [The Typewriter Project](#)
- [Environmental conditions and productivity](#)
- [Electric height adjustable workspaces](#)
- [Usability evaluation of 3D virtual world](#)
- [Computer Use and CTS - is there](#)

CU Ergo Information

- Computer Workstation Guides
  - [ErgoTips \(self-help workstation guide\)](#)
  - [Computer Workstation Guidelines \(Adults\)](#)
  - [Choosing an ergonomic chair](#)
  - [Keeping Kids Healthy](#)
  - [School Ergonomics Program](#)
  - [Guidelines for Parents](#)
  - [Children's Computer Use](#)
  - [Computer use guide - senior citizens](#)

Research & Tools

- [Ergonomic tools and checklists](#)
- [Survey forms and software](#)
- [Interface Design Guidelines](#)
- [On-line Statistics Helper](#)
- [CU ErgoLab - Cornell HFER Laboratory](#)
- [Research studies and Publications:](#)
  - Slideshows, tutorials, videos, presentations; Student Projects, Grad thesis defenses, Case studies
  - Choosing ergonomic products; Universal Design principles
  - Computer Workstation ergonomics



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# Cornell U. Ergo Resources



http://www.ergo.human.cornell.edu - CUergo: Information home page - Microsoft Internet Explorer

File Edit View Favorites Tools Help

## CUergo

Cornell University Ergonomics Web

### ERGONOMICS INFORMATION

#### Workstation Guidelines

- [10 tips for arranging a Computer Workstation and Keyboard](#)
- [5 tips for using a Laptop Computer](#)
- [10 Tips for using a Computer Mouse](#)
- [6 tips for arranging a Child's Computer Workstation](#)
- [Computer Workstation Tips Diagram](#)
- [How to choose an Ergonomic Chair](#)

#### Ergonomic Products

- [How to choose an Ergonomic Product](#)
- [Ergonomic considerations for Left-handed People](#)
- [Back care issues](#)
- [Mattresses matter: Ergonomic Guidelines](#) (Alan Hedge, SpineUniverse.com)

#### Ergonomics Information

- [Creating Ergonomic Workstations \(City of Ithaca Ergonomics Intervention Project\)](#)
- [Information on Ergonomics Research Studies at Cornell](#)
- [Ergonomics slideshows, tutorials and a list of publications](#)
- [Graduate Thesis Defense Presentations](#)
- [Student Class Projects](#)
- [Cornell VHS videos, reports and books](#)

Done Internet



<http://www.ergoweb.com/resources/>

http://www.ergoweb.com - Ergoweb - Case Studies in Ergonomics - Microsoft Internet Explorer

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Home | STORE | Software Access | Site Map | About Us | Advertise | Contact

» Consulting » Training » Software » Buyer's Guide » News » Resources » Join

Search!

LOCATION: Home > Resource Center > Case Studies > Case Study Detail

Ergoweb - Case Studies in Ergonomics

Resource Center

- » Discussions
- » Intro to Ergonomics
  - FAQs
  - Glossary
  - History
  - Concepts
- » Case Studies
- » Reference Material

Printable Page

Ergoweb® Case Study - **Unloading and Scanning Groceries**

**Source**  
CTD News, 1995, Food Retailer Rewrites User, Safety Manuals for Safer Workplace, Ergonomic that Works, CTD News.

**Task Prior to Abatement (Description)**  
Workers had to unload groceries from deep basket carts and scan them.

**Task Prior to Abatement (Method Which Identified Hazard)**  
3 confirmed medical cases of CTDs in 1987.

**Ergonomic Risk Factor (Posture)**  
Awkward wrist and arm positions were encouraged and trained to scan the materials.  
Checkers were required to be in awkward postures in order to perform the task.

**Ergonomic Risk Factor (Repetition)**  
The task involves repetitive motion.

**Ergonomic Solution (Administrative Controls)**

1. Training was provided for new employees.
2. New employees were observed and coached for the first two weeks to ensure that they did not adopt bad ergonomic habits.

Newsletter

Sign up for our FREE Ergonomics Today™ bi-weekly Newsletter. [\(more info\)](#)

Email Address:

Your name:

Done Internet



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# http://medlineplus.gov/

**MedlinePlus Health Information from the National Library of Medicine - Microsoft Internet Explorer**

File Edit View Favorites Tools Help

Skip navigation

**MedlinePlus®**  
Trusted Health Information for You

A service of the U.S. NATIONAL LIBRARY OF MEDICINE  
and the NATIONAL INSTITUTES OF HEALTH

Search MedlinePlus

About MedlinePlus | Site Map | FAQs | Contact Us

español

**▶ Health Topics**  
Start here to see 740 **new** and **improved** topic pages!

**▶ Drugs & Supplements**  
About your prescription and over-the-counter medicines, herbs and supplements

**▶ Medical Encyclopedia**  
Includes pictures and diagrams

**▶ Dictionary**  
Spellings and definitions of medical words

**▶ News**  
Current health news and press announcements

**▶ Directories**  
Find doctors, dentists and hospitals


**▶ Go Local**  
A service for finding local resources for health-related issues

**▶ Other Resources**  
Local health services, libraries, organizations, international sites and more

**Current Health News**

- ▶ [Change of Season Brings Lawn Mower Warning](#)
- ▶ [Free Asthma Screenings to Be Offered Across the U.S.](#)
- ▶ [Stroke Guidelines Focus on Critical First Hours](#)
- ▶ [More news](#)

**Featured Site**

 **Watch a live broadcast of hip resurfacing surgery on April 17 at 5:00 PM EST**

**In the Spotlight**

Pet food safety is in the news. Learn more.

- ▶ [Pets and Pet Health](#) topic page
- ▶ [Latest news](#) on pet health
- ▶ [FDA response](#) to the pet food recall




**Interactive Tutorials**  
Over 165 slideshows with sound and pictures

**ClinicalTrials.gov**  
Studies for new drugs and treatments

**NIH SeniorHealth**  
Health information for older adults

**Surgery Videos**  
Videos of surgical procedures

**What's new on MedlinePlus**

-  [Director's comments](#)
-  [E-mail updates](#)
-  [NIH MedlinePlus Magazine](#)

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<http://www.ilo.org/encyclopedia/>

Encyclopaedia of Occupational Health and Safety - Microsoft Internet Explorer

File Edit View Favorites Tools Help

**SafeWork Bookshelf**

Search:  in Encyclopaedia   ?

Home

**ENCYCLOPAEDIA  
OF OCCUPATIONAL HEALTH AND SAFETY**  
Fourth Edition

**VOLUME I**

[Preface to the Fourth Edition](#)

[Prefaces to previous editions](#)

[Foreword](#)

**PART I. THE BODY**

- [1. Blood](#)
- [2. Cancer](#)
- [3. Cardiovascular System](#)
- [4. Digestive System](#)
- [5. Mental Health](#)
- [6. Musculoskeletal System](#)
- [7. Nervous System](#)

Done Internet



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# http://www.who.int/en/

The screenshot shows the WHO website for the International Classification of Diseases (ICD) in Microsoft Internet Explorer. The browser title is "WHO | International Classification of Diseases (ICD) - Microsoft Internet Explorer". The page features a navigation menu on the left with categories like Home, About WHO, Countries, Health topics, Publications, Research tools, WHO sites, Family of International Classifications, Family of International Classifications network, Classification of Diseases (ICD), Classification of Functioning, Disability and Health (ICF), Classification of Health Interventions (ICHI), and Frequently asked questions. The main content area is titled "Classifications" and "International Classification of Diseases (ICD)". It includes a paragraph about ICD-10's endorsement in 1994 and its origins in 1893. Below this, it states that ICD has become the international standard diagnostic classification for general epidemiological and health management purposes. A list of links follows: "History of ICD [pdf, 148kb]", "Implementation of ICD", and "Updating process". There are sections for "ICD-10 ONLINE" with a link to the "Current version", and "ORDERING ICD-10 BOOKS AND CD-ROMS" with links to the "2nd Edition Book + CD-ROM", "2nd Edition CD-ROM", and "2nd Edition Downloadable version". On the right side, there are sections for "PHOTO AND VIDEO CONTEST : IMAGES OF HEALTH AND DISABILITY 2006- 2007", "Special Theme: Health and Environment", "Vote for the contest", "APRIL MEETINGS" with links to "ICD Revision Steering Group Meeting", "Planning Committee Meeting", and "Consultation on Business Plan", "BUSINESS PLAN" with a link to "More Information", "EVENTS" with links to "WHOFIC Network Meeting 2007" and "Conference on Children Health, Disability and ICF-CY", "ICD-10 ONLINE" with links to "Current Version (2007)" and "Older Versions", "ICF ONLINE", and "International Classification of Functioning, Disability and Health". The browser's address bar shows "http://www.who.int/en/".





<http://www.inchem.org/>

http://www.inchem.org - IPCS INCHEM - Microsoft Internet Explorer

File Edit View Favorites Tools Help

IPCS International Programme on Chemical Safety

# INCHEM

Chemical Safety Information from Intergovernmental Organizations

**Search options:**

**Full-text Search**

Example: kidney <AND> DDT

**Chemical Identity Search**

CAS Number

Example: 108-88-3

OR

Chemical Name or Synonym

Example: Toluene

[Advanced Search](#)

Rapid access to internationally peer reviewed information on chemicals commonly used throughout the world, which may also occur as contaminants in the environment and food. It consolidates information from a number of intergovernmental organizations whose goal it is to assist in the sound management of chemicals.

**Browse** content using links below:

Internet







# EHCs, IARC, ICSCs, PIMS, etc.

Advanced Search

- ▶ About IPCS INCHEM
- ▶ IPCS INCHEM on CD-ROM
- ▶ Help
- ▶ Disclaimer

**Browse content using links below:**

- ▶ Concise International Chemical Assessment Documents (CICADs)
- ▶ **Environmental Health Criteria (EHC) Monographs**
- ▶ Health and Safety Guides (HSGs)
- ▶ International Agency for Research on Cancer (IARC) - Summaries and Evaluations
- ▶ International Chemical Safety Cards (ICSCs)
- ▶ IPCS/CEC Evaluation of Antidotes Series
- ▶ Joint Expert Committee on Food Additives (JECFA) - Monographs and Evaluations
- ▶ Joint Meeting on Pesticide Residues (JMPR)
- ▶ Pesticide Documents (PDs)
- ▶ Poisons Information Monographs (PIMs)
- ▶ Screening Information Data Set (SIDS) for High Production Volume Chemicals

The International Programme on Chemical Safety (IPCS)    in partnership with **CCOHS**   
Canadian Centre for Occupational Health and Safety

Shortcut to ehc.html Internet





# University of Manchester

<http://www.agius.com/hew/resource/index.htm>

http://www.agius.com - Health, Environment & Work - Microsoft Internet Explorer

File Edit View Favorites Tools Help

Home Resources Links FAQ Commentary Search Help



**Health, Environment & Work**

Welcome to 'Health, Environment & Work' (HE&W). This site provides many academically based **educational resources** (also available as **FAQs**), a **search** facility, as well as vetted and updated **'links'** relating to Occupational and Environmental Health and Medicine.

**Main Content Headings:**

- Resources** - Educational information or interactive tutorials on Health, Environment & Work.
- Links** - Directory of Sites in Occupational and Environmental Health.
- Frequently Asked Questions** - a reformulation of some of the HE&W resources.
- Search** - Use your keywords to find what you want
- Commentaries** - usually in response to Governmental calls for consultation, but may be unsolicited.
- Help** - Some hints in case you are in difficulty
- Feedback** - A 'form' for your comments
- Copyright & Disclaimer** - Important information
- References** to this web resource

**NOTE:** If you do not wish to view this page through 'frames', or if the URL at the top of this page does not start with <http://www.agius.com/hew/> please [click here](#) .



# http://www.tuc.org.uk

The screenshot shows a Microsoft Internet Explorer browser window displaying the TUC website. The address bar shows 'http://www.tuc.org.uk - Trades Union Congress - Health and Safety - Microsoft Internet Explorer'. The page has a navigation menu with links for 'Text only', 'Accessibility', 'Site map', 'Search', and 'Print'. Below this is a secondary menu with 'Email alerts', 'Work rights', 'Publications', 'Unions', 'Events', and 'Contact us'. The main heading is 'Home > Health and Safety'. A left sidebar lists various topics like Asbestos, Asthma, Back Strain, etc. The main content area features a large heading 'Health and Safety' with a warning sign icon. Text below reads: 'TUC spells health and safety. It took union campaigns to deliver the comprehensive health and safety legislation that the UK workforce enjoys. But it takes union know how, resources and campaigns to make workplaces as safe as possible. That's why TUC and unions provide high calibre resources and training for trade union safety reps.' To the right, there are sections for 'Events' (Smoke Free England, Workers Memorial Day) and 'Links' (British Safety Council, Department of Health, etc.). A small 'hazards' magazine cover is also visible.



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Sept. 12, 2007

<http://www.worksafe.wa.gov.au/newsite/worksafe/>

WorkSafe - Work Safe home page - Microsoft Internet Explorer

File Edit View Favorites Tools Help

Department of Consumer and Employment Protection  
Government of Western Australia  
**WorkSafe**

DOCEP | Consumer Protection | Energy Safety | Labour Relations | Resources Safety | Bizline

Safety at work Industries Safety topics Activities Resources

## WorkSafe

### What's new

- [Cyclone - Emergency Preparation, Planning and Preparedness](#)  
Joint Resources Safety/WorkSafe Safety Bulletin
- [New WorkSafe Bulletins](#)
- [New Commercial vehicle driver "medical assessment form"](#)

[More...](#)

### Activities

#### Regional Campaigns

The ThinkSafe Small Business Assistance Program will be visiting regional areas over the next few months. This is an ideal opportunity to take advantage of up to three hours of free occupational safety and health advice from an independent consultant at your workplace. [Learn more...](#)

#### Lunchtime Forums

WorkSafe is holding lunchtime information sessions throughout 2007. These sessions will be free of charge and will cover a range of occupational safety and health topics. [Learn more...](#)

#### Small Business

#### Safety & Health Reps

#### Education resources & Students

#### Report an incident

#### Construction Training



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http://www.worksafe.wa.gov.au - WorkSafe - Overview - Microsoft Internet Explorer

File Edit View Favorites Tools Help

Department of Consumer and Employment Protection  
Government of Western Australia  
**WorkSafe**

DOCEP | Consumer Protection | Energy Safety | Labour Relations | Resources Safety | Bizline

Home Safety at work Industries Safety topics Activities Resources

Safety topics [Home](#) > [Safety topics](#) > [More safety topics](#) > Bullying & violence

More safety topics

**Bullying & violence**

- Legislation
- FAQs
- Bulletins
- Safety and health alerts
- More info

Alcohol and drugs

Asbestos

Confined spaces

Evacuation

Fatigue

First aid

Disease / health

Mobile phones

Noise and vibration

Office safety

Plant and machinery

Stress

## Bullying and violence

### Information on bullying and violence in the workplace

In WA each year an average of 600 workers compensation claims are lodged for time off arising from workplace violence and bullying. If unreasonable or inappropriate behaviour exists, or the potential for such behaviour is identified, there is a high risk of psychological and/or physical harm.

### Frequently asked questions

1. [What is workplace bullying?](#)
2. [Is workplace violence and aggression a work issue or a police issue?](#)
3. [What can employers do to prevent violence and aggression at work?](#)

More frequently asked questions about bullying and violence can be found [here](#).

### Everything you need to know

- [Legislation](#)
- [More info](#)
- [FAQ](#)
- [Bulletins](#)
- [Safety and health alerts](#)
- [More information](#)



# http://www.ccohs.ca/

The screenshot shows the CCOHS website in a Microsoft Internet Explorer browser window. The address bar shows "http://www.ccohs.ca/". The page header includes the CCOHS logo and the text "Canadian Centre for Occupational Health and Safety" and "Centre canadien d'hygiène et de sécurité au travail". The navigation menu includes "Français", "Contact Us", "Help", "SEARCH", and "Canada Site". Below the navigation menu are links for "Web Info Service", "Products & Services", "OSH Answers", and "Education & Training". The main content area features a "Web Info Service" section with a list of online resources, a "More about:" section with links to various services, a "View all by:" section with links to alphabetical and subject groupings, and a "Biological Hazards Chemical and Materials" section with links to various topics. A "Pandemic Planning" banner is also visible. The footer includes a banner for "Emerging Health & Safety Issues from Changing Workplaces" and a "Collaborative" logo.



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# OSH Answers

The screenshot shows a Microsoft Internet Explorer browser window displaying the CCOHS website. The address bar shows the URL: <http://www.ccohs.ca> - OSH Answers: Exercises for a Healthy Back. The browser's menu bar includes File, Edit, View, Favorites, Tools, and Help. The website header features the CCOHS logo (Canadian Centre for Occupational Health and Safety) and navigation links for Français, Contact Us, Help, and a search bar. Below the header, there are tabs for Web Info Service, Products & Services, OSH Answers, and Education & Training. A secondary row of links includes Home, About Us, E-News, Bringing Health to Work, Events, Resources, and Shop. A 'Printer Friendly Layout' link is also visible.

**Exercises for a Healthy Back**

- ▶ [How important is exercise in preventing low back injury?](#)
- ▶ [What kinds of exercises are most effective for preventing low back injury?](#)
- ▶ [How do you start an exercise session?](#)
- ▶ [What kinds of exercises are recommended for back extensors?](#)
- ▶ [What kinds of exercises are recommended for abdominal muscles?](#)
- ▶ [What exercises are recommended for lateral and oblique abdominal, and lumbar muscles?](#)
- ▶ [What is a final word to the wise?](#)

**OSH Answers**

- ▶ [Feedback](#)

**OSH Answers**

- ▶ [Health Promotion / Wellness / Psychosocial](#)
  - ▶ [Exercises for a Healthy Back](#)

**How important is exercise in preventing low back injury?**

The key to preventing lower back injury and pain (LBP), whether work-related or not, is physical conditioning. "Getting into shape" involves the overall conditioning of the body and the cardiovascular system. Aerobic exercise plus the exercising of the core muscles (those of the spine and the abdomen that are responsible for stabilizing the spine), are both critical for developing healthy and pain-free backs.

**What kinds of exercises are most effective for preventing low back injury?**

Traditional beliefs among exercise practitioners and even rehabilitation professionals that strong back and abdominal muscles alone protect the back and reduce LBP episodes have never been validated by research or experience. It's time to debunk that myth.





# http://ccinfoweb.ccohs.ca/

**CCOHS**  
Canadian Centre for Occupational Health and Safety  
Canada's National Occupational Health & Safety Resource

**Web Info Service**

Search:  
[Web Information Service](#)  
[MSDS](#)  
[CHEMINFO](#)  
[CHEMpendium](#)  
[RTECS@](#)  
[OSH References](#)  
[Canadian enviroOSH](#)  
[Legislation](#)

**Academic Support Program**  
**Labour Support Program**

**Other Languages:**  
[Français](#)  
[Español](#)

**Collection Information**  
[About the Web Information Service](#)

**More about:**  
[MSDS](#)  
[MSDS Management Service](#)  
[CHEMINFO](#)  
[CHEMpendium](#)  
[RTECS@](#)  
[OSH References](#)  
[Canadian enviroOSH](#)  
[Legislation](#)  
[Academic Support Program](#)  
[Labour Support Program](#)

**Help**  
[Help - Searching](#)  
[Help - Results and Toolbar](#)  
[Help - Databases](#)  
[Help - MSDS Management Service](#)

**Web Information Service**  
Use the search box below for **FREE** searching across our Web Collections.  
But remember you need an annual subscription to view some of the records that result from this search. Not a subscriber? Please contact [CCOHS Client Services](#).

Search across all collections:  
 **SEARCH** **HELP ?** [Subscriber Extras!](#)

**Examples:** cancer benzene "1,1,1-trichloroethane"  
"indoor air quality" 108-88-3

**Web Collections**

Search individual collection:

- MSDS**  
Material Safety Data Sheets from manufacturers and suppliers
- MSDS Management Service**  
A custom collection of MSDSs specific to your workplace
- CHEMINFO**  
Comprehensive health and safety information on pure chemicals
- OSH References**  
OSHLINE, NIOSHTIC, NIOSHTIC-2, HSELINE, CISILO, Canadiana
- CHEMpendium™**  
CHEMINFO, CESARS, CHRIS, DSL/NDL, HSDB, NJHS Fact Sheets, NIOSH Pocket Guide, Transport TDG, Transport 49CFR
- Canadian enviroOSH Legislation plus Standards**  
National, Regional and plus Standards Editions
- RTECS@\* †**  
Registry of Toxic Effects of Chemical Substances

\*French / †Spanish versions of these databases are also available, follow the links provided in the side bar.

**Additional Resources**



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# Pandemic Planning Portal

Canadian Centre for Occupational Health and Safety / Centre canadien d'hygiène et de sécurité au travail

Canada

**CCOHS**  
Canadian Centre for Occupational Health and Safety  
Canada's National Occupational Health & Safety Resource

**Pandemic Planning**

Most of our lives are a combination of work, family and community involvement. A pandemic can affect all of these areas. Pandemics happen when a new kind of virus spreads easily from person to person throughout the world.

Planning for a pandemic is essential. Being informed and knowing what to do will help minimize the impact in our daily lives, work, and activities

Browse the Pandemic Planning site for helpful documents and tools. Use the Links section to find out more information on various aspects of this situation.

**At Home** **At Work** **Workplaces** **The Community**



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# Bringing Health to Work

Canadian Centre for Occupational Health and Safety / Centre canadien d'hygiène et de sécurité au travail

Canada

**CCOHS**  
Canadian Centre for Occupational Health and Safety  
Canada's National Occupational Health & Safety Resource

Français Contact Us Help SEARCH Canada Site

Web Info Service Products & Services OSH Answers Education & Training

Home About Us E-News Bringing Health to Work Events Resources Shop

Tools Topics Key Links News Stand Employers Employees Practitioners

Home

There is a strong connection between the health and well being of people and their work environments. When people feel valued, respected and satisfied in their jobs and work in safe, healthy environments, they are more likely to be more productive and committed to their work. When the workplace is unsafe, stressful or unhealthy, ultimately both the organization and the employees are hurt. Everyone can benefit from a healthy workplace.

**Healthy Employees + Healthy Organizations = Healthy Workplaces**

The goal of this website is to make information, tools and resources easily available that will help employees, employers and practitioners participate in making their workplaces healthy and safe.

*Bringing Health to Work*...helping all to thrive and benefit - employees, employers, families, communities and governments.

www.canadian-health-network.ca  
CCOHS is the Workplace Health Affiliate of the Canadian Health Network

Employers

Employees

Practitioners

Important Notices and Disclaimers ©CCOHS, 2007

Technical Support

Client Services Products & services info

Inquiries Service Answers to workplace questions

Webmaster Website feedback

Internet



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# H&S Discussion Groups

- HS-Canada (CCOHS)
- Safety (U. of Vermont)
- Occ-Env-Med-L (Duke University)

& thousands more to choose from...



# Mailing List Archives

- View all messages sent to a specific list
- Search by subject
- Generally available whether or not you belong to the list



# http://siri.org/

**Vermont SIRI**  
Safety Information Resources, Inc.

This website is made possible by the support of:

[Actio Corporation](#)

**Archives of the Safety Mailgroup**  
[New Safety Forum](#)  
[Links to Other Safety Websites](#)  
[OSHA and EPA Regulations](#)

**Online Library: Graphics & Powerpoint files**  
[Safety Bookstore](#)  
[Health and Safety Consultants List](#)  
[Databases from NIOSH](#)

**Bookmark MSDS sites for increased reliability**  
[SIRI MSDS collection - Primary server](#)  
[SIRI MSDS collection - Backup server](#)

**On-line Presentations:**  
[Using the Internet for Safety Information](#)

**7206794 banner downloads since 6/18/01**  
[Click here for information about advertising on this site.](#)

**Search this site (except MSDS):**

[Contact Us](#)  
We use [Linux](#). So can you!



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# Blogs

- Internet journals (weblogs)
- Useful for current awareness
- May be editorial/opinion-based on topics of interest to blog author(s)
- Be careful to verify information derived from blogs

▶ e.g. TCE (trichloroethylene) blog

[www.tceblog.com](http://www.tceblog.com)



The TCE Blog - - Microsoft Internet Explorer

File Edit View Favorites Tools Help

Address http://www.tceblog.com/ Go

# The TCE Blog

Trichloroethylene causes birth defects, cancer, disease, and death. People deserve better protection.

HOME ABOUT NEW: CAMP LEJEUNE ARCHIVES CONTACT

Scope of U.S. TCE problem: There are over 2,000 known TCE-contaminated sites throughout the country

**Topics**

- Main
- ATSDR
- About This Blog
- Activism
- Communities
- Contamination
- Documents/Assessments
- EPA
- Exposure
- Health
- Effects All

**Friday, August 3, 2007**

## A peek inside the Toxic Chemical Exposure Reduction Act

by Neil Fischbein on Friday, August 3, 2007  
[Permalink] [0 Comments]

Yesterday brought us the introduction of the Toxic Chemical Exposure Reduction Act by Senators Clinton, Dole, Boxer, Lautenberg, and Kerry. Here are the main provisions of the 15-page bill:

The Act establishes that the EPA must:

**Featured**

A peek inside the Toxic Chemical Exposure Reduction Act introduced by Senators Clinton, Dole, Boxer

Google

Google Search

TCE Blog only

WWW

Acrobat 6...





# Evaluating Web Information

- Who wrote it/published it?
- Can the information be verified?
- Is there obvious bias?
- Are there referrals to other sources?
- How current is it?

(John Hopkins University)



# Evaluating Information from Discussion Groups

- Depends upon type of question
- If asking for advice/opinion, treat responses as such
- Try to verify information given
  - ▶ e.g. check the legislation, a reference



# Evaluating Discussion Groups cont'd

- Is the author identifiable?
  - ▶ e.g. credentials, jurisdiction, etc.
- Are statements publicly supported or refuted?



# How to Cite Internet Documents

- **Provide sufficient information to identify the document**

- ▶ e.g. CCOHS. (2005). The MSDS : a Practical Guide to First Aid. [Online].  
Available: [http://www.ccohs.ca/products/publications/msds\\_firstaid.html](http://www.ccohs.ca/products/publications/msds_firstaid.html) [2006, Sept. 11]

- **Consult a library style guide**

- ▶ e.g. [http://tug-libraries.on.ca/internetsearch/cite\\_docs.html](http://tug-libraries.on.ca/internetsearch/cite_docs.html)  
(TriUniversity Group of Libraries -Guelph, Waterloo & Wilfred Laurier)



**For more information ...**

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